

carmel the Rapper

FEBRUARY 2014

MCCN news & information



MOUNT CARMEL
College of Nursing

Mount Carmel College of Nursing Announces New President and Dean

The Mount Carmel College of Nursing Board of Trustees, together with the Mount Carmel Health System, announced in January the appointment of **Christine Wynd, PhD, RN**, as the College's new President and Dean. Dr. Wynd will become the College's second President and Dean effective July 2014.

Dr. Wynd comes to Mount Carmel College of Nursing (MCCN) from the Breen School of Nursing at Ursuline College in Pepper Pike, Ohio, where she has served as Dean and Strawbridge Professor since 2007. There she presides over the School, which offers both undergraduate and graduate programs in nursing. Her experience in nursing education and leadership is extensive and includes directing the PhD in Nursing program at the University of Akron and teaching at both The Ohio State University and Case Western Reserve University. Dr. Wynd retired from the U.S. Army Reserve Nurse Corps at the rank of colonel in 2001. Her military experience includes serving as chief nurse for two separate Combat Support Hospitals and as the Reserve representative to the office of the assistant chief, Army Nurse Corps.

"Dr. Wynd is an exceptional leader who has the vision and dedication to take nursing education to the next level, to meet the ever-changing demands and opportunities in healthcare and higher education now and well into the future," said **Matt Mazza**, MCCN Board of Trustees chair. "Dr. Wynd will be a tremendous asset to the continued growth and sustainability of the College."

Dr. Wynd was selected following an extensive national search. The Search Committee was chaired by MCCN Board of Trustees member **Brian Tierney**. Dr. Wynd will succeed President and Dean **Ann Schiele, PhD, RN**, who becomes President Emeritus on July 31, 2014. Dr. Schiele is the longest-sitting president of any college or university in Ohio, having held the title since 1990 when MCCN transitioned from a diploma program to a degree-granting institution.

Commenting on the transition, Mount Carmel Health System President and CEO **Claus von Zychlin** said, "We thank Dr. Schiele for the decades of dedication, growth and success the College experienced under her leadership. Mount Carmel is proud of our strong affiliation and rich history with Mount Carmel College of Nursing. It's an unparalleled heritage that started 110 years ago when the institution was founded as the School of Nursing by the Sisters of the Holy Cross in Columbus' Franklinton area. It's a legacy of outstanding nursing education that will continue to live on in this community under the new leadership of Dr. Wynd. We congratulate Dr. Wynd and look forward to working with her toward our mutual objective of providing the best in healthcare and nursing education."

Dr. Wynd received her Doctoral degree (PhD) in Nursing Executive Administration from Case Western Reserve University, a Master of Science degree in nursing from The Ohio State University and a Bachelor of Science in Nursing degree from Saint John College. She is married to Charles Santose and has two grown children, Rachel Santose, who lives in Gouverneur, New York, and son Nathan Wynd, who resides in Columbus, Ohio.

"The College has been on an outstanding trajectory of growth and achievement since its founding," said Dr. Schiele. "I am confident that Dr. Wynd, with whom I have enjoyed a long professional association, will keep MCCN on a path of continual growth and excellence throughout this leadership transition and into the future."



Christine Wynd, PhD, RN

Dates to Remember

February 7	SDAP Completion Ceremony (MSB Auditorium)
February 14	Last day to drop a Term 1 class
February 17	Graduation Information Luncheon (main campus Gym)
February 24	MCCN-FMC Graduation Information Luncheon (Fairfield Medical Center)
February 28	Term 1 ends
March 3	Term 1 junior and senior nursing clinical final exams
March 3-7	Spring Break
March 10	Term 2 begins

MCCN History Mural Installed in Library



ATI Comprehensive Review for NCLEX Preparation

Students graduating from the pre-licensure nursing program are required to attend an ATI Comprehensive Review for NCLEX Preparation. Students on track to graduate from the pre-licensure program are assessed a \$350 senior year or SDAP fee that enrolls them in the ATI Comprehensive NCLEX Review arranged by the College.

The on-site review is offered in February for SDAP graduates and in the last week of the Spring Semester in May for graduating seniors. The on-site format consists of a three-day comprehensive in-class review.

October, December and March graduates are offered an on-site review session if there are a minimum of 25 students in attendance. If there are fewer than 25 students, graduates will enroll in the comprehensive review in a self-paced online format with an individually assigned ATI course instructor. Second Degree Accelerated students will receive information from the Program Coordinator about the ATI review session.

2013-14 dates for the ATI Comprehensive Review for NCLEX Preparation are:

Second Degree Accelerated Program:
February 10-12 from 8:30 a.m. – 4:30 p.m.

May 2014 Graduates:

May 6-8 from 8:30 a.m. – 4:30 p.m.

Many visitors to MCCN's campus are aware that the history of Mount Carmel College of Nursing goes back more than 110 years to the founding of the Mount Carmel School of Nursing. But if "seeing is believing," then visitors, students, staff and many others will know for sure when a new "History of Mount Carmel Excellence in Nursing Education Mural" is installed in the Mount Carmel Health Sciences Library.

Thanks to a generous grant from the Mount Carmel Foundation, this history mural — featuring a timeline from 1886, when the founders of Mount Carmel Hospital invited the Sisters of the Holy Cross to Columbus to manage the new hospital, to 2014, when MCCN President and Dean **Ann Schiele, PhD, RN**, transitions to President Emeritus status — is made possible.

Photographs from the founding of the School of Nursing, through mid-century, to present day will visibly demonstrate milestones and achievements through the years. To be installed in early 2014, the mural is the final stage of the archives/memorabilia exhibit that was unveiled at the Annual Alumni Reunion in October.

The process of completing this project was a collaborative effort. Mount Carmel Alumni Association members, **Judi Hollern Brown, '75** and **Pat Steele Skunda, '72**, worked closely with director of MCCN Fund Development, **Jan Burkey**, who championed this project through the Mount Carmel Foundation, **Stev Roksandic, MBA, MLIS**, Director of the Mount Carmel Health Sciences Library, and others, collecting information for the mural and preparing the exhibit.

Our History

SDAP Completion Ceremony to be Held February 7



The Second Degree Accelerated Program (SDAP) will hold its completion ceremony on Friday, February 7 at 5 p.m. in the Medical Staff Building Auditorium. All are invited to attend and help the program participants celebrate this significant achievement.

This year, SDAP had 64 participants, and for the first time ever, the rigorous 13-month program had 100% retention, meaning all 64 will graduate with a BSN.

SDAP is designed for students who have already earned at least a bachelor's degree in another major to pursue a career in nursing. It offers the traditional BSN program, but in a compressed time frame. Full-time students begin on the first Monday in January of one year and complete the program by February of the following year.

"Individuals who are driven and dedicated to the vision for their lives and career are best suited for the SDAP program. This program requires personal sacrifice to reach the finish line. So, ultimately this program is for individuals who know that nothing is out of reach if they are willing to work hard to achieve it," said **Tanika Cherry, MSNED, RN-BC**, Coordinator of the Second Degree Accelerated Program.

"I am 43. I spent 16 years in commercial construction project management, the last 11 of those renovating hospitals in the Midwest. When I lost my job because of the recession in 2011, I knew immediately I wanted to become a nurse. MCCN's reputation was why I sought the school," said **Lacy Ellett**, an SDAP student about to finish the program.

"Not only have they taught me nurse related things, but they have taught me humility and hard work. More importantly, they have shared their passion for nursing. It has been refreshing to see people who are so passionate about helping others. I have truly enjoyed the relationships I have built at the College in such little time and it has been wonderful to essentially become one big 'SDAP family,'" said **Katie Nguyen**, who also is completing the SDAP program.

"I would tell prospective students that the year of SDAP will be the longest and fastest year of your life! As intense of a program as it was, I would do it all over again. I feel like I have learned so much in such little time and it has only brought me closer to my dream of becoming a nurse," Nguyen said. "SDAP has not only prepared me for the role of the nurse, but it has reinforced my passion for nursing. During my mock interview for my leadership course, the nurse manager on the orthopedic floor at

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Library Hours

Monday - Thursday	8 a.m. – 9 p.m.
Friday	8 a.m. – 5 p.m.
Saturday	8 a.m. – noon
Sunday	Closed

Professional reference staff is available Monday – Friday, 8 a.m. – 5 p.m. If you need professional help or assistance during late evening and Saturday opening hours, librarians will be available upon your request, primarily through scheduling time using the Signing for Instruction form on the library website at least 48 hours in advance, or by contacting a librarian in person.

New Staff Member

The library is happy to welcome our new Library Assistant, **Elizabeth (Liz) Mady**. Liz is finishing up her master's degree in Library Science at Kent State University. She is happy to help customers reserve books, request articles and fulfill other informational needs. Stop by and say hello!

Degree Audit

Students who wish to verify completion of degree requirements may schedule an appointment to update their degree audits.

Pre-licensure students:
contact **Karen Greene** (614-234-5685)

RN-BSN students:
contact **Tara Spalla** (614-234-5950)

Master's Program students:
contact **Kathy Walters** (614-234-5408)

Summer Session 2014

The course schedule for Summer Session will be available to students the week of March 17.

- Registration starts the week of March 24.
- A limited number of summer courses will be offered.
- Enrollment in sophomore nursing courses is restricted to students accepted into the Summer Advanced Placement Program and is not open to the general student population.

Students will be notified via email and CARMELink regarding additional details and registration instructions for summer.

Affiliated Course Schedule — Deadline Has Passed!

All courses in the MCCN curriculum are taught at MCCN. The only courses students are permitted to take elsewhere are options for humanities/social science electives. Please contact the Records and Registration Office with questions.

Students taking Fall or Spring Semester humanities or social science electives at one of our affiliated institutions (Columbus State Community College or The Ohio State University) are required to submit a copy of their course schedules to the MCCN Records and Registration Office (Marian Hall, Room 2C01). The deadline for Spring Semester submission was Friday, January 10.

This is a requirement every semester for students who take electives elsewhere. Students who neglect to submit the required schedule by Friday of the first week of any MCCN semester will find that their credit hours at CSCC or OSU will not count toward calculation of total credit hour load. Delinquent students may find themselves at less than full-time hours for financial aid calculation.

Freshman Students at Ohio University-Lancaster

All freshmen enrolled in the MCCN-FMC program and taking classes at Ohio University-Lancaster (OU-L) are required to submit their Spring Semester OU-L course schedules to the MCCN Records and Registration Office (email to jturner@mccn.edu). The deadline was Friday, January 17.

All MCCN-FMC students must submit OU-L course schedules to MCCN Records and Registration every semester they take OU-L classes.

SDAP Completion Ceremony to be Held February 7 *cont'd*

Riverside told me that she could not imagine me doing anything else — I don't think she could have been more right. Additionally, I feel like I have grown up so much during this program — intellectually, mentally, emotionally and even physically! If you want the challenge of a lifetime that will be worth your while, then I would definitely tell any prospective nursing students to apply," she said.

While an undergraduate, Nguyen initially applied for admission to the nursing program at The Ohio State University but was deferred. Since she had a full ride to the university, she majored in Spanish. Nguyen knew about MCCN's SDAP program since her sister, **Rachael Nguyen**, was part of the first graduating class back in 2007. Katie followed Rachael's footsteps and applied at MCCN after graduation from Ohio State. Despite the fact that it has been a longer journey, she would not have had it any other way. "Through my previous degree, I have been able to become proficient in another language while gaining cultural competency through my required study abroad. Together with a BSN, I will be able to serve an even greater population," she said.

After completion of the program, her immediate focus will be on graduating and then passing the NCLEX. She would like to get some sort of rehabilitation nursing job either in orthopedics or even a nursing home for long term care.

Nguyen gives this advice for future SDAP participants:

- ▶ **Stay positive.** "This is an intense program but believe me, it will be so well worth it. Additionally, there will be times when you feel as if it's 'too hard' and that you'll never become a nurse. Just remember that everyone has that 'ah-ha' moment when everything comes together and makes sense," she said.
- ▶ **Be humble.** "Every time you are at the College, there is a potential reference and every time you are on a unit, there is a potential job offer," she said.
- ▶ **Remember, SDAP will make a nurse out of you.** "I was Spanish major with no medical background and in a few short months, I will be a registered nurse," Nguyen added.

MOUNT CARMEL
College of Nursing

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New AACN Data Confirm BSN Nurses Are More Likely to Secure Jobs

Students working toward their BSN have more reason to feel confident. New data from the American Association of Colleges of Nursing (AACN) show that graduates of entry-level baccalaureate (BSN) and master's nursing programs are much more likely to have job offers at the time of graduation or soon after than are graduates from other fields. A national survey of deans and directors from U.S. nursing schools found that 59% of new BSN graduates had job offers at the time of graduation, which is substantially higher than the national average across all professions (29.3%). At four to six months after graduation, the survey found that 89% of new BSN graduates had secured employment in nursing.

"Despite concerns about new college graduates finding employment in today's tight job market, graduates of baccalaureate nursing programs are finding positions at a significantly higher rate than the national average," said AACN President Jane Kirschling. "As more practice settings move to require higher levels of education for their registered nurses, we expect the demand for BSN-prepared nurses to remain strong as nurse employers seek to raise quality standards and meet consumer expectations for safe patient care."

Other key findings from the AACN survey include:

- ▶ The percentage of BSN graduates with job offers at graduation varied by region of the country, from 68% in the South, to 59% in the Midwest, to 50% in the Northeast, to 47% in the West.
- ▶ At 4 to 6 months after graduation, the average job offer rate climbed to 89% nationally for graduates of entry-level BSN programs.
- ▶ The job offer rate for new nurses at the 4-6 month mark also varied by region from 93% in the South, to 90% in the Midwest, to 82% in the Northeast and West.
- ▶ The AACN survey also looked at new RNs graduating from entry-level master's programs and found that these nurses were even more likely to secure a position soon after graduation. The latest data show that 67% of these graduates had jobs at graduation, and 90% had jobs 4-6 months after completing their studies.

Once again this year, AACN asked nursing schools to identify if employers preferred hiring new nurses with a bachelor's degree. A significant body of research shows that nurses with baccalaureate level preparation are linked to better patient outcomes, including lower mortality and failure-to-rescue rates. In addition, the Institute of Medicine is calling for 80% of the nursing workforce to hold at least a bachelor's degree by 2020, so moving to prepare nurses at this level has become a national priority.

Based on completed responses from 515 schools of nursing, 43.7% of hospitals and other healthcare settings are requiring new hires to have a bachelor's degree in nursing (up 4.6 percentage points since 2012), while 78.6% of employers are expressing a strong preference for BSN program graduates.

"Clearly, healthcare settings nationwide are seeing a difference in nursing practice based on the level of education and are making hiring decisions to enhance the quality of care available to patients," added Dr. Kirschling. "With a significant number of nurses nearing retirement, we fully expect to see the demand for baccalaureate-prepared nurses continue to rise into the foreseeable future."

You can read the 2013 AACN research brief here: www.aacn.nche.edu/leading_initiatives_news/news/2013/employment13.

Thanks for Your Support of the MCCN Associate Giving Appeal!

Thanks to the help of faculty, staff and students, \$30,000 was raised through the recent Mount Carmel Foundation Associate Giving appeal at the College. Even better, the Foundation matched all donations with another \$30,000, for a grand total of \$60,000!

The initial \$30,000 will go toward the areas that donors designated at the College, such as scholarships, College resources, new programs, faculty recruitment and education, or the College's Area of Greatest Need.

The matching funds will be used to purchase new training equipment at both MCCN's main campus and MCCN-FMC. **Kathy Smith, MBA**, MCCN's Director of Business Affairs, **Leigh Anne Meyer, BSN, RN**, Assistant Instructor, and **Deidre Smith, MSN, RN**, Coordinator for MCCN-FMC's program, are working on acquiring the new equipment, which should arrive at each campus within the next few months.

MCCN-FMC is going to receive a new Laerdal "Manikin," which is a fully functional and responsive model of a human body on which to practice inserting IVs and other procedures. This will be MCCN-FMC's first new Manikin in several years and will have the capability to simulate more conditions. They also will receive a model of a torso and several other models for specialized procedures such as injections, cervical dilations, colostomies, etc.

MCCN's main campus also will receive several specialized models and training kits for use in the Mount Carmel Clinical Skills and Simulation Center. The kits will provide practice testing for diabetes, edema and cholesterol levels, among other conditions.

As you can imagine, training equipment gets a lot of use in the College. Typically, a full-sized Manikin will last 10-12 years; models for specific procedures typically last fewer years, depending on type, because of heavier use.

"Manikins and models give students a chance to learn procedures before they interact with real patients," said Kathy Smith. Having the latest models with newer technology and capabilities "gives faculty a chance to teach new techniques because they have better models to work with," she added.

MCCN to Offer Faith Community Nursing Course for RNs

Are you or will you soon be an RN with a desire to start or expand a health ministry within a faith community? Perhaps you are looking to integrate spirituality and whole-person care (body, mind and spirit) into your nursing practice and want to learn more. MCCN has the answer for you: a new Faith Community Nursing course that will be offered this spring and again this fall.

Utilizing a nationally endorsed curriculum from the International Parish Resource Center, the Foundations of Faith Community Nursing Program is recognized by the American Nurses Association as a specialty practice of professional nursing.

Course objectives include:

- ▶ Integrating faith and health as central to the faith community nurse role
- ▶ Demonstrating knowledge, attitude, and skills to practice as a beginning faith community nurse
- ▶ Identifying a Health Ministry network of continuing development and support including an inter-collegial peer system of support
- ▶ Identifying core concepts of spiritual formation, professionalism, health and wholeness, community and incorporating culture and diversity in faith community nursing

Course modules include spirituality, holistic health, professionalism and community. Thirty-four continuing education units (CEUs) will be offered for this course.

The course is offered over weekends (May 2-3, 16-17 and again October 24-25, November 7-8) from 8 a.m. to 6 p.m. at MCCN. There is a minimum of seven students and a maximum of twenty for each set of classes. Attendance is required for the entire session. The cost is \$395 but MCCN Alumni, current employees of Mount Carmel Health System and congregational partners of Mount Carmel's Church Partnership program are eligible for a discounted rate of \$300. A discounted hotel rate also has been arranged at the Drury Inn Convention Center.

For more information, please contact Mount Carmel Church Partnerships Manager **Kate Whitman, MSE, BSN, RN** for more information at (614) 546-4062 or at kwhitman@mchs.com.

Community Service: Zach Galbreath Finds Fulfillment at Columbus Early Learning Centers

Sometimes volunteering can give back much more than community service hour credits. That's what MCCN student **Zach Galbreath** found out when he became involved with the Columbus Early Learning Centers (CELC). CELC provides children and families affordable access to early childhood learning opportunities.

"My work started in a damp musky basement carrying paint cans up to the main floor of the west side campus. I spent time unloading huge chunks of melting ice from a freezer, and also some yard work like pulling weeds, raking leaves, etc. Then I began carrying tubs of items from the basement to the main floor to organize, stage, and take pictures for an online auction to benefit CELC. The work we accomplished was really amazing. Getting all the items set up and put online for auction by a deadline required quick, effective work. I'm happy to say the process was completed and the auction at CELC North raised over \$4,000," said Galbreath.

"I enjoyed and know I will continue to enjoy helping out the CELC. It was a pleasure working with [staff member] Meredith Leonard," Galbreath added. "When I looked at her and heard her talk, I could see the thousands of children's faces and voices she has helped throughout her time with the CELC, and it was an honor to know I was a part of that too. Even though I never worked directly with the children (yet), it was a great feeling to know I was helping in this behind-the-scenes kind of a way. The CELC gives numerous families throughout Columbus a way of putting their children in a loving, learning and safe place after school while they are at work. It's a great feeling to know I was a part of that, and I have a strong desire to be a part of the progress that's happening there," he said.

Galbreath can't wait to go back and continue volunteering. His next stint will involve renovations to CELC's west side campus. Once two large mansions, CELC connected these buildings to create an even larger building space for kids' after school activities. This updated location has so much space and leftover items that it will require a lot of work to bring the location to its full potential. Galbreath already has been in contact with other students at MCCN to lend a helping hand. "I know the second they get there and talk to Meredith and know what the CELC is all about, they will have just as much pleasure volunteering there as I do. I am not certain when the next auction will be taking place, but I do know I will be involved in the preparation for it as much as possible," he said.

For more information about Columbus Early Learning Centers, go to columbusearlylearning.org.

Help Celebrate Nurses Day March 5 at the Ohio Statehouse

Each year, Nurses Day draws about 400 nurses and student nurses from all over the state to the Ohio Statehouse. This year, Nurses Day at the Statehouse is Wednesday, March 5, which is during break week, so there is no conflict with classes or clinicals. The College will sponsor students to attend this event. If you are interested in attending, please send an email to **Pat McKnight** at pmcknight@mccn.edu with your name and home address. She will get back to you to confirm.

Students, Faculty and Staff Celebrate Martin Luther King, Jr. Day With Appreciation Luncheon

On January 14, students, faculty and staff held a Martin Luther King, Jr. Appreciation Luncheon to honor his legacy to our country. The program featured a presentation by **Dr. Charles Sanders**, Vice President of Medical Education for Mount Carmel Health System. Dr. Sanders spoke about how Dr. King's values and philosophy impacted his chosen path of medicine for his life's work.



Withdrawal Policy Reminder

Please be aware of the MCCN undergraduate course withdrawal policy. For the purposes of this policy, there are two types of courses: non-nursing courses and nursing courses. Nursing courses include all courses with a prefix of NURS (with the exception of nursing seminars). Non-nursing courses include all other courses taken in the academic program (including nursing seminars).

- After the course start date, a student must first notify the course instructor and obtain his/her signature prior to submitting an *Add/Drop Form* to the Office of Records and Registration. Submission of the form is required for official withdrawal from a course.
- Non-attendance in a course after the withdrawal deadline is considered being absent from the course. Failure to submit a faculty-signed *Add/Drop Form* will result in a grade being assigned at the conclusion of the course. All course withdrawals are subject to the "Refund Policy" section of the *Undergraduate Catalog-Handbook*.
- A student may withdraw from any course by the end of week 1 and the course will not appear on the transcript.
- A student may withdraw, without academic penalty, from a 16-week semester course by the end of week 12 of the course. A Grade of "W" will be posted to the student's academic transcript.
- A student may withdraw, without academic penalty, from an 8-week term course by the end of week 6 of the course. A grade of "W" will be posted to the student's academic transcript.
- A student may not withdraw from any course after week 12 of a 16-week semester course or week 6 of an 8-week term course.
- Summer courses operating on a modified schedule will follow deadlines equivalent to the proportional requirements stated above.
- A student may withdraw from only one nursing course during the program of study.
- A student may withdraw from a total of two different non-nursing courses during the program of study.
- A student who is retaking a course from which he/she has previously withdrawn may not withdraw from that course a second time; a course grade will be assigned at the conclusion of the retake.
- Withdrawing from a course does not force the student to also withdraw from a co-requisite course.

Community Service

Social Responsibility is one of the “Core Values” contained in the mission of Mount Carmel College of Nursing. In accordance with the College’s *Mission and Catholic Identity*, the Community Service requirement for nursing students includes the application of one’s skills and time to meet identified community needs of vulnerable and at-risk populations (e.g., children, elderly, homeless, poor and underserved, and organizations that support these populations).

This activity leads to learning and development through active participation in thoughtfully organized service that:

- is conducted in and meets the needs of the community
- involves reflection and analysis of the experience
- promotes the development of leadership skills, citizen skills and social responsibility

Pre-licensure students are required to complete 20 clock hours of community service *prior to the beginning of the last semester of enrollment* (RNs enrolled in the BSN Completion Program and SDAP students must satisfactorily complete 10 clock hours).

Pre-licensure students who do not meet the deadline will be required to complete an additional 10 clock hours (for a total of 30 hours) in order to meet the graduation requirement. RN-BSN and SDAP students who do not meet the deadline will be required to complete an additional 5 clock hours (for a total of 15 hours) in order to meet the graduation requirement.

Any student who does not meet the requirement by the policy deadline may participate in Commencement activities but will not receive a diploma or be eligible for NCLEX-RN testing until this requirement is met.

Additional details regarding the Community Service Learning Program can be found on CARMELink > Student tab > Community Service and in the *Catalog-Handbook*.

Submit documentation of the completed hours requirement to:

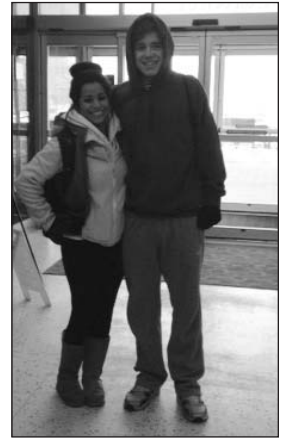
- **Colleen Cipriani** (main campus, pre-licensure program)
- **Deidre Smith** (Fairfield Medical Center program)
- **Therese Snively** (online RN-BSN completion program)
- **Kathy Walters** (master’s program)

Record Arctic Cold Greets MCCN Students, Faculty and Staff to Start the Semester

MCCN students, faculty and staff received an unwelcome greeting back to campus in early January with recording breaking frigid temperatures as a result of a polar vortex. Here’s how some students and staff coped with the arctic cold:



Whitney Eal didn’t know whether she would make it to the parking garage across the street in the extreme cold.



Brittany Wicker said her coping strategy was “layer, layer, layer!” **Brad Closson** opted to stay inside except to come to class.



ShaeAndre’ Winch hurried to class as fast as possible.



Robin Hutchinson-Bell, MCCN Director of College Relations, said her coping strategy was “lots of coffee and hot chocolate!”



Sara Mulligan and **Danica Wiles** advised others to “bundle up!”

Brrrr!

SNAM

Student Nurses Association of Mount Carmel (SNAM) is a pre-professional organization dedicated to providing students with opportunities to grow their knowledge about the nursing profession, gain leadership skills, achieve professional nursing roles and give back to their community. It is the local chapter of the National Student Nurses Association (NSNA) and Ohio Nursing Students Association (ONSA).

SNAM 2013-14 Officers

President: **Alyssa Krebs**

Vice President: **Britny Fox**

Secretary: **Katie Holland**

Treasurer: **Renee Dicke**

Break Through To Nursing:
Tina Marie Cerra

Community Director: **Anne Turville**

Membership: **Stephanie Rienschield**

SNAM-FMC and MCCN-FMC News



L to R: senior **Heather Fausnaugh**, sophomore **Andrew Yost**, senior **Michelle Williams** helped deliver holiday giving donations from MCCN-FMC and FMC-SNAM students.

MCCN-FMC students and SNAM-FMC members were busy this past holiday season thinking of people in need and how best to give back to the Lancaster community. This year, the students chose three community agencies:

- ▶ SNAM-FMC collected non-perishable food items for the St. Vincent DePaul Food Pantry.
- ▶ MCCN-FMC students decorated a Christmas tree with hats, scarves and mittens and donated them to the Maywood Mission.
- ▶ Lancaster's domestic violence center, The Lighthouse, was in need of gift cards for their sometimes-forgotten teenager population, so MCCN-FMC students donated numerous Walmart gift cards to them.

A big thank you to seniors **Heather Fausnaugh** and **Michelle Williams** and sophomore **Andrew Yost** for offering their time to deliver these items!

SNAM — A Time to Earn Frequent Flyer Miles

Learn About the World of Travel Nursing at the SNAM Lunch and Learn Monday, February 24

Mary Yoder worked in five locations as a travel nurse shortly after her father passed away. She had quit a job in another state and moved home to care for him, so it seemed natural to try something different after he died. Her travel nursing has taken her to Hawaii, St. Thomas in the Virgin Islands, Taos Pueblo in New Mexico, Santa Fe Indian Hospital and the Tahoma Od'ham nation in southern Arizona. "I learned that I could make it on my own, knowing absolutely no one, and I became a much more open person and probably a better nurse. I'd recommend it if you're at the right stage in your life to leave everything for a while," she said. Most travel contracts are for three months, making this career option more approachable.

Hear more from Yoder herself at the upcoming SNAM Lunch and Learn on Monday, February 24 in CLE 114. Bring your lunch, and SNAM will provide drinks and sweet treats. The program will begin at 1 p.m.

Holiday Giving Program Helps Students at Avondale Elementary

Thank you to everyone who participated in the holiday giving program with Avondale Elementary. After collecting and wrapping all the gifts, students delivered them to Avondale with Santa's help. Avondale students were so excited to receive them. The holiday giving program also received coverage from NBC-4 right before Christmas. You can view the story on the Mount Carmel Health System website, mountcarmelhealth.com, then scroll to the bottom to "Latest Mount Carmel News" and click MORE. Click on the story for December 23.



Come Out and Support the MCCN Nightingales Soccer Team



Front row, left to right: **Isaac Smith, Jenna Grunden, Ashley McCord, Casey McDaniel.** Back row, left to right: **Rachel Powers, Ashley Jolly, Tim Kuebler, Taylor Rickert, Brooke Buckley, Shad Green.** Not pictured: **Caleb Zwiebel, Nick Dreyer, Colton Clay, Ivan Dominguez.**

The MCCN Nightingales soccer team is well into their winter soccer season. If time permits and you need time away from campus, come on out and cheer them on. All games take place at the Resolut Soccer Complex on Chiller Lane near Easton. Upcoming games are:

February 2	8:40 p.m.	West Field
February 9	7:30 p.m.	East Field
March 2	8:20 p.m.	East Field
March 9	7 p.m.	West Field
March 16	5 p.m.	South Field
March 23	8:20 p.m.	East Field

Rho Omicron General Membership Meeting to be Held February 10

The Rho Omicron Chapter of Sigma Theta Tau International (STTI) will hold their general membership meeting on Monday, February 10 from noon to 1 p.m. in the MCCN Lounge.

Rachel Choudhury MSN, RN, CNE, OCN, Secretary of Rho Omicron, will be speaking to members regarding "Navigating the STTI and Rho Omicron Websites and 'the Circle.'"

Please bring gently used items to support the book drive for Twin Valley. Items accepted include books, games, movies, sheets, etc. Items must be language and content appropriate. Lunch will be provided.

Alumni-Student Mentor Program Gets Underway

The Alumni-Student Mentor Program held its kickoff pizza party on January 5, 2014. This spring semester pilot program has 15 freshmen and 15 sophomores. The program's goal is to foster friendship, support and leadership/mentorship opportunities for MCCN students and alumni. This goal will be integrated into the students' professional lives so that when they become nurses, they will have the skills and mindset to offer mentoring to their peers and leadership in their nursing practice. In the short term, the support and friendship offered to the freshmen should prove to be helpful in their transition as a nursing student. At the end of the semester, the program will be evaluated for its effectiveness. If successful, the Alumni-Student Mentor Program will be offered to all incoming freshmen and sophomores before fall semester begins.

The next gathering of the student group will be February 9 for an ice cream sundae party and to do a service project for Avondale Elementary School students.

Critical Care and Trauma Nurse Internship/Employment Opportunity in Dallas for New Grads

The Parkland Health and Hospital System in Dallas, Texas is offering a 32-week Critical Care and Trauma Nurse Internship for qualified new baccalaureate graduates in August. It offers supervised rotations through four specialized ICUs, the emergency department and trauma service as well as an in-depth classroom component. Graduates of the internship are required by contract to work at Parkland full time for at least 36 months, including the 32 weeks of the internship. Nurse interns are classified as full time employees, paid a salary and receive benefits. Participants of the program have the option of receiving credit from the University of Texas at Arlington Graduate School, awarded upon successful completion of the internship requirements. Certification in Advanced Cardiac Life Support (ACLS) and Trauma Nursing Core Course (TNCC) is also included.

To be eligible, applicants must have graduated from an accredited baccalaureate nursing program by the end of Spring Semester, with a GPA of 3.4 for the last 60 hours. In addition, each applicant must participate in a personal interview with the internship manager and program coordinator. Participants must pass the NCLEX in order to take part in the program. The deadline to apply is March 18.

For more information, please contact Laura Luecke, MSN, RN, ACNP at laura.luecke@phhs.org or at (214) 590-6753.

Student Government Association Welcomes Your Involvement

By **Dane Swartzentruber**, SGA Co-Secretary of Public Relations

Participating in the Student Government Association (SGA) opens up many opportunities for students to grow in understanding what it means to work as a team, especially to further the best interests for the students here at MCCN. There are several events we attend throughout the year to help us improve our skills at making an impact in our school environment, including conferences that are held in different locations throughout the U.S. Simply having SGA on your resume looks good to potential employers.

SGA organizes fundraisers throughout the year including candle sales, bake sales, shirt sales as well as other ideas that are offered to us. We coordinate the Fall and Spring Festivals every year, as well as my personal favorite, Freshman Orientation. We also consider other activities that students suggest at our monthly meetings. If you have an idea that you think may be beneficial, talk to any one of the SGA members and we will discuss whether or not the idea can be put into action. We need your ideas! And if you don't know who to talk to, email sga@mccn.edu.

SGA will be having a T-shirt sale, a bake sale with a raffle, Yankee Candle sale and possibly an Anthony Thomas candy bar sale coming up soon!



SIGN-UP TODAY!

By signing up for our Mount Carmel Communications Alert System you can be alerted and informed in times of crisis, disaster and weather situations.

Faculty, staff and students may self-register for the system by using an on-site MCCN computer. Launch Internet Explorer and enter URL <http://mccnalert.mccn.int> and simply follow the prompts. Be sure to do the self-test that is part of the self-register process to confirm that the registration has taken place.

The alert system messages are TEXT ONLY and can be sent to cell phones, pagers, personal computers or other electronic message devices. There are no limits to the number of devices that can be listed.

You must register in order to be contacted and check the box to agree to assume any charges for alert system messages. Once registered you must update any changes to listed devices, such as new phone numbers.

If you have questions about the new system, please contact Robin Hutchinson-Bell in College Relations at 234-1372 or rhutchinsonbell@mccn.edu



2013-14 Student Government Association (SGA) Officers and Representatives

President
Anne Hahn

Vice President
Stephanie Rienschild

Treasurer
Will Taylor

Recording Secretary
Katie Cline

Secretary of Public Relations 1
Brielle Daugherty

Secretary of Public Relations 2
Dane Swartzentruber

Senior Class Representatives

Devon Baldwin
Ebonee Caldwell
Brett Teiga

Junior Class Representatives

Katie Bradley
Sarah Brantley-Garey
Whitney Eal
Jenna Grunden
Savannah Whitten

Sophomore Class Representatives

Claire Allman
Maddie Hostettler
Sarah Keller
Ashley McCord
Morgan Shepherd
Nicole West

Freshman Class Representatives

TBA

FMC Representatives

Juniors: **Alexis Brown and Megan Robinson**

Advisor
Colleen Cipriani



SAVE THE DATE

2014

MOUNT CARMEL RESEARCH AND SCHOLARSHIP DAY



Integrating Research in Practice

Thursday, May 22, 2014

8:00 a.m. - 4:30 p.m.

Mount Carmel College of Nursing Gymnasium

Keynote: Tricia Thomas, PhD, RN, FACHE

Director of Nursing Practice and Research

Catholic Health East/Trinity Health

Registration information coming soon.

For more information,
contact Dr. Kathy Sommers at
ksommers@mccn.edu

Sponsored by

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MOUNT CARMEL
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MOUNT CARMEL

Mount Carmel College of Nursing (OH-268, expires 11/1/2015) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Residence Halls

In October, students in the Residence Halls went all-out for Halloween.

Some even modeled themselves after the Duck Dynasty craze. Do you recognize any characters in these photos?



Activities

In December, Residence Hall students made a trip to view the Columbus Zoo's famous Zoo Lights.



Resident Advisor **Macy Henault**, along with residence hall students **Christina Morris** and **Ashley Parker** at the Columbus Zoo's Zoo Lights.



Residence hall students **Christina Morris** and **Ashley Parker** picture themselves in a snow globe at Zoo Lights.

Pediatric Student Interest Group to Meet February 17

The next Pediatric Student Interest Group meeting is February 17 at 12:30 p.m. in the College Lounge. Come for pizza and to hear the roles of pediatric nurses, learn about job opportunities for students and nurses, plus hear about the story of an acute pediatric nurse practitioner.

MCCN ROTC Grad Commissioned as Officer for Wright-Patterson AFB

Congratulations to **Jessica Thomas, BSN**, recent MCCN ROTC grad profiled in the November *Carmel Rapper*, who was commissioned in December as an officer in the U.S. Air Force. Upon receiving her commission, Thomas was assigned as a Labor and Delivery nurse at Wright-Patterson Air Force Base.

Prior to coming to the College, Thomas served in the military for ten years with an enlisted rank of Staff Sergeant. She served as a Non-Destructive Technician, inspecting aircraft and clearing them for flight. Over the course of her career, Thomas worked on more than 15 different types of aircraft in countries all over the world including Japan, Korea and Australia.

Graduating Students: Information Luncheon

Plan to attend the Graduation Information Luncheon if you have applied to graduate in 2014.

Main campus students – Monday, February 17, 12:00 – 1:30 p.m. (College Gym)

MCCN-FMC students – Monday, February 24, 11:30 a.m. – 1:00 p.m. (FMC room TBA)

Among other things, we will discuss at this event:

- Details regarding the May 2014 Celebration Reception
- Details regarding the mandatory Pinning/Recognition and Commencement rehearsal
- Details about the May 9 Pinning/Recognition Ceremony
- Details about May 10 Commencement
- Information about tickets to these events
- Information about graduation photographs
- Graduating Student Exit Survey and Interview procedure
- Details about application to take the Nursing License Exam (NCLEX-RN)
- Information about the MCCN master's degree program
- Visit the Jostens display in the lobby (cap/gown, announcements, class rings, etc.)
- Ample time for Q&A.

Please watch for your email invitation to arrive and remember to **RSVP for the lunch**. Plan to attend so you don't miss this opportunity to learn valuable information as you prepare to celebrate the completion of your degree!

Cap and Gown Order Deadline!

Each graduate attending Commencement on May 10 is responsible for **ordering and paying for his/her own cap/gown no later than April 3, 2014**. Orders are placed online at jostens.com.

- Click on "Find My School's Store" at the top of the page
- Search for *Mount Carmel College of Nursing*
- Follow the prompts for "Graduation Caps and Gowns"
- Click on either the bachelor's or master's product (they are different!)
- Follow the "Design It" prompts to place your order
- Note: one tassel comes with your order; there is an option to order additional tassels

Remember: the **order deadline is April 3**. A Jostens representative will be available following the Graduation Information Luncheon to answer student questions. Records & Registration is also a resource if you have questions (614-234-3870).



Consumer Health Resource Center Opens at Mount Carmel West

Offering a wealth of health information and support services, the new Mount Carmel Consumer Health Resource Center has opened on the Mount Carmel West campus in the 777 W. State St. medical office building. The goal of the Consumer Health Resource Center is to engage the community and provide health, education and wellness services to the entire community, with a special focus on Franklinton and the area surrounding Mount Carmel West. Programs at the center will help people prevent and manage chronic health conditions, encourage healthy lifestyle habits and promote holistic wellness, which in turn creates a healthier community.

Funded by the Mount Carmel Foundation, the Consumer Health Resource Center features a Consumer Health Library, Healthy Living Center, Demonstration Kitchen for healthy cooking classes, childbirth education and outpatient lactation support, diabetes education, financial education classes, oncology nurse navigators and survivorship programs, social programming and Tai Chi.

For more information, please contact **Ami Peacock, MSW, LISW-S**, Program Manager, at ami.peacock@mchs.com or at 614.234.4360.

