Markings on the skin will be made at the simulation visit to define the area being treated. A semi-permanent marker or permanent tattoo may be used. If the markings start to fade, the therapist will darken them. Do not try to draw over faded lines at home. Also, do not put lotions or creams on your skin 4 hours before you have your treatment.

Everyone having radiation therapy needs to take extra care with their skin in the area being treated. After a few weeks of treatment, skin at the treatment site may look irritated, reddened, or tanned. Some people have a more severe skin reaction than others.

Use warm water and gentle, unscented or non-deodorant soaps (such as Dove® Sensitive Skin Unscented) when bathing.

Use only prescribed ointments, lotions, and powders on the area.

Avoid these things in the treatment area:

- Powders
- Perfumes
- Deodorants
- Body creams, oils, or lotions
- Ointments
- Rubbing, scratching, or scrubbing
- Tight clothes that rub or constrict
- Heating pads or hot water bottles
- Ice packs
- Direct sunlight
- Hot or cold water

Talk with your nurse or therapist about any questions or concerns.