Two Piece System
Disposable Ostomy Pouch

Health Education

Name________________________ ET/Ostomy RN________________________
Type of Stoma________________ Doctor______________________________
Size__________________________

Equipment
☐ Adhesive Remover___________________ ☐ Ostomy deodorant___________________
☐ Disposable washcloths______________ ☐ Ostomy clamp #____________________
☐ Soap and water___________________ ☐ Ostomy belt__________________________
☐ Ostomy paste or barrier ring______ If Needed:
☐ Flange/Wafer #___________________ ☐ Skin protector/barrier wipe___________
☐ Pouch # ________________________ ☐ Ostomy powder_______________________
☐ Other supplies____________________ ☐ Paper tape__________________________

To apply:
1. Gather and prepare all equipment before removing worn pouch.
2. If not using a pre-cut wafer, cut an opening in the center of the flange/wafer with the provided pattern. The hole needs to fit the size of the stoma so the edges do not touch the stoma.
3. Remove paper backing from the flange/wafer, and set aside.
4. Set out the pouch.
5. If using tape, cut 4 strips.
6. Prepare washcloth for cleansing skin.
7. Using the adhesive remover, remove the worn pouch. Start at the top edge and move down.
8. Use a dry washcloth to remove excess stoma drainage. Wash skin around the stoma with soap and water. Rinse and dry well.
9. If using paste or barrier ring, apply evenly around the stoma or the stoma opening on the back side of the flange/wafer.
10. Center the flange/wafer opening around the stoma. Press firmly to abdomen.
11. If using powder, insert around stoma. It will form a paste.
12. Snap the pouch to the flange/wafer. Make sure it fits snugly.
13. If using a liquid deodorant, insert 5 to 10 drops into the pouch from the bottom.
14. Close pouch with clamp or urostomy drain spout.
15. If using tape, place 4 strips around the pouch paper backing edges with one half on the pouch edge and one half on the skin.

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