Juniors: It's all Coming Together

The junior class, like the “middle child” is sometimes forgotten but not at MCCN. Pictured are 40 of the 127 members of the class of 2011 surrounding their class advisor, Cheryl Mace. Good luck juniors!

“The juniors are a wonderful group of students progressing well to become effective professional nurses. They have also successfully navigated their personal lives into the academic life at the College, not an easy thing to do,” says junior class advisor, Cheryl Mace, MSN, MALM, RN.

Mace believes junior year may be the most difficult, because all of the learned information comes together. “Juniors can look forward to a senior year of chronic and acute nursing classes, plus leadership transitions. Senior classes will continue to build and expand upon information gleaned from the first three years of study, while senior clinicals will be more intense,” Mace adds.

Andrea Colabuno has enjoyed all of her clinical rotations. “I have especially appreciated all of my clinical instructors’ help through this past year. I am surprised at how incredibly fast this year went by. The eight week terms make classes go by twice as fast.”

It was a seventh grade field trip to The Ohio State University for Women in Science and Engineering Day that prompted Colabuno’s interest in nursing. “I was able to see what a nurse does, and I knew that was what I wanted to do. I wanted to help people when they were sick.”

Colabuno plans to specialize in mother-infant nursing and earn a master’s in nursing education. “The most surprising thing about junior year,” says Joe Derr, “is the wide range of experience you get in the clinical setting. You go from working with pregnant women, to schizophrenics, to medical/surgical patients. It can be really exciting. You never know what to expect at your next day of clinical.”

Derr studies nursing because he wants to do the most for people in their time of need. “Growing up with a brother diagnosed with cancer, I learned at an early age that showing care and empathy for someone through a difficult time can go a long way,” says Derr, whose long-term goal is to work as a nurse practitioner in pediatric oncology.

Dieuhan Nguyen says that caring is her hobby and that is why nursing is her career choice. She created a unique formula to describe her MCCN experience: nutrition (instructor) + vitamin (friend) = healthy knowledge. “I think instructors are similar to restaurant owners, knowledgeable about different kinds of foods (knowledge: NURS305, 306, etc.), which I enjoy. When I sometimes can’t digest foods (knowledge) that I eat (study), I go to the restaurant owner (instructor) to ask what I need to add to make my food tastier. I think that asking questions about what you don’t understand is very important. To survive in school, I also can’t live without vitamins (friends),” explains Nguyen.

“I would like to take this opportunity to thank Margaret Stinner, Shirley Cooley, Vicky Warschauer, and Cheryl Mace, who always open their doors and listen to my stories,” concludes Nguyen.

Junior and resident advisor (RA), Amelia Stacker, grew up on a farm in Utica Ohio, a small town 45 minutes northeast of Columbus where she gave lambs their shots and medications. “I love science and what better way to use that passion and intuition for what someone else needs than in a nursing career,” says Stacker, who chose MCCN for its superior clinical program, intense preparation for a BSN within four years, and the close ties between students and faculty.

Stacker loves being an RA. “In the dorms, there is always someone to talk with socially or to ask about nursing homework. It’s great since all I have to do is roll out of bed and walk across the street to get to classes.”

Over the past year, Stacker worked toward getting a Duke University student nurse summer internship and just received the news that she is accepted into Duke’s twelve-week summer internship. “I will be a float shadowing a nurse throughout the hospital. I am excited about the opportunity!”
**Announcing a Junior-Level Curriculum CHANGE**

In the MCCN curriculum, the major thrust of medical surgical nursing content is presented at the junior level (Sophomore level is foundational; senior level builds upon the content.).

In keeping with this focus, there will be a change in the current delivery of Med Surg I and II (NURS 305 and 306) effective fall semester 2010. The content of NURS 305 and 306 will be combined to form the new Med Surg course, NURS 309. NURS 309 will be taught as a 16-week nursing course with more clinical days devoted to patient care experiences. This curriculum change is taking place to more effectively meet course objectives and to introduce the content logically, sequentially and consistently.

**Course Description, NURS 309**

**Prerequisite:** Junior status

This course provides students with evidence-based knowledge in the management of adults and families experiencing human responses to alterations in fluid and electrolyte imbalance, oxygenation, ventilation, tissue perfusion, digestive function, immunoologic function, hormonal regulation, regulatory function, motor sensory function, cellular differentiation (proliferation) and skin function and integrity. The nursing process provides the framework for the practice of nursing with clients of diverse backgrounds and in varied settings.

**Affiliated Course Schedule**

Spring quarter at Columbus State Community College and The Ohio State University started March 29. Any student taking a spring quarter class at one of these affiliated institutions is required to submit a copy of his/her course schedule to the MCCN Records and Registration Office (Marian Hall, Room 201). The deadline to submit the schedule to MCCN was Friday, April 2.

All students must submit their CSCC or OSU course schedules to MCCN every term they take classes. Students who neglect to submit the required documentation will find that their credit hours at CSCC or OSU will not count toward calculation of total credit hour load at MCCN. Delinquent students may find themselves at less than full-time hours for financial aid calculation.
They love the students, and that’s the reason why there are nearly 100 total years of service among the four of them. They are the unsung heroines of Mount Carmel nursing education, keeping an eye on everything and everyone, and making sure that things run smoothly. There is literally no end to the tasks they perform, many of them behind the scenes: answering the phones; sorting mail for students, faculty, and staff; locking and unlocking doors; operating the lost and found; greeting and assessing visitors; providing the first line of security; taking deliveries; answering questions; and handling countless unique requests and situations. Once upon a time, when there were students in residence in the building, the job was even more challenging as they matched wits with students attempting to "bend" the rules.

With 54 years at the front desk, Lois Stevens has enjoyed the longest run, working full time for 24 years, and at age 79 still working part time. "I love the work! My favorite part is interacting with the students and the many phone callers. I’m a preacher’s kid and I just love working with people."

Stevens answered an ad in the paper, beginning her job when Eleanor Wilson was Director of Mount Carmel School of Nursing. “My youngest daughter was in kindergarten when I started. I planned to stay about four years, and now here I still am. I consider working here a privilege,” says Stevens.

"Working the front desk, we have to be on all the time and make sure the wrong people don’t come through those doors," Stevens remembers when students lived in the building and her responsibilities included checking that the stores and water were turned off, windows closed, lights out and doors locked.

Frances Shearer has worked the front desk since 1980 and now splits the daytime shift with Stevens, although she began her career on the evening shift. For approximately 15 years prior to 1980, Shearer worked as a nursing assistant at Mount Carmel West. Shearer loved that job, but was forced to leave it by a back problem. "I love the students. They keep me young. They can be ornery, but that's alright. I enjoy them. Besides, you've got to be good to them, they might be your nurse someday," laughs Shearer. She misses the days when students lived in the building and has many amusing memories of their antics. "I could get to know the students better then. They were here all the time and would stop and chat."

Sue Edwards works the Wednesday day shift and has worked at the College for ten years after ten years of volunteering with Sharon Schimmoller and Carol Graham. Edwards still volunteers at Mount Carmel West, along with her husband, every Thursday.

"I enjoy coming in to work, especially to greet and talk with the students,” says Edwards. Anita Smith is currently the only full-time front desk lady and works the evening shift. Smith heard about the position from former student life director, Vic Schimmoller, working the desk, Smith assisted former student life director, Phyllis Crook. She has worked 20 years at Mount Carmel, with 15 at the desk. Prior to working the desk, Smith assisted former student life director, Sharon Schimmoller.

"The students are my favorite part of the job. They are so young, alive and full of energy,” says Smith. “I love it here, where whenever anything happens to someone at the College, everyone stands together and helps each other. The College is a caring community, just like a family.”

**The Front Desk Ladies:**

**MCCN’s Own STEEL MAGNOLIAS**

Anita Smith

Frances Shearer

Sue Edwards

Lois Stevens

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**MCCN in the NEWS**

Dr. Ann Schiele was featured in the 6 p.m. FOX 28/ABC 6 newscast on Friday, April 16. With reporter Emily Riemer, Dr. Schiele discussed timely issues regarding the role of nurse practitioners in today’s ever-changing healthcare environment, as well as the launch of our new Family Nurse Practitioner program and new Health Center at the end of summer.

**Attention Rho Omicron Members and Friends: RACE FOR THE CURE Fight Breast Cancer**

Participate in an educational opportunity on race day – May 15, 7:30 a.m. – noon – "I am the Cure!" Distribute educational material to race participants. If interested, please email Sherry Hull at shd@mchs.com. You will receive additional information via email a couple of weeks prior to the race.

**FOUND:** Lamp Pin

Attention class of 2011 — a lamp pin awarded to one of you was found and turned into the front desk. If you have lost your pin and wish to retrieve it, please contact the Coordinator of Alumni Relations, Phyllis Crook, at correos@mchs.com or 234-5681.

**Attention Students**

To order your student uniform log on to Flagstaff Uniforms at www.flagstaffuniforms.com. Under schools, go to Mount Carmel. Our username is carmel and our password is Columbus.

**Raffle WINNERS for The Spring Festival’s “It’s Abuse” Campaign**

$10 Easton Gift Cards:
1) Cassie Bradford
2) Ashley Winebeerner
3) Sarah Eichhorn
4) Amelia Stacker
5) Andrea Calabano
6) Betsy Casyd
7) Jessica Fannon
8) Cindy Spencer
9) Amanda Hershberger
10) Hailey Bechtel

$5 Chipotle Gift Cards:
11) Kelsey DeMorro
12) Bethany Moore
13) Crystal Goolds
14) Jeremy Ignuszeushi
15) Anita Mitchell

**MCCN’s Own STEEL MAGNOLIAS**

**Kathy Curtis MEMORIAL Dedication**

SGA President Sarah Eichhorn welcomes faculty, students and staff to the event.

Ann Schiele accepting the memorial on behalf of the College.

Faculty Theresa Skybo passes brick to Jan Burkey, Director of Development.

Faculty Margaret Stinner and Vic Campbell sign the "It’s Abuse" wall.

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A TRUE Friend to MCCN

Bonnie Moses, RN, MS, has a long history with Mount Carmel nursing education. She taught at Mount Carmel School of Nursing for 14 years and loved it. Moses then worked 15 years at Mount Carmel East in Patient Care Administration as Coordinator of Clinical Education/staff nurse ICU, retiring in 2006.

"When Dr. Schiele asked me if I would teach clinical in the RSN program, I accepted immediately. The sophomore students are wonderful to work with in clinical. They are excited and eager to learn about patient care," says Moses, who has been back at the College for three years. "It’s like coming home after being away for awhile." Moses not only contributes to nursing education as an instructor, but also with her donations. She and her husband recently made a sizable contribution to the 2010 Phone-a-thon, which Moses also supported as a volunteer caller.

Bonnie Moses is a Mount Carmel employee and College faculty member, who is a true advocate for the College," says Director of Development Bonnie Moses, RN, MS. "I worked with Mrs. Wilson, and I saw that she believed so strongly in the students and the educational process for them," says Moses. "I knew the scholarship fund was going to make a difference in the lives of many students."

Moses believes that one of the strengths of MCCN is the diversity of students enrolled. "I believe in the values and mission of Mount Carmel College of Nursing. As I was given assistance in paying for my education, I want to pay back to help finance the nurses of the future."
Rho Omicron LUNCHEON

By Toni Chops, MS, RN

Members of Rho Omicron Chapter of Sigma Theta Tau International gathered in the College gym on March 29, 2010, for a final meeting and luncheon of the academic year. New officers were introduced and included Ann Waterman, PhD, RN, Secretary; and Kathy Walters, MS, RNC, NNP-BC, Governance Committee Member. Pam Miller, MS, RN; Mary Nibert, MBA, BSN; RN; Linda Farrell, MS, RN; and Toni Chops MS, RN, were recognized for their service to the board.

The strategic plan was reviewed as well as accomplishments for 2009 to 2010. Sherry Hall MS, RN, reported that Rho Omicron is sponsoring a group to provide breast health education at the Susan B. Komen Race for the Cure on May 16, 2010. Participation is open to all members and nonmembers of Rho Omicron.

Jane Dickson, BSN, RN, Director of Emergency Services at Mount Carmel West, shared her perspective and insight into leadership opportunities for students to assemble as a group for the last time prior to graduation.

The luncheon concluded with the distribution of honor cords to students graduating in May 2010. The event was a great opportunity for students to assemble as a group for the last time prior to graduation.

MONEY Matters

Notes from Alyncia

Award Letter Process Year 2010 – 2011

Note that you have received your award letter, applying for financial aid at MCCN is really easy! Just follow the steps below. When you have completed one step, go to the next and be assured that we are right along with you in the process.

STEP 1: Entrance Counseling — We strongly advise that you complete the online entrance counseling. Entrance counseling will help you as a borrower understand your rights and responsibilities under the Federal Direct Lending Program.

STEP 2: E-Master Promissory Note — To take out a Direct Loan for the first time, you must complete a Master Promissory Note (MPN). To complete the Master Promissory Note, you will need your Department of Education issued PIN number. If you have been determined that you are a dependent student for your FAFSA, then one of your parents can apply for a Direct PLUS Loan. If applying for a Direct Plus Loan, please follow the instructions in Step 3.

STEP 3: Direct Plus Loan — To take out a Direct Plus Loan, parents will need to complete an application and promissory note. Parents will be required to pass a credit check. To determine the amount that you can borrow for the Plus loan, you will need to subtract the total amount of the student’s financial aid award from the cost of attendance listed on the student’s award letter.

STEP 4: Fast Choice Private/Alternative Loan — To determine the amount that you can borrow for a private loan, you will need to subtract the total amount of your financial aid award from your cost of attendance listed on your award letter. You can go to our website at mccn.edu, click on Tuition and Financial Aid, click on Links, select Fast Choice Private/Alternative Loan. You can go to the StudentLoans.gov website to complete the entrance counseling, e-master promissory note, and the Direct Plus Loan application beginning on April 19.

Allyncia Bowen, PhD, MSA
Director of Financial Aid, abowen@mchs.com

If you know of someone ready to realize their dream of a career in nursing at our MCCN-FMC campus, invite them to join us for...

Mount Carmel College of Nursing at Fairfield Medical Center Information Session*

Thursday, May 6, 2010
Ohio University Lancaster/Upper Lobby

11:30 a.m.-1:30 p.m.

*Light refreshments will be served.

Are you ready to realize your dream career in nursing? Learn more about pursuing a Bachelor of Science in nursing degree at Mount Carmel College of Nursing at Fairfield Medical Center (MCCN-FMC). Meet admissions staff, students, and faculty—and take the next step toward achieving an exciting career in the high demand field of nursing.

To RSVP call 800-225-0581 TODAY!

SNAM News

Today, April 26 — SNAM Meeting

At the NSNA Convention in sunny Florida are 5-11 SNAM advisors Dawn Hughes, Brooke Waddell, Kayla Munk, and Jessica Lencke.

Jessica Lencke, Kayla Munk, Brooke Waddell, and SNAM advisor Dawn Hughes attended the annual NSNA (National Student Nurses Association) Convention in Orlando, Florida, April 7-10. There were over 3,100 nursing students, faculty and leaders in attendance. Jessica and Brooke took turns representing MCCN in the House of Delegates, which had over 475 delegates from the 50 states, D.C., and the U.S. territories. The House of Delegates passed several resolutions guiding policy and programs on the national level, and elected the new NSNA Board of Directors and Nominating and Elections Committee.

The last SNAM meeting of the academic year will be today, April 29, in the lounge. Jessica Lencke will present information about her mission trip to South America, and there will be further reports on the NSNA convention.

NURS 408 Clinical Preferences

Students have the opportunity to indicate preferences for clinical site (the type of unit) for NURS 408. A letter explaining the process and a form to print and complete will be posted on WebCT Resources near the middle of the term PRIOR to the term you will take NURS 408. Watch WebCT Resources DAILY for this posting.

After carefully reading the letter and completing the form, take the form to the Marian Hall front desk promptly. Request that it be date/time stamped and placed in Ann Waterman’s faculty mailbox. Your clinical facility will contact you regarding placement near the end of the term.

Although the preferred clinical days are M-T-W day shift, the student is expected to be flexible and work the preceptor’s schedule for an average of 24 hours per week. Weekends and shifts other than day shift are to be expected.

Questions? Email Ann Waterman with N408 at awaterman@mchs.com

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**Graduation Countdown**

This series highlights key information graduating students need to know before May Commencement. Check this listing for important deadlines and suggestions to keep your path to graduation on track.

1. Complete your Community Service Program requirement and submit documentation to Mary Nibert.
2. Ordering deadline for your cap/gown was April 1. If you failed to meet this deadline, contact Jostens immediately at 800-854-7464.
3. Pick up your 7 Commencement tickets in Room 201, Marian Hall (8:30 a.m. – 4:30 p.m., Monday through Friday).
4. Complete your graduating student survey (available on WebCT) and schedule your exit interview. We value the feedback from our graduating students!
5. Attend the graduation celebration luncheon on Thursday, May 6, 12 noon, at the Berwick Manor Party House, 3250 Refugee Rd. (professional dress is expected).
6. Attend Pinning and Commencement rehearsal at First Church of God immediately following the celebration luncheon on Thursday, May 6.
7. MS graduates will receive graduate hoods at the Pinning and Recognition Ceremony on May 7. You are to bring this hood with you to Commencement on May 8 so that you can be officially “hooded” on stage.
8. BSN students graduating with honors (minimum 3.40 cumulative GPA) will be given the appropriate color honor stole on May 8 to wear over the graduation gown. Honors will be announced at Commencement.
9. Pinning and Recognition Ceremony: Friday, May 7, at 7 p.m., First Church of God, 5400 Refugee Road
10. Commencement: Saturday, May 8, 1 p.m., First Church of God, 5400 Refugee Road. Appropriate dress under the gown is professional business attire (no flip-flops or sneakers and no "decorated" caps).
11. Notify Mount Carmel College of Nursing with any new contact information including your mailing address, phone numbers, email address, etc. for Alumni Records (Theresa Williams, twilliams@mchs.com, 614-234-4738).
12. BSN graduates prepare for the National Council Licensure Exam – RN (NCLEX-RN) that will measure your competency to perform as a registered nurse and is required for entrance into the profession.

**NOTES:**
1. NURS 421 faculty will provide final exam information to students.
2. Faculty will schedule Seminar and RN-BSN final exams as needed.
3. All final grades will be accessible by students in June (for those without record holds) via the Student Portal CARMELink. Please Note: We do not mail grade reports.

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**Volunteers Needed**

Columbus Regional Airport Authority

2010 LCK Exercise

Rickenbacker International will hold a Full Scale Emergency Simulation exercise on Friday, June 18, 2010, 9 a.m. – 5 p.m., to test and evaluate the emergency plans and response of the airport, tenants, and various other service organizations, including police and fire, Franklin County EMA, Red Cross Disaster Services and area hospitals, in the event of a large-scale, mass-casualty accident at one of our airports.

Although the scenario cannot be disclosed at this time, "actors" (approximately 150 volunteer participants, 18 years and older) are needed, and 120 of these volunteers will portray injury victims, from the walking wounded to the critically wounded. Some will be moulaged (made-up), if their acting part requires it. Volunteer arrival time will be communicated at a later date.

Accident victims will be "treated" in the triage area at the scene or transported to a participating area hospital for treatment of more severe injuries. At the end of the exercise, buses will collect all transported volunteers from the hospitals and return them to the airport.

To participate or obtain additional information, please contact Carol Holland at 614-409-3607 or cholland@columbusairports.com. Please leave your name or organization (if applicable), telephone number, and/or e-mail address.