

# carmel the Rapper

OCTOBER 2013

MCCN news & information



MOUNT CARMEL  
College of Nursing

## Social Media Opens Doors @mccnedu



Staying connected through social media is key to communication at MCCN. Using social media at MCCN are: Sophomore **Breanne Fay**, Freshman **Jason Lewis** and Junior **Florence Smith**.

**Facebook, Twitter, YouTube...** these words we see on an everyday basis have changed our lives, whether we like it or not. The ever-rising presence of social media platforms has created a new way for people to communicate.

"Social media is a way to stay connected," said **Lauren Bruce**, Communications Intern. "Friends use social media to communicate, and businesses utilize it to create two-way communication with important stakeholders."

MCCN has a presence on *Facebook*, *Twitter* and *YouTube*. Our social media platforms exist to inform you of upcoming events, share important information and post photos from events.

Many events held at the college now feature a live-*Twitter* feed, including photos and quotes in real time. This enables students, faculty and staff to search a specific hashtag to stay updated on events they are unable to attend, and to join in on the conversation if they are in attendance.

## Dates to Remember

October 7	SGA meeting
October 11	Term 1 ends
October 14	Term 1 junior/senior nursing clinical final exams
October 14-18	Fall break (students only)
October 21	Term 2 begins Fall Festival
October 24	STTI Founders' Day Celebration
November 4	Spring Semester registration begins
November 15	Last day to drop a Fall Semester class
November 27	Last day to drop a Term 2 class
November 28-29	Thanksgiving (holiday)
December 13	Term 2 and semester classes end
December 16-20	Final Exams

## Social Media Opens Doors @mccnedu *cont'd*

"Social media enables us to generate awareness of college offerings and events in a timely manner, utilizing networks many of our students and other stakeholders use on a daily basis," said **Robin Hutchinson Bell**, Director of College Relations.

When prospective students begin looking at colleges, many will search for their top choices on *Facebook* and *Twitter*. Having a strong social media presence is something that will make MCCN more competitive. The admissions team has recently started using social media to engage in conversations with prospective students.

"In order to increase social media traffic and college awareness, we have added live *Twitter* feeds to our Open House sessions," said Admissions Counselor **Paige Dirmeyer**. "The live *Twitter* feed allows those in attendance to communicate with one another, with the Admissions team and the rest of their *Twitter* followers regarding their college visit at Mount Carmel."

Prospective students who attend open houses and "like" us on *Facebook* or "follow" us on *Twitter* are now entered into a drawing for the chance to have their application fee waived.

Social media is opening doors at the college. This summer, freshmen who attended Smart Start participated in a *Twitter* scavenger hunt. Students were given clues leading them to important places they needed to know around MCCN. Using the hashtag #SmartStart, students sent photos and quotes to us and gained points. This interactive activity would not have been possible without the use of social media.

We want to hear from you! Like us on *Facebook*, follow us on *Twitter@mccnedu* and tell us what is going on at the Mount. Use the hashtag #CarmelRapper to tell us what your favorite article was in this issue.

**Feel like you've been missing out** because you haven't been following us on *Twitter*? We've got you covered: follow us @mccnedu and check out the following hashtags from our most recent events:

- **Smart Start (June 2013):** #SmartStart
- **Mount Carmel Foundation Golf Invitational (July 2013):** #MCFgolf
- **Orientation (August 2013):** #New2MCCN
- **Open Houses (Fall 2013):** #MCCNOH
- **Constitution/Founder's Day (September 2013):** #MCCN110
- **Excellence in Nursing (September 2013):** #MCExcellence

**Come for the food  
and the fun!**

**FALL FESTIVAL\***

Monday, October 21  
11:30 a.m. - 2:30 p.m. in the gym

\*Sponsored by SGA

### Dr. Penny Marzalik to be New Director of the Doctor in Nursing Practice (DNP) Program

From **Angela Phillips, EdD, RN, CNE**  
Associate Dean, Graduate Program

I am pleased to announce **Dr. Penny Marzalik, PhD, CNM, IBCLC**, as the new Director of the Doctor in Nursing Practice (DNP) program. Dr. Marzalik has been with MCCN for over three years, teaching in the Online RN-BSN Completion program and in the Master's program. Her expertise as a certified nurse midwife and nursing educator provides an outstanding foundation for this position. She previously worked at Loyola University-Chicago and was on faculty during the development of Loyola's DNP program.

Please join me in congratulating Dr. Marzalik in her new role as the Director of the Doctor in Nursing Practice program.

# Four MCCN Faculty Honored at 2013 Excellence in Nursing Celebration



Congratulations to our MCCN 2013 Excellence in Nursing honorees (l-r): **Frieda Gill, Katheryn Fernandez, Kathy Walters, and Brigit Duggan.**

**Brigit Duggan, RPh, MS, RN, CNE; Katheryn Fernandez, PhD, RN; Frieda Gill, MS, RN, CCRN; and Kathy Walters, MS, RNC, NNP-BC,** were among more than 90 honored on September 18 at the ninth annual Excellence in Nursing celebration at Villa Milano. The awardees were recognized for their collaboration and commitment to nursing that has earned them the respect and recognition of their peers and the distinction of being selected for the award.

The annual event is sponsored by Mount Carmel Patient Care Services and Mount Carmel College of Nursing. Thank you to the Student Ambassadors who assisted at the event:

**Renee Dicke      Kaci Gundin      Zeb Homan      Sarah Keller**  
**Rachel Powers      Morgan Shepherd      Ellen Strickler      Nicole West**

## Comments from our Excellence in Nursing Honorees:

### **Kathy Walters**

*I absolutely LOVE teaching at Mount Carmel College of Nursing! I love the enthusiasm of the students, especially when they have that "ah-ha" moment. I teach a nursing seminar about the roles of Advanced Practice Nursing and enjoy sharing my journey from being a student here (when it was a three year diploma school) to today — being a faculty member as well as a Neonatal Nurse Practitioner. I also talk about 'passion' a lot in my class. One needs to have passion for what they do in life — or if they have passion for their job they will never 'work' a day in their life. Going to work will always be a wonderful journey. One can make millions of dollars in a career, but if you hate your job you will never be happy. Nursing is the perfect career for many reasons...but for me, I get the best of both worlds by teaching here Monday through Friday, then working in the Newborn Intensive Care Unit on the weekends! I am truly blessed to work here with my fellow colleagues as well as the students. It was very humbling to me to be nominated for this award — thank you from the bottom of my heart.*

*continued on page 5...*

## Registration for Spring Semester 2014

Watch your Nightingmail account and CARMELink for details about registration for Spring Semester 2014.

- ▶ Check the Student tab > Records and Registration page for registration information.
- ▶ *How to Register Online* tutorial posted to CARMELink the week of October 28.
- ▶ Class schedule posted to CARMELink the week of October 28.
- ▶ No hard copies of the class schedule are distributed to students.
- ▶ Registration begins the week of November 4.
- ▶ Registration windows for groups of students open at 12:01 a.m. on the indicated dates (schedule will be posted to CARMELink).

## Investing in Nursing

From **Jan Burkey**, Director of Development

Year after year, our Mount Carmel College faculty and staff invest in our communities by educating future Mount Carmel nurses. Another opportunity to invest in nursing is through our Annual Giving Campaign. Your generosity makes an impact on the health care in our community and inspires others to give.

Again this year, we have the opportunity to double the impact of your gifts. The Mount Carmel Foundation **will match all gifts made through Associate Giving.**

As we discussed in our College Assembly meeting, this year we would like to direct the matching portion of our dollars to needs for the Nursing Learning Laboratory (Skills lab) located on the lower level of the College, for simulation equipment at the MCCN-FMC campus, and for new appliances for the kitchen in the student lounge. Last year we raised \$20,693 and hopefully we can accomplish that or better this year!

To leverage your gift, please make a pledge by December 1, 2013. You can designate your gift to one of the College programs that touch your heart and the Foundation will match your dollars.

Any questions, contact **Jan Burkey** at 234-3837 or [jburkey@mccn.edu](mailto:jburkey@mccn.edu).

# MCCN Code of Conduct: To Be Upheld by All

“The MCCN Code of Conduct is vitally important to who we are and how we conduct ourselves in community, academic and practice environments,” said **Ann Schiele, PhD, RN**, President/Dean. The Code of Conduct Policy was approved by President’s Council in 2011.

The Code of Conduct reflects the College Mission Statement and core values: Mount Carmel College of Nursing, serving in the spirit of the Catholic tradition, offers excellent science-based educational programs in nursing and allied health in a caring environment.

## CORE VALUES

- ▶ Academic Excellence
- ▶ Respect
- ▶ Compassion
- ▶ Social Responsibility

“It’s understood that the MCCN administration, faculty, staff and student body share in the responsibility of upholding this mission and core values,” added Dr. Schiele.

Three College committees — the Academic and Professional Misconduct Committee, the Student Government Association, and the Mutual Respect Committee — were charged with the responsibility to write a code of conduct reflecting this level of excellence.

These committees developed our College Code of Conduct, a living document:

- ▶ To ensure the integrity of the nursing and allied health professions
- ▶ To create an academic and professional environment that reflects the College’s mission and core values
- ▶ To reflect the policies of the College on standards of conduct
- ▶ To follow the policies on nursing practice from the Ohio Board of Nursing  
(These documents are available for review in the student handbook.)

In accordance with the above, it is the expectation that faculty, staff and students will commit to the following:

## ACADEMIC EXCELLENCE

1. Achieving the highest level of academic excellence that we can through honesty and integrity both in and out of the classroom and in clinical settings.
2. Striving to embody excellence and provide the highest quality work in the academic and in the clinical settings.
3. Acting in a professional manner while in the College of Nursing and in all activities, functions and clinical sites associated with the College and the profession of nursing.

## RESPECT

1. Contributing to creating a safe, respectful and supportive atmosphere for teaching and learning.
2. Regarding privacy and confidentiality as essential obligations.
3. Communicating with peers, staff and faculty in a professional and respectful manner.
4. Taking responsibility for our words and actions.

## COMPASSION

1. Demonstrating a commitment to the attributes of compassion, empathy, altruism, responsibility and tolerance.
2. Demonstrating caring behaviors at all times.
3. Respecting individual diversity through a non-judgmental attitude and approach.
4. Working to become a creative problem solver.

## SOCIAL RESPONSIBILITY

1. Refusing to tolerate discrimination, disrespect or bullying.
2. Committing to bring any discrimination, disrespect or bullying to the attention of the chairperson of the Academic and Professional Misconduct Committee or the Director of Student Life.
3. Refusing to tolerate incidents of dishonesty or lack of integrity.
4. Committing to bring incidents of dishonesty or lack of integrity to the attention of the chairperson of the Academic and Professional Misconduct Committee or the Director of Student Life.

# How the MCCN Code of Conduct Came to Be

“The Code of Conduct is our guide.”

— Dr. Ann Schiele, President/Dean

The Code of Conduct was a year-long project achieved by the collaboration of three College committees: the Academic and Professional Misconduct Committee, Student Government Association and the Mutual Respect Committee. The project was initiated by the Mutual Respect Committee's response to concerns brought forth by Student Government to the Director of Student Life, **Colleen Cipriani**.

The Chair of the Academic and Professional Misconduct Committee, Assistant Professor **Catherine M. Maurer Baack, MS, RN-BC, CNS**, and Cipriani, chair of the Mutual Respect Committee, encouraged their committees to collaborate with Student Government and come up with a College-wide effort. **Dr. Ann Schiele**, President/Dean, and the President's Council approved the document and then presented it to the College.

## Preparation for the Nursing Profession

“The Code of Conduct was developed to focus on key components fundamental to successful professional nursing,” said Maurer Baack. “Part of the research that went into development of the Code revealed a discussion among nurse educators faced with preparing students for the myriad of challenges in professional practice today and in the future.”

Maurer Baack explained that much of what all of us see and experience on a daily basis in our society challenges even the most intact individuals to question what they believe is the right way to act or what is expected of them as people and professionals.

“We see people make choices and act in situations in which they feel a tremendous pressure to perform...some choose to believe that the end justifies the means. In this environment, not much is certain,” added Maurer Baack.

## Applicable Here, Now and in the Future

“What is certain is that the beliefs/practices expressed in the Code of Conduct are applicable here and now, in this environment. If we, as a College, can strive to adhere to this Code here and now, the lessons learned can be transferred to future situations,” said Maurer Baack.

Maurer Baack concluded that the Code challenges everyone at the College to live out the conduct outlined here and help others to also. “We understand that, at best, we are all a work in progress. But that does not mean that we should not continue to help each other be the best we can be.”

## Four MCCN Faculty Honored at 2013 Excellence in Nursing Celebration *cont'd*

### Brigit Duggan

*What I love best about teaching at MCCN is that the educational concept of ‘academic freedom’ is supported and encouraged. I have freedom to teach in the ways I believe will best help students achieve the College expected outcome that ‘graduates demonstrate competence for practice.’*

### Katherine Fernandez

*Working at MCCN is a pleasure! The high level of standards and the outstanding students make teaching a joy. The students are engaged and make me push my teaching abilities further.*

### Freida Gill

*What I love best about nursing education is the chance and joy (I hope)...to instill and share my knowledge, love, passion, care, respect, values, and high standards of the profession that I still have with soon-to-be new nurses. Then, to have the wonderful opportunity at Mount Carmel College of Nursing to pass this love of nursing and continual learning on to the students.*

*This award means so much to me — it is an honor and a privilege to know I have touched a student or someone so much during my time as an educator for them to take the time to honor and recognize me. I am thankful and humbled to know that I have helped students achieve their goals and dreams — even the smallest of steps toward their education — nothing is more gratifying.*

**DISCOUNT on Cincinnati Reds baseball tickets for students!**

Go to [cincinnati.reds.mlb.com/cin/ticketing/student\\_tickets.jsp](http://cincinnati.reds.mlb.com/cin/ticketing/student_tickets.jsp) for more information.

## Community Service

*Social Responsibility* is one of the “Core Values” contained in the mission of Mount Carmel College of Nursing. In accordance with the College’s *Mission and Catholic Identity*, the Community Service requirement for nursing students includes the application of one’s skills and time to meet identified community needs of vulnerable and at-risk populations (e.g., children, elderly, homeless, poor and underserved, and organizations that support these populations).

This activity leads to learning and development through active participation in thoughtfully organized service that:

- ▶ is conducted in and meets the needs of the community
- ▶ involves reflection and analysis of the experience
- ▶ promotes the development of leadership skills, citizen skills, and social responsibility

Pre-licensure students are required to complete 20 clock hours of community service **prior to the beginning of the last semester of enrollment.** (RNs enrolled in the RN-BSN Completion Program and Second Degree Accelerated Program students must satisfactorily complete 10 clock hours.)

Pre-licensure students who do not meet the deadline will be required to complete an additional 10 clock hours (for a total of 30 hours) in order to meet the graduation requirement. RN-BSN and SDAP students who do not meet the deadline will be required to complete an additional 5 clock hours (for a total of 15 hours) in order to meet the graduation requirement.

Any student who does not meet the requirement by the policy deadline may participate in Commencement activities, but will not receive a diploma or be eligible for NCLEX-RN testing until this requirement is met.

Additional details regarding the Community Service Learning Program can be found in the *Student Handbook*.

## Term 1 Fall 2013 Final Exam Schedule

OCTOBER 14, 2013		TIME	ROOM	FACULTY
NURS 307	Mother-Infant	8 a.m. – 10 a.m.	CLE 114	Cooley
NURS 308	Psych-Mental Health	8 a.m. – 10 a.m.	CLE 206	Bills
NURS 405	Acute	10:30 a.m. – 12:30 p.m.	CLE 310	Dolan
NURS 406	Gerontology	10:30 a.m. – 12:30 p.m.	CLE 116	Maurer Baack
NURS 407	Pediatrics	10:30 a.m. – 12:30 p.m.	CLE 206	O’Handley
NURS 408	Transitions	9 a.m. – 11:30 a.m.	TBA	Dougherty

## Application for Graduation

Graduation applications are now available and must be on file in order to begin the graduation process. If you expect to complete degree requirements anytime from December 2013 through October 2014, check the CARMELink Student tab and submit your application by the posted deadline.

- ▶ **October 1:** SDAP students
- ▶ **October 4:** Traditional Program: Undergraduates  
RN-BSN Completion Program  
Master’s Program

The graduation fee will be charged to your student account in the semester you graduate.

Students who wish to verify completion of degree requirements may schedule an appointment to update their degree audits.

- ▶ Pre-licensure students: contact **Karen Greene** (614-234-5685)
- ▶ RN-BSN students: contact **Tara Spalla** (614-234-5950)
- ▶ Master’s Program students: contact **Kathy Walters** (614-234-5408)



## Sigma Theta Tau International Honor Society of Nursing

### 2013 Founders’ Day Celebration Central Ohio Consortium

**Lynch Syndrome:** Hereditary Colon Cancer, Genetics & Research

**Date:** Thursday, October 24, 2013

**Location:** MCCN

**Event Schedule:**

5:30 Registration, Cash bar

6:30 Dinner

7:15 Program - Ilene Lattimer, RN, OCN, CCRN

8:15 Door Prize drawing

**Hosted by:** Rho Omicron

\*\*\*We will take donations for Twin Valley\*\*\*

# Get Involved With Student Organizations

by **Lauren Bruce**, Communications Intern



Enjoying a Campus Ministry meeting are (front l-r) **Yuliya Fonin**; **Chandra Grace**; **Deborah Huff APRN,BC**; **Dr. Ellen O'Shaughnessy**, Campus Minister; **Edna A. Akora**; and **Sarina Jackson**; (back l-r) **Kailey Rutherford**; **Elizabeth Wells**; **Laura Patch, MTS, WKIS**; **Emily Ellis**; and **Bailey Legler**.

## MCCN offers a number of ways for you to get involved on campus.

The following interviews conducted with the advisors of Campus Ministry, Club Sports, Student Government Association (SGA) and the Student Nurses Association of Mount Carmel (SNAM) will give you an overview of each organization, as well as how you can join.

### Campus Ministry

**Dr. Ellen O'Shaughnessy**, Director of Campus Ministry

#### Rapper: What is Campus Ministry?

**Dr. O'Shaughnessy:** Campus Ministry provides the opportunity for students to gather around faith and spirituality and what gives meaning to waking up every day. The ministry is open to students of all religious traditions and those who may not belong to a church, synagogue, mosque or temple but desire to explore their relationship with God in community. The experience of fun, prayer, conversation, a good meal together is a way to connect and take time with each other and listen to how faith is a strength and resource in the struggle of the frantic pace and demands of a student. We companion each other through the "thick and thin" of study, work, family. We serve the homeless, residential and working poor at various sites in Columbus.

#### Rapper: When does Campus Ministry meet?

**Dr. O'Shaughnessy:** We meet weekly on Mondays at noon when the schedule does not require students to be at an all-College meeting during the same time period, a decision arrived at by the students.

#### Rapper: How can students get involved in Campus Ministry?

**Dr. O'Shaughnessy:** Simply show up at the meetings or contact me at 234-3486 or email [eoshaughnessy@mccn.edu](mailto:eoshaughnessy@mccn.edu). JOIN US! We welcome you to the wonder, fun, joy, prayer and community that Campus Ministry creates.

### Club Sports

**Colleen Cipriani**, Director of Student Life

#### Rapper: What other events are coming up for students?

**Cipriani:** We find local sports complexes that have league play in sports that interest our students. Currently, we have an indoor soccer team that will begin play in a couple of weeks. We are also in the process of forming two volleyball teams and a women's basketball team that will all begin play in mid-October. We will begin recruiting for a softball team in February 2014. In previous years we also had co-ed flag football teams, so if there is interest in starting up football again, I need to hear from students.

*continued on page 8...*

## Withdrawal Policy Reminder

Please be aware of the MCCN course withdrawal policy. For the purposes of this policy, there are two types of courses: non-nursing courses and nursing courses. Nursing courses include all courses with a prefix of NURS (with the exception of nursing seminars). Non-nursing courses include all other courses taken in the academic program (including nursing seminars).

- After the course start date, a student must first notify the course instructor and obtain his/her signature on the form prior to submitting an *Add/Drop Form* to the Office of Records and Registration. Submission of the form is required for official withdrawal from a course.
- Non-attendance in a course after the withdrawal deadline is considered being absent from the course. Failure to submit a faculty-signed *Add/Drop Form* will result in a grade being assigned at the conclusion of the course. All course withdrawals are subject to the "Refund Policy" section of the *Student Handbook*.
- A student may withdraw from any course by the end of week 1 and the course will not appear on the transcript.
- A student may withdraw, without academic penalty, from a 16-week semester course by the end of week 12 of the course. A grade of "W" will be posted to the student's academic transcript.
- A student may withdraw, without academic penalty, from an 8-week term course by the end of week 6 of the course. A grade of "W" will be posted to the student's academic transcript.
- A student may not withdraw from any course after week 12 of a 16-week semester course or week 6 of an 8-week term course.
- Summer courses operating on a modified schedule will follow deadlines equivalent to the proportional requirements stated above.
- A student may withdraw from only one nursing course during the program of study.
- A student may withdraw from a total of two different non-nursing courses during the program of study.
- A student who is retaking a course from which he/she has previously withdrawn may not withdraw from that course a second time; a course grade will be assigned at the conclusion of the retake.
- Withdrawing from a course does not force the student to also withdraw from a co-requisite course.

## Library Hours and News

Monday - Thursday	8 a.m. – 9 p.m.
Friday	8 a.m. – 5 p.m.
Saturday	8 a.m. – noon
Sunday	Closed

Professional reference staff is available Monday – Friday, 8 a.m. – 5 p.m. If you need professional help or assistance during late evening and Saturday opening hours, librarians will be available upon your request, primarily through scheduling time using the *Signing for Instruction* form on the library website at least 48 hours in advance, or by contacting a librarian in person.

## Get Involved With Student Organizations *cont'd*

**Rapper:** What kind of a commitment is required to be a part of club sports?

**Cipriani:** We ask the students to help pay part of the league fees as their commitment to involvement in club sports.

**Rapper:** How can students get involved in club sports?

**Cipriani:** Students should read and reply to the emails and flyers posted around campus announcing that teams are forming.

**Rapper:** Does club sports have any upcoming events for students to take part in?

**Cipriani:** We will begin free Zumba classes on Mondays, October 14 - November 18, at 6 p.m. in the gym. We are in the process of finding a yoga instructor for Thursday nights.

### Student Government Association (SGA)

**Brielle Daugherty**, Secretary of Public Relations

**Rapper:** What is SGA?

**Daugherty:** SGA is a student run group that takes advice from and listens to problems of the student body. We also hold events, such as the Fall and Spring Festivals, to get the student body involved and have some fun.

**Rapper:** What kind of a commitment is required for involvement in SGA?

**Daugherty:** We are required to go to a monthly meeting and sit on committees to add a student perspective to them.

**Rapper:** How can students get involved?

**Daugherty:** Students can get involved by attending their fall class meeting.

**Rapper:** When are your meetings?

**Daugherty:** Our meetings are the second Monday of each month, noon – 1 p.m. Our next meeting is October 7 at noon in the CLE boardroom.

**Rapper:** Do you have any upcoming events students can take part in?

**Daugherty:** We are hosting a Fall Festival on October 21, 11:30 a.m. – 2:30 p.m. in the gym! More information to come.

### Student Nurses Association at Mount Carmel (SNAM)

**Allie Krebs**, SNAM president

**Rapper:** What is SNAM?

**Krebs:** SNAM is a great opportunity for students to get involved on a state and national level. It provides opportunities such as scholarships, leadership opportunities and camaraderie.

**Rapper:** What kind of a commitment is required for involvement in SNAM?

**Krebs:** It costs just one dollar to join SNAM, which is a pretty low fee for all the benefits. We have monthly meetings on the fourth Monday of the month, with speakers from all fields of interest. It's a great chance to make connections, meet new friends, and find out about new community service projects going on in the College.

**Rapper:** How can students get involved in SNAM?

**Krebs:** All you have to do is come! You don't have to be a member to attend the meetings, but we highly recommend it because it looks awesome on your resume. Email [dhughes@mccn.edu](mailto:dhughes@mccn.edu) or [akrebs@mccn.edu](mailto:akrebs@mccn.edu) if you are interested and we can inform you of upcoming events.

**Rapper:** When are your meetings?

**Krebs:** We meet on the fourth Monday of every month. Occasionally we have a special meeting day for events, such as touring with MedFlight of Ohio, which will take place during the fourth week of October.

## Thank You to MCCN Student Volunteers for “Spruce Up Sullivant”

From **Sherri Palmer**, Keep Columbus Beautiful Program Manager, City of Columbus:

*“I just wanted to reach out personally to thank Mount Carmel College of Nursing for your support of our efforts to Spruce Up Sullivant. Below is a list of student nurses who signed up to volunteer — I do hope they had a good experience. The last two names notified us a change in their work shift did not allow them to keep their commitment. But their hearts were willing... and that is really what community volunteering is all about.”*

- Sadie Bantner
- Caroline Benson
- Julia Blissenbach
- Ociea Brinson
- Emily Corcoran
- Sarah Demetry
- Caitlin Meyers
- Breanna Roldan
- Amber Rose
- Jill Snyder
- Sarah Steele
- Francesca Bermann
- Paige Hadley

# Ann Schiele Recognized as a 2013 “Legend in Nursing”



**Jeri Boylan Milstead, PhD, RN ('57) and Ann Schiele, PhD, RN, President/Dean, MCCN**

MCCN President/Dean **Ann Schiele, PhD, RN**, was among a dozen individuals honored this year as a “Legend in Nursing” at a ceremony at The Ohio State University Prior Health Sciences Library.

The Local Nursing Legends are chosen for their significant contribution to the nursing profession and the health care of people in central Ohio. Pioneers in their field, these nurses were nominated by members of the central Ohio nursing

community as those who provided exemplary service to this population and whose actions and lives can be seen as legendary.

Based on a national model developed to recognize outstanding physicians, the Local Nursing Legends program is overseen by the Friends of Nursing History Steering Committee of the Medical Heritage Center (MHC) at The Ohio State University. The MHC was established to collect, promote, and preserve the rich health sciences history of central Ohio.

The Friends of Nursing History Steering Committee also guides the MHC’s nursing history efforts, including the acquisition of historical materials and the organization of a lecture held annually. The nurses recognized as Local Nursing Legends are a valuable part of this nursing history.

As President and Dean of Mount Carmel College of Nursing, Dr. Schiele directed the transition of Mount Carmel from a diploma program to a fully-accredited, degree-granting College in 1990. Serving Mount Carmel since 1988, Dr. Schiele is currently the longest sitting president of any college or university in Ohio.

In addition, Dr. Schiele serves as a board member of Maryhaven, Inc., the Central Ohio Workforce Investment Board, The Catholic Foundation, and the Central Ohio Lions Eye Bank. She is a member of the American Association of Colleges of Nursing, the Ohio Council of Deans and Directors, the Association of Independent Colleges and Universities of Ohio, and the American Health Sciences Education Consortium.

Dr. Schiele served on the collaborative team that established the 11,000 square foot Mount Carmel Clinical Skills and Simulation Center, a joint initiative of the College, Mount Carmel Medical Education and the Mount Carmel Medical Staff. She established one of the area’s first nurse-managed nursing centers, the Nursing Center for Family Health, through a partnership with Lower Lights Christian Health Center.

Dr. Schiele received her bachelor’s and master’s degrees in nursing and her PhD in Higher Education Administration from The Ohio State University.

Also honored as a 2013 Legend in Nursing was a Mount Carmel alumna, **Jeri Boylan Milstead, PhD, RN ('57)**. Dr. Milstead is retired Professor and Dean Emerita, University of Toledo College of Nursing, and an internationally known expert in public policy and the politics of healthcare. She currently serves as a member of the MCCN Board of Trustees.

## Affiliated Course Schedule

All courses in the MCCN curriculum are taught at MCCN. The only courses students are permitted to take elsewhere are options for humanities/social science electives. Please contact the Records and Registration Office with questions.

Any student taking a Fall Semester humanities or social science elective at one of our affiliated institutions (Columbus State Community College or The Ohio State University) is required to submit a copy of his/her Fall Semester course schedule to the MCCN Records and Registration Office (Marian Hall, Room 2C01). The deadline for submission was Friday, August 23. ***Students who missed this deadline should submit their schedules immediately.***

This is a requirement for every semester a student takes electives elsewhere. A student who neglects to submit the required schedule by Friday of the first week of any MCCN semester will not be granted credit hours for the course taken outside MCCN, which may impact his/her financial aid calculation.

**IF YOU ARE TAKING AN AFFILIATED COURSE DO NOT IGNORE THE DEADLINES!**

### Freshman Students at Ohio University-Lancaster

All freshmen enrolled in the MCCN-FMC program and taking classes at Ohio University-Lancaster (OU-L) were required to submit their OU-L course schedules to the MCCN Records and Registration Office (Marian Hall, Room 2C01) **no later than Friday, August 23. *Students who missed this deadline should submit their schedules immediately.***

All MCCN-FMC students must submit OU-L course schedules to MCCN Records and Registration every semester they take OU-L classes.

## 2013-14 Student Government Association (SGA) Officers and Representatives

*President*

**Anne Hahn**

*Vice President*

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**Maddie Hostettler**

**Ashley McCord**

**Morgan Shepherd**

**Nicole West**

*Freshman Class Representatives*

**TBA**

*Advisor*

**Colleen Cipriani**

## Founders' Day Celebration 2013



## NEW Uniform Supplier

Roberts Medical Uniforms is the new supplier of MCCN student uniforms. This will be the only company where undergraduate students can order their entire uniforms, both tops and pants. Students will no longer be able to buy only the uniform top and wear a non-uniform pant. It is okay to continue to wear previously purchased uniforms, but going forward from August, students need to order from only Roberts Medical. Graduate students are encouraged to purchase their lab coats from Roberts Medical, but it is not mandatory.

To order your uniforms, visit: [robertsmed.com](http://robertsmed.com) (group login mc13).

# Student Health NEWS



Kathy Walters, MS, RNC, NNP-BC

**Attention all freshmen!** Your completed Student Health Form is due in my office no later than October 1, 2013. For those who turn in their completed form by the deadline, you will have your "mini" First Aid kit in your mailbox when you come back from Fall Break!

Attention all students, faculty, and staff! Mount Carmel College of Nursing, as well as Mount Carmel Health System, has made it mandatory for everyone to receive an annual flu vaccine.

The cost of the vaccine is built into your "general fees" for the college.

If you choose to get your annual flu vaccine at your health care provider's office — you MUST submit a copy of your documentation to me so that I can make sure everyone is vaccinated.

Now is the time to prepare for cold and flu season! Stock your pantry now with canned soups, broths, jello, crackers, juice, etc. Make sure you have a working thermometer, a bottle of Ibuprofen, and perhaps some cough drops on hand as well. Trust me... you won't feel like going to the store if you get sick.

Keep washing those hands, sneezing/coughing into your elbow, and using hand sanitizer when coming and going to class. Remember, there are also disinfectant wipes in each classroom to clean off your desk as well. Be cautious with the wipes—they can be pretty harsh to skin, so make sure to wash your hands well after using them!

Let's keep our campus healthy!

## Kathy Walters MS, RNC, NNP-BC

Assistant Professor/Student Health Nurse

Office: 614-234-5408 Fax: 614-234-5403

kwalters@mccn.edu

**FIRST ALERTED.  
FIRST INFORMED.**

**STORMY WEATHER AHEAD**

**CRISIS PULL**

**THE MCCN COMMUNICATIONS ALERT SYSTEM**

**SIGN-UP TODAY!**

By signing up for our Mount Carmel Communications Alert System you can be alerted and informed in times of crisis, disaster and weather situations.

Faculty, staff and students may self-register for the system by using an on-site MCCN computer. Launch Internet Explorer and enter URL <http://mccnalert.mccn.int> and simply follow the prompts. Be sure to do the self-test that is part of the self-register process to confirm that the registration has taken place.

The alert system messages are TEXT ONLY and can be sent to cell phones, pagers, personal computers or other electronic message devices. There are no limits to the number of devices that can be listed.

You must register in order to be contacted and check the box to agree to assume any charges for alert system messages. Once registered you must update any changes to listed devices, such as new phone numbers.

If you have questions about the new system, please contact Robin Hutchinson-Bell in College Relations at 234-1372 or [rhutchinsonbell@mccn.edu](mailto:rhutchinsonbell@mccn.edu)

**MOUNT CARMEL**  
College of Nursing

## ATI Comprehensive Review for NCLEX Preparation

Students graduating from the pre-licensure nursing program are required to attend an ATI Comprehensive Review for NCLEX Preparation. Students on track to graduate from the pre-licensure program are assessed a \$350 senior year or Second Degree Accelerated Program (SDAP) fee that enrolls them in the ATI Comprehensive NCLEX Review arranged by the College.

The onsite review is offered in February for SDAP graduates and in the last week of the Spring Semester in May for graduating seniors. The onsite format consists of a three-day comprehensive in-class review.

October, December and March graduates are offered an onsite review session if there are a minimum of 25 students in attendance. If there are fewer than 25 students, graduates will enroll in the comprehensive review in a self-paced online format with an individually assigned ATI course instructor. SDAP students will receive information from the Program Coordinator about the ATI review session.

### 2013-2014 dates for the ATI Comprehensive Review for NCLEX Preparation are:

- ▶ **Second Degree Accelerated Program**  
February 10-12, 2014  
8:30 a.m. – 4:30 p.m.
- ▶ **May 2014 Graduates**  
May 6-8, 2014  
8:30 a.m. – 4:30 p.m.

## Impressions of Nicaragua

from MCCN student **Shelby Langenkamp**

I wrote this on the flight home about a story that really stands out to me and why:

*"I think the one thing that really struck me was hearing from the woman who received the house from Amigos. [Amigos for Christ is a nonprofit organization working in Nicaragua.] Her faith just astounded me and she credited it all to God. She was so thankful for us being there. I also thought it was so wonderful hearing how a house like that comes about. One of their neighbors takes them and their families in to live with them for however long it takes. And everyone pitches in to help them raise the money for their portion (around \$600). They have very little to start with and they give everything they can. And instead of being jealous, they are so glad for their neighbor. I about started crying when she was talking to us. And seeing just how much their lives were changed with this house."*

A new opinion I now have:

*"These people are so loving and kind and work harder than anyone I've ever met. They work hard every day just to have the few things that they do. And they are so appreciative. They are also the most faith-filled people I have ever met. They pray and pray because they know that God answers prayers."*

## Participants in May 2013 Nicaragua Mission Trip

### Students

Katherine Anderson  
Katherine Friesz  
Paige Hadley  
Shelby Langenkamp  
Ann Mangino, RN (master's student)  
Alisan Miller  
Mollie Obert  
Abigail Porter  
Stephanie Rienschild  
Deven Riley  
Hailey Ropp  
Olivia Sapia

### Trip Leaders

*Faculty:*

Mary Gregg, MS, RN, CNM  
Kellie Greene, MSN, RN

*MCCN class of 2012:*

Brittany Unthank, RN

## Mission to Nicaragua Inspires



Members of the May 2013 Nicaragua Mission who presented at a recent Lunch & Learn about lessons learned on the trip, including eye health, maternal-child health, pediatric respiratory health, and the impact of clean water on health care. From l-r: **Hailey Ropp, Olivia Sapia, Katie Anderson, Stephanie Rienschild, Alisan Miller, Shelby Langenkamp, Deven Riley, Abbie Porter, Mollie Obert, Katie Friesz, and Ann Mangino. Front: Kellie Greene and Mary Gregg. Not pictured: Paige Hadley and Brittany Unthank, RN.**

"This was a terrific group. Their work ethic just shone through. I am really proud of them and of their accomplishments," said Assistant Professor and trip leader, **Mary Gregg**, of the May 2013 mission trip participants.

Gregg described how the 12 students and three co-leaders (Gregg plus Instructor **Kellie Greene** and recent MCCN graduate, **Brittany Unthank**, who participated in the same mission trip as a senior in 2012) dealt with the unique challenge of beginning the mission by digging trenches, carrying gravel, and laying pipes for a clean water project to bring indoor plumbing to the residents' homes for the first time.

"This was brutally hard work in very intense heat. Here in the U.S., bulldozers would be doing this job," recalled Gregg. "Our students showed they were up for whatever the mission asked of them."

The MCCN group stayed at the Amigos for Christ Mission and assisted their staff. Following the work on the fresh water project, for three days the group assisted the international group OneSight (a humanitarian branch of LensCrafters/Sears Optical/Target Optical) as they examined and fitted about 2,500 people with new eyeglasses and sunglasses.

"The trip stretches students and is eye-opening in so many ways," said Gregg. She mentioned how students learned about the importance of clean water to health, about the tough working conditions for health care professionals in other parts of the world, about patient care, about how it feels to be in the minority and to need interpreters to communicate.

"It's not that they were insensitive to these factors before, but experiencing these realities intensifies the impact," Gregg added. "As future nurses, they will have more empathy for non-English-speaking patients because of this experience."

For pleasure, the group climbed a volcano, visited a school and played soccer with the kids, shopped in town, went to the Pacific Ocean beach, and each evening had fellowship with the Amigos staff.

"We were all moved by the people of Nicaragua who were so open, loving, and gracious. They displayed much gratitude to our team and to God," Gregg concluded.

# Scenes from the Nicaragua Mission Trip



## Scenes from the Nicaragua Mission Trip *cont'd*



## Attention Students! Mission Trip Opportunity Location Nicaragua!

### Write an Essay

Each student is required to write an essay to be considered for one of the Nicaraguan trips. The essay should be submitted to **Kathy Espy** in her mailbox at the reception desk, brought to her office, Room 315, or emailed to [kespy@mccn.edu](mailto:kespy@mccn.edu).

### There are two trips:

Trip #1 leaves right after graduation — approximately May 10-17. Trip #2 is scheduled for May 24-31.

Make note in your essay of your first and second choice of trip or make note if you have no preference.

- ▶ Your essay may be as long as you like — whatever you need to communicate your message. Usually essays are one to three pages. Type using Times New Roman, 12 point font, double space.
- ▶ If you have already applied using one essay and you were not selected, you can use the same essay again.

**DEADLINE FOR SUBMISSION OF THE ESSAY FOR BOTH TRIPS IS ON OR BEFORE FRIDAY, NOVEMBER 1, 2013, TO KATHY ESPY. QUESTIONS, CALL 234-5276 OR EMAIL [KESPY@MCCN.EDU](mailto:KESPY@MCCN.EDU).**

### Additional Information:

- ▶ The cost of the trip will vary until definite plans are in place — depending on the airfare and the fee charged for participation. Don't hesitate to apply because of the cost — we plan to keep it reasonable and you can make payments.
- ▶ The cost will not include personal items you may want to buy, plus souvenirs and additional meals. Also not included is the cost of your passport — about \$80-100 (passport application can take up to six weeks). If you already have a passport, check the date. It cannot expire within six months of the trip; if it does, the passport won't be accepted, so you will have to get a new one.
- ▶ You may count this mission as a two-hour seminar or as community service if you need the hours. Keep in mind that if you use it for community service, you will need to pay a separate fee for the course tuition.

If you are selected you will need to pay a deposit of \$200 shortly after you are notified, so begin to budget now.

- ▶ This trip offers an experiences of nursing in pre- and post-surgical and OB/GYN settings, clinics, an orphanage and other sites. You may be required to get an injection also.

Looking forward to hearing from many of you!

### **Kathy Espy**

Director, Diversity and Community Initiatives

# Money Matter\$

## Notes from Alyncia:

### Disbursement of Financial Aid

We processed financial aid for the Fall Semester. All financial aid was applied to your account by September 20, 2013. Refund checks will be issued after your tuition balance is paid. Aid is disbursed in the following manner — grants and scholarships, Direct Stafford loans, private loans and PLUS loans. Please refer to CARMELink to see when your money has been applied to your account. Go to the Business Office tab to review your billing statement.

If you have not received your financial aid, please check to make certain you have returned your signed award letter, completed the entrance counseling and master promissory note.

### CARMELink

CARMELink should be your first step in checking for financial aid, billing matters and refunds. Most of your answers can be addressed by going there first.

### Private Loans

The arena of financial aid has been impacted by the current lending climate. This means that some of the lenders you may have used in the past no longer provide private loans. This also means that it will take two to three weeks to process a private loan. If you apply for a private loan you will need to follow up with the lenders' requests for you to sign their disclosure statements. Loans are not forwarded to the school for certification until you have signed all of the necessary paperwork.

If you would like to apply for a private loan, please go to [mccn.edu](http://mccn.edu) > Tuition and Financial Aid > Links > FAST ALT Solutions (Fast Choice - Private/Alternate Loan application). You will find a list of lenders other students have used. You can also go to the bank or lender of your choice to secure a private loan.

### Updating Your FAFSA

Please remember that the FAFSA is an application. Whenever you modify the FAFSA, you re-submit your application for federal student aid. Whenever the financial aid office receives a modified FAFSA we are obligated to review it for changes. This sometimes means that the student is selected for verification due to a modified FAFSA. If you have received your award letter and you make an adjustment to the FAFSA, and your adjustment is selected for verification, your financial aid will be placed on hold until you complete the verification process. Please be cognizant of the impact of changing your application.

If you have received your award letter, there should not be a reason for you to update your FAFSA.

### Alyncia Bowen, PhD, MSA

Director of Financial Aid  
[abowen@mccn.edu](mailto:abowen@mccn.edu)

  
MOUNT CARMEL  
College of Nursing

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# Jeremy Daugherty '95 Honored by Ohio Hospital Association



Pictured above: Mount Carmel Director of Surgical Services **Betty Jo Rocchio**, MCE President & COO **Brinsley Lewis**, MCE Nurse Manager for Surgery and Health Care Worker of the Year Finalist **Jeremy Daugherty**, and MCE Chief Nursing Officer **Catherine Luchsinger**.

The Ohio Hospital Association named MCCN alumnus **Jeremy Daugherty, RN, BSN**, Nurse Manager for Surgery at Mount Carmel East (MCE), as a finalist for the Albert E. Dyckes Health Care Worker of the Year Award.

The statewide award honors a hospital employee who demonstrates leadership, reflects the values and ideals of Ohio's health care facilities, goes above and beyond, gives back to the community and has overcome odds to succeed.

"I was overwhelmed and flattered to be nominated for this award," said Daugherty, who works every day to lead by example, personifying the role of a true servant leader.

Educated at Mount Carmel College of Nursing with his entire professional career spent at Mount Carmel, Daugherty embodies our mission and core values. Our mission is reflected in every decision Daugherty makes in the best interest of the patient, in his efforts to lead by example, in his empathy with staff, and in the high level of service he provides to patients, physicians and staff — within surgery and throughout the hospital. Daugherty demonstrates a high degree of compassion and respect for others and empathizes with the patient's point of view.

"This is my second family; I've worked here half my life," said Daugherty. "To think of working somewhere else doesn't enter my mind."

Daugherty also serves as the Lifeline of Ohio Organ Procurement (LOOP) liaison for MCE. Thanks to his strong efforts, MCE won the Silver Medal of Honor three times from the U.S. Department of Health and Human Services' Health Resources and Services Administration for achieving and sustaining national goals for organ donation.

In addition to his professional accomplishments, Daugherty overcame incredible odds in his personal life — surviving two brain tumors. He had surgery twice in his own department by surgeons and staff he works with every day. After his second surgery, Daugherty had a longer recovery because he had to learn to walk again and to have his car altered so he could drive. This experience fueled his passion for the patient perspective.

Congratulations to MCCN alumnus **Jeremy Daugherty** on this recognition!

# Congratulations!

## SNAM News

Student Nurses Association of Mount Carmel (SNAM) is a pre-professional organization dedicated to providing students with opportunities to grow their knowledge about the nursing profession, gain leadership skills, achieve professional nursing roles, and give back to their community. It is the local chapter of the National Student Nurses Association (NSNA) and Ohio Nursing Students Association (ONSA).

**SNAM will meet in the fourth week of October for a field trip to MedFlight of Ohio! Date and time TBA.**

### SNAM 2013-14 Officers

*President:* **Alyssa Krebs**

*Vice President:* **Britny Fox**

*Secretary:* **Katie Holland**

*Treasurer:* **Renee Dicke**

*Break Through To Nursing:* **Tina Marie Cerra**

*Community Director:* **Anne Turville**

*Membership:* **Stephanie Rienschild**

## FREE Zumba classes!

**Mondays, October 14 - November 18  
6 p.m. in the Gym**

For more info or to register, contact  
**Colleen Cipriani** at [ccipriani@mccn.edu](mailto:ccipriani@mccn.edu)

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or [rhutchinsonbell@mccn.edu](mailto:rhutchinsonbell@mccn.edu).