When you first walk into the mid-level of Fairfield Medical Center (FMC), it looks like any other hospital might. But walk a bit further and you will find something special… the Mount Carmel College of Nursing at FMC.

Established in 2008, MCCN-FMC offers a Mount Carmel education to students in Lancaster, which is approximately an hour away from the main Columbus campus. Students take general education classes at Ohio University-Lancaster for their first year, and begin taking classes at FMC their sophomore year.

“Our campus offers a calm, clean and friendly environment for students,” said Diedre Smith, MSN, RN, program coordinator of MCCN-FMC. “If anyone ever has an issue or a question, they can always come to me or any of my colleagues.”
Each class at FMC can hold a maximum of 24 students. This capacity is close to being reached, with 85 students currently enrolled at the campus and OU-Lancaster.

“The smaller class size allows me to get to know my students better,” said Beth Medaugh, MSN, RN, an instructor for junior and senior level courses. “I love watching students grow in their knowledge base and confidence throughout the two years I have them in class.”

The campus is housed on one floor of Fairfield Medical Center. There are four classrooms, aptly named Alpha, Beta, Delta and Gamma. Delta, the digital classroom, is the newest classroom to open. It holds 25 laptops, which Smith said will enable instructors to have all classroom testing take place electronically.

Other features include the skills lab, medical library, and the FMC simulation center, which has two labs located in proximity to MCCN classrooms.

“I work with MCCN students throughout their entire college career,” said Kim Anderson, MSN, RN, NE-BC, clinical education coordinator for FMC. “Having simulation incorporated into the curriculum really helps students prepare for patient interaction.”

Students at the FMC campus feel a close bond with their teachers and with each other. There is a student lounge where all important announcements are placed on bulletin boards, and it gives students a chance to relax with one another on breaks. There is a student advisory committee, as well as SNAM at FMC.

Andrew Yost, a second year student at MCCN-FMC, has already received a bachelor’s degree in exercise science. He worked for eight months and decided he wanted to return to school.

“I always thought about nursing, but by the time I wanted to change, I didn’t because it would have added another year and a half to my time at Miami [University],” Yost said. The FMC campus allows more students to benefit from a Mount Carmel education, giving them the potential to become the next generation of nurses.

“If you think about it, as a nurse you can say in your job you have saved multiple lives, which is really exciting,” said Yost.

Article written by Lauren Bruce, Communications Intern
Dr. Loscko Initiates Innovative Program with McGraw Hill

Caleb Zwiebel (left) and Yahya Musa (right) enjoy building their Anatomy and Physiology muscle with LearnSmart cloud-based technology thanks to a pilot project initiated by Kimberly Loscko, DVM, BS.

To stay current with the latest nursing education techniques, it’s important to embrace new learning technologies, too. When Anatomy and Physiology Professor Kimberly Loscko, DVM, BS, noticed that the publisher of her textbook, McGraw-Hill, had made their courseware cloud-based, she jumped at the chance to incorporate the system for students, even though most had already purchased or rented their textbooks for the semester.

With cloud-based technology, which is information shared over a network of servers on the internet, Loscko knew that students would be able to use the courseware across devices – their laptops, smart phones, e-readers or tablets. These are all devices and platforms that Millennial generation students are comfortable with. “It’s important to bring the information to them in a way that speaks their language,” Loscko said. “Using the courseware is helping students transition to e-books in a supportive atmosphere where they’re able to access their traditional texts but also use the e-book as needed when completing assignments on LearnSmart.”

Since most students already had obtained a hard copy of the textbook, Loscko approached McGraw-Hill to see if they would be willing to provide the courseware for free to 100 students for the second semester and the summer as a pilot project. The courseware, called Connect, not only includes an electronic version of the textbook, but also LearnSmart interactive flash cards and virtual dissection software as well. Loscko also can assign interactive homework through LearnSmart. Although Loscko used the virtual dissection program in class, she did not pursue the courseware package on behalf of students previously because it had been on a series of disks.

The courseware is NOT intended to replace lectures, study groups or wet labs. Instead, it engages students through aspects of gaming and time management to stay on top of their studies to remain current with coursework. Not only does the program track which flashcards the students get right, it remembers the ones they get wrong and shows them again in the next session, which the student can re-join from any device. If the student starts flashcards on a laptop, then logs in via the smart phone app, the program will remember their place in the material. The flashcards also “keep score” of the number of correct answers, and students can compare their point total to others in their class, encouraging them to get more correct answers. If a student wants more background on a flashcard question, they can click a button and the electronic textbook pops up to the relevant chapter in the electronic textbook so they can review the information before answering. The students also can rank how confident they are of each flashcard answer, allowing them to build confidence in the material. The program also tells them, based on their interaction with the program, how long they will need to study that day to stay current with the coursework. Through a “tree of knowledge” graphic, a student can see their progress as they learn more of the material, with virtual leaves growing on the tree as they learn.

The courseware isn’t just an enhancement for students; Loscko said that instructors can tailor the program to their individual classes and customize the software for...
students who have different learning capabilities. The software also has special features for students who use English as a second language to help them properly pronounce terms.

This trial project has enabled Loscko to see which of her students are comfortable with various types of technology. With the help of Sherry Hull, MS, RN, Learning Management System Coordinator, Loscko spent 20 hours getting students signed up, logged in with the program and downloading the app to their respective smart phones. “We learned a lot about our students. Everyone came in at one time and we learned who had what technology,” Loscko said.

After one week of using the courseware, 15 students already had emailed Loscko saying how much they liked the program, how it kept them engaged and on track. Many liked that they could use it on their smart phones during downtimes between classes or at work.

“I personally use the LearnSmart program to enhance my learning skills in her class. So far it’s been really useful. I like the fact that I could look in her class notes, study it, then go back on the LearnSmart program use it as an overview, and learn new material I hadn’t learned in class. There is special material that has enhanced my classroom/lab experience. Thanks to the LearnSmart program and especially Dr. Loscko, my memorization of the muscles, bones, and the Central Nervous System has increased dramatically,” said Yahya Musa, a student in Loscko’s class.

Fellow student Caleb Zwiebel added, “Let’s be honest, no one likes to study but using LearnSmart is an enjoyable way to study and also compete with all of your friends. LearnSmart is user friendly and easily compatible with any of your devices. You can access your book on your smartphone or iPad just about anywhere you go, from visiting your grandparents’ house over the weekend to flying on a plane for vacation. The flash cards are pre-made, which is handy because making those are time consuming and very frustrating. LearnSmart has increased my studies in Anatomy and Physiology because it is straightforward, entertaining and can be accessed just about anywhere.”

McGraw-Hill is not the only publisher with this type of courseware. Some of their competitors have something similar and other College faculty are using flashcard programs as well. McGraw-Hill agreed to participate in this program in hopes that the College will encourage students to buy the courseware in place of more expensive hard copy textbooks.

Loscko will evaluate the program at the end of the trial period based on student feedback as well as statistics showing how much time students spent on the software, determining if it increased study time in correlation to better grades. She anticipates that study time will increase because of the convenience of smart phone apps.

With positive student feedback and results, Loscko hopes she can roll out the courseware on an ongoing basis, enabling students to ride the wave of the future in learning.
When working in the clinical environment, you never know where your student nursing will take you. Bailey Calvelage, a junior, was looking in on a 93-year-old patient who had had hip surgery when the patient’s daughter pointed out to her that one of her mother’s feet was cooler to the touch than the other and wanted to know if that was normal. When Calvelage felt the patient’s feet, not only did she notice the temperature difference, but she noticed that the feet pulses were weak also. She then brought these concerns to the attention of her instructor, Janet Sheppard, MSN, RN.

“We tried a few measures to make sure it wasn't just a temperature circulation issue. We assessed her feet pulses with a Doppler and could not locate them. We reported this to the patient’s nurse, who also couldn’t locate the feet pulses with the Doppler. A second nurse couldn’t find the pulses either, so the patient's nurse called the physician and reported the findings,” said Calvelage.

When she returned to the unit the next day, Calvelage learned that the patient had been diagnosed with a dangerous blood clot behind her knee! Because of Calvelage’s quick thinking, the patient underwent further examination and treatment, which included an angiogram and a stent. Calvelage was invited to observe these procedures as well.

“All teachers and clinical instructors at Mount Carmel have taught us to trust our assessment skills. If something is abnormal we should report it right away. If we are unsure about anything we should let them know and check it out together. My previous instructor, Bonnie Moses, MS, RN, always said “There is no such thing as a weak pulse — Doppler it,”” said Calvelage.

Her current instructor Janet Sheppard agreed. “I tell my students every week, trust what you find in your assessment; if unsure let me know and we will check it out together. Student nurses make a difference!”

When asked what advice she would give to other student nurses in their clinicals, Calvelage said, “Listen to the patient and their family. They know themselves and their family member better than you do. Reason your way through things. Go with your gut and trust your assessment skills. If you have any questions and feel like something isn’t right, don’t be afraid to ask your instructor. There is no such thing as a stupid question,” she said.
Rho Omicron Chapter of Sigma Theta Tau International Hosts Founders’ Day

On October 24, the Rho Omicron chapter of Sigma Theta Tau International (STTI) enjoyed an evening of learning and networking with peers as they hosted, along with the Central Ohio Consortium, the Founders’ Day event at Mount Carmel College of Nursing.

Founders’ Day is an evening event that features presentations relating to the STTI values of leadership, scholarship, and service to improve world health through knowledge. The keynote speaker for Founders’ Day was Ilene Lattimer RN, OCN, CCRN. Her dynamic presentation focused on Lynch Syndrome: Hereditary Colon Cancer, Genetics & Research. The evening proved to be a great celebration that held true to the values of STTI. All in attendance walked away with valuable and personal knowledge. The program stressed the importance of knowing one’s history, heredity, genetic make-up and health information for preventative care. Attendees remarked that the evening was excellent, noting that the speaker provided helpful, thought provoking information they will integrate into their courses and lectures. They also enjoyed the food and the event’s location within MCCN.

Founders’ Day is hosted by one of the chapter members of the Central Ohio Consortium, which is comprised of the Rho Omicron Chapter at MCCN; Epsilon Chapter at The Ohio State University; Theta Theta Chapter at Capital University; Kappa Lambda Chapter at Otterbein University; and Phi Pi Chapter at Chamberlain College of Nursing.
Tara Spalla, PhD, RN, Presents Study at Sigma Theta Tau Convention

Last month, Tara Spalla, PhD, RN, Associate Dean, Distance Education, was chosen to present her study at the Sigma Theta Tau International (STTI) 42nd Biennial Convention in Indianapolis. The study, “Intercultural Web-Conferencing to Increase Cultural Competence of Nursing Students,” was done with the support of MCCN President and Dean Ann Schiele, PhD, RN, and in conjunction with Donal O’Mathuna, PhD, at Dublin City University (DCU) in Ireland as well as fellow MCCN faculty and staff Laura Patch, MTS, MLIS, instructor and campus ministry coordinator; Therese Snively, PhD, RN, Associate Professor, Online Learning; as well as MCCN Systems Administrator Tim Tabol and Educational Technology Specialist and Webmaster Matt Daldoss.

“I conducted web-conferencing between two groups of faculty and their respective students, each in a survey religion course. One group was here at Mount Carmel. The other group was from Dublin City University,” said Spalla. The study investigated whether connecting in a virtual classroom with other students and faculty across the globe could improve cultural competence.

There were two web conference sessions with each school taking a turn to host. MCCN hosted the first session, featuring Patch discussing Native American Spirituality, with the class from Ireland connected via Google Voice and video chat. DCU hosted the second web conference, featuring O’Mathuna discussing Celtic Spirituality, with MCCN connected via Google Voice and video chat.

“The results indicated that the control group receiving the same content through traditional lecture format made no change in cultural competence as measured by the Inventory for Assessing the Process of Cultural Competence among Health Care Professional – Student Version,” said Spalla. “In contrast, the group who participated in web conferencing with culturally diverse peers demonstrated a 9% improvement in cultural competence scores,” she said.

In focus groups related to the study, students who participated in web conferencing stated that the experience helped them to recognize stereotyping and the importance of being open minded. They also expressed that they appreciated this experiential learning strategy because it helped them to understand another culture better than reading about it in a textbook.

The study, which Spalla previously presented at the Midwest Nursing Research Society 2013 conference, and O’Mathuna presented at the Spirituality Conference in Dublin, Ireland this past summer, was selected for the STTI convention by blind peer review. Spalla said she received many enthusiastic questions from the audience as well as many requests for her business card as a result of the presentation.

Next year, a comparison of data Spalla and O’Mathuna collected in regard to the U.S. students compared to participating students in Ireland will be presented at the 2014 Midwest Nursing Research Society Conference.

Rho Omicron Announces New Board Members

New 2013-2014 Rho Omicron Board Members — front row (l-r): Tricia Whitney, MSN, RN, Leadership Succession; Frieda Gill MS, RN, CCRN, Publicity Co-Chair; Rachel Choudhury, MSN, RN, CNE, OCN, Secretary; and Erin Dougherty, MSN, PNP, Vice President. Back row (l-r): Kathy Walters, MS, RNC, NNP-BC, Chair Governance; Becky Peyton, MSN, RN, Publicity Co-Chair; Mary Nibert, MBA, MN, RN, CEN, Governance; Bonnie Moses, MS, RN, Treasurer; Ann Waterman, PhD, RN, Governance; and Therese Snively, PhD, RN, President.

Upcoming Rho Omicron General Membership Meeting

When: January 2014 at Noon
Where: In MCCN gym
Guest Speaker: To be announced
Topic: To be announced
More details to follow.

Book drive for Twin Valley:
WANTED — Please bring gently used books, games, and movies to the general meeting to donate to Twin Valley (items must be language and content appropriate). Thanks!
Community Service

Social Responsibility is one of the "Core Values" contained in the mission of Mount Carmel College of Nursing. In accordance with the College’s Mission and Catholic Identity, the Community Service requirement for nursing students includes the application of one’s skills and time to meet identified community needs of vulnerable and at-risk populations (e.g., children, elderly, homeless, poor and underserved, and organizations that support these populations).

This activity leads to learning and development through active participation in thoughtfully organized service that:

➤ is conducted in and meets the needs of the community
➤ involves reflection and analysis of the experience
➤ promotes the development of leadership skills, citizen skills and social responsibility

Pre-licensure students are required to complete 20 clock hours of community service prior to the beginning of the last semester of enrollment. RNs enrolled in the BSN Completion Program and Second Degree Accelerated Program (SDAP) students must satisfactorily complete 10 clock hours.

Pre-licensure students who do not meet the deadline will be required to complete an additional 10 clock hours (for a total of 30 hours) in order to meet the graduation requirement. RN-BSN and SDAP students who do not meet the deadline will be required to complete an additional 5 clock hours (for a total of 15 hours) in order to meet the graduation requirement.

Any student who does not meet the requirement by the policy deadline may participate in Commencement activities but will not receive a diploma or be eligible for NCLEX-RN testing until this requirement is met.

Additional details regarding the Community Service Learning Program can be found in the Student Handbook.

Assistant Professor Shirley Cooley Receives PhD

Congratulations to Assistant Professor Shirley Cooley for receiving her PhD in Nursing Education from Capella University! The now-Doctor Cooley earned her degree upon completion of her dissertation entitled "The Lived Experience of Novice Nursing Faculty in Academia."

As someone who is encouraging students to broaden their knowledge, Dr. Cooley believes in modeling that behavior to provide the best nursing education possible.

“The work of nursing education is a vitally important practice role that requires immense knowledge and skill to achieve quality excellence in the practice of preparing the current and future professional nurse workforce. It is also very important for students to have faculty who are dedicated to being the best in the specialty practice of nursing education,” said Dr. Cooley.

“The faculty at Mount Carmel College of Nursing is highly committed to preparing graduate nurses of the highest quality; I am privileged to be a member this academic community. I owe deference to God first who has enabled me to accomplish this important goal. I also realize that with this accomplishment there is much work ahead to meet the obligation and responsibility of preparing professional nurses who are excellent in their practice,” she said.
Eighteen students, faculty and guests accompanied SNAM to MedFlight on October 28 to get a presentation of their air and ground critical care transportation operations and tour the facility in Dublin. The group included students from both the Columbus and FMC campuses. The tour was facilitated through Tara Beebout, a Mount Carmel alumna, and her husband James. Each attendee was given a pair of trauma scissors and other small items by the MedFlight staff.

Student Nurses Association of Mount Carmel (SNAM) is a pre-professional organization dedicated to providing students with opportunities to grow their knowledge about the nursing profession, gain leadership skills, achieve professional nursing roles, and give back to their community. It is the local chapter of the National Student Nurses Association (NSNA) and Ohio Nursing Students Association (ONSA).

SNAM 2013-14 Officers

President: Alyssa Krebs
Vice President: Britny Fox
Secretary: Katie Holland
Treasurer: Renee Dicke
Break Through To Nursing: Tina Marie Cerra
Community Director: Anne Turville
Membership: Stephanie Rienschiend

2013-14 Student Government Association (SGA) Officers and Representatives

President
Anne Hahn
Vice President
Stephanie Rienschiend
Treasurer
Will Taylor
Recording Secretary
Katie Cline
Secretary of Public Relations 1
Brielle Daugherty
Secretary of Public Relations 2
Dane Swartzentruber
Senior Class Representatives
Devon Baldwin
Ebonee Caldwell
Brett Teiga
Junior Class Representatives
Katie Bradley
Sarah Brantley-Garey
Whitney Eal
Jenna Grunden
Savannah Whitten
Sophomore Class Representatives
Claire Allman
Maddie Hostettler
Sarah Keller
Ashley McCord
Morgan Shepherd
Nicole West
Freshman Class Representatives
TBA

FMC Representatives
Juniors: Alexis Brown and Megan Robinson
Advisor
Colleen Cipriani
This month, Mount Carmel College of Nursing says goodbye to Sherry Hull, MS, RN, Learning Management System Coordinator, after 35 years. Hull had a quite a journey to nursing and to MCCN.

“I actually entered nursing as a second choice of a profession. When I graduated from high school in 1969, I wanted to be a veterinarian and have an equine (horse) practice. My mother, in her practical wisdom, gave me the following advice. ‘Honey, you can do anything you want to do but you will need to consider two things: 1) The old farmers will probably not trust a woman vet and 2) you would have to stand on a chair to palpate a horse.’ So nursing was actually my second choice but it turned out to be the best choice for me,” she said.

Hull first came to MCCN in 1978 to interview for a different job. She arrived at what was then the Mount Carmel Medical Center campus to meet about a staff development position and walked right past the then-School of Nursing. Curious, Hull walked in and asked the receptionist, Lois Stevens, if she knew what the qualifications were to be an instructor at the school. Stevens said she did not know but referred her to now-president Ann Schiele, PhD, RN, who she met later that day, then interviewed with Eleanor Wilson, MSN, RN, then-president of the school, the next week. She started soon afterward.

Her expertise at that time was infant intensive care and her first position at the school was to cover for an instructor who was on maternity leave. Her clinical unit was the NICU at Children's Hospital. “I fell in love with teaching and the school, and was very disappointed when the instructor returned from maternity leave and resumed her position,” Hull said.

Her office mate at the time mentioned that there was a position open in the psychiatric nursing course that might interest her. Hull had never worked in a psychiatric unit before and was hesitant to interview for the position. She loved teaching, the school and students, so she went ahead and applied. She began teaching the psychiatric nursing course and never looked back. She stayed in that role for 18 years.

Over the course of her career, Hull became interested in the use of computers in nursing education and soon found herself as the “go-to person” for help with computer issues and for suggestions for incorporating technology in the educational setting. In 1995, she transitioned to a position where she spearheaded academic support services for students and assisted faculty with using technology in the classroom. In 2002, in conjunction with another faculty member, she developed and taught an Online RN Refresher Course, with the goal of assisting RNs that have been out of practice return to the active workforce. This course continued until this past February and assisted approximately 270 RNs to return to active nursing practice. Hull considers this course her proudest achievement, and she earned several awards for it, including:

➤ Award for Excellence in Nursing Education — presented by the Rho Omicron Chapter of Sigma Theta Tau Honor Society of Nursing (Mount Carmel's Chapter)

➤ Pinnacle Award — Recognizing the Best in Nursing — Computer-Based Professional Education Technology Award — Presented by Sigma Theta Tau Honor Society of Nursing

➤ Ohio League for Nursing — Innovations in Nursing Award for contribution to the emerging frontier in health care and to the nursing needs of the people of Ohio

Hull has been the Learning Management System Coordinator for the past six years. In that role, she teaches faculty how to use the learning management system, CARMELink, to place courses or pieces of courses in an online environment, develops tutorials and troubleshoots issues with CARMELink for faculty and students.

After retiring from MCCN, Hull and her husband, who is also retiring, plan to do all the things they haven’t had time to do like visiting the Franklin Park Conservatory and The Wilds. Hull also plans to explore her interest in photography.

“I want to thank Dr. Ann Schiele for the opportunity to be a member of the College family. This was not just a job, it was truly like being in a huge extended family. I am so thankful that I walked by the School of Nursing 35 years ago and stopped to ask about a job,” she said.
CHE Trinity Health Names New President and CEO

The Board of Directors for Mount Carmel’s parent organization, CHE Trinity Health, appointed Richard J. “Rick” Gilfillan, MD, the former director of the federal Center for Medicare and Medicaid Innovation (CMMI), to be the system’s new president and chief executive officer, effective November 18.

Among the many strong candidates, Rick stood out because of his leadership in health care, track record for innovation and shared commitment to our mission. He also has deep knowledge of the finance, management and delivery of healthcare.

His career highlights include:

➤ As CMMI’s first director, he launched innovative models for improving patient care and reducing costs including the first Medicare accountable care organizations, bundled payments for care improvement and comprehensive primary care models.

➤ As chief executive at Geisinger Health Plan, he led the design of new payment systems and medical care initiatives that increased the quality of patient care.

➤ Gilfillan has also served as senior vice president for national network management of Coventry Health Care and chief medical officer at Independence Blue Cross.

➤ Gilfillan began his career as a family medicine physician practicing in underserved communities in rural Massachusetts and Trenton, New Jersey.

➤ He earned undergraduate and medical degrees from Georgetown University and an MBA from the Wharton School of the University of Pennsylvania.

On a personal note, Rick was born in Pawtucket, Rhode Island. He is married to Carmen Caneda and has three daughters, one son and three grandchildren. He enjoys playing the guitar, golfing, sailing and reading. His favorite movie and book are The Godfather and Middlemarch.

"Rick was a keynote speaker at the CHE Trinity Health Advocacy Day last year, and I was impressed with his insight, candor and willingness to listen," said Mount Carmel Health System President and CEO Claus von Zychlin. "In the midst of a transforming industry, Rick brings a national presence and broad perspective that will help the system engage in new opportunities, tackle new challenges and continue to fulfill our mission. We will invite Rick to visit Mount Carmel within the next few months. Until then, please join me in welcoming Rick to the system," he said.
Avondale Holiday Gift Project:
Brighten the Holidays for Local School Children in Need

Once again, MCCN will provide holiday gifts for children at nearby Avondale Elementary. Many of the children who attend Avondale come from low income homes and the gifts they receive through this program may be the only gifts they receive this holiday season. You can help by providing a requested gift for one of the children this year and make their holidays a little brighter.

Here’s how it works:

➤ MCCN will receive a list of requested gifts from Avondale for children participating in the program

➤ A child’s name and their requested gift(s) will be placed on a paper ornament, which will be hung on a Christmas tree in the main lobby

➤ Students, faculty and staff are encouraged to take an ornament and buy gifts for the student as listed. Please note on the form provided next to the tree which ornament (child/gift) you have selected.

➤ All gifts should be returned UNWRAPPED by December 11

➤ A gift wrapping party will be held December 12 to sort and wrap all the gifts provided for children

➤ Volunteers are needed to help deliver the gifts to Avondale Elementary for their holiday party, scheduled for December 20. Interested students should meet at 9:30 a.m. to depart for Avondale.

Special thanks to Student Life Work Study Student Brooke Buckley for creating and handwriting each and every one of the 347 ornaments and also to students Kali Pace, Kailey Rutherford, Nicole West, Katie Cline and Ashley McCord for cutting them out.

For more information, please contact Dr. Ellen O’Shaughnessy, Director of Campus Ministry, at eoshaughnessy@mccn.edu or 614.234.3486. Thank you for helping less fortunate children in our community this holiday season.

Join the Alumni Association for
FREE Finals Breakfast!

If you are tired of stress eating during finals week and long for a good meal, come to the Mount Carmel Alumni Association’s Finals Breakfast on December 16-19, 2013, from 8 to 11 a.m. We alumni remember what finals week was like and want to help! We will have yogurt, donuts, bagels with cream cheese or peanut butter, fruit, milk, and juice. Come to the lower level rec room for breakfast, encouragement and a calm environment!
The Fitness and Nutrition Club (FAN) is a community partnership which helps to meet the needs of children in grades 3 through 5 at Avondale Elementary School by offering an after school program focused on fitness training and nutrition education. According to Toni Chops, MS, RN, CNE, Faculty Advisor for the program, the FAN Club is a partnership between Mount Carmel College of Nursing, Nationwide Children's Hospital (NCH), and Columbus Public Schools. This is the fifth year that a grant has been awarded to the College. Jan Burkey, Director of Development, facilitates the grant process associated with the program. She explained that funding for this year was received from The Columbus Youth Foundation, and the Mount Carmel Foundation provided matching funds to ensure there are adequate resources for the program.

Melissa Neiderhiser, BA, is the Program Coordinator. She has been instrumental in offering events for the children as well as the families so that the entire family unit can learn about proper nutrition and fitness. She has seen growth in the number of children participating in the program and reports that some children who have advanced to a middle school return to share fond memories from the program.

Two students from the College work as Program Assistants. This is the second year for Ashley McCord to work with the program. She explains that “being involved with the FAN Club has really impacted the kids. Whenever I show up, I always receive armfuls of hugs. Being with the young children, I never know what to expect. This prepares me for my future career as a nurse by putting myself in their shoes and really trying to relate to them.” Ashley shares information working in her role. “I love working with the FAN Club because I get to see the same kids every week and really get to know them. Not only do I believe I have made an impact on their lives, but they have also impacted mine.”

Colton Clay is completing his second year with the program. He states, “I believe that the FAN Club can impact the children regarding their education in health and fitness and their development of values. This will help them discover who they want to be through role modeling.” He recognizes that the FAN Club offers the children a safe and fun environment where they can exercise and learn. He notes that there are some challenges such as “simply not having enough time. We meet with the kids three days a week. This limits the amount of interaction we have with the children and what we can teach.” Another challenge he encountered is setting aside quality time with each child. “Every child is different, so it is a constant challenge to learn how to interact with each child and really inspire them, which is my own personal goal.”

Professor Chops explains that this project is just one example of the College working in partnership with other organizations to create an environment for children that supports healthy nutrition and fitness behaviors through the efficient and effective coordination of community resources.
FMC Students Volunteer on Veterans Day

FMC seniors in the N406 Older Adult clinical escorted the residents from Primrose Retirement Community to Lancaster Veterans Day Parade on November 11.


Vickie Warschauer Honored as Outstanding Volunteer

Congratulations to Vickie Warschauer, MS, RN, who was recognized as the 2013 Outstanding Volunteer by the International Voluntary Organizations. Warschauer has participated in the International Festival’s health fair for nine years. She recruits students to volunteer at the health fair by providing health education, blood pressure monitoring, and flu vaccines to attendees. “We (student nurse practitioners) gave the vaccine to 182 children and adults. We had immigrant family members who spoke no English, employees, and individuals with no family physicians,” she said.

Financial Aid: Scholarships Offered

Master Students Scholarship

The March of Dimes is pleased to once again offer several $5,000 scholarships to recognize and promote excellence in nursing care of mothers and babies. The scholarship application is available online at marchofdimes.com/scholarship or by requesting via email to scholarship@marchofdimes.com. Qualified scholarship applicants are registered nurses currently enrolled in graduate education with a focus in maternal-child nursing at the master's or doctorate level with at least one academic term to complete after the summer of 2014. Scholarship applications must be received via email no later than January 15, 2014 to be eligible for review.

Senior RN Student Scholarship

Wooster Community Hospital is again offering a scholarship for senior level, BSN students. BSN students graduating in 2014 are eligible to apply. In return for a service commitment, the scholarship offers to cover expenses between $2,000 – $6,000 for senior year. The deadline to apply is December 31, 2013. More information is on the student bulletin boards and in the financial aid office.
Mount Carmel College of Nursing had the honor of establishing its own chapter of Sigma Theta Tau International (STTI), Rho Omicron, an Honor Society of Nursing, in April 2002. STTI is a national organization committed to nursing excellence through service, research, leadership, scholarship, knowledge and professional development centered around improving world health.

On November 14, 87 new members were inducted into the MCCN’s Rho Omicron Chapter during a festive and dynamic ceremony held in the Medical Staff Building at Mount Carmel West. All in attendance had the opportunity to listen to a presentation given by Jeri A. Milstead, PhD, RN, FAAN, NEA-BC, a member of STTI. Her message was to embrace goals through knowledge, leadership, service and life-long learning. She encouraged newly inducted members to be open to change, be progressive and own scholarship. Inductees included 51 seniors from the BSN program (including students from MCCN, the Second Degree Accelerated Program and MCCN-FMC campus). Eight inductees were from the RN-BSN program, 24 from the Master’s Program and four were nurse leaders.

To be eligible for Rho Omicron, inductees must be:

➤ Baccalaureate Program seniors who are in the top 35 percent of their graduating class.

➤ Second Degree Accelerated Program students who have completed half of their nursing curriculum and are in top 35 percent of their class.

➤ RN students in the Baccalaureate Program who are in the upper 35 percent of their graduating class and have completed half of their nursing program.

➤ Students in the Graduate program who have completed one-fourth of their program.

➤ Community leaders demonstrating leadership or achievement in nursing including achievements in research, publication, administration, consulting, practice, or education.
| **Fall 2013 Final Exam Schedule** |
|------------------------|-------|------------------|
| **Main Campus Traditional Pre-Licensure Program** | **TIME** | **ROOM** | **FACULTY** |
| MONDAY, DECEMBER 16 |  |  |  |
| NURS 405 | Acute | 8:00 a.m. – 10:00 a.m. | CLE 114 | Dolan |
| NURS 406 | Gerontology | 8:00 a.m. – 10:00 a.m. | CLE 206 | Maurer Baack |
| NURS 407 | Pediatrics | 8:00 a.m. – 10:00 a.m. | CLE 210 | O’Handley |
| NURS 408 | Transitions | 9:00 a.m. – 11:30 a.m. | TBA | Dougherty |
| SCIE 123 | Anatomy & Physiology I – all sections | 9:00 a.m. – 3:00 p.m. | MH-Chemistry Lab | Loscko |
| NURS 307 | Mother-Infant | 10:30 a.m. – 12:30 p.m. | CLE 206 | Cooley |
| NURS 308 | Psych-Mental Health | 10:30 a.m. – 12:30 p.m. | CLE 210 | Bills |
| NURS 309 | Med Surg | 10:30 a.m. – 12:30 p.m. | CLE 114-116 | Beyer |
| PSYC 225 | Human Growth & Development – all sections | 10:30 a.m. – 12:30 p.m. | CLE 310 | Hickey |
| HUMN 320 | Ethics – all sections | 1:30 p.m. – 3:30 p.m. | CLE 310 | Hiltbrunner |
| ENGL 100 | English Foundations | 1:30 p.m. – 3:30 p.m. | CLE 116 | Abbott |
| HUMN 202 | Human Expressions | 12:00 noon-2:00 p.m. | MH-A | Patch |
| HUMN 110 | Individual & Religion | 2:00 p.m. – 4:00 p.m. | CLE 114 | Patch |
| HLTH 416 | Health Policy – M01 | 3:00 p.m. – 5:00 p.m. | CLE 206 | Nibert |
| HLTH 416 | Health Policy – M02 | 3:00 p.m. – 5:00 p.m. | CLE 210 | Fankhauser |
| TUESDAY, DECEMBER 17 |  |  |  |
| ENGL 110 | English Composition – all sections | 9:00 a.m. – 11:00 a.m. | CLE 310 | Abbott |
| NURS 204 | Foundations/Health Assessment | 9:00 a.m. – 11:00 a.m. | MSB Auditorium | Al-Lamki |
| NURS 421 | Community Health Nursing - M01 | 10:00 a.m. – 12:00 noon | CLE 114 | Filyo |
| NURS 421 | Community Health Nursing - M02 | 10:00 a.m. – 12:00 noon | CLE 208 | Chops |
| HUMN 201 | Critical Thinking | 12:00 p.m. – 2:00 p.m. | CLE 116 | Hiltbrunner |
| PSYC 101 | General Psych – all sections | 1:30 p.m. – 3:30 p.m. | CLE 310 | Hilty |
| NURS 361 | Nursing Research | 3:00 p.m. – 5:00 p.m. | CLE 114 | Cooley |
| HLTH 320 | Statistics – all sections | 3:30 p.m. – 5:30 p.m. | CLE 310 | Houchard |
| WEDNESDAY, DECEMBER 18 |  |  |  |
| SOCL 101 | Introduction to Sociology | 8:00 a.m. – 10:00 a.m. | CLE 206 | Hilty |
| PSYC 312 | Communication in Relationships | 11:00 a.m. – 1:00 p.m. | CLE 116 | Hilty |
| SCIE 220 | Nutrition – all sections | 2:00 p.m. – 4:00 p.m. | CLE 310 | Dreifke |
| THURSDAY, DECEMBER 19 |  |  |  |
| SCIE 230 | Patho I – all sections | 8:00 a.m. – 10:00 a.m. | CLE 116-206-210 | Stinner |
| SCIE 103 | Organic Biochemistry – all sections | 9:00 a.m. – 11:00 a.m. | CLE 310 | Shen |
| HLTH 202 | Cultural Comp in Hlthcare – section M01 | 12:30 p.m. – 2:30 p.m. | CLE 206 | Gregg |
| HLTH 202 | Cultural Comp in Hlthcare – section M02 | 12:30 p.m. – 2:30 p.m. | CLE 310 | Hilty |
| **Fairfield Medical Center Location** | **TIME** | **ROOM** | **FACULTY** |
| MONDAY, DECEMBER 16 |  |  |  |
| NURS 309 | Med Surg | 8:30 a.m. – 11:00 a.m. | Ga.m.ma | A.Smith |
| NURS 406 | Gerontology | 9:00 a.m. – 11:00 a.m. | Delta | Maurer Baack |
| PSYC 225 | Human Growth/Development | 2:00 p.m. – 4:00 p.m. | Delta | Hickey |
| TUESDAY, DECEMBER 17 |  |  |  |
| NURS 204 | Foundations/Health Assmt | 9:00 a.m. – 11:00 a.m. | Gamma | Mohler |
| WEDNESDAY, DECEMBER 18 |  |  |  |
| SCIE 230 | Patho I | 9:00 a.m. – 11:00 a.m. | Delta | Sinner |
| NURS 421 | Community Health Nursing | 1:15 p.m. – 3:15 p.m. | Delta | Filyo |

Faculty will schedule seminar final exams as needed.

*NOTE:* All final grades will be accessible by students (those without record holds) on CARMELink. MCCN does not mail grade reports.