



Monday Morning



Cancer Resource Center iPad Winner: Cindy Cox



FMC Participates in Tour De Cause p. 3

Rhonda Wells Honored as Heart Program Champion

Interventional Cardiologist Dr. Jeremy Buckley recently recognized Rhonda Wells as a Heart Program Champion for helping Fairfield Medical Center achieve a Platinum Award through the Action Registry (a national database) and an improved score through Mission: Lifeline. "For the region, Fairfield Medical Center has the **best** first medical contact to balloon times (FMC2B)," Dr. Buckley said. "The FMC2B is defined as the time the EMS squad arrives at the patient's doorstep to the time the artery is open in the Cath Lab." Dr. Buckley was proud to announce that FMC has the best average, well below the times associated within our region. The system average is 72 minutes and FMC came in at 45 minutes. Kudos to Wells for all her hard work and dedication!

Pictured below (from left): Pam Reed, director, Rhonda Wells, R.N., and Dr. Jeremy Buckley.



Nominate a Fit Employee



It is once again time to submit nominations for the Fairfield Medical Center Fit Employee of the quarter. Do you know of someone who is a role model who regularly exercises or has healthy eating habits? If so, now is your chance to let him/her know! Nomination forms will be distributed electronically or can be picked up outside of the café near the ATM. Submit nominations to Amanda Northrup, in Health and Wellness Services. Due Aug. 2.

MRI Construction Update



MRI is moving the week of July 29. The exact date will be communicated in the near future. We will be using the mobile unit for approximately 12 weeks. To ensure that all staff is familiar with the temporary location, we will be providing tours. The times of the tours are:

- July 26 - 7 - 8 a.m., 2 - 3 p.m. and 7 - 8 p.m.
- July 29 - 6 - 7 a.m., 11 a.m. - noon and 5 - 6 p.m.

The mobile unit will be located on the Ground level. To access the Ground level, take the elevators located at the North Entrance to the Ground level and the door to the mobile area will be to the left when you get off the elevator.

Kona Ice Comes to FMC



The Employee Activities Committee treated employees, physicians and volunteers to a free small shaved ice on Wednesday, July 10. More than 550 people visited the Kona truck. Thank you to Lisa Lanning and the Kona Ice Company for their reduced pricing for Fairfield Medical Center and the visit from Kona the Penguin. Feedback from employees included "a delightful treat, many thanks for arranging this, thanks so much for this activity, a perfect day for it, generous portion and thank you thank you thank you."

Message from Mina

One of the projects I have undertaken as part of our margin improvement initiative is looking at how we can reduce the number of meetings we have. If you think about that from a cost perspective, the hard cost is in the time spent setting up rooms, scheduling rooms, cleaning rooms, etc. We all need to think about how we can do things more cost effectively without jeopardizing quality.



In the days ahead, I am looking at my meeting schedule to see if the meetings I hold are truly needed and, for those I am asked to attend, do I really need to be there if one of the other chiefs or direct reports is already attending. I will also be looking at hospital committees and talking to the chairs about the needs for their committee and the frequency and duration of their meetings. Could we have more e-meetings? Does a meeting have to last an hour? What is the goal of the meeting? What is the agenda?

We still need to communicate, but is there a more time-effective, less costly way to do so? Please look at your meeting attendance expectations in the same way. Thanks!

President and CEO

HR Corner

How smart are you when it comes to borrowing money? Find out on Friday, July 26 when PNC Bank will be at Fairfield Medical Center to offer a free seminar on smart borrowing. The event will be held in Assembly Room 2. Times are 11 a.m., noon and 1 p.m. The seminar will be approximately 30 minutes. Bring your lunch and learn about smart borrowing.

Lancaster Festival. Tickets are still available for the Lancaster Festival Wednesday evening Bruce Springsteen tribute and Saturday evening with Crystal Bowersox. Stop by Human Resources to purchase.

From the Chief's Desk

I would like to take this opportunity to review the financial results for June.

Volumes & Revenue:

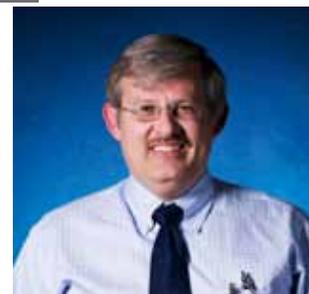
- Inpatient admissions and patient days both exceeded budget for June, which, along with higher open heart surgery volumes, made for total inpatient service revenue that was 5 percent above budget for the month.
- Total outpatient visits were below budget for the month; however, thanks to above-budget cardiovascular and chemotherapy revenue, total outpatient service revenue came in right at budget for the month.
- Combined, total gross revenue for the month was 2 percent above budget.
- After allowances for deductions from revenue, total net revenue for June ended up at 1 percent above budget.
- Year-to-date, total net revenue is 4 percent above budget thanks to better-than-expected gross patient service revenue in almost all service areas and especially in the Emergency, Surgery, Cardiovascular and Chemotherapy service areas.

Expenses:

- Payroll-related expenses for the month were at budget and year-to-date remain a little over 1 percent higher than budget.
- Supply expenses for June were slightly below budget; however, our year-to-date expenses remain around 5 percent above budget.
- All other expenses combined were 2 percent below budget for the month while year-to-date they are right at budget.
- Total expenses for June came in nearly 1 percent below budget. Year-to-date, our total expenses are 2 percent above budget due to the higher payroll and supply expenses we have incurred in providing service to a higher volume of patients.

Summary:

- Thanks to above-budget revenue and below budget expenses for the month, we enjoyed



- a 2.3 percent operating margin gain for June.
- Year-to-date our operating margin gain is at 2.4 percent as compared to a 0.5 percent budget target and a -0.9 percent prior year-to-date loss.
- We enjoyed another month of positive results from our joint ventures and subsidiary corporations, which pushed our total margin result to a 2.9 percent gain for the month of June.
- Year-to-date, we are at a 4.4 percent total margin as compared to a 1.5 percent budget target and a 0.2 percent margin at June 30, 2012.

Your continued focus on providing the best care for our patients while properly aligning staff, supply and resource use to volume have helped generate the very positive financial results we have enjoyed in the first six months of 2013. Thank you and let us maintain that focus for the months ahead.

Chief Financial Officer

You're Invited to the 1916 Club Annual Campaign Kick-off Party

The Fairfield Medical Center Foundation invites you to the 2013 1916 Club Annual Campaign Kick-off and Summer Garden Party on Monday, Aug. 5 in Assembly Room

1, from 7 a.m. - 5 p.m. For questions or more information, call the Foundation office at ext. 8107.



FMC Preparing for Another Year of School at Work

The Learning & Development Department introduced an exciting program three years ago called School at Work (SAW), a workforce development system that brings education directly to the work site. SAW targets entry-level workers, such as housekeepers, nursing assistants and clerical staff who are hard working and committed to a future in healthcare. These employees have potential, but cannot advance without more education. Since 2002, SAW has provided career path solutions to more than 10,000 students at more than 450 hospitals in the United States. Developed with funds from the U.S. Department of Labor as part of the President's High-Growth Jobs Initiative, SAW benefits loyal, hard-working, support-level healthcare employees by improving their performance in current positions, preparing them for job advancements within their facility and revitalizing their dreams of continued education. Fairfield Medical Center has had 100 percent completion of the program in the first three years, with students earning scholarships and starting back to college as early as summer session after graduating from the program. SAW is an accelerated learning program that provides healthcare-specific education while developing a customized Career and

Learning Plan (CLP). The CLP allows students to learn about advancement opportunities at the hospital, research career steps and financial aid options, and determine what their next steps are. Give SAW a try if you want to:

- Gain the skills you need to move ahead at work
- Refresh your math, communication and reading skills
- Improve your time-management, computer and study skills
- Learn what careers best fit with your interests
- Develop a personalized Career and Learning Plan
- Prepare for a certificate or degree program
- Challenge yourself and build self-confidence

Would you like to learn more about SAW? Register in ActiveStaffer to attend one of the following information sessions. Information Sessions – 1LD05600:

- Tuesday, July 30 from 1:30 – 2:30 p.m. in Classroom Alpha
- Thursday, Aug. 1 from 8:30 – 9:30 a.m. in Classroom Alpha
- Wednesday, Aug. 7 from 2 – 3 p.m. in Classroom Gamma

For additional information or questions, please contact FMC's SAW Coach Wendy Travis at ext. 8395.

ATTENTION Nurses, Respiratory Therapists & Cath Lab/Radiology Techs ~ Code Blue Form & Debrief Online Module

The CODE Committee has been working to update the Code Blue Documentation and Debriefing process. This process is nearing completion and it is time for staff to become familiar with the upcoming changes and related performance expectations. All RNs and respiratory therapists at FMC as well as the radiology techs in the Cath Lab have been assigned Online Module

1LD03033 – Code Blue Form and Debrief. It should be visible on your ActiveStaffer page along with all other required classes. Completion of this module is required for those to which it is assigned by Aug. 31. The new process will begin on Tuesday, Sept. 2. Further information on implementation of this process will be made available as Sept. 2 gets closer.

Congestive Heart Failure Clinic Opens Aug. 6

Fairfield Medical Center's new Congestive Heart Failure Clinic will be opening Aug. 6. At the clinic, patients will be empowered on how to live the best quality of life with congestive heart failure.

The clinic will have a multidisciplinary approach with education being provided by the nurse practitioner, nurses, dietitians and pharmacists. This includes education about diagnosis, dietary restrictions, exercise, medications and symptom monitoring.

Patients will be monitored for any changes in their condition and appropriate medical treatment will be ordered. In the United States, patients with a primary diagnosis of heart failure now make up more than 3 million physician visits per year. After normal obstetric delivery, it is the most common cause of hospitalization, according to the Journal of the American College of Cardiology: Heart Failure.

The Congestive Heart Failure Clinic is for outpatients who have been referred by their primary care provider or cardiologist. The clinic will be located on the first floor near the Observation Unit and will be run by Dr. Michael Reinig, medical director, and Jill Kennedy, certified nurse practitioner. It will be open 8 a.m. - 4:30 p.m. Monday through Friday. Appointments can be scheduled by calling Central Scheduling. Please call Jill Kennedy with any questions at (740) 689-6498.

Tour De Cause (cont.)

Saturday, July 13 marked the annual Tour de Cause Bicycle Tour. More than 500 riders participated in this year's event. Susie Bunton, Misty Newsome, Gwen Toth, Cindy Hutchins, Ginger Davis, Joel Morton, Cathy Towe, Jay Truesdale, Randy Oyster, Julia Wingenter and Susan Marque (pictured on front) were some of the FMC employees among those riding.

All proceeds from this event go to the Recovery Center of Fairfield County to distribute to drug addiction and awareness programs.



Reminders from Learning and Development

Audiovisual

Are you needing audiovisual work done? Please complete the request for Audiovisual services available on the Intranet. These are required for:

- A/V Projects
- Videotaping
- A/V Equipment installation
- A/V Equipment setup
- A/V Equipment repair

In order to promote high-quality products/productions, place your request well in advance of the due date. As always, for equipment that is not working, please call 243-9971.

ACLS, First Five Minutes and PALS classes

- These classes fill very quickly. Staff is being reminded once again to register for these classes early – ideally two months before the Condition of Employment required date. If you have questions on this, please see the Conditions of Employment policy on the Intranet.
- Class size is determined by available resources and it is not appropriate to try and squeeze additional learners into full classes.
- These classes, as well as CPR Renewal, have pre-course requirements that must be completed prior to arriving at class.
- ACLS and PALS – learners MUST have a textbook prior to class and have completed the pre-course test and learning contract.

The American Heart Association specifically states that these must be completed prior to class for learners to be admitted to class. This WILL be enforced. If these are not completed prior to class, learners will be dismissed prior to the start of class. The learner will then be responsible for finding a

different class. It is not guaranteed that there will be additional openings in FMC classes to accommodate these extra seats. FMC does not pay for learners to take classes elsewhere. Please note: When taking the online course test, print it when you take it. It does not save so if you close before printing, it is gone. Once registered for the class, pick up course materials in the Learning and Development (L&D) main office across from Materials Management on the Mid-Level. To make your arrival at classes easier, prior to going to a location for a class, please check ActiveStaffer for class location. L&D tries to make certain that classes offered by their department have the correct locations identified in ActiveStaffer. If a class is being offered by someone other than L&D and the location is changed, someone from L&D can change the location in ActiveStaffer for you on request.

ERC stands for Education Resource Center – which is the SimLab area of the hospital. It is identified this way for classes in multiple rooms, etc. Condition of Employment – please review this policy on the Intranet.

If you have questions, please contact someone in Learning and Development at ext. 8491 or Human Resources at ext. 8017.

Please remember when attending learning activities/events employees are required to report in attire appropriate under the FMC Dress Code guidelines. Failure to comply can result in not being admitted to the class/event.

Please read the article in Monday Morning on First Five Minutes.

RN-RN Report Default Printing

Effective Monday, July 22, the RN-RN report sheet default printing will be changed. The 1430 and 2230 printing will be stopped on the third, fourth and fifth floors.

It can be demanded printed if needed. This is a cost saving idea submitted to the Employee Solution Program.

EVENTS

From the Employee Activities Committee (EAC)

Vintage Ohio Wine Festival - Aug. 3 at Lake Metroparks Farmpark in Lake County. The bus will be leaving Lancaster at 9 a.m. We will depart from the festival at approximately 9 p.m. Must be 21 years or older to attend. Ticket price is \$46 per person. Payment is due at the time of registration. Refer to the Intranet for registration form and release of liability form. For more information, contact Jennifer Dicken at ext. 8345 or jenniferd@fmchealth.org.

Tecumseh Outdoor Drama - The Employee Activities Committee is offering discounted tickets for the Tecumseh Outdoor Drama in Chillicothe on Aug. 8. Seating begins at 7 p.m. Showtime is at 8 p.m. Adult tickets are \$20 each and \$14 for children. Go to the Employee Activities button for additional show information and ticket order forms.

Hocking Valley Canoe Livery - Saturday, Aug. 17 at 2 p.m. The cost is \$14.25 per person. Please visit the FMC Intranet/Employee Activities button to print the reservation form with liability statements that must be signed by each person participating. Completed forms should be sent to Rhonda Wortham in Human Resources. Payment and reservations must be received by Aug. 9. Payroll deduction preferred for full-time and part-time employees.

American Idol Live - Thursday, Aug. 29 at 7:30 p.m. at the Schottenstein Center. Save \$10 per ticket plus fees by purchasing tickets through FMC's group sales representative. Tickets start at \$36. Submit orders by fax (614) 246-4301 or email to eganyard@bluejackets.com. Order forms can be found on the Intranet under Employee Activities.

Columbus Symphony's Picnic with the Pops - various dates in July. Ticket prices starting at \$25. See the Employee Activities button on the Intranet for a summer schedule and pricing.

Cleveland Browns Football FMC Days - Browns vs. Bengals Sept. 29, Browns vs. Ravens Nov. 3 and Browns vs. Jaguars Dec. 1. Please see the FMC Intranet/Employee Activities button for seating, pricing guide and order form. Order directly from Browns Group Sales Representative Iman Warren.

For more information, visit the Intranet and click on the "Employee Activities" button at the bottom of the home page.



Maternity Paves the Way for TeamSTEPPS

Fairfield Medical Center would like to recognize the employees and physicians from Maternity for being the pilot department for TeamSTEPPS. Thanks for all your hard work, patience,

input and feedback; this was a successful pilot. We are currently in the process of rolling out TeamSTEPPS to the patient tower, surgery and the emergency and hope to have the same

success. If you have any questions or would like more information about TeamSTEPPS, please feel free to call Joan Miller at ext. 6398, Dr. Steve Cox at ext. 8458 or Regina King at ext. 8578.



We are the Difference!

I was so inspired by music a few weeks ago. I had a patient who was withdrawing from alcohol who was agitated, angry and restless. He was very upset and irritated and asked to speak with me. The nursing assistant was frustrated and running out of ideas to keep him calm. I approached him and he told me he wanted to leave. He was sick of being here. As I was trying to explain things to him, I saw Jess the music therapist, down the hall. I flagged her down and told her I had someone perfect for her. I asked the patient if Jess could come in and play him some music and he said yes.

Commitment

Passion

Jess came in with her keyboard and guitar. I heard music coming from the room and walked by to see how it was going. The patient had Jess's guitar and was singing "Simple Man." I sat and watched and was overcome with emotion. None of us knew he could play the guitar. None of us knew he was a musician. This man had only been seen through the eyes of frustration and alcohol. I could finally see the kind man he truly was. So, the next time you are angry, irritable or anxious, I encourage you to turn up the music and get lost in it.

~ Abby Hammack, C.N.L.

Nominate a Nurse of the Year Through March of Dimes

March of Dimes is accepting applications for the upcoming March of Dimes 2013 Nurse of the Year Award. Anyone can nominate any nurse from now until Aug. 2. Categories will vary from Advanced Practice to Hospice and Palliative Care.

To submit a nomination, please go to <https://marchofdimesnoty.wufoo.com/forms/nurse-of-the-year-nomination-ohio-2013/> by Aug. 2.

If you need further assistance, please contact Ivette Wong at (614) 392-6044 or iwong@marchofdimes.com.

Hospital Happenings

Cancer Prevention Study-3 • Enroll During July & August • FMC is participating in the American Cancer Society's Cancer Prevention Study-3. Fairfield and surrounding county residents now have an unprecedented opportunity to participate in this nationwide cancer prevention research study. Men and women between the ages of 30 and 65 who have never been diagnosed with cancer (excluding basal or squamous cell skin cancers) can enroll. To schedule your local enrollment appointment and fill out an initial health survey, visit www.FairfieldCPS3.org. For questions, contact Ivy O'Neal at (740) 689-6889 or Joyce Cox at (740) 687-8863.

FMC Bike Race & Decorating Contest • Friday • July 26 • 6 p.m. • Join us in front of Standing Stone National Bank as children take to the street to compete in a bike decorating contest and sprint-style race as part of the Lancaster Festival. Registration begins at 5:30 p.m. This event is free and open to children ages 10 and under. Please note a parent or guardian must accompany the child to the race to sign the liability release form, and riders must wear a helmet. Sponsored by Fairfield Medical Center and Standing Stone National Bank. If you have any questions, call (740) 687-8007.

Coping with Cancer Related Side Effects Thursday • Aug. 1 • 6 - 7 p.m. • **Fairfield Medical Cancer Resource Center** • Join Ivy O'Neal, oncology nurse navigator, along with chemotherapy and radiation staff for an educational session to discuss common side effects that may be associated with chemotherapy or radiation and what to do to help manage them. For questions, call (740) 277-6941.

Community HealthFest • Saturday • Aug. 3 • 9 a.m. – 1 p.m. • **Fairfield Christian Church** • Join us for free screenings such as blood pressure checks, cholesterol and glucose checks; spinal screenings; childhood immunizations; and much more. There will also be free school supplies (while supplies last), entertainment and information provided by local community organizations and services. Questions? Call (740) 687-8007.

Lung Cancer Screenings • Wednesday • Aug. 7 • Fairfield Diagnostic Imaging • 1 - 4 p.m. • A physician order is required for this \$99 screening. Lung cancer is the

leading cause of cancer death in both men and women in the United States. For this reason, men or women between the ages of 55 and 74 should schedule an appointment. If you are a current smoker and or quit within the last 15 years this screening is for you. Contact Ivy O'Neal with questions at (740) 689-6889.

Imlay's Uniform Sale • Thursday • Aug. 15 • 7 a.m. - 4 p.m. • **Assembly Room 2** • Payroll deduction is available.

3rd Annual Nursing Research Expo: "Preventing Patient Care Nightmares with Evidence Based Practice" • Friday • Sept. 13 • If you would like to submit an evidence-based poster, contact Marilyn Hargett at marilynha@fmchealth.org or Teresa Ryan at teresar@fmchealth.org. Put "2013 Research Expo Call for Posters" in the email subject line. Posters are open to all disciplines.

TWIG 12 Gift Shop Inventory Sale
July 22 – 30. Enjoy 20 percent off of items \$2 or more. Sale does not apply to books, magazines, candy, flowers and balloons. This is a great time to pick up items for the upcoming holidays. The gift shop will be closed July 31 for inventory and reopen Aug. 1.

Oxygen for the Soul

Faith and doubt both are needed – not as antagonists, but working side by side to take us around the unknown curve.

~Lillian Smith

(The Chaplains' Thought of the Week is not intended to be an endorsement of any particular religion, but rather serves as an avenue for our FMC chaplains to provide weekly inspiration.)

Fairfield Medical Center's Mission:

FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:

FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

MONDAY

Andrea Barthlow – Southeast Surgery
Jo Ellen Beddow – Nutrition Services
Crystal Byers – Nursing Services
Trudy Hale – Volunteer, Messenger Services
Nichole Jones – Emergency Department
Wilma Nicolía – ICU
Noelle Pierce – Cardio Fitness
Krista Jo Smith – Surgery Assessment
Jeremy Wachenschwanz – Med. Student, Residency Program

TUESDAY

Lois Elson – Physicians Services Float Pool
Jolie Lawrence – Dr. Mannava
Rosemarie Lukacevic – Speech Therapy
Tammy Perry – Medical Information Services
Angela Snider – Emergency Department

WEDNESDAY

Linda Cottrill – Billing
Becky DeVoss – Learning and Development
Sandra Rager – Laundry
Howard Sniderman – Administration
Cheryl Upp – Case Management
Cathy Whiteman – Housekeeping
Ron Wolfinger – Volunteer, South Info. Desk

THURSDAY

Paul Bastian – Volunteer, Messenger Services
Ashley Clouse – Marketing and Community Services
Tina Coey – Laundry
Tonya Dillard – PCU
Pam Plescher – Volunteer, South Info. Desk
Robin Sheets – Nursing Services
Kathy Turley – Volunteer, Cancer Resource Center

FRIDAY

Laura Booze – Lab, Phlebotomy
Christy Eckhart – Lab, General
James Kirchgessner – Nutrition Services
Briget Metzger – Nuclear Medicine
Teresa Powell – Third, Med./Surg.

SATURDAY

Andrea Barrett – Physicians Services Float Pool
Tiffany Craig – Fifth Med./Surg.
Stevie Dalton – Radiology, PACS
Jeffrey Keefe – Surgery
Kayla McGrew – Lab, Bacteriology
Beth McKnight – Contracts and Collections
Janice Novotni – Cancer Resource Center
Jacqueline Watson – Case Management

SUNDAY

Donna Ables – Switchboard
Linda Anson – Nutrition Services
Paul Bateson – Materials Management
Judy Crist – Pharmacy
Michelle Greulich – Patient Representative
Tara Niederkohr – Observation Unit
Jay Truesdell – Physical Therapy
Kathleen Wallace – Emergency Department