



# Monday Morning



**Heart & Lung Run Sign up in the Cafe**

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## FMC Community HealthFest Coming Soon

Fairfield Medical Center and Fairfield Christian Academy are once again proud to host Community HealthFest on Saturday, Aug. 3. HealthFest will be held at Fairfield Christian Church, located at 1965 N. Columbus St., in Lancaster, from 9 a.m. until 1 p.m. Among the services that will be provided are cholesterol and glucose screenings, hands-on CPR, vision and hearing tests, spinal screenings, glaucoma screenings, blood pressure and bone density tests as well as childhood immunizations (please bring your immunization records with you). The free children's immunization clinic is made possible by the Fairfield Medical Center Foundation, Fairfield Department of Health and Lancaster Rotary. New this year, we will be offering the Strollin' Colon. The inflatable Strollin' Colon is a very large walk-through educational exhibit designed to teach communities about colorectal cancer screening.

## On the Road to Sustainability



*Pictured above is Orthopedic Program Manager Tonya Nafzger submitting a cost savings idea as part of a 100-day program that FMC leadership team members are participating in to reduce waste throughout the organization. The workout is part of FMC's Sustainability Journey initiative designed to help the Center operate within a Medicare payment structure. Within the first 30 days, there have been 242 ideas submitted for consideration.*

### Nominate a Fit Employee



Do you know of someone who is a role model who regularly exercises or has healthy eating habits? If so, now is your chance to let him/her know! Nomination forms will be distributed electronically or can be picked up outside of the café near the ATM. Submit nominations to Amanda, in Health and Wellness Services. Nominations are due Aug. 2.

### MRI Construction Update



MRI will begin using the mobile on Monday, July 29, and at this time, anticipate the last date will be Friday, Oct 4. We will be using the mobile unit for approximately 12 weeks. To ensure that all staff is familiar with the temporary location, we will be providing tours. Join us for a tour on

July 29 from 6 - 7 a.m., 11 a.m. - noon or 5 - 6 p.m. The mobile unit will be located on the Ground level. To access the Ground level, take the elevators located at the North Entrance to the Ground level and the door to the mobile area will be to the left when you get off the elevator.

### 1916 Campaign Party



The Fairfield Medical Center Foundation invites you to the 2013 1916 Club Annual Campaign Kick-off and Summer Garden Party on Monday, Aug. 5 in Assembly Room 1, from 7 a.m. - 5 p.m. For questions or more information, call the Foundation office at ext. 8107.

## Message from Mina

As the saying goes, there is no such thing as a free lunch. At Fairfield Medical Center, there is also no such thing as a free break drink and there hasn't been for more than five years. We have had incidents recently where staff has been seen on the cameras in the Café taking food or beverages without paying for them and this resulted in the loss of their jobs. That's a pretty high price for a "free" food or beverage. However, taking food or beverages from the Café without paying is theft and the penalty for theft at FMC, as with most employers, is termination. We want FMC to be sustainable for the long term and we value integrity. Stealing anything from your employer puts these things in jeopardy. If a visitor were caught under the same circumstances, that visitor would be prosecuted.



I know that you might see this message as applying to a minority of our staff, and that is probably true. However, I think it is important to be reminded that problems like this do exist and they have serious consequences.

Thanks for taking the time to read this message. I appreciate your understanding and support in this matter.

President and CEO

## FMC's Journey to Competency

- Did you know that Fairfield Medical Center has a Staff Competency Committee?
- Did you know that members on the committee represent many departments in FMC and meet bi-weekly?
- Did you know that starting in 2014, all FMC employees will be required to complete competencies based on their job description?
- Did you know that there are currently three competency pilots going on now in the Business Office, PCU and Surgery Pavilion?
- Did you know that later this fall a report will be provided to leadership on the results of the competency pilots and with recommendations on implementation for 2014?
- Competency vs. skills can be difficult to explain in the workplace arena. Skills are defined as the learned ability to complete a task, while competency is more complex. In the past, we have been accustomed to "skills check-offs," in which we stand in line and the educator checks off a list of tasks we need to do to perform our job.
- To be competent, one must possess three domains, according to Wright (2007). The domains include technical, behavioral and critical thinking pillars of the competency model (Del Bueno, 1989).
- It is FMC's goal to provide the highest standards of practice to our customers and by engaging in "A Journey to Competency" employees will be on board to deliver it.

**Why the change?**

## From the Foundation

I would like to first say thank you to everyone who made a gift last year to the Fairfield Medical Center Foundation's Annual 1916 Employee Campaign. It was a great success! We received more than \$69,000 from more than 680 donors. Your generosity made it possible for the Foundation to support ScriptAssist, cancer care, cardiac care and Employees Helping Employees, and we were able to purchase TVs for all patient rooms in the ED.

This year, we are hoping you will consider helping us with a project we feel will benefit all our patients and fellow employees. As part of Project BRIGHT a garden space has been designated in the area between the new surgical center and the existing. It will be visible from patient rooms as well as from the Café. We want that garden to be our employees' gift to our patients. Our goal is a lofty one: \$130,000 over two years. As part of this campaign, you will have an opportunity to name the garden. Suggestions will be taken during

Visit the North Entrance to see the new banners as part of the physician campaign. These posters recognize the caring and philanthropic physicians who make a difference every day here at FMC. Pictured to the right are Devon Marshall and Shianne Swinehart from Marketing who designed the banners.



campaign week, which is the week of Aug. 5 – 9. If your suggestion is accepted you will receive special recognition in the garden.

If you are not already a member of the 1916 Club, please join us. Our personal gift commitments demonstrate that we, who know the Center best, are dedicated to ensuring a future of continued excellence.

*Rieki Chonant*  
Executive Director





## Chicago Trip in the Fall

The Employee Activities Committee is pleased to announce a fabulous weekend trip to Chicago Nov. 8 - 10. Start off by doing some early Christmas shopping, seeing the sights and eating at the greatest restaurants Chicago has to offer. Your trip will include two nights at the Hampton Inn & Suites Downtown Chicago, which is located just three blocks from the Magnificent Mile, two blocks from North Bridge shopping, and 1 mile from Navy Pier. We plan to arrive by 3 p.m. so you can enjoy full night's activities and stay busy until you leave for home on Sunday. The Employee Activities Committee has negotiated special group rates for this trip. The cost of the trip includes transportation and hotel accommodations; meals are not included. Bus departs from Fairfield Medical Center at 7 a.m. on Friday, Nov. 8. On Sunday, Nov. 10, we will depart at 11 a.m. Price with transportation and hotel accommodations:

- 2 people per room: \$298 per person
  - 3 people per room: \$225 per person
  - 4 people per room: \$189 per person (\$350 maximum for payroll deduction)
- Registration for this event begins today. Deadline to register is Oct. 3. This event is sure to sell out quickly so you may want to register as soon

as possible. There is a limit of four reservations per person, and these will be taken on a first-come, first-served basis until the bus is full. The registration form can be found on the FMC Intranet under the Employee Activities button. Please send or take your completed registration form to Jennifer Dicken in Cardiovascular. Payroll deduction is available and will be spread over three equal pays if above \$200. The total is due at the time of registration if paying by cash or check. Each person registered will also need to sign the Release of Liabilities form, which can be found on the Intranet under the Employees Activities button. If you are paying with cash or check, please pay at the FMC Billing Office in the Kroger plaza. Be sure to get a receipt for your payment. Please send or take your signed release form(s) and payment receipt to Jennifer Dicken in Cardiovascular, at ext. 8345.

\*Please Note: The option of payroll deduction is for full-or part-time employees only. We reserve the right to cancel the trip if it does not sell out. A full refund will be issued at the time of cancellation.

## EVENTS

### From the Employee Activities Committee (EAC)

**Vintage Ohio Wine Festival** - Aug. 3 at Lake Metroparks Farmpark in Lake County. The bus will be leaving Lancaster at 9 a.m. We will depart from the festival at approximately 9 p.m. Must be 21 years or older to attend. Ticket price is \$46 per person. Payment is due at the time of registration. Refer to the Intranet for registration form and release of liability form. For more information, contact Jennifer Dicken at ext. 8345 or jenniferd@fmchealth.org.

**Tecumseh Outdoor Drama** - The Employee Activities Committee is offering discounted tickets for the Tecumseh Outdoor Drama in Chillicothe on Aug. 8. Seating begins at 7 p.m. Showtime is at 8 p.m. Adult tickets are \$20 each and \$14 for children. Go to the Employee Activities button for additional show information and ticket order forms.

**Hocking Valley Canoe Livery** - Saturday, Aug. 17 at 2 p.m. The cost is \$14.25 per person. Please visit the FMC Intranet/Employee Activities button to print the reservation form with liability statements that must be signed by each person participating. Completed forms should be sent to Rhonda Wortham in Human Resources. Payment and reservations must be received by Aug. 9. Payroll deduction preferred for full-time and part-time employees.



Join the Laboratory Department as we honor Linda Beveridge, cytologist on July 31 at 2 p.m. in Assembly Room 2. Linda has been

with Fairfield Medical Center since July 1976. Light Refreshments will be provided. Join us in wishing her well!

## HR Corner

**Benefit Coverage:** Did you know that if you leave or retire from Fairfield Medical Center, or lose benefit eligibility by transferring to a contingent status or dropping coverage due to a life-changing event, you can continue your life insurance, supplemental life or AD&D? Did you know that your medical/dental/vision insurance is covered through the end of the month in which you leave or retire, transfer to a contingent status or have a life-changing event? Did you know that your short-term disability ends the day

you leave, retire, transfer to a contingent status, or have a life changing event? Did you know that any PTO remaining is paid to you a week after your final paycheck? Do you know how to access your pension or who to contact? When an employee leaves or retires from FMC, he or she may continue life insurance, supplemental life or AD&D by completing a Unum Portability Form and sending the completed form along with a check

directly to Unum within 31 days after group insurance coverage ends. Portability Forms are available in Human Resources. When an employee leaves or retires from FMC, MedBen will send that employee 15 days, after their last date of coverage, COBRA enrollment information for medical/dental/vision. The individual will have 60 days from his or her last date of coverage to decide on COBRA coverage. The employee will deal directly with MedBen for any COBRA

coverage. For pension questions, an employee will contact Vincent Carpico at Fairfield National Bank. His direct line is (740) 681-8246. He can assist with any cash outs of 401(k)'s, rollovers or any other questions or requests. Please contact a member of the Human Resources benefits team to discuss your benefits or pension if you are leaving or retiring from FMC, or transferring to a contingent status, or have a life-changing event.

# Hospital Happenings

**Cancer Prevention Study-3 • Enroll During July & August** • FMC is participating in the American Cancer Society's Cancer Prevention Study-3. Men and women between the ages of 30 and 65 who have never been diagnosed with cancer (excluding basal or squamous cell skin cancers) can enroll. To schedule your enrollment appointment and fill out an initial health survey, visit [www.FairfieldCPS3.org](http://www.FairfieldCPS3.org). For questions, call Ivy O'Neal at ext. 6889 or Joyce Cox at ext. 8863.

**TWIG 17 Used Book Store – Accepting Donations • Wednesday • July 31 • 4 - 6 p.m. • East Main Street Shopping Center** • Now accepting used items such as: Books, cookbooks, DVDs, CDs, VHS, software, audio books, magazines and puzzles. Store opening date coming soon so stay tuned! For more information on making book donations or volunteer opportunities at the TWIG 17 Book Store, contact Tammy VanScoy at (740) 689-0621.

**Coping with Cancer Related Side Effects Thursday • Aug. 1 • 6 - 7 p.m. • Cancer Resource Center** • Join Ivy O'Neal, oncology nurse navigator, along with chemotherapy and radiation staff for an educational session to discuss common side effects that may be associated with chemotherapy or radiation and what to do to help manage them. Questions? call (740) 277-6941.

**Nationwide Children's Getting to Know Kids Seminar • Aug. 6 • 8 a.m. - 3:30 p.m. • FMC Assembly Rooms** • This event is open to all FMC employees who are interested in learning about growth, development and milestones from birth through adolescence. Lunch is provided. six CEs for nursing. This seminar is free for FMC employees. Please register through Active Staffer 1LD01463.

**Lung Cancer Screenings • Wednesday • Aug. 7 • Fairfield Diagnostic Imaging • 1 - 4 p.m.** • A physician order is required for this \$99 screening. Lung cancer is the leading cause of cancer death in both men and women in the United States. For this reason, men or women between the ages of 55 and 74 should schedule an appointment. If you are a current smoker and or quit within the last 15 years this screening is for you. Contact Ivy O'Neal with questions at (740) 689-6889.

**Dr. Scott's Summer Spectacular • Thursday • Aug. 8 • 4 - 8 p.m. • and Friday • Aug. 9 • noon - 6 p.m.** • Join us for super savings on gloTherapeutics and gloMineral products. Stop by and take a look at our all new service menu with Jada Paczan R.N., licensed esthetician. Don't miss our new product reveal. Call to schedule your botox and juvederm injections today to receive your discount. For questions or more information, call (740) 689-2079.

**Fairfield Healthcare Professionals Family Medicine of Bremen open house • Tuesday • Aug. 13 • 5 -7 p.m. • Bremen Area Historical Society • 161 Carter Street • Bremen** • Come meet the providers of Fairfield Healthcare Professionals Family Medicine of Bremen and Fairfield Healthcare Professionals Occupational Health and learn about the services they are offering the Bremen Community. Refreshments provided!

**Imlay's Uniform Sale • Thursday • Aug. 15 • 7 a.m. - 4 p.m. • Assembly Room 2** • Payroll deduction available.

**Snider Heart & Lung 5-mile Run (and walk) • Saturday • Aug. 24 • 9 a.m. • Fairfield Medical Center** • Join us to support FMC's cardiovascular rehabilitation services. To sign up go to the cafe on Friday, Aug. 2. There is a \$25 entry fee if you register before the day of the race or \$30 the day of. Registration begins at 8 a.m. and the race begins at 9 a.m. For more information on how to register, contact Kelly Marion at ext. 8951 [orkellym@fmchealth.org](mailto:orkellym@fmchealth.org).

**New Screening Guidelines for Prostate Cancer—the Good, the Bad and the Ugly! • Thursday • Sept. 5 • 6 - 7 p.m. • Cancer Resource Center • Featuring Dr. Bill Stevens, Ph.D.** • Recent prostate cancer screening guidelines released are confusing and contradictory. Will lives be saved? Will the PSA test continue to be covered by insurance? Should you be screened? These questions will be addressed from a patient's perspective. For questions, call the Cancer Resource Center at (740) 277-6941.

## Oxygen for the Soul

"Clouds come floating into my life, no longer to carry rain or usher storm, but to add color to my sunset sky."

~Rabindranath Tagor

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serves as an avenue for our FMC chaplains to provide weekly inspiration.)

**Fairfield Medical Center's Mission:**  
FMC delivers outstanding healthcare for our patients, their families and our communities.

**Fairfield Medical Center's Vision:**  
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

## MONDAY

**Tabatha Gard** – Pysch.  
**Cindy Gordon** – Registration  
**Patti O'Rourke** – Volunteer, North Reg. and Patient Rep.  
**Skylar Prentice** – Fifth Med./Surg.  
**Christina Shaw** – School Based Therapy  
**Cheryl Stillberger** – Radiology, General

## TUESDAY

**Barbara Barton** – Lab, River Valley  
**Angela Burns** – Surgery  
**Timothy Daniel** – Housekeeping  
**Cheryl Henney** – MIS  
**Sherry Hicks** – MIS  
**Barbara Morrison** – MIS  
**Carey Nicolía** – Nutrition Services  
**Jackie Reed** – Contracts and Collections  
**Faye Sarbaugh** – Volunteer, South Info. Desk  
**Megan Thompson** – Surgery Pavilion

## WEDNESDAY

**Laura Gornall** – Maternity  
**Dorothy Rosier** – Volunteer, North Reg.

## THURSDAY

**Chris Chong** – Wellness Services  
**Sarah Runyan** – PCU  
**Cecilia Turner** – PCU  
**Donna Webb** – Lab, Phlebotomy

## FRIDAY

**Jodie Borchers** – Surgery Assessment  
**Matthew Morgan** – Emergency Department  
**Erin Sovic** – Nuclear Medicine

## SATURDAY

**Jennie Anderson** – Volunteer, Cancer Resource Center  
**Laura Bond** – Recovery/PACU  
**Patricia Caton** – Surgery, River View  
**Harvey Howdyshell** – Volunteer, Messenger Services, Courtesy Cart  
**Robert Kerns** – Volunteer, Med. Staff Office  
**Anita Kessler** – Lab, Reference  
**Brittney McKinley** – Registration  
**Michelle Wells** – Sixth, Fracture Unit

## SUNDAY

**Pamela Bauer** – Third, Med/Surg  
**Donna Bower** – Laundry  
**Rose Marie Keister** – Physical Therapy  
**Melanie King** – Volunteer, North Info. Desk  
**Diane Morgenstern** – Dietary  
**Scott Morris** – Clinical Systems Support  
**Traci Nippert** – Maternity  
**Judy O'Rourke** – Lab, Specimen Procedure  
**Chuck Reed** – Volunteer, North Info. Desk  
**Sylvia Ringhiser** – Housekeeping  
**Arlene Thomas** – Central Sterile  
**Carol Waldeck** – Plant Engineering



COMING IN!  
2015!



Build, Revitalize and Innovate for Greater Healthcare Tomorrow.

## Project BRIGHT Updates

The new rendering above illustrates the reason the building expansion project was named Project BRIGHT. Made with 50 percent glass, the new surgery center and connecting corridor will boast plenty of natural light. Below are some updates as the project continues to progress:

- The week of Sept. 9, the patient valet parking will be starting. Around that time, the construction fencing will be going up and the temporary entrance on the south side will be opening behind the coffee bar. A new lot off of Ewing Street will be used as the valet parking lot.
- The lot adjacent to Harmon and Main will be staff parking.
- AEP will be coming the week of Aug. 12 to move utility poles.
- We will begin doing staff tours of the mock rooms in August. Dates will be announced soon.

### In other facility news:

- During the week of Aug. 5, the helipad will be repainted; it will take about a week. The helipad will be temporarily relocated to the west side of the squad entrance of the Emergency Department. It will be marked.
- On Monday, July 29, Ewing Street will be temporarily shut down for the removal of the old MRI magnet.
- On Monday, Sept. 9, Ewing Street will be shut down temporarily for the arrival of the new magnet.
- The mobile MRI unit arrived last week.

July 29, 2013

A special publication for the FMC facility expansion project

Vol. 1, No. 7



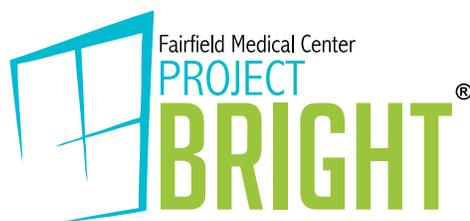
To help keep FMC team members and the community well informed throughout Project BRIGHT, the Marketing Department has created this newsletter. The newsletter will feature updates about the \$37.8 million facility expansion project, which will be completed in early 2015. Please feel free to submit any questions to [marketing@fmchealth.org](mailto:marketing@fmchealth.org).

**Q: What are you going to do with the gas station property on the corner of Ewing Street and Main Street?**

A: We have graded that area and planted grass there. In addition, we replaced the sidewalks and curbs. In 2014, the City of Lancaster is going to be replacing the 10-inch water line with a 14-inch water line. They will also be replacing the curbs and gutters in 2014. We expect that to happen in the spring/early summer time frame and it is to last 12-14 weeks. During the time of replacement, there will be a temporary road in the gas station area to act as a squad entrance. Once that construction is completed by the city, FMC plans to landscape that property, add signage and create a park-like area for visitors.

**Q: Why are you marketing Project BRIGHT?**

A: This is a project that touches the community in many ways. It provides an opportunity for us not only to receive feedback on the services we will be providing, but also about the care we provide. By being out in the community with the Project BRIGHT display, we are able to engage with the community about their needs and receive feedback on interactions they have had at our facility. Already, we have discovered that there are many community members who are very excited about the project as well as members who have had previous concerns that we have been able to remedy through process changes, physician recruitment and the addition of technology, as well as new facilities. FMC tries to incorporate the voice of the customer into all that we do; Project BRIGHT allows a great opportunity for us to do that over the next year and a half.



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