



Mon.



Tue.



Wed.



Thurs.



Fri.



Sat.



Sun.

Monday Morning

Lifeline
of Ohio



LOOP Free CEU & Lunch Opportunity p. 4

Did You Know FMC has a Chapel on the 3rd Floor?

FMC Presents Great Save Award to Pleasant Township EMS & 911 Dispatcher

On Aug. 8, Pleasant Township EMS and a Fairfield County 911 Dispatcher received a Great Save Award for their efforts in saving the life of a sudden cardiac arrest patient. 911 Dispatcher Kris Wallace, Lieutenant Paramedic/Firefighter Michael Smith, Paramedic/Firefighter Jordan Hatem, Paramedic/Firefighter Chad Mathias and EMT-Basic/Firefighter Brian Malone were honored that day. "This award is in recognition of their dedication, knowledge, skill

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FMC staff pictured with Pleasant Township EMS and patient Julia Foltz (middle).

Fall Hike and Bon Fire at Alley Park



Attention: FMC employees, physicians and volunteers: Join us Sunday, Sept. 8 from 2 - 6 p.m. Please bring your family and join us for an afternoon of fun. Hotdogs, chips and water will be provided by FMC. We will also have graham crackers, chocolate and marshmallows for smores. Roasting sticks and bonfire will be provided by Alley Park. Family photos will be offered by the bridge. Fishing and hikes offered by Alley Park staff. Please complete a registration form found on the FMC Intranet under the Employee Activities button if you plan to attend. Send completed registration forms to Marlene Lecznar, Accounting by Sept. 3.

Patient Experience Event Sept. 5 from 6:30 - 4 p.m.

Building an Excellent Patient Experience

This is a fun and interactive educational event. Employees will participate in activities to learn about AIDET, patient satisfaction, patient comment and satisfaction scores, volunteer services, Project BRIGHT, patient representatives, FMC Chaplains and the Waste Loss Challenge. Plan to stop down, the more you participate the more chances you earn for fabulous prizes.

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Breast Cancer Vigil



Join us for a Breast Cancer Candlelight Vigil and Awareness Walk on Tuesday, Oct. 15 at 6 p.m. at the Lancaster Downtown Gazebo. The goal of this event is to promote breast cancer awareness by honoring our survivors and remembering those that have lost their battle. For more information, please call Joyce Cox, oncology nurse navigator, at (740) 687-8863 or Sharon Roshon at (740) 467-3198.



Message from Mina From the Chief's Desk

On this Labor Day I want to recognize the teamwork that is going on at FMC. I wish I could fill this message with the names of everyone involved, but I fear that I would miss someone who has also made a significant contribution to the efforts in place. So many good things are happening throughout the organization.



Teams have been working on the planning for Project BRIGHT. We have teams working on logistics, site planning, room layout—just to name a few. Teams are working on the Sustainability Journey. While lots of fear is out there, I can tell you that these teams are working thoughtfully through the process to find solutions that do not tear at the fabric of FMC. Teams are working on IT issues. No system is perfect, and we are in a period where making a full conversion to another product is not feasible. So, teams are working to make what we have better. Teams are working on quality and safety issues. We always have opportunities to do more or do better. By working together, we are able to find best practices and share them for the benefit of our patients. Teams are working on throughput issues. They are looking for ways to make navigating healthcare easier for our patients. Teams are working on fund raising to support our heart programs. Teams are working on employee recruitment, training, and retention to assure that we are well staffed and prepared to meet the needs of our patients.

Sometimes not everyone sees what is happening because lots of planning has to take place before the final product or result is there. Some projects are a journey and not a sprint and when you hear that we are working on something, you may expect immediate results, when that is not realistic in the eyes of the team addressing the issue.

Thanks to all of you for being part of the teams that are making a difference at FMC. Your excellent work is appreciated.

President and CEO

Community Care Day

Community Care Day is Sept. 10. For more information or to volunteer, call John Belin at ext. 8127 or email johnb@fmchealth.org.

I would like to take this opportunity to review the financial results for July.

Volumes & Revenue:

- Inpatient revenue was higher than budgeted due to cardiothoracic surgery, general surgery and cardiology volumes.
- Total outpatient service revenue in July was over-budget thanks to above-budget volumes in almost all outpatient service areas.
- Combined, total gross revenue for the month was 9 percent above-budget.
- Deductions from revenue for Charity services was higher than anticipated for the month however our total net revenue for July still arrived at nearly 7 percent above-budget.

Expenses:

- Payroll related expenses for the month were 2 percent above budget due to the \$500,000 quarterly Pay-For-Performance bonus that was distributed to staff.
- Due to the higher volumes for the month, supply expenses were above-

budget.

- Other expense categories that were over-budget for July are utility (electricity) and bond interest expenses.

Summary:

- Thanks once again to the combination of above-budget operating revenue and below-budget expenses, we enjoyed a 1.5 percent operating margin gain for July.
- Year-to-date our operating margin gain is at 2.3 percent as compared to a 0.5 percent budget target and a -0.2 percent prior year-to-date loss.
- Year-to-date we are at a 4.2 percent total margin as compared to a 1.5 percent budget target and a 0.9 percent margin at July 31, 2012.

Thank you for commitment to those we serve and for your continued contributions to our financial viability.

Chief Financial Officer

Immunization Core Measures

With influenza season just around the corner, Quality Outcomes would like to remind staff to follow the best practice standards for the Pneumococcal and the Influenza vaccines. Refer to the vaccine sheets that will print with each

admission packet. Please note that Influenza is measured on discharges from Oct. 1 - March 31 of each year and Pneumococcal is ongoing throughout the year. Call Quality Outcomes with any questions.

HR Corner

New HRIS System Countdown WE HAVE FIVE WEEKS UNTIL OUR "GO LIVE" HRIS PAYROLL SYSTEM!

This new system will have employee self-service which will allow an employee to view or edit details regarding their demographics, address, phone number, emergency contacts, etc. Employees will also be able to view their "paperless" pay stubs, announcements, as well as other important information.

Benefits Fair: The 2013 Benefits Fair has been set for Friday, Sept. 27 from 7 a.m. - 4 p.m. Please be sure to mark your calendars to stop by in the Assembly Rooms that day.

Parking: With Project BRIGHT getting ready to start, just a reminder to please park in employee designated areas only. For those that park on the south side of the Pavilion, the first parking area is reserved for patients, visitors and physician parking; the second parking area is employee parking. Employees need to display their parking tags in the front window of their vehicles.

FMC Email Communication: All employees are responsible for checking their FMC email on a regular basis so that all communication is received. If there are questions regarding any communication, please contact the appropriate individual for clarification. Or, if you cannot access your FMC email, please communicate that with your supervisor for assistance.



Great Save Award (cont.)

and commitment in the care and prompt response needed to care for our patients in Fairfield County that need it the most," said Cynthia Pearsall, FMC chief nursing officer. "These first responders went out of their way to give immediate lifesaving care to a patient that wouldn't have survived otherwise." The national average for survival in the pre-hospital setting is anywhere between 3-7 percent for patients who have a sudden cardiac arrest. Survival rates improve when basic life support and advanced cardiac life support efforts are initiated. On May 25, 2013 the EMS Pleasant Township team was dispatched to the home of Julia Foltz, a 44-year-old woman in need of immediate medical attention. The EMS team quickly assessed the situation and went above and beyond. "Their recognition of ST

elevation on the EKG and transmission to the ED triggered the chain of events that led to the survival of the patient standing beside me today," said Rhonda Wells, Cardiovascular clinical analyst and chest pain coordinator, during the ceremony. "Their quick and efficient lifesaving efforts allowed for Emergency Department staff and Cath Lab staff to be prepared for their arrival where Dr. John Hazlip and Dr. Jeremy Buckley were present at the patient's bedside." After receiving high-quality care at FMC, the patient was discharged and able to resume their normal life. "It takes a team and collaboration with our EMS community to be successful at what we have done," Wells noted. "I couldn't be more proud of all that we have accomplished."

Employee Opinion Survey is Coming

This year's Employee Opinion Survey will be held Sept. 16 - 30. An opinion survey is used to measure engagement in an organization and we want to hear from you. It's easy and will only take a few minutes of your time. Here are some details:

- You will receive information in the next couple of weeks explaining how the survey will work.

- It's a phone survey.
 - You can call from any phone.
 - It is confidential and anonymous.
- You will be hearing more about the survey in the weeks to come. You are a valued member of the FMC Team and we want to hear from you. Stay connected and make your opinion count!

CVI Launching New Clinical Initiatives

On Sept. 4, the Snider Cardiovascular Institute will launch two clinical initiatives for patients with advanced Coronary Artery Disease. **Fast-Track PCI Pilot:** The literature and experience of other institutions worldwide support the safety of same-day discharge for a highly select group of low-risk patients undergoing Percutaneous Coronary Intervention (PCI). Eligible patients will be identified prospectively and monitored very closely throughout their hospital stay and clinical outcomes will be tracked. Dr. Qamar will be leading this initiative throughout the pilot phase in partnership with the Cath Lab Recovery Department. **Algorithm for CABG patients:** In 2012, FMC's percentage of patients coming from home to have their CABG sharply decreased from the national average down to only 15 percent. This decline was not attributable to any

statistically significant co-morbidities or rise in STEMIs. As such, the Cardiac Surgeons and Interventional Cardiologists devised an algorithm to highlight those patients medically stable for discharge home with return for their elective CABG. This algorithm will be completed by the cardiac surgeon and placed in the chart. The goal is for the algorithm to help facilitate the appropriate level of care for each CABG patient. With these initiatives, our purpose is to streamline processes to deliver the highest quality of care in cohesive, efficient fashion. If you have any questions please do not hesitate to contact a member of our team. These people include Rhonda Wells, Dr. Martha Buckley, Dr. Norberto, Dr. Qamar, Jennifer Dicken, Dr. Sinha, Dr. Abidin, Dr. Nickison, Dr. Venkartaraman, Mike Tobin or Kelly Marion.

EVENTS

From the Employee Activities Committee (EAC)

Bengals Tickets at Discounted Rate - FMC employees will now be able to purchase tickets for five of eight regular season home games, including the Jets, Browns, Colts, Vikings and Ravens, at the season ticket rate, saving about 10% per ticket! The discount is valid for the dates listed below:

Bengals vs New York Jets - Oct. 27, 4:05 p.m.
 Bengals vs Cleveland Browns - Nov. 17, 1 p.m.
 Bengals vs Indianapolis Colts - Dec. 8, 1 p.m.
 Bengals vs Minnesota Vikings - Dec. 22, 1 p.m.
 Bengals vs Baltimore Ravens - Dec. 29, 1 p.m.
 To purchase tickets, just go to: <https://oss.ticketmaster.com/html/go.html?I=EN&t=bengals&o=2952762&g=1020>. At the website you will have the option to either enter your work email address (with the @fmchealth.org domain name) or use the promotional code: fmchealth. Each person will be asked to set up your own account once you've accessed the Fairfield Medical Center group, then you will be free to browse ticket availability! Any questions, please contact Amy Black at ext. 8241.

Chicago Trip in the Fall - Nov. 8 - 10. Your trip will include two nights at the Hampton Inn & Suites Downtown Chicago. The cost of the trip includes transportation and hotel accommodations; meals are not included. Bus departs from Fairfield Medical Center at 7 a.m. on Friday, Nov. 8. On Sunday, Nov. 10, we will depart at 11 a.m. Price with transportation and hotel accommodations:

- 2 people per room: \$298 per person
 - 3 people per room: \$225 per person
 - 4 people per room: \$189 per person
- There is a \$350 maximum for payroll deduction. The registration form can be found on the FMC Intranet under the Employee Activities button. Please send or take your completed registration form to Jennifer Dicken in Cardiovascular. Deadline to register is Oct. 3.

Oxygen for the Soul

"The remarkable thing about fearing God is that when you fear God, you fear nothing else, whereas if you do not fear God, you fear everything else." - Oswald Chambers

Meaningful moments – Prayer time: Monday – Friday, 11:45 a.m. – 12:15 p.m. in the Chapel. Self-directed or with one of the chaplains.

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serves as an avenue for our FMC chaplains to provide weekly inspiration.)

Hospital Happenings

The Bargain Boutique to Accept Fall and Winter Clothing • Operated by TWIG 2, the store is located at 1724 E. Main St., and is open 10 a.m. - 4 p.m. on Wednesdays and 10 a.m. - 2 p.m., Thursday - Saturday. Consignments are accepted on Saturdays from 10 a.m. - noon. Donations are accepted any time the shop is open. The Bargain Boutique will be accepting gently used and clean fall and winter clothing for men, women and children in mid-September. Winter coats will be accepted beginning in mid-October. If you have questions, please call the Bargain Boutique at (740) 654-4620 during business hours. Shop the Bargain Boutique for quality items at bargain prices!

Walk with the CFO • Tuesday • Sept. 3 • 5 p.m.
• Join Chief Financial Officer Sky Gettys for a 2K walk on the bike bath near the parking garage. For questions or more information, call ext. 6822.

The Patient Experience Event - "AIDET-Building an Excellent Patient Experience" • Thursday • Sept. 5 • 6:30 a.m. - 4 p.m.
• This is a fun and educational event focused on how each of us has a part in improving the experience for our patients and families. While you are there, take part in fun activities. The more you participate, the more chances you earn for fabulous door prizes - including a \$100 gift card to Lowes.

New Screening Guidelines for Prostate Cancer—the Good, the Bad and the Ugly! Thursday • Sept. 5 • 6 - 7 p.m. • Cancer Resource Center • Featuring Bill Stevens, Ph.D. • Recent prostate cancer screening guidelines released are confusing and contradictory. Will lives be saved? Will the PSA test continue to be covered by insurance? Should you be screened? These questions will be addressed from a patient's perspective. For questions, call the Cancer Resource Center at (740) 277-6941.

Prevention & Treatment Sports Injuries in Young Athletes • Monday • Sept. 9 • 6 - 7:30 p.m. • FMC Assembly Rooms 2 & 3 • Light dinner provided • Please R.S.V.P. at (740) 689-4447 • Join Orthopedic Surgeon Steven Priano, Neurologist Douglas Woo and Physical Therapy Supervisor Corey Callahan to learn how to better protect your young athlete and learn about treatment options available should they endure a sports-related injury or concussion.

Weight Watchers at FMC • Next 10-week Session Begins on Sept. 9 • Mondays - noon - 12:45 p.m. in Classroom Gamma Mid-Level and Tuesdays - 5:15 - 6 p.m. in Classroom B
• Join on Sept. 9 and get 11 weeks for the price of 10. The only sign up dates for this session will be Sept. 9, 10, 16 and 17. Cost per member is \$100 for current members and \$110 for new members. If you are interested, notify Colleen at colleen@fmchealth.org.

Project BRIGHT Groundbreaking Ceremony • Thursday • Sept. 12 • 2 p.m. • In the Parking Lot on the South Side of FMC • You're invited to join us for the groundbreaking celebration. It will run from 1:30 - 3:30 p.m. and marks the beginning of FMC's 14-month facility expansion project. There will be refreshments served and displays with Project BRIGHT information. Special event parking will be available. RSVP by calling Marketing at (740) 687-8007 or marketing@fmchealth.org.

FMC Foundation's Food & Wine Tasting and Charity Auction • Thursday • Sept. 19 • 5:30 - 8:30 p.m. • Fisher Catholic Alumni Hall • \$50 per person • All proceeds will benefit the Cardiovascular Care Fund. Payroll deduction is available. For reservations or information please call (740) 687-8107 or bethd@fmchealth.org.

CHIP (Complete Health Improvement Program) • Starting Sept. 24 • This nine-week comprehensive, educational, lifestyle promotion program is designed to prevent, manage and even reduce today's most common diseases. Reserve your seat at any of these FREE one-hour information sessions. All information sessions will be held in Health and Wellness Services (by Outpatient Therapy in the Kroger shopping plaza) on Sept. 10 at 5:30 p.m. or Sept. 11 at noon. Refreshments/light snack will be provided. To register for an information session, contact Corinn at (740) 689-6831 or corinnf@fmchealth.org.

TWIG 1 Cancer Care Run & Walk • Saturday • Oct. 12 • 9 a.m. • Join us for this 5K run or 2-mile walk and family fun run. It will start and end at Marten's Park in Lancaster. \$20 early bird registration (until Sept. 28). \$25 regular registration. All proceeds benefit FMC's Cancer Care Fund. For registration, visit twigone.com.

2013 Organ and Tissue Donation Collaborative CEU • Tuesday • Oct. 22 • 8 a.m. • Fawcett Center, 2400 Olentangy River Road, Columbus, Ohio, located at the North Edge of the OSU Campus
• LOOP is offering this day of education at no cost to hospital staff. A parking permit is required and one will be emailed to you. To register go to <http://tinyurl.com/Collaborative2013>.

Fairfield Medical Center's Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

MONDAY

Lois Bowers – Volunteer, South Info. Desk
David Chenault – Housekeeping
Kimberly Croxford – ICU
Stephanie Forquer – Surgery Assessment
Amanda Rodgers – Fifth Med./Surg.
Carol Stefaniak – PCU
Julia Wingenter – MIS

TUESDAY

Ruth Brown – ICU
Pamela Delong – Surgery, River View
Tarek Gasser – Police
James Haydu - Biomed Engineering
Nancy Miller – Emergency Dept.
Ashley Osborn – Registration
Christina Siemer-Harley – Cardiac Fitness
Connie Spackey – Chemotherapy
Kari Welch – Surgery

WEDNESDAY

Donna Burnworth – Volunteer, South Info. Desk
Jarrid Daily – Fifth Med./Surg.
Tiffany Dennison – Fourth Med./Surg.
Laura Ratliff – Endoscopy
W. Jean Williams – Housekeeping

THURSDAY

Amy Black – Decision Support
Kimberly Cummin – Patient Representative
Deborah Erskin – Laundry
Kelly Kunkler – Catscan
Tara Leach – Fifth Med./Surg.
Jennifer Sheets – ICU
Amy Smith – Wound Therapy
Barbara Stivison – Contracts & Collections

FRIDAY

Brittany Cox – Lab, DHS
Roy Dunfee – Vascular Int. Radiology
Catherine Houck – Lab, Hematology
Katherine Johnson – Third Med./Surg.
Jennifer Mullen – Surgery
David Riley – Psych.
Terrie Scott – Dietary
Sauna Self – FHP, Physician Services
Sonia Taylor – Billing
Ali Thurston – Housekeeping
Brittany Watterson – Fifth Med./Surg.
Jennifer Wesaw – Fairfield Occ. Health

SATURDAY

Erin Calandra – Pharmacy
Brian Carson – Pharmacy
Peggy Davis – Housekeeping
Brandon Muck – Dietary
Tonya Nobles – Lab, Specimen Procedure
Susan Pierce – Lab, Phlebotomy
Virginia Ruyf – Surgery, River View
Janet Thompson – Cardiac Cath Recovery

SUNDAY

Elizabeth Brendsel – Pharmacy
Carrie Dye – PCU
Paul Geigle – MIS
Jennifer Ramsey – Lab, Phlebotomy
Heather Rice – Dr. Murry/Infectious Disease