Couple Renews Their Vows

On Feb. 14, among family, friends and staff at Fairfield Medical Center, Jimmy Reeves and his wife Phyllis renewed their vows. FMC Chaplain Gregory Schmauldfeldt conducted the ceremony at Jimmy’s bedside on the Telemetry Unit. The day was not only special because of it being Valentine’s Day, but it also was Jimmy’s 81st birthday. Residents of Nelsonville, the couple even shared wedding cake and a birthday cake to mark the celebration. “We thought today would be a perfect day; he means the world to me and has a heart of gold,” Phyllis said. “We have been married six years and thought now was the right time to renew our vows and show our continued commitment to each other.” Jimmy Reeves has been at FMC for three days and is on hospice care. “We really wanted to give them a moment to remember, especially since it was Jimmy’s birthday and in honor of Valentine’s Day,” said Autumn Kincaid, clinical nurse leader at FMC. “We strive to accommodate our patients in the best way we possibly can and we’re so glad to coordinate such a special ceremony.” Many staff members attended the ceremony, including Music Therapist Erin Spring. She marked the occasion by singing “Happy Birthday” to Jimmy and also played the couple’s favorite song, “Keeper of the Stars.”

Baltimore TWIG 6 Recognized

Baltimore TWIG 6 recently was recognized at Baltimore’s Annual State of the Village. TWIG 6 was recognized by Mayor Bob Kalish for 64 years of service to Fairfield Medical Center’s patients and families.

Tune Into The Fairfield Today TV Show

Make sure to tune in on the LSN channel 9 (offered through Time Warner Cable) to view FMC’s TV segment called “Fairfield Today.” The show will air at 12:30 p.m., 6:30 p.m. and 11:30 p.m. every Wednesday until March 19. Dr. Elwood Martin is featured talking about a new procedure FMC is offering called the LINX. Fairfield Medical Heartburn Center Coordinator Tina Cass also is featured!
Straight Talk From Sky
Pension Plan Stronger Than Most

This week, Fairfield National Bank visited FMC to answer employee questions about our pension plan. I’d like to take this opportunity to provide some overall information about the plan and to address some of the common questions employees asked in the FNB sessions.

A little known fact about the FMC Pension Plan is that it is one of the most generous hospital pension plans in the greater Central Ohio region, aside from government-funded PERS plans. In fact, in 2013, FMC contributed $5.2 million to the pension plan. The point is that sometimes we tend to only think about those benefits that we personally experience, like health and dental care, but forget about the ones that are out of sight.

When decision time comes each year regarding the benefits budget, we try to carefully balance changes that will have an immediate impact with those that will affect employees in the long-term. Administration has made a conscious effort to preserve the pension plan because we believe it supports those employees who have demonstrated their loyalty to the organization through sustained employment. FMC contributes 5 percent of your salary to the pension plan every year on each employee’s behalf who has worked a minimum of 1,000 hours in that year. Additionally, FMC is matching employee contributions to the pension plan up to 2 percent. For example: If you elected to contribute 1 percent to the pension plan, FMC will contribute 1 percent to your pension account.

If you contribute 2 percent, FMC will contribute 2 percent. But if you contribute 3 percent, FMC will cap its contribution at 2 percent. Employees qualify for the pension plan benefit three months after employment. Enrollment Election Forms are available in Human Resources.

According to Fairfield National Bank, the return on investment for the FMC Pension Plan was 12.94 percent in 2013. And if you contributed to the pension plan to get the maximum FMC match of 2 percent, you in essence received 14.94 percent on your investment. Additionally, you received a tax benefit because your contribution to the pension plan was taken from your pay before payroll taxes were calculated. Hopefully you can see why the FMC Pension Plan is of great benefit to staff. If you have additional questions regarding our pension plan, representatives from FNB will be in Human Resources (see the article below for the dates and times). Staff also can access their retirement account online at www.retirementlogin.com/save2retire.

I would like to take this opportunity to review the financial results for January.

Volumes & Revenue
• Although admissions and patient days were near budget for the month, total inpatient revenue came in below budget primarily due to lower than expected inpatient surgical volumes.
• Outpatient visits and revenue for January were significantly under budget in all outpatient service areas as it appears patients canceled or delayed services due to the severe winter weather.
• Combined, total gross revenue for the month was -8 percent below budget.
• After deductions from revenue for contractual allowances, charity and bad debt, net revenue for January was nearly -12 percent below budget.

Expenses
• Payroll-related expenses for the month were 1 percent above budget due mostly to the pay out of the 4th quarter 2013 pay-for-performance bonus.
• Supply expenses were under budget on the lower number of patients served.
• All other expense categories were under budget by 10 percent for the month.
• In total, expenses were 3 percent below budget for January.

From the Chief’s Desk

Sky Getty's, Chief Financial Officer & Interim CEO

FHP Office Fax Number Change

The Fairfield Healthcare Professionals Internal Medicine Residency Clinic’s fax number has changed. The new fax number is (740) 654-4103. Please update your files with this new information immediately to ensure that information continues to be received by the clinic. For questions or to contact the IM Residency Clinic, please call (740) 687-8397.

Scholarship Opportunity

The Fairfield County Medical Alliance is once again offering its medical scholarship. This scholarship is available to any student who is a resident of or works in Fairfield County and wishes to pursue a degree in the healthcare field. The money may be used for tuition, books or housing. Last year, the Medical Alliance awarded more than $10,000 to area students. Please note: The deadline for the scholarship application is April 1. A committee of local professionals selects the recipients of the scholarships. Selection is based on quality of application, how well the student meets the criteria, need, character and motivation of applicant. Applications will be available in Marketing and Human Resources. If you have any questions, please feel free to contact Amy Woo at (740) 277-7922. We look forward to hearing from many great students again this year.

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Heart Health Tea at FMC

On Saturday, Feb. 15, Fairfield Medical Center hosted the second Women’s Heart Health Tea in recognition of American Heart Month. Participants learned valuable information about heart health from Dee Flowers, certified nurse practitioner. “All women face the threat of heart disease and there are several risk factors women need to be aware of so that they can be prepared,” Flowers said in her presentation. “Becoming aware of the symptoms that are unique to women, as well as eating healthy and exercising, can limit their risk.”

HR Corner
EAP - Matrix - With the winter blues, the stress from the holidays, the overwhelming feelings from first of the year projects, tax preparations or just feeling you cannot get a handle on your life, do you feel you may need to talk with someone? Everyone experiences personal problems from time to time, but sometimes these problems can be overwhelming. Employers everywhere know that associates who are distracted by personal problems cannot do their best on the job. By establishing an Employee Assistance Program, FMC is encouraging you and your family to seek help when a problem first appears and can most easily be resolved at no cost to you. FMC has contracted with Matrix to provide counseling sessions with a psychologist for you, your spouse, and/or your dependent children at no expense to you. You and your family can contact the EAP personally and privately. To schedule an appointment, simply call Matrix at (614) 475-9500 or 800-886-1171 and an experienced staff member will help you schedule an appointment with a psychologist at a time and place that is convenient for you. Matrix also is available to assist with legal and financial concerns, help with elder care issues, attention deficit/learning disabilities issues and crisis intervention, just to name a few. Matrix brochures and cards are available in Human Resources.

ESS (Employee Self-Service) - Just a reminder that you can log onto ESS to make any tax changes, address or phone number changes, add a new checking or savings account. Be sure to save your changes and if there is an approval to be done, you will receive a note on your home page indicating that your request has been approved.

FMC Email Communication - All employees are responsible for checking their FMC email on a regular basis so that all communication is received. If there are questions regarding any communication, please contact the appropriate individual for clarification. Or, if you cannot access your FMC email, communicate with your supervisor for assistance.

Ethics and Compliance Hotline
FMC will begin a new process to report unethical behavior through an Ethics and Compliance Hotline/Online reporting system. This is managed by a third party administrator and individuals can make a report by calling the compliance hotline or filing the concern online. This replaces our current process using (740) 687-TELL. This system is to be used when there are ethical complaints as well as compliance concerns related to the business of our employees, physicians, students and volunteers. This is not for patient complaints. There is an ability to be anonymous. To file a complaint please go to www.fmchealth.ethicspoint.com or call the hotline at 1-855-541-4169.

EVENTS

From the Employee Activities Committee

Broadway in Columbus 2014 – The Phantom of the Opera (March), The Addams Family (April) and The Book of Mormon (May). For questions, please contact Amy Reedy at ext. 8443.

Bingo Boogie - Saturday, March 15 at the Moose Lodge – 1201 Sugar Grove Road, Lancaster. Admission: FREE (adults-only event) Bingo starts at 7 p.m. (doors open at 6 p.m.) Boogie with DJ Jon Bauer after Bingo (about 9 p.m). Snacks will be provided and a cash bar will be available. Special 50/50 raffle to benefit the Employees Helping Employees Fund. Hosted by the Employee Activities Committee. For more information, call Marlene at ext. 8046.

Kings Island Family Fun Day - Join us Saturday, June 28. As in previous years, our tickets will allow us into the park after 5 p.m. on Friday, June 27. Watch for more information in future editions of Monday Morning. FMC has reserved a block of rooms at the Hilton Garden Inn in Mason, Ohio for both June 27 and 28. Due to the very large number of events occurring in the Mason and Cincinnati area that weekend, we highly recommend employees book rooms as soon as possible. Our block is only guaranteed until April 27. The link to reserve a room can be found on the Intranet under the Employee Activities tab. This link will reserve the room through the Hilton and you will pay FMC for the room (this will waive the Ohio State sales tax). For questions or more information, contact Bob Williams at robertw@fmchealth.org.

Casting Crowns - Thrive Tour at the Schottenstein Center on Friday, May 2, 2014 at 7pm. Tickets are $26 per person. Order deadline is April 25 at 3pm. See the FMC intranet / Employee Activities button for order form.

Ohio State Football Tickets For Sale
Human Resources has Ohio State football tickets for sale for their Annual Spring Game on April 12. The game is scheduled to begin at 1:30 p.m. All tickets are general admission and cost $8.80 per ticket. Included in the price is a Men’s Lacrosse game between Ohio State and Michigan. This game will begin at 11 a.m., with the “Scarlet vs. Gray” game beginning immediately after. This would be a great opportunity for you and your family to see the Ohio State “Horseshoe” and enjoy an afternoon of sports. This has become a big sporting event at OSU and fans go early to tailgate, just like in the fall before each game. The tickets do not have seat numbers, so it’s a first come, first serve basis. The earlier you go, the better chance you have at getting the best seats available. All patrons seven years of age and older entering the stadium must have a ticket for entry. Any youth six years of age and under are free of charge and do not need a ticket. Tickets are on sale now in Human Resources and can be payroll deducted or paid for with cash. Tickets are only on sale until April 1. After that date, you may purchase tickets at the gate the day of the game for $20. If you have any questions, please contact a representative of Human Resources.

WELLNESS Corner
From 2012 to 2013, a significant improvement in weight loss was realized by many of FMC insured employees and spouses. As a group, participants in the Health Incentive Program lost 3,830 pounds since the last screening event! Way to go!!

Significant Weight Loss
As a group, Fairfield Medical lost 3,830 pounds since the last screening event.
- 544 participants lost weight.
- 124 participants lost 10 pounds.
- 37 participants lost at least 20 pounds.
Hospital Happenings

FMC Vascular Screenings • Thursday • March 13 • 7 - 11:30 a.m. • (1/2 Hour Appointments) • FMC North Waiting Room Area • $75 •
Call (740) 689-6893 to register • Early detection is the key. Cardiovascular disease often goes undetected until it is too late. Vascular screenings provide easy, pain-free ultrasounds that can detect this disease early.

Get the “Spring” Back in Your Step Spring Celebration • Thursday • March 20 • 4 - 7 p.m. • Tour FMC’s Outpatient Therapy Services/Sports Clinic/WorkLife Facility • 1143 E. Main St. • Take the opportunity to preview our current services and equipment. Experience our new antigravity treadmill, understand the benefits of dry needling and watch live demonstrations and learn how our accredited Industrial Program gets our patients back to work. The first 25 visitors will receive a special gift!

Bargain Boutique

The Bargain Boutique, operated by Fairfield Medical Center’s TWIG 2, is accepting consignments and donations of gently used and clean spring and summer clothing beginning March 1. The Bargain Boutique is Lancaster’s oldest consignment shop. Located at 1724 E. Main St., Lancaster, the Boutique is open 10 a.m.- 4 p.m. on Wednesdays and 10 a.m. - 2 p.m. Thursday through Saturday. Consignments are accepted on Saturdays from 10 a.m. - noon. Donations are accepted any time the shop is open.

New Printer Cartridges

As part of FMC’s Sustainability Journey, managers continue to look for ways to make hospital operations more efficient. FMC recently extended its partnership with ComDoc to continue servicing the hospital’s HP Laser Printers. However, the process for requesting and receiving toner cartridges is changing. The change began Jan. 6 in each respective department. Each department will maintain its own toner supply rather than acquiring back-up toner from the storeroom. This will save costs in two ways: The staff time in stocking and delivering, as well as making more storage room available for items that can save FMC money if bought in volume. The next time your HP Laser Printer requires a new cartridge, please use a back-up toner cartridge as you have done in the past. As soon as this cartridge is put in to service, contact the FMC “8070” Help Desk line, follow the prompts to ComDoc’s supply department (available 8 a.m. to 5 p.m. Monday - Friday) and order your back-up toner supply for the unit that was just replaced. ComDoc will then request the unique identification number found on the ID tag of the HP Laser Printer. Please ensure you have this number available when calling for your back-up toner supply. ComDoc will ship the back-up toner supply directly to the department, where you can expect to receive it within 1-2 business days. Thank you for your help in adhering to this new process, which will save money for the hospital and ensure we all do our part to “Improve Sustainability, One Click at a Time.”

Please note: This process only pertains to HP printers. Lanier printers are set to automatically order back-up toner.

The Laugh Doctor presents this year’s Doctors’ Day CME event: The HA HA HA Prescription for Healthful Bedside Humor!

Friday, March 28
11:30 a.m. - 1 p.m.
FMC Assembly Rooms
Lunch, a special gift and a chance to win one of five $100 restaurant gift cards for each physician who attends.

Oxygen for the Soul

Let us with caution indulge the supposition that morality can be maintained without religion. Reason and experience both forbid us to expect that national morality can prevail in exclusion of religious principle.

~George Washington

Meaningful moments – Prayer time: 11:45 a.m. – 12:15 p.m. Monday – Friday in the Chapel. Self-directed or with one of the chaplains. (The Chaplains’ Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration.)