You’re Invited to State of the Center

The annual State of Fairfield Medical Center is scheduled for Wednesday, April 16 at 5:30 p.m. The meeting will be held in the FMC Assembly Rooms on the second floor. Refreshments will be provided. The presentation will include a brief financial report, an update on new services, awards, challenges, plans for 2014 and a question and answer session.

Hot topics for the evening are as follows:
• Hear about the latest FMC updates.
• LINX® - A new treatment for acid reflux being offered at FMC.
• Get information on a new detection tool for lung nodules.
• Learn about New Vision™ - FMC’s new medical stabilization service for individuals who are dealing with drugs and/or alcohol addiction.
• Receive information about the three bariatric surgery procedures offered at FMC.
• Hear about the progression of Project BRIGHT and learn about how you can receive future updates.
• An announcement will be made about a special FMC achievement.

This briefing is anticipated to last no longer than one hour. The public is welcome to attend. Interested community members can use the FMC free parking garage (take the elevator from the parking garage to floor 2R).

FMC is proud to host this event and hopes you will be able to attend. Seating is limited and RSVPs are requested by calling 740-687-8009 or 740-687-8077 (with after-hours voicemail).

MS Walk April 12

Walk with us April 12 in the 2014 MS Walk. The 3-mile walk begins at 9 a.m. from 157 E. Fair Ave. in Lancaster. Contact Ashley Clouse in Marketing at ext. 4447 or ashleycl@fmchealth.org.

Fairfield Medical Center Bingo Boogie Draws Large Crowd

More than 160 employees and guests participated in Bingo Boogie on Saturday, March 15. Bingo fun was had by all. The Employee Activities Committee was able to donate $214.50 to the Employees Helping Employees Fund with the proceeds from the 50/50 drawing. The boogie portion was led by DJ Jon Bauer and many employees showed off their dance moves. Special thanks to Marlene Lecznar for coordinating this popular event.
Are You An Owner?

This month we are presenting our proposed organizational values at various Medical Staff Department meetings. At the end of this month, we will be taking them forward to our Board of Directors for formal endorsement. As we have previously communicated, FMC’s five core values are: Integrity, Empathy, Stewardship, Agility and Teamwork.

When these values were being developed, there was much discussion at the leadership table about whether “accountability” should be included. Because of its extrinsic nature, we concluded that we would not include it.

Interestingly, there was an article this week about “accountability” in Joe Tye’s weekly newsletter. As you may know, Joe wrote the book, *The Florence Prescription: From Accountability to Ownership*, which we have used as a teaching tool here at FMC.

Joe had some interesting points about accountability, but the one that stuck in my mind was that accountability is looking over someone else’s shoulder. To his point, often when we talk about accountability, we say, “holding someone accountable.” This means accountability is the opposite of values because if we truly adopt our values, we “own” them; no one else needs to hold us accountable for them.

If you take this concept one step further and consider the fact that FMC is a community-based, not-for-profit hospital, then it is truly “owned” by all of us who live, work and seek healthcare here. So, we are literally “owners” of this organization.

As such, we owe it to ourselves, our friends and family who seek care here, and the community members we serve to adopt an attitude of ownership.

Sky Gettys, Chief Financial Officer & Interim CEO

Volumes & Revenue
- Inpatient admissions and patient days were near budget for the month; however, total inpatient revenue came in -5 percent below budget due to lower than expected inpatient surgical and cardiovascular volumes and gross charge revenue.
- We served -12 percent fewer ER patients than anticipated in February and that negatively affected outpatient ER and ancillary service revenue to where it came in at -2 percent below budget.
- Combined, total gross revenue for the month arrived at -3 percent below budget.
- Higher than expected contractual allowances pushed our net revenue to a -6 percent below budget variance for the month of February.

Expenses
- Payroll-related expenses for the month were below budget for February, thanks to lower than expected employee benefit expense.
- Supply expenses were -12 percent under budget for the month due to the lower inpatient surgical and cardiovascular volumes and the related lower number of supplies utilized.
- All other expense categories were under budget for the month.

Summary
- Our lower surgical, cardiovascular, and ER-related revenue was too much to overcome and lead to us incurring a -0.7 percent operating loss for the month. Year-to-date we have incurred a -4.4 percent loss from our operations.
- After adding in the results of our joint ventures and subsidiary corporations, we were able to generate a positive 1.8 percent total margin gain for February however year-to-date we are still at a -2.8 percent total margin loss.

The first two months of 2014 have been challenging for FMC financially and we have much ground to make up in order to meet our sustainability goals for the year. Please continue to look for every opportunity to help us overcome this deficit challenge.

Sky Gettys, Chief Financial Officer & Interim CEO

FMC Family Four Pack Meals

These items will be available at the cash register in the Cafeteria on the days noted below after 2 p.m. Each selection will include enough food for four people. Instructions will be provided for those items that need further preparation. Each meal will be priced at $18.

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Nurses Week Save the Date

The celebration for Nurses Week is scheduled for Tuesday, May 6 in the Assembly Rooms.

International speaker and author Dr. Kay Ball will present “Excellence in Nursing.” Dr. Ball is an Associate Professor of Nursing at Otterbein University in Westerville, where she teaches Bachelors, Masters and doctoral students.

She also is a perioperative nurse educator and consultant working with perioperative nurses, professional organizations, healthcare facilities, industry and legislative groups.

Please join us for great food and a wonderful speaker. For questions or more information, please contact Heather Huffman at ext. 6894.

Sky Gettys, Chief Financial Officer & Interim CEO

From the Chief’s Desk

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National GI Nurse and Associate Day is March 26

Endoscopy is celebrating GI Nurse and Associate Day this week. Last year, we performed more than 5,000 procedures. The staff is trained in the following procedures: ERCP (Endoscopic Retrograde Cholangiopancreatography), EGD (Esophagogastroduodenoscopy), Colonoscopy, PEG tube placement, Bronchoscopy, Bravo, Manometry and the newest procedure, Super Navigation Bronchoscopy. We are on call 24/7 for all the GI emergencies. Please take the time to thank our GI staff for all their hard work and dedication.

Wilma Hecox Retirement Tea

Wilma Hecox will retire on April 1 after 25 years of dedicated service: Five years as a patient rep. in Cath Lab Recovery, two years as a patient rep. in the North Entrance and 18 years with Emergency Room Physicians. Her tea is slated for March 27 from 1:30-3 p.m. in Assembly Room 3. Please stop by and wish Wilma well in her retirement.

Journey to Competency Workshops

It’s time to put the pedal to the metal and hit the road! You have been hearing about the FMC competency make over for the past few years. Many of you attended the seminars presented by Donna Wright last year. Now we are ready to implement the new FMC competency model in our departments. The Competency Committee will host “Journey to Competency Tool Kit Workshops” for any interested employee to learn more about the new competency process. Attending one of these sessions is a great way to get your department off the ground with the new model!

The sessions are self-registration via www.ActiveStaffer. Course #1LD03573. Questions? Please contact Mary Rogers at ext. 8529 or maryr@fmchealth.org.

Project BRIGHT Update

The Project BRIGHT Mock Room Tours Committee is looking for community groups that would be interested in touring and providing feedback on two mock rooms located in the back of the TWIG 17 Books and More bookstore, 1151 E. Main St. in the Kroger shopping plaza. The tours will be scheduled throughout the month of April. Attendees will have the opportunity to walk through both a mock patient room and mock pre-op/post anesthesia care unit (PACU) and provide feedback at the end. If you know of a community group that would be interested in touring the mock rooms, contact Marketing Coordinator Ann Cly at (740) 687-8007 by Friday, March 28.

Mock Room Tour Times  (Allow 15-20 minutes)

Clinical staff – On March 24 and 28 employees can tour the rooms from 6:30-9 a.m., 11 a.m.-1 p.m. and 2-4 p.m.

Non-clinical staff – March 26 and 27. Non clinical staff can tour the rooms these days from 7-9 a.m., 11 a.m.-1 p.m. and 2-4 p.m.

National Nutrition Month

March is National Nutrition Month. The theme for 2014 is “Enjoy the Taste of Eating Right.” While nutrition is often considered when making food choices, taste tends to be the primary motivating factor in deciding what to eat. Take the opportunity to explore new foods.

Choose fresh produce and enhance their flavor with herbs and spices. Try adding a flavor burst with a good-quality condiment, such as horseradish, flavored mustard, chutney, wasabi, bean purees and salsas of all kinds. The Nutrition Services Department will feature a variety of ideas and opportunities for employees to “Enjoy the Taste of Eating Right.” A labeling system will be introduced in the cafeteria in March.

Please join us in celebrating National Nutrition Month!

Concierge Corner

Concierge Service Reminder

There was a change in the automotive concierge service in October 2013. The parking location has been changed to the top level of the parking garage in the northeast corner (closest to Ewing Street and Pleasantville Road). Parking signs are posted for clarification. For those who wish to have their vehicles serviced, you will continue to call your automotive specialist (from the list provided in the discount directory) to schedule an appointment and make arrangements for payment. We will no longer be taking cash or checks – you will need to pay your automotive specialist directly. You will now drop off your keys at the North Lobby and complete the appropriate envelope with your information and drop in the lock box. Vehicle keys must be picked up on the date of service no later than 5 p.m. at the North Lobby.

ESS (Employee Self-Service)

Please be sure to review your bi-weekly earnings statements on ESS. It is the employee’s responsibility to verify their benefit deductions, 401(k) election, etc. If you have questions you need to contact Human Resources for clarification. Also, please update your Personal Contact information on ESS. If there is an emergency, will Human Resources know who to contact? You need to make sure this is clarified on your Personal Contact Information tab on ESS. Did you recently move or change your phone number? If so, did you update this information on your Personal Information tab on ESS? Employees no longer need to complete a change of address/ phone number form in Human Resources. You can go directly to ESS to update this information. You also can make any tax changes or add/change checking or savings account information. If you add a new direct deposit account, make sure you inactivate any other accounts that you no longer have. Do not delete any direct deposit account.

FMC Email Communication

All employees are responsible for checking their FMC email on a regular basis so all communication is received. If there are questions regarding any communication, please contact the appropriate individual for clarification. It is the employee’s responsibility to verify their benefit deductions, 401(k) election, etc. If you have questions you need to contact Human Resources for clarification. Also, please update your Personal Contact information on ESS. If there is an emergency, will Human Resources know who to contact? You need to make sure this is clarified on your Personal Contact Information tab on ESS. Did you recently move or change your phone number? If so, did you update this information on your Personal Information tab on ESS? Employees no longer need to complete a change of address/ phone number form in Human Resources. You can go directly to ESS to update this information. You also can make any tax changes or add/change checking or savings account information. If you add a new direct deposit account, make sure you inactivate any other accounts that you no longer have. Do not delete any direct deposit account.
Congratulations to the following Surgical Services employees: Donna Peters MSN, CNOR, for completing her MBA, Cindy Argyle RN CNOR and Peggy Wilkinson RN for completing their BSN. We are very proud of your accomplishments.

Career Closet

The Career Closet serves women in need of clothes for interviewing and employment. Individuals may choose their own outfits at no cost to them. Volunteers will assist with clothes selection and may help with employment applications, resumes or interviewing skills. Donation of clothes are needed consisting of scrubs, contemporary women’s business/business casual attire and accessories. New and like new, clean donations on hangers can be dropped off at the United Way office at 115 S. Broad St., 9 a.m.-4 p.m Monday-Friday. Volunteers also are needed. The Career Closet will rely entirely on volunteers. The store will be open Tuesdays and Thursdays beginning in April. To sign up, please call Sherry Orlando at 740-653-8710.

FMC Spring Symposium

Share Your Research/Evidenced Based Projects at the Spring Clinical Symposium on Friday, April 25 from 8 a.m.-4 p.m. (Poster Session from 1:45-2:30 p.m.). It will feature “From Genes to the Genome: The Future is Now-What Every Practicing Clinician needs to Know.” Abstracts due March 31. Project poster drafts to be reviewed by NRC members by April 9. Posters need to be finalized with Marketing by April 14. If you have questions regarding the call for posters, please contact Marilyn Hargett at marilyn-ha@fmchealth.org or Teresa Ryan at teresar@fmchealth.org. Please put “2014 Symposium Call for Posters” in the e-mail subject line.

Oxygen for the Soul

“Do your best, and let God do the rest.” ~Dr. Ben Carson

Meaningful moments – Prayer time: 11:45 a.m. – 12:15 p.m. Monday – Friday in the Chapel. Self-directed or with one of the chaplains.

(The Chaplains’ Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration.)

Citrix: Changing Computing at Fairfield Medical Center

Two Citrix Systems products: XenDesktop and XenApp will be making their FMC debuts this April. Together, these two technologies will significantly change the Systems Department’s delivery, maintenance and security capabilities. They also will start to change the computer experience for many members of the FMC team. Citrix XenDesktop allows applications and even entire desktops to follow a user from one device to another. This means that what a XenDesktop top user sees when they log into the computer in their office also can be seen on their tablet or laptop. Citrix XenApp virtualizes individual applications and allows them to be accessed from a variety of devices while still being centrally maintained and managed. This means that those applications can run from and be accessed from a central location – eliminating the need for them to be installed on individual devices. The Systems Department is very excited about this move. For our IT professionals, it means faster updates and less maintenance. For our patients, it means their data will be completely stored in a secured data center and not on individual computers. And for many of our clinicians and managers, it is going to mean a greater freedom of movement – the ability to access information in the same format and using the same software to access it – on a variety of stationary and mobile devices. The servers and infrastructure to support this technology is already being built in the FMC Data Center and your chance to check it out is coming soon. An open house will be held in Assembly Room 2 on Monday, March 24 from 2-4 p.m., 6-8 p.m., and 10 p.m.-12 a.m. It will include live technology demonstrations and the ability to try it out. Please join us and come see how some of our office and clinical applications will work when accessed through a Citrix infrastructure.

2014 National Doctors’ Day Celebration

The Fairfield Medical Center Foundation, along with Fairfield Medical Center, invites you to an event to celebrate YOU! The Foundation was established to help serve the needs of our Center and that includes investing in the healthcare of our own physicians!

Please R.S.V.P. to Latricia Johnston by March 21 at latriciaj@fmchealth.org or ext. 8348.

The Fairfield Medical Center Foundation designates this Live Activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
**Scholarship Opportunity**

The Fairfield County Medical Alliance is once again offering its medical scholarship. This scholarship is available to any student who is a resident of or works in Fairfield County and wishes to pursue a degree in the healthcare field. The money may be used for tuition, books or housing. Last year, the Medical Alliance awarded more than $10,000 to area students. Please note: The deadline for the scholarship application is April 1. Selection is based on quality of application, how well the student meets the criteria, need, character and motivation of applicant. Applications will be available in Marketing and Human Resources. If you have any questions, feel free to contact Amy Woo at 740-277-7922.

**One Week and Counting . . .**

Learning and Development continues preparation for the Talent Development Center’s release. Go-live is planned for April 1 – No Foolin’! The last few articles focused on “what,” “who” and “where.” This article will focus on “why.” So – “why” are we changing systems?

Have you experienced frustration when trying to sign up for a class or complete an online lesson? Active Staffer once met FMC’s needs very well, but as technology has advanced, the needs of the system have increased.

**Responsibilities within the system:**

- The new system allows for responsibilities and privileges to be assigned based on the need of specific groups of users (managers, training coordinators, employees, administrators, etc.) This will promote added security of learner information.

**Improved course registration:**

- Self-registration for learning and courses will be much easier. Employees will be able to search by title and keyword. Usually, you will not have to have the number of the course to register.
- Information and reminders related to training will be sent to the learner via the system to their FMC email account. Manager and supervisors will receive reminders related to their reports.
- Users also will enjoy improved ability to view their records, unenroll from activities and actually complete required learning events/activities.
- Closer link to other critical systems: The new system will link to the other components of the Human Resources Information system, including Payroll, HR, Time and Attendance, Scheduling and more.

**Compliance with Conditions of Employment:**

- At a future date, the system will know if someone is out of compliance for mandatory requirements (condition of employment).
- It will then not allow you to clock-in until the requirements are completed.

Keep your eyes posted for the training schedules!

For those who are participating in the FMC Wellness Program (points for prizes) the deadline to turn in your first quarter points is Friday, April 11. This would be the total points you have accumulated from the time you signed up through March 31. You do not have to cash in your points at this time, however, they do need to be turned in. Points received after the April 11 deadline will not be accepted. You can email, fax or interoffice your points to Health & Wellness, attention: Amanda Northrup. A schedule for opportunities to participate in a voluntary weigh-in for a chance at an additional prize will be released next week. If you have any questions, please contact Health & Wellness Services at ext. 6822.

**EVENTS**

**From the Employee Activities Committee**

**Easter Bunny Visit** - April 10 from 4-7 p.m. in the 2nd Floor Conference Room. Stop by with your little ones to get a picture taken with the Easter Bunny and receive an Easter sweet treat. Pictures will be available for pickup at a later date. Submit registration to Human Resources by April 7. The registration form can be found on the FMC Intranet/Employee Activities button.

**Nashville, Tennessee Bus Trip** - Aug. 29-31! Trip includes transportation to Nashville and two-night stay at the DoubleTree by Hilton. Discounts are available for optional attractions, including the Opry and Ryman Auditorium. Prices are Double $309.33, Triple $235.89, and Quad $199.16. Please see the FMC Intranet/Employee Activities button for additional information and reservation forms. Questions? Please contact Dustin Burton at ext. 6910 or dustinb@fmchealth.org.

**Kings Island Family Fun Day** - Join us Saturday, June 28. As in previous years, our tickets will allow us into the park after 5 p.m. on Friday, June 27. Watch for more information in future editions of *Monday Morning*. FMC has reserved a block of rooms at the Hilton Garden Inn in Mason, Ohio for both June 27 and 28. Due to the very large number of events occurring in the Mason and Cincinnati area that weekend, we highly recommend employees book rooms as soon as possible. Our block is only guaranteed until April 27. The link to reserve a room can be found on the Intranet under the Employee Activities tab. This link will reserve the room through the Hilton and you will pay FMC for the room (this will waive the Ohio State sales tax). For questions or more information, contact Bob Williams at robertw@fmchealth.org.

**Casting Crowns** - Thrive Tour at the Schottenstein Center on Friday, May 2 at 7 p.m. Tickets are $26 per person. Order deadline is April 25 at 3 p.m. See the FMC Intranet/Employee Activities button for order form.

**Cirque du Soleil’s Michael Jackson** - The Immortal World Tour at the Schottenstein Center. Friday, April 18 and Saturday, April 19 at 8 p.m. Tickets ranging from $43.50 to $168. Please see the FMC Intranet/Employee Activities button for ticket information, seating chart and order form.

**Thunder Alley Bowling at Tiki Lanes** - on Friday, May 2 from 10 p.m. – midnight. All are welcome. Bowling is $8 per person and includes shoe rental. Lanes can be reserved for 4-6 bowlers per lane. Please see the FMC Intranet/Employee Activities button for reservation form. Reservations are due by April 18.

See the FMC Intranet/Employee Activities button for an order form for the above mentioned events.

**Come join us for the Defibrillator Vendor Fair**

Attention FMC staff and physicians: The Code Blue Committee is working on a 2015 capital request to replace current defibrillators with a standardized model. All staff required to take ACLS, CPR or When Seconds Count are encouraged to attend and will be able to evaluate models manufactured by Phillips, Physio-Control and Zoll. The Vendor Fair will be held on Tuesday, April 1 from 7 a.m.-7 p.m. in Assembly Rooms 2 and 3.
Hospital Happenings

FMC Blood Drive • Thursday • March 27 • 10 a.m. - 5 p.m. • Assembly Room 2 • Come to give blood and make a difference in the lives of others. To schedule an appointment, call Amy Reedy at 740-687-8443 or email amyr@fmchealth.org.

Wound Clinic Open House • 10 a.m. to 3 p.m. • Thursday • April 3 • Pavilion, Suite 302 • Light Lunch Provided • Take time to meet the staff in the wound clinic and tour their space.

Heart Failure Management and Support Class • Thursday • April 3 • 6 p.m. • Second Floor Rehab Gym Conference Room • No Charge to Attend • Have you or a loved one been diagnosed with heart failure? Register by calling 740-687-8261.

Acid Reflux Seminar • Thursday • April 3 • 6:30 p.m. • Assembly Rooms Is your acid reflux treatment failing to provide relief? Join us for a free seminar to learn about a new, FDA approved device called the LINX® System that is changing the treatment of acid reflux. Dr. Elwood Martin, medical director for the Fairfield Medical Heartburn Center, will discuss how the LINX can help patients who continue to suffer from gastroesophageal reflux disease (GERD), despite prior medical intervention. Fairfield Medical Center is one of only three hospitals in Central Ohio to offer the LINX. Seating is limited. To RSVP, call FMC at 740-687-8007.

Diabetes Self Management Class • Friday April 4 • 9 - 11 a.m. • Fairfield Medical Center • Whether you have been recently diagnosed with diabetes or have been managing it for several years, the Diabetes Self-Management education is designed to teach you more about healthy lifestyle skills that are required to manage your blood sugar levels. The team of healthcare professionals at Fairfield Medical Center use several different methods of learning to teach you how to properly use medications and insulin, make healthy food choices, and be physically active to help control your blood sugar. Registration is required by calling Stephanie VanHorn, RN, CDE, at 740-687-8492.

Annual State of Fairfield Medical Center • Wednesday • April 16 • 5:30 p.m. • Assembly Rooms 2 & 3 • Join us for an FMC update and the new services being offered to benefit the community. Refreshments will be provided. Seating is limited. RSVPs are requested at ext. 8009 during office hours or ext. 8077 after hours.

Ohio Nursing Law Update 2014 - Pam Dickerson with PRN Continuing Education 3 Category A (nursing law) contact hours • Thursday • April 22 • Two sessions offered 8:30 - 11:45 a.m. or 12:30 - 3:45 p.m. • Accounting Training Building • Self-registration at www.ActiveStaffer Course # 1LD00464. Contact Mary Rogers at ext. 8529 or maryr@fmchealth.org for questions.

Tobacco Cessation • May 7 - June 11 • 6-7:30 p.m. • Learn methods to quit tobacco and discuss the latest treatments and medications available. This six-week class is held every Wednesday at the Cancer Resource Center. The expectation is for all participants to quit smoking by the fourth class (May 28). Seating is limited and registration is required. The fee for the class is $30 and will be refunded if participants attend all six sessions. To register, call 740-689-6822.

Weight Watchers to begin another session in April. Please come to the open house on April 9 at 5:30 p.m. in Classroom B & C on the 4th Floor West Wing. Sheryl Johnson is the Weight Watchers leader and she will be available to answer any questions and help you complete the paperwork, including payroll deduction if you should choose that option. The meetings will be held on Wednesdays from 5:15-6 p.m. Weight Watcher’s is available to ANYONE...so invite people in the community to join with you!

Fairfield Medical Center’s Mission: FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center’s Vision: FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Ethics & Compliance Hotline 1-855-541-4169 or go to www.fmchealth.ethicspoint.com