



Monday Morning



Bariatrics Ad Campaign Kick-off

p. 6

Bill Tschopp Retires After 34 Years



For all the late nights,
all the long hours,
all the sacrifices . . .

We thank you.

Happy Doctors' Day!

We celebrate you on March 30. Your patients and the FMC family thank you for being our everyday heroes.

Celebrating Doctors' Day

Sunday, March 30, was National Doctors' Day. Fairfield Medical Center thanks all of our physicians for the care that they give on a daily basis.

We know you give 100 percent to your patients and we can't thank you enough for your commitment. Your hard work and dedication shows through in the care you give.

Your community cares about you and is thankful to you on this day.

FMC Staff Visit New York City



Pictured above is Heather Davis, Six Sigma, (right) and her mom in front of The Statue of Liberty. Heather Davis of the Employee Activities Committee hosted a fun weekend trip to New York City the weekend of March 21-23. FMC employees and their guests enjoyed everything the Big Apple has to offer, including visits to The Statue of Liberty, the Empire State Building, the 9/11 Memorial, Rockefeller Center and, of course, Times Square! For more information about the Employee Activities Committee, or if you wish to join the committee, call Wendy Travis at ext. 8395.

Employee Focus: Sherrie Ludwin



Fairfield Medical Center is proud to announce Sherrie Ludwin as the Manager for Nursing Services and Respiratory, in addition to Endoscopy and the Fairfield Medical Heartburn Center. She has moved her office to Nursing Services and can be reached at ext. 8839.

Patient Safety Award



It is time again to start nominating individuals for the Quarterly Patient Safety Award. This award recognizes employees for their contributions to the Patient Safety Program.

Continued on p. 6

Straight Talk From Sky

Just Say Thanks . . .

Hospital celebrations will be occurring across the country today in recognition of National Doctor's Day. There will be lunches, gifts, posters and an assortment of other activities – all designed to honor physicians for their dedication and service to patients. Fairfield Medical Center is no different.

On Friday, FMC hosted a presentation by Clifford Kuhn, M.D., as part of a day-long Doctor's Day celebration for our medical staff. His talk was titled, "The Ha, Ha, Ha Prescription for Healthful Bedside Humor!" Dr. Kuhn reminded us of how powerful a genuine expression of gratitude can be. While we work alongside physicians most days of the week and do need to sincerely express appreciation for the work that they do for our patients, I would like to encourage you to go one step further.

Doctors are usually the first people we meet in this world, and are often among the last that we see before we leave it. They are a listening ear, a partner in our wellbeing and a reliable confidante. As such,



I would like to encourage each of you to take a few minutes today to reflect upon the impact your personal doctors have had on your life. If you are lucky enough to stumble upon them – or have a way to make contact with any of them today – please do so. And, when you do connect, just say thanks. It's the simplest, but most important part of Doctor's Day.

And to the doctors who are reading this article, a sincere thanks to you. We are glad you are part of our FMC team.

Sky Gettys, Chief Financial Officer & Interim CEO



Komen Race for the Cure

Join us May 17 at 8 a.m. for the Susan G. Komen Race for the Cure 5K Run/Walk. To join FMC's team, email Joyce Cox at joycecox@fmchealth.org or Jacob Freeman at jacobf@fmchealth.org. FMC has recieved more than \$200,000 in Komen grants the last four years, so please consider supporting this

event. First organized in 1983, the Komen Race for the Cure Series has grown from one race with 800 people in Dallas to a global series of more than 150 races with 1.6 million people participating on four continents. **To join FMC's team, go to <http://apps.komen.org/racefortheCure/?itc=homeac>**

From the Chief's Desk

In June, FMC will unveil secure website access for patients to view selected chart information, such as lab and radiology results. Commonly known as a patient portal, this technology allows the relationship between patients and providers to be more of a partnership and engages patients in their own health care. Studies demonstrate that patients with chronic illness who interact with their electronic health record through a patient portal are more likely to have favorable outcomes, remember details and demonstrate understanding about their health.

Gone will be the days of appearing in person at the medical records department to sign out a copy of your medical records. The patient portal puts your health in your hands as an active member of your health care team. It allows you the convenience to view your chart any time of the day, to avoid unnecessary phone calls or phone tag, to refer back and digest the information at a later time and to share your information with other health care providers or family members. In fact, the patient



portal provides results timely and consistently, regardless of whether they are positive or negative and regardless of whether your physician has seen them. Seeing results is proven to be

empowering, but there is always the chance that the results could be misinterpreted. To avoid confusion, you should talk with your physician when the test is ordered about how to interpret the results and what to do if you are concerned about them.

FMC's patient portal will initially contain lab results, radiology results and inpatient discharge documentation.

Later this year, additional functionality to enable secure messaging (secure email) will be activated. Stay tuned for more information as the year progresses. If you would like to learn more about our patient portal, please contact me at drjrobertson@fmchealth.org.

Dr. Jean Robertson
Chief Medical Information Officer

Key Contributor Award Winners

Bash, Sondra - River View
Beiter, Jennifer - Cath Recovery
Birch, Jennifer - 3rd Med./Surg.
Blosser, Tammy - Pavilion
Brannon, Katrina - Surgery
Cooper, Christine - PCU
Cruit, Julie - Pavilion
Fisher, Connie - Central Sched.
Frasure, Stephanie - River View
Fruth, Margaret - 5th Med./Surg.
Grubb, Becky - PCU
Hacker, Heather - Observation
Hendrickson, Marjorie - PCU
Hurst, Andrew - Materials Mgmt.
Hutchison, Ressa - River View
Johnson, Victoria - Surgery
Kincaid, Lindsey - FHP
Klingelhafer, Jessica - Infusion

LaPorte, Kimberly, PCU
McCafferty, Debbie - PCU
Perry, Kendra - PCU
Phoenix, Brandon - Cardio.
Fitness
Pyle, Cheryl - Pharmacy
Roe, Joshua - Surgery
Scholl, Cheryl - ICU
Shinn, Samantha - Resp. Therapy
Skeens, Beverly - Resp. Therapy
Toth, Gwendolyn - River View
Vannoy, Patty - Cath Lab
Welch, Barbara - Clinical
Systems Support
Wile, Jennifer - 5th Floor Med./
Surg.
Zwicker, Debbie - Contracts and
Collections

FMC Spring Symposium

Share Your Research/Evidenced Based Projects at the Spring Clinical Symposium on Friday, April 25 from 8 a.m.-4 p.m. (Poster Session from 1:45-2:30 p.m.). It will feature "From Genes to the Genome: The Future is Now-What Every Practicing Clinician needs to Know." Abstracts due March 31. Project poster drafts to be reviewed by NRC members by April 9. Posters need to be finalized with Marketing by April 14. If you have questions regarding the call for posters, please contact Marilyn Hargett at marilynha@fmchealth.org or Teresa Ryan at teresar@fmchealth.org. Please put "2014 Symposium Call for Posters" in the e-mail subject line.



Project BRIGHT Mock Room Tours LAST CHANCE!

The Project BRIGHT Mock Room Tours Committee is looking for community groups that would be interested in touring and providing feedback on two mock rooms located in the back of the TWIG 17 Books and More bookstore, 1151 E. Main St. in the Kroger shopping plaza. Going forward for April, there will not be open tour times, but Fairfield Medical Center team members are encouraged to schedule tour times for their committees, staff meetings and for other groups (even community groups they serve on).



Build, Revitalize and Innovate for Greater Healthcare Tomorrow.

Attendees will have the opportunity to walk through both a mock patient room and mock pre-op/post anesthesia care unit (PACU) and provide feedback at the end. If you know of a community group that would be interested in touring the mock rooms, contact Lynne Lutz at 740-687-8077.

Nurses Week Save the Date

The celebration for Nurses Week is scheduled for Tuesday, May 6 in the Assembly Rooms. International speaker and author Dr. Kay Ball will present "Excellence in Nursing." Dr. Ball is an Associate Professor of Nursing at Otterbein University in Westerville, where she teaches Bachelors, Masters and doctoral students. She also is

a perioperative nurse educator and consultant working with perioperative nurses, professional organizations, healthcare facilities, industry and legislative groups. Please join us for great food and a wonderful speaker. For questions or more information, please contact Heather Huffman at ext. 6894.

HR Corner

METLIFE

A representative from MetLife will be at the Center on Friday, April 4 from 10:30 a.m.-1:30 p.m. in the Café. Stop by at your convenience to see the display and ask questions about their product.

Last Chance for Tickets for The Ohio State Football Annual Spring Game

Human Resources has Ohio State Football tickets for sale for their Annual Spring Game on Saturday, April 12. The game is scheduled to begin at 1:30 p.m. All tickets are general admission and will cost \$8.80 per ticket. Included in the price is a Men's Lacrosse game between Ohio State and Michigan. This game will begin at 11 a.m. with the "Scarlet vs. Gray" game beginning immediately. This would be a great opportunity for you and your family to see the Ohio State "Horseshoe" and enjoy an afternoon of sports. This has become a big sporting event at OSU and fans go early to tailgate, just like in the fall before each game. The tickets do not have seat numbers, so it's a first-come, first-serve basis. The earlier you go, the better chance you have at getting the best seats available. All patrons 7 years of age and older entering the stadium must have a ticket for entry. Any youths 6 years of age and under are free of charge and do not need a ticket. Tickets are on sale now in Human Resources and can be payroll deducted or paid for with cash. Tickets are only on sale until April 1. After that date, you may purchase tickets at the gate the day of the game for \$20. If you have any questions, please contact a representative of Human Resources.

Patient Safety Award (cont.)

This award honors those who go the extra mile to provide a safer environment for our patients. **Eligibility:** Any hospital employee, physician, student or volunteer may be nominated. **Nomination Procedure:** Complete the Patient Safety Award Nomination Form and return it to Eric Brandt. The form can be found on the searchable forms. First quarter nominations will be taken until April 15.

Hospital Week Choir Dates

The Center Choir will perform during Hospital Week. We welcome any new members who share in the love of song. Practices will be held in the 2nd Floor Conference room from 3:30-4:30 p.m. The dates are as follows: **April 1, 2, 8, 9, 15, 16, 22, 23, 29 & 30 and May 7.** This is open to any Center staff, physicians or volunteers. Please join us! If you have any questions, please contact Missy in Human Resources at ext. 8122.

The New Talent Development Center is Going Live April 1 No Foolin'

On April 1, FMC will welcome a new piece of the Human Resources Information System (HRIS) – the Talent Development Center! The system will be live to employees on April 1 at 9 a.m. Employees will access their TDC personal employee dashboard via the link on the ESS home page. If you have not already done so, make certain your FMC email account is working. If not, please contact Systems at ext. 8070 or submit an online ticket. The new system

will notify employees of required trainings, training changes, etc. Each employee is responsible for making certain required training and ensuring conditions of employment are current. The TDC go-live team is in the process of moving those who are registered for classes in the current system into the new system. The goal is to move all individuals registered for classes through April 30 to the new system prior to go-live on April 1. Classes occurring in May or later will

be visible soon. Employees will be notified when all classes have been moved to the new system. Open House style training for employees will be held April 1-6. Updated flyers will be emailed to all employees on Monday, March 31. Managers, Supervisors and Training Coordinators who were unable to attend training or who wish to have additional assistance are welcome to visit the open house sessions, as well.

Hospital Week is Coming

Hospital Week is coming! We need your help in nominating fellow employees for the awards listed below. We have changed the awards this year. To vote on the Employee of the Year, you can fill out the nomination form below instead of the normal ballot with names. We will still have two runners-up.

There also will be a new award called the "Excellence in Service Award." This award will replace the following awards: Community Service Award, Professional Excellence Award, Quality and Safety Service Award and Legendary Service Award. Please fill out the nomination form for any

person whom you feel is an ambassador for the Center. We will still give out the following awards as done in the past: Foundation Legendary Employee Philanthropist, Leadership Teammate of the Year, Wellness Star and the President's Award. Any employee of Fairfield Medical Center who is not currently in the disciplinary process is eligible. **Please return all ballots to Human Resources or the Direct Line Box by April 25.**



Excellence in Service Award ~

This award is given to an employee who is an ambassador for the Center. This person goes above and beyond volunteering and is an advocate for the patient by ensuring that he or she receives safe, high quality care. He or she also makes a significant difference in customer service and demonstrates professionalism and excellence on a daily basis. This person is dedicated to promoting quality as a vital element to enhancing patient satisfaction and operational performance.

Nominator's name _____ Department _____

I would like to nominate _____ From the _____ Department.

Why does this employee deserve this award? _____

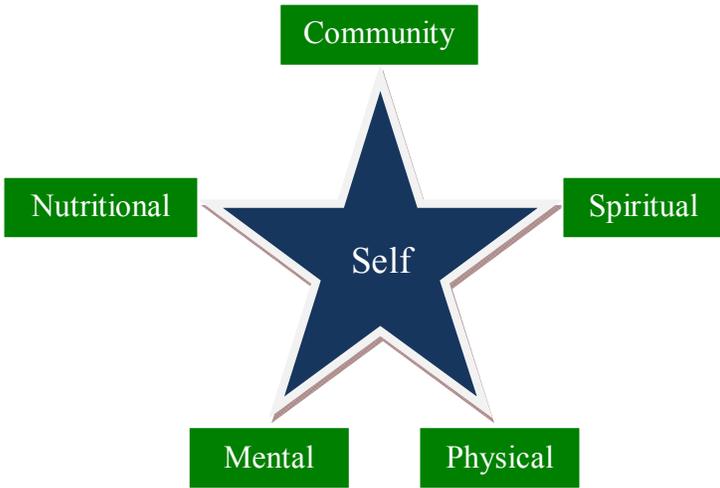
Teammate of the Year (Employee of the Year) ~

This person puts Patients First by adhering to a core set of organizational values: empathy, integrity, stewardship, agility and teamwork. This person also makes a difference to patients and fellow co-workers by going above and beyond on a daily basis. They never say it's not their job when asked to do something and are extremely hard-working and dedicated to the Center. This person is someone you would want to work with during an increased workload and you can always count on him or her for help.

Nominator's name _____ Department _____

I would like to nominate _____ From the _____ Department.

Why does this employee deserve this award? _____



Wellness Star Nomination Form

Nominee: _____

Nominator: _____

Date: _____

(Please limit your comments to the space provided)

1. Describe any major changes this person has made in the last year to improve their wellness:

2. Describe this person's exercise or physical activity program:

3. Talk about their nutritional habits:

4. What has this person done to inspire you (or others) to make changes in your life to improve your overall wellness:

5. What methods or activities does this person use to handle stress or to relax in their life:

6. Is this person involved in any community or volunteer activities:

Bowl for Kid's Sake

Bowl for Kids' Sake is Big Brothers, Big Sisters' signature fundraiser. Each year, half a million people across America come together to have fun and raise money to support Big Brothers, Big Sisters as we change how children grow up! Bowl for Kids' Sake is the perfect way for the business community and individual donors to make an impact on our community. It's not just about bowling; it's about having fun and supporting a great cause. We've been holding Bowl for Kids Sake in our community for the past 26 years. Join us in helping make this year's event the best yet! Recruit a team of bowlers to participate in one of the bowling sessions scheduled for April 26 & 27 at Tiki Lanes in Lancaster, with sessions at noon or 2 p.m. or on May 3 at Rule(3) in Pickerington, with a session at 1 p.m. For more information, call 740-687-9477 or register on-line at www.bbbs-fairfieldoh.org.



Big Brothers Big Sisters
of Fairfield County

Reminder...Training Request Process Begins April 1

April 1 is the date that FMC will officially begin the use of the Training Request Form to request training/education, Training-related AV support, Sim/Skills Lab, Simulation Coordinator, TEMPO Coordinator assistance and Continuing Education hours (except CME). The request form is located on the Intranet, under the "Learning and Development" tab, and the "Forms" bubble. Once completed, it is submitted to Learning and Development via Outlook using the "Training Requests" mailbox. The form provides a list of when training requests are required.

- Equipment Use – other than CPR mannequins, laptops, projectors, etc.
- Simulation lab(s), Simulation Coordinator, Skills Lab
- Training/Education-related Audio Visual Services
- Assistance of TEMPO Coordinator
- Identified actual or potential training or performance improvement needs
- Training that will eventually be put into the new LMS
- If in doubt, complete the form

If you have any questions, please contact Katie Hannahs at ext. 6942 or katieha@fmchealth.org or Michelle Stiver at ext. 6941 or michellest@fmchealth.org



From Left: Robert Zee, D.O.; Emily Curry, Bariatric Dietitian; Timothy Custer, M.D., Chris Chong, Exercise Specialist; Jeannine Abbott, Phys. D.; Pamela Dye, Bariatric Program Coordinator.

Your Expert Weight-Loss Team

Did you know that obesity can shorten a person's lifespan by 8 to 15 years?

That eye-opening statistic demonstrates just how important it is to achieve and maintain a healthy weight.

Led by bariatric surgeon Dr. Timothy Custer, a unique team of obesity experts provide patients with **comprehensive, individualized care** and ongoing physical, nutritional, behavioral and emotional support. Specialized team members include a **bariatrician**, a **bariatric psychologist**, a **dietitian** and **exercise specialist**.

The bariatric team at FMC offers permanent weight-loss solutions close to home with **more than 1,300 procedures** performed by Dr. Custer.

Contact us for your free, confidential consultation.



Fairfield
Medical Center

People you know. Care you trust.

fmchealth.org
740-689-4460



WELLNESS Corner

Don't Forget! For those who are participating in the FMC Wellness Program (points for prizes) the deadline to turn in your first quarter points is Friday, April 11. This would be the total points you have accumulated from the time you signed up through March 31. You do not have to cash in your points at this time, however, they do need to be turned in. Points received after the April 11 deadline will not be accepted. You can email, fax or interoffice your points to Health & Wellness, attention: Amanda Northrup. Opportunities to participate in a voluntary weigh-in will take place the week of April 7 - April 11. You may weigh in at Health & Wellness Services between 7:30-9 a.m. OR in the diabetic education room outside the Café from noon-1 p.m. Monday through Friday that week (April 7-April 11). If you have any questions, please contact Health & Wellness Services at ext. 6822.

Scholarship Opportunity

The Fairfield County Medical Alliance is once again offering its medical scholarship. This scholarship is available to any student who is a resident of or works in Fairfield County and wishes to pursue a degree in the healthcare field. The money may be used for tuition, books or housing. Last year, the Medical Alliance awarded more than \$10,000 to area stu-

dents. Please note: The deadline for the scholarship application is April 1. Selection is based on quality of application, how well the student meets the criteria, need, character and motivation of applicant. Applications will be available in Marketing and Human Resources. If you have any questions, feel free to contact Amy Woo at 740-277-7922.

Come Join us for the Defibrillator Vendor Fair

Attention FMC staff and physicians: The Code Blue Committee is working on a 2015 capital request to replace current defibrillators with a standardized model. All staff required to take ACLS, CPR or When Seconds Count are encouraged to

attend and will be able to evaluate models manufactured by Phillips, Physio-Control and Zoll. The Vendor Fair will be held on Tuesday, April 1 from 7 a.m.-7 p.m. in Assembly Rooms 2 and 3.

Lessons on Lent: What's Hinderling You?

It's no surprise to find life can be pretty hard at times. If you're like me, you're often juggling several important responsibilities every day, if not every moment. We fool ourselves into thinking we're self-sufficient at the expense of connecting with others and God. A lot can get in the way. Things like Pain—past experiences that remain in our thoughts; Shame—trying to hide from our failures; Anger—deeply disappointed at loss; Fear—of the unknown or the need to change in some way. How can we overcome these barriers? By remembering God is for us, not against us. He eagerly awaits us

to draw near...Jesus invites us to "Come to me, all of you who work and have heavy loads. I will give you rest. Follow my teachings and learn from me. I am gentle and do not have pride. You will have rest for your souls. For my way of carrying a load is easy and my load is not heavy." St. Matthew 11:28-30

I encourage you during this season of Lent to bring to God whatever burdens hinder you. He is more than able to meet your needs. Remember, God is just a prayer away. ~Vinita Hamptom Wright, author of Days of Deepening Friendship

EVENTS

From the Employee Activities Committee

Easter Bunny Visit - April 10 from 4-7 p.m. in the 2nd Floor Conference Room. Stop by with your little ones to get a picture taken with the Easter Bunny and receive an Easter sweet treat. Pictures will be available for pickup at a later date. Submit registration to Human Resources by April 7. The registration form can be found on the FMC Intranet/Employee Activities button.

Nashville, Tennessee Bus Trip - Aug. 29-31! Trip includes transportation to Nashville and two-night stay at the DoubleTree by Hilton. Discounts are available for optional attractions, including the Opry and Ryman Auditorium. Prices are Double \$309.33, Triple \$235.89, and Quad \$199.16. Please see the FMC Intranet/Employee Activities button for additional information and reservation forms. Questions? Please contact Dustin Burton at ext. 6910 or dustinb@fmchealth.org.

Kings Island Family Fun Day - Join us Saturday, June 28. As in previous years, our tickets will allow us into the park after 5 p.m. on Friday, June 27. Watch for more information in future editions of *Monday Morning*. FMC has reserved a block of rooms at the Hilton Garden Inn in Mason, Ohio for both June 27 and 28. Due to the very large number of events occurring in the Mason and Cincinnati area that weekend, we highly recommend employees book rooms as soon as possible. Our block is only guaranteed until April 27. The link to reserve a room can be found on the Intranet under the Employee Activities tab. This link will reserve the room through the Hilton and you will pay FMC for the room (this will waive the Ohio State sales tax). For questions or more information, contact Bob Williams at robertw@fmchealth.org.

Casting Crowns - Thrive Tour at the Schottenstein Center on Friday, May 2 at 7 p.m. Tickets are \$26 per person. Order deadline is April 25 at 3 p.m. See the FMC Intranet/Employee Activities button for order form.

Cirque du Soleil's Michael Jackson - The Immortal World Tour at the Schottenstein Center. Friday, April 18 and Saturday, April 19 at 8 p.m. Tickets ranging from \$43.50 to \$168. Please see the FMC Intranet/Employee Activities button for ticket information, seating chart and order form.

Thunder Alley Bowling at Tiki Lanes - on Friday, May 2 from 10 p.m.—midnight. All are welcome. Bowling is \$8 per person and includes shoe rental. Lanes can be reserved for 4-6 bowlers per lane. Please see the FMC Intranet/Employee Activities button for reservation form. Reservations are due by April 18.

Ringling Bros. and Barnum & Bailey Circus at the Schottenstein Center - Join us May 8-11, 2014. Tickets starting at \$14 with special Mother's Day offer. Order deadline is May 1 at 3 p.m. Please see Intranet flyer for order information.

Oxygen for the Soul

"God is preparing His heroes; and when the opportunity comes, he can fit them into their places in a moment, and the world will wonder where they came from."

~A.B. Simpson

Meaningful moments - Prayer time: 11:45 a.m. - 12:15 p.m. Monday - Friday in the Chapel. Self-directed or with one of the chaplains. (*The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration.*)

Hospital Happenings

Wound Clinic Open House • 10 a.m. to 3 p.m. • Thursday • April 3 • Pavilion, Suite 302 • Light Lunch Provided • Take time to meet the staff in the wound clinic and tour their space.

Heart Failure Management and Support Class • Thursday • April 3 • 6 p.m. • Second Floor Rehab Gym Conference Room • No Charge to Attend • Have you or a loved one been diagnosed with heart failure? Register by calling 740-687-8261.

Acid Reflux Seminar • Thursday • April 3 • 6:30 p.m. • Assembly Rooms
Is your acid reflux treatment failing to provide relief? Join us for a free seminar to learn about a new, FDA approved device called the LINX® System that is changing the treatment of acid reflux. Dr. Elwood Martin, medical director for the Fairfield Medical Heartburn Center, will discuss how the LINX can help patients who continue to suffer from gastroesophageal reflux disease (GERD), despite prior medical intervention. Fairfield Medical Center is one of only three hospitals in Central Ohio to offer the LINX. Seating is limited. To RSVP, call FMC at 740-687-8007.

Diabetes Self Management Class • Friday • April 4 • 9 - 11 a.m. • Fairfield Medical Center • The team of healthcare professionals at Fairfield Medical Center use several different methods of learning to teach you how to properly use medications and insulin, make healthy food choices and be physically active to help control your blood sugar. Registration is required by calling Stephanie VanHorn, RN, CDE, at 740-687-8492.

TWIG 16 Reader's Digest Books Are Fun 2 Day Sale • Monday, 7 a.m. - 11 p.m. on April 14 OR Tuesday, 4 a.m. - 4 p.m. on April 15 • Great selection of Easter items, books & gifts! Payroll deduction will be available.

Annual State of Fairfield Medical Center • Wednesday • April 16 • 5:30 p.m. • Assembly Rooms 2 & 3 • Join us for an FMC update and the new services being offered to benefit the community. Refreshments will be provided. Seating is limited. RSVPs are requested at ext. 8009 during office hours or ext. 8077 after hours.

Ohio Nursing Law Update 2014 - Pam Dickerson with PRN Continuing Education 3 Category A (nursing law) contact hours • Tuesday • April 22 • Two sessions offered 8:30-11:45 a.m. or 12:30 - 3:45 p.m. • Accounting Training Building • Self-registration at www.ActiveStaffer Course # 1LD00464. Contact Mary Rogers at ext. 8529 or maryr@fmchealth.org for questions.

Rotary Health Check (Health Blood Screening) • Saturday • May 3 • 7 - 11 a.m. • Testing Location: Fairfield Medical Center Health & Wellness Services - 1145 East Main Street • The Lancaster-Sherman Rotary is concerned about your health! Our bi-annual community health blood screening is offered each year at an affordable rate. No health insurance needed. Walk-ins welcome. 10-12 hours of fasting is recommended. Only cash, check or money orders will be accepted. For questions or more information, call Melissa Newman at (740) 687-8139.

Tobacco Cessation • May 7 - June 11 • 6-7:30 p.m. • Learn methods to quit tobacco and discuss the latest treatments and medications available. This six-week class is held every Wednesday at the Cancer Resource Center. The expectation is for all participants to quit smoking by the fourth class (May 28). Seating is limited and registration is required. The fee for the class is \$30 and will be refunded if participants attend all six sessions. To register, call 740-689-6822.

Weight Watchers to begin another session in April. Please come to the open house on April 9 at 5:30 p.m. in Classroom B & C on the 4th Floor West Wing. Sheryl Johnson is the Weight Watchers leader and she will be available to answer any questions and help you complete the paperwork, including payroll deduction if you should choose that option. The meetings will be held on Wednesdays from 5:15-6 p.m. Weight Watcher's is available to ANYONE...so invite people in the community to join with you!

Fairfield Medical Center's Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Birthdays

MONDAY

Sharon Camps – Billing
Diane Doyle – Observation Unit
Tina Green – Pharmacy
Mary Gueulette – FHP, Physician Services
Jennifer Hambel – Observation Unit
Lindsey Kincaid – Fairfield Cardiology
Wendy Metzger – Surgery Pavilion
Tonya Smith – Volunteer, Cancer Resource Center
Billie Sprout – Housekeeping
Cindy Taylor – Accounting

TUESDAY

Tammy Adams – Emergency Dept.
Christopher Altier – Biomed Engineering
Joann George – Volunteer, ICU Waiting
Michelle Skatzes – Lab, River Valley
Stefani Stewart – School Based Nursing

WEDNESDAY

Deidra Benson – Dietary
Mary Campbell – PCU
Emily Casto – Sixth, Joint Unit
Marsha Edwards – Maternity
Sonya Poff – Contracts and Collections
William Tschopp – Plant Engineering
Stacie Walther – Surgery
Susan White – Amanda

THURSDAY

Julie Darfus – Radiology, PACS
Charma DuPerow – Maternity
Lori Phillips – Third, Med./Surg.
Sharon Scruggs – Contracts and Collections
Jan Thompson – Central Transport

FRIDAY

Brenda Black – Pharmacy
Lori Guptill – Third, Med./Surg.
Melissa Knoble – Surgery, River View
Sandra Wagner – Fourth, Med./Surg.

SATURDAY

Julia Cramer – Speech Therapy
Abbie Fox – Fourth, Med./Surg.
Jillian Kidd – Physicians Services Float Pool
Amy Shaffer – Observation Unit
Heather Templin – Fifth, Med./Surg.
Leah Uhl – Recovery/PACU
Jennifer Wohrer – FDI

SUNDAY

Katie Arent – Fifth, Med./Surg.
Lucinda Hutchins – Surgery, River View
Daniel Jackson - Catscan

Ethics & Compliance Hotline
1-855-541-4169
or go to
www.fmchealth.ethicspoint.com