



Monday Morning



Breast Cancer Vigil & Celebration Coming p. 6

Safety Award Winners Announced p. 3

Area Companies Earn Healthy Business Certification

Seventeen area businesses were recently recognized for becoming a "Fairfield Medical Center Certified Healthy Business." An FMC Certified Healthy Business has committed to champion the health of its employees by offering opportunities for physical activity, nutrition and behavior changes.

"Our program was developed with the goal of promoting healthy work environments in Fairfield County," said Jennifer Hellmich, RD, LD, assistant manager of Nutrition

Services and chairperson of FMC's Certified Healthy Business committee. "As a nutrition professional, I am proud to recognize the efforts of local businesses that are striving to help their employees improve their health and well-being."

Businesses receive one to three stars based on the number of programs and/or incentives they offer to employees for participating in healthy lifestyle activities. The businesses that were recognized on June 11 are:

3 Star Recognition:
South Central Power
Fairfield County Board of Developmental Disabilities
Fairfield Medical Center

2 Star Recognition:
Fairfield National Bank
Buckeye Honda
Farm Credit Mid-America
Fairfield County District Library
FairHoPe Hospice

Continued on p. 3

Sign up to My FMC Link



With your help, we can reach our meaningful goal. Please remind patients that we have a patient portal they can access at fmchealth.org. **My FMC Link** The first 25 employees, (either themselves or a family member

Continued on p. 2

FMC Employees Cheer on the Reds



Over 125 employees and family enjoyed a fun time cheering on the Cincinnati Reds on Sunday, Aug. 24. Cameron Black (son of Amy Black, Reimbursement Specialist) received the special honor of shouting out "play ball" at the FMC Employee Day.

PCU Nurse Mission Trip



In February 2015, PCU Registered Nurse Shaina Hunt will live in the remote Honduran jungles for about three weeks to provide free medical care to the local villages. There is no electricity or water in these villages and there are no hospitals.

Continued on p. 5

Straight Talk From Sky

Taking One for the Team

I would like to take the time to thank all of you for your participation in the Foundation's 1916 Employee Campaign.

Your participation makes a difference in the lives of others and you should feel great knowing that you reached out to those in need with your donations. I was very impressed with all of the unique ideas that the teams came up with for their fundraisers. One such idea was a dunk tank which I participated in on Friday, Aug. 29 and will likely never forget. I had mixed emotions when I saw the line as it was my turn, but I was glad to step up and "take one for the team." This year's theme of "Take me out to the ballgame" was a great way to encourage teamwork a key FMC value amongst our FMC family. The following is a list of some fundraisers that were coordinated:

- Penny wars

- Chinese auctions
- Pancake breakfasts
- Root beer float sales
- Coin wars (day shift vs. night shift)
- 50/50 drawings



Currently, as of Sept. 1, the leader is the Detroit Tigers with 288 runs. This team includes: Systems, Clinical Systems Support, Accounting, Contracts/

Collections, Sleep Lab, Quality Outcome, Six Sigma, Infection Control and the Medical Staff Office.

Again, I can't thank our staff enough for putting this much hard work and dedication into their efforts to raise money for our patients in need. I am overwhelmed by the generosity and commitment I have seen during this campaign.

Sky Gettys, Chief Financial Officer & Interim CEO



Sky Gettys in the dunk tank on Friday, Aug. 29 in honor of the Foundation's 1916 Employee Campaign.

Talent Development Center Update

The compatibility view settings that kept online lessons from showing as "passed" have been fixed. In previous communications, we advised FMC employees to adjust the compatibility setting within the internet explorer browser when they see a completion record of "not attempted." **That adjustment is no longer**

necessary. Over the last three weeks, we have had zero occurrences of lessons showing "not attempted." This has been a long journey and we are very excited to bring this correction to your attention. As always, please feel free to contact Learning and Development with any questions at ext. 8491.

From the Chief's Desk

You Just Never Know

Recently, I asked one of our nurses what made her decide she wanted to be a nurse.

Normally when I ask that question, I hear, "I've always known," or "My relative was sick and I watched nurses care for them and I decided I wanted to care for people like that too," or "My relative is a nurse." This time, this colleague said, "I was a patient in your ICU when I was 17. I don't remember much about it because I was so sick, but I remember the voice of this one nurse and how she made me feel. She was exactly what I needed. I was going through a really rough time and she knew exactly what to say and do. I will never forget her and I want to make people feel the way she made me feel." I asked her if she ever told this nurse any of this. She said, "No, I don't know who she is or what she looked like. I just remember her voice." We care for people all the time and have the ability to affect them deeply. I am not only talking about nurses. Everyone who wears an FMC badge



touches vulnerable people somehow, somewhere and most of the time we are oblivious to any long-term affect we might have on these people. The people we touch will never forget how we made

them feel. I know for a fact the nurse who cared for the R.N. I spoke of earlier didn't have any idea how she influenced that vulnerable 17-year-old because I found her and told her the story. She remembered that particular patient because of the unusual circumstances. She was very surprised and touched by her impact on her new colleague. And with the permission of them both, I was able to facilitate them communicating with each other. You just never know the long-term affect you can have on someone. What we do is special. What you do and how you do it can have far reaching impact.

Cynthia Pearsall, Chief Nursing Officer



The Surgery Department would like to congratulate Brooklynne Hayes, R.N., and Marcella Zombek, R.N., on the completion of their BSN degrees from Ohio University. We are very proud of their accomplishments and for having them as members of our team!

Contracts and Collections would like to congratulate the following employees for their recent accomplishment of obtaining

their Billing and Collection Professional Certification (CBCP) through a national certification process with Healthcare Business Insights.

We are very proud of you:
Brenda Winegardner
Heather Wollett
Kathy Ardrey
Cheryle Sparks
Shirley Lawson
Jackie Reed
Diane White

Sign up for My FMC Link (cont.)

who was discharged after July 1)—who view or download their health information will receive a \$10 Tim Hortons gift card. To be considered, please email

Pam Hicks at pamelah@fmchealth.org with the details of your name or family member's name, discharge date and interaction with their online health record.

EVENTS

From the Employee Activities Committee



Picnic in the Valley on Sunday, Sept. 14 from noon-6 p.m. at Valley Zipline Tours, 3465 Duffy Rd. SE, Lancaster. Enjoy fishing, volleyball, cornhole, beautiful surroundings, yummy food and more at our fall picnic. Event information:

- All are welcome to the picnic (zipline event is optional).
- Hotdogs, chips, apples and water will be provided by FMC at the large event tents. Picnic tables available.
- You are welcome to bring your own picnic lunch and snacks with you.
- Fishing (FREE – normally \$18 per person) Individuals will need to bring their own fishing equipment and bait.
- Volleyball nets/balls and cornhole sets provided.

Opening Night Tickets: Columbus Blue Jackets vs. New York Rangers on Oct. 11 at 7 p.m. - \$68 each - Section 205, rows N and M. We have only a limited number of tickets.

Disney Live! Mickey's Music Festival on Sunday, Oct. 26 at 1 p.m. or 4 p.m. at the Schottenstein Center. Tickets starting at \$17 per person. Order deadline is Oct. 17 at 3 p.m. or until tickets sell out.

To reserve tickets for the above events, complete the request form on the FMC Intranet through the Employee Activities button.

Help the ADAMH Board Assist Young Adults in Our Area

This is the third year the ADAMH Board is conducting its young adult survey. You must be 18-25 years old and either a resident of Lancaster, OH or a student at OU-Lancaster or OU-Pickerington to take the survey. Please do your part and ask a young adult that meets the requirements to take this survey today. The purpose of the survey is to ascertain prescription medication misuse/abuse in 18-25 year old young adults, which fits into our goal to create a drug-free community. This year the ADAMH Board is offering an incentive to take the survey. It is a free REDBOX movie code, good for a 1-day DVD or Blue-ray movie rental. The survey can be accessed through the ADAMH Board's website at www.fairfieldadamh.org/young-adult-survey.html. For questions or more information, contact Martha Pool, administrative and research assistant for the Fairfield County ADAMH Board at 740-654-0829, ext. 223.

HR Corner

Be sure to look over the following new policies. We have made significant updates:

- Family Medical Leave Act (FMLA)
- Medical Leave of Absence
- Requesting Training and Training Resources
- Short-Term Disability

Area Companies Earn Business Certification

1 Star Recognition:

One Write Company/Blue Label
Digital Printing
Dagger, Johnston, Miller, Ogilvie
and Hampson, LLC
Ohio State University Extension –
Fairfield County
Krile Communications
Ohio University Lancaster
United Way of Fairfield County

Geneva Hills
N8 Family Chiropractic
Kumler Collision and Automotive

Any business, large or small, can obtain this certification for free. For more information about how to become an FMC Certified Healthy Business, contact Jennifer Hellmich at Jennifer@fmchealth.org.

Second Quarter Safety Award Winners

The Fairfield Medical Center Quarterly Patient Safety Award recognizes individuals for their contributions to the Patient Safety Program. This award honors those who go the extra mile to provide a safer environment for our patients. Our award winners are: Kelly Kunkler, Imaging, (pictured on front) and Brenda Bailey, Housekeeping (pictured right). Kelly received a 25-year-old, 8-week pregnant patient, complaining of left-sided chest pain. The ED felt it necessary to order a CTA of the chest to rule out a PE. Kelly performed a scout image of the patient's chest, in which she discovered pneumonia on the left side. She immediately had the ED physician come over to CT, to view the single image and send the image to the radiologist. While the ED physician was still there, she called the radiologist to confirm her theory. The radiologist and ED physician concurred with this diagnosis and cancelled the rest of the highly radiating scan. Not only did Kelly identify the pneumonia, but she saved mother and baby from additional radiation exposure. She also went the extra step to call her supervisor so that she could reduce the patient's bill from an entire CT scan to a CT plain film.



that patients were potentially being placed at risk due to insufficient isolation signage. When we have a patient with CRE, there is no signage designating that room as such. The rooms need to be cleaned with bleach similar to a C-Diff room rather than the standard care given to an isolation room. If no one is there to alert the housekeepers, they could clean the room incorrectly and therefore not kill the harmful germs, which could potentially spreading the disease to the next patient.

SAFETY TIP: Patient safety is everyone's responsibility and everyone must work together to keep our patients safe.

Megan Kibler, 4th Floor Med./Surg., also was nominated.

Brenda, housekeeper on 3rd shift, did her homework on CRE and recognized

Country Club Discount

Special Invitation to Fairfield Medical Center Staff: Play golf at the Lancaster Country Club for \$40 plus tax. You may bring up to three guests at the normal guest rate (\$46 plus tax).

Limited tee times are available, so call our golf shop at 740-654-3535 to reserve your space. Proper golf attire is required.

New Event Reporting and Patient Complaint/Feedback System

Fairfield Medical Center has a convenient online software for staff, volunteers and physicians to enter patient and visitor events, staff events and patient complaints and feedback. You no longer need to find the right form for different issues or events. Easy to follow

forms make reporting the information an efficient process while providing timely information to leadership. To enter an event or patient feedback, go to the Intranet.



Employee Search

Enter Name Here
Submit

navigate

Home Phone Directory Policies & Procedures Learning & Development Schedules TEMPO Wellness

Fairfield Medical Center's Mission Statement:

FMC delivers outstanding healthcare for our patients, their families and our communities.

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FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Twitter Update

For Systems help please call 8070 or csc@mckesson

Electronic Event Reporting System

Monday Morning

Did you know that you can now, not only get the latest Monday Morning but, you can download Monday Mornings from the past.

SUBMIT EVENT

Patient Event
Patient Complaint

1. Click on Electronic Event Reporting Tab – located mid way on the homepage of the Intranet.

3. Then simply click on the type of form you need to complete. Once in the form, follow the prompts and answer the questions to complete your entry.

Fairfield Medical Center Healthcare SafetyZone® Portal

Select Form

Please select a form from the list below:

Patient Event	Events that affect patient care	Employee Event	Events that affect staff, processes and resources
Patient Complaint	Concerns, Dissentions, and Issues that need to be addressed	Other Event	Events that affect our visitors
Patient Feedback	Comments and feedback about the Center and our services	Event Feedback	Comments and feedback about the Center and our services

Back to Home

4. Please feel free to ask your manager or supervisor if you have any questions or feel free to contact Eric Brandt, Regina King or Kim Cummin.

Fairfield Medical Center

Healthcare SafetyZone® Portal

2. Click on the "Submit Event" button – located in the middle of the page.

Ask a Question

Library

My Review

Analysis

Administration

Select and click to submit a report click the center button

This system will now be used for:

- The brown form for patient events and visitor
- The patient complaint system
- The salmon form for medication errors
- The green form for employee events

SUBMIT EVENT

An event should be submitted for all of the following:

- Any time you feel that there was an unsafe condition or unusual event in the Center.
- Any near miss
- Every time a patient was harmed or could have been harmed
- Patient misidentification
- All patient/visitor falls
- Any Patient Complaint

Hot Line Numbers

Safety Hotline - 687-8898
Patient Representative - 687-8555
Ethics & Compliance Hotline - 1-855-541-4169

Wear Orange to Work on Sept. 4



SEPTEMBER IS HUNGER ACTION MONTH

WHAT WILL YOU DO?

- Visit a local food pantry:
http://www.fairfieldcounty211.org/food_assistance.html
- Volunteer at a local food pantry.
- Wear orange to work on Sept. 4.
- Participate in our community food drive on Sept. 4 at the Kroger East location or Walmart between the hours of 2-6 p.m.
- Take the SNAP Challenge by eating on just \$4.50 a day.
- Be an advocate by sharing this information with someone.



To get connected with food pantries call 2-1-1 or 687-0500



Information brought to you by H3 Hunger Health & Hope
Fairfield County Hunger Alliance

- 19,420 Fairfield County residents are food insecure.
- 42% of those residents are not eligible for Food Assistance (SNAP)
- 37% of individuals being served through food pantries are children and 12% are seniors.
- The cost of a meal in Fairfield County is \$2.61 per person, per meal.
- SNAP benefits offer assistance in the amount of \$1.50 per person, per meal.

PCU Nurse Going on Mission Trip (cont.)

Due to the inability for local villagers to access healthcare, the volunteer group will access the villages by air, boat and canoe. The rewarding experience is not tangible and is difficult to express with words alone. This will be Shaina's third year traveling abroad to promote wellness, educate people and save lives in the impoverished, third world country of Honduras. Shaina will go with International Health Services of Minnesota. This is an all volunteer organization that provides medical and dental care to the impoverished people of Honduras. Each February, approximately 100 people from all over the world head out on teams to various regions of Honduras and spend a little over two weeks helping people in need. Twice a year, Shaina's team will divide into "mini hospital teams" and head out to a remote

location in Honduras to provide care and goals to:

- Improve quality of life among people of Central America.
- Complement existing resources with technology, skills and energy.
- Respect the culture of those whose lives it touches.
- Foster international understanding and mutual respect.

If any nurses, doctors or general helpers are interested in participating, Shaina would be happy to mentor. Shaina said, "Don't worry about whether or not you have experience with mission trips or if 'you can.' If you want to, we can make it happen!" Contact Shaina Hunt in the Progressive Care Unit at ext. 6380 or via email at shainah@fmchealth.org if you have any questions about the mission trip.

Visit the Bargain Boutique

The Bargain Boutique, Lancaster's oldest consignment shop, is operated by Fairfield Medical Center's TWIG 2. Located at 1724 E. Main St., the boutique is open 10 a.m.-4 p.m. on Wednesdays and 10 a.m.-2 p.m. Thursday-Saturday. Consignments are accepted on Saturdays from 10 a.m.-noon. Donations are accepted any time the shop is open. We will begin accepting fall clothing, such as sweaters, after Labor Day. Coats will be accepted beginning in October. If you have questions, please call The Bargain Boutique at 654-4620 during business hours.

Community Care Day

What? The United Way 18th Annual Community Care Day is a volunteer event that will mobilize hundreds of people in our area. Participants will assist local community service agencies, United Way funded organizations, schools, playgrounds and client homes in completing a variety of projects.



When? Tuesday, Sept. 9
7:45 a.m. Breakfast rally at Crossroads
9 a.m. Leave for project sites
9:30 a.m. Arrive at agencies and begin projects
4:30 p.m. Complete volunteer work

Why? Volunteers see firsthand the needs in our community and how their efforts can have a positive impact on the lives of people in need.

Why should I participate? Community Care Day is an opportunity to complete needed projects and will provide you with a chance to give back to your community.

How do I get involved? Mark your calendars for the next Community Care Day and contact John Belin for more information (call ext. 8127 or email johnb@fmchealth.org).

Special opportunity for FMC employees! - One of the projects this year will be to clean the bike path and the area adjacent to the bike path along Goslin Drive, between Main and Sixth. This will provide FMC employees with an opportunity to do community service in a way that also benefits their employer. In addition to breakfast at Crossroads, lunch will be provided by the hospital.

Hospital Happenings

FMC Weight Watcher's Classes Coming Back to FMC this FALL! The "Weight Watchers, At-Work" classes will come back to FMC beginning the week of Sept. 8, and will be held on Mondays at noon or Thursdays from 5:15-6 p.m. An open house will be held Sept. 8 for you to attend and complete paperwork. Notify Colleen Yarbrough at colleen@fmchealth.org or at ext. 8191 with what day you are interested. At least 15 members per class are needed in order to hold both classes.

FMC Blood Drive • Thursday • Sept. 11 10 a.m.-5 p.m. • Assembly Room 2 • Make a difference in the lives of others. Donate and receive a Fairfield County Fair ticket. Schedule an appointment by calling ext. 8140.

Attention Nurses and Clinical Staff: Join us for a Lippincott Clinical Procedures & Skills Open House • Tuesday • Sept. 16 • Classroom B (4th floor West Wing) • 7-8:30 a.m., 9-10 a.m. 10:30 a.m.-12:30 p.m. or 1-2:45 p.m. Education, Competency and NEC - 3-4 p.m. This open house is scheduled to increase awareness and utilization of FMC's chosen clinical expert resource. For questions, contact Beth at ext. 6955.

CHIP Class • Join us beginning Sept. 23 for CHIP-Complete Health Improvement Program on Tuesday and Thursday evenings from 5:30-7 p.m. Dinner is provided at each class. CHIP is an 8-week comprehensive lifestyle promotion program. It is designed to prevent, manage and even reduce today's most common diseases, including high blood pressure, type 2 diabetes, obesity, heartburn and elevated cholesterol. Scholarships are available for individuals demonstrating financial need. For more information about CHIP, contact FMC Community Health and Wellness Services at ext. 6822 or corinnf@fmchealth.org.

Annual Food & Wine Tasting and Charity Auction • Thursday • Sept. 25 • 5:30-8:30 p.m. • Fisher Catholic Alumni Hall • Join us for a night of wine and delectable foods. Cost is \$50 per person and proceeds will benefit Project BRIGHT. Contact the Foundation office at ext. 8107 for more details. Interested in volunteering for this event? Please contact Beth Bell at bethd@fmchealth.org or at ext. 8999.

Save the Date - Employee Craft Fair will be Nov. 21, 7 a.m.-4:30 p.m. Proceeds will benefit Employees Helping Employees. More information

ASLS (Acute Stroke Life Support) Thursday • Sept. 25 • 8 a.m.-4 p.m. FMC Assembly Room 2 • This class is for physicians/nurses and includes hands-on skills training, during which instructors simulate stroke syndromes. Learners also perform the MEND Examination, a unique neurologic assessment tool developed with the course. Register in the Talent Development Center: "Advanced Stroke Life Support." Limited to 30 participants per class. At completion, participants will receive a certificate of completion. For outside participants call Laura at 740-687-8392 or email at Lauraga@fmchealth.org.

Acid Reflux Seminars • FMC Assembly Rooms • 6:30 p.m. • Sept. 25, Oct. 16 OR Nov. 4 • All seminars are free. RSVP is encouraged at 740-687-8071. Dr. Jeffrey Yenchar, medical director of the Fairfield Medical Heartburn Center, will discuss the signs and symptoms of gastroesophageal reflux disease, as well as potential treatment options, including the LINX®.

Breast Cancer Candlelight Vigil and Celebration • Thursday • Oct. 2 • 6 p.m. • Lancaster Downtown Gazebo • Join us as we promote breast cancer awareness by honoring our survivors and remembering those who have lost their battle. For questions, call Kelly Russell at ext. 8247 or Sharon Roshon at 740-467-3198.

Oxygen for the Soul

I prayed for freedom twenty years, but received no answer until I prayed with my legs.
~Frederick Douglass

Meaningful moments—Prayer time: 11:45 a.m.-12:15 p.m. Monday–Friday in the Chapel. Self-directed or with one of the chaplains. *(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).*

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Birthdays

MONDAY

Denise Baird – PBX
Bonnie Ball – Third, Med./Surg.
Michele Gianvito – Lab, Chemistry
Angie Longnecker – Central Sterile
Ronald Mauger – Volunteer, North Info. Desk
Tiffany Weldon – Emergency Dept.

TUESDAY

Lois Bowers – Volunteer, South Info. Desk
David Chenault – Environmental
Stephanie Forquer – Surgery Assessment
Carol Stefaniak – PCU
Kandi Tracy – Respiratory Therapy
Julia Wingenter – MIS

WEDNESDAY

Marci Bowers – Contracts and Collections
Ruth Brown – ICU
Pamela Delong – Surgery, River View
Tarek Gasser – Police
Ashley Osborn – Registration
Christina Siemer-Harley – Cardio Fitness
Connie Spackey – Chemotherapy
Kari Welch – Surgery

THURSDAY

Donna Burnworth – Volunteer, South Info. Desk
Leslie Harris – PICC
Tiffany Morrison – Fourth, Med./Surg.
Charles Paynter – Clinical Systems Support
Laura Ratliff – Endoscopy
W.J. Williams – Housekeeping
Cassandra Winstead – Fifth, Med./Surg.

FRIDAY

Amy Black – Coding
Kimberly Cummin – Patient Representative
Deborah Erskin – Laundry
Alissa Johnson – Third, Med./Surg.
Matthew Johnson – Dietary
Kelly Kunkler – Catscan
Abby Morrison – Volunteer, ICU Waiting
Jennifer Sheets – ICU
Amy Smith – Wound Therapy
Barbara Stivison – Contracts and Collections
Rachel VanScoy – Volunteer, ED

SATURDAY

Roy Dunfee – Vascular Interventional Radiology
Chad Greer – Emergency Dept.
Catherine Houck – Lab, Hematology
Katherine Johnson – Emergency Dept.
Jennifer Mullen – Surgery
David Riley – Psych.
Theresa Rooker – Dietary
Shauna Self – FHP, Phys. Services
Sonia Taylor – Central Scheduling
Ali Thurston – Housekeeping
Brittany Watterson – Fifth, Med./Surg.
Jennifer Wesaw – Fairfield Occupational Health

SUNDAY

Erin Calandra – Pharmacy
Brian Carson – Pharmacy
Mary Garrett – Lab, Phlebotomy
Brandon Muck – Dietary
Tonya Nobles – Lab, Specimen Procedure
Susan Pierce – Lab, Phlebotomy
Virginia Ruyf – Surgery, River View
Janet Thompson – Cardiac Cath Recovery