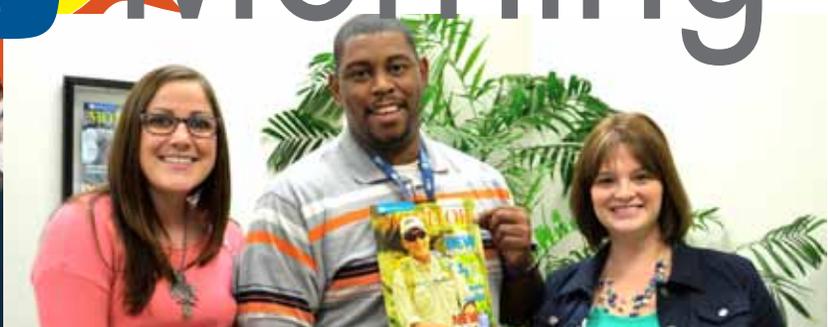




Monday Morning



FMC Conducts Ebola Disaster Drill

Fall Monitor Hits Local Mailboxes

Respiratory Therapist Makes "Great Catch"

On Oct. 27, CEO Jack Janoso and Chief Nursing Officer Cynthia Pearsall surprised respiratory therapist Megan Parsons with a \$100 gift card and Fairfield Medical Center's first Great Catch Award, which recognizes employees who go above and beyond to keep patients safe. Last month, while performing her morning treatments, Parsons noticed that a patient was slurring words and exhibiting unusual behavior. Concerned, she immediately notified a nurse. A CAT call was initiated, followed by a stroke alert, upon which the patient was transferred to another facility so an intervention could be performed. Great job, Megan! If you know someone who is deserving of the Great Catch Award, let leadership know.



Legendary Caregiver Award Ceremony



In honor of our motto, "People you know – Care you trust," Dr. Kolli and his office staff were recognized as Legendary Caregivers by one of their patients, Sally McCray. Sally made a monetary contribution through the Grateful Patient Program and had this to share: "I am a grateful patient and wish to honor my caregiver, Dr. Kolli and his staff. Dr. Kolli's medical skills, combined with his kind and caring personality, are a rare combination. Dr. Kolli's office staff is also supportive in every way possible." Please help us in welcoming Sally to our Grateful Patient Circle and congratulating Dr. Kolli!

Project BRIGHT Update: Phase 2 Begins Nov. 8



The start date for Phase 2 of the Project BRIGHT construction has been pushed back to Nov. 8, which will result in a new placement of the construction fence. This change will impact how drivers access Parking Lot A and the Pavilion and will result in one-way traffic to the valet booth and the canopy entrance. Maps showing the location of the Phase 2 construction fence are available in Marketing.

From the Chief's Desk

Did you happen to see *60 Minutes* last Sunday? Four of the Texas Health nurses who cared for Thomas Duncan were interviewed. He's the patient who died there of Ebola.



of patients. This is true patient-centered care and is representative of many FMC staff of all job descriptions who put themselves in the place of their patients.

I was struck by their genuine empathy for this man. One of the nurses who was among the first to care for him arrived for her shift, got the assignment to care for him and said she immediately started to cry out of fear. Then she said she pulled herself together and took care of him, describing how horribly sick he was and how difficult it was to keep up with his issues. Another R.N. talked about recognizing how really scared Mr. Duncan was so far away from home and family and how it was the R.N.'s, job to comfort, hold and minister to him. He was caring for Mr. Duncan when he died. This nurse had tears rolling down his face as he described Mr. Duncan. All four of their interviews were not shows of "ain't we great," but rather shows of sincere love of their work and what a privilege it was to care for the most vulnerable

Just today, we had a staff member ask if we could make a special accommodation for a patient who was going home to hospice care from an acute care unit. It was a creative solution and was exactly the right thing to do. The accommodation was made and I am sure that patient and his family will have an improved experience because this staff person was so patient-centered. I am being purposefully vague about this specific event because of a need to not divulge anything I shouldn't. Those Texas Health nurses and our FMC colleague did those of us who work in healthcare a service by so professionally and sweetly sharing what real patient care is like and how it takes brains and heart to do it well.

Cynthia Pearsall,
Chief Nursing Officer

Meet the CEO

Employees are invited and encouraged to attend the "Meet the CEO" meetings with Jack Janoso, president and CEO, on the following dates:

- Tuesday, Nov. 4, 5 p.m. Assembly Room 3
- Tuesday, Nov. 11

(Monday, Nov. 10 night shift) 3 a.m.
Assembly Room 2

You also may e-mail Jack at jackj@fmchealth.org or by using the "E-mail the CEO" option on the Center's website at fmchealth.org.

Volunteer for the Holiday Parade

We are looking for Fairfield Medical Center employees and volunteers to join us in the Lancaster Holiday Parade on Nov. 22. We will be walking and singing Christmas carols at the

parade, which begins at 10 a.m. at the Fairgrounds and usually ends around noon. If interested, contact Kim at kimk@fmchealth.org or ext. 8544 as soon as possible.

EVENTS

From the Employee Activities Committee



Fort Rapids Waterpark FMC Family Fun Day on Saturday, 11/8 from 10 a.m. to 9 p.m. Discount wristbands are \$13 per person (normally \$29.95) and include a Combo Meal Voucher (normally \$10.50) compliments of FMC. Children 3 and under get free admission (no meal voucher offered for 3 and under). The Back 40 Waterpark Deck has been reserved for FMC families. A block of rooms has been reserved at \$89 for the night. Please ask for the FMC group rate when making your reservation. Working that day? Not a problem, any employee with a clocking on that day will have an offer to purchase wristbands for use at a later date.

Join us for the Employee Craft Fair on Friday, Nov. 21 from 7 a.m. to 4:30 p.m. in the Assembly Rooms. Come visit our employee vendors and purchase tickets for the Chinese auction. All monies collected from vendor table fees and the Chinese auction will go to the Employees Helping Employees Fund. Any questions? Please email Misty Altier at mistyj@fmchealth.org.

Save the date – Santa is coming to FMC on Saturday, Dec. 6 from 11 a.m. to 4 p.m. in the Assembly Rooms. Please check-in at Assembly Room 1 and we will escort you to Assembly Room 3 to see Santa. Children and grandchildren are welcome. Registrations will be taken starting Nov. 7.

Trans-Siberian Orchestra - The Live Debut of The Christmas Attic will be on Sunday, Dec. 28 at 3 p.m. AND 7:30 p.m. at Nationwide Arena, 200 W. Nationwide Blvd., Columbus. Trans-Siberian Orchestra will wrap up 2014 by performing their rock opera *The Christmas Attic* live in arenas across the nation. Group order forms will be available on the Intranet. The order deadline is Nov. 4.

Valentine's Day comedy night and dinner with comedian Eric Kirkland – Saturday, Feb. 14, 2015. \$25 per person at the Moose Lodge, 1201 Sugar Grove Road, Lancaster. Doors open 5:30-6 p.m. Dinner and photo booth from 6-7 p.m. The comedy show is from 7-8:30 p.m. The Photo booth (\$1 per photo strip) and door prize announcements will follow the show. Sweetheart dessert, coffee, tea, water and fabulous doorprizes will be provided, compliments of FMC. Cash bar available. Italian dinner – two pasta choices, two sauce choices, two meat choices, salad and garlic bread included in price. ADULTS ONLY. Reservations are required by completing the payroll deduction form on the Intranet. Please call Kellie Sharp with any questions at 740-689-6454 or at kellies@fmchealth.org.

HR Corner

Employees may voluntarily cash-in PTO hours quarterly. Employee requests must be made by the 15th of the second month of the quarter (February, May, August, November) for processing with the first pay of the third month of the quarter. A minimum of eight (8) hours and a maximum of 25% of the employee's PTO balance may be requested and must be in whole hour increments. The payout is subject to normal FMC payroll procedures. All unused PTO will automatically

carry over to the next year.

Benefit Open Enrollment begins today! Open enrollment runs through the 21st of November. All full-time and part-time employees must complete the benefit enrollment (contingent employees do not have to complete the enrollment process). Employees who are eligible for benefits will be auto enrolled in the employee only Consumer Driven Health Plan. Please continue to watch your email for future updates.

WELLNESS Corner

Have Yourself a Happy and Healthy Holiday

The FMC Internal Wellness Committee is offering a seasonal lunch and learn series to help you prepare for some of what the holiday season brings. Register to attend any or all of the upcoming lunch and learn opportunities by contacting Health and Wellness at ext. 6822. Preregistration is required, as seating is limited. Lunch is provided.

Smart Supermarket Shopping with Corinn Gehle M.S., R.D., L.D., on Tuesday, Nov. 4, from noon-12:30 p.m. in Assembly Room 3. The holidays tend to bring extra expenses and your grocery bill should not be one of them. Making healthy food choices does not have to hurt your wallet. Come and learn how to make simple, nutritious choices at the grocery store without breaking the bank.

Fight Off the Seasonal Blues with Ginger Davis B.S.N., R.N., on Tuesday, Nov. 18, from noon-12:30 p.m. in Assembly Room 1.

Acknowledge the stress in your life and walk out refreshed by learning a few easy and usable tools to combat stress and depression during the winter months.

Are you Tech Fit? with Chris Chong M.S., C.S.C.S., on Tuesday, Dec. 2 from noon-12:30 p.m. in Assembly Room 1. Are you "technology fit?" Make sense of the different types of activity trackers that are available on the market today. Leave with a great holiday gift idea for you or a friend.

Healthy Eating for the Holiday Season: A Recipe for Success with Kate Kanner R.D., L.D., on Tuesday, Dec. 16 from noon-12:30 p.m. in Assembly Room 1. Weight gain over the holidays doesn't have to be inevitable. Learn how you can make healthier choices and maintain your weight while still enjoying your favorite seasonal treats.

FMC Introduces TeleSitter Program

On Dec. 1, a new patient video monitoring system, TeleSitter Program, will go live in select units at Fairfield Medical Center. TeleSitter uses mobile, wireless cameras that allow trained technicians to view and speak with patients using video and audio feed in real time (no recording). This is intended to help reduce patient falls, decrease costs related to sitter use and increase the safety of the patients. A multidisciplinary team has been working to develop policies, processes and

education of staff for this new initiative. An open house will be held on Tuesday, Dec. 2 from 7:45-8:45 a.m. and Wednesday, Dec. 3 from 11 a.m. – noon in Classrooms B and C.

Stop by to register to win a gift card and enjoy light food and beverages. If you have questions or would like more information about our new TeleSitter Program, please contact Deb Price at debrapri@fmchealth.org.

Jingle Bell Run and Walk for Arthritis

Join Stephanie Ott, M.D., and her team called the Twinkling Stars at the 2014 Jingle Bell Run and Walk for Arthritis. The event takes place on Saturday, Dec. 6 in downtown Columbus with festivities starting at 8 a.m. and the 5k beginning at 10 a.m. In addition to the run and walk, a children's fun run also will be held. This is a special year for FMC as Dr. Ott will

be honored as the Arthritis Foundation's Medical Honoree.

For more information regarding the event, log onto www.jinglebellruncolumbus.kintera.org or call the Arthritis Foundation at 614-876-8200. You also can register online by going to arthritis.org/jbr. Hope to see you there!

Decision Support Team Has Moved

The Decision Support team has moved offsite next to the business office. Please send all interoffice mail for Scott Musselman, Jennifer Johnson, Melissa Newman and Lis Parrott to Decision Support.

Birthdays

MONDAY

Maurisa Baker, School Based Therapy
Julie Earliwine, Fifth Med./Surg.
Leonard James, Plant Engineering
Janey Kessler, Third Med./Surg.
Paul Kinser, Jr., Laundry
Kelly Russell, Imaging
Lauren Thomas, Medical Stabilization Unit
Lisa Thompson, Emergency Dept.
James Wahl, Cardio

TUESDAY

Deena Brooks, Emergency Dept.
Barbara Chapman, Emergency Dept.
Lori Hill, Maternity
Joan Miller, Six Sigma
Sarah Phillips, Surgery
Leta Ray, Nursing Services

WEDNESDAY

Tracey Bryam, ICU
Lois Hardy, Fourth Med./Surg.
Robert McCarthy, Plant Engineering
Caleb Mick, Respiratory
Jason Reed, Surgery
Christine Rogers, Nursing Services
Katie Stevens, Contracts and Collections
Maria Templin, Data Analyst – Abstractor

THURSDAY

Justina Altier, Arrhythmia Clinic
Brooke Frank, PCU
Alisa Wharton, Surgery

FRIDAY

Dominique Anderson, Dietary
Brooke Barger, Surgery
Sherry Butcher, Laboratory
Elaine Byers, FHP
Lisa Fest, Registration
Robert Pisano, Six Sigma
Jaden Robinson, Volunteer – GME/Cancer Services
Amy Sampson, Marketing
Lisa Tipple, Maternity

SATURDAY

Clarence Blanchard, Respiratory
Melissa Campbell, Nuclear Medicine
Chad Cupp, Plant Engineering
Linda George, PCU
Pam Mong, Endoscopy
David Rowles, Volunteer – Messenger Services
Kallie Starkey, Registration
Julie Wellstead, Supervisor

SUNDAY

Angela Beglin, Observation Unit
Jordan Dodge, Surgery
Caitlin Kanner, Dietary
Ruth Murray, Volunteer – Chaplain Services, Patient Pal and NODA
Beth Roley, Quality Outcomes
David Smith, FDI
Courtney Welch, Physical Therapy

Hospital Happenings

Acid Reflux Seminars • FMC Assembly Rooms • 6:30 p.m. • Nov. 4 • All seminars are free. RSVP is encouraged at ext. 8071. Jeffrey Yenchar, M.D., medical director of the Fairfield Medical Heartburn Center, will discuss the signs and symptoms of heartburn, as well as potential treatment options, including the LINX®.

Vascular Screenings • Wednesday • Nov. 5 • 7-11:30 a.m. (30-minute appointments) • Vascular Lab at FMC • Preregister by calling 740-689-6893 • Screening fee is \$75 • Vascular screenings provide easy, pain-free ultrasounds that can detect cardiovascular disease early.

Attention Nurses: Plan to attend a DVD-based, one-hour presentation: Your Collaborative Role in Reducing Readmissions • Wednesday • Nov. 5 • 11 a.m. OR 2 p.m. • Assembly Rooms 1 and 5 • Presented by Jane Ryan, Ph.D., R.D., Director of Nutrition Services at Virtual Health in New Jersey • Preregistration required. Please contact Jennifer Hellmich, R.D., L.D., by email at jennifer@fmchealth.org to sign up. This program is approved for one nursing contact hour. It also can be used as one of the seven modules needed to complete the Certificate of Training in Malnutrition.

COPS Annual Holiday Open House Nov. 6 • noon-7 p.m. • Grab a friend and come find your sparkle with Jason Lichten, M.D., and the staff of Central Ohio Plastic Surgery for our open house. We will have special pricing on injectables like Botox and Juvederm, spa services and skin care products. Payroll deduction is available. Dr. Lichten will speak at 2, 4 and 6 p.m. to answer his most frequently asked questions. You also can see live demonstrations of the revolutionary TriPollar Apollo, which firms and tightens skin and fat without surgery. Everyone who attends will win a free service from our office. Call Natalie at 740-653-5064 to RSVP.

Cancer Fatigue • Thursday • Nov. 6 • 2-3 p.m. • Cancer Resource Center • Join Ivy O'Neal, oncology nurse navigator, as she focuses on common side effects that may be associated with chemotherapy or radiation and what to do to help manage them. For questions, call 740-277-6941.

4th Annual Patient Experience Event – Through the Patients' Eyes • Nov. 6 6 a.m.-4 p.m. • Entrance at the Ground Level of Parking Garage • Come and

participate in the 4th Annual Patient Experience Event. We will be sharing the patient perspective and how we can all improve the experience for our patients and families. There will be several door prizes, including two \$50 Kroger gift cards and a \$100 super shopper gift card of your choice. The more you participate, the more chances you earn.

\$5 Jewelry Sale • Thursday • Nov. 6 • 7 a.m.-7 p.m. OR Friday • Nov. 7 • 7 a.m.-2 p.m. • FMC Assembly Rooms • Cash, credit cards and payroll deduction will be accepted. Sponsored by FMC volunteers, the proceeds benefit the Dale Buck Volunteer Fund.

We Remember You • Tuesday • Nov. 11 • 2:30 p.m. OR 3 p.m. • Assembly Rooms 2 and 3 • RSVP requested at ext. 8344 • FMC invites you, your family and your friends to one of our two memorial services. We hope you can join us!

Shine a Light on Lung Cancer Vigil • Thursday • Nov. 13 • 6-7 p.m. • The Picking House • Shine a Light is an event to bring hope, inspiration and support for all those impacted by lung cancer. Help us brighten the lives of people touched by lung cancer in our community and raise awareness around this disease. Join us for this free event filled with hope and information about lung cancer. There will be a special illumination ceremony for all to participate in. Weather permitting, attendees will have the opportunity to write a message on a lighted balloon and send it into the sky to symbolically recognize a loved one. A special art exhibit, "Expressions of a Cancer Journey," will be on display and refreshments will be provided. This vigil is brought to you by the Lung Cancer Alliance in partnership with Fairfield Medical Center and FairHoPe Hospice. Register by going to www.shinealightonlungcancer.org/lancaster. For questions, call Ivy at ext. 6889.

Community CPR Day • Saturday Nov. 15 • Full CPR 9 a.m. AND 10 a.m. (Registration Required) • Hands-On - 9 a.m. - 1 p.m. (Walk-ins Welcome) • Location: Taylor Chevrolet, 2510 N. Memorial Drive, Lancaster • The Dr. Gordon B. Snider Cardiovascular Institute at Fairfield Medical Center, in collaboration with the Snider Community Heart Watch, is sponsoring Community CPR Day. Participants can learn Hands-On CPR (a 30-minute course) or complete the Community Provider CPR class through the American Safety and Health Institute (three- to four-hour course). The goal of Community CPR Day is to teach as many community members as possible cardiopulmonary resuscitation (CPR) in order to save lives. Community CPR Day is free. Call today to register at ext. 6893.

Turkey Day 5K • Thursday • Nov. 27 • Forest Rose School, 1592 Granville Pike, Lancaster •

Preregister for \$20 or race day registration is available for \$25. This year, children 13 and under participate for FREE! To guarantee a shirt, registration forms, including those for children 13 and under, must be postmarked by Nov. 10. Registration forms are available outside of Human Resources, by contacting Health & Wellness Services at 740-689-6822 or by going to <http://bit.ly/1t5159z>.

 **Do it for them . . .**
Schedule your **FREE Mammogram** today*

 **Fairfield Medical Center FOUNDATION**  **SUSAN G. KOMEN FOR THE CURE COLUMBUS**



*This program provides free mammograms to the uninsured and underinsured (those with high deductibles of \$500 or more). If you live in Fairfield, Hocking or Perry counties and meet the financial eligibility, you may qualify for this program.

Call today to see if you qualify!

Contact Carol DiSanto, Komen Grant administrative assistant, at carold@fmchealth.org or 740-243-8924.

Oxygen for the Soul

Temptation exercises our faith and teaches us to pray. ~A.B. Simpson

Meaningful moments—Prayer time: 11:45 a.m.-12:15 p.m. Monday–Friday in the Chapel. Self-directed or with one of the chaplains. (*The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration.*)

Fairfield Medical Center's Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com