

Monday Morning



Ewing Honored with Great Catch Award p. 3

FMC Chaplains Hold Memorial Service

FMC Shined a Light on Lung Cancer

In honor of Lung Cancer Awareness Month, on Nov. 13, FMC, in conjunction with the Lung Cancer Alliance and FairHoPe Hospice, held the third annual Shine a Light on Lung Cancer Vigil at the Pickering House.

Supporting the Cause! Shine a Light is an event to not only to raise awareness about lung cancer but also a way for those affected by the disease to come together for a special evening to honor lung cancer survivors, remember those we've lost and celebrate life.

The event brought more than 50 people in attendance who have in some way been touched by lung

cancer. It was very awe-inspiring to see patients, their loved ones and our FMC family connect with one another, share stories and realize they are not alone! The most memorable moment of the vigil was the release of lighted balloons to light up the sky for lung cancer. Attendees wrote personal/special messages on each balloon. This was our best Shine a Light event yet!

Lung cancer is the leading cause of cancer death in the U.S., taking the lives of twice as many women as breast cancer and three times as many men as prostate cancer. Historically, there have been fewer resources and much less research



dollars dedicated to lung cancer. Fortunately, that is changing and with events like Shine a Light, lung cancer is getting more attention and people are starting to listen. On Nov. 10, CMS approved lung cancer screenings as a covered Medicare service for those who are considered at high risk for developing lung cancer. Detecting lung cancer early is the first step in beating this disease. We are also fortunate in our community to have the latest technology and specialized physicians, right here at FMC, to treat lung cancer and save lives.

FMC Honors Volunteers at the Volunteer Luncheon



Volunteers Marilyn and Harold Hockman are pictured above with Jack Janoso, President and CEO. The Hockmans volunteer on Friday mornings and have been FMC volunteers for more than 20 years. Recently, more than 80 volunteers were recognized at the annual Volunteer Longevity Luncheon. Volunteers receive awards when they reach milestones in their years and hours of service. Take time today to stop and thank a volunteer for their dedicated service.

Join us for the Tree of Light Ceremony



The TWIG 7 Annual Tree of Light Ceremony is scheduled for Tuesday, Nov. 25 at 1 p.m. in the North Lobby. There is an open invitation for all staff, physicians, volunteers, patients and families to attend and kick off this holiday season. Come enjoy and sing along with our FMC Choir. Refreshments will be served.

From the Chief's Desk

I would like to take this opportunity to review the financial results for October.

Volumes & Revenue

- Inpatient service volumes were significantly below budget for the month. This led to inpatient gross charge revenue that was also significantly below budget.
- Outpatient service volumes however were significantly over budget for the month especially in cardiac, radiology, lab and therapy outpatient services. This made for outpatient gross charge revenue that well exceeded budget for the month.
- In the end, the above budget outpatient volumes and revenue were more than enough to offset the lower inpatient volumes and revenue leading us to total gross charge revenue for October that exceeded budget by three percent. Deductions from revenue for contractual, bad debt and charity write offs were close to budget expectation which made for total net revenue for the month that was also approximately three percent above budget.
- Year-to-date, our net revenue is still short of budget expectation by one percent.

Expenses

- October payroll related expenses were above budget due to high employee health claims expense. We are self-funded for our employee health plans and in the month of October we had to pay a significant number of health claims for health services provided for our employees and their families.
- Our high outpatient volumes required a large amount of supply use



in October which made for supply expenses that exceeded budget by seven percent.

- All other expense categories combined were just slightly over budget for the month.
- In total, expenses were two percent over budget for the month as a result of our high employee health claims expense and our high supply use.
- Year-to-date, our total expenses are also running at two percent below budget.

Summary

- For October we earned a 2.6 percent operating gain as compared to a 1.7 percent target. Our year-to-date operating gain remains at 2.0 percent which is the same as where we were at the end of September.
- After adding in the results of our joint ventures and subsidiary corporations, our total margin gain for the month was 4.5 percent. This result helped slightly increase our year-to-date total margin gain to 3.7 percent as compared to a 3.3 percent budget target.

October's positive financial results were a direct result of our service to a very high number of patients in an outpatient setting. Thank you for your great service to these and all our patients.

Sky Gettys, Chief Financial Officer & Interim CEO

EVENTS

From the Employee Activities Committee

Save the date – Santa is coming to FMC on Saturday, Dec. 6 from 11 a.m. to 4 p.m. in the Assembly Rooms. Please check-in at Assembly Room 1 and we will escort you to Assembly Room 3 to see Santa. Children and grandchildren 12 years old and younger are welcome. This year, Santa will present each family a special commemorative frame to display their photo with Santa. Please contact Human Resources at ext. 8017 or stop in the HR office to register.

The Nutcracker Ballet – December 12-27 at the Ohio Theatre. Tickets starting at \$29. To order tickets, please email Rick Hole, group sales representative, at rhole@balletmet.org. Please mention FMC to receive the discount. By contacting Rick directly, FMC employees, physicians, and volunteers can avoid ticket fees while enjoying savings up to 25 percent off per ticket (depending on seat location). Please see the FMC Intranet/Employee Activities button for additional information.

Disney's Frozen on Ice at Quicken Loans Arena in Cleveland: Jan. 9-18. Tickets are \$28 per person with all fees included. Contact Mark Mazzagatti, group sales representative, by email at mmazzagatti@cavs.com for tickets. All tickets will be delivered via Flash Seats.

Ohio State vs. Michigan Hockey – Jan. 16 at 7 p.m. Limited tickets available in Section 122, rows G, H and J. Tickets are \$9.

Ohio State vs. Illinois Basketball – Jan. 3. Limited tickets available in Section 328, rows J, K, L and M. Tickets are \$22. For questions, please contact Bob Williams, Cath Lab Supervisor, at robertw@fmchealth.org.

Fort Rapids Waterpark – Offer for those employees who worked Saturday, Nov. 8. If you missed our FMC Day at Fort Rapids due to working that day, please visit the FMC intranet/Employee Activities button for instructions on ordering Good Any Day tickets. Once your order is received, it will be verified that you had a clocking on Nov. 8. Good Any Day tickets will be good for six months from the date of purchase. Certain days are blackout days so you should call before heading to Fort Rapids. Good Any Day pricing is \$13 per coupon plus complimentary meal voucher. The coupon will be turned in the day you go in exchange for a wristband. Wristbands are color coded, so they will give you a wristband appropriate for that day. Order deadline is Friday, Nov. 28 at 2 p.m. Coupons will be available for pickup starting Dec. 5. For questions, please contact Wendy Travis at ext. 8395.

Valentine's Day comedy night and dinner with comedian Eric Kirkland – Saturday, Feb. 14, 2015. \$25 per person at the Moose Lodge, 1201 Sugar Grove Road, Lancaster. Doors open 5:30-6 p.m. Dinner and photo booth (\$1 per photo strip) from 6-7 p.m. The comedy show is from 7-8:30 p.m. The photo booth and door prize announcements will follow the show. Sweetheart dessert, coffee, tea, water and fabulous doorprizes will be provided, compliments of FMC. Cash bar available. Italian dinner – two pasta choices, two sauce choices, two meat choices, salad and garlic bread included in price. ADULTS ONLY. Reservations are required by completing the payroll deduction form on the Intranet. Please call Kellie Sharp with any questions at 740-689-6454 or at kellies@fmchealth.org.

Save the Date: Bingo Boogie - Saturday, March 21, 2015 at the Moose Lodge located at 1201 Sugar Grove Road, Lancaster. Admission: FREE (adults-only event). Bingo starts at 7 p.m. (doors open at 6 p.m.) Boogie with DJ Jon Bauer after Bingo (about 9 p.m). Snacks will be provided and a cash bar will be available. Special 50/50 raffle to benefit the Employees Helping Employees Fund.

Please see the FMC Intranet/Employee Activities button for order forms. To reserve tickets for the above events, complete the request form on the FMC Intranet through the Employee Activities button.



FMC Featured on Fairfield Today TV Show

Don't forget to tune in to see the next Fairfield Today TV show featuring Jack Janoso, our new president and CEO, Tonya Nafzger in her new role and the very talented FMC choir! The show will air now on the Lancaster School Network – Channel 9 on Time Warner through

this time next month at 12:30 p.m. It airs every Wednesday at 12:30 p.m., 6:30 p.m. and 11:30 p.m. and Thursdays at noon. It will air on Nov. 19, 26, Dec. 3 and 10 as well, until we tape the next show in December. It will also be accessible through YouTube by searching for FMC.

Spirit of Christmas Food Drive

Calling all 1916 Club baseball teams and captains to knock the food drive out of the park! Six FMC families have been identified this year through the Spirit of Christmas to receive gifts and a kitchen full of food items! The families will receive their items the weekend before Christmas. The team with the

most donated items will receive a special advantage during our 1916 Employee Campaign this summer and be presented with our GIVING GOBBLER trophy! The Spirit of Christmas food drive will begin Monday, Nov. 24 and end Friday, Dec. 12. Questions? See the rules flier in your department.

Ewing Makes "Great Catch"

On Nov. 17, Jack Janoso, president and CEO; Sky Gettys, chief financial officer; and Cynthia Pearsall, chief nursing officer, surprised Michelle Ewing, information specialist, with a \$100 gift card and Fairfield Medical Center's second Great Catch Award, which recognizes employees who go above and beyond to keep patients safe.

Recently, a patient came to the release of information window and Michelle realized

the patient was out of breath. Michelle got a wheel chair and asked for help from the Employee Health Nurse who checked his blood pressure. When everything was determined okay, Michelle then wheeled the patient out to the valet so the patient could get his car and go home. The patient was resistant to the wheel chair and the attention, but in the end, he was very happy with Michelle's helpfulness and "Patients First" mentality.

Heartburn Center Patient Featured

Lancaster resident Brad Bunting, the first patient to undergo the LINX® surgery at Fairfield Medical Center, recently recorded a video with the Marketing Department to talk about how this new procedure changed his life. Check out Fairfield Medical Center's Facebook page beginning Monday, Nov. 24 to watch Brad's video and hear how our Heartburn Center is helping patients like Brad take control of their acid reflux with treatment options such as the LINX. In addition, this week is National GERD Awareness Week. GERD, or



Brad Bunting was the first patient to have the LINX® procedure here at FMC.

gastroesophageal reflux disease, is a serious medical condition that can cause a number of unpleasant symptoms, including heartburn, nausea, chronic cough and sleep difficulties. GERD also can increase the risk of esophageal cancer if left untreated. To learn more, visit the GERD Awareness Week table in the café, where you can pick up a cookbook of heartburn-friendly recipes, take a heartburn quiz and learn about the Fairfield Medical Heartburn Center.

HR Corner

In order to limit the confusion of which code to use in TASS for specific situations, we have worked with some leadership in a "code leaning" process. These codes will be ready for usage by Nov. 30. You should receive communication from your

manager in reference of these changes and the details of the new codes by Nov. 28. After you've received your communication, please contact Hondre McNeil or Jared Schoenlaub in HR for any questions you may have.

Birthdays

MONDAY

Keith Bycofski, Emergency Dept.
Shane Clement, Housekeeping
Jessica Friesner, Cardio Fitness
Janie Preston, Lab-Hematology

TUESDAY

Nicole Lobo, Learning & Development
Caryn Orr, Surgery River View
Stacie Robinette, Surgery Pavilion
Susan Saddler, Volunteer – Surgery Waiting
Meredith Smith, Fifth Med./Surg.

WEDNESDAY

Jennifer Mitchell, Emergency Dept.
Erika Pontious, Cardiac Cath
Anita Stevens, Cardiac Cath Recovery

THURSDAY

Michael Giles, Housekeeping
James Hammond, Nursing Services
Linda Karshner, Dietary
Suzann Kemp, Volunteer – Surgery Waiting
Kimberly Mikesell, Volunteer – Pet Therapy
Stephanie Mitchell, Surgery Assessment
Erin Moore, Third Med./Surg.

FRIDAY

Mindy Miller, Maternity
Andrew Murry, M.D., FHP Infectious
Disease/Wound Care
Michelle Stiver, Learning & Development

SATURDAY

Steven Burgess, Plant Engineering
Abigail Grubb, Third Med./Surg.
Kaitlynn Lent, Medical Student/Residency
Program

SUNDAY

Rachel Barlow, Float Pool Phys. Svcs.
Kendra Butcher, ICU
Lisa Meyers, Sleep Lab
Keith Swartz, Radiology-PACS

Jingle Bell Run and Walk for Arthritis

Join Stephanie Ott, M.D., and her team called the Twinkling Stars at the 2014 Jingle Bell Run and Walk for Arthritis. The event takes place on Saturday, Dec. 6 in downtown Columbus with festivities starting at 8 a.m. and the 5k beginning at 10 a.m. In addition to the run and walk, a children's fun run also will be held.

This is a special year for FMC as Dr. Ott will be honored as the Arthritis Foundation's Medical Honoree. For more information regarding the event, log onto www.jinglebellruncolumbus.kintera.org or call the Arthritis Foundation at 614-876-8200. You can also register online by going to arthritis.org/jbr. Hope to see you there!

Hospital Happenings

TWIG 16 Reader's Digest Books Are Fun Two-Day Sale

The holidays will be here soon so make sure you mark your calendars for the book sale Monday, Nov. 24 through Tuesday, Nov. 25 in Assembly Room 2. Payroll deduction is available. Free gift wrapping will be offered by TWIG 16.

Turkey Day 5K

Celebrate the holiday by running for a cause on Nov. 27 at Forest Rose School, 1592 Granville Pike, Lancaster. Preregister for \$20 or race day registration is available for \$25. This year, children 13 and under participate for FREE! Registration forms are available outside of Human Resources at FMC. For more information, contact Health and Wellness Services at 740-689-6822.

Childbirth Education Series

Explore labor, birth, pain control options, relaxation techniques, childbirth recovery, cesarean births and newborn care in weeknight or weekend sessions. The class is located in the FMC Assembly Rooms. To register, call 740-687-8218. The fee is \$90 per family. Weeknight dates/times: Tuesdays, Dec. 2-23 from 6-9 p.m. Weekend dates/times: Dec. 5 from 5:30-7:30 p.m. or Dec. 7 from 8 a.m. to 4 p.m.

Maternity Open House/Tour

Tour the Maternity Unit, schedule childbirth classes and ask questions about your upcoming stay and delivery at FMC on Dec. 5 at 6 p.m. Register by calling ext. 8218. There is no fee to attend.

Newborn Care

Learn basic newborn care such as feeding, burping, illness, bathing, sleeping, crying and typical newborn characteristics on Dec. 5 from 5:30-7:30 p.m. in the FMC Assembly Rooms. To register, call 740-687-8218. Cost to attend is \$40 per family.

CPR Class

Learn adult, child and infant CPR and receive a certification card upon completion of a written exam. The class will be held on Dec. 6 from 8:30 a.m. to noon in the FMC West Wing Classrooms. Registration is required at 740-687-8007 and the fee is \$35 per person.

Childcare and Baby-Sitting Safety (CABS)

Children ages 11-15 will learn what to expect at what age and how to positively discipline, as well as CPR and Foreign Body Airway Obstruction Training on Dec. 30 from 8:30 a.m. to 3:30 p.m. Registration is required by calling 740-687-8007. The fee is \$35 per person and will be held in the FMC Assembly Rooms.

Ostomy Support Group Meeting

This is a support group for anyone who has an ileostomy, colostomy or urostomy. The next meeting will be held on Jan. 8 from 6-7 p.m. at the Cancer Resource Center, located at 616 Forest Rose Ave. in Lancaster. There is no fee to attend.

Lung Cancer Screening

Give yourself peace of mind, schedule your lung cancer screening today. A physician order is required for people with a significant smoking history who are 55-74 years of age. To register, call 740-689-6889. There is a \$99 fee per person. The screenings are held in Lancaster at River View Imaging, located at 2405 N. Columbus St. and at Fairfield Diagnostic Imaging.

Shop at the Bargain Boutique

The Bargain Boutique will be closed for Thanksgiving on Wednesday, Nov. 26 and Thursday, Nov. 27. The shop will be closed for the Christmas holidays from Sunday, Dec. 21 through Tuesday, Jan. 6. The first consignment date for 2015 will be Saturday, Jan. 3, and will officially reopen for business on Wednesday, Jan. 7. Consignments will be accepted on Saturdays through November and December. The only Saturday that consignments will NOT be accepted is Saturday, Dec. 27.

WELLNESS Corner

Have Yourself a Happy and Healthy Holiday

The FMC Internal Wellness Committee is offering a seasonal lunch and learn series to help you prepare for some of what the holiday season brings. Register to attend any or all of the upcoming lunch and learn opportunities by contacting Health and Wellness at ext. 6822. Preregistration is required, as seating is limited. Lunch is provided.

Are you Tech Fit? with Chris Chong M.S., C.S.C.S., on Tuesday, Dec. 2 from noon-12:30 p.m. in Assembly Room 1. Are you "technology fit?" Make sense of the different types of activity trackers that are available on the market today. Leave with a great holiday gift idea for you or a friend.

Healthy Eating for the Holiday Season: A Recipe for Success with Kate Kanner R.D., L.D., on Tuesday, Dec. 16 from noon-12:30 p.m. in Assembly Room 1. Weight gain over the holidays doesn't have to be inevitable. Learn how you can make healthier choices and maintain your weight while still enjoying your favorite seasonal treats.

Oxygen for the Soul

Enter His gates with thanksgiving, and His courts with praise; Give thanks to Him and praise His name. For the Lord is good and His love endures forever; His faithfulness continues; Through all generations." (Psalm 100:4-5)

Meaningful moments – Prayer time: 11:45 a.m.-12:15 p.m. Monday-Friday in the Chapel. Self-directed or with one of the chaplains. (*The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration*).

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com

Fairfield Medical Center's Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.