

Monday Morning



Hillyard Honored with Great Catch Award
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FMC Holds TWIG 7 Tree of Light Ceremony

Nurse of the Year Finalists Recognized



On Saturday, Nov. 8, Becky DeVoss, Learning and Development, and Lisa Scott, Case Management, were recognized as finalists at the 2014 March of Dimes Nurse of the Year Awards held at the Hilton at Easton. Becky was a finalist in the Education category, and Lisa was a finalist in the Case Management/Managed Care category.

Please join us in celebrating the wonderful accomplishments of these talented nurses and all they do for our patients and our community. Congratulations Becky and Lisa!



FMC Honored with Directors Award

During the Holiday Parade on Nov. 22, Jack Janoso, president and CEO, and Kim Kirchgessner, Human Resources assistant, accepted the Directors Award on behalf of FMC. "This award is given to FMC for their dedication to the community," said Fran Miller, parade co-chair. Special thanks to our parade volunteers.

FMC is Proud to Present the 2014-2015 Volunteer Council



FMC is proud to present the 2014-2015 Volunteer Council Representatives pictured with Heidi Reed, CDVS, volunteer coordinator. Top left: Susie Bingham, Chuck Schooley and Heidi Reed. Bottom left: Larry Burgess, Sally Phillips, Donna Kalis along with Princess and Jaden Robinson.

Spirit of Christmas Food Drive

The Spirit of Christmas food drive has begun and will end Dec. 12. The baseball team with the most donated items will receive a special advantage during our 1916 Employee Campaign this summer and will be presented with our GIVING GOBBLER trophy! Each baseball team will receive one point for every can or food donated. Points for your team only will be awarded for items delivered to Health and Wellness during designated collection times. Collection dates at the Wellness Center are: Dec. 3 from 11 a.m.-1 p.m., Dec. 10 from 11 a.m.-1 p.m. or Dec. 12 from 11 a.m.-1 p.m. (final collection date). Additional food drop boxes will be displayed throughout the Center for external visitors, patients, families, physicians and volunteers to place donated items. These items will be gratefully accepted, however team points will not be awarded for items left in the food drop boxes. Every can or donated item will make a difference!



From the Chief's Desk

I want to provide an update about project BRIGHT. First of all, we are still on schedule and on budget. That means that construction will be completed the end of March.



floors if needed in the future. If that happens the connector is already in place. 3) The face of the six-story connector immediately changes the face and image of FMC

Then we will take the next couple of months, April and May, to install equipment, put in supplies and run various drills and scenarios to be ready to open the first week of June. There are currently quite a few committees, working on everything from signage and wayfinding to operations and computer needs. There also has been a lot of work done on what types of patients will be located on each floor. Those details will be included in one of the next Project BRIGHT updates. Also, May will include many celebrations, tours and open houses, for both our family and the community.

I have had questions about the purpose of the connector. The major reasons are: 1) To make it easy for patients and visitors to navigate the Hospital. Surgery will be done in the new OR, but patients may end up on floors of the existing Hospital. The connector will make it easy to get to those floors. 2) Project BRIGHT is designed to add

in a very positive way. Over the last couple of months, we have also received approval from the Board of Directors of both the Hospital and the Foundation to expand a couple of services within the project. The FMC Foundation has agreed to fund the cost of a new Gift Shop and a new Chapel. The Gift Shop will be located in the new construction, where you can currently see the glass section closest to Ewing St. It will open at the same time as the rest of Project BRIGHT. The Chapel will be located in a portion of the existing lobby and won't be completed until the existing Information Desk is vacated.

Overall Project BRIGHT is progressing very well and you will be hearing and seeing a lot more information over the coming weeks and months.

Howard Sniderman
Chief Operating Officer

HR Corner

Health Savings Account

A Health Savings Account (HSA) is a bank account that allows pre-tax contributions from your paycheck. You must be enrolled in the Consumer Driven Health Plan (CDHP) to open a Health Savings Account. FMC will contribute \$500 in your HSA for each covered member. However, you must have an active HSA on file with Human Resources (HR) to receive the FMC contribution. If you elected the CDHP in 2015, and do not have a current HSA account on file in HR, please set up a HSA at the bank of your choice. Once you have established an account, HR will need the following information: Bank name, routing number and account number. Account type:

Checking or savings and annual amount deducted from your check (if elected). As a courtesy, Fairfield National Bank (FNB) will be available to set up HSA accounts at FMC. HR has HSA forms for you to complete and submit to FNB when their staff is onsite the following days: Dec. 3 from 1-3 p.m., Dec. 4 from 1-3 p.m., Dec. 9 from 11 a.m.-1 p.m. or Dec. 11 from 11 a.m.-1 p.m. **Please note:** Disregard this information if you have opened a HSA and provided Human Resources with your account information.

Employee Address/Phone Number

Please verify that your current address and phone number are up to date on your

Personal Information page in ESS. If not, please make the appropriate changes and save.

Tuition Assistance

Since the last payday for 2014 is December 19, Tuition Assistance applications MUST BE completed and turned into Human Resources by Friday, December 12. If you have paid for your courses but won't have your grades by the 12th, please go ahead and submit your application so the reimbursement is paid in 2014. This is only for semesters completed in 2014. Any application received after December 12, will be paid in 2015 and go towards your 2015 balance.

EVENTS

From the Employee Activities Committee

Save the date – Santa is coming to FMC on Saturday, Dec. 6 from 11 a.m.-4 p.m. in the Assembly Rooms. Please check-in at Assembly Room 1 and we will escort you to Assembly Room 3 to see Santa. Children and grandchildren 12 years old and younger are welcome. This year, Santa will present each family a special commemorative frame to display their photo with Santa. Please contact Human Resources at ext. 8017 or stop in the HR office to register.

The Nutcracker Ballet – Dec. 12-27 at the Ohio Theatre.

Tickets starting at \$29. To order tickets, please email Rick Hole, group sales representative, at rhole@balletmet.org. Please mention FMC to receive the discount. By contacting Rick directly, FMC employees, physicians and volunteers can avoid ticket fees while enjoying savings up to 25 percent off per ticket (depending on seat location). Please see the FMC Intranet/Employee Activities button for additional information.

Disney's Frozen on Ice at Quicken Loans Arena in Cleveland: Jan. 9-18. Tickets are \$28 per person with all fees included. Contact Mark Mazzagatti, group sales representative, by email at mmazzagatti@cavs.com for tickets. All tickets will be delivered via Flash Seats.

Ohio State vs. Illinois Basketball – Jan. 3. Limited tickets available in Section 328, rows J, K, L and M. Tickets are \$22. For questions, please contact Bob Williams, Cath Lab supervisor, at robertw@fmchealth.org.

Ohio State vs. Michigan Hockey – Jan. 16 at 7 p.m. Limited tickets available in Section 122, rows G, H and J. Tickets are \$9.

Valentine's Day comedy night and dinner with comedian Eric

Kirkland – Saturday, Feb. 14, 2015. \$25 per person at the Moose Lodge, 1201 Sugar Grove Road, Lancaster. Doors open 5:30-6 p.m. Dinner and photo booth (\$1 per photo strip) from 6-7 p.m. The comedy show is from 7-8:30 p.m. The photo booth and door prize announcements will follow the show. Sweetheart dessert, coffee, tea, water and fabulous doorprizes will be provided, compliments of FMC. Cash bar available. Italian dinner – two pasta choices, two sauce choices, two meat choices, salad and garlic bread included in price. **ADULTS ONLY.** Reservations are required by completing the payroll deduction form on the Intranet. Please call Kellie Sharp with any questions at 740-689-6454 or at kellies@fmchealth.org.

Save the Date: Bingo Boogie – Saturday, March 21, 2015 at the Moose Lodge located at 1201 Sugar Grove Road, Lancaster. Admission: FREE (adults-only event). Bingo starts at 7 p.m. (doors open at 6 p.m.) Boogie with DJ Jon Bauer after Bingo (about 9 p.m). Snacks will be provided and a cash bar will be available. Special 50/50 raffle to benefit the Employees Helping Employees Fund.

Snedeker Joins ED Team

Emergency Medicine Physicians (EMP) is pleased to introduce Elizabeth Snedeker, MPAS, PA-C, to join the emergency department team. Snedeker completed her undergraduate studies at Morehead State University in Morehead, Kentucky, where she received a Bachelor of Science in Biology. She received a Master of Science in Physician Assistant Studies from the University of Kentucky-College of Health Sciences in Lexington, Kentucky.



Commission on Certification of Physician Assistants. Elizabeth is a southern girl, born and raised in Eastern Kentucky. She moved to Ohio in October 2013. Elizabeth is married to a physician assistant who works at a local dermatology practice. She enjoys University of Kentucky Basketball, crafting, traveling, hiking, and is dedicated to watching around seven TV shows at the moment.

Elizabeth is certified by the National

In partnership with FMC staff, EMP physicians and mid-level practitioners are dedicated to providing the best emergency care to our community.

Hillyard Makes "Great Catch"

On Nov. 17, Jack Janoso, President and CEO; Howard Sniderman, Chief Operating Officer; and Cynthia Pearsall, Chief Nursing Officer, surprised Kimberly Hillyard, Cardio Fitness patient educator, with a \$100 gift card and Fairfield Medical Center's third Great Catch Award, which recognizes employees who go above and

beyond to keep patients safe.

Recently, a patient was getting a double dose of Plavix and Kimberly recognized it. She went above and beyond assisting her patient and in the end made a "great catch." Kudos to Kimberly for her "Patients First" mentality.

FMC Recognizes Employee Learning Week

To increase awareness about the strategic value of learning in organizations, the Association for Talent Development (ATD) has declared Dec. 1-5, as "Employee Learning Week." This is an opportunity for organizations to showcase the important link between developing employees' skills and achieving organizational results.

ATD research shows that organizations continue to invest in growing the knowledge and skills of their workforce. "Increasingly, business leaders realize that the most important asset in our knowledge economy is talent,

and a skilled workforce is the key to realizing results.

"We encourage all organizations to demonstrate their commitment to learning by recognizing Employee Learning Week," said Tony Bingham, ATD president and CEO.



To learn more about Fairfield Medical Center's recognition of Employee Learning Week, contact Learning & Development at ext. 8491. For more information about ATD Employee Learning Week

2014, visit www.employeelearningweek.org, or email to elw@astd.org.

Get Your Flu Vaccine by Dec. 15

Dec. 15 will be the deadline for employees to receive a flu vaccine or to submit documentation of receiving a flu vaccine from another provider/sign a declination. Employees who do not meet the deadline will be subject to disciplinary action as outlined in the Condition of Employment policy.

Birthdays

MONDAY

Ashley Barton, Fourth Med./Surg.
Valerie Eckman, Volunteer, South Information Desk, Menu Education
Penny Krug, FHP

TUESDAY

Julia Blake, Lab
Vickie Champ, Psych.
Cindy Dickerson, Housekeeping
Kelly Kidd, Vascular Interventional Radiology
Brandy Moore, Lab – Reference
Misti Rife, Catscan
Debra Zwicker, Contracts/Collections

WEDNESDAY

Tanya Abner, Housekeeping
Thomas Beery, Radiology – PACS
Linda Brown, Emergency Dept.
Jamie Mason, Lab – DHS
Megan Parsons, Respiratory Therapy
Beth Wallace, Nursing Services

THURSDAY

Rachel Carpenter, Surgery Assessment
Autumn Crawford, Fifth Med./Surg.
Molly Dupler, Fourth Med./Surg.
Charlie Gerken, Volunteer, Messenger Services, Courtesy Cart
Crystal Laughbaum, Fourth Med./Surg.
Cassandra Spires, Third Med./Surg.

FRIDAY

Krystal Roth, Lab – Phlebotomy

SATURDAY

Jeffrey M. Ayers, M.D., Graduate Medical Education
Penny Bondurant, Emergency Dept.
Daryl Dyer, Housekeeping
Terrian Graham, Radiology – General
Sharon Norton, Cardiac Cath
Mandy Taylor, Surgery – River View
Ronnie Williams, Volunteer, North Information Desk

SUNDAY

Kevin Effinger, Accounting
Christina Fondale, Fifth Med./Surg.
Amy Lewis, Pharmacy
Julianne Moy, Family Medicine Resident
James Ross, Chaplain Services
Sonia Stoneburner, Maternity
Catherine Wright, Surgery Pavilion

Jingle Bell Run and Walk

Join Stephanie Ott, M.D., and her team called the Twinkling Stars at the 2014 Jingle Bell Run and Walk for Arthritis. The event takes place on Saturday, Dec. 6 in downtown Columbus with festivities starting at 8 a.m. and the 5k beginning at 10 a.m. In addition to the run and walk, a children's fun run also will be held. This is a special year for FMC as Dr. Ott will be honored as the Arthritis Foundation's Medical Honoree. For more information log onto www.jinglebellrun Columbus.kintera.org or call the Arthritis Foundation at 614-876-8200.

Hospital Happenings

Tobacco Cessation

The Tobacco Cessation Support Group is open to the public for those who would like support in quitting tobacco products or remaining tobacco free. The next session is Wednesday, Dec. 17 from 6-7 p.m. at the Cancer Resource Center, located at 616 Forest Rose Ave. in Lancaster. Please call 740-689-6822 for more information.

Childcare and Baby-Sitting Safety (CABS)

Children ages 11-15 will learn what to expect at what age and how to positively discipline, as well as CPR and Foreign Body Airway Obstruction Training. The next class is Dec. 30 from 8:30 a.m. to 3:30 p.m. Registration is required by calling 740-687-8007. The fee is \$35 per person and will be held in the FMC Assembly Rooms.

Ostomy Support Group Meeting

This is a support group for anyone who has an ileostomy, colostomy or urostomy. The next meeting will be held on Jan. 8 from 6-7 p.m. at the Cancer Resource Center, located at 616 Forest Rose Ave. in Lancaster. There is no fee to attend.

TeleSitter Open House

Continuous Visual Monitoring is a unique wireless system which allows us to remotely monitor patients who would normally require an in-room sitter/nurse aid. This technology will not take the place of all physical one-to-ones, but rather an additional option for those patients that require increased monitoring. The individuals who monitor patients using this system are called TeleSitters. The Go-Live date is the week of Dec. 1. All education will be provided during that week. Department managers will be selecting a few employees from each of the participating departments (3C, 4M, 5MS, 6FJ, ICU, PCU and Obs.) to attend a class to obtain information to take back to their unit and disseminate to staff members about TeleSitters.

We invite any and all staff members (nursing, ancillary, physicians) to join us during one of the **Open Houses** to learn more about the processes, documentation, and workflows the new TeleSitter program will bring on Tuesday, Dec. 2 from 7:45-8:45 a.m. or Wednesday, Dec. 3 from 11 a.m.-noon in Classrooms B and C.

Look Good Feel Better Class

Join us to learn how to look good and feel better about the skin and hair changes caused by cancer treatment. Join us Monday, Jan. 12 from 10 a.m. to noon at the Cancer Resource Center located at 616 Forest Rose Ave. in Lancaster. Registration is required by calling the American Cancer Society at 1-888-227-6446.

Women's Heart Tea

Join FMC for an afternoon tea to learn more about heart health on Feb. 21 at 1:30 p.m. To register, call 740-687-8071. The fee is \$10 per person.

Weather Cancellation Policy

With the approach of inclement weather, Learning and Development would like to remind you of its weather cancellation policy. This policy applies only to educational classes and events offered by Learning and Development; it does not apply to your work schedule, or to education offered by other departments (If you are taking an OU-L class, please check their website for class cancellations). In the event that the cancellation is due to adverse weather conditions the following will apply:

- If, at 6 a.m. the day of the offering, Fairfield County is under a Level 2 or Level 3 Weather Emergency all educational offerings will be cancelled.
- If a Level 2 or Level 3 Weather Emergency is in effect for Fairfield County two hours prior to the educational offering the offering will be cancelled.
- In the event that an employee lives in a county other than Fairfield County and that county is under a Level 2 or Level 3 Weather Emergency the employee will be excused without penalty from attending the educational offering.

As always, each employee must use their own discretion about the advisability of travel during inclement weather. Call ext. 8491 if you have any questions.

Oxygen for the Soul

I would rather be able to appreciate things I cannot have than to have things I am not able to appreciate. ~Elbert Hubbard

Meaningful moments – Prayer time: 11:45 a.m.-12:15 p.m. Monday-Friday in the Chapel. Self-directed or with one of the chaplains. (*The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration*).

WELLNESS Corner

Have a Healthy Holiday

The FMC Internal Wellness Committee is offering a seasonal lunch and learn series to help you prepare for some of what the holiday season brings. Register to attend any or all of the upcoming lunch and learn opportunities by contacting Health and Wellness at ext. 6822. Preregistration is required, as seating is limited. Lunch is provided.

Are you Tech Fit? Join Chris Chong M.S., C.S.C.S., on Tuesday, Dec. 2 from noon-12:30 p.m. in Assembly Room 1. Are you "technology fit?" Make sense of the different types of activity trackers that are available on the market today. Leave with a great holiday gift idea for you or a friend.

Healthy Eating for the Holiday Season: A Recipe for Success with Kate Kanner R.D., L.D., on Tuesday, Dec. 16 from noon-12:30 p.m. in Assembly Room 1. Weight gain over the holidays doesn't have to be inevitable. Learn how you can make healthier choices and maintain your weight while still enjoying your favorite seasonal treats.

Don't Forget to Turn in Your Points!

The 2014 FMC Wellness Program (points for prizes) is wrapping up. The Deadline to turn in your points for the last quarter of 2014 is Dec. 12. To select your prize you will need to complete the FMC Wellness Program – Reward Redemption Form. This form is located on the FMC Intranet, Wellness Tab and is also due by Dec. 12. Remember:

- Reference the "max points" key at the bottom of each monthly tracking form.
- Total your points on each page before submitting.

Ways to submit your points:

- Email: amandano@fmchealth.org
- Fax: 740-689-6853
- Interoffice (please allow time for the courier to deliver so they are received on or before December 12).

If you have any questions, contact Health and Wellness Services at ext. 6822.

Fairfield Medical Center's Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.