FMC Honors Nurse Residents for their Commitment

Fairfield Medical Center is proud of the thirteen nurse residents who recently completed their nurse residency program. This is the second group of nurses who have completed Pathways to Practice, FMC’s year-long graduate nurse residency program designed to support new nurses in their transition from student to professional nurse. These graduate nurses attended clinical enrichment and professional development classes for the past year, and also worked on evidence-based projects to help improve patient care on their units. They will be presenting their recommendations to FMC’s nursing leaders at an upcoming NEC meeting. “I know these nurses have worked hard, and I am excited about their participation in improving patient care at FMC,” said Cynthia Pearsall, Chief Nursing Officer. “Honoring these new nurses is one of the highlights of my job.”

Nurse residents pictured, clockwise from top left are Shaun Willison, Sarah Scott, Timothy King, Barb Nelson, David Boyer, Alissa Johnson, Eric Boyer, Katie Eaves, Molly Dupler, Betsy Hayes, Nicole Arnold and Autumn Crawford. Not pictured: Evanne Hippler.

FMC Takes Great Strides to be Energy Efficient

In today’s ever-evolving healthcare industry, Fairfield Medical Center staff have worked hard to become more efficient, while continuing to offer cutting-edge healthcare services. Over a three-year period, FMC worked with AEP Ohio to plan and implement, and help fund, nearly a dozen energy-efficient projects that had the following impact at FMC:

• Reduced current energy costs
• Established long-term energy savings
• Offset capital investments
• Improved the patient and staff experience

Since 2011, FMC has done 13 projects which have resulted in $51,167 in rebates from AEP. One of the projects resulted in an annual energy saving of $55,000. Going forward, the hospital is taking its partnership with AEP Ohio to another level with construction of a new, $37.8 million expansion project (Project BRIGHT) that is expected to be completed in 2015.

“Working with AEP Ohio has been great,” said Steve Burgess, FMC Plant Engineering supervisor. “We’re always talking up the incentive program, telling others that it’s out there, and that we’re taking full advantage of it.”
From the Chief's Desk

As it is now December and we prepare for what I hope will be a wonderful Holiday season for you and your families, I would like to take a moment and refresh our individual and organizational commitment to one of our five core values – STEWARDSHIP.

We, as a community organization, have defined STEWARDSHIP in the following manner:

• Using Fairfield Medical Center resources wisely
• Respecting the time and resources of patients and families
• Giving back to the Center and community with time, talent and/or money
• Showing pride in FMC

As you can see, this definition of STEWARDSHIP is relatively broad and can be applied to various ways in which we use all the resources at our disposal. This is not just specific to money, but as stated, also can include our respect, time and talents.

As a core value of our organization, I would like our FMC family to be a leader within the Fairfield County communities we serve, and demonstrate that we value our role as THEIR provider of healthcare. As such, I ask each of you to find some personal, meaningful way to share your talents, time or treasures to brighten someone else’s life within the community. This can be as simple as a random act of kindness or as engaging as donating your time to a function that could use a hand for the Holidays.

Every day, I hear stories of the great FMC heart that exists within our organization and I am very proud to be a part of this “FMC Family.” I know we already do a lot for our community, but we can always do more. I can do more. I too will reflect on what I can do to better serve the community I now live in, and ask that you consider the same.

Thank you for taking the time to embrace the spirit of our values!

Have a wonderful, safe and Happy Holiday Season!

Jack Janoso, President & CEO

FMC Choir to Perform at Life Size Nativity

The FMC Choir will be performing for the first time ever at the downtown Columbus State Auto Insurance Company! If you have ever been there to see the life size nativity and walk the Christmas story journey, then you know it has become a standard repeat trip for many this time of year. The Choir has been invited to perform at 8 p.m. on Saturday, Dec. 13 in the amphitheatre. For more information, go to http://www.stateauto.com/about/page.aspx?id=2042. We hope you will make this opportunity part of your holiday plans!

EVENTS

From the Employee Activities Committee

The Nutcracker Ballet – Dec. 12-27 at the Ohio Theatre. Tickets starting at $29. To order tickets, please email Rick Hole, group sales representative, at rhole@balletmet.org. Please mention FMC to receive the discount. By contacting Rick directly, FMC employees, physicians and volunteers can avoid ticket fees while enjoying savings up to 25 percent off per ticket (depending on seat location). Please see the FMC Intranet/Employee Activities button for additional information.

Ohio State vs. Illinois Basketball – Jan. 3. Limited tickets available in Section 328, rows J, K, L and M. Tickets are $22. For questions, please contact Bob Williams, Cath Lab supervisor, at robertw@fmchealth.org.

Disney’s Frozen on Ice at Quicken Loans Arena in Cleveland: Jan. 9-18. Tickets are $28 per person with all fees included. Contact Mark Mazzagatti, group sales representative, by email at mmazzagatti@cavs.com for tickets. All tickets will be delivered via Flash Seats.


Valentine’s Day comedy night and dinner with comedian Eric Kirkland – Saturday, Feb. 14, 2015. $25 per person at the Moose Lodge, 1201 Sugar Grove Road, Lancaster. Doors open 5:30-6 p.m. Dinner and photo booth ($1 per photo strip) from 6-7 p.m. The comedy show is from 7-8:30 p.m. The photo booth and door prize announcements will follow the show. Sweetheart dessert, coffee, tea, water and fabulous doorprizes will be provided, compliments of FMC. Cash bar available. Italian dinner – two pasta choices, two sauce choices, two meat choices, salad and garlic bread included in price. ADULTS ONLY. Reservations are required by completing the payroll deduction form on the Intranet. Please call Kellie Sharp with any questions at 740-689-6454 or at kellies@fmchealth.org.

HR Corner

Health Savings Account (HSA) is a bank account that allows pre-tax contributions from your paycheck. You must be enrolled in the Consumer Driven Health Plan (CDHP) to open a Health Savings Account. FMC will contribute $500 in your HSA for each covered member. However, you must have an active HSA on file with Human Resources to receive the FMC contribution. If you elected the CDHP in 2015, and do not have a current HSA account on file in Human Resources, please set up an HSA at the bank of your choice. Once you have established an account, Human Resources will need the following information: Bank name, routing number, account number, account type (checking or savings) and annual amount deducted from your check (if elected). As a courtesy, Fairfield National Bank will be available in Human Resources to set up HSA accounts. No appointment is needed; just complete your forms prior to meeting with FNB and bring your driver’s license. Forms are available in Human Resources. FNB will be in HR on Dec. 9 and Dec. 11 from 11 a.m. - 1 p.m. Please note: Disregard this information if you have opened an HSA and provided Human Resources with your account information.

Employee Address/Phone Number
Please verify that your current address and phone number are up to date on your personal Information page in ESS. If not, please make the appropriate changes and save.

Tuition Assistance
The 2014 deadline is Dec. 12. Since the last payday for 2014 is Dec. 19, tuition assistance applications MUST BE completed and turned into Human Resources by Dec. 12. If you have paid for your courses but won’t have your grades by the Dec. 12, go ahead and submit your application so the reimbursement is paid in 2014. This is only for semesters completed in 2014. Any application received after Dec. 12, will be paid in 2015 and go towards your 2015 balance.
Electronic W2 – Sign up Today!

One of the great new features we can now offer as part of our implementation of the API Healthcare Human Resources and Payroll software is an ability to make your W2 form available to you via the Employee Self-Service (ESS) site. The greatest advantage of selecting this electronic delivery option is that you will gain access to your W2 form much earlier in January rather than waiting on a paper form to be sent to you. By selecting this electronic option, the Accounting department will not print or mail you a paper copy of your W2 form, however you will have the ability to access, view and print your W2 form as often as you want.

For this exciting new option to be available for you to view, you must sign up for this option. The following are the steps you need to take in ESS in order to activate this feature:
1. Log into the ESS system.
2. Click on the Personal Information option under the Employee tab.
3. Scroll down the screen to the Electronic Consent box and check mark the W-2 Statement box.
4. Then click on save.

It’s that simple! Please log onto ESS and elect this option no later than Dec. 19 so you may have this electronic W2 delivery option available for you.

Congratulations are in Order

Contracts and Collections would like to congratulate the following employees for their recent accomplishment of obtaining their Billing and Collection Professional Certification (CBACP), Patient Access Professional Certification (CPAP),

- Crystal Meyers, billing and collection professional
- Mary Ann Bowers, billing and collection professional
- Debbie Zwicker, patient access professional

Documentation and Charge Capture Certification (CDCCP) as well as Strategic Revenue Management Certification (SRMCP) through a national certification process with Healthcare Business Insights. We are very proud of you:

- Marci Bowers, patient access professional as well as strategic revenue management
- Jamie Hurst, documentation and charge capture as well as strategic revenue management

SBAR Highlighted in Holiday TeamSTEPPS Poster

Our movie-themed poster for this month is a special holiday edition highlighting the SBAR tool taught in the Fundamentals class. TeamSTEPPS is a proven method of improving communication within your own team and from team to team. New employees receive TeamSTEPPS training as a part of their 60-day orientation, so they do not need to attend a separate class for TeamSTEPPS. Please encourage new employees to view previous posters and use them as a reminder for incorporating the tools in your daily work. The TeamSTEPPS taskforce wishes you and your family a wonderful holiday season.
Hospital Happenings

Tobacco Cessation
The Tobacco Cessation Support Group is open to the public for those who would like support in quitting tobacco products or remaining tobacco free. The next session is Wednesday, Dec. 17 from 6-7 p.m. at the Cancer Resource Center, located at 616 Forest Rose Ave. in Lancaster. Please call ext. 6822 for more information.

Childcare and Baby-Sitting Safety (CABS)
Children ages 11-15 will learn what to expect at what age and how to positively discipline, as well as CPR and Foreign Body Airway Obstruction Training. The next class is Dec. 30 from 8:30 a.m. to 3:30 p.m. in the Assembly Rooms. Registration is required by calling ext. 8007. The fee is $35 per person.

Ostomy Support Group Meeting
This is a support group for anyone who has an ileostomy, colostomy or urostomy. The next meeting will be held on Jan. 8 from 6-7 p.m at the Cancer Resource Center, located at 616 Forest Rose Ave. There is no fee to attend.

Look Good Feel Better Class
Join us to learn how to look good and feel better about the skin and hair changes caused by cancer treatment. Join us Jan. 12 from 10 a.m. to noon at the Cancer Resource Center located at 616 Forest Rose Ave. in Lancaster. Please call ext. 6822 for more information.

Volunteer Recognition
(Continued) This award recognizes significant contributions in an outstanding leadership/management excellence program that the member has been substantially involved in planning, implementing and coordinating that has significantly impacted the hospital environment or community. Fairfield Medical Center was specifically recognized for “significant growth, restructuring and improvement of the Volunteer Services department.” OHVMA consists of 86 volunteer administrators from across the state with more than 65 Ohio hospitals represented. Congratulations to our outstanding volunteers on this achievement!

Oxygen for the Soul
Christmas is not just a time for festivity and merry making. It is more than that. It is a time for the contemplation of eternal things. The Christmas spirit is a spirit of giving and forgiving.- J.C. Penney

meaningful moments – Prayer time: 11:45 a.m.-12:15 p.m. Monday-Friday in the Chapel. Self-directed or with one of the chaplains. (The Chaplains’ Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

Employee Christmas Party
Fairfield Medical Center’s Annual Employee/ Volunteer Christmas Party is scheduled for Friday, Dec. 12 from 7 a.m.-6 p.m. in the Assembly Rooms. There will be a variety of foods available throughout the day to enjoy along with entertainment. The entertainment schedule is as follows:

7-7:30 a.m. Piano Music, Denise Baird
7:30-8:30 a.m. FMC Choir
8:30-9:30 a.m. Latricia Johnston/Denise Baird
9:30-10 a.m. Ginger Reed
10-10:30 a.m. Piano Music, Latricia Johnston
10:30-11 a.m. Debbie Wright and Pleasantville Elementary 4th Grade Chorus Dr. Steve Cox and Friends
11 a.m.-noon FMC Choir
1:30 p.m. Project Search Students
1:30-2 p.m. Dan Kemp
2-2:30 p.m. Anna Schmelzer, Amber From, Olivia Schmelzer Plane Music, Latricia Johnston
3-3:30 p.m. Mike and Resa Tobin
3:30-4 p.m. Magical Singing Ladies and The Delightful Dapper Lyracists
4-4:30 p.m. Chamber Group from Fairfield County Strings & Keyboards
4:30-5 p.m. Doctors Instrumental
5-6 p.m. FMC Choir

This event will be broadcasted live from 7 a.m.-6 p.m. on Channel 18 throughout the Center.

WELLNESS Corner

Don’t Forget to Turn in Your Points!
The 2014 FMC Wellness Program (points for prizes) is wrapping up. The Deadline to turn in your points for the last quarter of 2014 is Dec. 12. To select your prize you will need to complete the FMC Wellness Program – Reward Redemption Form. This form is located on the FMC Intranet, Wellness Tab and is also due by Dec. 12. Remember:
• Reference the “max points” key at the bottom of each monthly tracking form.
• Total your points on each page before submitting.

Ways to submit your points:
• Email: amandano@fmchealth.org
• Fax: 740-689-6853
• Interoffice (please allow time for the courier to deliver so they are received on or before December 12).

Have Yourself Happy and Healthy Holidays!
The FMC Internal Wellness Committee is offering a seasonal lunch and learn series to help you prepare for some of what the holiday season brings. Register to attend any or all of the upcoming lunch and learn opportunities by contacting Health and Wellness at ext. 6822.
Preregistration is required, as seating is limited. Lunch is provided.

Healthy Eating for the Holiday Season: A Recipe for Success
with Kate Kanner R.D., L.D., on Tuesday, Dec. 16 from noon-12:30 p.m in Assembly Room 1. Weight gain over the holidays doesn’t have to be inevitable. Learn how you can make healthier choices and maintain your weight while still enjoying your favorite seasonal treats.

Fairfield Medical Center’s Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center’s Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

No One Dies Alone FYI
Our annual Christmas get-together will be held on Monday, Dec. 15 at the Pickering House from 4:30-6:30 p.m. Katie Hannahs, clinical education coordinator in the FMC Learning & Development department, will be our guest speaker. Contact Meloney Rarick at ext. 8194 if you have any questions. Hope to see you there!

Ways to submit your points:
• Email: amandano@fmchealth.org
• Fax: 740-689-6853
• Interoffice (please allow time for the courier to deliver so they are received on or before December 12).

Volunteer Recognition
(Continued) This award recognizes significant contributions in an outstanding leadership/management excellence program that the member has been substantially involved in planning, implementing and coordinating that has significantly impacted the hospital environment or community. Fairfield Medical Center was specifically recognized for “significant growth, restructuring and improvement of the Volunteer Services department.” OHVMA consists of 86 volunteer administrators from across the state with more than 65 Ohio hospitals represented. Congratulations to our outstanding volunteers on this achievement!

Oxygen for the Soul
Christmas is not just a time for festivity and merry making. It is more than that. It is a time for the contemplation of eternal things. The Christmas spirit is a spirit of giving and forgiving.- J.C. Penney

meaningful moments – Prayer time: 11:45 a.m.-12:15 p.m. Monday-Friday in the Chapel. Self-directed or with one of the chaplains. (The Chaplains’ Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).