FMC Assists the Governor in Revising HB 247

On Dec. 19, 2014, American College of Cardiology (ACC) members Dr. Robert Hobbs, Dr. Anne Albers, Jennifer Dicken, FMC cardiovascular data analyst and Bob Williams, FMC diagnostic and interventional cardiovascular services manager, had the opportunity to attend the Governor’s signing of House Bill (HB) 247. HB 247 amended sections of the revised code to “make clear that any person may perform automated external defibrillation, to extend qualified immunity from civil liability to premises owners and other persons involved with automated external defibrillator placement and use.”

Sharing in the events of the day were Dr. Gordon B. Snider, friend of Rep. Gerald Stebelton, and two cardiac arrest survivors, Rob Walker, of Pickerington and Claire Birkholz of Dublin. Walker lost his brother to sudden cardiac arrest and he, himself has cardiomyopathy and his AICD has provided therapy to convert life-threatening rhythms. Birkholz, 12, was accompanied by her mother, Christy, older brother, Will, and younger brother, Reid. Birkholz experienced sudden cardiac arrest at the age of 9 as the result of undiagnosed long QT syndrome.

While waiting for the bill to be signed, Rep. Stebelton provided a personal tour of the House Chamber.

New Patient Tower Being Named “2 Surgical”

The name of the new patient tower has been changed from “Third Floor Surgical” to “2 Surgical.” The name was chosen in relation to where the building will connect with the existing medical inpatient tower. The new patient tower will consist of six Surgical Intensive Care Unit (SICU) rooms, nine Surgical Progressive Care Unit (SPCU) rooms and 15 surgical inpatient rooms.
Listed below is the schedule for the all employee meetings that will be conducted by Jack Janoso regarding the “Culture of FMC.” These meetings are open to all FMC staff and you are required to attend one of the meetings. Stop by at your convenience to hear about the new and exciting future of FMC:

- **Monday, Jan. 26, 3-4 p.m.** in Assembly Room 2
- **Wednesday, Jan. 28, 2-3 p.m.** in Assembly Rooms 2 & 3
- **Monday, Feb. 2, 9-10 a.m.** in Assembly Rooms 1 & 5
- **Monday, Feb. 2, 10:30-11:30 a.m.** in the Accounting Training Room
- **Monday, Feb. 2, 3:30-4:30 p.m.** in Assembly Rooms 1 & 5
- **Friday, Feb. 6, noon-1 p.m.** at FHP Family Medicine of Amanda
- **Friday, Feb. 6, 2-3 p.m.** in Assembly Rooms 2 & 3
- **Monday, Feb. 9, 5-6 a.m.** in Assembly Rooms 2 & 3
- **Monday, Feb. 9 at 7:30-8:30 a.m.** in Assembly Rooms 2 & 3
- **Tuesday, Feb. 10, 10-11 a.m.** in Assembly Rooms 2 & 3
- **Tuesday, Feb. 10, noon-1 p.m.** at FHP Family Medicine of Bremen
- **Monday, Feb. 16, 7:30-8:30 a.m.** in Assembly Rooms 1 & 5
- **Monday, Feb. 16, 3:30-4:30 p.m.** in Assembly Rooms 1 & 5
- **Tuesday, Feb. 17, 10-11 a.m.** in Assembly Rooms 1 & 5
- **Wednesday, Feb. 18, 3:30-4:30 p.m.** in Assembly Rooms 2 & 3
- **Thursday, Feb. 19, 5-6 a.m.** in Assembly Rooms 2 & 3
- **Thursday, Feb. 19 at 7:30-8:30 a.m.** in Assembly Rooms 2 & 3

Help Us Tell FMC’s Story for Our Centennial

We are looking for captivating stories to help tell Fairfield Medical Center’s story for our upcoming centennial celebration. If you have a special story or memory that has happened in your life we would like to hear about it! It can be a long or short story explaining why you value FMC and the care you or a loved one received that transformed your life.

Please send your stories to Latricia Johnston, centennial project director, at latriciaj@fmchealth.org, or upload it to Facebook by going to Facebook.com/fmchealth. We are looking forward to hearing from you to help us celebrate 100 years of caring.

EVENTS

From the Employee Activities Committee

**Snow Trails** – Save 25 percent with the Corporate Partner Program: Present your FMC I.D. badge or recent pay stub with a picture I.D. to receive valuable Snow Trails discounts. All employees, along with family and friends, qualify for the discount – (number of participants will not be limited.) Pay for all participants with one transaction. May not be combined with any other discounts. Discount good for snow tubing, rental equipment, lessons and all lift tickets. Visit www.snowtrails.com for pricing, snow report, hours of operation and directions. For more information, please see the flier posted on the FMC Intranet/Employee Activities button. Questions? Contact Kellie Sharp, by email at kellies@fmchealth.org or at ext. 6454.

Valentine’s Day comedy night and dinner with comedian Eric Kirkland – Saturday, Feb. 14. $25 per person at the Moose Lodge, 1201 Sugar Grove Road, Lancaster. Doors open 5:30-6 p.m. Dinner and photo booth ($1 per photo strip) from 6-7 p.m. The comedy show is from 7-8 p.m. The photo booth and door prize announcements will follow the show. Sweetheart dessert, coffee, tea, water and fabulous door prizes will be provided, compliments of FMC. Cash bar available. Italian dinner – two pasta choices, two sauce choices, two meat choices, salad and garlic bread included in price. ADULTS ONLY. Reservations are required by completing the payroll deduction form on the Intranet. Please call Kellie Sharp with any questions at 740-689-6454 or at kellies@fmchealth.org.

Save the Date: Bingo Boogie – Saturday, March 21 at the Moose Lodge located at 1201 Sugar Grove Road, Lancaster. Admission: FREE (adults-only event). Bingo starts at 7 p.m. (doors open at 6 p.m.) Boogie with DJ Jon Bauer after Bingo (about 9 p.m). Snacks will be provided and a cash bar will be available. Special 50/50 raffle to benefit the Employees Helping Employees Fund.

**Ringling Brothers Circus at the Schottenstein Center** – April 23-26. Tickets starting at $14. Order form can be found on the FMC Intranet/Employee Activities button.

Please see the FMC Intranet/Employee Activities button for order forms. To reserve tickets for the above events, complete the request form on the FMC Intranet through the Employee Activities button.

**Cookie Baking Contest with the CEO to Benefit Employees Helping Employees**

On Friday, Feb. 13, the Dietary Department will host a Valentine’s Day Cookie Contest in the Cafeteria at 10:30 a.m. with Jack Janoso, President and CEO. One of Jack’s hobbies is baking and he is looking forward to staff bringing in their best cookies to compete with him. All employees, volunteers and physicians are welcome to participate by calling John Belin, Dietary Manager, at ext. 8127 or emailing johnb@fmchealth.org to enter the contest. All contestants must enter by February 10. Participants should bring in four dozen cookies by 9 a.m. on the 13th for the official judging. Afterwards, the cookies will be sold for 50 cents each with all funds benefitting Employees Helping Employees.

**Volunteer for TWIG 17**

The TWIG 17 Books and More store is in need of members. The requirement is six hours a month or two, three-hour shifts. The store is in need of romance books. Donations are accepted all year around. For questions or more information, contact Janie at 740-969-4825 or 740-652-5501.
FMC Assists The Governor in Revising HB 247 (cont.)

The group was prepared to meet with Gov. Kasich, and they were escorted into the ceremonial office. “The Governor engaged us in conversation and asked why this bill was important to us,” said Williams. “While the bill was important to us all, it was most important to Mr. Walker and Ms. Birkholz.” Gov. Kasich asked them to share their stories. As the stories were shared, tears flowed. The embrace of Gov. Kasich and young Ms. Birkholz warmed every heart in the room. The Governor asked what else the group needed to do, and ACC members provided a number of ideas. Gov. Kasich proceeded to sign HB 247 into law as Mr. Reid Birkholz finalized it by applying the period after the initial R, John R. Kasich.

It was an honor for ACC members to share this experience with the patients they serve. We are committed not only to providing excellent healthcare, but advocating on their behalf.

Advocating on behalf of cardiovascular professionals and patients is very important. Please join the Ohio-ACC in Columbus on March 3, for the Ohio-ACC Legislative Day. For questions or more information, contact Williams at ext. 8154.

Hi! I am Shauna LeMaster, a Certified Ophthalmic Assistant to Dr. Reddy in the Fairmore building. Since my mid-twenties I have struggled off and on with my weight. In July of this year, I stepped on the scale and weighed more than I did the day I had my daughter fourteen years ago. This hit me hard! Everyone that has ever struggled with weight has had that “that’s it” moment and this was my moment! With the help of a physician monitored diet, I started paying more attention to if I was truly hungry or was I bored? Also I started to ask myself before I ate something, “is it really worth it?” As a result, I started eating less; I cut out soda and started drinking more water.

Lucky for me, “Walk to California,” a team walking challenge began August 1, 2014. Our office accepted the challenge and in late October we ended up finishing in second place. We were excited each week to see how far we traveled across the country! This challenge incentivized me to walk with my co-workers; Tina, Alisia and Dr. Reddy at lunch. I would walk my yellow lab, O’Malley, at night and added in several trips of walking around King’s Island with my family. Before I knew it, I was down over thirty pounds. My ideal weight is still a lengthy journey, but I feel I have a great start. My cholesterol decreased over thirty points and I hope to lose enough to ditch the high blood pressure medication. My daughter and I received kayaks for Christmas and we hope to put them to good use this summer at A.W. Marion state park where we live!

My advice is to start with small changes like drink water instead of pop, and if you have a favorite TV show “you never miss” don’t sit through commercials, get up and move around or get a load of laundry to fold. The small changes you make add up to big lifestyle changes!

Enjoy the journey and Happy New Year!

Birthdays

MONDAY

Danielle DiGiannantoni, Third Med./Surg. Casey Henderson, Maternity
Kimberly Kirk, Medical Information Services Brenda Piper, Surgery
Linda Shoemaker, Fifth Med./Surg.

TUESDAY

Mandolin Dawson, Orthopedic Unit Dana Parker, Third Med./Surg.
Tamara Scott, Internal Medicine Residency Program Melinda VanBuren, Emergency Dept.

WEDNESDAY

Kathleen Gittinger, Psych Linda Graybeal, MIS
Marlene Oliver, Volunteer-South Information Desk Jeremy Ryan, Lab-Specimen Procedure Desk Courtney Shaner, Respiratory Therapy Heather Talbot, FHP Cardiology

THURSDAY

Thad Bowersock, Physical Therapy Candie Carver, Respiratory Sara Moline, Medical Stabilization Unit Andrea Riffe, FHP Cardiothoracic Surgery Debra Shelpman, Case Management Jessica Stoneburner, Dietary Andrea Triona, Fifth Med./Surg. Lydia Weaver, Maternity

FRIDAY


SATURDAY

Juan Anda, Physical Therapy Kaitlin Angle, ICU Daisy Knight, PCU Ron Nixon, Volunteer, North Info. Desk Donna Peterson, Maternity Nancie Predmore, Wound Therapy

SUNDAY

Amber From, FHP Family Medicine of Bremen Teresa Hardy, PBX Tammy Johnson, Dietary Trisha Lindamood, Vascular Lab Fran Lyon, Volunteer, River View Surgery Center, NODA Bonita Marsh, Volunteer, South Info. Desk Angela Morrison, Marketing Crystal Myers, Contracts & Collections Deborah Pack, Volunteer, Environmental Services Jennifer Puckett, Ewing Sqr-Infusion Services Roberta Rolon, Contracts & Collections Kara Stillberger, Volunteer, Cardiovascular Services, Environmental Services, Storeroom, Radiology Megan Workman, Volunteer, North Info. Desk
**Hospital Happenings**

**Grand Rounds Presentation:**
**Redesigning Heart Failure, A New Model of Care**
On Jan. 29, we will hold a Grand Rounds presentation from noon-1 p.m. in the Assembly Rooms. The topic is heart failure and will feature a case presentation on a heart failure patient.

**Becky Gaylord Retirement Tea**
Becky began her career at FMC in 1988 working as a contingent MLT, generalist for 10 years. She returned to her FMC Lab family in 2011 as a full-time second shift generalist. Shortly thereafter, she became the second/third shift supervisor. Her tea is Jan. 30 from 2-4 p.m. in Assembly Room 2.

**Joan Miller Retirement Tea**
Joan began her career at FMC in 1993 working as a supervisor in Lab. In 1995, she was promoted to Assistant Manager in Lab and then was appointed Lab manager. In 2008, she transferred to Six Sigma where she became a Black Belt. In 2011, Joan was named director of Quality, Safety and Six Sigma. Her tea will be held on Jan. 29 from 2-3:30 p.m in Assembly Rooms 2 & 3.

**Cancer Fatigue Class**
Join Ivy O’Neal, oncology nurse navigator, as she focuses on the common side effects that may be associated with chemotherapy or radiation and what to do to help manage them. The next class is from 2-3 p.m. on Feb. 12 at the Cancer Resource Center at 616 Forest Rose Ave., Lancaster. The goal of this class is to help you cope with cancer fatigue and is for anyone who is actively receiving cancer treatments or has received treatments in the past. Loved ones are welcome to participate, as well. For questions, please call 740-277-6941.

**Heart Health Tea**
Join us for an afternoon tea to learn more about heart health on Feb. 21 at 1:30 p.m. at Crossroads Event Center featuring Jym Ganahl from NBC 4. $10 per person. Offering free blood pressure checks and glucose screenings. Adults who are interested in heart health are welcome. Call ext. 8071 to register.

**Tobacco Cessation**
Learn effective methods and tools for quitting tobacco on Mondays from Feb. 25-April 1 from 6-7:30 p.m. at the Cancer Resource Center at 616 Forest Rose Ave., Lancaster. Register by calling 740-689-6822. The price is $30 per person.

**Diabetes Support Group**
Join us for monthly meetings every last Monday of the month taught by our certified diabetes educator as she helps people with diabetes face the challenges of this disease. Meetings are held from 6-7 p.m. in the Assembly Rooms on the second floor at FMC. For schedule, cost and more information, call 740-687-8492.

**Lung Cancer Screening**
Give yourself peace of mind, schedule your lung cancer screening today. A physician order is required. This test is recommended for people with a significant smoking history who are 55–74 years of age. To register, call 740-689-6889. There is a $99 fee per person. The screenings are held at River View Imaging, located at 2405 N. Columbus St. and at Fairfield Diagnostic Imaging.

**TeamSTEPPS Class**
Join us Thursday, March 19 from 9-11 a.m. in Classroom Alpha. Register in the TDC using keyword: team. This TeamSTEPPS Fundamentals class is being offered to any employee who did not complete the training during the initial house-wide rollout. New employees receive TeamSTEPPS training during their 60-day event (effective Feb. 1). For questions or more information, contact Wendy Travis at ext. 8395 or wendyt@fmchealth.org.

**Do it for them . . . Schedule your FREE Mammogram today!**

**Oxygen for the Soul**
Glory to God in highest heaven, Who unto man His Son hath given; while angels sing with tender mirth, a glad new year to all the earth.”  ~Martin Luther King

Meaningful moments – Prayer time: 11:45 a.m.-12:15 p.m. Monday–Friday in the Chapel. Self-directed or with one of the chaplains. (The Chaplains’ Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

**Ethics & Compliance Hotline:** 1-855-541-4169 or go to fmchealth.ethicspoint.com

**Fairfield Medical Center’s Mission:**
FMC delivers outstanding healthcare for our patients, their families and our communities.

**Fairfield Medical Center’s Vision:**
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

**Attention Physicians**
Fairfield Medical Center is taking great strides to protect patients and staff in the event of an emergency. For this reason, an Emergency Preparedness Committee meets regularly to ensure policies/procedures and training for staff is initiated and practice drills are conducted. The committee is in search of physicians who have an interest in this area to join the committee and help make a difference should an emergency arise at FMC and the surrounding area. Please contact Emergency Preparedness Coordinator Terri Higgins at ext. 8190 or by email at terrih@fmchealth.org if you are interested.

We’re getting ready to celebrate 100 years at FMC and YOU can be part of the celebration! We want to include your baby photos in our upcoming centennial celebration. If you or a loved one were born at FMC and would like to be part of this celebration, please email a copy of your photo or bring it by our marketing office. Photos can be emailed to latriciaj@fmchealth.org. For FMC centennial photo submission rules, go to fmchealth.org/photo-rules.aspx.

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