FMC Receives Heart Failure Accreditation

Fairfield Medical Center is proud to announce it has received full Heart Failure Accreditation status from the Society of Cardiovascular Patient Care (SCPC). This is a three-year accreditation that demonstrates FMC’s excellence in the care of heart failure patients from diagnosis through follow-up care.

FMC is one in five hospitals in Ohio and one of 77 in the nation to receive this accreditation. “I believe this demonstrates the high level of care we provide to our patients on a daily basis,” said Michael Reinig, D.O., FMC cardiologist and Heart Failure Clinic medical director. “It is quite an accomplishment and shows our commitment to exemplary patient care by meeting and exceeding a wide set of criteria that makes me proud to work at FMC amongst my fellow team members.”

Heart failure is a leading cause of morbidity and mortality in the United States. Approximately five million patients in the U.S. have heart failure. FMC wanted to do something about these staggering statistics and effectively manage the increasing numbers of heart failure patients presenting to emergency departments across the nation.

Dr. Romaker Recognized

Ralph Romaker, M.D., was recently recognized as a Legendary Caregiver through the Grateful Patient & Family Program. Grateful patient Joyce Harvey and her husband honored Dr. Romaker for his extraordinary care and concern during her hospitalization at FMC and rehabilitation at LanFair Rehabilitation Center. Karen Rotkis, manager of Physician Relations, joined the FMC Foundation staff in the presentation of his award. Congratulations Dr. Romaker!
FMC Pension Meeting
Fairfield National Bank will be hosting meetings to review our recent 401k pension statements, provide education and answer questions related to the 401k pension plan. Meetings are held:
• Feb. 18 at 9-10 a.m. in Assembly Rooms 2 & 3
• Feb. 20 at 8-9 a.m. in Assembly 2 & 3
• Feb. 24 at 9-10 a.m. in Assembly 2 & 3
• March 4 at 8-9 a.m. in Assembly 2 & 3
• March 4 at 2:30-3:30 p.m. in Assembly 2 & 3

ATTENTION Nursing Students
Are you hoping to be employed at FMC as an RN after graduating from nursing school? If you are a current FMC employee who is graduating from nursing school this spring or summer, you are invited to attend our Graduate RN celebration on Friday, Feb. 27, in Assembly Room 2. This celebration is designed to introduce new nurses to the units that will be hiring graduate nurses this summer. FMC’s nursing units will display information about nursing opportunities on their units. You also will hear about the Pathways to Practice, FMC’s residency program for all graduate nurses. This celebration kicks off the application and interview process for nurse residents, so don’t miss it! A light lunch will be provided. If you have any questions, contact recruiters Rachel Thomas or Hope Tindor.

Medical Alliance Scholarship
The Fairfield County Medical Alliance is once again offering its medical scholarship. This scholarship is available to any student who is a resident of or works in Fairfield County and wishes to pursue a degree in the healthcare field. The money may be used for tuition, books or housing. Last year the Medical Alliance awarded more than $10,000 to area students. The deadline for the scholarship application is April 6. A committee of local professionals selects the recipients of the scholarships. Selection is based on quality of application, how well the student meets the criteria, need, character and motivation of applicant. Applications will be available in Marketing and Human Resources. If you have any questions, please feel free to contact Amy Woo at 740-654-4773.

HR Corner
ESS (Employee Self-Service)
Did you recently move or change your phone number? If so, did you update this information on your Personal Information tab on ESS? You can go directly to ESS to update. Have you also checked your school tax information? Did you update or verify your school tax information on ESS? Employees are responsible for verifying/adding this information. Please review your bi-weekly earnings statements on ESS. It is the employee's responsibility to verify benefit deductions, 401(k) election, etc. When reviewing this information, click on the Payroll tab, Pay Checks, highlight the pay you want to review and click on “Print Statement.” The Print Statement view gives you the full view of your actual earnings statement. When finished reviewing, click on the “back” button to take you back to your ESS home page.

Have you checked your Personal Contact information on ESS? If there is an emergency, will Human Resources know who to contact? Do you have dates of birth and social security numbers listed for your dependents? You also can make any federal or state tax filing changes. Click on the Payroll tab and then Taxes. Highlight which tax you want to update. Make your changes and sign using your employee ID number before saving this information. Your employee ID is your electronic signature for your changes. Do you need to make changes or add a direct deposit account? If you change an account number but not your bank, just edit the current direct deposit. If you no longer need an account, inactivate the status. ESS will not allow you to delete a bank account.

Medical Insurance Benefits
Do I need a referral to see the specialist? What is my deductible for 2015? Does my upcoming surgery need to be pre-certed? Do I have to pay at the time of my doctor appointment? These are just some of the questions that the Human Resources Benefits Group receives from time to time. It is important to be familiar with your medical insurance coverage before having services completed. You can find the 2015 Benefits Guide on the FMC Intranet under the Human Resources tab. If you need assistance or have questions about your insurance, please feel free to contact a member of the Human Resources Benefits Group.

EVENTS
From the Employee Activities Committee
Snow Trails – Save 25 percent with the Corporate Partner Program: Present your FMC I.D. badge or recent pay stub with a picture I.D. to receive valuable Snow Trails discounts. All employees, along with family and friends, qualify for the discount (number of participants will not be limited). Pay for all participants with one transaction. May not be combined with any other discounts. Discount good for snow tubing, rental equipment, lessons and all lift tickets. Visit snowtrails.com for pricing, snow report, hours of operation and directions. For more information, please see the flyer posted on the FMC Intranet/Employee Activities button. Questions? Contact Kellie Sharp at kellie@fmchealth.org or at ext. 6454.

Save the Date: Bingo Boogie – Saturday, March 21 at the Moose Lodge located at 1201 Sugar Grove Road, Lancaster. Admission: FREE (adults-only event). Bingo starts at 7 p.m. (doors open at 6 p.m.) Boogie with DJ Jon Bauer after Bingo (about 9 p.m). Snacks will be provided and a cash bar will be available. Special 50/50 raffle to benefit the Employees Helping Employees Fund.

Ringling Brothers Circus at the Schottenstein Center – April 23-26. Tickets start at $14. Order form can be found on the FMC Intranet/Employee Activities button.

Dr. Cox Has Moved
Steven Cox, M.D., with Fairfield Healthcare Professionals General Surgery, has moved into his new office in the FMC Surgery Pavilion, which is located at 135 N. Ewing St., Suite 204, Lancaster. He offers a wide array of in-office procedures such as:
• Colonoscopies
• Upper endoscopies (EGD’s)
• Breast Biopsies
• Varicose Vein Treatments
• Excisions of lumps, bumps and skin cancers

The office is open Monday through Friday, 8 a.m.-4:30 p.m. For more information or to schedule an appointment, call 740-654-4773.
Heart Failure Accreditation (cont.)

“Our program is unique in that it focuses on the quality of life of the patient,” said Dr. Reinig. “We put a great emphasis on what the diagnosis of heart failure means, how the patient can live with heart failure and the resources we, as a community, can provide.”

FMC has demonstrated its expertise and commitment to quality patient care by undergoing an onsite review by a team of SCPC’s accreditation review specialists. FMC’s protocol-driven and systematic approach to patient management allows physicians to reduce time to treatment to FMC’s protocol-driven and systematic SCPC’s accreditation review specialists. Undergoing an onsite review by a team of commitment to quality patient care by FMC has demonstrated its expertise and resources we, as a community, can provide.”

An overview of the heart failure management program is as follows:

1. **Patient-Centered Care**: Our program is centered around the patient, ensuring their comfort and safety throughout their care journey.
2. **Team Approach**: A multidisciplinary team consisting of physicians, nurses, and other healthcare providers work together to ensure comprehensive care.
3. **Patient Education**: Educating the patient and family about heart failure management is a key component of our program.
4. **Outpatient Services**: Offering services such as clinic visits and education classes to help patients manage their condition effectively.
5. **Hospital Care**: Our cardiac unit is equipped with state-of-the-art technology to monitor and treat patients requiring hospitalization.
6. **Discharge Planning**: A comprehensive discharge plan is developed to ensure patients are transitioned smoothly back to their home setting.
7. **Follow-Up Care**: Regular follow-up appointments with healthcare providers help patients maintain their health and prevent complications.

FMC has shown its commitment to providing high-quality care by undergoing an onsite review by a team of SCPC’s accreditation review specialists. This review helps ensure that FMC’s Heart Failure Accreditation program meets the standards set by regulatory agencies that govern our operations. FMC has demonstrated its expertise and resources we, as a community, can provide.”

Annual Employee Education

Annual Employee Education lessons titled AEEs will be assigned to all Fairfield Medical Center employees, physicians, and contract staff the week of Feb. 16, AEEs review information annually that is required by regulatory agencies that govern our organization. Employees will see these lessons listed within the Talent Development Center under “learning to do list” when assigned. The deadline to complete all lessons titled AEE and MOST is Nov. 15, 2016. Contact ext. 8491 or Michelle Stiver at michellest@fmchealth.org for questions.

Schedule to Attend Culture of FMC Meeting

Listed below is the schedule for the all employee meetings that will be conducted by Jack Janoso regarding the “Culture of FMC.” These meetings are open to all FMC staff and you are required to attend one of the meetings. Stop by at your convenience to hear about the new and exciting future of FMC:

- **Monday, Feb. 16, 7:30-8:30 a.m.** in Assembly Rooms 2 & 3
- **Monday, Feb. 16, 3:30-4:30 p.m.** in Assembly Rooms 1 & 5
- **Tuesday, Feb. 17, 10-11 a.m.** in Assembly Rooms 1 & 5

FMC Cheers on the Cavs

Over 250 employees, family, and friends enjoyed the Cavs basketball game on Sunday, Feb. 8. After the game, everyone was able to enjoy some time on the court with the Court of Dreams package. Special thanks to event coordinator, Jennifer Dicken, Cardiovascular, for hosting this fun event.

Pictured right: Trey Givens, son of Lorinda Givens, River View
Pictured on front: Emmalee Dicken, daughter of Jennifer Dicken, Cardiovascular.

Ash Wednesday at FMC

Join us in the Third Floor Chapel as we begin the season of Lent.

You’re Invited Feb. 18:
- Noon – Protestant Service
- 10 a.m. & 3 p.m. – Catholic Service
Hospital Happenings

Celebrate With Us! Heart Failure Accreditation Ceremony
Join us for cake and celebrate the hard work and dedication of the Heart Failure Team on Feb. 18 at 12:30 p.m. in Assembly Rooms 1 & 5.

Interested in Furthering Your Education?
Muskingum College will have a display set up in the FMC Café from 10:30 a.m.-1:30 p.m. on Thursday, Feb. 19. A representative from Herzing College will be in the Cafe from 11 a.m.-2 p.m. Feb. 20. If you have any questions, please call ext. 8491.

Spirit Logo Wear Sale
Join us Monday, Feb. 16 from 7 a.m.-5 p.m. in the FMC 2nd Floor Conference Room for a Spirit Logo Wear Sale. New apparel options will be available for purchase. Payroll deduction, cash, credit card and checks will be taken at the sale.

Heart Health Tea
Join us for an afternoon tea to learn more about heart health on Feb. 21 at 1:30 p.m. at Crossroads Event Center featuring Jym Ganahl from NBC 4. $10 per person. Offering free blood pressure checks and glucose screenings. Adults who are interested in heart health are welcome. Call ext. 8071 to register.

Tobacco Cessation
Learn effective methods and tools for quitting tobacco on Mondays from Feb. 25-April 1 from 6-7:30 p.m. at the Cancer Resource Center. Register by calling 740-687-8555. The price is $30 per person.

Medical Terminology Class is Back!
If you are looking to gain a better understanding of medical language and terminology, Kevin Schmelzer will host a (free) six-week course beginning Feb. 24. The first session will be held in Assembly Room 5 on Feb. 24 from noon-1 p.m. Each class is one hour long, one day per week. To enroll, search for “terminology” in the Talent Development Center. Contact ext. 8491 with questions. Seats are limited, so enroll today!

TeamSTEPPS Class
Join us Thursday, March 19 from 9-11 a.m. in Classroom Alpha. Register in the TDC using keyword: team. This TeamSTEPPS Fundamentals class is being offered to any employee who did not complete the training during the initial house-wide rollout. New employees receive TeamSTEPPS training during their 60-day event (effective Feb. 1). For questions, contact Wendy Travis at ext. 8395 or wendyt@fmchealth.org.

SAVE THE DATE! 2nd Annual Employee Wellness Fair
Join us Thursday, March 19, from 7:30 a.m.-3:30 p.m. in the FMC Assembly Rooms. For more information, view the flier on the FMC Intranet, Wellness Tab. Would you like to receive via email wellness information such as wellness tips, success stories, lunch & learn opportunities, exercise class schedules and more? If so, please let us know by emailing amandano@fmchealth.org and request to be added to our email distribution list.

Give a Gift: Your Living Wish on Decision Day
You are invited to join us for National Decision Day on April 16. We will offer four workshops about living wills, Healthcare Power of Attorney and DNR documents. You will have the opportunity to complete these documents free of charge. You can choose to attend one of the following: FMC Classroom Alpha from 9:30-10:30 a.m. or 11 a.m.-noon, or Reflections Retirement Community from 1-2 p.m. or Olivedale Senior Center from 4-5 p.m. For more information or to RSVP, call 740-687-8555.

FAX NUMBER CHANGES
On Tuesday, Feb. 17, Central Scheduling (CS) and Insurance Verification will have new fax numbers. Please fax orders and authorizations to the following faxes:
- Central Scheduling inbound: 740-687-8897
- Insurance Verification inbound: 740-689-6569
- CS/Ins Verification outgoing: 740-687-8837

The Insurance Verification phone number has changed to 740-687-8690. If you have any questions, please contact Cheryl Henney at 740-689-4449 or Connie Fisher at 740-687-8448.

Welcoming New Employees
Join us in welcoming the following new employees who joined the team on Feb. 9:
- Ami Coler, FHP
- Shannon Dennison, FHP-Clinton
- Katherine Gaskins, Telemetry
- Katelyn Hook, Registration
- Lawanda Howerton, Care Transitions Coach
- Laura Owings, Emergency Dept.
- Michelle Rector, Psych.
- Carly Smith, Respiratory Therapy
- Amanda Strigel, Foundation
- Cory Swinehart, Dietary

FMC deliver outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center’s Mission:
FMC deliver outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center’s Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.
The new 30 bed unit will house a six-bed Surgical Intensive Care Unit (ICU), a nine-bed Surgical Progressive Care Unit and 15 general surgical beds.

All rooms are private with furniture that allows for family members to comfortably spend the night in the room.

There is a waiting area off the unit to accommodate visitors that has large windows to flood the room with outside light.

Respiratory Therapy has a small Arterial Blood Gas lab near the ICU area.

Manager Carol Stefaniak and assistant manager Jacob Freeman, are currently working on the selection process to fill staffing needs of the unit.

They are hiring staff from other internal units to fill these vacant 12-hour positions.

Projections have been made as to the number and type of personnel needed for the new and existing units. This will need to be a fluid process in the first six months as we reevaluate workflow and adjust accordingly.

Many staff members from multiple units have attended monthly planning meetings where peer groups are making decisions on unit processes (self scheduling, huddles, Pay-for-Performance, multidisciplinary rounds) and culture (team agreements, unit council), aligning with Jack’s vision.

Let’s Talk About It - Project BRIGHT

Pam Reed or Anita Whalen and Teresa Ryan or Carol Stefaniak will be at each session to provide updates and answer questions.

- March 24 – 7-7:30 a.m. and 11-11:30 p.m. in Assembly Room 2
- March 26 – 7-7:30 a.m. in Assembly Room 3 and 11-11:30 p.m. in Assembly Room 2
- March 30 – noon-12:30 p.m. in Assembly Room 3
- March 31 – noon-12:30 p.m. and 2-2:30 p.m. in Assembly Room 3
- April 2 – 4-4:30 p.m. in Assembly Room 3
- April 7 – 4-4:30 p.m. and 11-11:30 p.m. in Assembly Room 3

Project BRIGHT is a $37.8 million facility expansion underway on FMC's main campus. The FMC Marketing Department publishes this newsletter on a regular basis to help keep FMC team members and the community well informed. To be added to our electronic distribution list, or to submit a question about Project BRIGHT, email us at marketing@fmchealth.org.