



Monday Morning



FMC Offers Farmers Market for Staff

Celebrating St. Patrick's Day at FMC

Nominations Open for Rob L. Walker Heart Safe School Champion Award

The national Heart Safe School Accreditation program is accepting nominations for the Rob L. Walker Heart Safe School Champion Award. This annual award is presented by Snider Community Heart Watch at Fairfield Medical Center and the Sudden Arrhythmia Death Syndromes (SADS) Foundation to recognize individuals who are dedicated to making schools safer and better prepared for those who have heart conditions.



The award is named after Rob L. Walker, former superintendent of Lancaster City Schools and Pickerington Local Schools. It was Walker who led the accreditation process in both districts, with Pickerington becoming the first school district in the nation to have all its schools accredited.

The Snider Cardiovascular Institute at Fairfield Medical Center and the Sudden Arrhythmia Death Syndromes Foundation look forward

to presenting this award during SADS Awareness Month in October. Nomination forms can be obtained online at StopSADS.org/HSSA or on Fairfield Medical Center's website at fmchealth.org (click on Our Services, then Snider Cardiovascular Institute to download the nomination form). The deadline is May 31, 2015. Nomination forms can be mailed to: Bob Williams, co-chair of Snider Community Heart Watch, Fairfield Medical Center, 401 N. Ewing St., Lancaster.

The Heart Safe School Accreditation program is an initiative that came about in 2011 after two young, Lancaster residents survived sudden cardiac arrest. The HSSA began as a pilot in Ohio in 2012. Schools that chose to become involved immediately found there was a lot more they could do to prepare themselves to deal with a medical emergency. The mission of the HSSA program is to assist schools throughout the country to develop skills and knowledge regarding cardiac arrest and emergency drills so that they are better prepared to save lives when these occurrences happen.

For more information, call Bob Williams at 740-687-8154 or Jan Schiller, director of development and marketing at the SADS Foundation, at 801-531-0937.

Chef Jamie Does Demonstration

FMC staff attended a Wellness Fair on Thursday, March 19. They were able to attend and watch a demonstration from Chef Jamie Brumbaugh (pictured right).



Ohio State Football Tickets On Sale

Human Resources has Ohio State football tickets for sale for the annual spring game on Saturday, April 18. The game is scheduled to begin at 1:30 p.m. All tickets are general admission and will cost \$4.50 per ticket. Included in the price is a men's lacrosse game between Ohio State and Maryland. This game will begin at 11:00 a.m., with the "Scarlet vs. Gray" game beginning immediately after. This would be a great opportunity for you and your family to see the Ohio State "Horseshoe" and enjoy an afternoon of sports. This has become a big sporting event at OSU and fans go early to tailgate, just like in the fall before each game. The tickets do not have seat numbers, so it's a first come, first serve basis. The earlier you go, the better chance you have at getting the best seats available. All patrons 7 years of age and older entering the stadium must have a ticket for entry. Any youths 6 years of age and under are free of charge and do not need a ticket. Tickets are on sale now in Human Resources and can be payroll deducted or paid for with cash. Tickets are only on sale until April 6. After that date, you may purchase tickets at the gate the day of the game for \$20. If you have any questions, please contact a representative of Human Resources.

From the Chief's Desk

I would like to take this opportunity to review the financial results for January and February 2015.



exceeded budget by nearly 2% due mostly to higher employee health claims benefit expense.

- Supply expenses to date are nearly -5% below budget due to the lower than anticipated outpatient surgical and cardiovascular volumes.
- All other expense

categories combined were also -5% below budget thanks to lower purchased services, utilities and support service expenses than anticipated.

- Combined, all expenses are under budget to date by -1%.

Summary

- Through the first two months of 2015, our below budget expenses has allowed us to generate a 3% operating margin which exceeds our 2% 2015 budget target.
- After adding in the results from our interest in Diley Ridge and other related entities, our total margin is 5.4% as compared to a 3.4% budget target.

Financially, this is a very solid start to the new year. Thank you for contributions to these positive financial results and, more importantly, the positive impact you are making on our community and those we serve.

Sky Gettys, Chief Financial Officer

Volumes & Revenue

- Inpatient gross charge revenue for the first two months of 2015 has exceeded budget by 3% as our inpatient admissions and patient days have been higher than anticipated.
- Year-to-date outpatient gross charge revenue through February is -2% lower than budget mostly due to lower than anticipated outpatient surgical and cardiovascular volumes.
- Combined, total gross revenue for the year so far is right at budget.
- Our net revenue so far in 2015 also has come in right at budget. Our allowances for deductions from gross charges are slightly higher than expected as we have seen a high governmental payor source. That impact has been offset by additional revenue we were able to recognize from our FHP physician practices qualifying for electronic health record reimbursement.

Expenses

- Payroll-related expenses for the first two months has

Books & More Store Sale

Don't miss the April Biography and Humor Sale and the May Fiction Sale at the TWIG 17 Books & More Store located in the East Main Shopping Center. The store is open Wednesdays, Thursdays and Saturdays. We also are in need of books! Anyone can

donate and drop off books on Wednesdays and Thursdays from 1-6 p.m. or Saturdays from 10 a.m.-4 p.m. We are searching for volunteers, as well, to operate the store. If interested, please contact Janie Nicolia at 740-969-4825.

Mileage Reimbursement Rate

Effective April 1, the rate at which Fairfield Medical Center reimburses employees for mileage driven in personal vehicles for work-related purposes will be 42.5¢ per mile. The reimbursement rate is examined quarterly and is set according to the AAA state average.

Cafeteria to be Remodeled

Beginning in mid-March, the cafeteria will undergo a facelift. In order to expedite this process, the cafeteria will be completely closed on two consecutive weekends from Saturday beginning at 8 a.m. until Sunday at 6:30 p.m. The weekends involved are March 28 and 29. We will set up a temporary Seryery in the South Lobby. The

menu will be scaled down and involve simple items like cold sandwiches, salads, snacks and soup and will be available for carry out only. We do encourage everyone to consider brown bagging as an alternative during this phase of the remodeling. If you have any questions, call John Belin at ext. 8127.

Culture of FMC Meetings

Listed below is the schedule for the all-employee meetings that will be conducted by Jack Janoso regarding the "Culture of FMC." These meetings are open to all FMC staff and you are required to attend one of the meetings. Stop by at your convenience to hear about the new and exciting future

of FMC:

- Saturday, March 28, 9-10 a.m. in Assembly Room 2
- Wednesday, April 1, 7:30-8:30 a.m. in Assembly Rooms 2 & 3
- Friday, April 3, noon-1 p.m. in Bremen
- Wednesday, April 8, 6-7 p.m. in Assembly Rooms 2 & 3

ATTENTION ALL EMPLOYEES: Policies and Procedures/Forms

FMC Policies and Procedures, Work Instructions and Forms, including barcoded patient medical record forms, will be transitioned to the Document Center on April 1. The Document Center will replace the current Searchable and Non-Searchable sites on the Intranet. There will be six open houses for staff to preview the Document Center and address any questions/concerns they

have. Please plan to attend one of the open houses offered at the following times and locations:

- March 24 in Classroom C from 6:30-8:30 a.m.
- March 24 in Assembly Room 1 from 4:30-6:30 p.m.
- March 26 in Assembly Room 2 from 6:30-8:30 a.m.
- March 26 in Classroom Gamma from 4:30-6:30 p.m.

Medical Alliance Scholarship

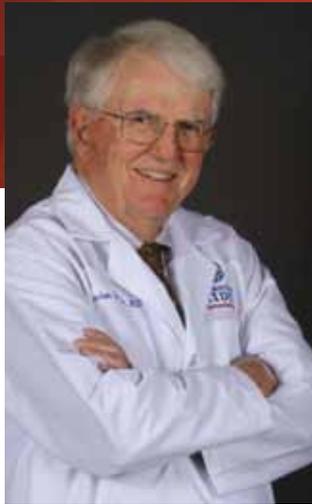
The Fairfield County Medical Alliance is once again offering its medical scholarship. This scholarship is available to any student who is a resident of or works in Fairfield County and wishes to pursue a degree in the healthcare field. The money may be used for tuition, books or housing. Last year, the Medical

Alliance awarded more than \$10,000 to area students. The deadline for the scholarship application is April 6. Applications will be available in Marketing and Human Resources. If you have any questions, please feel free to contact Amy Woo at 740-277-7922.

Employee Education

Annual Employee Education lessons (AEEs) were assigned to all FMC employees, physicians and contract staff the week of Feb. 16. AEEs review information annually that is required by regulatory agencies that govern our organization. Employees can find these lessons listed within the Talent

Development Center under "learning to do list." The deadline to complete all lessons titled AEE and MOST is Nov. 15, 2015. Please contact Learning and Development at ext. 8491 or Michelle Stiver at michellest@fmchealth.org should you have any questions.



Gordon B. Snider

2015 Physician Teammate of the Year Nomination Form

The physician nominee should be:

- A role model who demonstrates excellent communication skills with patients, families and staff.
- A good steward of the hospital by always putting patients first and reflecting the Fairfield Medical Center values (empathy, integrity, stewardship, agility and teamwork) by treating patients and families with caring compassion and working as a team with fellow staff members.
- Able to demonstrate excellent patient outcomes and practices the National Patient Safety Goals.

I would like to nominate: _____

Reason for nomination: _____

Please return this form by April 1 to Physician Relations via fax at 740-687-8143 or by email at physicianrelations@fmchealth.org. For questions, please call Physician Relations at 740-689-4899.

Changes to Annual TB Testing

The Tuberculosis Control Plan for FMC has been revised. The changes listed below apply to employees, management, physicians, volunteers, students and associated healthcare workers. Effective April 1:

- Healthcare workers will have TB screening according to their work environment risk. The frequency of TB screening will be determined on the basis of the most recent TB risk assessment and recommendation of the Assistant Medical Director for Infection Control.
- FMC's risk assessment for TB, done in accordance with CDC guidelines shows FMC to be a low risk facility.
- We are low risk because there are very few active TB patients hospitalized per year in our community and TB skin test conversions are significantly low.

• Annual TB testing or symptom questionnaire for positive reactors will be required only for the following:

- Respiratory Therapy
- Endoscopy*
- Pulmonologists*
- Cardiothoracic Surgeons*
- Anyone who is a positive reactor to the TB skin test

• The reason for these changes is to unify the procedures we are using for all healthcare workers in the Center. It also eliminates mass yearly TB testing.

- For questions, contact Employee Health at 740-687-8189 or Infection Control at 740-687-8625.

**These groups are included because of their association with bronchoscopy procedures.*

MONDAY

Janice Call, Lab, River View
Pamela Dye, Case Management
Trisha King, Medical Information Services
Lou Miller, Volunteer, Chaplain Services, NODA
Buffy Ruff, PCU
Connie Seesholtz, Fourth Med./Surg.
Kay Sims, Cat Scan
Angela Stuller, Maternity

TUESDAY

Emily Baltz, Dietary
Judy Courtney, ICU
Patricia Drake, Volunteer, North Info. Desk
Kelly Friesner, Fifth Med./Surg.
Jennifer Guthridge, Surgery
Diana Irwin, Orthopedic
Karen Schuetz, FHP Revenue Cycle
Brandie Shriner, Medical Information Services
Mary Snook, Coding
Roopa Srikantiah, M.D., FHP Hematology/Oncology
Jeanette Stephens, Systems

WEDNESDAY

Sarah Green, Dietary
Benjamin Guess, Fifth Med./Surg.
Morgan Hall, Fourth Med./Surg.
Ryan Hardbarger, PCU
Katelyn Hook, Registration
Mary Nibert, Emergency Dept.
Claire Warren, Registration
Christopher Warthman, Plant Engineering

THURSDAY

Patricia Cox, Psych.
Rhea Lynn Coyle, Volunteer, Outpatient Lab, Diagnostic Services
Christy Johnson, River View Surgery
Crystal Walker, Fourth Med./Surg.

FRIDAY

Cynthia Argyle, Surgery
Julie Bosch, PCU
Cynthia Farrar, Case Management
Rodney Harden, Plant Engineering
Valerie Roth, FHP Internal Medicine
Krissy White, Dietary
Chris Wilkins, Clinical Systems Support

SATURDAY

Jamie Backus, Registration
Melissa Clum, Human Resources
Heidi Coleman, Coding
Vivian Crist, Volunteer, South Info. Desk
Joe Hunsberger, Volunteer, Hospitality Rounds
Jennifer Martin, Catscan
Sarah Waites, Learning & Development
Tamara Weekley, Materials Management

SUNDAY

Kailei Babcock, Third Med./Surg.
Joyce Blackston, Volunteer, Outpatient Therapy Services
Alex Dexter, Dietary
Shaina Hunt, PCU
Adam McGonigle, Lab, Hematology
Dina Reasoner, Nursing Services

Hospital Happenings

Yoga Classes

Join us Thursdays from 4:30-6 p.m. or 6:30-8 p.m. at the FMC Wellness Center with Instructor Mickey Hartung. An 8-week session is \$120. Registration is required. The classes are mixed level, appropriate for everybody. To register, contact Mickey at 740-987-7378.

MS Walk

Walk with us April 11 in the 2015 MS Walk. The three mile walk begins at 9 a.m. at the Fairgrounds. Contact Raneef Faule at FHP Neurology at ext. 8475 or raneef@fmchealth.org.

Childcare and Baby-Sitting Safety

Children ages 11-15 will learn what to expect at what age and how to positively discipline, as well as CPR and Foreign Body Airway Obstruction Training. Join us April 25 from 8:30 a.m. to 3:30 p.m. in the Assembly Rooms. Registration is required at 740-687-8007 along with a \$35 fee.

Give a Gift: Your Living Wish on Decision Day

You are invited to join us for National Decision Day on April 16. We will offer four workshops about living wills, Healthcare Power of Attorney and DNR documents. You will have the opportunity to complete these documents free of charge. Join us in FMC Classroom Alpha from 9:30-10:30 a.m. or 11 a.m.-noon, or at Reflections Retirement Community from 1-2 p.m. or Olivedale Senior Center from 4-5 p.m. To RSVP, call 740-687-8555.

Acid Reflux Seminar

Jeffrey Yenchar, M.D., medical director of the Fairfield Medical Heartburn Center, will lead a free acid reflux seminar for the community at 6:30 p.m. April 21 in Assembly Room 2 at Fairfield Medical Center, 401 N. Ewing St., Lancaster. Come learn about diagnosis and treatment options for acid reflux, including a new surgical procedure called the LINX®. Seating is limited, please RSVP to 740-687-8007.

YMCA 5K Run/Walk

Join us Saturday, May 9 at the Robert K. Fox Family Y at 9 a.m. The 5K course will start and end in the YMCA rear parking lot. There also will be a Kids Fun Run. Registration fee is \$15 for YMCA members and \$20 for non-members if received by

May 2. Race day registration and packet pick-up will be held at the YMCA beginning at 7:30 a.m. (actual race time is 9 a.m.). Contact Bob at 740-504-1701 or bobx456@hotmail.com for questions.

Operation Street Smart

Attention parents, teachers and anyone with teenagers in your life. Join us May 16 in the Assembly Rooms from 9 a.m.-3 p.m. to learn more about how substance abuse affects our community. Registration begins at 8:30 a.m. \$5 for lunch from Cristy's Pizza and Arby's. Applications are available in Human Resources.

EVENTS

From the Employee Activities Committee

Columbus Crew SC vs Philadelphia Union –

April 25, 7:30 p.m. \$1 food and drink specials. Tickets \$20 each. Free hat with each ticket purchase. Deadline to order is March 27.

FMC Movie Night and Easter Bunny Visit –

Join us Friday, March 27 in the Assembly Rooms. The featured movie is HOP. The Easter Bunny will be available for pictures from 6-7:30 p.m. The movie begins at 7:30 p.m. No cost to attend. Registration is required due to room capacity for the movie. RSVP to Amy Black of MIS ext. 8241.

Amish Country Bus Trip to Berlin, Ohio –

Join us Friday, May 8. This day trip includes a bus ride to Berlin, a guided tour and a meal provided by an Amish family at their home. The cost per person is \$64. Completed forms can be sent to Heather Davis, Six Sigma ext. 8047.

Chicago Bus Trip –

Join us Sept. 18-20. Your trip includes two nights at the Hampton Inn & Suites Downtown Chicago. The cost of the trip includes transportation and hotel accommodations; meals not included. The bus departs from FMC at 7 a.m. on Sept. 18 and arrives in Chicago by 1 p.m. On Sunday, Sept. 20, we will depart at noon and arrive at FMC by 6 p.m. Completed forms can be sent to Amy Reedy of the Lab (ext. 8443 for questions).

FMC Family Day at Kings Island –

Aug. 1, 2015. Event will include admission to the park on July 31 after 5 p.m., admission all day on Saturday, Aug. 1 with all you can eat picnic style lunch, and admission to Soak City waterpark. FMC has reserved a block of rooms at the Cincinnati Marriott Northeast at a rate of \$105 per night for July 31 and Aug. 1. Rooms are very limited so if interested, please book early by calling 1-877-204-8216 and ask for the Fairfield Medical Center rate. Keep watching *Monday Morning* for pricing, ticket ordering and distribution, and potential Cincinnati Reds discount for Aug. 2.

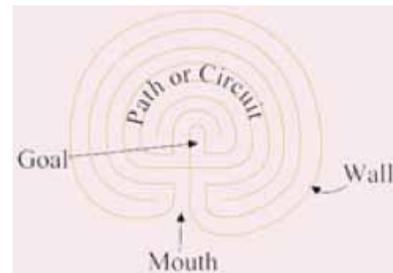
See the FMC Intranet/Employee Activities button for order forms.



Congratulations to Kassie Sargent with FHP Cardiology, who passed her CMA exam.

LENT: Learning the Labyrinth

I recently picked up on an interesting quote, "Slower is faster." My first impression was this made sense – after all I grew up on a similar phrase, "Haste makes waste." However, I soon concluded this is easier said than done. During Lent I've learned to slow down and relook at my growing edges. One of the best methods has been by walking the labyrinth. By definition, a labyrinth is a single part or unicursal tool for personal, psychological and spiritual transformation. Labyrinths have been around for many centuries and are thought to enhance right brain (creative) activity. The goal is the center; however, you need to continue your travel outward to complete the journey. You can easily duplicate a similar pattern in your room. Many have found the combination of heightened focus and a sense of self control very beneficial. The labyrinth is a journey, first inwardly reflecting on ways to let go of stress, then outwardly to new levels of healing and wholeness. Go slower and discover the difference. ~Chaplain Greg



*Diagram illustration by the Labyrinth Society: <http://labyrinthociety.org/about-labyrinths>

Oxygen for the Soul

Not all who wander are lost.

~J.R.R. Tolkien

Meaningful moments – Prayer time: 11:45 a.m.-12:15 p.m. Monday–Friday in the Chapel. Self-directed or with one of the chaplains.

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com

Fairfield Medical Center's Mission:

FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:

FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.



COMING!
IN 2015!

Project BRIGHT Wall to Come Down in South Lobby



Build, Revitalize and Innovate for Greater Healthcare Tomorrow.

Elford construction workers will be taking down the Project BRIGHT wall in the South Lobby in order to begin work on the new entrance. Beginning Monday, March 23, new flooring will be put down in the South Lobby, a project that will take approximately two to three weeks. The South Lobby will remain open during this time and a firewall will be put up as workers remove the wall.



Check it Out!
Make sure to pick up a copy of the March 28 *Lancaster Eagle-Gazette* to read an article about Project BRIGHT. The article will run inside an insert in the newspaper called Progress.

Let's Talk About It - Project BRIGHT to Begin This Week

Please attend one of the following sessions to learn more about Project BRIGHT. Members of our Project BRIGHT leadership team, Pam Reed or Anita Whalen and Teresa Ryan or Carol Stefaniak, will be at each session to provide updates and answer questions.

- March 24 – 7-7:30 a.m. and 11-11:30 p.m. in Assembly Room 2
- March 26 – 7-7:30 a.m. in Assembly Room 3 and 11-11:30 p.m. in Assembly Room 2
- March 30 – noon-12:30 p.m. in Assembly Room 3
- March 31 – noon-12:30 p.m. and 2-2:30 p.m. in Assembly Room 3
- April 2 – 4-4:30 p.m. in Assembly Room 3
- April 7 – 4-4:30 p.m. and 11-11:30 p.m. in Assembly Room 3



Project BRIGHT is a \$37.8 million facility expansion underway on FMC's main campus. The FMC Marketing Department publishes this newsletter on a regular basis to help keep FMC team members and the community well informed. To be added to our electronic distribution list, or to submit a question about Project BRIGHT, email us at marketing@fmchealth.org.