



Monday Morning

Lifeline
of Ohio



Donate Life Blue and Green day is April 17

Congrats to School at Work Class of 2015

See
Below

FMC Reaccredited as Chest Pain Center

When a person is experiencing chest pain or the symptoms of a heart attack, prompt medical attention is crucial in improving that person's odds of survival. Fairfield Medical Center was recently reaccredited as a Chest Pain Center through the Society of Cardiovascular Patient Care (SCPC) for its commitment to providing fast care to patients experiencing chest pain. **As an Accredited Chest Pain Center, FMC has enhanced the quality of care for cardiac patients and demonstrated a commitment to consistently follow national heart care standards.** FMC first earned this accreditation in 2012.



and his or her diagnosis and treatment." Heart attacks are the leading cause of death in the United States, with 600,000 people dying annually of heart disease. More than five million Americans visit hospitals each year with chest pain. SCPC's goal is to significantly reduce the mortality rate of these patients by teaching the

public to recognize and react to the early symptoms of a possible heart attack, reduce the time that it takes to receive treatment and increase the accuracy and effectiveness of treatment.

"This accreditation recognizes the entire continuum of care that we provide to patients who are experiencing chest pain, from our collaboration with local EMS to the work our Cardiac Pathway Committee has done to evaluate cardiac care processes within the hospital," said John R. "Jack" Janoso, Jr., president and CEO of Fairfield Medical Center. "We have implemented a number of evidence-based protocols to reduce the time between the onset of the patient's symptoms

"People tend to wait when they think they might be having a heart attack, and that's a mistake," said Rhonda Wells, chest pain coordinator at Fairfield Medical Center. "The average patient arrives in the Emergency Department more than two hours after the onset of symptoms, but what they don't realize is that the sooner a heart attack is treated, the less damage to the heart and the better the outcome for the patient." To learn more about SCPC, visit scpcp.org or call toll free at 1-877-271-4176.

The Grand Tour

Pictured from left: Rod Harden, FMC Operations supervisor; Congressman Steve Stivers; Jack Janoso, FMC President and CEO; and State Senator Troy Balderson went on a tour April 3 of the Project BRIGHT building.



School at Work Graduates

During the School at Work graduation ceremony held Tuesday, April 7, the following FMC employees were recognized for their participation in the program:

- Amelia Calhoun – Lab
- Caryn Orr – River View Surgery
- Dawn Ondusky – Medical Information Services
- Jamie Lee Mason – DHS Lab
- Pamela McCoy – Imaging
- Sheri Johnson – River View Surgery
- Sherri Morgan – PCU

School at Work is a technology-based system provided by Catalyst Learning, based in Louisville, KY. It combines coach-based mentoring with online coursework, DVD lessons and career development activities. Over the past seven months, the employees attended classes, received coaching on life and time management and participated in career planning while completing the healthcare-specific curriculum. The graduates not only completed the program but worked through an advanced curriculum called ECHO (Expanding Your Career and Healthcare Opportunities). What is most impressive is that every single graduate passed eight session modules and the final assessment with a score of 80 percent or greater earning them an additional certificate for Knowledge Mastery.

During graduation, Sky Gettys, Chief Financial Officer, shared the story of his educational experience and his journey to becoming CFO. Sky and Jack Janoso, President and CEO, congratulated the students for their hard work and success and encouraged them to keep the momentum going. "I am so proud of what you have accomplished this past year," said Wendy Travis, School at Work coach. "I am honored to have been your coach." Please join us in congratulating the SAW Class of 2015.

Recruitment for the SAW Class of 2016 will begin in June. Information will be shared in the Monday Morning regarding the application process and recruitment open house.

From the Chief's Desk

Several days ago, our local newspaper published an article regarding the cultural change currently underway at Fairfield Medical Center. As a follow-up to the article, an on-line question was posted. The question was "What changes would you like to see at FMC?" As you can imagine, this question generated many responses, mostly from

our customers who describe less than positive encounters with FMC. I am very appreciative of any feedback regarding FMC, and sometimes it is tough to hear what people really think, versus what we would like to hear. We have taken all these comments to heart and rest assured we have taken them seriously. We will reflect on what we can learn and improve from this pointed commentary.

However, I want to affirm that Fairfield Medical Center is a much better organization than the sum of these comments and criticisms. I am personally witnessing compassion, kindness, professionalism, commitment, respect, and unity of purpose within FMC. I see an organization that recognizes its potential to be recognized as a leader in community care and a resolve to not be discouraged from our cultural transformation.

To emphasize this point, the following is an excerpt of an actual e-mail I received by Adam McGonigle, one of our FMC employees who was compelled to share a remarkable situation that occurred just a few weeks ago.

"I (Adam) wanted to let you know of a situation that occurred ... to see if there is something that can be done for recognition of this person living the values of FMC while not a direct employee of FMC. I had gone down to the Conversations coffee bar to get a cup of coffee. While down there, an elderly gentleman was in line in front of me. Keri (coffee bar employee) looked at him to see what he wanted to drink and stated to him "are you okay sir." He began to cry and she went around the counter and stated "I do not know you, but you need a hug." She gave him a hug and began to talk to him. He continued to cry and was telling her about his wife of 51 years just getting a very bad prognosis...

The gentlemen apologized to Keri and she told him there was no need for this. He then asked for a cup of coffee and she got it for him. When he asked what he owed she said



"nothing"; that she was buying his coffee. He stated he did not mean for her to do that and she said "it is my pleasure and this is the nice thing with working at a coffee bar...I get to decide who I want to buy coffee for." He said thank you and walked over to the couch by the windows beside the coffee bar.

Keri apologized to me for the wait. I told her no problem and that it is great what she did for this gentleman. I then walked over to the elderly man and sat down on the bench with him, I told him I had requested a Chaplain to come down if he would like to speak to one. He again began to cry stating, "I would like to talk to one. I talked to one yesterday and told them I did not know what to do without her, we have been together for 51 years." He then said he was sorry that he normally is not like this. I told him there was nothing to be sorry about and that he was a stronger person than I would be in this situation. He said, "thank you for your kindness." I told him if he needed anything to ask myself or any member of FMC and we would help him with whatever he needed. I sat there until I saw the Chaplain. I told him again if he needed anything to let us know and then I told the Chaplain where he was so they could talk.

The great thing about this situation is that I saw the values of FMC being displayed right in front of my eyes and by an individual that works in the hospital but is not a hospital employee.

When you consider the selflessness, compassion and kindness demonstrated by these two remarkable individuals, I refuse to believe that FMC is damaged, broken and condemned to a reputation of mediocrity. I believe that all we need is unrelenting commitment to ensure that the changes we desire are the ones we achieve. It is time now for faith, conviction and determination to be successful! I am proud of our momentum and I hope a year from now, we can ask the same question of our customers. I suspect a much different response!

Thanks for all you do for FMC!

John R. "Jack" Janoso, Jr.
President & CEO

Birthdays

MONDAY

Beth Cooke, Medical Information Services
Tara McClintock, Maternity
Becky Murray, Surgery
Carl Palmer, Volunteer-Outpatient Lab
Patricia Riddel, Housekeeping

TUESDAY

April Collins, Cardiac Cath Recovery
Christine Cooper, PCU
Heidi Reed, Volunteer Services
Judy Smith, Central Sterile
Tracy Smith, Dietary
Christina Thornton, Physical Therapy
Wendy Wray, Third Med./Surg.

WEDNESDAY

Jeff Aloisio, Emergency Department
Lacey Snyder, Fourth Med./Surg.
Betty Weaver, Cardiac Cath Recovery

THURSDAY

Mallory Chapman, Lab, River View
Emily Forgrave, ICU
Betty Founds, Volunteer, Cookie Cart and Gift Shop
Katherine Mockus, Third Med./Surg.

FRIDAY

April Johnson, Endoscopy
Kathleen Wood, PCU

SATURDAY

Rebekah Brumley, Maternity
Ruby Cain, Lab, General
Erin Dalton, Dietary
Denae Landis, Volunteer, Outpatient Lab
Steven Nobles, Housekeeping
Tyler Phillips, Surgery
Linda Staley, MD, FHP Neurology

SUNDAY

Kathleen Connell, Medical Information Services
Heather Hacker, Observation Unit
Janell Swart, Surgery Assessment
Debra Wolford, FHP Hematology/Oncology
Joanie Young, Volunteer, North Reg.

April is Esophageal Cancer Awareness Month

Esophageal Cancer is a cancer in the esophagus which connects the throat to the stomach. It is more prevalent in men than women. Esophageal cancer is on the rise and this is attributed to GERD (Gastro-Esophageal Reflux Disease). Tobacco usage and alcohol consumption also increase your risk of developing Esophageal Cancer. To decrease your risk factors stop smoking, limit alcohol usage, eat a healthy well-balanced diet, exercise routinely and regular physician checkups for reflux or indigestion.

Project BRIGHT Update: Join us May 15 during Hospital Week for a sneak peek tour of Project BRIGHT. This tour is open to staff, volunteers and physicians. Also mark your calendars for the **grand opening celebration** on May 19. For questions or more information, contact Pam Reed at ext. 8111.

Hospital Week is Coming

We need your help in nominating fellow employees for the following awards: "Excellence in Service Award" and "Teammate of the Year Award." To vote for the "Excellence in Service Award,"

complete the nomination form for any person whom you feel is an ambassador for the Center. To vote for the "Teammate of the Year," complete the nomination form for any person whom you feel puts patients

first by adhering to the organizational values. There will be two runners-up and the award winner. Please return all ballots to Human Resources or the Direct Line Box (located by the Café) by April 17.

Excellence in Service Award ~ This award is given to an employee who is an ambassador for the Center. This person goes above and beyond volunteering and is an advocate for the patient by ensuring that he or she receives safe, high quality care. He or she also makes a significant difference in customer service and demonstrates professionalism and excellence on a daily basis. This person is dedicated to promoting quality as a vital element to enhancing patient satisfaction and operational performance.

Nominator's name _____ **Department** _____

I would like to nominate _____ **from the** _____ **Department.**

Why does this employee deserve this award? _____

Teammate of the Year (Employee of the Year) ~ This person puts Patients First by adhering to a core set of organizational values: empathy, integrity, stewardship, agility and teamwork. This person also makes a difference to patients and fellow co-workers by going above and beyond on a daily basis. They never say it's not their job when asked to do something and are extremely hard-working and dedicated to the Center. This person is someone you would want to work with during an increased workload and you can always count on him or her for help.

Nominator's name _____ **Department** _____

I would like to nominate _____ **from the** _____ **Department.**

Why does this employee deserve this award? _____

April is Occupational Therapy Month: Transforming Lives, Building Independence!

The Occupational Therapy Department is staffed by three occupational therapists and two occupational therapy assistants who provide services to a wide variety of patient populations in various settings including inpatient, outpatient and industrial rehabilitation. Our outpatient therapy clinic is located on Main Street in the Kroger Plaza. Occupational Therapy evaluates and treats individuals with physical, cognitive, emotional or developmental disabilities. Treatment focuses on helping the person regain functional abilities that allow for a productive life by:

- Learning new ways to manage daily

personal self care tasks such as dressing, bathing, feeding and hygiene

- Obtaining specialized adaptive equipment to allow an individual to function more independently
- Participating in functional activities to improve movement, strength, endurance and coordination of the arms and hands
- Learning techniques to compensate for varying levels of loss of vision and/or sensation
- Engaging in activities that foster appropriate developmental skills in the pediatric population
- Working on skills necessary to return

to work, household and community activities

- Participating in group and individual activities that promote increased social interaction, organizational skills, life skill building and stress management skills
- Assessing the home environment and making appropriate recommendations to improve safety and functioning within the home

If you are interested in learning more about Occupational Therapy, please call 740-687-8602.

Hospital Happenings

Interested in furthering your education?

Chamberlain College of Nursing will have a display up in the FMC Café from 10 a.m.–2 p.m., Wednesday, April 15. For questions, contact Learning & Development at ext. 8491.

Give a Gift: Your Living Wish on Decision Day

You are invited to join us for National Decision Day on April 16. We will offer four free workshops about living wills, Healthcare Power of Attorney and DNR documents. Join us in FMC Classroom Alpha from 9:30–10:30 a.m. or 11 a.m.–noon, or at Reflections Retirement Community from 1–2 p.m. or Olivedale Senior Center from 4–5 p.m. To RSVP, call 740-687-8555.

Culture of FMC Meeting

These meetings are open to all FMC staff and you are required to attend one of the meetings. Join us April 18, 9 a.m. in Assembly Rooms 2 & 3.

Medical Terminology Class – Part II

Kevin Schmelzer will be hosting a free six-week course beginning April 21, continuing where he left off from Medical Terminology I class. The first session will be held in Assembly Room 5 on April 21 from noon-1 p.m. Each class is one hour long, one day per week. To enroll, search for “terminology” in the Talent Development Center. Contact ext. 8491 with questions. Seats are limited, enroll today!

Yoga Classes

Join us Thursdays from 4:30–6 p.m. or 6:30–8 p.m. at the FMC Wellness Center with instructor Mickey Hartung. An 8-week session is \$120. Registration is required. The classes are mixed level, appropriate for everybody. To register, contact Mickey at 740-987-7378.

Childcare and Baby-Sitting Safety

Children ages 11-15 will learn what to expect at what age and how to positively discipline, as well as CPR and Foreign Body Airway Obstruction Training. Join us April 25 from 8:30 a.m.–3:30 p.m. in the Assembly Rooms. Registration is required at 740-687-8007 along with a \$35 fee.

Attention Nurses: CELEBRATE NURSES DAY

Tuesday, May 5, lunch will be

provided to FMC nurses from 11 a.m.–noon and 12:30–1:30 p.m. in the FMC Assembly Rooms. Each nursing department will participate in a contest to decorate a hard hat poster. Please be creative, represent your department and remember the theme, “Under Construction, Building a BRIGHT Future.” The deadline for completion is Friday, May 1 at noon. Please turn them into the Case Management Department. Winners will be announced on May 5 at the celebration event.

Free Community Skin Cancer Screenings

Join us May 21 from 4–8 p.m. at the FMC Surgery Pavilion at 135 N. Ewing St. Screenings are by appointment only and are scheduled for 15 minutes (optional full-body screen or concerning area screen). Register by May 18 at 740-687-8060.

Acid Reflux Seminar

Jeffrey Yenchar, M.D., medical director of the Fairfield Medical Heartburn Center, will lead a free

acid reflux seminar for the community at 6:30 p.m. April 21 in Assembly Room 2 at FMC. Learn about diagnosis and treatment options for acid reflux, including a new surgical procedure called the LINX®. Seating is limited, RSVP to 740-687-8007.

Memory Matters: Understanding Dementia

You are invited to join us Tuesday, May 12 from 6:30–8 p.m. in the Assembly Rooms. This is a free community program for anyone interested in learning more about dementia presented by Elizabeth Walz, M.D. Limited seating. Registration requested at 740-689-1494 at ext. 10.

Operation Street Smart

Attention parents, teachers and anyone with teenagers in your life. Join us May 16 in the Assembly Rooms from 9 a.m.–3 p.m. to learn more about how substance abuse affects our community. Registration begins at 8:30 a.m. \$5 for lunch from Cristy's Pizza and Arby's. Applications are available in Human Resources.

FMC Welcomes New Employees

Please welcome the following new employees joining the team on April 6:

- Teresa Altier, FHP
- Amanda Clayton, Surgery
- Filomena Courtright, Respiratory
- Cheryl Crouch, 2 Medical/Surgical
- Debra Darby, PBX
- Holly Evans, Registration
- Mary Everly, Emergency Department
- Rebecca Hammer, Dietary
- Daniel Kroger, 4th Med./Surg.
- Kimberly Laird, Case Management
- Malia Morris, Emergency Department

Oxygen for the Soul

Knowing about God may interest you, but “knowing God” will change you.

~Anonymous

Meaningful moments – Prayer time: 11:45 a.m.-12:15 p.m. Monday–Friday in the Chapel. Self-directed or with one of the chaplains. (*The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration.*)

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com

Fairfield Medical Center's Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

EVENTS

From the Employee Activities Committee

Amish Country Bus Trip to Berlin, Ohio – Join us Friday, May 8. This day trip includes a bus ride to Berlin, a guided tour and a meal provided by an Amish family at their home. The cost per person is \$64. Completed forms can be sent to Heather Davis, Six Sigma. For questions, call ext. 8047.

Chicago Bus Trip – Join us Sept. 18–20. Your trip includes two nights at the Hampton Inn & Suites Downtown Chicago. The cost of the trip includes transportation and hotel accommodations; meals not included. The bus departs from FMC at 7 a.m. on Sept. 18 and arrives in Chicago by 1 p.m. On Sunday, Sept. 20, we will depart at noon and arrive at FMC by 6 p.m. Completed forms can be sent to Amy Reedy, and for questions call ext. 8443.

FMC Family Day at Kings Island – Aug. 1. Event will include admission to the park on July 31 after 5 p.m., admission all day on Saturday, Aug. 1 with all you can eat picnic style lunch, and admission to Soak City waterpark. FMC has reserved a block of rooms at the Cincinnati Marriott Northeast at a rate of \$105 per night for July 31 and Aug. 1. Rooms are very limited so if interested, please book early by calling 1-877-204-8216 and ask for the Fairfield Medical Center rate. Keep watching Monday Morning for pricing, ticket ordering and distribution, and potential Cincinnati Reds discount for Aug. 2.

Vintage Ohio Wine Festival – Aug. 7 at Lake Metroparks Farmpark in Lake County, Ohio. The bus will be leaving Lancaster at 9 a.m. We will depart from the festival at approximately 7 p.m. Attendees must be 21 years or older to attend. Ticket price is \$53 per person. Ticket includes bus transportation, admission to the festival, 25 Wine tasting tickets, and souvenir wine glass. For more information, contact Jennifer Dicken at ext. 8345 or jenniferd@fmchealth.org.