



Monday Morning



Bailey Receives Patient Safety Award

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FMC Holds Skin Cancer Screenings

Happy Hospital Week from the Board

Though my initial goal writing this was to share words of profound wisdom as your Board Chair, my heart called me to offer something much more important: my sincere gratitude to all of you for taking care of me and my family through these years. You brought my husband into this world, as well as two of our three children, and two of our three grandchildren. You have mended broken arms and a broken foot, given us many stitches and a new knee. You've healed us with numerous surgeries, and helped me through a random heart "episode."

As a mother, two nights have a special place in my heart—the ones I spent at FMC with my six-year-old daughter, weak from the flu. You patiently found her elusive

little vein and hydrated her back to my happy child. Even now as a beautiful almost 20-year-old, she still remembers her nurse, Tina, and the teddy bear in scrubs she got from the gift shop, which she named Tina, of course. Though perhaps two routine days in your world, in ours, they became an indelible memory.

There is no more challenging time to be a volunteer board member than during a change of leadership. It becomes more than a part time job for a period of time, and requires one to reprioritize life for a bit. Had I known what was coming, would I have begged off? Not a chance! Rather, it makes me even more committed to this organization. It's my chance to give back a little for what you've given me.

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A Message from Dr. Pruitt

I think we can finally say that spring has arrived, and once again, so has Hospital Week. As I mentioned in the Physician Liaison, the theme for this year's National Hospital Week is 'Where Miracles Happen Every Day'. Just a month ago, we celebrated that miracle as Fairfield medical Center was placed in the national spotlight during an unprecedented botulism outbreak. Everyone can take great pride in the successful management and treatment of those patients during a very trying time. Just as spring has brought a renewal to the earth, I feel that FMC similarly is entering a spring of its own. In mere days, the Surgical Tower will officially open and new patient care areas will be utilized. But it is the renewed commitment and dedication of everyone within the facility that can be felt. The friendly smiles and greetings are like warm sunshine on your face. FMC feels like a place where everyone wants to be.

Thank you for creating such a caring, healing and miraculous environment. I have always felt that I would want myself and family to be cared for here, and we have been. Miracles do happen here every day and I thank you all for that. It is such a pleasure and honor to be part of your team. ~Chuck Pruitt, M.D., Medical Staff President

Attention All Staff/Volunteers: We Need Your Help!



Our System Selection process to replace both our financial and clinical computer systems is approaching

the phase where each one of you has an opportunity to evaluate potential vendor solutions. With the help of medical staff input, our organization has identified four vendors (Cerner, Epic, Meditech and McKesson Paragon) to participate in on-site demonstrations, called "Discovery Days." Discovery Days provide a forum for each

vendor to take you through both clinical and business scenarios that follow a patient's "day in the life." Vendors also will provide detailed sessions of specific functionality. Scorecards that you complete during the demonstrations will assist the Dream Team Selection Committee in making a final recommendation to our Board of Directors in August. Our objectives are:

1. Tell the Entire Patient Story
2. Deliver Exceptional Functionality and Ease of Use
3. Enable High Quality and Safe Patient Care
4. Strengthen the Patient Experience
5. Provide a Successful Long-Term Solution

Discovery Days will run on the following Tuesdays and Wednesdays and schedules will be announced later on:

- Vendor 1, June 9 & June 10
- Vendor 2, June 16 & 17
- Vendor 3, June 23 & 24
- Vendor 4, June 30 & July 1

This is a critical opportunity for our organization. This will be your system. Therefore, your participation and commitment is essential to achieving our collective goals and selecting a system that empowers us for future success. For questions, contact Jean Robertson, M.D., Chief Medical Information Officer.

From the Chief's Desk



Happy National Hospital Week!

We, along with the more than 5,000 hospitals across the U.S., are celebrating the dedicated staff of hospitals and other healthcare organizations.



pulled together to deal with the events as they unfolded. That's what we do at FMC.

We have a week filled with fun and celebration to honor the contributions each of you makes

every day. The calendar of events can be found elsewhere in this issue of Monday Morning. Please take time to be part of the many great things happening during this week and to thank those you work with each day.

From providing treatment and comfort to the sick, to welcoming a new life into the world, to holding the hand of those who are passing from this world, to comforting those in crisis or grief, FMC is first and foremost, about people serving people. Sometimes simple words say it best—**THANK YOU!**

Debbie Palmer, Chief Human Resources Officer

These women and men support the health of their communities through dedication and compassionate care. We are extremely proud of each and every member of our FMC family and recognize the important role each of you play in caring for our patients and community. Through your commitment to excellence, you make FMC a place that the community can rely upon. That was evident most recently when FMC showcased our best in taking care of those impacted by the botulism outbreak. We cared for our patients and their families. We also cared for our other patients without missing a beat. We cared for the church family and the larger community. We cared for each other as we

Happy Hospital Week from Board (cont.)

The opportunities in front of us are exciting, but we have to work together, strategically and intentionally, to secure our future as an independent community health system. The mission of this organization is vital to the health of our community in many aspects. And the BEST part? Although we are in transition with new leadership, new opportunities and a new future, the most important part has not changed. It is in the fabric of FMC, regardless of who is in the board room, the C Suite or the physician's lounge. It's you! You all are the heart and soul of this organization, the warm embrace of its mission, and the steady march toward its vision. To you, it may just be doing your job, but the impact you leave on our patients will last their lifetime. Jack has expressed much pride in the work of his FMC family, and his pride to now be at the helm. He has seen you at your finest during the challenges of these most recent weeks. The multitude of selfless acts of service, and the way you all pulled together to help our community in need, words cannot express the emotions that were part of that experience.

And now, I have another thing to thank you for. During the CEO search process, I told Jack that FMC was not like other organizations. Not without challenges and issues that he would have to address, but the foundation of this organization was strong and true. I told him FMC had heart and soul and you all proved me right! Thank you, yet again, for what you've done in the past, and will do in the future! I am proud to be one of you now for this brief period, and to help in a small way to lead this organization to its BRIGHT future. And we've only just begun!

~Linda Sheridan, Fairfield Medical Center Board Chair

Journey to Competency 2015

Below is a reminder for the 2015 competency process. Each department should have their own Department Competency Team composed of a leadership person and a representative from each job position in your department. The Department Competency Teams should be processing data from your employees about the functions of their everyday jobs (this list should be available from last year). Don't forget to ask "What's NEW?," "What's CHANGED?," "What's HIGH RISK?" and "What's PROBLEMATIC?" There is a Competency TOOL KIT available on the Intranet with many templates to help guide you through the process. Every department is encouraged to send a representative to the Competency Committee or contact your department liaison if you have questions or need help! Need to know a little more? Plan to join Learning & Development at a Journey to Competency Coaching Session. Register via TDC; Keyword: Journey.

FMC Strides Managing to Excel Series

FMC Strides Supervisor Track is designed to assist front-line leadership with foundational leadership competencies, starting first with the Managing to Excel Series. If you are a current charge nurse, team leader, supervisor, professional, or aspire to be in these roles in the future, you are strongly encouraged to enroll. Class descriptions, objectives and enrollment are available online within the Talent Development Center. Series classes and dates:

- Identifying and Solving Problems June 4
- Training, Coaching and Delegating July 21
- Appraising People and Performance Aug. 4
- Disciplining and Counseling Sept. 3
- Listening and Organizing Oct. 1
- Giving Clear Information Nov. 5
- Getting Unbiased Information Dec. 10

Day	Date	Time	Room
Tuesday	May 12	0800-0930	Classroom Beta
Tuesday	May 12	1000-1130	Classroom Beta
Thursday	May 14	0900-1030	Classroom Beta
Thursday	May 14	1200-1330	Classroom Beta
Wednesday	May 27	1330-1430	Classroom Beta
Wednesday	May 27	1500-1630	Classroom Beta
Monday	July 13	1300-1430	Classroom Alpha



Fairfield
Medical Center

Where Miracles
 Happen Every Day

National Hospital Week

May 10-16, 2015

FMC Hospital Week Schedule

Day	Time	Event
Monday, May 11	5:15 p.m.	20 Year Club Dinner at Crossroads Ministry Center
Tuesday, May 12	10:30 a.m.	Ice Cream Bar in Cafeteria (Off-sites – Ice cream novelties will be delivered by manager)
	9 a.m.-3:30 p.m.	Karaoke in Cafeteria
	4 p.m.	Ice Cream Bar in Cafeteria
Wednesday, May 13	All Day	Corporate Casual Dress Day Wear your new Hospital Week polo shirts (polo shirt to be given out the week of May 4 from your manager)
	All Day	Tennis Shoe Day
	All Day	Department Level Celebrations
Thursday, May 14	3-7 p.m.	Game Day (in the parking lot between the Pavilion and the Surgical Tower)
Friday, May 15	1-3:30 a.m.	Complimentary Meal in Cafeteria
	10:30 a.m.-1:30 p.m.	Complimentary Meal in Assembly Rooms
	12:30 p.m.	A special awards ceremony in the new Surgical Tower entrance area with the FMC Choir. The following awards will be given: Gordon B. Snider Teammate of the Year, FMC Foundation Employee Philanthropist Award, Excellence in Service Award, Leadership Teammate of the Year, Runners Up Teammate of the Year, Teammate of the Year and President's Award Project BRIGHT Tours Following the Award Ceremony
	4-6:30 p.m.	Complimentary Meal in Cafeteria

People you know. Care you trust.

**ATTENTION FMC EMPLOYEES,
PHYSICIANS & VOLUNTEERS:**

You are invited

to a Sneak Peek Tour of the
New Surgical Tower

FRIDAY, MAY 15

1:30–5 P.M.

Be among the first to tour the Surgical Tower during Hospital Week before the grand opening on May 19. The tour is self-guided and begins in the first floor waiting room.

**This tour is only
for employees,
physicians and
volunteers.**



Fairfield
Medical Center



Did You Know: Skin Cancer

Facts about Melanoma:

- It's the most dangerous form of skin cancer. These cancerous growths develop when unrepaired DNA damage to skin cells (most often caused by ultraviolet radiation from sunshine or tanning beds).
- Melanomas often resemble moles; some develop from moles.
- The majority of melanomas are black or brown, but they also can be skin-colored, pink, red, purple, blue or white.
- Melanoma is caused mainly by intense, occasional UV exposure (frequently leading to sunburn).
- About 73,870 new melanomas will be diagnosed (about 42,670 in men and 31,200 in women).
- About 9,940 people are expected to die of melanoma (about 6,640 men and 3,300 women).

Prevention:

- Seek the shade, especially between 10 a.m.-4 p.m.

- Do not burn.
- Avoid tanning and never use UV tanning beds.
- Cover up with clothing, including a broad-brimmed hat and UV-blocking sunglasses.
- Use a broad spectrum (UVA/UVB) sunscreen with an SPF of 15 or higher every day. For extended outdoor activity, use a water-resistant, broad spectrum (UVA/UVB) sunscreen with an SPF of 30 or higher.
- Apply 1 ounce (2 tablespoons) of sunscreen to your entire body 30 minutes before going outside. Reapply every two hours or immediately after swimming or excessive sweating.
- Keep newborns out of the sun.
- Sunscreens should be used on babies over the age of six months.
- Examine your skin head-to-toe every month.
- See your physician every year for a professional skin exam.

Central Sterile Moving to Surgical Tower

Beginning Monday, May 18, Central Sterile will operate from their new department in the Surgical Tower. Central Sterile will be located in the lower level/basement in the Surgical Tower. All sterilized items you currently pick up will be located on the same red rack outside of the Central Sterile supervisor's office. This will be located in the wide corridor by the elevator leading to the surgery case

cart room. The nursing tower will still pick up equipment from the equipment cupboard, but it will be moved inside the door on the same wall. Isolation carts will no longer be in the hallway they will be inside the existing (old) department. If you have any questions, please call Cindy Burdo, Central Sterile supervisor, at ext. 6589.

YMCA Discount

The Robert K. Fox Family Y is offering an open enrollment for Fairfield Medical Center employees until May 10. Employees will receive 50 percent off the joining fee during the open enrollment period. You also will get 15 percent off the monthly membership rate at all times. Please contact the Robert K. Fox Family Y to complete an open enrollment application.

Patient Safety Award

Brenda Bailey, Environmental Services, showed good stewardship and teamwork recently. She is pictured with safety officer Eric Brandt, for going above and beyond to help a patient in need. A patient tray was left in the room she was cleaning and she noticed that the patient had not eaten his meal. She put down her housekeeping supplies, washed her hands, and fed him. The patient was thankful that she took the time out of her day to feed him. He knew it "wasn't her job" and she was going above and beyond her responsibilities as a housekeeper.

Birthdays

MONDAY

Vanessa Moore, Endoscopy
Trish Shinn, Contracts and Collections
Kyle VanAtta, Central Transport

TUESDAY

Cheryl Burgoon, Housekeeping
Doraine Dexter, Registration
Doris Dupler, Volunteer, South Info. Desk
Chuck George, Volunteer South Info. Desk and Gift Shop
Lisbeth Parrott, Decision Support
Melony Rarick, Human Resources
Corry Rowe, Surgery
Christina Short, FHP Primary Care of Diley Ridge
Kristie Sisson, ICU
Amy Teasley, Sleep Lab
Thomas Walker, Radiology, Pacs

WEDNESDAY

Angela Carpenter, Float Pool Phys. Svcs.
Heidi Fisher, Contracts and Collections
Cheryl Hasson, Surgery River View
Jill Loy, Coding
Joshua Michael, Fifth Med./Surg.
Penny Schwickerath, Accounting
Brittany Throckmorton, Lab, DHS

THURSDAY

Ralph Fick, Laundry
Linda Friesner, Volunteer South Info. Desk
Soschia Owens, Contract Employee
John Sutter, FHP Bremen

FRIDAY

Ronald Glass, MRI
Mike Kallenberg, Marketing
Amanda Northrup, Housekeeping
Sara Smith, Maternity

SATURDAY

Erica McDaniels, Clinical Systems Support
Linda Nance, Housekeeping
Patricia Phillips, ICU
Donald Small, Materials Management

SUNDAY

Sue Ann Clark, Maternity
David Craine, Athletic Training/High School

Welcoming New Employees

Join us in welcoming the following employees who joined the team on May 4:

- Rachael Asher, Pharmacy
- Lauren Burgoon, Surgery
- Teresa Christopher, Fourth Med./Surg.
- Beatrice Eberts, Med./Surg.
- Mathew Green, Central Sterile
- Megan Hall, Fifth Med./Surg.
- Melisa Hahn, Third Med./Surg.
- Kelli Hutchinson-Mathena, Psych.
- Kathy Jones, Fourth Med./Surg.
- Cat McComber, SICU
- Morgan Mullins, Med./Surg.
- Patrisha Neff, Third Floor
- Amanda Nihiser, Third Floor
- Ashley Spires, Learning & Development
- Victoria Straub, MICU
- Barbara Stumbo, FHP Infectious Disease
- Lucy Suen, Physical Therapy
- Ann Weindel, Fresenius
- Sherri Wintermute, Third PCU

Volunteers Needed

It's the time of year when school physicals are needed. We need all types of volunteers from 7 a.m. to around 1 p.m. on June 6 to help with school physicals at Lancaster High School. The current schools participating will be Lancaster High School, Fairfield Union and New Lexington. Stay tuned for more schools to be added. To sign up, call Kelly Marion at ext. 8951.

Hospital Happenings

Grand Rounds

Case Management is sponsoring Grand Rounds, taking place on Monday, May 11 from noon–1 p.m. in the Assembly Rooms. The topic is being presented by our inpatient psychiatric unit on Transgender Awareness: A Case Study and Educational Opportunity. All are welcome. Lunch will be served.

Cancer Fatigue Class

Join Ivy O'Neal, oncology nurse navigator, as she focuses on the common side effects that may be associated with chemotherapy or radiation and provides tips to help manage them. The next class is from 2–3 p.m. on May 14 at the Cancer Resource Center. For questions or more information, call 740-277-6941.

Operation Street Smart

Attention parents, teachers and anyone with teenagers in your life. Join us May 16 in the Assembly Rooms from 9 a.m.–3 p.m. to learn more about how substance abuse affects our community. Registration begins at 8:30 a.m. \$5 for lunch from Crispy's Pizza and Arby's. Applications are available in Human Resources.

Healthy Eating for Life

Join us for this cumulative eight-week nutrition program helping participants change everyday behaviors to achieve and maintain a healthy weight and lifestyle for life! The next eight-week session starts Wednesday, June 17 and is held each Wednesday from 5:30-7 p.m. Registered Dietitian Kate Kanner will lead participants through the program every step of the way! Included in the \$220 registration fee are individualized nutrition assessments, weekly weigh-ins, a class binder full of helpful resources and some additional and giveaways. To register, call Kate Kanner at ext. 8468.

Diabetes Support Group

Join us Monday, May 18 from 6-7 p.m. in the Assembly Rooms. Our certified diabetes educator helps diabetics face the challenge of the disease. The topic is "Have Diabetes–Will Travel." To register, call ext. 8492.



Congratulations to Pam Mong, Endoscopy, for completing her BSN.

Congratulations to Anita McPeck, Nursing Services, on completing her BSN.

EVENTS

From the Employee Activities Committee

FMC Family Day at Kings Island – Aug. 1. Event will include admission to the park on July 31 after 5 p.m., admission all day on Saturday, Aug. 1 with all you can eat picnic style lunch and admission to Soak City waterpark. FMC has reserved a block of rooms at the Cincinnati Marriott Northeast at a rate of \$105 per night for July 31 and Aug. 1. Rooms are very limited so, if interested, please book early by calling 1-877-204-8216 and ask for the Fairfield Medical Center rate. The Monday Morning will soon have pricing, ticket ordering and distribution, and potential Reds discount for Aug. 2.

Vintage Ohio Wine Festival – Aug. 7 at Lake Metroparks Farmpark in Lake County, Ohio. The bus will be leaving Lancaster at 9 a.m. We will depart from the festival at approximately 7 p.m. Attendees must be 21 years or older to attend. Ticket price is \$53 per person. Ticket includes bus transportation, admission to the festival, 25 wine tasting tickets, and souvenir wine glass. For more information, contact Jennifer Dicken at ext. 8345 or jenniferd@fmchealth.org.

FMC Night with the Columbus Clippers! Bring the whole family and come out to the Ballpark! Monday, July 20 at 7:05 p.m. Columbus Clippers vs. Louisville Bats. Ring your bells and cheer for your Columbus Clippers while enjoying Dime-A-Dog Night. Reserved Seating (Red) Tickets are limited – Order early! Tickets: Adults - \$10, Youth (12 and under) - \$7, Senior (60 and over) - \$7. Please see the FMC Intranet / Employee Activities Button for ticket order form. Payroll Deduction is available. Questions? Contact Amy Black at amya@fmchealth.org.

Oxygen for the Soul

The Christian does not think God will love us because we are good, but that God will make us good because He loves us. ~C.S. Lewis

Meaningful moments – Prayer time: 11:45 a.m.-12:15 p.m. Monday–Friday in the Chapel. Self-directed or with one of the chaplains. (*The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration.*)

Do Your Part!

Do you LOVE fresh produce, but don't have time for a garden? A Community Supported Agriculture (CSA) program may be the answer you are looking for. A CSA program is a partnership between the farmer and the community. This is a great way to bring a variety of fresh, high-quality produce into your home all summer long! Families and individuals who join a CSA will receive "shares" of produce each week during the growing season. Typically running mid-May to early October, CSA members can experience 75-100 types of greens, vegetables, melons, squash and herbs. Shares can be purchased in various sizes depending on your needs. FMC is excited to be partnering with two Fairfield County CSA programs. Schultz Valley Farms and Paige's Produce will be offering a weekly drop off at FMC and payroll deduct is available. For more information about our local CSA programs, contact Health and Wellness at ext. 6831.

FMC Sneaker Day

Wednesday, May 13, is FMC Employee Sneaker Day! All employees are permitted and encouraged to wear dress code appropriate tennis shoes with your attire. Being physically active is important for your overall wellness. Regular physical activity can help you:

- Lower your risk of heart disease and stroke.
- Maintain a healthy weight.
- Reduce or control blood pressure.
- Reduce your risk of diabetes and some kinds of cancer.
- Sleep better.
- Have more energy to do the things you love. Sitting, like smoking, is clearly bad for our health and the only way to minimize the risk is to limit the time we spend on our butts each day. So get up, take advantage and get active at work!
- Park and walk. Spare yourself the stress and gain more energy by parking far away and walking farther to your destination.
- Take the stairs. The elevator may go up—but it doesn't make your heart rate climb.
- Schedule a standing meeting. This also tends to make meetings more productive in less time.
- Walk across the hall to talk to a co-worker instead of calling or sending an email.

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com

Fairfield Medical Center's Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.