

People you know. Care you trust.

Monday Morning



16 FMC Nurses Complete Pathways to Practice p. 3

Antibiotic Stewardship Program Starts p. 3

FMC Hosts Heart and Lung Run



Nearly 200 runners participated in the 8th annual Snider Heart and Lung Run 10K Run and 5K Run/Walk on Saturday, Aug. 29 at Fairfield Medical Center. The money raised through this annual event is used to help patients afford the cost of cardiac and pulmonary rehab. Thank you to everyone who participated or volunteered their time to make this event a success!

5K Top Three Overall Winners:

1. Jon Thompson, 00:19:30.83
2. Tom Hinkle, 00:20:44.44
3. Jeff Faulkner, 00:22:56.59

10K Top Three Overall Winners:

1. Harvey Lewis, 00:35:39.34
2. Chance Lamb, 00:39:05.19
3. Victor Christopher, 00:43:16.81

Coming Soon... Club Centennial!

Journey through the decades of Fairfield Medical Center's history as we celebrate our employees, physicians and volunteers "100 Years of Caring."

We will celebrate for 100 hours straight, beginning Sept. 28 at 7 a.m. through Oct. 2 at 11 a.m. Join us for food, fun and prizes.

Wishes Gift Shop Extended Hours

Wishes Gift Shop is excited to announce evening hours! Starting Sept. 10, Wishes will be open the second Thursday of the month from 6-9 p.m. Take advantage of these extended hours to browse our fantastic merchandise, including Back To School goodies, Go Team and OSU football-themed items, as well as a selection of merchandise marked down 40 percent off! Start your holiday shopping

early and help support Fairfield Medical Center. **The Gift Shop is open 10 a.m.-6 p.m. Monday-Friday, and noon-4 p.m. on weekends.**

Reminder:

Cultural Engagement Survey to be completed by Sept. 11!



FMC 1 of Only 10 Recipients of ACS Award



The Fairfield Medical Cancer Resource Center was selected as a recipient of the American Cancer Society's Division Citation Award. This award recognizes the efforts of organizations providing outstanding cooperation in carrying out cancer control activities and the overall mission of the American Cancer Society. FMC was one of only 10 recipients of the award across the East Central Division, which is comprised of Ohio and Pennsylvania. "We are honored to receive this award from the American Cancer Society," said Janice Novotni, Fairfield Medical Cancer Resource Center coordinator. "We are close partners with them and we are proud to offer as much as we can to help people in need when diagnosed with cancer and their families."

From the Chief's Desk

Centennial Celebrations for Staff and Community Planned

It is my hope that each of you had an opportunity to experience the Fairfield Medical Center Centennial Rock Party on Aug. 22. From the reaction of several attendees and numerous comments shared with FMC, the opportunity to celebrate with our community was greatly acknowledged and appreciated. None of this would have happened without the support and effort of our wonderful FMC staff and volunteers. Thank you from the bottom of my heart! Every day I am more inspired by the hard work and dedication our staff puts forth both here and in the community to support our mission. Over 5,500 guests were able to experience health screenings and some very talented food and craft vendors while listening to some amazing music from several local bands and our own FMC band. It was an incredible day, one I will never forget, complete with a spectacular fireworks presentation from Hamburg fireworks. Again, I am grateful to each of you for helping FMC give a small token back to our friends and neighbors for their support over the last 100 years.



As we continue our year-long celebration, I want to share a few upcoming events that we will host here at our Center. First is our Club Centennial! This is our gift to all staff and volunteers at FMC. Each day you are making a measurable difference in the care we provide, and it is a privilege to be a part of this opportunity to say thank you. For 100 hours straight, we will celebrate together, beginning Sept. 28 at 7 a.m. through Oct. 2 at 11 a.m. Join us for this special time of fun, food and prizes! We will journey through the decades of FMC's history, celebrating our employees, physicians and volunteers, and our "100 Years of Caring!"

Additionally, we want to continue our time of celebration with those outside our doors and in doing so, want each of you to be aware when we are planning an event. On Oct. 3, FMC will host an invite-only gala here on our campus. Because Lancaster, Fairfield County and our surrounding neighbors have supported our medical facility for 100 years, we are still here today, still strong, and still making a difference in the lives of our community. This special gala is one more opportunity to express our appreciation to those outside our Center.

To launch our momentum into the next 100 years, I will soon share the future vision and plan for FMC with the employees and the communities we serve. It is indeed a privilege and an exciting time to be a part of such a great organization! As you see the many ways we will be thanking various groups in the months ahead, it is our hope that you will feel great pride in knowing you are part of the extraordinary history of FMC. Let's celebrate our success with an eye toward our brilliant future.

John R. "Jack" Janoso, Jr.
President & CEO

HR Corner

All current employees who are applying for a transfer in the TEDS system MUST build a resume and create a profile in the TEDS system and complete all of the required fields in order to be considered for transfer. Even if an applicant is transferring from a part-time to full-time in the same position, this process needs to be completed. For any questions, please contact a member of the Human Resources staff.

New Employees at FMC

Please welcome the following new employees, who joined the team on Aug. 31:

- Michelle Beery, Lab-DHS
- Aaron Bower, Emergency Department
- Esther Dunlap, SICU

- Dawn Erwin, 2 Surgical
- Jennifer Gable, Dietary
- Brittany Hicks, Lab-Phlebotomy
- Carol Hicks, Cath Lab
- Lisa Hill, ICU
- Kaylee McKinney, 5th Med./Surg.

September is Sepsis Awareness Month

Sepsis is a whole-body inflammatory response to an infection. It is a potentially dangerous or life-threatening medical condition found in association with a known or suspected infection. According to the Sepsis Alliance, sepsis kills 258,000 Americans each year. The infection then spreads into the bloodstream where it then can spread to almost any other organ system. **What to do to prevent sepsis?** The most important way to reduce the chance for sepsis

is to first prevent any infections. Vaccines, good hygiene and hand washing are excellent preventive methods. If infection occurs, go to the doctor for treatment before it has a chance to spread. This is especially important in patients that are at greater risk for infection, such as those with cancer, people with diabetes, children and the elderly. If you suspect sepsis, call 911 or go to a hospital and say, "I am concerned about sepsis."

SYMPTOMS OF SEPSIS

- S** Shivering, fever or very cold
- E** Extreme pain or general discomfort ("worst ever")
- P** Pale or discolored skin
- S** Sleepy, difficult to wake, confused
- I** "I feel like I might die"
- S** Shortness of breath



Fairfield
Medical Center

Watch for a combination of these symptoms. If you suspect sepsis, CALL 911 or go to a hospital and say, "I am concerned about sepsis."

Reference: Sepsis Alliance

Journey to Competency

Do you know the deadline for meeting your 2015 assigned competencies? Competency selection for 2015 is alive and well at FMC! It's time to put the pedal to the metal and hit the road! Department Competency Teams should be evaluating competency needs for each job

position in your department and going through the process of selecting 2015 competencies. Do you know what competencies are assigned to you for 2015? If not, contact your leadership team or the educator for your department. If you have questions, contact Mary at ext. 8529.

Antibiotic Stewardship Program Starts Sept. 8

Join us as we seek to ensure that our hospitalized patients receive the right antibiotic, at the right dose, at the right time and for the right duration. Antibiotic stewardship interventions have been proven to improve individual patient outcomes and reduce the overall burden of antibiotic resistance. Additionally, impact will include: reduced mortality, reduced risk of Clostridium Difficile-Associated Diarrhea, shorter hospital stays, reduced overall antimicrobial resistance within the facility and cost savings.

The stewardship team pictured on front consists of: Andrew Murry, M.D., C.W.S., F.A.C.P.; Bryce Lifer, PharmD, R.P.h.; Haley Strickland, M.L.S. (A.S.C.P.), Kate Kanner, R.D., L.D.; Ann Preble, B.S., M.T. (A.S.C.P.); and Jodie Hildenbrand, M.S.N., R.N., C.N.L.

We will track the interventions and share results. Interventions will include recommendations regarding the following: resolving drug/bug mismatches, de-escalation, stop dates, switches to IV to PO, optimal dosing, discontinuation and additions. Education on treatment plan and nutrition counseling for patients and/or their families will be provided by the registered dietitian and the infection control practitioner. Collaboration will occur between the team, physicians, providers of care and nurses. It will take all of us working together to successfully implement an antibiotic stewardship program. We can, together, more effectively, combat antibiotic resistance and ultimately save lives. To consult the team and/or for more information, call Infection Control at 740-687-8493.

16 FMC Nurses Complete Pathways to Practice

Congratulations to the 16 nurses who recently completed Pathways to Practice, FMC's nurse residency program. Pathways to Practice provides graduate nurses with the tools they need to successfully transition into a nursing role at FMC. These nurses have participated in a year-long program of classes, including simulations, case studies and presentations. The nurses completed posters about the evidence-based patient care improvement projects they developed during their residency program and

presented them to nursing leadership during their celebration on Aug. 3.

Pictured on front standing (from left): Erin Hoffman, Nikohl Kennedy, Robin Masten, Heather Herdman, Lauren Thomas, Alexis Thompson, Kristen Powell, Abigail Duncan, Raneé Sudlow, Stacy Matheny and Ashley Johnson. Seated (from left): Cassi Rainier, Callie Zeisler, Lauren Regoli and Rachel Beam. Ashley Boyer was not pictured.

PerfectServe Enhances Communications

Throughout the month of September, Fairfield Medical Center will be optimizing our use of the PerfectServe technology. We will be activating the security controls for the mobile application by activating the PIN requirement and encrypting protected health information sent to non-secure devices. We also will be implementing the use of the PerfectServe Web Portal to enhance communications to providers from our bedside clinicians. This tool will allow bedside clinicians to send an electronic

secure text message to the providers to the PerfectServe mobile application. A pilot for the web portal will begin on Sept. 15 for the MICU and the pulmonologists. On Sept. 29, Go-Live is planned for the remaining inpatient nursing units. Roll-out to the remaining departments that may benefit from the use of the web portal is in planning. For questions, contact either Sandi Wagner at sandraw@fmchealth.org or ext. 8374 or CMIO Jean Robertson, M.D., through PerfectServe or

Be a Part of FMC History



1916 Centennial Celebration Gala

Saturday, Oct. 3

Volunteers are needed

for this one-day event from 4-10 p.m.

For more information and to sign up, contact

Kim Kirchgessner at ext. 8544.

MONDAY

Rachael Asher, Pharmacy
 Brian Carson, Pharmacy
 Kindra Fannin, Dietary
 Brandon Muck, Dietary
 Tonya Nobles, Lab
 Lexis Peters, Dietary
 Susan Pierce, Lab
 Elizabeth Robb, ED
 Virginia Ruyf, River View Surgery
 Janet Thompson, Cardiac Cath Recovery

TUESDAY

Elizabeth Brendsel, Pharmacy
 Carrie Dye, 2 Surgical
 Paul Geigle, Registration
 Taylr Getz, Med. Student/Residency Program
 Gayle Krueger, Volunteer, North Info. Desk
 Jennifer Ramsey, Lab

WEDNESDAY

Anne Brown, Volunteer, CRC
 Patty Backus, 4th Med./Surg.
 Charlotte Dresbach, Case Management
 Amy Hoch, Pharmacy
 Ashley Johnson, 2 Surgical
 Carrie Rector, Cardiovascular
 Andrea Richards, FHP Revenue Cycle
 Judy Stemen, Volunteer, Music
 Andrew Twehues, M.D., FHP
 Pulmonology/Critical Care

THURSDAY

Katherine Bycofski, ED
 Deborah Graff, Housekeeping
 Phyllis Jones, Volunteer, Wishes Gift Shop
 Jamie Nihiser, 2 Surgical
 Kate O'Hare, PCU
 Joyce Rife Cochran, Volunteer, Surgery

FRIDAY

Veronica Dodds, Maternity
 Deborah Nash, Central Transport
 Demitrea Palmer, FHP Diley Ridge
 Connie Persichetti, MIS
 Anthony Ross, ED

SATURDAY

Heather Busby, Materials Management
 Julie Edwards, Respiratory Therapy
 Stacy Hanrahan, Physical Therapy
 Sharon Nusser, Volunteer, Cardio. Services
 Freda Marshall, Housekeeping
 Ryan McNamara, Respiratory Therapy
 Amber Miller, 3rd Med./Surg.
 Abigail Moss, Cardio. Services
 Sarah Renko, 3rd Med./Surg.
 Evan Russell, D.O., Internal Medicine Resident
 Breanna Savage, 5th Med./Surg.
 Amber White, 4th Med./Surg.

SUNDAY

Shelly Arnett, Recovery/PACU
 Heather Forbush, Respiratory Therapy
 James Hardy, Housekeeping
 Tamara Harmon, Housekeeping
 Emily Hayek, 3rd Med./Surg.
 Sarah Huddle, Nuclear Medicine
 Donna Kalis, Volunteer, Pet Therapy
 Dawn Ondusky, MIS
 Ryan Osborn, ICU
 Sandra Smith, Chemotherapy
 Stacey Thimmes, Lab
 Jim Willis, Laundry



Hospital Happenings

Fall Wellness Lunch n' Learn Series

Register to attend any or all of these upcoming educational opportunities by calling 740-689-6822. Preregistration is required. Lunch is provided!

Are you really ready for a Colon Cancer Screening? - Robin Sheets, M.S.N., F.N.P.-B.C.

– FMC Employee Health Nurse Practitioner, Wednesday, Sept. 16 from noon-12:30 p.m., Assembly Room 1 - Now that you're 50 or older, come learn what types of screenings are now available and which one is appropriate for you. Come hear Robin Sheets, M.S.N., F.N.P.-B.C., review the standard screening techniques.

Renal Access Symposium

Have you ever wanted more information on the different types of dialysis accesses and how your patient began this journey? Join us Sept. 8 at the 3rd Annual Renal Access Symposium from 7:30-11:15 a.m. in Assembly Rooms 2 and 3.

Prostate Health Education Group of Fairfield County

Join us Sept. 14 from 7-9 p.m. for an informative and educational session on prostate cancer. Guests may ask questions and talk with members about their experience, including their diagnosis, treatment and side effects. There is no charge to attend and all men and women are welcome. Please meet in the Chapel at Fairfield Christian Church. For additional information, contact Bill at 740-687-6543.

FMC Foundation Food & Wine Tasting

Planning for our Annual Food and Wine Tasting is underway. Join us Sept. 24 at Fisher Catholic Alumni Hall for this fun, lively event! Create memories while

Calling All Craft Vendors

Vendor registration is now open for the annual employee craft show to be held on Nov. 20 from 7 a.m.-4 p.m. There are 42 available spaces to exhibit your handmade wares in the assembly rooms for purchase this holiday season. Table spaces are \$10/space, with all proceeds benefitting employees helping employees. Interested crafters can find registration forms along with vendor info and a craft show booth layout on the Intranet/Employee Activities Tab. For questions, contact Ashley at ashleysp@fmchealth.org or ext. 8496.

Volunteer at the Fairfield County Fair

It's almost time for our Fairfield County Fair. We are in need of R.N.'s and paramedics to work our First Aid Booth at the Fair, which runs Oct. 11-17. Come have fun and get paid! Please contact Melinda at 740-503-3295 or Barb at ext. 4902, if you are interested.

Books and More Sale

Join us Sept. 23, 24 and 26 for the TWIG 17 Books and More Anniversary Sale. Volunteers are needed for only six hours a month. If you are interested, contact Janie at 740-969-4825.

transforming healthcare, as all proceeds will benefit women's health initiatives. This event is open to the public. Volunteers for this event are still needed! If interested, contact Carol at ext. 8107 or carold@fmchealth.org.

Celebrate Life in Survivorship Coping with Cancer Seminar

Join us Oct. 24, 10 a.m.-2 p.m. at FMC Main South Entrance (Surgical Tower) Near the New Wishes Gift Shop. Learn more about coping with cancer courtesy of FMC and Komen for the Cure. Dori Klemanski, D.N.P., C.N.P., R.N., director of the OSU survivorship program, will speak about the cancer journey. Lunch will be provided. Limited seating is available. Registration is required by calling Carol at ext. 8814.

2015 Flu Season

The 2015 flu season will be upon us in just a few weeks. Employee Health is excited to let you know we will be "going live" with our own electronic medical record (EMR). So this year's flu kickoff also will be our EMR kick off. Watch for instructions coming VERY SOON on how to log into "My Health" in our new system called Ready Set, where you will be able to complete your consent (Flu Survey) online. **Every employee must set up an account with Ready Set even if they are declining the flu vaccine or receiving the flu vaccine elsewhere. It will make the flu vaccine clinic quicker for each employee.** This year, the Flu Clinic event will be held on Monday, Oct. 19.

One Phone Call Pilot

On Sept. 8, Fairfield Medical Center will pilot a one phone call admission and transfer process called Admission Central. Physicians within and outside FMC can call 740-243-2221 to receive a just-in time bed assignment for their patients that require admission. Our goal is to decrease decision to admission time in the Emergency Department, increase patient and provider satisfaction for the direct/transfer patient and increase patient satisfaction of admitted patients from the ED. The current process of bedside R.N. to R.N. handoff in the ED will not change. For questions, contact Kelly at 740-215-2035 or Lisa at ext. 8036.

Join us for the following events:

- **Disney Live: Three Classic Fairy Tales** – Oct. 25 at the Schottenstein Center from 1-4 p.m. Tickets start at \$17.
- **TobyMac concert featuring Britt Nicole, Colton Dixon and Hollyn** – Oct. 25 at Nationwide Arena at 6 p.m. Tickets are \$26.

Order forms are on the FMC Intranet/Employee Activities button. Order deadline is Oct. 16. *15 ticket minimum order.

Columbus Blue Jackets vs. NY Rangers

Opening Night is Oct. 9. Tickets \$59 each in section 211. Limited number available. Order form located on the FMC Intranet.

Marvel Universe LIVE! at Nationwide Arena from Dec. 26-28. Show times vary. Tickets starting at \$22. Please see the FMC Intranet/Employee Activities button for pricing, seating chart and order instructions. Marvel Universe LIVE! will bring Marvel's most iconic heroes and fearsome villains to life like never before during a live-action arena spectacular. Marvel Universe LIVE! will redefine the LIVE show experience through a Marvel character-driven story featuring state-of-the-art special effects, pyrotechnics, aerial stunts and martial arts.

Hocking Hills Laser Tag on Sunday, Oct. 4 from 1-4 p.m. Sessions begin at 1 p.m., 1:45 pm, 2:30 p.m. and 3:15 p.m. Maximum 20 people per slot. Discounted price is \$10 (originally \$20). Go to hockinghillslasertag.com for more information. To purchase tickets: go to the Intranet/Employee Activities button for the registration form. For questions or more information, contact Jennifer Dicken at jenniferd@fmchealth.org.

Oxygen for the Soul

Spiritual relationship is far more precious than physical. Physical relationship divorced from spiritual is body without soul.
~Ghandi

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com

Fairfield Medical Center's Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.