

People you know. Care you trust.

# Monday Morning



**Almost 500 Attend Centennial Gala**

**#pinklancaaster - FMC Goes Pink on Oct. 7**

## FMC Celebrates 100 Years of Caring With Centennial Gala



*Pictured are participants of the Centennial Gala, along with FMC staff, on Oct. 3.*

Almost 500 guests attended Fairfield Medical Center's Centennial Gala on Saturday, Oct. 3, in celebration of FMC's 100 years of dedicated and personalized care to the community. Founded as Lancaster Municipal Hospital on Oct. 10, 1916, Fairfield Medical Center has deep roots in the community, so it was no surprise that many people braved the rain to celebrate Saturday. The evening began with a "walk down memory lane" as participants went on a historical journey, which highlighted how patient care has advanced over the past 100 years. Staff members were on hand to tell the story that included physical pieces of equipment from earlier decades. Guests also were invited to stop by the employee Club Centennial presentation.

Chef Jamie Brumbaugh offered hors d'oeuvres followed by a toast with John R. "Jack" Janoso, Jr., FMC President and CEO. "Tonight we stand together and celebrate a remarkable century of caring and a very bright future," he said during the toast. "On this site almost 100 years ago, we opened our doors to the community with the goal of providing 'Good Will to the Ill' and I can proudly say we are still living out that mission."

In honor of a century-long tradition of caring for the community, a special dinner was held for the families of FMC's first patients, Olney and Edith Amintrout; FMC's first volunteer Caroline Rockwood and family members;

and special guests of FMC, Emery and Evelyn Williams of Jennings, Florida.

So far, the year-long celebration has included the Centennial Community Rock Party, Club Centennial staff celebration and the Centennial Gala. "It's an exciting time for our community right now," said Latricia Johnston, Centennial project director. "Together we are celebrating the anniversary of the organization that has provided care to our friends and loved ones for almost 100 years. How many communities can say that?"

### Cultural Engagement Update

Fairfield Medical Center has partnered with the Disney Institute to revitalize the culture of FMC. We currently are in our "Discovery Phase," which includes the following:

- Introduction to Disney Institute and how they will work with us. Representatives from the Disney Institute were on site for three days to meet with staff, volunteers and physicians to explain how this process will work.
- Cultural Engagement Survey - Thank you to all who participated! The survey received an overwhelming response of more than 1,100 employees, physicians and volunteers – a 40 percent response rate, which is double the response that is typically received for these types of surveys.
- On site discovery meetings - Disney representatives returned to the Center to meet with a sampling of staff, volunteers and physicians to follow up on the data from the Cultural Engagement Survey.

So what is next? The Disney Institute will return on Oct. 22 and 23 and hold a session open for all to attend. They will share the overarching themes of our discovery phase. Next week's Monday Morning will include detailed times for the report out.

# From the Chief's Desk

On Oct. 3 Fairfield Medical Center officially celebrated 100 years in our community with exuberance, thoughtfulness and great pride. More than 100 years ago, this organization was created by legendary leaders of our community who envisioned a place where "Good Will for the Ill" would be common and accessible. It is obvious that this community's vision was not only embraced, but our existence today speaks to the success achieved by the healthcare heroes who have come before us.



I have learned much about our past as part of this celebration and have given much thought about the many obstacles, challenges and barriers that the history of the last 100 years has borne upon this organization. Wars, The Great Depression and many other significant events, too numerous to mention, weighed heavily upon, and challenged the mission, vision and values of FMC's past. Rapid advancement of medical technologies, along with the rapid changes in healthcare itself were expertly adopted at FMC and brought to our community. I marvel at the wisdom and courage of our predecessors, who had the intelligence and foresight to evolve over time so that the original mission of care was never lost or diminished. The determined conviction of those who we follow gives all of us the passion, strength and courage to set our expectations higher and continually strive for an even stronger, more vibrant FMC.

Our focus now shifts to our "Next 100 Years" as we determine how we will grow and evolve over the next several years. "Project BRIGHT" was only the beginning of our transformation. As you may be aware, our Board of Directors has recently endorsed our new and vibrant strategic plan, which will yet again enhance and evolve our relationship to our community. Our actions will be bold, and our commitment clear – our "good will" to the community lives on. I commit that we will:

- Give our community confidence that they will receive the very best care possible while having a patient experience that is second to none.
- A focus on health and wellness will be interwoven with new growth initiatives, which will include services and facilities throughout our region.
- We will value our physicians and employees at FMC and, in turn, commit to put our culture front and center by creating patient experiences that will define the identity and brand of FMC.
- We will strive to remain their independent community choice for their health and wellness needs.

We as members of FMC are all part of the continued history lesson that I am certain will be told 100 years from now. Regardless of our challenges, barriers or changing environment, I cannot imagine Lancaster, Ohio without FMC or our mission being any different today than it was 100 years ago. "Good Will for the Ill" lives on!

John R. "Jack" Janoso, Jr.  
President & CEO

## You're Invited to a Book Signing

Join the Fairfield Medical Center Foundation for a book signing of Dr. Shashi Gogate's book: *The Poetry of Purpose: A Portrait of Women Leaders in India* on Thursday, Oct. 22 from 5-7 p.m. in Fairfield Medical Center's Main

(Surgical Tower Entrance) Lobby. A limited number of books will be for sale at the event. Please RSVP by Friday, Oct. 16 to Keely Pearce at 740-689-4976 or keelyp@fmchealth.org.

## HR Corner

Benefit Open Enrollment for 2016 benefits is scheduled for Monday, Nov. 9 through Monday, Nov. 30. All full-time and part-time employees are required to complete their benefit enrollment. You are encouraged to attend one of the informational sessions below. The meetings will cover the process for open enrollment, in addition to the benefit changes for 2016.

### Benefit Information Sessions

- Oct. 20, 7-8 a.m., Assembly Room 2
- Oct. 20, 1-2 p.m., Assembly Room 2
- Oct. 21, 2-3 a.m., Assembly Room 2
- Oct. 27, 9-10 a.m., Assembly Room 2
- Oct. 27, 2:30-3:30 p.m., Assembly Room 3
- Oct. 28, 10:30-11:30 a.m., Assembly Room 2
- Nov. 2, 4:30-5:30 p.m., Assembly Room 3
- Nov. 3, 10-11 a.m., Assembly Room 3
- Nov. 3, 2:30-3:30 p.m., Assembly Room 3
- Nov. 5, 7-8 a.m., Assembly Room 2

## New Employees at FMC

Please welcome the following new employees, who joined the team on Oct. 5:

- Dr. Alissa Ackelson, FHP- Infectious Disease
- Lacy Wilson, 5th Med./Surg.
- Cindy Jo Baker, Lab
- Charles McDaniel, ICU
- Whitney Selby, 2 Surgical
- Jolene Godenschwager, Case Management
- Angela Austin, 4th Med./Surg.
- George (Jesse) Barkhurst, Emergency
- Taylor Young, 4th Med./Surg.
- Jamie Slivka, Emergency
- Dedra Pierce, Respiratory Therapy
- Brittany Huffer, Housekeeping
- David Looper-Friedman, Fresenius
- Melissa Harley, Lab
- Marilyn McFarlin, Dietary
- Kimberly Pagans, Contracts and Collections
- Leah McNamara, Lab
- Heather Gompf, Dietary

## Flu Kick-off Scheduled for Oct. 19

The Flu kick-off will be Oct. 19 from 6 a.m.-6 p.m. in Assembly Room 3. Employee Health is excited to let you know we will be "going live" with our own electronic medical



CDC recommends everyone 6 months and older receive a yearly flu vaccine as the first and most important step in protecting against the flu.

record (EMR). Watch for e-mail instructions coming THIS WEEK on how to log into "My Health" in our new system called Ready Set, where you will be able to complete your consent (Flu Survey) online. Every employee must set up an account with Ready Set, even if they are declining the flu vaccine or receiving the flu vaccine elsewhere. It will make the flu vaccine clinic quicker for each employee. If you cannot make it to the Oct. 19 kick-off event, come to Employee Health for your flu vaccine. Employee Health will be traveling to off-site locations. Check with your manager for those dates and times.

## Employees Participate in Laser Tag in Logan

Some Fairfield Medical Center employees/families participated in an event coordinated by the FMC Employee Activities Committee at Hocking Hills Laser Tag on Sunday, Oct.

4. Teams worked together to strategically plan their mission and attempt to achieve the objectives of that mission.



## TWIG 12 Elder Beerman Coupon Sale

Join TWIG 12 on Monday, Oct. 12 from 10 a.m.-4 p.m. in the Fairfield Medical Center cafeteria. TWIG 12 will have coupon booklets for Elder Beerman's Community Days (Wednesday, Nov. 11-Saturday, Nov. 14) available for a donation of \$5. The

booklet includes a 30 percent off coupon and great discounts on holiday gift items, such as a new pair of boots, a kitchen mixer and flannel sheets! Money raised from this event will benefit the hospital and patients.

## Christmas Choir Time

It's time to get your voices ready for the FMC Christmas Choir. Our choir performs annually at the holiday Christmas party in December and other events, as requested, and all are welcome. Our choir has been singing together for more than 20 years and we share in the love of making a joyful noise! If you have any

questions, please contact Missy Clum in Human Resources at ext. 8122. We will practice in the 2nd Floor Conference Room from 3:30-4:30 p.m. on the following dates: Tuesdays - Oct. 13, 20, 27, Nov. 3, 10, 17, 24, and Dec. 1, 8. Join us also on Wednesdays - Oct. 14, 21, 28, Nov. 4, 11, 18, 25, and Dec. 2, 9.

## Bargain Boutique Accepting Winter Clothing

The Bargain Boutique, Lancaster's oldest consignment shop, is operated by Fairfield Medical Center's TWIG 2. We offer quality merchandise at bargain prices. All proceeds benefit Fairfield Medical Center. Located at 1724 E. Main St., the boutique is open 10 a.m.- 4 p.m. on Wednesdays and 10 a.m.- 2 p.m. Thursday-Saturday. Consignments are accepted on Saturdays from 10 a.m.- noon. Donations are accepted any time the shop is open. We are now accepting seasonal

items such as coats and other winter items. Items consigned and/or donated must be seasonal, clean, free of smoke and stains and, if a household or other item, must be in good working order. We do not accept liquids, CD's, DVD's, VCR tapes, cosmetics, sharp objects or items that contain filler material such as pillows, stuffed animals, etc. If you have questions, call The Bargain Boutique during business hours, at 740-654-4620.

## Donate a Gift Basket to Mothers in Need

How would you like to be the winner of a \$150 Grand Prize? OB-GYN & Associates are having a fall community service project to benefit new mothers within our community who deliver at Fairfield Medical Center. They are asking for gift basket donations that will be distributed to new mothers on the Labor and Delivery Floor at FMC. The deadline

for submissions is Oct. 16. Please make sure your contact information is attached to the basket so a contest winner can be notified. Thank you in advance to all that plan to participate in our service project to help new mothers within our community. For questions, call 740-653-5088.

## Prepare Yourself for the Holiday Season

**Healthy Eating for the Holiday Season: A Recipe for Success** with Kate Kanner, R.D., L.D. on Oct. 21 from noon-12:30 p.m., in Assembly Room 3.

**Help for the Mind at Work with Brian Barkett, Psy.D.:** Join us Nov. 4 from noon-12:30 p.m. in Assembly Room 3. Join Dr. Brian Barkett, founder and president of Better Minds Group, to learn how to help the mind at work by building mental fitness.

**Fight Off the Seasonal Blues:** Join us Nov. 18 noon-12:30 p.m. in Assembly Room 3.

**Gift Wrap like a Professional** on Dec. 9 from 11:30 a.m.-noon, in Classroom Gamma (located on the Mid-level).

Register to attend any or all of the upcoming Lunch and Learn opportunities by calling 740-689-6822. Preregistration is required as seating is limited. Lunch will be provided!

MONDAY

No Birthdays

TUESDAY

Michelle Crawford, Lab

Douglas Dorsey, Materials Management

Deborah Freeland, Observation Unit

Nolene Kelley, Volunteer, South Registration

Klarissa Kuhn, Coding

Krishna Mannava, M.D., FHP Vascular Surgery

Kelly McCormick, FHP Revenue Circle

Renee Wolfe, FHP Pulmonology - Critical Care

WEDNESDAY

Margaret Freeman, Quality Outcomes

Dana Johnson, FHP Neurology

Cynthia Kohl, Volunteer, Fairfield Medical

Cancer Resource Center

Jane Leach, Orthopedic Unit

Rich Reed, Volunteer, OTS

THURSDAY

Karmen Armstrong-Bolton, Cardio Fitness

Martha Buckley, M.D., Administration

Suzanne Feichter, Coding

Terese Haungs, Surgery

Amanda Hostetter, ED

Karla Spencer, MIS

Robin Thompson, Ewing Square-Infusion

Thomas Underwood, Volunteer, Chaplain

Alice Valentine, Volunteer, Menu Education

Jessica Whalen, Psych.

Stephanie White, River View Surgery

Stacy Yarger, Contracts and Collections

FRIDAY

Jessica Anders, Lab

Nikkia Barker, Radiology

Steven Cox, M.D., FHP General Surgery

Charles Davis, Materials Management

Anthony DiSimone, River View Surgery

Kathryn Palermo, Cardiac Cath Recovery

Lance Rutter, ED

Leigh Spring, Athletic Training/High School

Alexis Thompson, ICU

SATURDAY

James Brace, Physical Therapy

Jolena Kelley, Contracts and Collections

Debra Klinger, PCU

Carrie Olive, 4th Med./Surg.

Mark Van Hook, PCU

Ciara Wilson, Lab

SUNDAY

Jessica Brunney, 2 Surgical

Sheri Garrett, Patient Representative

Autumn Kincaid, Third Med./Surg.

Tarah Lytle, Nursing Float Pool

Elizabeth Rolfes, Dietary

Valerie Shaw, 2 Surgical

## On the Look Out For Great Patient Stories

Do you know someone who has a great story about the care he or she received as a patient at FMC? The Marketing and Community Services department is looking for patients who would be willing to give a brief testimonial about their experience and the impact it had on their life. If you know of a great story, contact Michelle George in Marketing at 740-689-6636 or michellege@fmchealth.org.



From the Employee Activities Committee

Join us for the following events:

- **Disney Live: Three Classic Fairy Tales** – Oct. 25 at the Schottenstein Center from 1-4 p.m. Tickets start at \$17.
- **TobyMac concert featuring Britt Nicole, Colton Dixon and Hollyn** – Oct. 25 at Nationwide Arena at 6 p.m. \$26 Tickets. Order forms are on the FMC Intranet. Order by Oct. 16. \*15 ticket minimum order.

**Join us at the Cleveland Cavaliers vs. Indiana Pacers game** on Nov. 8 at 3:30 pm. Tickets are \$88 each for Lower Level seats (Section 100's). Tickets include Court of Dreams package, which allows all participants to shoot on the official Cavs hardwood court following the game. Payroll deduction is available. Priority based on first come, first serve basis. Limit of six tickets per employee. For ticket registration, complete request form on the Intranet/Employee Activities button. For questions, contact Jennifer Dicken at ext. 8345.

**Trunk or Treat Night at the Skyview Drive-In Movies!** Join us Oct. 24. Gate opening time to be announced later. Showtime at dusk (approximately 7:30 p.m.). All are encouraged, but not required, to dress up and/or bring candy to pass out. Those wishing to participate can pass out candy from the trunk of their vehicle, hence the name "Trunk or Treat." The movies that will be showing will be announced closer to the event. The event is free. An employee, physician or volunteer must be in the vehicle to show their FMC badge at the ticket gate. Plan to have candy for approximately 200 kids. Those employees working that evening may send a copy of their work schedule with their family so that they may participate.

## Oxygen for the Soul

They will beat their swords into plowshares and their spears into pruning hooks. Nation will not take up sword against nation, nor will they train for war anymore. ~ Isaiah 2:4

*(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).*

**Ethics & Compliance Hotline: 1-855-541-4169**  
or go to [fmchealth.ethicspoint.com](http://fmchealth.ethicspoint.com)

**Fairfield Medical Center's Mission:**  
FMC delivers outstanding healthcare for our patients, their families and our communities.

**Fairfield Medical Center's Vision:**  
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

## Hospital Happenings

### BRA (Breast Reconstruction Awareness) Day Oct. 21

Did you know that 70 percent of women eligible for breast reconstruction after mastectomy are not informed of their options? The goal of National BRA Day is to ensure that all breast cancer patients are educated about all of their options. Patients are supported by a team of medical professionals working together for the patients' best interests. To celebrate BRA Day, we are asking for donations of new bras for a local women's shelter. They can be donated until Oct. 21 at the following Lancaster locations:

- FMC Café
- Fairfield Medical Cancer Resource Center, 616 Forest Rose Ave.
- Central Ohio Plastic Surgery

### Celebrate Life in Survivorship Coping with Cancer Seminar

Join us Oct. 24, 10 a.m.-2 p.m. at FMC Main South Entrance (Surgical Tower) near the new Wishes Gift Shop. Learn more about coping with cancer courtesy of FMC and Komen for the Cure. Dori Klemanski, D.N.P., C.N.P., R.N., director of the OSU survivorship program, will speak about the cancer journey. Lunch will be provided. Limited seating is available. Registration is required by calling Carol at ext. 8814.

### Gynecological Cancer Education Information & Caregiver Support Group

Join us from 7-9 p.m. the second Tuesday of

every other month at the Cancer Resource Center for a gynecologic cancer support group meeting. The next meetings are scheduled for Nov. 10 and Jan. 12. We will discuss gynecological cancer (ovarian, uterine and cervical cancer) and allow you to relate with others. For questions or more information, call 740-277-6941 or [mytealfriends@gmail.com](mailto:mytealfriends@gmail.com).

### Shine a Light on Lung Cancer Vigil

Help us Nov. 12 from 6-7 p.m. at the Pickering House to brighten the lives of people touched by lung cancer in our community and raise awareness around this disease. This free event will feature a special illumination ceremony for all to participate in. This vigil is brought to you by the Lung Cancer Alliance in partnership with FMC and FairHoPe Hospice. Register at [www.shinealightonlungcancer.org/lancaster](http://www.shinealightonlungcancer.org/lancaster). For questions, call Ivy at ext. 6889.

### Turkey Day 5K

Join us Nov. 26 at 8:30 a.m. for the Turkey Day 5K, sponsored by the Fairfield Medical Center Foundation. The race will be held at Forest Rose School, 1592 Granville Pike in Lancaster. Awards will be given to the top three finishers in each age group and top overall male/female. Pre-registration is \$20 per person (includes race day shirt); pre-registration must be postmarked by Nov. 6. Children 13 and under are free. Register online at <http://fmc-turkeyday5k.itsyourrace.com> or register the day of the race for \$25 per person. For more information, contact ext. 6822.

## FMC United Way Goal For This Year is 320 Pledges

This year, the United Way Campaign will run from Oct. 26-Nov. 6. There are more than 30 agencies countywide providing assistance to people in need in the areas of education, health and income. Highlights include:

- Raffle prizes that include a weekend get-away for two, an oil-less fryer, pizza for a year, meal tickets for the cafeteria for six months, (awarded to two people) one month of free training at SWET gym, painting class for four people from Two Broke Artists and four gift certificates from Fred Astaire Dance Studio.
- Everyone making a contribution will get five raffle tickets and individuals donating a Fair Share will receive 20 raffle tickets.
- Anyone returning the pledge on the first day will automatically receive five extra tickets. On the first day of the campaign, a member of the United Way committee will be in the cafeteria collecting pledge cards.
- We will feature a hot dog bar on Oct. 26 for a price of \$5. Half of all money collected from hot dog bar sales will go to the United Way.
- We will feature a family four pack

spaghetti dinner, with half of all money going to the United Way.

- Once again, all departments are encouraged to put together a department gift basket. I know some departments are already planning their baskets and I am hearing about some really creative ideas. The department gift baskets are huge source of money for the campaign and our goal is to exceed last year's total of 20 baskets. This also represents a great team building opportunity for each department. The department whose basket sells the most tickets will get a free pizza lunch for all shifts. Remember no vendor solicitation and no hospital funds are to be used.

More information to come. The United Way Campaign provides an excellent opportunity for FMC to demonstrate its leadership role in the community, as well as helping people in need in our community. Among other things, funds from the United Way help victims of domestic violence, provide help for substance abuse victims, provide youth mentoring for kids that need an adult role model and feed the hungry. Call John Belin at ext. 8127 for more information.