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Monday Morning



FMC Nurses Complete Pathways to Practice p. 3

We Decked the Halls With Good Cheer p. 2

Twig 12 Hosts Cookie Auction to Benefit FMC Patients



From left: Twig members Lois Bowers, Neva Nameth, Mary Lou McDaniel, Margaret Wolfinger, Twig 12 president Alice Giles, Barb Jacobs, Jean Schmelzer and Keely Pearce, FMC Foundation.

More than \$1,000 dollars was raised on Dec. 18 during the Twig 12 Christmas Cookie Auction, which was held in the café. Amanda Strigle of the FMC Foundation auctioned off 46 plates of cookies during

the event (more than 500 cookies in all!), in which all proceeds will benefit the Script Assist Gap Fund. This was the first year for the cookie auction; the Twig 12 members said they had seen the success of the FMC

pie auctions and felt that a cookie auction would be a good fundraiser since "everyone loves cookies!" Thank you to everyone who bid on these delicious Christmas cookies!

Students at LHS Help FMC

Students at Lancaster High School recently came together to help Fairfield Medical Center collect more than 8,000 pounds of food for the hospital's Spirit of Christmas food drive. Students collected the food on Dec. 11 during a hot chocolate social at the high school, and then donated everything to Fairfield Medical Center. Jim Crist, an intervention specialist at Lancaster High School who helped coordinate the drive with Heart Failure Coordinator Brittany

Meszaros and the FMC Foundation, said there was great participation from the entire student body. "The high school is full of caring students that always help out when there is need," he said. "The canned good collection was a way for us to get students to come together and have a hot chocolate social, but also help our community." *Pictured right are students from LHS along with Principal Jack Greathouse, Dean of Students Jon Spires and Keely Pearce, FMC Foundation.*



From the Chief's Desk

I would like to take this opportunity to review the financial results for November 2015.



Volumes & Revenue

- Total gross revenue for the month was nearly 4% above budget on higher than expected Cardiovascular, Emergency, Lab and Radiology charges.
- The higher gross charge revenue along with the recording of \$700,000 in meaningful use reimbursement revenue, made for revenue for the month that was 5% above budget. Year-to-date our net revenue is nearly 2% above budget.

Expenses

- All expense categories except Overhead expenses, were well above budget for the month. Overhead expenses were significantly under budget thanks to a \$1.1 million adjustment to decrease year-to-date malpractice expense as we received a favorable actuarial report predicting that we are at a low risk level of incurring potential future malpractice claims.
- In total, November expenses were over budget by 1%. Year-to-date, our expenses are over 3% above budget.

Summary

- The recording of the one-time meaningful use revenue and malpractice expense adjustment helped us achieve a 6.1% gain from operations in November. This result was better than our 2.4% budget target for the month.
- After adding in the results from our interest in Diley Ridge and other related entities, our total margin was a 7.3% gain as compared to a 3.6% budget target.
- Year-to-date, our operating margin is now at a 0.8% gain as compared to a 2.0% budget target and a 3.1% gain at this same time last year. Our year-to-date total margin is at 2.6% as compared to a 3.6% budget goal and a 4.7% gain at Nov. 30, 2014.

Our November and year-to-date financial results were positively impacted by the adjustment we were able to make to reduce year-to-date malpractice expense. This demonstrates how consistent, high-quality, patient-centered care can have a positive impact on the financial sustainability of FMC.


Sky Gettys, Chief Financial Officer

Centennial Corner

Initial plans for the hospital included being under roof by September, 1915, and open for business by December. However, due to many delays, that was not the case. Slow arrival of stone, bad weather, finances, and final details incomplete from contractor, prevented opening until an entire year later in October 1916. When ready, it was listed as "finest of its kind in the U.S." A 30-bed hospital, but 50 patients could be accommodated owing to the large rooms that were also connected by telephone. To avoid noise, a system of lights was installed for calling nurses. Two porches sat on the east/west wings, an outdoor sleeping quarters was available on the roof and could be set up at any time, and a roof garden was built for the benefit of patients. Most impressive at the time was the quantity of bathrooms. Everywhere you turned was a wash place, bath tubs, sitz baths, shower baths, foot baths, and washstands in many shapes and sizes. Additionally, Lancaster Municipal Hospital had an electric, automatically controlled elevator with the latest known safety devices, and opening the door at any time stopped the elevator instantly. Adapted from Lancaster Daily Gazette July 15, 1916.

HR Corner

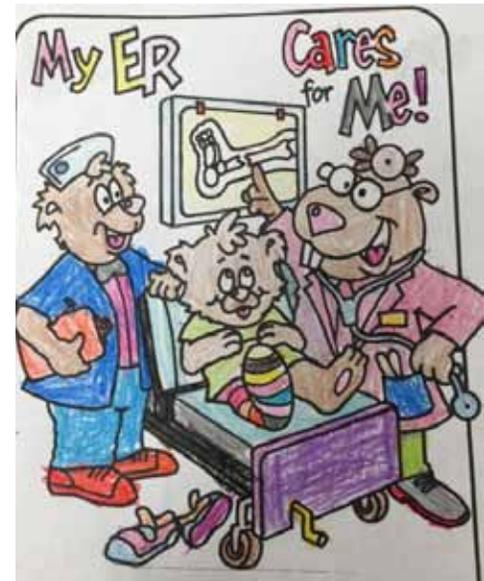
Accounting and Human Resources are pleased to announce that we will have a 27th pay period in 2015; normally there are 26 pays a year. The decision was made to move up our normal pay from Friday (Jan. 1, 2016) to Thursday (Dec. 31, 2015) due to New Year's Day and banks closed. What this change means for you:

- The only deductions scheduled to be withheld from this check will be 401K and 403b elections.
- There will be no benefit deductions withheld from this pay check.
- All applicable Federal, State and City taxes will be withheld.
- Regular deductions, such as cafeteria, coffee bar, gift shop, Kroger's, etc will be withheld.
- The Dec. 31, 2015 pay check will be included in our 2015 W2, provided later in January.
- Our 2016 benefits elections will be withheld for the first time on Jan. 15, 2016.
- Please do not be alarmed when no benefit deductions are withheld from our Dec. 31, 2015 pay check.

Please contact Human Resources at ext. 8017 with additional questions.

We Decked The Halls with Good Cheer!

FHP would like to sincerely thank each and every employee who had a child submit a coloring page. The pages brought many smiles to us and now we will share them with our patients to brighten their day! The winners from ages 7-13 category were Taylor (Alisia Wise, FHP Ophthalmology) first place for her Reindeer coloring on front page and Austin (ReGina Hines, FHP Practice Manager) second place for his tree on the front page. For ages 6 and under, first place went to Raegan (Lois Elson, FHP Pulmonology) and Isabella, second place for her Santa Claus coloring on front page (Ranee Fauble, FHP Neurology). Honorable mentions for effort goes to: Landen and Adelyn (Jill Winters), Tessa and Nyah (Jolie Lawrence), Morgan (Heidi Reed), Hayden (Heather Talbot), Cole (Ron Rowley), Korah (Lois Elson), Addy and Evan (Yvette Christopher), Alexis (ReGina Hines) Regan and Jase (Barbie Stumbo), and Ayla (Angie Purcell).



Above is first place winner (ages 6 and under) Raegan (Lois Elson- FHP Pulmonology).

You can easily get the **Monday Morning** emailed to you by reaching out to Risha Wagner, Marketing and Community Services, by calling ext. 6494 or rishaw@fmchealth.org.

MONDAY

Patricia Coleman, Case Management
Denise Gobble, Fourth Med./Surg.
Susan Kyanko, Psych.
Alesha Riffle, Quality Outcomes
Betty Withem, Central Transport

TUESDAY

Kelsey Clement, Maternity
Jodie Cremean, Case Management
Lisa Dillon, Surgery Assessment
Ryan Griffin, Pharmacy
Estella Parks, Lab, Chemistry
Julie Tharp, Pharmacy
Sarah Warehime, Cardiac Cath
Jill Winters, FHP Cardiology

WEDNESDAY

Sharon Bentz, Housekeeping
Jacqueline Glass, FDI
Jessica Haven, Registration
Latricia Johnston, Administration
Loretta Locke, Fifth Med./Surg.
Jamie Ratliff, Surgery River View
Ashley Spires, Learning & Development
Tina Torr, Contracts & Collections
Morgan Wollenberg, Lab, Phlebotomy
Diane Wyrick, ICU

THURSDAY

Scott Baker, M.D., FHP Old Schoolhouse
 Family Practice
Suzanne Cox, Registration
Jennifer Dicken, Cardio Services Mgmt.
James Evans, Materials Management
Holly Miller, Fifth Med./Surg.
April Nicholson, Emergency Dept.
Clare Severns, Endoscopy
Rebecca Wolfe, Maternity

FRIDAY

Natalie Curtis, Surgery
Gary Ingo, Patient Representative
Kara Smith, Endoscopy
Angela Spencer, MIS
Michelle Williams, Fourth Med./Surg.

SATURDAY

Brittany Blosser, MIS
James Burger, Lab, Bacteriology
Kimberly Glosser, Ewing Square
Evin Jerkins, D.O., Family Med. Resident
Traci Kachenko, 2 Surgical
Louella McClaskey, Volunteer, South
 Registration, Cookie Cart, Marketing
Donna Runyon, Orthopedic Unit
Nancy Stone, Fifth Med./Surg.
John Whitlatch, Dietary
Miranda Williams, MIS

SUNDAY

Carol Alford, Lab, Colonnade
Megan Berry, Third Med./Surg.
Brittany Fox, Housekeeping
Julie Goss, Volunteer, Patient Pal-4/5
Jessica Jackson, Observation Unit
Jane Kibble, Medial Information Services
Mary Krannitz, Wound Therapy
Crystal Tolliver, Third Med./Surg.
Nathaniel Welsh, 2 Surgical

Electronic W2 – Sign up!

One of the great features we have available with the API Healthcare Human Resources and Payroll software is an ability to make your W2 form available to you via the Employee Self-Service (ESS) site. The greatest advantage of selecting this electronic delivery option is that you will gain access to your W2 form much earlier in January, rather than waiting on a paper form to be sent to you. By selecting this electronic option, the Accounting department will not print or mail you a paper copy of your W2 form; however, you will have the ability to access, view and print your W2 form as often as you want.

For this option to be available to you, you must sign up. The following are the steps you need to take in ESS in order to activate this feature:

1. Log into the ESS system.
2. Click on the "Personal Information" option under the Employee tab.
3. Scroll down the screen to the "Electronic Consent" box and check mark the "W-2 Statement box."
4. Click on "Save."

It's that simple, so please log onto ESS and elect this option by no later than Dec. 31 so you may have this electronic W2 delivery option available for you.

FMC Nurses Complete Pathways to Practice

Fairfield Medical Center congratulates the 12 nurses who recently completed Pathways to Practice, FMC's nurse residency program. These nurses have participated in a year-long program of classes which culminated in a residency program celebration on Dec. 8. During the celebration, the nurses presented posters about the evidence based patient care improvement projects they completed as part of the program. The Pathways

to Practice nurse residency program provides graduate nurses with the tools they need to successfully transition into nursing roles at FMC. *Pictured on front standing, (from left): Peter Dennis, Jessica Wiseman, Claire Warren, Buffy Ruff, Kaylie Cunningham and Matt Mathias. Seated (from left): Megan Hall, Tania Neater and Stacy Hardwick. Ashlee Skibinski, Kate Mariscal and Shannon Lafferty are not pictured.*

Campaign to Educate Staff on Winter Safety

While the weather may be unseasonably warm right now, we all know that it can change in an instant! Winter weather can be unpredictable and cause a lot of problems for people when they are driving and walking to and from work. At Fairfield Medical Center, we want all staff to take control of their safety when bad weather strikes. In January, staff will be assigned a MOST about how to



safely walk and drive in snow and ice. Keep an eye out for a series of educational "Winter Weather Safety" fliers that will be posted throughout the hospital between now and the end of January to educate staff about this topic. If you have any questions about winter safety, contact David Chenault, Occupational Safety Coordinator, at ext. 6925 or by email at davidc@fmchealth.org.

Share Your Patient Story

Do you know someone who has a great story about the care he or she received as a patient at FMC? The Marketing and Community Services department wants to hear their story! We are looking for patients who would be willing to give a testimonial about their experience and the impact it had on their life. These testimonials may be shared through various marketing avenues, including the website, social media, video, advertising and/or print. All patients who wish to participate must be willing to be photographed. If you know of a great patient story, please contact Michelle George in Marketing at ext. 6636 or michellege@fmchealth.org.

Flu Shots For Your Family

Did you know that the spouses and dependents of FMC employees can receive a FREE FLU SHOT from Kroger pharmacy? As long as they are covered under the Center's insurance plan, they can receive their vaccine at any Kroger pharmacy, no appointment needed!

Other covered vaccines given by Kroger include pneumonia (including the new Prevnar-13), Zostavax (shingles), Tdap and many more. Call ext. 3535 with any questions.

Oxygen for the Soul

"I spell faith R-I-S-K." - John Wimber
(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

Hospital Happenings

Retirement Open House in Honor of Dr. David Dunbar

Join us Dec. 28 in FMC Assembly Room 2, 1-3 p.m. to congratulate David Dunbar, M.D., who will be semi-retired at the end of the year! Although he still plans to work once a month, he is looking forward to lots of golf, traveling, going to grandchildren's events, and spending time with his lovely wife, Diane. Please plan to stop in and wish him well!

Childcare and Baby-Sitting Safety (CABS)

Children ages 11-15 will learn what to expect at what age and how to positively discipline, as well as CPR and Foreign Body Airway Obstruction Training. The next class is Dec. 30 from 8:30 a.m. to 3:30 p.m. Registration is required by calling 740-687-8007. The fee is \$35 per person and will be held in the FMC Assembly Rooms.

Wellness News

Build a BETTER YOU Series

Prepare yourself to be a BETTER YOU for 2016! The following Lunch and Learn series are brought to you by the FMC Health and Wellness Team. These classes are held in Assembly Room 2 from noon-12:30 p.m. on the Wednesdays noted below. Register to attend any or all of these events by calling 740-689-6822. Pre-registration is required and lunch will be provided.

S.M.A.R.T. Goals with Aaron Adams

Join us Jan. 13 to learn how to successfully set and keep goals without getting burned out.

Pantry Makeover with Kate Kanner, R.D., L.D. - Give your pantry a healthier look for 2016 on Jan. 27.

Everyday Exercises with Aaron Adams

Whether you have five minutes or 60 on Feb. 10, we will show you exercises you can fit into your daily schedule.

Recipe Challenge Workshop with the Wellness Team - Prepare and try two tasty dishes from the recipe challenge on Feb. 24.

Saving for the Future with Vince Carpico, Fairfield National Bank - On March 9, learn expert money saving and financial planning tips about establishing a budget, emergency funds, savings rates and pension benefits.

Desk Pilates with Stacey Scarmack

This is your official office workout! On March 23, learn how to stay fit while working.

Suzi McClaskey-Feichter Retirement Tea

Suzi began her career at FMC in 1993 as Supervisor at VNA. In 1997, she transferred to Case Management as a Case Coordinator and was promoted to Supervisor in Case Management in 2008. In 2013, she transferred to Medical Information Services as a CDI/Revenue Integrity Specialist. Suzi is looking forward to lots of traveling, camping, gardening and spending time with her grandchildren. Join us at her retirement tea in Assembly Room 1 on Jan. 7 from 1:30-3:30 p.m. to celebrate her career at FMC.

Interested in Furthering Your Education?

Ae representative from Ohio University will be in the Cafe during lunch hours on Thursday, Jan. 7. If you have any questions, please contact Learning & Development at ext. 8491.

Gynecological Cancer Education Information/Caregiver Support Group

Join us from 7-9 p.m., the second Tuesday of every other month for a gynecologic cancer support group meeting. The next meeting is scheduled for Jan. 12 in Assembly Room 3 and the topic is "Caring for yourself, stress relief techniques." We will discuss gynecological cancer (ovarian, uterine and cervical cancer) and allow you to relate with others. For questions or more information, call 740-277-6941 or mytealfriends@gmail.com.

Discover Your Strengths

Do you know what your strengths are? If not, our Strengths Finder class is perfect for you! Through an online strengths assessment, you will discover your top five strengths. In class, you will gain insight on how to embrace your unique strengths to help improve job performance and satisfaction. The Strengths Finders class will be Jan. 29 and will be led by Debbie Palmer. For more information on the class, contact Learning and Development at ext. 8491.

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com

Fairfield Medical Center's Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Join us for Bingo Boogie on Saturday, Feb. 27 from 6-11 p.m. Admission: FREE (adults-only event) Bingo starts at 7 p.m. and doors open at 6 p.m. Boogie with DJ Jon Bauer after Bingo (about 9 p.m.) Snacks will be provided and a cash bar will be available. Special 50/50 raffle to benefit the Employees Helping Employees Fund (drawing at 10:30 p.m.) The VFW Post 1380 located at 1131 Sugar Grove Rd. SE. For more information, contact Amy Black at ext. 8241 or Kellie Sharp at ext. 6822.

Chicago St Patrick's Weekend Bus Trip March 11-13. Enjoy a fun-filled weekend watching the parade, seeing the river dyed green, and experiencing all the Windy City has to offer. Registration form, release of liability form, and trip information can be found on the Employee Activities button.

Ice skating at OU's Bird Arena in Athens. This FREE event will be held Saturday, March 19 from 1-4 p.m. Refreshments will be available for purchase. Free skate rental or bring your own skates. No reservation needed.

COSI discount tickets good for ANY DAY throughout the rest of 2015! Your FMC group price: \$10 per ticket (all ages) Save up to 48 percent off! Polar Express Weekend is Dec. 13 and 14.

Join us at the Cleveland Cavaliers vs. Boston Celtics game on March 5 at 7 p.m. Tickets are \$132 each for lower level seats (Section 100,101) and upper level seats (Section 225,226,227). Tickets include Court of Dreams package, which allows all participants to shoot on the official Cavs hardwood court following the game. Deadline is Dec. 31.

Harlem Globetrotters 2016 World Tour on Tuesday, Dec. 29 at 1 p.m. or 6 p.m. at the Schottenstein Center. Tickets starting at \$21.50.

Ohio State vs Minnesota Men's Hockey Feb. 13, 2016 at 1 p.m. Tickets are only \$9 each. Reservation form can be found on the Intranet.

Did you know that FMC employees can get discounted tickets to **Broadway shows** that come to Columbus? Please see the FMC Intranet/Employee Activities button for ordering instructions and season schedule.

Order forms can be found on the FMC Intranet/Employee Activities button for any of the above listed events.