

People you know. Care you trust.

Monday Morning



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Dr. Hampton Speaks at GME Accreditation Council (ACGME)

On Feb. 27, Troy Hampton, D.O. and Joyce Jadwin, Psy.D, of the Centers for Osteopathic Research and Education, spoke at the Accreditation Council for Graduate Medical Education in Washington, D.C.

The ACGME is an annual conference for all ACGME-accredited residency program administrators, directors and institutional sponsor directors to disseminate updates and provide learning opportunities to improve the delivery of graduate medical education throughout the country.



Dr. Hampton's presentation, entitled "Strategies for Incorporating Osteopathic Recognition" aimed to provide practical insight into accomplishing and maintaining osteopathic recognition for ACGME-accredited programs that desire to teach osteopathic principles and practices.

"The presentation allowed Fairfield Medical Center to be in the spotlight nationally, as home to a Graduate Medical Education program that has something to offer such a venue," Dr. Hampton said. "As we seek ACGME accreditation, on-going partnership with Ohio University Heritage College of Osteopathic Medicine and opportunities to shine on a national stage are affording our GME programs the chance to lead in the evolution of graduate medical education as both M.D. and D.O. programs merge into a new and synergistic endeavor to educate our future physicians."

Happy National Doctor's Day



Doctors by Choice. Superheroes by Trade.

National Celebration March 30
FMC Celebration March 18

Special thanks to our highly skilled physician partners who go out of their way for their patients and their community. You deliver advanced care around the clock to many patients in need without hesitation and you are our everyday heroes!

Centennial Corner

Don't miss Latricia Johnston, Centennial project director and Ed Payne, M.D., talking about 100 years of care at FMC on WLOH radio 104.5 fm and 99.3 fm on March 19 at 8 a.m. and March 20 at 8:30 a.m. **You also can check out the Centennial Historical Archive Room on the first floor across from the staff elevators in the old surgery waiting room.** The archive room is open on Wednesdays from 1-3 p.m.

FMC Cheers on the Cavs



Approximately 100 employees, family and friends enjoyed the Cavs basketball game on Saturday, March 5. After the game, everyone was able to enjoy some time on the court with the Court of Dreams package. Special thanks to event coordinator, Jennifer Dicken, Quality, for hosting this fun event. Pictured above is Stacie Robinette, FHP patient registrar, with her sister-in-laws, Amy and Renee. Pictured on front page is Nesha Slone, Diley Ridge team leader, with her husband and stepsons.

Sharp Nominated as EAC Chair

The Employee Activities Committee is happy to announce Kellie Sharp, Wellness, as the new co-chair of the committee. Kellie joins Wendy Travis in leading this amazing group of employees dedicated to providing fun and valuable events for FMC staff, physicians and volunteers. Kellie has served on the EAC since April 2013 and has hosted several successful events, including our recent Bingo Boogie event. Please join us in congratulating Kellie on her new role. Pictured above is Kellie with her daughter Kayla.



CSA Programs Make a Difference

Do you LOVE fresh produce but don't have time for a garden? A Community Service Agriculture (CSA) program may be the answer you are looking for. A CSA program is a partnership between the farmer and the community. They are a great way to bring a variety of fresh, high quality produce into your home all summer long! Families and individuals who join a CSA will receive "shares" of produce each week during the growing season. Typically running mid-May to early October, CSA members can experience 75-100 types of greens, vegetables, melons, squash and herbs. Shares can be purchased in various sizes depending on your needs. FMC is excited to be partnering with Schultz Valley Farms again. They will provide weekly drop-offs at FMC and payroll deduction is available. For more information about our local CSA programs, contact Kellie Sharp in Health and Wellness at ext. 6822. Please note that the deadline to sign up is May 10.

HR Corner

Celebrating National HR Week . . . Get to Know Who's Who in HR

The Human Resources department has undergone a facelift! Over the last several months, many of us have transitioned into new roles and we have welcomed some new team members! Below is a snapshot of our members.

Chief Human Resources Officer: Debbie Palmer, Chief Human Resources & Compliance Officer; ext. 8364

Manager: Missy Clum, Human Resources, Wellness, Employee Health Manager & Interim FMC Foundation Manager; ext. 8122

Administrative Support: Becky Baker, Administrative Secretary; ext. 8015/Ginger Reed, Human Resources Assistant; ext. 8017

Benefits Team: Ron Rowley, Team Leader (Total Rewards); ext. 8339/ Abby Mulholland, Leave Management Coordinator; ext. 6873/Tammy Vanatta, Benefits Representative; ext. 8984

Centennial Planning: Latricia Johnston, Centennial Project Lead; ext. 8348

Compensation: Janet Cooper, Compensation Analyst; ext. 8121

Compliance: Cheryl Henney, Compliance Coordinator; ext. 4449

Employee Relations: Melony Rarick, Employee Relations Coordinator; ext. 8194

HRIS/TASS: Hondre McNeil, HRIS Coordinator; ext. 8123

Policy & Procedures: Gregg Witham, Policy & Procedure Coordinator; ext. 8676

Recruitment & Onboarding: Kim Kirchgessner, Onboarding Representative; ext. 8544/Mark Manning, Recruitment Specialist; ext. 6919/Jared Schoenlaub, Recruitment Specialist; ext. 8008

ESS (Employee Self-Service)-School District Tax

Please review your bi-weekly earnings statements in ESS. As a learning tool for our employees, we would like to highlight the school district taxes so that you are assured that your withholdings are accurate. Follow the simple steps listed below to confirm that your SD taxes are being taken out accordingly.

- Login ESS
- Select Human Resources Tab
- Select Personal Information Tab
- Under the Address section, beneath the City, State, County box, you will find the School District drop down box

Use the drop down box and select your school district. This is the field that drives the school district tax withdrawal. We recommend you look at this field on a regular basis to assure the school district tax continues to be withheld throughout the year. Your Human Resources Department will be happy to help you to navigate through this area if help is needed. We may be reached at 740-687-8017.

Volunteer with the EAC

The Employee Activities Committee is looking for new members. If you are interested in joining, please contact Kellie Sharp at ext. 6822 or Wendy Travis at ext. 8395 for more information. As always, please remember to send our committee any suggestions you have for events and also your pictures from events that we might publish in the Monday Morning newsletter or post on our FMC Facebook page or Twitter feed. We look forward to providing our FMC family another great year of activities!

Scholarship Opportunity

The Fairfield County Medical Alliance is once again offering its medical scholarship. This scholarship is available to any student who is a resident of or works in Fairfield County and wishes to pursue a degree in the healthcare field. The money may be used for tuition, books or housing. Last year, the Medical Alliance awarded more than \$10,000 to area students. The deadline for the scholarship application is

April 4. A committee of local professionals selects the recipients of the scholarships. Selection is based on quality of application, how well the student meets the criteria, need, character and motivation of applicant. Applications will be available in Human Resources. If you have any questions, contact Amy Woo at 740-277-7922. We look forward to hearing from many great students again this year.

Submit a Poster for Nurses Week

The Nursing Research Council is sponsoring a poster presentation to highlight FMC staff's achievements in research and evidence-based practice. Nurses, physician residents, pharmacists, dietitians and ancillary staff are invited to submit an abstract by April 1. Poster presentations will be held May 5 during the Nurses Week celebration.

- The abstract should be brief, 100-200 word paragraph that conveys the main purpose of the project and conclusions.
- Send your abstract to Colleen Tripp, Third Floor at colleent@fmchealth.org.
- Evidence-based/research posters done within the last two years also will be accepted.

- Nursing Research Council members and Marketing are available to assist with questions/help with formatting details.
- **Deadline for submitting your completed poster is April 29.**
- Participants should be available to present their poster at times to be announced.
- Posters will be judged by the Nursing Research Council members.
- Awards presented to the top three posters.
- Winners will be asked to do a 20-minute presentation on their poster project during Hospital Week from May 9-13 (specific day and time to be announced).

Welcoming New Employees

Join us in welcoming the following employees who joined the team on June 1:

- Allison Angle, 2 Surgical
- Cody Bell-Sharp, 4th Med./Surg.
- David Burt, Environmental Services
- Kimberly Cherry, 5th Med./Surg.
- Tolley Colley, FHP-Revenue Cycle
- Zachary Conrad, Environmental Services
- Kedith Dittmar, 4th Med./Surg.
- Connie Eck, Surgery
- Laurie Geigle, 2 Surgical
- Sandra Harmon, 5th Med./Surg.
- Ashley Hedges, 4th Med./Surg.
- Courtney Maguire, FHP Cardiology
- Sandra McClain, 5th Med./Surg.
- Joseph Mulrooney, Emergency
- Ashley Persinger, Housekeeping
- Darlene Radel, Quality Services
- Vickie Savaggio, Respiratory Therapy
- Malak Tadres, FHP
- Michaelia Thimmes, 2 Surgical
- Kenyatta Waters, FHP Rheumatology

Poster Workshop

Attention Poster Presenters for Nurses Week (May, 5): Nursing Research Council is sponsoring a Poster Workshop March 31 from 2:30-4 p.m. in the Second Floor Conference Room at FMC. Register in TEDs, Session: FMCH000FC9.



Congratulations to Joseph Ball for receiving his CT certification in February. He is now a registered CT technologist. Way to go Joseph!

Get the Monday Morning via Email

To get the **Monday Morning** emailed to you, contact Risha Wagner, Marketing, at ext. 6494 or rishaw@fmchealth.org.

Birthdays

MONDAY

Janice Brenstuhl, Graduate Medical Education
Taryn Dunn, Transitional Work
Troy Hampton, D.O., Graduate Medical Education
Eileen McClellan, Surgery
Elizabeth Sullivan, Contracts/Collections

TUESDAY

Melissa Ballenger, Emergency Dept.
Eric Boyer, ICU
Jovetta Hampton, Dietary
Gloria James, Lab/DHS
Kathleen Shoultz, Housekeeping
Risha Wagner, Marketing/Community Services

WEDNESDAY

Cheryl Crist, Volunteer, North Info. Desk
Bonnie DeHaven, Volunteer, Patient Pal
Jay Donahue, Volunteer, Chaplain Services
Melissa Finnicum, Housekeeping
Ashley Gustin, Surgery River View
Ashleigh Johnson, Housekeeping
Jennifer Ranegar, Lab/Hematology
Brenda Winegardner, Contracts/Collections
Elizabeth Zellers, Pharmacy

THURSDAY

Dustin Geil, Lab/Histology
Sherri Stephenson, Maternity
Lea Strawn, Lab/General
Kristen Whitmer-Beatty, Fifth Med./Surg.
Jennifer Wile, ICU

FRIDAY

Jamie Arnett, PCU
Ashley Boyer, PCU
Alecia Buck, Surgery
Kevin Chase, Radiology/General
Janice Lutes, Lab/Chemistry
Joel Morton, Surgery
Hannah Pellett, Emergency Dept.
Megan Redman, 2 Surgical
Donna Stalter, Marketing/Community Services
Brandee Stemen, Third Med./Surg.
Stacy Thompson, Endoscopy

SATURDAY

Luz Bailey, 2 Surgical
Jeremiah Jenkins, Radiology/General
Michelle Markielowski, Surgery
Lori Underwood, FHP Family Medicine of Amanda

SUNDAY

Kelly Baker, Recovery/Pacu
Victoria Hicks, FHP Family Medicine of Carroll
Katherine McIntosh, Central Sterile

Show Your Appreciation to Your Everyday Superheroes – Help Us Celebrate Doctor's Day

Physician Relations is hosting a table in the Cafeteria featuring a special thank you card you can fill out in honor of National Doctor's Day on March 30. Please fill out a card before March 17 to honor a doctor that has made a difference in your life. FMC

will be celebrating National Doctor's Day on March 18 with the medical staff in the Assembly Rooms, so don't forget to fill out a card to show them how much you care. For questions or more information, please contact Karen Rotkis at ext. 8029.

Step 1: CREATE A HOME INVENTORY

Having a home inventory can help you recover from a disaster, minimize stress, and help you get your life back on track. Create a detailed management inventory of your home possessions and emergency supplies. A list of your home possessions, complete with photos, serial numbers and warranty information is crucial when attempting to make a insurance claim for damaged or stolen items. Your emergency supply inventory should consist of quantities on hand of stored water, food, medical supplies, etc. When doing inventory of your stored food, remember to include the brand, type, contents, quantity, and expiration dates.



20 Steps to Ready is your tool to help you on your way to preparedness. Please view, print or download your copy of 20 Steps to Ready from the home page of our intranet.

"An ounce of prevention is worth a pound of cure." ~Benjamin Franklin



Attention Staff: Recycling Center

Please do not forget to use the Recycling Center located outside of the Human Resource office. You are able to recycle plastic grocery bags, Yoplait yogurt lids, cell phones, batteries and eyeglasses. Let's do our part by utilizing this center and reducing our impact to the environment.

Ohio State Tickets for Sale

Human Resources has Ohio State Football tickets for sale for their annual spring game on April 16. The game is scheduled to begin at 1:30 p.m. All tickets are general admission and are \$4.50 per ticket. Included in the price is a Men's Lacrosse game between Ohio State and Michigan. This game will begin at 11 a.m., with the "Scarlet vs. Gray" game beginning immediately after. This would be a great opportunity for you and your family to see the Ohio State "Horseshoe" and enjoy an afternoon of sports. This has become a big sporting event at OSU and fans go early to tailgate, just like in the fall before each game. The tickets do not have seat numbers, so it's a first-come, first-serve basis. The earlier you go, the better chance you have at getting the best seats available. All patrons seven years of age and older entering the stadium must have a ticket for entry. Any youths six years of age and under are free of charge and do not need a ticket. Tickets are on sale now in Human Resources and can be payroll deducted or paid for with cash. Tickets are only on sale until April 1. After that date, you may purchase tickets at the gate the day of the game for a higher price. If you have any questions, please contact Human Resources.

FMC Donates to a Good Cause

I can't tell you how thankful I was when I stopped by to pick up the Pet Food collection which was promoted by Fairfield Leadership students from the



Pictured on front, left and above are staff and Meals on Wheels representatives proudly displaying the donation that has made such a difference.

hospital. How can we possibly thank you enough for the crazy amount of food you all collected in five days? The grand total:

- Dog: 1,103 cans; 177.2 lbs.
- Cat: 1,271 cans; 73.5 lbs; 166 lbs. litter
- Grand Total – 2,374 cans; 250.7 lbs.; 166 lbs. litter and \$26.

Thank you to FMC for caring about our seniors and their pets! Thanks again for the incredible donation to Meals on Wheels "Food 4 Paws" program. ~Kind Regards, Anna Tobin, executive director for Meals On Wheels

You're Invited Heart Health Tea

Saturday, April 9
at 1:30 p.m.

Crossroads Event Center
2095 W. Fair Ave. in Lancaster



Mark your calendars if you are an adult looking to increase your knowledge regarding heart health.



\$10 per person. Light lunch provided.
RSVP to 740-687-8007, opt. 4





Experience the Commitment

A colonoscopy can catch colorectal cancer while it's still treatable – that's why FMC is making sure patients don't put them off.



“Early Detection is the Key”

Shelly Romine is not embarrassed to ask others if they've scheduled their annual colonoscopy. As an oncology nurse navigator at Fairfield Medical Center, she has seen how this simple procedure can save countless patients from a late-stage colorectal cancer diagnosis. “The second-leading cause of cancer-related death in the U.S. among men and women is colorectal cancer – yet it remains one of the most preventable,” Shelly said. “A colonoscopy is the gold standard to detecting this type of cancer when it's in its most treatable stage.”

Ohio is one of 11 states with the highest mortality rate related to colorectal cancer. Only 59 percent of adults 50 and older report being up to date with their colorectal cancer screenings. Through an American Cancer Society initiative called “80% by 2018,” organizations like FMC are working toward increasing that number to 80 percent by 2018.

You can help change this statistic. If you are 50 and older or you have a family history of colorectal cancer, do not wait to schedule your annual colonoscopy. At FMC, we are committed to educating patients about the importance of early cancer detection.

Talk to your primary care physician today. Get tested!

FMCHALTH.ORG



Hospital Happenings

Visiting the Doctor Storytimes

FMC is celebrating its 100th anniversary! The library is joining in the celebration by offering a special "Visiting the Doctor" storytime at each of our library locations. They will have stories, songs, crafts and activities all themed around going to the doctor. For information regarding age limits and registration, contact the library branch hosting the program.

- Johns: March 28 at 11:15 a.m., 6 p.m.
 - Northwest: March 29 at 11 a.m.
 - Baltimore: March 30 at 10:30 a.m.
 - Bremen: March 31 at 10:30 a.m.
 - Main Library: April 2 at 10:30 a.m.
- For more information, call 740-653-2745.

Childcare and Baby-Sitting Safety Class

Children ages 11-15 will learn what to expect at what age and how to positively discipline, as well as CPR and Foreign Body Airway Obstruction Training. The next class is March 26 from 8:30 a.m.-3:30 p.m. Registration is required by calling 740-687-8007. The fee is \$35 per person and will be held in the FMC Assembly Rooms.

Leadership STAT class: TASS Reports & Functionality

Presented by: Hondre McNeil, HRIS and Nicole Lobo, TEMPO Education Coordinator

- Monday, March 28, 8-10 a.m.
- Monday, March 28, noon-2 p.m.
- Tuesday, March 29, 8-10 a.m.

Register in the Talent & Development Center with keyword: TASS Functionality or call Learning & Development at ext. 8491 for further assistance.

Discover Your Strengths

Do you know what your strengths are? If not, our Strengths Finder class is perfect for you! Through an online strengths assessment you will discover your top 5 strengths. In class you will gain insight on how to embrace your unique strengths to help improve job performance and satisfaction. The Strengths Finders class will be April 12 and will be lead by Debbie Palmer. For more information, please contact Learning and Development at ext. 8491. "Success is achieved by developing our strengths, not by eliminating our weaknesses." ~Marilyn vos Savant

State of the Center

Join us Wednesday, April 13 at the Liberty Center, located at 951 Liberty Drive in Lancaster. The reception with light hors d'oeuvres will start at 4:30 p.m. and the presentation will begin at 5:30 p.m.

Please RSVP by April 8 by calling 740-689-6839.

Spring Tea at the Georgian Museum

Join the Fairfield Heritage Association to celebrate the women of Fairfield Medical Center's 100 Years of Caring on Saturday, April 16 at 4 p.m. Enjoy three courses of savories, sweets and endless tea served in the elegant 1832 mansion built for Sarah and Samuel Maccracken. Visit our spring exhibit "Doctors in the House," a collection of early medical equipment used by local physicians. Cost is \$35 per person and reservations are required. Please call 740-654-9923 to RSVP. Tickets go on sale March 1 at 9 a.m.

Wellness News

Build a BETTER YOU Series

The following Lunch and Learn series is brought to you by the FMC Health and Wellness Team. These classes are held in Assembly Room 2 from noon-12:30 p.m. Register to attend any or all of these events by calling 740-689-6822. Pre-registration is required and lunch will be provided.

Desk Pilates with Stacey Scarmack

This is your official office workout! On March 23, learn how to stay fit while working.

Colonoscopy 101 With David

Hasl, M.D. - Join us Tuesday, March 29 in Classroom Alpha. Overcome the fear of colorectal exams by learning the basics of a colonoscopy.

Lunch and Learn: Heart Block

Confused about heart block when reading a rhythm strip? You are not alone. These can be some of the most difficult rhythms to interpret. Please bring your lunch and join us for the Lunch 'n Learn: "The 1,2,3 of Heart Block" with Dr. Mahmud. This informative session will be held on Wednesday, March 23 from 11 a.m.-noon in the 2nd Floor Conference Room. See you there!

Oxygen for the Soul

"In order to change, we must be sick and tired of being sick and tired." ~Unknown

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

• **Vera Bradley Outlet Sale Bus Trip hosted by Colonnade Medical Group.** We will depart April 15 at 3 p.m. from the parking lot at Colonnade Medical Group and return on April 16 around the same time. Spend the night in Fort Wayne, IN at a Hampton Inn (4/room). VIP entrance and check out to the outlet sale on Saturday April 16 at 8 a.m. Breakfast at the hotel prior to leaving. Round trip transportation, hotel including breakfast, VIP shopping is \$120 per person. Anyone interested can contact Greer Edwards at 740-438-1333. Payroll deduction not available.

• **Easter Bunny at FMC** on Wednesday, March 23 4:30-7 p.m. in Assembly Room 1. Stop by with your little ones to get a picture taken with the Easter Bunny and receive an Easter sweet treat. Please complete the registration form found on the FMC intranet and submit to HR by Tuesday, March 22.

• **TIME CHANGE for Ice skating at OU's Bird Arena in Athens.** This FREE event will be held Saturday, March 19 from 1:30-4:30 p.m. Refreshments available for purchase. Free skate rental. No reservation needed.

• **Monster Jam Trucks** at Schottenstein Center on April 2 at 2 p.m. or 7:30 p.m. Tickets start at \$14.

• **Cirque du Soleil – TORUK (inspired by Avatar)** at the Schottenstein Center May 11-15. Tickets starting at \$43.

Order forms can be found on the FMC Intranet/Employee Activities button for any of the above listed events. Please remember to submit your pictures from our EAC events to Wendy Travis to be considered for a feature in our Monday Morning newsletter or on FMC's Facebook page.

AEEs/MOST Assigned

The 2016 Annual Employee Education lessons (12 in all) have now been assigned and can be completed by accessing the Talent Development Center. The due date for these is Nov. 15; however, we recommend getting these done as soon as possible! The 2016 Exposure MOST also has been assigned. This lesson is due April 15 and should take no longer than 10-15 minutes. For questions, call Ryan Kemper at ext. 8632 or the Learning & Development team at ext. 8491.

Fairfield Medical Center's Mission: FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision: FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com