

Monday Morning



Surgery Nurses Honored as Legendary Caregivers p. 2

USBC Donation to the Foundation p. 2

FMC Dedicates Fountain to the Patients Affected by Botulism a Year Ago

On Thursday, April 21, Fairfield Medical Center dedicated a fountain to the patients from Cross Pointe Free Will Baptist Church in Lancaster who were diagnosed with botulism one year ago. Approximately 150 staff members, physicians and members of the church were in attendance, and speakers for the evening included Jack Janoso, Dr. Martha Buckley, Dr. Michael Garfinkel and Dr. Elizabeth Walz. The new Fountain, which has been named the Fountain of Hope, will permanently reside in the Tranquility Garden.

Earlier in the day, more than 100 staff members attended a Grand Rounds presentation, "One Year Since Botulism: A Case Review of Our First Diagnosed Patient." The expert panel included 18 staff members and physicians, as well as patient Ben Large and his wife, Linda.



Pictured above is the fountain dedication FMC hosted on April 21 in memory of the people impacted by the Botulism Outbreak last year.



Pictured above are the Grand Rounds Botulism speaker panel, including Ben and Linda Large who are at the podium. Ben Large was the first Botulism patient.

Scholarship Applications Available

It's that time of year again to apply for a Fairfield Medical Center Scholarship or a Fairfield Medical Center Foundation Scholarship. Please go to the Human Resources Department to complete the application and return it to the Foundation office by Friday, June 10. Award amounts vary depending on the financial performance of the endowed

funds. However, the minimum amount available is \$250. The FMC Scholarship and/or the FMC Foundation Scholarship will be awarded to an applicant or applicants who are pursuing a degree in a field of benefit to their work at FMC. Students can apply the award to tuition, fees, books, uniform, or other approved expenses.

Give to the Foundation Through Kroger

Did you know that the Fairfield Medical Center Foundation participates in Kroger's Community Rewards program? Go to <https://www.kroger.com/account/enrollCommunityRewardsNow> to sign in or create an account and a portion of your purchases will be donated to the FMC Foundation. Our account number is 57619. If you're already signed up for Community Rewards, remember that it is time to re-enroll, so renew today!

From the Chief's Desk

I would like to take this opportunity to review the financial results for March 2016.



Volumes and Revenue:

- Total gross revenue for the month was 11% above budget. Almost all service areas exceeded budget for the month with very high inpatient, emergency, surgical and cardiovascular volumes leading the way.
- The higher volumes and gross charge revenue helped generate net revenue that exceeded budget by 8%.
- Year-to-date, our net revenue is over 3% higher than expected.

Expenses:

- Salaries and benefits exceeded budget by nearly 11% for the month as we utilized higher levels of staffing to support our volumes.
- Supplies exceeded budget by 13% in March, also due to the high volume of inpatient, surgical and cardiovascular patients served, along with very high pharmacy use.
- All other expense categories combined exceeded budget by 2% for the month.
- In total, expenses for March were nearly 9% over-budget.
- Year-to-date, our total expenses have been nearly 4% over budget.

Summary:

- For March, our above-budget revenue was offset by higher expenses incurred in serving the very high patient volumes. This made for a modest 0.6% gain from operations as compared to our 1.1% budget target for the month.
- After adding in the results from our interest in Diley Ridge and other related entities, our total margin was a 4.5% gain as compared to a 2.8% budget gain target.
- Year-to-date, our operating margin remained at a 0.7% gain as compared to our 1% budget goal.

We served a significant number of patients in March and we thank you all for the hard work and care you provided to those we serve.


Sky Gettys, Chief Financial Officer

Celebrating Mothers and Nurses

Dr. Jason Lichten, Central Ohio Plastic Surgery & Imagine MediSpa are celebrating Mothers and Nurses on Thursday, May 12 from 10 a.m.-3 p.m. The event is being held in the Pavilion in Suite 202.

There will be special prize drawings for Moms and Nurses to celebrate their contributions. The event will feature exhibits and education about surgery, skin care and injectables, with special pricing. Botox injections will be available by appointment. Payroll deduction will be available. The celebration will feature the launch of the new ZO Phases skin care kit. For questions, or to schedule an appointment for Botox, please contact Natalie at 740-653-5064.

HR Corner

Life Changing Event for Benefit Elections

If you experience a life-changing event (as defined by federal law), you have 30 days from the date of the event to make changes to allowable benefits. Life changing events may include: marriage, divorce, birth/adoption of a child or loss of coverage with a spouse, parent or other benefit plan. To make changes to your benefits, you will need to present supporting documentation with an effective date listed to Human Resources within 30 days of the event. If you're not sure if an event allows you to make changes, please contact Human Resources at 740-687-8017.

WellLiving Program and Incentive

If you achieved compliance with the WellLiving screenings by February 28, 2016, you will see the incentive on your paycheck. The incentive will be listed under Earnings on your pay statement (you can see this in the "Print Statement" option.) If you have any questions or do not see the incentive, please contact Human Resources at 740-687-8017.

Legendary Caregivers at FMC

Proving that living the values of FMC sometimes means thinking outside of the box, FMC surgery nurses were honored as Legendary Caregivers by grateful patient Dylan Sharp. The honored included Rachel Carpenter, R.N., Krista Jo Smith, R.N., Sabrina Miller, N.A., Audra Sharb, R.N., Dustin Karns, R.N., Deserae Belcher, R.N., Angie Burns, S.T. and Jessica Welsh, R.N. All of this staff not only treated Dylan's injury, but they did it with compassion. Thank you for making us proud!

Sign Up for Relay for Life

Mark your calendars for July 9 from 4 p.m.-10 a.m on July 10 for the Relay for Life at the Fairfield County Fairgrounds. Show your care about your community and support the fight against cancer by attending this event. If cancer has touched your life, participating in a Relay For Life event is a way to take action and help finish the fight. To sign up, go to <http://bit.ly/1QKiBKBand> and search for our team, Finding More Cures. Call Ivy O'Neal for questions or more information at 740-689-6889.

ED Supports Homeless in Our Area

The Emergency Department will provide health screenings, cinch sacks, socks and granola bars at the Stand Down Event for homeless or at risk of being homeless. We are asking for donations of socks and granola bars. Please turn in your donations to any Emergency Department Supervisor by May 20. Thank you for your support!

USBC Donates to the Foundation

On Sunday, Oct. 11, the Southeastern Ohio USBC held their annual "Strike Out Breast Cancer" fundraiser at Tiki Bowling Lanes. More than 100 bowlers attended to help raise money for the FMC Foundation's Cancer Care Fund to go towards breast cancer patients and survivors. On Thursday, April 7, Association Manager Joy Kellenbarger presented the \$3,000.05 check to Amanda Strigle, Foundation Annual Giving Specialist; Keely Pearce, Donor Relations Representative; and Shelly Romine, Oncology Nurse Navigator. Thank you to the Southeastern Ohio USBC for their continued support of the Foundation and FMC's healing mission to provide "exceptional care and experiences from the heart, always."

Wellness News/Events

Card Making—Presented by Resa Tobin on May 4, noon-12:30 p.m. in Health & Wellness (located in Kroger Shopping Plaza). Have you ever received a beautiful card and thought, “I wish I could make that?” Well now you can! Join Resa in learning how to make Mother’s Day cards.

Self Defense Through Risk Assessment

Presented by Officer Jim Marshall on June 1 from noon-12:30 p.m. in Assembly Room 3. Learn valuable tools to protect you and your loved ones, whether you are at home or out and about.

Don’t Miss the Nurse’s Day Poster Presentation

Join us May 5 for a Nurse’s Day Poster Presentation sponsored by the Nursing Research Council. The purpose of the presentation is to highlight research and

evidence based practice at FMC. Mark your calendar to join us in Assembly Rooms 2 and 3 from 7 a.m.-5 p.m. Judging of the posters will be from 12:30-1:30 p.m.

CALLING ALL VOLUNTEERS!

The 10TH Annual FMC Foundation Golf Tournament is fast approaching and we need volunteers for both the morning and afternoon rounds on Monday, June 6. Please reach out to Amanda Strigle at

ext. 8107 or amandastr@fmchealth.org for more information on how you can help! Thank you for exemplifying the core value of TEAMWORK!

Spring Fling Fun Fact Centennial Winners

Thanks to all who participated in the Spring Fling Fun Fact Centennial Employee Activity. We had no entries who had all 20 answers correct, so we chose three winners from the entries who had the most

correct answers. Congratulations to the winners: Richard Storts, Christina Tanner and Donna Runyon! They each will receive a \$25 restaurant gift card and can pick up their prize in Human Resources.

\$160 Raised for Employees Helping Employees Fund

The Cleveland Cavaliers donated a bag of goodies to the Employees Activities Committee to help raise money for the Employees Helping Employees Fund.

A total of \$160 was raised and the lucky winner was Brandie Shriner, Medical Information Services. Congrats Brandie!

Compliance Corner

Patients First PHI Amnesty Week –

Have you ever accidentally taken home documents that contain Protected Health Information (PHI)? Perhaps a rounding sheet that was in your pocket or a copy of a patient’s medication list you forgot to put in the shred bin? What about papers left in your locker – are you saving those items “just in case you need to refer to them?”

Protecting the patient’s health information is a key part of everyone’s job. We can be better than our recent performance. In the last 90 days, we have experienced two large HIPAA breaches that were related to patient information taken home by employees and not returned for proper disposal. By the time the information was found, it had been compromised. Both breaches were reportable to the Department of Health and Human Services and to the patients involved. This caused distress to our patients as they are devastated by their loss of privacy and fear identify theft. They feel betrayed by the organization as we have failed to keep their health information

safe and secure. We can be better than our recent performance. We want to clean up any outstanding concerns with potential breaches of PHI. We are calling on all employees to return those forgotten documents that have PHI on them. We are assuming honorable intent of those who may have documents to return.

Amnesty Week will be held from 12:01

a.m. on April 24 to midnight on April 30. During that week, employees may return patient information and any other confidential paperwork to FMC with no questions asked. After the conclusion of Amnesty Week, we will have a zero tolerance for failing to follow the policies and guidelines related to the removal and/or storage of patient information outside of FMC locations. This is an important issue for our patients. Please help us put PATIENTS FIRST and protect PHI. Please contact Melony Rarick at ext. 8194, Missy Clum at ext. 8122 or Cheryl Henney at ext. 4449, with any questions.

Birthdays

MONDAY

Linda Huber, Dietary
Nicole Sabatina, D.O., Family Medicine Resident
Joshua Stilwell, Physical Therapy
Mark Vanderhoff, Nursing Administration
Christine Zachrich, Dietary

TUESDAY

Lydie Forgrave, Third Med./Surg.
Bridget Geiger, Emergency Dept.
Emily Haines, Nursing Services
Debby Hall, Lab/DHS
Judith Levicoff, Volunteer, Pet Therapy
Daniel Robison, Plant Engineering
Donna Underwood, Lab/Specimen Procedure

WEDNESDAY

James Brumbaugh, Dietary
Kathy Claybourn, Materials Management

THURSDAY

John Addison, Volunteer, North Information Desk
Jeffrey King, Radiology/Nursing Services
Barbara Spence, Dietary
Margaret Stimmel, Ewing Square/Infusion Services
Haley Strickland, Lab/Bacteriology
Maggie Tanner, Third Med./Surg.
Kathryne Weber, FHP Revenue Cycle

FRIDAY

Sarah Colburn, Surgery
Marilyn Hargett, Quality Division
Alice Morse, Volunteer, Foundation
Randall Preston, Radiology/General
Chad Shook, Radiology/General
Megan Wright, Contracts and Collections

SATURDAY

Bill Gorby, Volunteer, Pet Therapy
Deona Hummel, Lab/DHS

SUNDAY

Jacklyn Pittman, Central Transport

TWIG 6 Bag Lady and More Sale

Join us for the TWIG 6 Bag Lady and More sale coming up soon! Need a new purse or accessories for spring and summer? You’re in luck! TWIG 6 is hosting their semi-annual purse sale from 7 a.m.-4 p.m. on Friday, April 29 on the first floor in the Old Surgery Pre-Op Room (across from the Archive Room).

Payroll deduction is available. Proceeds from the sale will go to TWIG 6 to benefit the hospital through the Fairfield Medical Center Foundation. Hope to see you there! For questions, or more information, contact the Foundation office at ext. 8107.

From the Employee Activities Committee
(For employees, physicians and volunteers)



Hospital Happenings

Leadership STAT topic in April: Budget & Finance – Presenter: Neal Allison
Join us April 27 from 8-10 a.m., April 28 from 8-10 a.m., April 29 from 8-10 a.m., or April 29 from 1-3 p.m. Register in the Talent & Development Center with keyword: Budget or call Learning & Development at ext. 8491 for further assistance.

Community Disposal Day and Drug Drop Off – On Saturday, April 30, don't miss your opportunity to recycle batteries, computer equipment, cell phones, telephone books, unused or outdated prescription medication, and more! From 10 a.m.-2 p.m., join us in the Ohio University Lancaster Campus North Parking Lot.

Gynecological Cancer Education Information/Caregiver Support Group
Join us from 7-9 p.m. on May 3 at the Cancer Resource Center, located at 135 N. Ewing St. The topic is "Nutrition During and After Cancer," with FMC Dietitian Catrina L. Feeney. We will discuss gynecological cancer (ovarian, uterine and cervical cancer) and allow you to relate with others. For questions, call 740-277-6941 or mytealfriends@gmail.com.

Schedule Your Free Mammogram Today! The Fairfield Medical Center Foundation has again been awarded the Susan G. Komen Columbus grant for financial assistance for women in our area. This program provides assistance to the uninsured, underinsured and those with a high deductible who qualify in Fairfield, Hocking and Perry Counties. A physician order is needed to schedule a mammogram. To check eligibility, or for assistance in obtaining a physician's order, contact an FMC Komen Grant representative at 740-243-8924.

Movement and Memory – *Exercise just may be the newest drug in the treatment of Alzheimer's and Parkinson's disease.*
Join us May 18 in the FMC Assembly Rooms from 6-7:30 p.m. to hear David Zid and Jackie Russell talk about ways to delay the disease through exercise. Using short exercise agendas based on a functional task, they optimize a person's physical function and help delay the progression of symptoms. Whether you are a person with the disease, a caregiver, healthcare professional, or fitness trainer join us to learn more about this community-based wellness program.

Attendance is free however registration is requested. Call SOCIL at 740-689-1494 (ext. 10) or email ImSOCIL@sbcglobal.net by May 13 to reserve your seat.

Welcoming New Employees

Join us in welcoming the following employees who joined the team on April 18:

- Amber Arledge, Physical Therapy
- Kirsten Boggs, Housekeeping
- Deborah Clifford, 5th Med./Surg.
- Kristen Cook, Telemetry
- Nick Cordonnier, Radiology MRI
- Tina Embrey, Laboratory
- Hunter Greene, Dietary
- Hannah Hill, Laboratory
- Monica Householder, Emergency
- Lindsey Hutchison, Observation
- Brian Kain, Housekeeping
- Denise Kordack, Respiratory Therapy
- Ashley Kratzenberg, Psych.
- Sarah Langley, Telemetry
- Jenny Markin, Intensive Care Unit
- Porsha McCain, 5th Med./Surg.
- Katie Racette, Marketing
- Helen Sanders, Dietary
- Jennifer Storey, Nursing Float Pool
- Jaye Thompson, Pharmacy
- Mark Vanderhoff, Nursing Administration
- Adam VanDyke, Nursing Administration
- Alyson Williams, FHP-Rheumatology
- Whitney Withem, Laboratory
- Karen Wolf, 5th Med./Surg.

Fairfield Medical Center's Mission: FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision: FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com

Oxygen for the Soul

What lies behind us and what lies before us are tiny matters compared to what lies within us. ~Ralph Waldo Emerson

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

- **Drive-In Themed Minion Movie Night** on Friday, April 29. Bring your family for a fun-filled evening in the FMC Assembly Rooms including activities like: decorating "cars" out of large boxes, balloon animals, magician, popcorn, face painting, make your own mix candy "bar," and Minions the movie. The fun starts at 6:30 p.m., and the Minions movie starts at 7:30 p.m. RSVP to Ashley Spires at ext. 8496 or email by April 25 to ashleysp@fmchealth.org
- **Fairfield Medical Center Night with the Columbus Clippers** is on July 18. Bring your family for dime-a-dog night and watch the Columbus Clippers take on the Louisville Bats. \$10 adults, \$7 Senior (60 & over), \$7 child (12 & younger). Limited supply of tickets are available. To order tickets, complete order/payroll deduction form on the FMC Intranet, Employee Activities button. Contact Amy Black at ext. 8241 for questions.
- **WICKED at the Ohio Theatre** on Sunday, Aug. 21 at 6:30 p.m. Tickets starting at \$35.50. Due to this special FMC offer, orders must be received by May 12 (or while group ticket supplies last) before tickets go on sale to the general public. Pricing and Seating Chart: Please see the FMC Intranet/Employee Activities button to view the theatre seating chart, pricing and order form, and flier for additional information. Please contact Amy Reedy, ext. 8443 with questions.
- **ACE Adventure Resort in West Virginia** – Group discount offered for remainder of 2016. Save 20 percent on all activities by using discount code Perks20. For more information on packages, including whitewater rafting, zipline tours, mountain biking, kayaking and more, see the FMC Intranet/Employee Activities button. Discount not available on Saturdays or holidays. Questions? Please contact Linda Cottrill at ext. 3027.
- **Cirque du Soleil – TORUK (inspired by Avatar)** at the Schottenstein Center May 11-15. Tickets starting at \$43.

Order forms can be found on the FMC Intranet/Employee Activities button for any of the above listed events.

Please remember to submit your pictures from our EAC events to Wendy Travis to be considered for a feature in our Monday Morning newsletter or on FMC's Facebook page.

Wake Up America

Join our Chaplains in prayer at noon in the FMC Chapel on May 5 for the National Day of Prayer. For questions, or more information, contact the Chaplains office at ext. 8344.