



Monday Morning



FMC Celebrates Nurses Week



Nursing Poster Award Ceremony

Hospital Week Reflection from the Board Chair

Webster's Dictionary defines Transition as "a change from one state or condition to another," but Transformation as "a complete or major change in something's appearance, form ..." A pronounced difference. Transformation makes me think of one of Mother Nature's most inspiring events: the caterpillar turned butterfly. To say FMC is in a state of "Transition" does not give justice to the commitment, dedication, and tireless work you all have put in during this past year. What you are doing is truly transformational! Our Board of Directors is absolutely committed to ensuring FMC's future as an independent community health system. When we were asked to approve the capital spends on Kauffman Hall to lead our strategic planning process, and on the Disney Institute to lead the cultural transformation process, it was a leap of faith ... and a unanimous vote.



We are already seeing the payoff on that investment. In recent weeks, I personally have been approached multiple times with comments such as, "I don't know what's going on out there at FMC, but it's really great. My mother/father/wife (fill in the blank) was there recently and the care was great!" As the community face of FMC, all of the board members have had our share of unhappy patient complaints in the past. We know it's human nature to complain rather than compliment, so to have multiple people go out of their way to make a compliment speaks volumes! It sure puts the wind in our sails to continue what we do in the board room, which is to give all of you the support and leadership you need to be the best you can be. We know that to retain our viability as a community-based healthcare system, our community has to "own" this hospital. Taking ownership will instill pride, loyalty and continue the upward trend we are seeing now. We have to act, think and be bigger than we really are to compete with larger systems for the right to take care of our community. As Jack says, we have to make our community love us, so they won't dream of going anywhere else. We have to earn that right every day, in every moment.

On behalf of the board, I want to express our sincere and heartfelt gratitude for the efforts of every member of the FMC family. If you haven't made the conscious decision to be part of this transformation, now is the time to join the movement ... WE make a difference by creating exceptional care and experiences from the heart, ALWAYS!
~ Linda Sheridan, C.P.A., C.V.A., FMC Board Chair

Message from Dr. Conley

With the coming of spring, we celebrate the renewal of the earth and our environment. It also provides the opportunity to reflect on the passing of another year and the promise of good things to come during National Hospital Week. This



year's theme, "Healthcare from the Heart," aptly describes the commitment and service FMC delivers to our patients and community. Transformation and change seem to remain a constant in the current healthcare environment. Over the last year, we have celebrated the completion of Project BRIGHT while reflecting on the past 100 years of service. During that century, FMC has been at the forefront of care in Lancaster and Fairfield County. The outbreak of botulism, and the care of our friends and neighbors in this life-threatening emergency, provides ample evidence of FMC's commitment to our community. As we move into our second century, the health of our community will take center stage in the planning and completion of a new Health and Wellness Center. While investments in "bricks and mortar" have set the stage for our success, our greatest asset remains the individuals who deliver care and service at FMC. I witness daily the determination to provide the most advanced care with a caring and human touch. Compassion and commitment are central to our culture. "Healthcare from the Heart" is alive and well here at FMC, and as a physician and patient, I am deeply grateful.

~Dave Conley, M.D., Medical Staff President

From the Chief's Desk

I would like to personally thank all of our physicians, care providers, support staff, volunteers and members of our community for all you do for Fairfield Medical Center. Today marks the beginning of National Hospital Week for 2016; this celebration is one that we take very seriously at FMC and look forward to each year. Your dedication to helping others is one that separates our purpose and mission from most others. The stakes are personal, intense and, oftentimes, determine the course of our patients' and customers' lives. To some, this would seem like a heavy burden. To all of you, it is our calling, our passion and our pleasure to serve our community. It is that sense of duty, obligation and servitude that makes National Hospital Week stand out as more than just a designated celebration. It is an opportunity for FMC to show all of you how much you individually, personally and professionally "make a difference" each and every day.



Over the last year, I have had the opportunity to really evaluate the true character, moral compass and potential of Fairfield Medical Center. I am so motivated and pleased by the great strength and abundance of each of these qualities. I have been so overwhelmed with the genuine kind nature of this organization that it is often difficult to describe in words the true pride and optimism I share for our organization and our community. The HEART of FMC is strong! This is because your heart is strong and we are now freely embracing the beauty of what makes our FMC family special. Daily, we hear and share stories that demonstrate how we are impacting the lives of those who need us by not only providing exemplary care, but showing our compassionate hearts. This is something that I have never seen in an organization before. These stories of great Empathy, Integrity, Agility, Stewardship and Teamwork fuel our passion for what we do. Because of this, our lives are enriched both at work and in our community.

We are now seeing that our common purpose truly is common to all and that there is no job, task or position in this organization that cannot make an astounding impact at any moment in time. I personally feel empowered to come to FMC every day to be a difference-maker and I am seeing the same in you. I am so thankful to all of you whom I call colleagues.

In honor and appreciation for all you do, we have a special week of fun activities planned to share our thanks and admiration. We look forward to seeing you this week and personally thanking you for everything you do each day. It is because of YOU that I am proud to say.... I LOVE FMC! Thank you for that more than anything!

John R. "Jack" Janoso, Jr.
President & CEO

Happy Hospital Week!

HR Corner

WellLiving Program and Incentive

If you achieved compliance with the WellLiving screenings by Feb. 28, you will see the incentive on your paycheck. The incentive will be listed under Earnings on your pay statement (you can see this in the "Print Statement" option). Please be sure to review your pay statement for accuracy. An incentive discrepancy found after May 27 will be reviewed for validity; however, back pay will not be issued after that date if valid. If you have any questions or do not currently see the incentive, please contact Human Resources at 740-687-8017.

Celebrating Mothers and Nurses

Dr. Jason Lichten, Central Ohio Plastic Surgery & Imagine MediSpa, are celebrating mothers and nurses on Thursday, May 12 from 10 a.m.-3 p.m. The event is being held in the Pavilion in Suite 202. There will be special prize drawings for moms and nurses to celebrate their contributions. The event will feature exhibits and education about surgery, skin care and injectables, with special pricing. Botox injections will be available by appointment. Payroll deduction will be available. The celebration will feature the launch of the new ZO Phases skin care kit. For questions or to schedule an appointment for Botox, please contact Natalie at 740-653-5064.

Scholarship Applications Available

It's that time of year again to apply for a Fairfield Medical Center Scholarship or a Fairfield Medical Center Foundation Scholarship. Please go to the Human Resources Department to complete the application and return it to the Foundation office by Friday, June 10. The FMC Scholarship and/or the FMC Foundation Scholarship will be awarded to an applicant or applicants who are pursuing a degree in a field of benefit to their work at FMC. Students can apply the award to tuition, fees, books, uniform, or other approved expenses.

Welcoming James Pan, M.D.

Dr. Pan joins us from the Southern Illinois University School of Medicine, where he served as an assistant professor of vascular surgery and was a member of SIU HealthCare, the medical school's practice group. He is board-certified in both general and vascular surgery. He specializes in the treatment of arterial occlusive diseases, aneurysms, cerebrovascular disorders, venous disorders, wound care and access creation in patients with end-stage renal disease. He has particular interest in minimally invasive techniques for lower extremity occlusive diseases, aneurysms and advanced techniques in wound care, and will provide FMC with new procedures for cosmetic vein care. The addition of Dr. Pan to Fairfield Medical Center will enable FMC to meet the growing need for vascular care and expand our geographic reach. For more information about or to refer a patient to Dr. Pan, contact Fairfield Healthcare Professionals Vascular Surgery at 740-687-6910.



The Cultural Transformation: Send Us Your Common Purpose Stories

Do you have a story to share that highlights an employee, physician or volunteer of Fairfield Medical Center exhibiting our Common Purpose? The Cultural Transformation team needs to

hear it! In an effort to create traditions and develop a collection of stories that share what makes FMC a great place to work and receive care, we have created an inbox for you to send your Common

Purpose Story. Please email your story to CommonPurposeStories@fmchealth.org. The email address can be found in your FMC outlook contact search. For questions, contact Regina King at ext. 8578.

"We make a difference by creating exceptional care and experiences from the heart, always."



LOGO WEAR
extravaganza

Come check out our new logo wear pieces. Tell us your favorite and be entered to win a LIMITED EDITION PRIZE PACKAGE!



wishes
Fairfield Medical Center
FOUNDATION
GIFT SHOP
at Fairfield Medical Center

MON. & TUES.
MAY 23 & 24
7 A.M. – 6 P.M.



Logowear purchases made at the sale will receive a 10% off Wishes Gift Shop coupon.

**Payroll deduction, cash and check accepted.*

10th Annual



EST. 2006
GOLF OUTING
Fairfield Medical Center
FOUNDATION

MONDAY, JUNE 6



NEW!
HOLE-IN-ONE CHALLENGE
WIN A BRAND NEW CAR!
Sponsored by
TAYLOR TEAM OF DEALERSHIPS

Join us at 8 a.m. for a **4 Person Scramble** or at 1 p.m. for a **Best 2 of 4 Ball Tournament** at the Lancaster Country Club.

Lancaster Country Club
3100 Country Club Road SW
Lancaster, Ohio 43130

All proceeds benefit the Cancer Care Fund.

For more information, please call 740-687-8107



National Hospital Week

May 8-14



FMC Hospital Week Schedule

Day	Time	Event
Monday, May 9	5:15 p.m.	Annual Service Awards Banquet at Crossroads Ministry Center
Tuesday, May 10	10:30 a.m.-1:30 p.m. 4-6:30 p.m.	Ice Cream Novelties in Café (Off-sites ice cream novelties will be delivered by manager)
Wednesday, May 11	1-3:30 a.m. (Tuesday night going into Wednesday morning)	Ice Cream Novelties in Café
	All Day	Departmental-level Celebrations
Thursday, May 12	All Day	Hospital Week Gift Delivered to Staff by Manager
Friday, May 13	1-3:30 a.m.	Complimentary Meal in Café
	10:30 a.m.-1:30 p.m.	Complimentary Meal in Assembly Rooms
	Noon	A special awards ceremony will be held in the Assembly Rooms. The following awards will be given: Gordon B. Snider Teammate of the Year, Excellence in Service Award, Leadership Teammate of the Year, Runners Up Teammate of the Year, Teammate of the Year and President's Award
	4-6:30 p.m.	Complimentary Meal in Café

Healthcare From the Heart

Take Part in the Volunteer Challenge

Do you know someone who would be a great volunteer at Fairfield Medical Center? On June 9, FMC will host an open house in the Main Lobby for the public to learn more about the many volunteer opportunities available at the hospital. We are CHALLENGING staff, physicians and our current volunteers to invite as many prospective volunteers to this event as possible. If the person or people you invite come to our open house, you could win a \$25 gift card! **How Does the Volunteer Challenge Work?** Stop by the Volunteer Services office, the North Desk or the

Main Desk to pick up tickets to the event. On each ticket, write your name and the department where you work. Then start handing out tickets! Ask each person who receives your ticket to bring it to the event with them on June 9. The ticket will then be entered into a drawing to win a \$25 gift card. The more people you invite, the higher your chances of winning! Tickets will be available from now until June 8. Tickets must be brought to the event on June 9 in order to be entered into the drawing. If you have any questions, contact Heidi Reed at 740-687-8109.

Volunteer and Make a Difference

Would you like to make a life-changing difference in our community? The Snider Community Heart Watch is looking for additional members to help carry out our eating a heart safe community positive change in the population's preparedness for cardiac arrest with a special focus on our youth. This team is passionate about creating awareness and providing instruction on cardiopulmonary resuscitation and automated cardiac defibrillator use. The committee meets quarterly for an hour. If you would like to join our team, please contact Kellie Sharp at ext. 6822.

Run in the Komen Race

Participate in the 24th Annual Susan G. Komen Columbus Race for the Cure on May 14 at 8 a.m. in downtown Columbus. Registration opens at 6:30 a.m. To join FMC's team contact Shelly Romine, oncology nurse navigator, at ext. 8863.

Welcoming New Employees

Join us in welcoming the following employees who joined the team on May 2:

- Brande Bowen, Telemetry
- Karli Kirchgessner, Housekeeping
- Kristi Thompson, Laboratory
- Deborah Tillis, Quality Services
- Dr. James Pan, FHP
- Chastidy Heller, FHP-LPN
- Andrea Houser, 5th Med./Surg.
- Aaron Kanas, Pharmacy Manager
- Brenna Brajer, Fresenius
- Brittany McCray, PCU NA
- Cassandra Powers, FHP
- Melissa Vaughan, Radiography
- Taylor Moe, 5th Med./Surg.
- Brandy Scheitler, ICU
- Andrew Diller, Transport
- Sarah Ruff, Dietary Attendant
- Angela Lama, Director Business Development
- Kayleigh Gwiazdowski, Float Pool
- Kendra White, Lab
- Molly Downs, Maternity
- Tiffany Martin, Housekeeping

FMC to Offer New Procedure for C. Diff. Patients

Fairfield Medical Center is now offering fecal transplantations for patients suffering from severe Clostridium Difficile (C. Diff.) infections. This process is very simple and allows the patient to get treatment without traveling to Columbus or Cleveland. The patient will first see an Infectious Disease physician, who may offer further antibiotic treatment, if necessary, or refer the patient on to a certified gastroenterologist for a Colonoscopy with Fecal Transplant. The donated material is thoroughly screened, packaged and shipped to FMC for

individual patient use. These transplants have a 98% success rate in curing C. Diff. infections and the patient will feel better within a few days. Fecal Transplant will save our patients suffering from C. Diff. from undergoing several rounds of antibiotic treatment and trips to the doctor. Offering this procedure here at Fairfield Medical Center is just another way we are providing exceptional care and experience for our patients. For any questions, please contact Dr. Murry's office at 687-8805.

ED Supports Homeless in Our Area

The Emergency Department will provide health screenings, socks and granola bars at the Stand Down Event for homeless or at risk of being homeless.

We are asking for donations of socks and granola bars. Please turn in your donations to any Emergency Department Supervisor by May 20.

Birthdays

MONDAY

Alaeddin Ayyad, FHP Cardiology
Christopher Davis, FHP Internal Medicine
Alan Greenslade, Administration
Timothy Hubble, Volunteer, Chaplain Services
Nancy Mullins, FHP Primary Care of Diley Ridge
Ashley Rapp, Cardiac Cath
Kerstin, Walker, Radiology/Pacs
Jessica Wesaw, Registration

TUESDAY

Joseph Ball, CT Scan
Sharon Gardner, Contracts/Collections
Terri Higgins, Quality Division
Denise Jones, Physical Therapy
Julie McCoy, Quality Division
Melissa Newman, Decision Support
Sherry Parmenter, Dietary

WEDNESDAY

Jennifer Gable, Dietary
Vanessa Moore, Endoscopy
Trish Shinn Contracts/Collections
Kyle Van Atta, Central Transport

THURSDAY

Cheryl Burgoon, Housekeeping
Doraine Dexter, Registration
Chuck George, Volunteer, South Info. Desk/Gift Shop
Scott Herold, ICU
Lisbeth Parrott, Decision Support
Melony Rarick, Human Resources
Corry Rowe, Surgery
Christina Short, FHP Pulmonology/Critical Care
Amy Teasley, Sleep Lab
Thomas Walker, Radiology/Pacs

FRIDAY

Heidi Fisher, Contracts/Collections
Cheryl Hasson, Surgery River View
Jill Loy, Contracts/Collections
Penny Schwickerath, Accounting

SATURDAY

Ralph Fick, Laundry
Linda Friesner, Volunteer, South Info. Desk
Brittany Haddix, Third Med./Surg.
John Sutter, FHP Internal Medicine

SUNDAY

Ronald Glass, Imaging Administration
Andrew Kallenberg, Marketing
Kayla Morgan, Observation Unit
Amanda Northrup, Housekeeping

Join us at a Retirement Tea

You are invited to a Retirement Tea in honor of Respiratory Therapist Clarence Blanchard. The tea will be held on Thursday, May 26, from 2-4 p.m., in Assembly Room 1 so be sure to wish Clarence well!



From the Employee Activities Committee
(For employees, physicians and volunteers)

Hospital Happenings

Schedule Your Free Mammogram Today!

The Fairfield Medical Center Foundation has again been awarded the Susan G. Komen Columbus grant for financial assistance for women in our area. This program provides assistance to the uninsured, underinsured and those with a high deductible who qualify in Fairfield, Hocking and Perry Counties. A physician order is needed to schedule a mammogram. To check eligibility, or for assistance in obtaining a physician's order, contact an FMC Komen Grant representative at 740-243-8924.

COMING SOON IN JUNE: New Lexington Diagnostic Center Ribbon Cutting (Date TBD)

FMC will open a new diagnostic center at 6898 Hunter Dr. in New Lexington later this month. The center will be called the New Lexington Diagnostic Center – a Department of Fairfield Medical Center, and will offer services such as EKGs, lab and DOT drug screen collections. A ribbon cutting and tours of this new center will be held **in early June** in conjunction with the Perry County Chamber of Commerce. Hours of operation will be Monday- Friday from 7 a.m.-5 p.m. For questions or more information, contact Cindi Graham at 740-689-6444.

Movement and Memory – *Exercise just may be the newest drug in the treatment of Alzheimer's and Parkinson's disease.* Join us May 18 in the FMC Assembly Rooms from 6-7:30 p.m. to hear David Zid and Jackie Russell talk about ways to delay the disease through exercise. Using short exercise agendas based on a functional task, they optimize a person's physical function and help delay the progression of symptoms. Whether you are a person with the disease, a caregiver, healthcare professional, or fitness trainer, join us to learn more about this community-based wellness program. Attendance is free; however, registration is requested. Call SOCIL at 740-689-1494 (ext. 10) or email ImSOCIL@sbcglobal.net by May 13 to reserve your seat.

Prostate Health Education Group

Join us June 13, from 7-9 p.m. in Assembly Room 2, for a repeat of Dr.

John Burgers' presentation "What's New in Prostate Cancer Treatment 2016." There is no charge and all are welcome to attend. For more information, contact Bill Stevens, Ph.D., at 740-503-0086.

Sign Up for Relay for Life

Mark your calendars for July 9 from 4 p.m.-10 a.m on July 10 for the Relay for Life at the Fairfield County Fairgrounds. Show your care about your community and support the fight against cancer by attending this event. If cancer has touched your life, participating in a Relay For Life event is a way to take action and help finish the fight. To sign up, go to <http://bit.ly/1QKiBKBand> and search for our team, Finding More Cures. Call Ivy O'Neal for questions or more information at 740-689-6889.

Coffee, Tea and Autism in Fairfield County

Coffee, Tea and Autism is a new style of support group that is led by volunteers whose lives have been touched by autism. Are you a person with an Autism Spectrum Disorder, a parent or other family member living the autism journey? If so, this group is for you. Please join us every third Thursday at 6:30 p.m. at Trinity United Methodist Church (6389 Blacklick Eastern Rd., Pickerington). Please RSVP at CoffeeTeaAndAutismFairfield@gmail.com. Children are welcome.

Fairfield Medical Center's Mission: FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision: FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com

Oxygen for the Soul

The very first requirement in a hospital is that it should do the sick no harm.
~Florence Nightingale

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

- **Fairfield Medical Center Night with the Columbus Clippers** is on July 18. Bring your family for dime-a-dog night and watch the Columbus Clippers take on the Louisville Bats. \$10 adults, \$7 Senior (60 & over), \$7 child (12 & younger). Limited supply of tickets are available. To order tickets, complete order/payroll deduction form on the FMC Intranet, Employee Activities button. Contact Amy Black at ext. 8241 for questions.
- **WICKED at the Ohio Theatre** on Sunday, Aug. 21 at 6:30 p.m. Tickets starting at \$35.50. Due to this special FMC offer, orders must be received by May 12 (or while group ticket supplies last) before tickets go on sale to the general public. Pricing and Seating Chart: Please see the FMC Intranet/ Employee Activities button to view the theatre seating chart, pricing and order form, and flier for additional information. Please contact Amy Reedy, ext. 8443 with questions.
- **ACE Adventure Resort in West Virginia** – Group discount offered for remainder of 2016. Save 20 percent on all activities by using discount code Perks20. For more information on packages, including whitewater rafting, zipline tours, mountain biking, kayaking and more, see the FMC Intranet/Employee Activities button. Discount not available on Saturdays or holidays. Questions? Please contact Linda Cottrill at ext. 3027.
- **Cirque du Soleil – TORUK (inspired by Avatar)** at the Schottenstein Center May 11-15. Tickets starting at \$43.

Order forms can be found on the FMC Intranet/ Employee Activities button for any of the above listed events.

Nursing Research Council Hosts Poster Presentation

On May 5, Fairfield Medical Center Nursing Research Council hosted a poster presentation in honor of Nurses Day. Many nurses, as well as dietitians, social workers and a physician, took the initiative to submit a poster to represent their profession by educating others about their particular areas of expertise. There were 15 posters exhibited, highlighting research and evidence-based practice in our organization. The following were honored on May 5 for their poster presentations:

- First place: Tina Cass, M.S.N., R.N., C.N.L. (The Dangers of Gastroesophageal Reflux Disease)
- Second place: Colleen Tripp, M.S.N., R.N., C.N.L. (Obtaining Accreditation: The Blueprint of Improving Patient Experience)
- Third place: Celesta Schmelzer, M.S.N., R.N., M.B.B. (Perceptions of the Culture of Patient Safety)