

Monday Morning



Sign up for the FMC Pool Party p. 3

FMC's Colorectal Cancer Taskforce Honored p. 3

Dr. Dyar and Dr. Strominger Honored as Champions of Healthcare by Columbus Business First

On July 14, *Columbus Business First* magazine honored FMC physicians R. David Strominger, M.D., and Theresa A. Dyar, D.O., as Champions of Healthcare during an award ceremony at the Hyatt Regency in Columbus.



Champions of Healthcare honor those who make a difference through the medical and allied professions. This year, 17 healthcare professionals in Central Ohio were recognized for making an impact on the lives of patients in their community.

Dr. Dyar, who has practiced family medicine at Fairfield Medical Center for six years, goes above and beyond to make her patients a top priority. She received the Physician Champion of Healthcare in Family Medicine Award.

Dr. Strominger has a steadfast commitment to his patients at the Fairfield Community Health Center and has been

a physician in the Lancaster community for more than three decades. He received the Physician Champion of Healthcare in Pediatrics Award.

"We congratulate Dr. Dyar and Dr. Strominger for their unwavering commitment to their patients and to healthcare in general," said John R. "Jack" Janoso, Jr., FMC President and CEO.

"This is quite an honor to be named as a Champion of Healthcare out of so many strong candidates. It demonstrates yet again how we strive to provide high-quality care and experiences, from the heart."

To view the *Columbus Business First* articles go to:

Dr. Strominger: <http://bizj.us/1nd0ua>

Dr. Dyar: <http://bizj.us/1nd0vo>

Wicked Tickets Update

The Employee Activities Committee has three Wicked tickets left for the Sunday, Aug. 21 show. The tickets are located in the loge section, Row G, Seats 120, 122 & 124. Please contact Amy Bauer, Laboratory, at ext. 8443 to purchase.

Cancer Center Open House Coming Soon

p. 3

Join us Sept. 29 from 4-6 p.m. at the Fairfield Cancer Care and Infusion Center, now located in the FMC Pavilion. The center allows us to have cancer services all under one roof (Cancer Resource Center, Chemotherapy, Dr. Singh and Dr. Saha's offices, Infusion, Oncology Nurse Navigators, and financial counselors/social workers all together). Be sure to mark your calendars for guided tours, refreshments and more!

Sign up now for your "Make a Difference" Training

p. 4

From the Chief's Desk

I would like to take this opportunity to review the financial results for June, 2016.



Volumes & Revenue

- Total Gross Revenue for the month exceeded budget by 9%. Both Inpatient and Outpatient revenue were higher than expected, especially in Inpatient Care, Emergency, Cardiac Cath and Surgery service areas.
- The above budget charge revenue and a slightly higher commercial payor mix helped our Net Revenue for the month come in nearly 10% above budget.
- Year-to-date, our Net Revenue is over 3% higher than anticipated.

Expenses

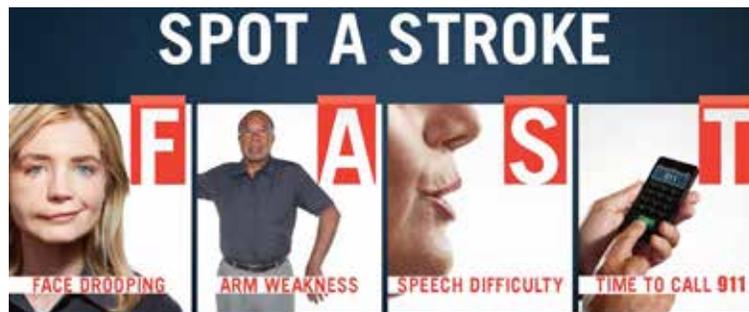
- Salaries and Benefits exceeded budget by almost 4% for the month as we incurred higher staffing costs and continued higher employee health plan claims expense.
- Supply and Pharmacy expenses for the month exceeded budget by 11% due to higher supply use in serving the increased patient volumes for the month.
- All other expense categories combined exceeded budget by 1% for the month.
- In total, Expenses for June were 4% over budget.
- Year-to-date Total Expenses are also 4% over budget.

Summary

- Our 10% above budget Revenue for the month allowed us to absorb our higher expense levels and earn a 5.9% Operating Margin for June.
- After adding in the results from our interest in Diley Ridge and other related entities, our Total Margin was a 7.9% gain as compared to a 2.7% budget gain target.
- Year-to-date our Operating Margin is now at a 0.3% gain as compared to our 1.1% budget goal.

June volumes and revenue were very strong and allowed us to cover our higher expense levels for the month. Our monthly financial results so far this year have had some significant monthly fluctuations depending upon volume swings and revenue capture while our expenses continue to exceed budget at a fairly consistent level. As we work toward more balanced, consistent operations in the months ahead, we would hope to achieve more stable financial results.


Sky Gettys, Chief Financial Officer



The Joint Commission is coming Aug. 4 for Primary Stroke Center Certification! Help prepare yourself by being able to recognize a stroke. **JUST THINK FAST! How do you Initiate a Stroke Alert?**

1. Dial 3111: CAT call for an inpatient
2. Code Assist for non-inpatient

The Physician responding will decide whether a Stroke Alert is needed for inpatients. A Code Assist will help get the patient to the ED as quickly as possible for the care that is needed.

HR Corner

Review Employee Benefit Guide

We hope you are having a great summer. Open enrollment for 2017 benefits will be here before we know it. Our annual open enrollment will be held in November of this year. Please take the time to look over the current Employee Benefit Guide to be familiar with the benefits you currently have and to look at other opportunities you may want to consider. Although we can't predict at this time the changes that may be made for 2017 benefits, it is a great idea to review the guide and get to know your benefits. You can pick up a hard copy of the guide in Human Resources or visit the FMC Intranet for an online copy. Go to: Links of Interest, Human Resources Tab, Benefits, then 2016 Employee Benefit Guide. If you have any questions, please call Human Resources at 740-687-8017.

Congratulations! "Make a Difference" Advocates Selected

Congratulations to all of our "Make a Difference" advocates who completed their training with the Disney Institute last week. "Make a Difference," a key component of our Common Purpose, is the identity that our cultural transformation takes on as we launch in August with the full rollout of our culture. The advocates will play a vital role in supporting the launch of our service standards and sustaining our culture. Their key objectives are to support and enable the "Make a Difference" deployment, act as a peer coach/resource, provide input and feedback to the Core Team, ensure team members are supported, champion the tools that develop through the Cultural Transformation work teams and encourage others to live the culture.

Congratulations to all of our advocates:

- Tammie Bashore, Env. Services/Chaplain Volunteer
- Mike Beery, Radiology
- Ashlee Brown, Dietary
- Jimmy Burger, Lab
- Joel Burns, Physical Therapy
- Cassie Chase, Patient Accounts
- Joseph Corley, Emergency Department
- Brandy Crew, FDI/River View Imaging
- Lexi Dodds, 5th Floor
- Kateryna Dolgachova, ICU
- Catrina Feeney, Dietary
- Becky Grubb, PCU
- Rhesa Guess, FHP
- Dr. David Hasl, Physician Rep.
- Joan Hager, Patient Rep.
- Kailei Hearn, 3rd Floor
- Kim Hillyard, Cardio Educator
- LuAnn Kaiser, River View Surgery Center
- Lindsey Klaameyer, Orthopedics
- Srinivas Kolli, M.D., Gastroenterology
- Eileen McClellan, Surgery
- Tracey McDaniel, FHP-
- Infectious Disease
- Erica McDaniels, Systems
- Larry Mitchell, Center Police
- Ben Pruitt, Emergency Department
- Cassi Rainier, Cath Lab
- Andy Raver, Plant Engineering
- Sheryl Richards, 4th Floor
- Todd Robison, Plant Engineering
- Anthony Ross, Emergency Department
- Lisa Scott, Case Management
- Carolyn Scott, Contracts & Collections
- Jennifer Settecase, Volunteer (Emergency Department)
- Clare Severns, Endoscopy
- Natalie Sharp, Pharmacy
- Connie Spackey, Chemo
- Risha Wagner, Marketing
- Renee Wagner, M.D., Anesthesiology
- Mary Ward, Dietary
- Miranda Williams, Medical Records
- Becky Wilmot, Volunteer
- Joseph Wortman, Transport

Join us for Family Pool Night



Attention Employees, Physicians, Volunteers & Students

FMC Pool Night Saturday, Aug. 13

Join us from 8-11 p.m.

Tiki Pool

1475 Tiki Lane in Lancaster

Admission: FREE for employees, physicians and volunteers as well as their families. FMC badge is required for entry.

Registration is required to ensure adequate lifeguard staffing. See FMC Intranet/EAC button for a registration form. Return completed form to Kellie Sharp by July 28. Bottled water and snacks will be provided.



For more information, please contact Kellie Sharp at 740-689-6822 or kelliess@fmchealth.org.

Colorectal Cancer Taskforce Honored

The FMC Colorectal Cancer taskforce was recently honored at the Relay for Life event for their participation in the ACS Colorectal Initiative 80X18. FMC has been educating patients, physicians and staff about the importance of screening tests and how to overcome barriers to screening. Examples include advertisements through our experience campaign, coordinating speaking engagements, partnering with the Community Health Center and the Fairfield Department of Health, handing out promotional items, attending events, radio shows and more. For questions or more information about the taskforce, contact Shelly at ext. 8863.



Do You Have a Clinical License or Certification?

Would you like FREE CE for relicensure or recertification? The HealthStream CE Center is a collection of online courses that provide continuing education hours for healthcare providers. The courses in this collection are FREE to FMC employees. The collection includes more than 2,000 CE Courses in a wide variety of more than 20 specialties. More than 30 accrediting

bodies have approved the courses for CE hours. The collection contains courses to support preparation for 40+ specialty certifications. **Instructions:** (Accessing HealthStream CE Center) have been uploaded to the FMC Intranet and placed in the "HealthStream" folder. **Instructions:** regarding user name and password are located in the instruction handout.

If you are licensed/certified and attempt to access the system and it does not recognize your ID, please contact Learning and Development for additional assistance. **Nurses:** Do you need Ohio Nursing Law CE? The course: Understanding the Letter of the Law for Ohio RNs and APNs - 20-477308 meets the law requirement for your licensure!

Fairfield Medical Cancer Care and Infusion Center Opens Aug. 22



CANCER SERVICES SOON TO BE UNDER ONE ROOF*

The Fairfield Medical Cancer Care and Infusion Center will open on Aug. 22 in the Fairfield Medical Center Pavilion.

The center will soon house the following services all under one roof on the first floor:

- Fairfield Medical Cancer Resource Center
- Chemotherapy
- Infusion Services
- Oncology Nurse Navigators
- Financial Counselor
- Oncology Social Worker

*Oncology patient parking will be located to the left of the facility near the building. Dr. Singh and Dr. Saha's office will be located on the Third Floor in Suite 304. Lancaster Radiation Oncology will remain in its current location (First Floor Main Hospital). **For questions or more information, call 740-687-6900.**



Leadership STAT Training

Hiring for Fit Presented by: Human Resources

- Thursday, July 28 from 2-4 p.m.
- Friday, July 29 from 8-10 a.m.
- Friday, July 29 from 1-3 p.m.
- Monday, Aug. 1 from 1-3 p.m.

Register in the Talent & Development Center with keyword: "Leadership" or call Learning & Development at ext. 8491 for further assistance.

Are You Ready for a Challenge?

The 9th Annual Snider Heart & Lung 5K Run/Walk and 10K Run will be held on Saturday, Aug. 27 with a start time at 8 a.m. This run/walk is held annually to help raise money for heart and lung patients who attend Cardiac and Pulmonary rehab. **Once again, the Snider Heart and Lung Run Committee is issuing a challenge to all departments at FMC!** This challenge will be based on money raised to support a great cause. Each race participant's entry fee on your team will be added to the team's total, along with any donation obtained. Departments will be grouped based by number of FMC employees in that department. A small department is 10 or less employees, a medium department is 11 to 50 and a large department is 50+. Each group will have top winners! This is a fun way to get some exercise, show your department spirit and help heart and lung patients in need! Not a runner? No problem! You can walk the 5K or volunteer! Every volunteer that your team recruits helps with the race and your team will get an extra \$20 added to your total. The idea is to rally as many people together to participate. Make it a fun, team-building activity! Make shirts, have a funny team name, meet after work and train together! So what does the department with the most participation win ...? Bragging rights for sure! And the distinct title of "WINNER." Most recent winners include FHP Cardiology, Cath Lab, and 3rd Floor. Can they keep their titles or will you dethrone them?

For more information on how to register your department, please contact Stephanie Young at 740-687-8175, stephaniebo@fmchealth.org or Kim Hillyard at 740-687-8261, kimberlyh@fmchealth.org.

We will see YOU at the finish line!



CALLING ALL VOLUNTEERS

We need people to help
with Healthfest and Cruise-in.
Shifts from 8-11:30 and 11:30-3

Contact Katie Racette
katier@fmchealth.org x8561

WHERE IN THE WORLD IS FMC?

Steven & Laura Hernandez



San Juan, Puerto Rico

Steven & Laura Hernandez



Philipsburg, St. Maarten

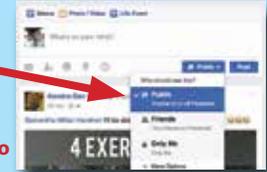
Steven & Laura Hernandez



Labadee, Haiti

Grab a beach ball in the cafeteria and show us where you go on vacation! If you are offsite send an email to katier@fmchealth.org to get yourself a beach ball. Remember to check out the map outside of HR to see where everyone has travelled this summer. Prizes will be awarded to furthest traveled, Best Celebrity Photo and more!

TIP#1 FOR POSTING on facebook- change privacy settings for the post to "public" so we can see it.



For more info, contact Katie Racette at katier@fmchealth.org.

Sign up for "Make a Difference" Training

"Make a Difference" Roll Out – We have heard many questions regarding our upcoming "Make a Difference" Trainings:

- **What is this all about?** We at FMC have a heart to care for our patients and make a difference in their health care experience. However, we often have many tasks in front of us limiting our time to personally tend to patients as we may desire. As we focus on our common purpose and making a difference, how do we prioritize our purpose with the tasks we need to get done each day? Our partners from the Disney Institute will be on site to conduct training on our new service framework to answer these dilemmas. The service framework, developed by our work team members, is designed to help and support each of us when faced with conflicting priorities.
 - **Who is to attend the trainings?** All employees, volunteers, physicians and contract employees.
 - **When are the trainings?** Sessions will be held Aug. 8-12.
 - **How do I sign up?** Sign up is available in TEDS using keywords "Cultural Transformation" or "Make a Difference." Because volunteers and non-employed physicians cannot sign up through TEDS there will be designated sessions specifically for each group. Volunteers can speak with their liaison or the volunteer coordinator to find classes convenient for them.
 - **What if I am on PTO that week?** There will be make-up dates for those who are on PTO or FMLA during this week. Those times have yet to be determined and will be limited, so if you can, please sign up for the dates available Aug. 8-12.
 - **How long is each session?** Each session will last 90 minutes.
- For questions, contact Regina King at ext. 8578.

FMC Supports the Lancaster Festival



Vital Signs Opening Act at Festival

FMC's very own rock band, Vital Signs, will be the opening act for the AC/DC TRIBUTE BAND (Live Wire) concert held on Wednesday, July 27 at 7:30 p.m. at OU-L Wendel Concert Stage.

Don't forget to mark your calendars and support your fellow staff. Vital Signs merchandise will soon be available at the Wishes Gift Shop.

Pre-sale Discounted Festival Tickets Available

If you are planning to go to any of the Festival events, be sure to go to Human Resources and pick them up:

- Wednesday, July 27 – AC/DC Tribute Band Live Wire – Opener: Vital Signs – Adults \$15 each, Children \$5 each: Gate price for Adult \$20
- Saturday, July 30 – Vince Gill – Adults \$30 each, Children \$5 each: Gate price for Adult \$40

Children's price is the same for early purchase or purchasing at the gate.

Special Events Featuring FMC

Bike Races for Kids 10 and Under

Bike Races for Kids, start at Standing Stone Bank, 137 W. Wheeling St. Friday, July 29 • 5:30 p.m. FREE EVENT

Festival 5K Road Race

10th Annual Lancaster Festival 5K Road Race at Fountain Square Saturday, July 30

Registration: 7-8 a.m. Race begins at 8:30 a.m. Registration is \$20 if postmarked by July 23 and \$25 afterwards/race day.)

Register at <http://www.lancasterfestival.org/new-page-1>



Musical Medicine

Join us July 27 from 1-2 p.m. for a harp and flute duo performance outside the Wishes Gift Shop featuring Musical Medicine.

Birthdays

MONDAY

Tonya Dillard, PCU
Lauren Burgoon, Surgery
Robin Sheets, Fairfield Occupational Health
Ashley Clouse, Marketing/Community Services
Tina Coey, Laundry
Paul Bastian, Volunteer, Messenger Services
Pam Plescher, Volunteer, South Info. Desk

TUESDAY

Ciara Sidwell, Maternity
Briget Wells, Nuclear Medicine
Steven Fowler, Physical Therapy
Teresa Powell, Medical Info. Services

WEDNESDAY

Andrea Barrett, Physicians Services Float Pool
Taylor Young, Fourth Med./Surg.
Stevie Stimmel, Wound Therapy
Jeffrey Keefe, Surgery
Janice Novotni, Cancer Resource Center
Jacqueline Watson, Case Management
Kayla McGrew, Lab/Bacteriology
Beth McKnight, Contracts and Collections
Elaine Darfus, Volunteer, River View Surgery Center

THURSDAY

Stephanie Ott, M.D., FHP Rheumatology
Dezarae Rodgers, Third Med./Surg.
W.J. Truesdell, Physical Therapy
Michelle Greulich, Patient Representative
Linda Anson, Dietary
Paul Bateson, Materials Management

FRIDAY

Tabatha Gard, Fourth Med./Surg.
Bozena Paszko, Emergency Dept.
Cheryl Stillberger, Imaging Administration
Christina Shaw, Worklife
Patti O'Rourke, Volunteer, Diagnostic Services

SATURDAY

Barbara Morrison, FHP General Surgery
Lori Kammerling, Fourth Med./Surg.
Jason Miller, 2 Surgical
Elaine Hatch, Nursing Float Pool
Angela Burns, Surgery
Barbara Barton, Lab/River Valley
Cheryl Henney, Human Resources
Timothy Daniel, Housekeeping
Jackie Reed, Contracts and Collections
Sherry Hicks, Medical Info. Services
Ted Tower, Volunteer, North Info. Desk
Steve Dickerson, Volunteer, Emergency Dept.
Faye Sarbaugh, Volunteer, South Info. Desk

SUNDAY

Phillip Bowes, Third Med./Surg.
Laura Gornall, Maternity
Beth Lenhart, Central Sterile
Michael Young, Pharmacy
Dorothy Rosier, Volunteer, North Info. Desk

Get the Monday Morning via Email

To get the **Monday Morning** emailed to you, contact Risha Wagner, Marketing, at ext. 6494 or rishaw@fmchealth.org.



From the Employee Activities Committee
(For employees, physicians and volunteers)

Hospital Happenings

FMC Sponsors Festival Bike Race for Kids! Join us Friday, July 29 in front of Standing Stone National Bank for a bike decorating contest and bike races for ages 10 and under. Prizes will be awarded to the best decorated bikes and race winners ages 4 and younger, 5-6, 7-8 and 9-10. Registration begins at 5:30 p.m. Judging begins at 6 p.m. with races to immediately follow. For questions or more information, contact Kellie at 740-689-6822.

Heart Failure Education: The Continuum of Care – Prevention, Treatment & Post Acute Care Join us from 9-11 a.m. on July 29 in the FMC Assembly Rooms 2 and 3 for an educational event to learn more about best practice when caring for your HF patient. Topics include: Disease Process, Assessment Skills, Medication Management, Education and Teach Back. FMC employees please register by July 22 through TEDS using keyword "Heart Failure." For questions, please call 740-689-4467.

Prostate Health Education Group of Fairfield County – Join us Aug. 8 from 7-9 p.m. in FMC Assembly Room 2 to hear Tabitha Sayre, B.A., M.H.A., FMC financial rep. Guests may ask questions and hear members discuss their experiences. For additional information, please contact Bill Stevens, Ph.D., at 740-503-0086.

Centennial Healthfest & Cruise-in Mark your calendars for Aug. 20 from 9 a.m.-2 p.m for the Centennial Healthfest and Cruise-in at the Fairfield County Fairgrounds. There is no charge to attend. The event will feature free health screenings, door prizes, food vendors, craft vendors, a 50/50 raffle, information sessions, safety for kids and more! To find more information, go to fmchealth.org.

Heart and Lung Run – Join the FMC Snider Cardiovascular Institute for a 5K run/walk or 10K run on Saturday, Aug. 27 to provide financial assistance for the rehabilitation of heart or lung patients. Registration begins at 6:30 a.m., race begins at 8 a.m. and includes chip timing. The course will begin and end on the corner of Wheeling St. and N. Ewing St. in Lancaster. Entry fee for 5K: \$25 Pre-Race; \$30 Day of Race. Entry Fee for 10K: \$30 Pre-Race; \$35 Day of Race. Register online by visiting FMchealth.org and click on the Heart and Lung Run.

Schedule Your Free Mammogram Today!

The Fairfield Medical Center Foundation has again been awarded the Susan G. Komen Columbus grant for financial assistance for women in our area. To check eligibility, or for assistance in obtaining a physician's order, contact an FMC Komen Grant representative at 740-243-8924.

Look Good Feel Better Class

Join us to learn how to look good and feel better about the skin and hair changes caused by cancer treatment. Classes are held at the Cancer Resource Center located at 135 N. Ewing St. Be sure to call the American Cancer Society at 1-888-227-2745 to register and for the next class times.

Fairfield Medical Center's Mission: FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision: FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Ethics & Compliance Hotline: 1-855-541-4169
or go to fmchealth.ethicspoint.com

Oxygen for the Soul

"...if the Son sets you free, you are really free...Do not use your freedom as a way to conceal evil."

~John 8:32 & 2 Peter 2:16

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

- Join us at **Hocking Hills Winery for Wine and Canvas** on Aug. 4 from 6-8:30 p.m. Cost is \$30 per person, including all supplies and instructions. Wine and appetizers are available for purchase. Please see the FMC Intranet Employees Activities tab for a registration form. Send your completed form to Jennifer Dicken in Cardiovascular Services. For more information, call ext. 8345. Only 55 spots available.
- **BELONG Tour** at Nationwide Arena is scheduled on Aug. 19 and Aug. 20 featuring Jen Hatmaker, Sarah Jakes Roberts, Patsy Clairmont, Nichole Nordenman, and Shauna Niequist. Producers of Women of Faith, the leading women's Christian event for the past 20 years, will launch the BELONG Tour in 2016 - a gathering for women who crave a deeper connection with each other, their community and their dreams. See the FMC Intranet/Employee Activities button for ticket order form. Ticket good for both days.
- **Picnic in the Valley and Zipline Event** on Sunday, Sept. 25 from noon-5 p.m. Enjoy fishing, volleyball, cornhole, beautiful surroundings, yummy food and more at our fall picnic. ALL are welcome to the picnic. Zipline event is optional. Hotdogs, chips, apples and water will be provided by FMC at the large event tents. Free KONA ICE for dessert! Zipline packages available for purchase starting at \$50 for adults and \$20 for kid's mini-zip. Zipline registration deadline is Aug. 30. Questions? Please contact Wendy Travis at ext. 8395.
- **Kellogg's Tour of Gymnastics Champions** at Nationwide Arena on Saturday, Oct. 22 at 7 p.m. Tickets starting at \$45. Exclusive experiences including autograph session offered starting at the Platinum ticket level. Check or credit card accepted. Please see the order form on the FMC Intranet/Employee Activities button for more information.
- **Adventures on the Gorge** – Another great discount offer for nature lovers and those looking for adventure this summer! Save 15% off adventure course, zipline and white water rafting packages. For reservations, call 877-381-6947. Ask for the FMC 2016 Employee Discount Program. Prices and additional information can be found on the FMC Intranet/Employee Activities button.



Order forms can be found on the FMC Intranet/Employee Activities button listed events.