22-August-2016 | fmchealth.org | Volume N: 202

100 YEARS of Caring
Fairfield Medical Center

Monday Morning

Chef Jamie Hosts "Get Your Grill On"

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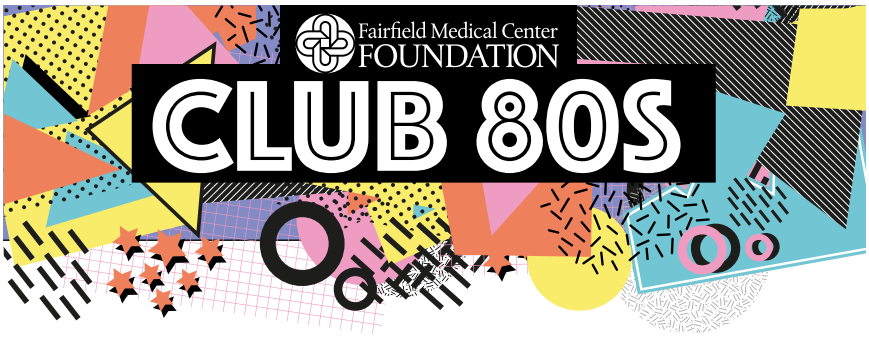
New Gastroenterologist at FMC – Dr. Rayapudi

Fairfield Healthcare Professionals is pleased to announce the addition of Krishna Rayapudi, M.D., a specialist in the area of gastroenterology and hepatology. The addition of Dr. Rayapudi also allows for the opening of a new practice for FHP – Fairfield Healthcare Professionals Gastroenterology & Hepatology. Dr. Rayapudi joins us from the University of Cincinnati, where he served as an Assistant Professor of Clinical Medicine. He is a member of the American Society of GI Endoscopy, American Association for the Study of Liver Disease and the American Gastroenterology Association. He specializes in the treatment of routine and advanced EGD, colonoscopy, esophageal high-resolution manometry, ano-rectal manometry, ERCP, hemorrhoid banding and hepatology. He also is highly experienced with the care of liver transplant patients. The addition of Dr. Rayapudi to Fairfield Healthcare Professionals will enable FHP to further expand into the field of Gastroenterology and provide patients with specialized GI care. Dr. Rayapudi's office is located at 618 Pleasantville Road, Suite 304, in Lancaster and he is now accepting patients. For more information about or to refer a patient to Dr. Rayapudi, contact FHP Gastroenterology & Hepatology at 740-689-4909.



FRANKIE SAYS RELAX AT CLUB 80S

FOR FOOD, FUN & GOOD TIMES. PLAY NAME THAT TUNE & 80S TRIVIA FOR A CHANCE TO WIN SOME TOTALLY COOL PRIZES.

LOCATION: OLD SURGERY

DATE: THURSDAY, AUGUST 25TH

TIME: 10 A.M. TO 2 P.M.
8 P.M. TO MIDNIGHT

DONATION SUGGESTED TO PLAY
ALL PROCEEDS GO TO THE
1916 CLUB CAMPAIGN

Roaring 20s 1916 Campaign Raffle

(MICU, SICU, MPCU, SPCU, 2SURG, PICC)

6 FAB CHANCES TO WIN ONE OF THESE PRIZES:

(3) 1 month parking garage pass
(1) $50 Visa gift card
(1) $50 Scrub gift card
(1) Night out package: $25 gift card to a restaurant and two tickets to a swell movie!

$5 for one (1) ticket or $10 for three (3) tickets

Watch for us in the cafeteria:
August 19, 23, 25, 27, 29
Sept. 1 & 7 or
Come inquire in the ICU on 3rd floor.
Drawings will be held on Thursday, Sept. 8.

For more info:
Shannon Francis
ext. 8390 or
shannonfr@fmchealth.org

From the Chief's Desk

I would like to take this opportunity to review the financial results for July 2016.

Volumes and Revenue:
- Total gross revenue for the month was -2% below budget for the month. Inpatient revenue was at budget however outpatient revenue was -3% below budget due to lower volumes in most outpatient areas.
- The below budget charge revenue, along with a lower commercial payor mix, made for net revenue that was nearly -1% below budget for the month.
- Year-to-date, our net revenue is almost 3% higher than anticipated.

Expenses:
- Salaries and benefit expenses exceeded budget by 4% for the month as we incurred higher staffing costs and continued high employee health plan claims expense.
- Supply and pharmacy expenses for the month exceeded budget by nearly 4% due to continued higher pharmacy costs than anticipated.
- All other expense categories combined were right at budget for the month.
- In total, expenses for July were 3% over budget.
- Year-to-date total expenses are over budget by 4%.

Summary:
- The below budget outpatient revenue, along with the above budget salaries, benefits, and pharmacy expenses, made for a loss from operations of -2.6% for July.
- After adding in the results from our interest in Diley Ridge and other related entities, our total margin was a break-even 0.0% gain as compared to a 2.9% budget gain target.
- Year-to-date we at a -0.1% loss from operations as compared to our 1.1% budget goal.

Financially, it appears that our operations did not adjust to match our decreased outpatient volumes for the month. Going forward we need to better match resource use with patient service so that we may realize both operational and financial stability.

Sky Gettys, Chief Financial Officer

Stop in Tuesday, Aug. 30 from 7-11a.m. in the Second Floor Assembly Room and meet the Quality Excellence Team, and learn how we can help you reach your full potential:
- Learn about our new services
- Visit various displays to understand our vision
- Register to win giveaways & GRAND PRIZE!

Update Personal Contacts in Employee Self-Service

If you cover dependents on your medical, dental or vision plan, please make sure you have their date of birth and social security numbers listed in Employee Self-Service (ESS). It is important our carriers have this information on your dependents for proper coverage and eligibility. Go to ESS, click on the Employee tab, then click on Personal Contacts. Add/edit the appropriate dependents.

Consumer Driven Health Plan and Health Savings Account

If you are enrolled in the Consumer Driven Health Plan (CDHP) and you do not have a Health Savings Account (HSA) bank account on file in Human Resources, please remember to open an account at the banking facility of your choice. Although opening a HSA is optional, in order for FMC to contribute $500 per covered members on your medical plan into your HSA, you must provide account information to us. Please see page 28 in the Employee Benefit Guide or call HR at 740-687-8017 for more information.

When Closing a Direct Deposit Bank Account- Inactivate in ESS and Notify Accounting

Please be remember if you close a bank account that is used for direct deposit, you must inactivate the closed account in your Employee Self-Service (ESS). You will then need to notify Accounting that you closed your bank account in ESS. This includes closing a Health Savings Account. Please call Kevin Effinger at 740-687-8041 or email him at kevine@fmchealth.org to inform him that you closed an account or for more information.

Ohio State Football Tickets

Human Resources will soon have Ohio State football tickets to sell. The tickets may be purchased with cash or payroll deduction over two pays. Tickets will cost $77 each for the following games:
- Sept. 3, Bowling Green at noon
- Sept. 10, Tulsa at 3:30 p.m.

There is a limited number of tickets so stop in Human Resources to reserve and pay for your tickets.

CALLING ALL RUNNERS/WALKERS AND VOLUNTEERS:

Are you ready for a challenge?

AUG. 27 SATURDAY

HEART & LUNG RUN 2016

The Snider Heart and Lung Run Committee is issuing a challenge to all departments at FMC. The entry fee for each race participant on your team will go toward your team total, along with any donation obtained. Departments will be grouped based on number of FMC employees in that department. A small department is 10 or less employees, a medium department is 11 to 50 and a large department is 50+. Each group will have top winners – this is a fun way to get some exercise, show your department spirit and help heart and lung patients in need.

Not a runner? No problem. You can walk the 5 miles or volunteer. For each volunteer that your team recruits to help with the race, your team will get an extra $20 added to your total. The idea is to rally as many people together to participate. Make it a fun, team-building activity – make shirts, have a funny team name and meet after work to train together.

For more information on how to register your department please contact Stephanie Young at 687-8175/stephaniebo@fmchealth.org or Kim Hillyard at 687-8261/kimberlyh@fmchealth.org.

Register for the run at fmchealth.org

Sept. is Hunger Action Month

On Sept 8, FMC will participate in a community-wide event called Hunger Action Day. Consider the following: 19,420 Fairfield County residents are food insecure and 42% of those residents are not eligible for food assistance. In 2015, our community donated more than 3,000 food items during this event and the employees of FMC donated a significant portion of the total. Do your part and bring non-perishable food items to work that day. If you have any questions about this initiative, please contact John Belin via email at johnb@fmchealth.org. Be a part of Hunger Action!

Looking for HealthStream CE Center Instructions?

Instructions for accessing HealthStream CE Center are available on the FMC Intranet. They can be accessed via: FMC Intranet, Learning and Development tab (at top of page), Online Learning and Self Studies bubble (in the right column), HealthStream and Lippincott Folder, then click on Accessing HealthStream Clinical Content.pdf.

Sending Interoffice Mail to River View

Each day, multiple envelopes and packages are sent to the River View campus via interoffice mail and our couriers. Did you know our couriers go to over 10 different locations at that site? Most interoffice mail is addressed simply to "River View." This makes it very challenging for our volunteers and couriers who are working to get the mail delivered to the correct location.

What we need from you – very simply: Please be as specific as possible, for example put River View Surgery, River View PAT or River View Imaging. If you know the suite number of the office, please include that. The more information you give us, the more likely your interoffice mail will be received by the correct area in a timely manner. We appreciate your cooperation.

Birthdays

MONDAY

Tammy Wells, FHP/First Medical Urgent Care
Ressa Hutchison, Surgery River View
Terrie Faris, Cardiac Cath Recovery
Sabrina Greer, Audiology
Mary Bowers, Contracts and Collections

TUESDAY

Travis Yzenski, ICU
Kristin Emmert, Maternity

WEDNESDAY

Heather Warren, Third Med./Surg.
Zachary Griggs, Emergency Dept.
Kathy Thompson, Wound Therapy
Colleen Tobin, Surgery
Cindy Wood, Lab/Phlebotomy
April Frost, Housekeeping
Margie Kunkler, Housekeeping
Kirsten Boggs, Housekeeping

THURSDAY

Jennifer Shull, FHP Vascular Surgery
Randi Schooley, Fourth Med./Surg.
Janice Evans, Housekeeping
Kathy Gossel, Contracts and Collections

FRIDAY

Christian Tencza, M.D., FHP Pulmonology/Critical Care
Brittnee Warner, PCU
Jessica Callander, Surgery Assessment
Robert Eby, Surgery

SATURDAY

Conda Barlow, Surgery River View
Kathryn Wise, Case Management
Kurtis Tufts, Radiology/General
Charles Hockman, Plant Engineering
Alecia Combs, Registration

SUNDAY

Tina Harlan, Fourth Med./Surg.
Keith Mendenhall, Cardiovascular
Mary Winslow, Volunteer, Main Information Desk
Jean Fannin, Volunteer, Administration, Volunteer Services, Marketing

"Get Your Grill On" Event Held

Recently, Chef Jamie Brumbaugh grilled great food, entertained and educated 26 employees on how to master the grill, while keeping it flavorful and healthy for staff in our Butterfly Garden.

Friday's Retro Meal Deal

Join us Friday for Battered Fish and French Fries with Brownie and Drink for only $5.

TWIG 17 Books & More Sale

Join TWIG 17 as it celebrates its third anniversary at Books & More (located at 1151 E. Main St. in Lancaster). All items in the store will be half off and all proceeds from the bookstore benefit FMC through the FMC Foundation. The sale will be held on Sept. 28 (1-6 p.m.); Sept. 29 (1-6 p.m.); and Oct. 1 (10 a.m.-4 p.m.). For questions, call 740-689-4976 or keelyp@fmchealth.org.

Hospital Happenings

Heart and Lung Run – Join the FMC Snider Cardiovascular Institute for a 5K run/walk or 10K run on Saturday, Aug. 27 to provide financial assistance for the rehabilitation of heart or lung patients. Registration begins at 6:30 a.m., race begins at 8 a.m. and includes chip timing. The course will begin and end on the corner of Wheeling St. and N. Ewing St. in Lancaster. Entry fee for 5K: $25 Pre-Race; $30 Day of Race. Entry Fee for 10K: $30 Pre-Race; $35 Day of Race. Register online by visiting fmchealth.org and click on the Heart and Lung Run.

ALICE (Active Shooter) Training for Staff – The Fairfield Medical Center Police will offer ALICE (Active Shooter) Training on Aug. 30, Sept. 13 or Sept. 27 from 8 a.m.-1 p.m. in the Accounting Training Room. ALICE (Alert, Lockdown, Inform, Counter, Evacuate) Training provides preparation and a plan for individuals and organizations to proactively handle the threat of an aggressive intruder or active shooter event. To register, sign up through TEDS through the Learning and Development Department. Only 25 spots per class are available. Registration is on a first-come, first-served basis through TEDS. For questions, contact ext. 8124.

Team Lead Connections – In September, we will review the modules you completed online for our "Communication" topic and look at a TEDs talk. Sign up in the Talent Development Center using keyword "TLC" or call the Learning & Development Department at ext. 8491. This class title is Communication Part 2. September classes will be on the dates listed below:

- Sept. 8, 7:30-8:30 a.m. or 1:30-2:30 p.m.
- Sept. 9, 7:30-8:30 a.m. or 1:30-2:30 p.m.

CPR or First Aid – Join us Sept. 10 to learn adult, child and infant CPR/first aid. Receive a certification card upon completion of a written exam. CPR is from 8:30 a.m.-noon and first aid is from noon -3:30 p.m. in the West Wing Classrooms. Registration is required at 740-687-8477 and the fee is $35 per person.

Being Mortal – Join us Sept. 15 from 6-8 p.m. for a free screening and discussion of the PBS Frontline documentary "Being Mortal." This event will be held at the Crossroads Event Center, 2095 W. Fair Ave., Lancaster. Based on the best-selling book by Dr. Atul Gawande, "Being Mortal" explores the hopes of patients facing terminal illness and their relationships with the doctors, nurses and family members who care for them. The purpose of the event is to spark conversations about end-of-life goals and preferences. Being Mortal is sponsored by FairHope Hospice & Palliative Care, with Fairfield Medical Center as the presenting sponsor. Space is limited; RSVP to 740-475-0654 by Sept. 7.

Foundation Food and Wine Tasting Don't forget to mark your calendars for Thursday, Sept. 22 from 5:30-8:30 p.m. for the FMC Foundation Annual Food and Wine Tasting. Location to be determined. For more information, call 740-687-8814.

Leadership STAT topic: HIPAA & Compliance – Presenter: Cheryl Henney-Compliance Coordinator:

- Sept. 28 from 8-9:30 a.m. or 1-2:30 p.m.
- Sept. 29 from 8-9:30 a.m. or 1-2:30 p.m.
- Sept. 30 from 8-9:30 a.m.

Register in the Talent and Development Center with keyword: Compliance or call Learning and Development at ext. 8491 for further assistance.

Cancer Care Run – Join us Saturday, Oct. 8 at Marten's Park in Lancaster for TWIG One's annual 5K run and 2-mile walk supporting local patients fighting cancer. Includes chip timing! Long sleeve T-shirt guaranteed for all participants who register by Sept. 30. More information and registration at twigone.com.

Schedule Your Free Mammogram Today! The Fairfield Medical Center Foundation has again been awarded the Susan G. Komen Columbus grant for financial assistance for women in our area. To check eligibility, or for assistance in obtaining a physician's order, contact an FMC Komen Grant representative at 740-243-8924.

Fairfield Medical Center's Mission: FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision: FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Ethics & Compliance Hotline: 1-855-541-4169 **or go to** fmchealth.ethicspoint.com

Oxygen for the Soul

Faith is the willingness to risk anything on God. ~Jack Hyles

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

EVENTS

From the Employee Activities Committee (For employees, physicians and volunteers)

- **FMC Family Photo Day** with Mary Jo Wooten, Professional Photographer at Rock Mill Park on Sept. 17 & 24 from 9 a.m.-4 p.m. A complimentary 8x10 will be provided by the FMC Employee Activities Committee with the option to purchase additional pictures. Sign-ups are limited to the first 54 employees (27 each day). Max group size: up to 8 people per session. Three photo packages and individual prints are available for purchase. If it rains, the photo shoot will take place in the FMC Assembly Rooms. Registered participants will be notified via telephone prior to the event if there is a change in location. Please see the FMC Intranet/Employee Activities button for detailed pricing information. Contact Michele Ewing to RSVP, at micheleh@fmchealth.org or 740-687-8264.
- **Picnic in the Valley and Zipline Event** on Sunday, Sept. 25 from noon-5 p.m. Enjoy fishing, volleyball, cornhole, yummy food and more at our fall picnic. ALL are welcome to the picnic. Zipline event is optional. Hotdogs, chips, apples and water will be provided by FMC at the large event tents. Free KONA ICE for dessert! Zipline packages available for purchase starting at $50 for adults and $20 for kid's mini-zip. Zipline registration deadline is Aug. 30. For questions, call ext. 8395.
- **FMC Night with the Blue Jackets!** – The Columbus Blue Jackets would like to invite the employees of FMC to Nationwide Arena to celebrate Opening Night on Oct. 13 at 7 p.m. (doors open at 6 p.m.). Enjoy NHL action at its finest as the Blue Jackets host the Boston Bruins! Join fellow FMC Employees and take advantage of a Preferred Rate of $34 for FMC. Order form and additional information can be found on the FMC Intranet/Employee Activities button.
- **Kellogg's Tour of Gymnastics Champions** at Nationwide Arena on Saturday, Oct. 22 at 7 p.m. Tickets starting at $45. Exclusive experiences including autograph session offered starting at the Platinum ticket level. Check or credit card accepted. Please see the order form on the FMC Intranet/Employee Activities button for more information.
- **Save the date – Employee Craft Fair** on Friday, Nov. 18 from 7 a.m.-3 p.m. in the Assembly Rooms. Shopping open to the public. Free doughnuts and cider for staff to enjoy while shopping. Vendor information and registration form can be found on the FMC Intranet/Employee Activities button.