

Monday Morning



Get Your FLU SHOT Oct. 17 – Assembly Rooms

Grateful Patient Recognizes Staff

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FMC Celebrates 100th Birthday by Receiving Key to the City

Fairfield Medical Center received a Key to the City on its 100th birthday – Oct. 10, 2016 – at the Fairfield County Fair main gate Monday. The day also was designated “Fairfield Medical Center Day” at the fair.

facility with the slogan “Good Will for the Ill.” Fairfield Medical Center kicked off its Centennial in October 2015 and will culminate its yearlong celebration on Oct. 25, 2016 from 4-6 p.m. with the sealing of a Centennial Time Capsule and the unveiling of a timeline installation.

Lancaster Mayor Brian S. Kuhn presented the key to FMC President and CEO John R. “Jack” Janoso, Jr. following the fair’s annual ribbon cutting. Monday marked the first time that a Lancaster mayor has presented a Key to the City.



Lancaster Mayor Brian S. Kuhn presents a Key to the City to FMC President and CEO John R. “Jack” Janoso, Jr. on Monday, Oct. 10 as FMC administration and Fairfield County Fair Manager Dave Benson look on.

“It was an honor for our hospital to be recognized by the Mayor in such a significant way – particularly during the Fairfield County Fair, which is a wonderful tradition in our community,” Janoso said. “It’s a proud feeling to know that we are carrying on the legacy that the founders of our hospital established a century ago – to care for our community.”

In addition to the Key to the City presentation, State Rep. Tim Schaffer (R-Lancaster) presented a resolution from the House of Representatives to Janoso in recognition of FMC’s anniversary. Throughout the day, FMC staff handed out free balloons and cookies at the hospital’s fair booth in the Art Hall.



FMC staff celebrate on the hospital’s 100th birthday at the Fairfield County Fair.

Fairfield Medical Center, originally known as Lancaster Municipal Hospital, opened its doors in 1916 as a 36-bed, 10-bassinet

GME Welcomes New Team Members

The Graduate Medical Education team would like to introduce two new team members.

Angie Hill has joined our team as the Family Medicine Residency Coordinator. Angie comes to GME from the Medical Information Services Department and will provide support to the Family Medicine Program director and our 12 Family Medicine residents. angelahi@fmchealth.org • 740-687-8999



Dustin Huffman has joined our team as the Internal Medicine Residency Coordinator. Dustin is new to the FMC family and will provide support to the Internal Medicine Program director and our 12 Internal Medicine residents. dustinh@fmchealth.org 740-687-8949

Please join us in congratulating Angie on her new position and welcoming Dustin to FMC!

Nursing Leadership Makes Changes

Nursing leadership heard from our night shift staff a need for “at the elbow and in the moment support” as nursing expertise in patient care situations. More is needed to effectively deliver resources to nurses at the point of care, particularly in settings where a procedure or intervention is unfamiliar, of low frequency or complicated, requiring timely recognition of changes in patient’s conditions and appropriate response. This is of high relevance during evening/night shift when resources are less abundant. We have posted a new position called Clinical Resource Nurse. We will need 2-3 experienced RNs to cover this role and schedule. The clinical resource nurse will work a 12-hour night shift with a focus on nurses with 1-2 years of experience. Qualified candidates will have a critical care background/experience and enjoy teaching and coaching others. This position will provide at the elbow interactions with new nurses to coach and facilitate technical skills, effective communication and critical thinking skills. If you have questions about this new position opportunity, please contact Teresa Ryan at teresar@fmchealth.org or Mark Vanderhoff at markva@fmchealth.org.

Donate Your Used Books

Attention bookworms! Looking to clear some space in your library to make room for new books? Donate your used books to the TWIG 17 Books & More store. While they accept a variety of books, TWIG staff are looking specifically for children’s books, romance books, cookbooks and mysteries. Please take any donation to the TWIG 17 Books & More store, located in the Kroger Plaza at 1151 E. Main St. on Wednesdays and Thursdays (1 p.m.-6 p.m.) and Saturdays (10 a.m.-4 p.m.). Remember: all profits from the bookstore come back to FMC through your FMC Foundation! If you have any questions, contact Keely Pearce at ext. 4976 or via email at keelyp@fmchealth.org.

Benefits Fair

The Benefits Fair is back this year! It is scheduled for Friday, Oct. 28 from 7:30 a.m. to 3:30 p.m. in the Assembly Rooms on the main campus. Stop by that day to get information about our upcoming open enrollment.

Update Personal Contacts in Employee Self-Service

If you cover dependents on your medical, dental or vision plan, please make sure you have their date of birth and social security numbers listed in Employee Self-Service (ESS). It is important our carriers have this information on your dependents for proper coverage and eligibility. Go to your ESS, then click on the Employee tab, then click on Personal Contacts. Add or edit the appropriate dependents.

Consumer Driven Health Plan and Health Savings Account

If you are enrolled in the Consumer Driven Health Plan (CDHP) and you do not have a Health Savings Account (HSA) bank account on file in Human Resources, please be reminded to open an account at the banking facility of your choice. Although opening a HSA is optional, in order for FMC to contribute \$500 per covered members on your medical plan into your HSA, you must provide account information to us. Please see page 28 in the Employee Benefit Guide or call Human Resources at 740-687-8017 for more information.

MedBen WellLiving

If you are enrolled in the medical plan, please be reminded the deadline to complete the wellness screenings is December 31, 2016 to receive the incentive beginning in April of 2017. Visit MedBen’s website at www.medben.com and click on “MedBen Access” to view your WellLiving dashboard. A flyer is also available in Human Resources to assist with logging onto the website. This dashboard will show the tests you have achieved credit for and the dates for the next expected time to achieve the screening tests. If you have any questions about the program, contact Human Resources or MedBen’s Customer Service at 800-686-8425.

System Username and Password

The annual benefit enrollment for 2017 benefits will be here before you know it. The dates and benefit information for the enrollment have not been released yet. Since enrollment will be completed in Employee Self-Service (ESS), you will want to be prepared and know your system username and password. You cannot use the single sign-on method to log into ESS to complete your benefit enrollment. Please look for benefit enrollment information in the near future.

School District Taxes

As a reminder to all employees, please be sure that you are reporting the correct school district for your taxes. Employees can add or update their school district through Employee Self Service (ESS).

Order Your Panera Bread Pink Ribbon Bagel

Bagels are so much more than dough at Panera Bread this October (Breast Cancer Awareness Month). Below are more details about this great partnership:

- During the whole month of October, a portion of the proceeds from every Pink Ribbon Bagel sold will benefit the cause.
- Shaped in the form of the iconic pink ribbon, the delicious Pink Ribbon Bagel features cherry chips, dried cherries and cranberries, vanilla, honey and brown sugar, and is baked fresh each morning by Panera’s bakers at each bakery-café.
- You can show your support for the cause by posting a photo of your Pink Ribbon Bagel using #MoreThanDough.
- Pre-order online at covelli.com/gopink or visit your local Panera Bread bakery-café to order your Pink Ribbon Bagels today.

Panera Bread will be on-site at FMC on Oct. 25 selling Pink Ribbon Bagels for the cause. Keep an eye out for future communication about this event. Pre-orders are due by Oct. 19 to Keely at keelyp@fmchealth.org.

FMC Orthopedic Program Growing



Plant Engineering began working earlier this month in the old Surgery area, which will be remodeled to accommodate future growth for the orthopedic program. This project is in alignment with our strategic plan and will have a positive impact on the care we provide to our orthopedic patients. Please be aware that during this construction, there will be access in emergent situations to the medical heart elevator. We will continue to provide updates on ortho's future plans for this new space in upcoming issues of Monday Morning.

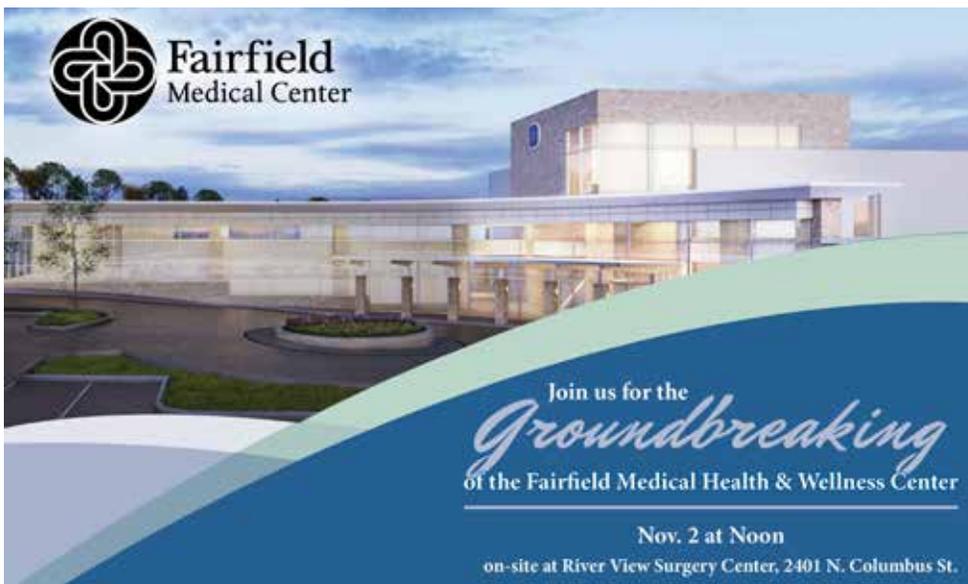
Grateful Patient Recognizes Staff for Care



Orthopedic nurses Troy Busch, Julie Richards and Mariah Kenny were recently honored by Grateful Patient Marilyn Sweyer for their legendary care during her recent stay after a knee replacement (see photo on front page). Mrs. Sweyer also recognized physical therapists Greta Campbell and Jessica Kinnison for their kindness and compassion through her therapy sessions. "These individuals treated me like I was more than just a number and I truly appreciated the way they made me feel special throughout a difficult time. I was happy to be able to make a gift to the Foundation honoring their care and commitment."



Fairfield
Medical Center



Join us for the
Groundbreaking
of the Fairfield Medical Health & Wellness Center

Nov. 2 at Noon

on-site at River View Surgery Center, 2401 N. Columbus St.

Birthdays

MONDAY

Melody Chaffin, FHP Vascular Surgery
Stacey Wolfinger, Third Med./Surg.
Lindsay Goeglein, Fifth Med./Surg.
Debra Klinger, PCU
Mark Van Hook, PCU
Carrie Olive, Learning and Development
Jolena Kelley, Contracts and Collections
Margie Swope, Volunteer, Cancer Care & Infusion Center

TUESDAY

Autumn Kincaid, Third Med./Surg.
Tarah Lytle, Nursing Float Pool
Sheri Garrett, Patient Representative
Ricardo Martinez, Central Transport
Valerie Shaw, 2 Surgical/Volunteer, Pet Therapy

WEDNESDAY

Carmen Saum, Third Med./Surg.
Tracy Williams, ICU
Thomas Schorr III, Emergency Dept.
Jennifer Weiland, Surgery
Carrie Philabaum, Recovery/Pacu

THURSDAY

Ashley Leach, Surgery
Jessica Klingelhafer, Chemotherapy
Ramona Cottrill, Cardiac Cath Recovery
Alexandra Karns, Lab/DHS
David Osborn, Dietary
Daniel Fishbaugh, Housekeeping
Morgan Cornwell, Housekeeping
Alicia Wentz, Medical Information Services

FRIDAY

Amy Lokenbauer, Third Med./Surg.
Jolene Godenschwager, Case Management
Mark Antal, Fairfield Diagnostic Imaging
Sherri Malone, Lab/DHS
Kimberly Jackson, Nursing Services
Christina Kelley, Medical Information Services

SATURDAY

Kaitlyn Francis, PCU
Camille Bowen, Central Sterile
Sherrice Hopkins, Physical Therapy
Sue Graham, PBX
Jim Teeter, Volunteer, Diagnostic Services

SUNDAY

Sondra Bash, Surgery River View
Jamie Reed, Speech Therapy
Dana Weisenberger, Dietary
Susan Errett, Volunteer, Main Information Desk

Get the Monday Morning via Email

To get the **Monday Morning** emailed to you, contact Risha Wagner, Marketing, at ext. 6494 or rishaw@fmchealth.org.

EAC Hosts Family Photo Day

Photographer Mary Jo Wooten provided a professional mini photo shoot to 40 FMC employees and their families on a beautiful Saturday at Rock Mill Park. Each employee will receive a free 8x10, compliments of the Employee Activities Committee. Thank you to Sara Miller, Michele Ewing and Kellie Sharp for coordinating this event. Pictured below is Katie Racette, Marketing, and family.



MCCN at FMC Treated to Special Presentation



Lola Zimmerman Edwards (1944 graduate of Mount Carmel School of Nursing) visited FMC to discuss nursing school and the Army Corp. Edwards was a nurse in occupied Paris, France with the MCCN/FMC students and FMC faculty educators during WWII. She is the mother of Tammy Varga (FMC lab) and Dr. Candace Greene (retired), as well as seven other children. Dr. Christine Wynd, MCCN President and CEO, and Mary Rogers, FMC educator, enjoyed meeting with Ms. Edwards (both Dr. Wynd and Mary Rogers are Army Corp. Nurse Veterans).

Infection Prevention Week at FMC

Break the Chain of Infection by washing your hands. Hand hygiene is instrumental in decreasing hospital-acquired infection. Hands should be washed: before and after patient contact, after using the bathroom, before eating, after contact with blood, body fluids or excretions, and mucous membranes. Soap and water is to be used with a patient who is known or suspected to have C-diff or if your hands are visibly soiled. Purell, an alcohol-based hand sanitizer, can be used with all other patients. Throughout this week, the new Infection Control Practitioners Kristin Shuman and Tina Cass will be quizzing you on your infection control knowledge and answering any questions.



Blood Administration Module

Blood transfusion education is a requirement for any person who is involved with the administration of blood products. This requirement is driven by regulations from The Joint Commission and The College of American Pathologists. Learning & Development has blended information from our FMC Blood Bank and Health Streams to create an online module to fulfill the annual regulatory requirements. All FMC nurses and perfusionists will be assigned this online education. The due date for completion is Dec. 31. Contact Mary Rogers at ext. 8529 in Learning and Development for questions.

Cultural Transformation Update – Service Standard – Seamless Experience

I will prioritize the needs of my customer over my own by not parking in patient parking spots, holding doors for others and stepping off the elevator to allow a patient to travel in my place.

<p>Care and Recognition</p>	<p>Meaningful Evaluations – A process for employee evaluations that is consistent and empowering. Giving and receiving feedback to reinforce the service standards and values of our culture.</p>	<p>The new employee evaluation process is currently being tested in Learning and Development, Human Resources, Employee Health and Health and Wellness. The goal is to train all leadership on how to use the new process and do a roll-out housewide first quarter of 2017.</p>
<p>Communication</p> 	<p>Communication Huddles – Many departments utilize huddles. The focus is to have all departments and areas use huddles on a consistent basis, and use them as a tool to communicate critical information.</p>	<p>This has been included in leadership training and will be continued in the upcoming leadership 3.0 training with the expectation of all departments having a routine schedule for huddles by Jan. 1, 2017. Huddles can be held each shift, each day, each week – however it works for each department.</p>

Live United Through Our Culture of Giving



Fairfield Medical Center Police Chief Steve Anderson, Sheriff Dave Phalen and Police Chief Don McDaniel know what it takes to give back.

Attention FMC Employees: The United Way of Fairfield County Needs Your Support

- Every dollar amount counts. Think with your heart and consider a gift!
- See your manager/supervisor if you still need a pledge card.
- Participate in the departmental basket raffle.



Faith-Based Workshop

The Fairfield Medical Center chaplain team will host a workshop featuring Jeanmine Abbott, Psy. D., as our facilitator.

The Role of Mental Health in Ministry

Oct. 27, 10 a.m.-noon in FMC Assembly Room 3
Lunch Provided



Jeanmine Abbott, Psy. D.

The workshop will offer insight into connections between faith and mental health resources. Dr. Abbott will provide interactive electronic voting (e-voting) for further dialogue and resourcing.

Faith leaders will benefit by understanding the integral role of mental health in ministry.

Workshop Goals:

- Define common mental health term misnomers
- Roadmap for caregiving to mental health clients
- Navigating personal stress and wellness

Presentations:

- Discovering balance between faith and mental healthcare
- Creating and vetting a referral list
- Self-care awareness and personal boundaries

Imlay's Uniforms Shop at Work Day

Sponsored by FMC Twig 9 to benefit patient care

Date: Tuesday, Oct. 18

Time: 6:30 a.m. – 4 p.m.

Location: Assembly Room 2

DID YOU KNOW?

Imlay's Uniforms donates 15% of sales to TWIG 9 to benefit patient care.

Payroll deduction available.

Shop the latest scrub fashions while doing your part to support FMC Twig 9.

Imlay's Uniforms
- Columbus - Zanesville -



Welcome



Emily Burnette, D.O.
River Valley Womens Health
123 N. Ewing Street
Lancaster, Ohio 43130
(740) 687-2229



People you know. Care you trust.

Celebrate Plant Engineering Week

Please join us in celebrating Plant Engineering Week starting Oct. 24-28. There will be building tours on Monday, Oct. 24 and Tuesday Oct. 25, starting at 10 a.m. and lasting until 1 p.m. Refreshments will be served as well as trivia questions with a chance to win fabulous prizes.

Hospital Happenings

Interested in Furthering Your Education? Muskingum University will have a display in the FMC Café during lunch hours Friday, Oct. 21. If you have any questions, please contact Learning and Development at ext. 8491.

Faith-Based Workshop with Jeannine Abbott, Psy. D. "The Role of Mental Health in Ministry" – Join us Oct. 27, 10 a.m.-noon in FMC Assembly Room 3 Lunch provided. The workshop will offer insight into connections between faith and mental health resources. For questions, call ext. 8344.

Leadership STAT training topic for October 2016: Managing Conflict & Difficult Conversations By: Kelly Marion, M.S.N., R.N. Join us: Oct. 26, 27 and 28 from 8-9:30 a.m. or Oct. 28 from 1:30-3 p.m. Register in the Talent & Development Center with keyword: "Conflict" or call Learning and Development at ext. 8491.

Paint it Pink – Attention current breast cancer patients and survivors: Paint a picture at no cost with other cancer patients and survivors and learn from an FMC physician about cancer services at your local hospital on Oct. 29 from 10 a.m.-2 p.m. Lunch will be provided for you and one guest. Painting instruction provided by Art and Clay on Main instructors and cancer survivors Barbara Fox and Kelly Miller. Limited seating is available. Registration for you and your guest is required by calling ext. 6839.

Shine a Light on Lung Cancer
This free event brings hope and support to those impacted by lung cancer. Mark your calendars for Nov. 10 from 6-7:30 p.m. at FairHoPe Hospice Pickering House located at 282 Sells Road in Lancaster. Event includes a special illumination ceremony. Register by calling 740-689-6889.

Prostate Health Education Group
For an informative presentation about prostate cancer screening, treatment choices, and the consequences of surgery and radiation, please join us on Nov. 14, from 7-9 p.m. at FMC, Assembly Room 2. There is no charge and all men and women are welcome to attend. For

more information, contact Bill Stevens, Ph.D., at 740-503-0086.

Spirit of Christmas

Applications are being accepted for any team member who may need a little extra help this year during the holiday season. All applicants must be employees of FMC or an affiliate. Copies of the guidelines for eligibility also are available with the application. Applications may be picked up in Human Resources. Completed applications must be returned to Abby Mulholland in HR by 4:30 p.m. Oct. 24 to be considered. Any applications not completed in full or received after the deadline will not be considered. If you have any questions, please call Abby Mulholland at ext. 6873. **All applications are kept strictly confidential.**

FMC Hosts Turkey Day 5K

Join us Nov. 24 at 8:30 a.m. for the Turkey Day 5K, sponsored by the FMC Foundation. The race will be held at Forest Rose School, (1592 Granville Pike). Awards will be given to the top three finishers in each age group and top overall male/female. Pre-registration is \$20 per person and includes shirt if registration is received by Oct. 31. Children 13 and under are FREE. To register go to <https://allsportsraces.redpodium.com/turkey-day-5k-lancaster>. For more information, contact FMC's Health and Wellness Services at 740-689-6822. **VOLUNTEERS NEEDED FOR THE TURKEY DAY 5K.** If you would like to volunteer for the event, please call Kellie Sharp at ext. 6822.

Oxygen for the Soul

"Go as far as you can see, and you will see further." ~Zig Ziglar

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).

Fairfield Medical Center's Mission: FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center's Vision: FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Ethics & Compliance Hotline: 1-855-541-4169 or go to fmchealth.ethicspoint.com

EVENTS



From the Employee Activities Committee
(For employees, physicians and volunteers)

- **FMC Trunk or Treat** – Join us Saturday, Oct. 22 (Gates will open at approx. 5 p.m.) Trunk or Treat from 5:30 p.m. to approx. 7:15 p.m. Showtime at dusk (Approx. 7:30 p.m.) Skyview Drive-In Movie Theater 2420 E. Main St. Lancaster. All are encouraged, but not required, to dress up and/or bring candy to pass out. Those wishing to participate can pass out candy from the trunk of their vehicle, hence the name "Trunk or Treat." All FMC employees, physicians, volunteers and their families are invited. No cost to attend, however an employee, physician, or volunteer must be in the vehicle to show their FMC badge at the ticket gate. Small vehicles must park by a white post. SUVs, vans, and trucks must park by an orange post.
- **Employee Craft Fair** on Friday, Nov. 18 from 7 a.m.-3 p.m. in the Assembly Rooms. Shopping open to the public. Free doughnuts and cider for participants to enjoy while shopping. Vendor information and a registration form can be found on the FMC Intranet EAC button.
- **Santa is Coming to Visit FMC!** Join us in FMC Assembly Room 1. All FMC families are welcome on Saturday, Dec. 3 from 11 a.m.-2 p.m. More information coming soon.

SAVE THE DATE



100 YEARS of Caring
Fairfield Medical Center

CENTENNIAL
Time Capsule

Tuesday, Oct. 25 / at FMC
4:30 p.m. - 6:30 p.m.

Be a part of Fairfield County history as we seal the hospital's centennial time capsule and unveil the FMC timeline installation.

Team Lead Connections

Online lessons are assigned in your Talent Development Center in your "to-do" list. *The next in classroom training will be: Patient & Family Complaints: A Gift to Leaders. Sign up for this training in the Talent Development Center using keyword, "Complaints" on Nov. 30, 8-9:30 a.m. or 2-3:30 p.m. OR Dec. 1, 10:30 a.m.-noon or 2-3:30 p.m.

"We make a difference by creating exceptional care and experiences from the heart, always."