

## Fairfield Medical Center Unveils First TV Commercials

The Marketing & Community Services Department is excited to share that we have just completed work on our first television commercial. The 30-second spots were created by the Columbus-based company Spacejunk and feature testimonials from patients who have had a positive experience at FMC. The commercials began airing in the Central Ohio market last week and also can be viewed on our Facebook page. These commercials align with the hospital's "Experience FMC" marketing campaign and were designed to showcase the excellent care and unique healthcare experience that patients can receive at our facility. We would like to thank the following patients and their loved ones for sharing their stories for our commercial: Nicole & Summerly Constantino, and family (pictured right); Renee Reindle, and family; Mike and Suzy Henwood; Rick Cochran & Denise Bauer; Ken Bussart and Bella; and Becky Wilmot.



## Message From Compliance: Keep Up the Great Work

The Compliance Department would like to thank you for all you do throughout the year. We also would like to share a few reminders:

1. If you receive a request for medical records of any type, please forward it to the Medical Records department. There are very few instances where we allow records to be released from other departments. In all cases, a release of information must be documented in a special system.
2. Please check your old files (electronic and paper) for contracts. If you have any contracts in your possession, please forward those to Amy Harris (ext. 4975) in Administration.
3. Stored PHI is a risk for the organization. If your department is storing patient information, please contact Cheryl Henney (ext. 4449) to review the situation and evaluation storage location and method.

4. Forms should be downloaded from the document center and not copied from a master document. If your form is not in the document center, please contact Angel Spencer (ext. 8592) for assistance with the process to get it in the document center.
5. Systems and Compliance are rounding to ensure we have safe and secure electronic and physical spaces. Anyone performing this function will be wearing an FMC badge. Please verify this individual has an FMC badge before allowing them into your area.



If you have any questions, please contact Cheryl Henney (ext. 4449), Gregg Witham (ext. 8676) or Amy Harris (ext. 4975).

## Top Workplace Trophy Begins Its Journey Through FMC

Over the next few weeks, members of Administration will visit departments throughout the hospital with the Top Workplace trophy. On Thursday, July 6, the trophy made its first stop at Systems (pictured right). At each department stop, a photo will be taken of that department's staff members with the trophy.

Fairfield Medical Center was named a 2017 Top Workplace by *Columbus CEO* magazine. Through this award, Central Ohio companies in small, midsize and large categories are recognized for creating and maintaining environments where employees feel appreciated, engaged and energized to do their best work.





# Awards, Recognitions & Accomplishments

## Bryce Lifer Named "Preceptor of the Year"



Congratulations to Bryce Lifer, staff pharmacist and OSU preceptor, for being named a "Preceptor of the Year" by the Ohio State University College of Pharmacy. Bryce was one of five preceptors to receive this honor, which is based on student nominations submitted to the Experiential Office and reviewed by a selection committee.

Preceptors are nominated for this honor by demonstrating high standards of professionalism, a spirit of cooperation with The Ohio State University College of Pharmacy and a commitment to students as a professional mentor and teacher. Bryce will receive a personalized plaque at the College of Pharmacy White Coat Ceremony on Aug. 17.

## Hand Hygiene Compliance – June

Overall hand hygiene compliance for the month of June was 82%. Congratulations to the following departments:

### 100% Hand Hygiene Compliance:

Lab  
MICU

### Greater Than 90% Hand Hygiene Compliance:

2 Surg                      Oncology  
4th Floor                      PT/OT/ST  
Radiology



## Grateful Patient Donates Flag Blankets to 4th of July Babies



A Grateful Patient who crochets afghans for new babies at FMC recently made some beautiful patriotic blankets for babies born on the 4th of July. The Grateful Patient was inspired to make baby afghans more than 10 years ago as a way to say "thank you" to FMC for the great care we provided to her father at the end of his life. The first afghans she made were for babies born during the Christmas season as a special way to welcome new lives into the world. Although this Grateful Patient isn't able to make as many as in years past, she has started making a few to give out at key holidays during the year. These are her first "4th of July" baby afghans.

## 4th of July Parade a Success

Thank you to everyone who participated in the 4th of July parade at the Fairfield County Fairgrounds. Participants passed out candy and small American flags to parade attendees. We appreciate you spending part of your holiday with us!



## Birthdays.....

### Monday

Tisha Ogg, ICU  
Lisa Reedy, Case Management  
Cassie Fowls, Lab/Core

### Tuesday

Karen Knisley, FHP Cardiothoracic Surgery  
Shauna Lemaster, FHP Ophthalmology  
Danielle Vanhorn, Fifth Med/Surg  
Megan Darnell, Psych  
Barbara Justus, Emergency Dept.  
Kimberly McCann, Mammography  
Johanne Darst, Volunteer, Gift Shop

### Wednesday

Jessica Hughes, Fifth Med/Surg  
Nicole Hamilton-Allen, ICU  
Stacy McKee, Emergency Dept.  
Jennifer Mallory, Endoscopy  
Mary Vandermark, Fairfield Diagnostic Imaging  
Cynthia McClintick, Human Resources  
Kimberly Castle, Coding

### Thursday

Sara Foreman, FHP Gastroenterology  
Meranda Osborn, Nursing Float Pool  
Shelby Markowski, Cardiovascular  
Julie Nungesser, Fairfield Diagnostic Svcs  
Elliot Hall, Pharmacy  
Debbie Schaffner, Contracts/Collections  
Jill Wesaw, Medical Information Services  
Lorie Young, Registration  
Rhonda Harvey, Coding  
Jim Kennedy, Volunteer, FHP Orthopedics  
Melissa Willard, Volunteer, North Desk

## Sepsis Alert Changing to a Documented Time Zero

- Sepsis alert is changing to a documented time zero on the best practice sheet.
- Time zero is the time of two SIRS and a suspected source of infection
- Time zero is the beginning of the three hour bundle
  - Three hour bundle is completion of cultures, lactate, antibiotics and fluid bolus
  - Six hour bundle is completion of repeat lactate, vasopressor and reassessment

\*\*If attending physician does not respond within 15 minutes of page, utilize CAT call

House Supervisor role includes:

- Receives notification from nurse of sepsis alerts/time zero (ED & IP) through utilizing the sepsis alert page by calling 3111.
- Placement of patient in appropriate level of acuity
- Assure handoff communication transition occurs seamlessly; ensure all required orders are received.

## FMC Prepares for 7th Year of School at Work Program



The Learning & Development Department introduced an exciting program back in 2010 called School at Work, a

workforce development system that brings education directly to the work site. School at Work (SAW) targets entry-level workers, such as housekeepers, nursing assistants, and clerical staff, who are hard-working and committed to a future in healthcare.

SAW benefits employees by improving their performance in current positions, preparing them for job advancements within their facility, and revitalizing their dreams of continued education. FMC has experienced great success offering SAW with students earning scholarships and starting back to college as early as summer session after graduating from the program.

SAW is an accelerated learning program that provides healthcare-specific education while developing a customized Career and Learning Plan (CLP). The CLP allows students to learn about advancement opportunities at the hospital, research

career steps and financial aid options, and determine what their next steps are.

Give School at Work a try if you want to:

- Gain the skills you need to move ahead at work
- Refresh your math, communication, and reading skills
- Improve your time management, computer, and study skills
- Learn what careers best fit with your interests
- Develop a personalized Career and Learning Plan
- Prepare for a certificate or degree program
- Challenge yourself and build self-confidence

To learn more about School at Work, please register in the Talent Development Center to attend one of the following information sessions. For additional information or questions, please contact FMC's School at Work Coach Wendy Travis at ext. 8395

### Information Sessions (keyword: school)

Wednesday, July 26 from 1:30-2:30 p.m. in Classroom Alpha  
Thursday, July 27 from 8-9 a.m. in Classroom Delta  
Tuesday, Aug. 1 from 2-3 p.m. in Classroom Alpha

## *From the Heart - Appearance Code Policy*

To highlight efficiency, our care and recognition team will host a table in the Café on July 10 complete with games and prizes. They also will be out and about delivering coffee and water to employees in the organization.

In addition we are kicking off an "Efficiency Video Challenge" where we encourage departments to work together to create a

cell phone video that highlights how efficiency works (or doesn't work) in their department. It can be funny, serious or both. Deadline for submission is July 21. Submit videos to Mike Kallenberg at [mikeka@fmchealth.org](mailto:mikeka@fmchealth.org). For more information, please see the *Monday Morning* insert or stop by the Café table.



## *Dates to Remember*

**July 15** – This is the deadline to donate your gently used scrubs to the United Way Career Closet. Drop boxes are located in the Cafe, Marketing and Foundation offices.

**Aug. 31** – The next quarterly rollout of "Required 2017" is ready to be assigned. The due date for these lessons will be Aug. 31. This rollout will cover topics such as workplace violence, regulatory compliance, medication safety, and moderate sedation. Each topic will be tailored based on department and position to make it more purposeful.



## HR Corner

### Pre-sale Discounted Lancaster Festival Tickets For Sale

HR has tickets available for sale to the Lancaster Festival for the following dates at Ohio University-Lancaster. Tickets may be purchased with cash or by payroll deduction.



Saturday, July 22  
The Mavericks  
Adult - \$20 (\$30 gate price)  
Child - \$5 (\$5 gate price)

Saturday, July 29  
The Beach Boys  
Adult - \$30 (\$40 gate price)  
Child - \$5 (\$5 gate price)

Wednesday, July 25  
Tusk-Fleetwood Mac Tribute  
Adult - \$15 (\$20 gate price)  
Child - \$5 (\$5 gate price)

### Referral Bonus! FMC Staff

#### Bonus being offered effective June 15, 2017

FMC is offering a CASH referral reward of \$1,500 to any employee (see exclusions below) that refers a job applicant who is hired into targeted job opening as outlined below. Referral bonuses are being offered for the following positions:

- Registered/Certified Respiratory Therapists hired full time nightshift in our Respiratory Therapy Department
- To be eligible for the referral reward, the newly hired employee must provide the current employee's name that referred them on their application at the time they apply.
- Only one referral reward will be issued per newly hired employee.

- If a current employee is referring a former FMC employee, the former employee must have left the organization effective one year from their resignation date in order to qualify for the referral bonus.
- Employees are eligible to receive a referral bonus for a maximum of 2 referrals.

The reward will be distributed in the following manner:

- The referring employee will receive a \$500 bonus (less tax) at the end of the newly hired employee's first week. The bonus will be direct deposited into the employee's account of which is on record with payroll.
- The referring employee will receive an additional \$500 bonus (less tax) at the end of the newly hired employee's 90 day provisional period, provided they have maintained FT or PT status in a targeted position. The bonus will be direct deposited into the employee's account of which is on record with payroll.
- Upon completion of the newly hired employee's first year of service, the referring employee will receive the remaining \$500 (less tax). The newly hired employee must still be PT or FT in a position identified as a targeted job.
- The following employee groups are excluded from the referral bonus program: members of Leadership (Supervisors and above) and employees of the Human Resources department.
- Contact a member of HR at ext. 8017 if you have questions.



## Wellness Wall

### Frequent Fatigue Can Derail Productivity

Frequent fatigue affects one out of three workers. Overwork, multitasking, and workplace demands are the main culprits. Although work pressures can feel inescapable, the strain you experience from them combined with communication and information-sharing technology makes fatigue a major health issue for the modern workplace. Work-life boundaries blur, making it seem like work is endless. Proper management and awareness of fatigue is a personal health responsibility in the modern era. Fatigue is not just feeling tired; you feel exhausted, slow, and lethargic. Fatigue can lead to cognitive errors, safety infractions and injury, co-worker conflicts, a higher risk of

depression, health problems, and negative impacts on children and families. Ironically, it is not work per se that creates fatigue; rather, it is how you work that creates fatigue. Fatigue builds with effort and decreases with rest. You can combat fatigue by working intensely in the morning, much more slowly in the middle of the day, and then intensely at the end of the day. Or simply plan breaks – go for a walk for a change of scenery or spend time in a quiet room. Don't just rest when you feel tired. Make rest a part of a healthier day.



## New Provider Spotlight



Douglas Dearth, Jr., M.D.  
Anesthesiologist



Shauna Glenn, M.S., FNC-P  
Cardiovascular Specialist, LLC



Nicole Grant, D.O.  
E.D. Resident



Robert Zee, D.O.,  
GME Faculty

 *Events of the Week*

**Lunch 'N Learn Series**

**Interested in learning more about Health, Nutrition and Weight Management?**

Join Olivia Clevenger, RD, LD, as she discusses a new dietitian-led program that offers cooking demonstrations, grocery store tours and counseling/coaching.

**July 12, noon-12:30 p.m.**

**Classroom Alpha**

Pre-registration is required as seating is limited



**Healthy Lifestyle SOLUTIONS**

**Lunch will be provided**

Register to attend by calling Kellie Sharp at 740-689-6822 / kelliess@fmchealth.org



Need a plan for breakfast, lunch, or dinner on Thursday, July 13? Bob Evans in Lancaster is holding a fundraiser for Baltimore TWIG 6 from 6 a.m.-10 p.m.; 15% of all sales will be donated to the TWIG. Don't forget to present your flyer (available for pick up in the Foundation office) at checkout!

**Bob Evans®**

 *Birthdays*

*Friday*

Kimberly Fannin, Fifth Med/Surg  
Alexis Daniels, 2 Surgical  
Stacy Foster, ICU  
Mary Cheney, Surgery Assessment  
John Stewart Lab/Admin  
Connie Barringer, Nutrition Services

*Saturday*

Christopher Ryckman, Sleep Lab  
Katherine Quance, Maternity  
Patricia Lantz, Surgery  
Michelle Duncan, Case Management

*Sunday*

Amanda Slater, D.O., FHP Fairfield  
Hospital Medicine  
Robin Saum, Cardio Fitness

**Tour de Cause** **FIGHT BACK! RIDE WITH US!**  
**JULY 15, 2017**  
Rides for every skill level - beginner to expert. All proceeds go to The Recovery Center of Fairfield County for education, prevention and treatment of drug abuse right here in Fairfield County. Ride with us!  
**at Ohio University - Lancaster** [www.tourdecause.org](http://www.tourdecause.org)

**Imlay's Uniforms Shop at Work Day**  
Sponsored by FMCTWIG 9 to benefit patient care

**DATE: Friday, July 14**  
**TIME: 6:30 a.m. – 4 p.m.**  
**LOCATION: Assembly Room 1 & 5**

*Payroll deduction available.*  
Shop the latest scrub fashions while doing your part to support FMCTWIG 9.

**DID YOU KNOW?**  
Imlay's Uniforms donates 15% of sales to TWIG 9 to benefit patient care.

Imlay's Uniforms - Columbus - Zanesville -

*Do you know someone who is at risk of an overdose?*

Join us for a **FREE** Community Information Session & Training for **Project DAWN** (Deaths Avoided With Naloxone)

**Thursday, July 13 @ 5-7 p.m.**  
Fairfield Medical Center  
401 N. Ewing St., Lancaster

 

*Oxygen for the Soul*

"Seeking God's will in the future is far less important than seeking God's will for today – this very moment. Therefore, if we are constantly gazing into the future to know God's will, we may always be missing His will this very day."

On The Journey With You,  
~Chaplain Jonathan

(The Chaplains' Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serve as an avenue for our FMC chaplains to provide weekly inspiration).



# Hospital Happenings

## Prostate Health Education Group

**Topic:** The Revolution in Prostate Cancer Imaging  
**What:** Hear Dr. Eugene Kwon (via DVD) discuss the latest in PET imaging for advanced prostate cancer.  
**When:** July 10 from 7-9 p.m.  
**Where:** FMC Assembly Room 2  
**Cost:** No charge. All are welcome to attend.  
**Contact:** Bill Stevens, Ph.D., at 740-503-0086

## Strength Finders Introductory Class

**What:** Classroom participants will do an online strengths assessment prior to class. Debbie Palmer will guide participants through a presentation and classroom activities that will give the learners strategies for using their strengths to enhance self-understanding and improve job performance.  
**Presenter:** Debbie Palmer  
**When:** 1-2 p.m. July 12  
**Where:** Classroom Gamma  
**Registration:** Sign up in TDC using keyword "Strength" or call ext. 6941.

## Dr. Laurianne Scott Women's Comprehensive Health Center Open House

**What:** We are excited to announce new technology – TruSculpt – in our practice. If you want to eliminate stubborn fat and get skin tightening, this treatment is for you with little to no down time.  
**When:** Tuesday, July 18 from 5-7 p.m.  
**Where:** 135 N. Ewing St., Suite 205, Lancaster  
**Register:** Call 740-689-2079



## Leadership STAT Training Topic for July: Copyright Law Basics and Record Retention

**Presenter:** Cheryl Henney, Compliance Coordinator  
**When:** 8-9:30 a.m. July 19, 8-9:30 a.m. July 20, 8-9:30 a.m. June 21 and 12:30-2 p.m.  
**Register:** In the Talent Development Center with keyword "Copyright" or call Learning and Development at ext. 8491 for further assistance.



## FESTIVAL EVENT: FMC Street Tunes at Artwalk

**What:** Join FMC and All-Star Entertainment during the Artwalk for a street version of Name That Tune. Prizes will be awarded.  
**Date:** July 21 from 6-9 p.m.  
**Location:** Near Four Reasons Bakery & Deli in downtown Lancaster

## FESTIVAL EVENT: Musical Medicine

**What:** The Musical Medicine Concert will feature Margaret Swinchoski on flute and Elizabeth Landis on harp.  
**Date:** July 26 from 1-2 p.m.  
**Where:** Near the Wishes Gift Shop

## Nursing Research Journal Club Event

**Topic:** Self Care For Nurses  
**When:** July 26. Two sessions: 11:15-11:45 a.m. & noon-12:30 p.m.  
**Where:** Assembly Rooms 2 & 3  
Lunch will be provided. Please note: Journal articles are available on the FMC Intranet under Links of Interest: NRC Journal Club

## FESTIVAL EVENT: Bike Race For Kids

**What:** An FMC-sponsored bike decorating contest and races for children ages 4-10.  
**Date:** July 28. Registration begins at 5:30 p.m. and judging begins at 6 p.m.  
**Where:** Standing Stone National Bank, 137 W. Wheeling St., Lancaster

## Healthfest

**What:** This fun-filled community event for all ages features free health screenings, food/craft vendors, giveaways, health information and more. The event will include a Color Mile Fun Run.  
**Date:** Aug. 5 from 9 a.m.-2 p.m. The Color Mile begins at 11 a.m.  
**Where:** Fairfield County Fairgrounds, 157 E. Fair Ave., Lancaster  
**Cost:** Free. The Color Mile is \$15 for participants 3 and up.  
**Registration:** Register for the Color Mile at fmchealth.org

## The Opposite of Addiction is Connection: Opioid Addiction Symposium

**When:** Aug. 17 & 18 from 8 a.m.-4 p.m.  
**Where:** Crossroads, 2095 W. Fair Ave., Lancaster  
**Cost:** \$25 for one day/\$40 for both days  
**Register:** Registration deadline is Aug. 10. Call 740-689-4420 or go online to fmchealth.org/OpioidAddiction.aspx  
**FYI:** Continuing Education credits available



# Employee Activities

## Lacrosse with the Ohio Machine

**Where:** NEW Fortress Obetz  
**When:** Select home games from May-July  
**Cost:** Tickets start at \$15. Free Ohio Machine hat with each purchase. Please see the FMC Intranet/EAC button.

**What:** Get the Led Out Concert  
**Where:** Legend Valley  
**Who:** FMC employees and guests  
**When:** July 14



**Pricing:** \$15 discount on general admission tickets. Regular price is \$35  
**How:** See the FMC Intranet/EA button for discount code and ordering instructions  
**Note:** For concert details, visit <https://gtlo.eventbrite.com>

## Columbus Clippers vs Buffalo Bisons

**Where:** Huntington Park  
**When:** July 17 at 7:05 p.m.  
**Cost:** Adults – \$10, Youth (12 and under)– \$7, Senior (60 and over) – \$7  
**How:** Please see the FMC Intranet/EA button for ticket order form  
**Contact:** Amy Black for questions at ext. 8241 or [amya@fmchealth.org](mailto:amya@fmchealth.org)  
**Note:** It's Dime a Dog Night! Limited number of tickets available.

## Escape Room

**Where:** The Chamber Escape Room  
**When:** Now through Aug. 31  
**Discount:** 20% off Thursday-Sunday  
**How:** To make reservations, visit [escaperoomcolumbus.com](http://escaperoomcolumbus.com).  
**Note:** Ages 8 and up. See Intranet/EAC tab for more details and promo code  
**Contact:** Katie Murphy at 740-689-4969 or [katrinamu@fmchealth.org](mailto:katrinamu@fmchealth.org) with questions

## COSI Discount Tickets

**When:** Good for any day, now through Dec. 31, 2017.  
**Cost:** \$10 per ticket. Save up to 50% off general admission. Additional attractions may be purchased at COSI. Purchase your tickets in HR. Please complete the ticket order form found on the FMC Intranet/Employee Activities button. Parking is \$5 per vehicle paid at COSI.  
**Contact:** Kellie Sharp at ext. 6822 for questions or more information.

**FMC's Mission:** FMC delivers outstanding healthcare for our patients, their families and our communities.

**FMCs Vision:** FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

**Ethics & Compliance Hotline:**

1-855-541-4169

or go to [fmchealth.ethicspoint.com](http://fmchealth.ethicspoint.com)