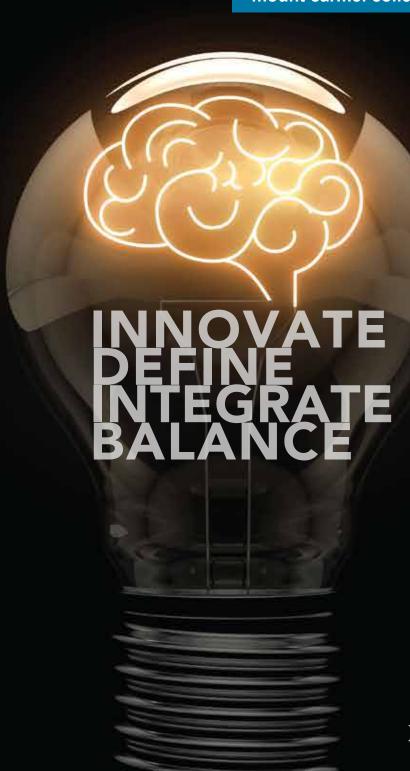
the LAMP

WINTER 2022

mount carmel college of nursing magazine





WHEN LIFE IS YOUR LIFE'S CALLING.

JOURNEY FORMATI

MAKES REMARKABLE PROGRESS IN 2021

OUR VISION:

- Innovate how we deliver education
- <u>Define</u> our future-focused growth strategy
- Integrate our mission and diversity, equity, and inclusion into our culture
- Balance growth investments with cost savings



Winter 2022 1

While the past two academic years have been dominated by finding new ways to continue educating nurses in the midst of a pandemic, work continued to address the identified strategic priorities. Some highlights of the work and progress in each priority area include:

INNOVATE

how we deliver education:

- Launched i-Innovate and, in partnership with Apple, delivered an iPad and related tools to all MCCN students, staff, and faculty, equalizing access to technology and integrating advanced technology in and out of the classroom
- Expanded online and hybrid learning opportunities in multiple programs across the spectrum of BSN to DNP-level degrees

DEFINE

our future-focused growth strategy:

- Expanded existing and developed new partnerships with other higher learning institutions to provide pathways for students to earn a nursing degree at MCCN
- Assessed the MCCN brand and its marketplace position to identify strengths and find improvement possibilities

<u>INTEGRATE</u>

our mission and diversity, equity, and inclusion into our culture:

Formed and activated Diversity, Equity, Inclusion (DE&I)
Council to asses work to be done and create a plan with
measurable objectives and goals, including a scorecard
measurement element

 Defined priority activities across recruitment/ admissions, experiences, and structural opportunities to more fully integrate DE&I in our culture

BALANCE

growth investments with cost savings:

- Conducting cost/revenue analysis by course across campuses and facilities
- Realigned financial planning process to aid decision-making on current operations and guide business case development for future investments
- Improved internal financial processes and divested unneeded assets

"By no means does the list above represent all of the work underway in the Transformation. It is just the highlights of first steps toward our future," said Williamson. "The work we're doing is both essential and will have substantial impact on MCCN for years to come. Faculty, staff, students, alumni, Board of Trustees, and community leaders have contributed their expertise and hard work to these first steps and I commend their efforts and value their partnership. Real change takes time and it takes teamwork. Progress to date is impressive. I'm excited to see what comes next."

Comprehensive and detailed plans for each area of focus in the Transformation are in development now. Challenges to increasing enrollment, felt across all of higher education and largely due to the COVID-19 pandemic, remain a top priority and are being addressed in multiple ways across the four focus areas. Enhanced marketing, recruitment, visibility, and partnerships tactics are in place and reaching more prospective students. Program refinements and enhancements are ongoing and the Foundation is working harder than ever to earn new levels of financial support for students and the College.



"Our MCCN community shares a passion and belief that we can make a difference here, in our communities, and in the world by preparing the best nurses. Our core strength – academic excellence – is at the center of everything we do," said Williamson. "We will continue working to transform the College to better meet future needs and be the institution of choice for the best and brightest nursing students, and to position MCCN to lead."

OUR JOURNEY TO TRANSFORMATION CONTINUES

A Message from the Mount



Dear Friends,

We welcomed students fully back to campus with open arms and open hearts this fall. Throughout one of the most challenging and unique periods in my professional life, we persisted, thrived, and grew. Our students, faculty, and staff embraced every opportunity to live our mission, innovate to succeed, and never lost sight of their goals and dreams – despite the constantly changing circumstances thrown at us by the COVID-19 pandemic. Our alumni and donors stood beside us, supporting our work to educate amazing nurses. We are both blessed and grateful. And mark my words; our students will continue to shine in their professional careers. While we would never wish this level of adversity on anyone, the resilience and perseverance they have developed will serve them well in their professional lives, as it has during their higher education.

The pandemic has another bright side. It forced faster progress toward the innovation we desire – toward a "learn anywhere" environment that will allow us to expand opportunities for students, with less emphasis on their physical location. Our Journey to Transformation – to drive innovation in education delivery and future-focuses growth strategy, enhance our culture, and balance growth investments

with cost savings – is well underway. We've made progress in multiple ways, including:

- iPad distribution to all students providing equal access to technology that supports education
- enhanced faculty and staff development a full week of development activities while students were on fall break, and many faculty had their scholarly work accepted to present at the 46th Sigma (Sigma Theta Tau International Society of Nursing) Biennium Convention
- expanding an existing partnership with Ohio Dominican
 University and establishing a new partnership with
 Ohio Wesleyan University providing their students a
 pathway to a MCCN nursing degree and a new pipeline
 for increasing our enrollment
- scholarship awards 165 scholarships provided to MCCN students to help them pay for their education here
- continued success in fundraising through the Foundation's Our Legacy of Learning Campaign, now in its second year
- bringing diversity, equity, and inclusion to the forefront of everything we do, integrating it more deeply in our culture, including recruitment, structure, processes, and decision-making
- taking a deep look into our brand to find ways to capitalize on our legacy and highlight our strengths in the marketplace

You'll read more about each of these important steps to transformation in this issue of *the Lamp*, as well as other news and information about the College, its donors, alumni, faculty, staff and especially our students. Enjoy this issue and thank you for being part of the MCCN family. We are grateful to have you with us.

Kathleen Williamson, PhD, MSN, RN President and Academic Dean, Mount Carmel College of Nursing

Kathlew Williamson

CALENDAR OF EVENTS

the LAMP

WINTER 2022

COLLEGE CALENDAR 2022

Due to the uncertainty of living and working during a global pandemic, the College has either reimagined or rescheduled the usual calendar. Please see our website at mccn.edu for the most up-to-date information.

May 7, 2022

Commencement will be held at noon at the Celeste Center, Ohio Expo Center.

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THE LAMP

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Almost every American over the age of 25 remembers what happened to the United States on September 11, 2001. The country was attacked by four airplanes - two in New York City, one over fields in Shanksville, Pennsylvania, and one at the Pentagon in Washington, D.C. Thousands of lives were lost and many first responders were permanently affected.





Marie Blain '61, RN, NREMT-P



RECENT 9/11 ANNIVERSARY

especially meaningful to Marie Blain '61, RN, NREMT-P

Mount Carmel School of Nursing graduate Marie Blain '61, RN, NREMT-P, was front and center of the emergency response at the Pentagon that day, serving as a first responder paramedic. Marie was not always a paramedic; she worked for a neurosurgeon after graduation and then off and on as a part-time office nurse as she raised her family for 35 years.

In 1996, Marie started as an emergency room registration clerk, but her calling to patient care, and not wanting to pursue a nursing refresher course of study, led her to become a paramedic. She enrolled at the local community

college for her courses. Marie stated, "I had no intention of taking the paramedic test, I was just enjoying being back in the medical environment and loved the learning, but in the end it seemed the natural thing to test." Soon after becoming a National Registry Paramedic she found out you needed continuing education credits to keep this certification and was told the best way to do this was to join a fire department.

In 1999, she joined the Burke Volunteer Fire and Rescue Department as a volunteer and is still riding as a medic to this day. On the morning of 9/11 her Motorola pager went



911 Memorial at the Pentagon

off and she reported to the fire station. Her unit was then dispatched to a location outside the Pentagon in a triage area. Tragically, her unit had no patients; it was known only later that a total of 184 people perished in the attack at the Pentagon. Over the course of the day, her unit's mission changed from one of triage to support and transport for the many firefighters working to extinguish the inferno at the Pentagon.

Marie remembers the start of that day as a glorious and beautiful morning with clear skies. Disbelief soon followed as she and her team watched from afar as the fire in the Pentagon blazed through wide gaps in the middle of the building. At some point, though the main fire was out, other fires kept reigniting from side to side due to the remaining jet fuel. "I saw open offices with desks and computers like it was a normal workday," Marie recalled. Almost immediately the search began in the debris field not affected by the fire for any remains of the plane, personal belongings, or other evidence. The area was divided into grids and every inch was carefully searched. She said this left a lasting image as well. There was an immediate outpouring of anything that was needed by the first responders and others working at the scene – water, snacks, and hot meals.

Within a short time the area was cordoned off and news was coming in about the events of the day and "it seemed so unreal even as we could see what was happening at the Pentagon." She says they stayed at the scene until around midnight and were relieved by others but continued the vigil at the fire station. There was a great amount of uncertainty about what may happen next and everyone was on high alert. It was an unforgettable day.

In the time since 9/11, Marie says that she visited New York City to view firsthand the continued excavation at the World Trade Center site, remnants of the responding firehouse, and to sit on the pews of St. Paul's Chapel where responding firemen went to briefly rest. She made a return trip to see Memorial Plaza sitting on the footprint of the twin towers. She has been three times to Shanksville, Pennsylvania, observing the evolution of the Flight 93 Memorial. At this National Park, visitors can listen to the actual recordings of the voices of the people on that fateful flight. She found it most difficult listening to passengers saying their goodbyes to loved ones and hearing the voices of the terrorists recovered from the airplane's "black box."

While Marie has not been able to visit the memorial constructed at the Pentagon, she can readily see the memorial benches from the highway. She states, "I feel that families and children today need to know what had happened to the country that day."





Marie feels that she has had "an amazing career." She continues to work as a paramedic at a local emergency room as well. She states, "I love medicine - it keeps me mentally alert. I have been blessed." She enjoys her interactions with patients reassuring them as she starts IVs and helping to calm young children by singing to them and holding them.

When asked how Mount Carmel School of Nursing prepared her for these experiences she said, "Mount Carmel has helped me with family and life. I have been able to help family and friends navigate the healthcare system. I am an advocate for hospice and end-of-life care. I am a better paramedic because of my background and the assessment skills learned at Mount Carmel, listening to what the patient tells me. I am able to think deeper and understand why we do things. I am able to bring my skills to the job."

Marie identifies faith as a big part of her life and Mount Carmel nourished that faith.



Tom and Lori Caldwell's '82, BSN, RN passion for faith, family and nursing education benefits MCCN students.



Fulfilling lives, with faith, family, work, and philanthropy as anchors, bring obvious joy to Tom and Lori Caldwell '82, BSN, RN. Their connection to Mount Carmel is long and deep, and began with Lori's education and the outstanding clinical experiences provided, on which she built an amazing and successful career in neonatal/pediatric nursing.

In fact, both Lori and Tom share a lifelong commitment to children's health care and nursing education. They first met as nursing students when they worked at The Heinzerling Foundation, now The Heinzerling Community, an organization based in southwest Columbus that provides housing, medical care, and other services for profoundly developmentally disabled children. Working part time to help pay for their nursing educations, Tom cared for mostly older children in the evenings and Lori worked in the daytime with the youngest patients at the center. One of the senior nursing staff members

introduced them, and they connected again when Tom was visiting with the child of a family friend who was a patient at Heinzerling. Eight years later, Tom and Lori married.

Within their eight-year courtship, Tom finished his BSN at Capital University and Lori earned her RN certificate at Mount Carmel School of Nursing, now MCCN. "People knew that Mount Carmel grads were well-prepared to provide care on day one of the nursing career," said Lori. Both Tom and Lori began their professional nursing careers at Columbus Children's Hospital, now Nationwide Children's. Tom worked in the emergency department and Lori initially worked in surgical intensive care. After 18 months at Children's, Tom accepted a medical sales position. Lori remained at Children's throughout her career, working full time for a number of years and then moving to part time when her children were school aged. She earned her BSN, one class at a time, from Franklin University while working.

The majority of Lori's 25-year career was spent caring for the most fragile infants – generally newborns – as a member of the nurse transport unit at Nationwide Children's Hospital. Her team was responsible for safely transferring babies and children from the surrounding area's hospitals to receive intensive and specialized care at Nationwide Children's.

In the meantime, Tom had moved from medical sales into home health care, where he began the area's first pediatric home care service provider and earned a minority ownership position in the enterprise. "No one was providing home health care for children at that time. The concept was ultimately very successful, and our company, Interim Health Care, grew from a start-up to an entity with 38 locations in five states," said Tom.

In 2007, Tom made a decision to sell his portion of Interim and retire. Lori retired from Children's a few months later. While good fortune in his business enterprise and Lori's years of service at Nationwide Children's allowed the couple an early and comfortable retirement, they both agreed they had more work to do. And with both of their children at home yet, they wanted to remain purposeful, productive, and humble. "We found ourselves in uncharted territory," said Tom. "We had both been going so hard for so long, we had to regroup and sort out what was next for us."

The Caldwells are quick to point out that they had exceptional mentors, many from the Catholic community they had been a

part of throughout their lives, to help guide their volunteer, leadership, and philanthropic work. In addition to church and community leaders, they both point to Ann Schiele, PhD, RN, MCCN president and dean emeritus, as a powerful influence in their philanthropic endeavors. According to both of them, "She is a force of nature."

"WE HAD SOME FRIENDS AND FAMILY THAT WANTED TO GO INTO NURSING, AND WE WANTED TO BE ABLE TO HELP THEM."

"Even though our good fortune and hard work allowed us to retire comfortably in our 40s, we wanted to keep our lifestyle and our values intact," said Lori. "Keeping life normal for our kids was important. It was a little out of the ordinary for them to have 'retired' parents at their age, but they adapted, we adapted and it all turned out just fine. Their children, Thomas, now 29 and a microbiologist, and Leah, 27, an accountant, both live and work in the Columbus area.

Much of Tom's volunteer, leadership, and community work in retirement began with the Catholic Foundation, where he applied his business acumen and skills to committees, projects, and advancement. Lori gravitated to what comes naturally to her, working to help needy children through The Christ Child Society.

"She crochets everywhere," said Tom with a chuckle, referring to the hats Lori makes for babies. She is one of 120 or so committed volunteers for the Christ Child Society, each working to provide essentials for needy newborn and children in the community.

For some, the work with Christ Child and the Catholic Foundation would be enough. Not so for Tom and Lori. Their belief in helping others and their love of the nursing profession motivated them to support scholarships and provide other financial support for MCCN students, through the Mount Carmel Foundation.

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An initial endowment in December 2012 funded the Lori Burleson Caldwell Scholarships, awarded to MCCN students with solid grades, financial need, and an interest in pediatric nursing. "Recent scholarship winners have been stellar," said Lori. "We enjoy connecting with them at the scholarship banquet hosted by the College."

The Caldwell's support didn't end with the named scholarship. Tom was a member of the Our Legacy of Learning Campaign planning committee. "He served as a key stakeholder to help determine what support would provide the most impact," said Mount Carmel Foundation Senior Development Officer Alyssa Fry.

"One element of the campaign was a natural fit for us," said Tom. "In my former business, we had a fund for employees who had urgent and unanticipated financial needs. We applied this successful concept and created the Student Emergency Fund as one of the three focal points of support for the campaign. Lori and I made a substantial gift to help this fund.

"Giving back gives you an amazing feeling.
I would encourage other alumns to support the campaign, the students, and the College in whatever way they can. It's a great feeling to know you are helping the next generation of nurses succeed."

"We earned good educations," said Lori. "Our families always supported us, but we didn't come from a lot of money. Nursing is such a great career and a college education is expensive. It gives us satisfaction to know we can help nursing students achieve their goal and maybe lessen the financial pressure they face just a bit."

"Life requires flexibility and we were able to make our careers work in our family and in our life," said Tom. "We have been blessed and we want to share that with others. We never knew we'd be in the position that we're in, but are grateful that we can help."

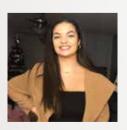
"Caring for others is what nursing is all about," said Lori.
"The need for nurses is so great and it's a profession you can use in so many settings and roles. We felt the world needs more Mount Carmel nurses and we're doing what we can to help meet that need."

STUDENTS AWARDED SCHOLAR-SHIPS ARE GRATEFUL FOR SUPPORT



"These scholarships have helped me continue on my journey to completing my BSN. I am a full-time working student and have been paying for my program out of pocket and through personal loans. I am very grateful I received these scholarships and I thank everyone who provided them."

Tiarah Vermillion



"I am beyond grateful to be able to receive scholarships this year! Scholarships allow me to lessen my work hours and dedicate more time to my studies, which allows me to get the most benefit from school."

Noel Ingram



"It's been my dream to be a nurse for many years now and this scholarship is helping me achieve my dream. The financial aspect of schooling is a hardship for all of us and this has helped reduce some of that financial stress and means the world to me. Thank you so much!"

Almaz Sullivan



"These scholarships have helped me because it was motivation for me to succeed more in my nursing career. I feel so honored by receiving these scholarships and having someone invest in my future that I can only hope to return this generosity by becoming the best nurse and achieving my dreams."

Kelsey Scorese



"My heart is full of gratitude, and I am in awe of your generosity in sharing your resources with graduate students like myself. You have not just lessened the financial burden on me but impacted lives beyond me. By investing in me, you have validated my worth and pushed me a year closer towards reaching my goal of becoming a nurse practitioner. Through your gift, many lives will be touched while serving the community. I am so grateful for your generosity. I will never forget what you have done for me, and your investment will not be in vain."

Yvonne Spencer



"These scholarships have helped me tremendously by allowing me to focus on my studies. It means so much to me to be a recipient. I am so grateful!"

Lexi Bussert



"This scholarship has meant a great deal to me because it shows that people are wanting us to succeed. By getting this scholarship it also makes me feel like someone sees my education as a value they want to invest in."

Devin Power



"Being awarded this scholarship has alleviated stress from my life so I am able to focus on becoming the best nurse I can be! I appreciate Mount Carmel as receiving this scholarship means more than anyone can understand, especially in the hard times of the pandemic! Thank you!"

A'Nah Levels-Henderson



"Receiving this scholarship has meant the world to me and I am so grateful. Because of scholarship money, I did not need to take out a private loan. I feel like I can start off my career as a nurse with much less debt."

Kelsie Smith



"The scholarship has greatly helped me financially and academically. Less financial stress helped me focus more on my academics, which led to better academic excellence."

Kate Donkoh



"The scholarships I received made it possible for me to continue my college education with less financial stress. So, it means the world to me to be a recipient. Thank you!"

Makala Byrd Hall



"I am really happy and honored that I got the scholarship award because it's going toward my education and it's getting me closer to my career. Thank you."

Princess Stephen



"I humbly say thank you much. This scholarship has been a great relief, especially this semester. For once I felt like a student with no need to be juggling between jobs to pay my fees. I'm grateful and pray God restores and nourishes individuals, firms, and NGO's who decided to support us in our journey. This is enough motivation to encourage us to give our best as nurses."

Ester Kissi





CONGRATS TO ALL OF THE MCCN 2021 SCHOLARSHIP RECIPIENTS!

We thank our generous donors who funded scholarships for these MCCN nursing students.

Mount Carmel Alumni Association Scholarship Endowment

Frances Bowersock Shae Campbell Tabita Darkwah Taylor Hosey Badawi Munye Carlee Pieratt Precious Ramsey Kelsie Smith

Dr. Craig and Deborah Anderson Scholarship Endowment

Nuna Abdallah Brittany Bennett Abigail Bentley Alyssa Bolin Walaa Hussein Adreanna Swindells Samantha Wood

Michael A. Anthony, M.D. Scholarship Endowment Almaz Sullivan

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Beth Ann Bishop Memorial Scholarship Kelsey Miller

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Cardinal Health Scholarship

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Wuraola Ifakorede Catherine Ralston

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Tiarah Vermillion

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Kathy Donnelly Memorial Scholarship

Kate Donkoh Precious Ramsey

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Mulki Ali

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Brittany Bennett

Carla Fry Memorial Scholarship

Noel Ingram Zeinab Mohamed Gabriela Rodriguez

Phil and JoAnn Hall Scholarship Endowment

Layla Mohamed

Five Faculty Lend a **Helping Hand**

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Morgan Breanna Hicks **Memorial Scholarship**

Mulki Ali Jalynn Phillips

Joseph William Hines Memorial Scholarship

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KayLee Penix Tiarah Vermillion

Ed "Pete" and Barbara **Kelley Scholarship Endowment**

Ann Semler

Mary Linard Memorial Scholarship Endowment

Carlee Pieratt

Marjorie Bolte Kelly Scholarship Endowment

Prabesh Acharva Noel Ingram

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Regina Sallee Williams and Robert M. Williams **Scholarship Endowment** Esther Kissi

Rachel Zook Memorial Scholarship

Florence Acquah

Martha Dillon Zunich, RN, JD and the Grim Family **Endowment Fund**

Samsam Ali

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· MCCN-Lancaster student is state champ

Madeline Shirey, a junior at MCCN-Lancaster, won first place in the 2021 Ohio National Barrel Horse Association State Championship. With her amazing co-champion C Star, she ran a time of 15:654 in the finals, making her the new State Champion. Madeline has been barrel racing horses her entire life, but she only got C Star in February of 2021. Together, they have earned more than \$10,000 in competitions.



· New viewbooks highlight opportunities and programs at MCCN

MCCN Marketing and Communications, in collaboration with MCCN Admissions, has created and published brand new viewbooks for prospective students to learn about the College's academic programs, entrance requirements, application deadlines, and degree pathways. The viewbooks are available online at https://www.mccn.edu/viewbook/

· i-Innovate Update: Apple partnership brings tools to all students

The MCCN partnership with Apple is one element of i-Innovate, an initiative underway at the College to enhance and expand digital learning opportunities. "This student success initiative is leading our transformation to foster digital competency and provide equal technological opportunities to all of our students," said Kathleen Williamson, PhD, MSN, RN, MCCN president and academic dean. "Mobile and online learning took huge leaps forward during the COVID-19 pandemic and our students are benefiting from better accessibility and more mobility made possible with the iPad devices."

"Students will be able to use their iPad to integrate technology into the delivery of safe, effective patient care during clinical experiences, skills labs, and simulations, as well as in other classes. This technology puts academic and reference resources right at their fingertips," said Scott Dolan, PhD, RN, associate dean, Educational Innovation, Programs, and Partnerships, who leads the College partnership with Apple. Each student received an iPad equipment package which includes an Apple iPad, Apple Pencil, smart keyboard, protective case, and AppleCare+. Every MCCN iPad is preloaded with special apps that faculty and students can use in their college career, as well as their eventual professional practices. Students can customize their devices and add applications.





"Providing equal access to technology for every MCCN student is invaluable," said Missy Mohler, MS, RN, who, along with Joy Vorhees, BS, DVM, are MCCN Faculty Fellows leading the i-Innovate implementation and rollout. "This program has potential to promote active learning and engagement in and outside the classroom like we have never seen before. We're finding new ways every day to use the iPad devices to enhance students' learning experiences. Having a common platform for all students allows a new level of integration to all learning activities at MCCN."



JULIE RIESER HARVIN'66, RN, POSTHUMOUSLY AWARDED 2021 DISTINGUISHED ALUMNI AWARD

When Julie Ann Rieser, RN, was completing her final year at Mount Carmel School of Nursing in 1966 she was eagerly anticipating her next challenge -- joining the Navy. All her classmates knew of her plans because she just couldn't hide her eagerness. From the day

Julie graduated, she made two commitments; to serve her patients to the best of her capabilities and to serve her country in whatever assignments she was given.

Lieutenant Rieser's first assignment was at Balboa Naval Hospital in San Diego caring for wounded returning from Vietnam. She encountered all manner of nursing care needs during this assignment. But Julie was ready. According to her husband Michael Harvin, Julie always maintained she was very well-prepared at Mount Carmel for her career.

Upon leaving active duty, Julie returned to Columbus and transferred to the USAF Reserve. Captain/Senior Flight Nurse Rieser was stationed at Rickenbacker Air Force Base Aeromedical Evac Squadron. At one time, Julie was the only flight nurse across the Air Force qualified in every type of aircraft certified for aeromedical evacuation. When Julie retired from the USAF Reserve she had risen to the rank of Major.

Since Julie's husband also was in the military, she had the opportunity to live in many different locations. While living in California, Julie was an assistant head nurse and she helped prepare and educate the staff to care for one of the first AIDS patients in that area. Like all Mount Carmel nurses, Julie took responsibility for leading the team on the new challenges of caring for a patient with a disease that was little known or understood.

When husband Mike was selected as a Military Attaché to Nigeria, Julie actually sought the challenge of completing the same training her husband completed prior to his assignment. Unlike most spouses, Julie was offered the training opportunity and took full advantage, including qualifying with an UZI and a 12-gauge riot gun during live fire training.



USAF Lieutenant Julie Rieser

Julie was subsequently hired by the State Department to serve as Embassy Nurse for the US Embassy in Lagos, Nigeria. She was responsible for all official US citizens and VIPs in Nigeria and surround ing countries. She was much admired by Embassy staff including the Nigerian employees of the Embassy and the young Marines assigned to the Embassy.

Over the last several years of her career Julie held many different positions and continued to embrace the challenges she encountered. She led a nursing department in preparing for a Joint Commission Accreditation of Healthcare Organizations Medicare survey. She focused on staff education and readiness for the survey. Her endeavors lead to a successful survey.

Julie was a leader and a doer throughout her career. She encouraged collaboration and led by example. She loved Mount Carmel School of Nursing and her time as a student and she demonstrated the Mount Carmel values in everything she did in serving her patients and serving her country. Her classmates remember her fondly as a warm, friendly, high-achieving student nurse. She was fun to be with and had an infectious sense of humor.

Julie was awarded the 2021 Distinguished Alumnus posthumously on October 23, 2021, at a small gathering hosted by the College of Nursing and Alumni Association. Mike Harvin, Julie's husband, accepted the award from Dr. Kathleen Williamson on Julie's behalf. He graciously shared many details of her career and the exciting and challenging situations she encountered all the while maintaining her composure and demonstrating the excellence in practice that embodies being a Mount Carmel educated nurse.



Julie's classmates, friends and husband celebrated her award.



Mike Harvin, Julie's husband, accepts the award on her behalf from Dr. Williamson.

WINTER 2022



We invite you to nominate a member of the Mount Carmel Alumni for one of these two awards that will be presented at the 2022 Mount Carmel Alumni Association Annual Meeting and Homecoming: Distinguished Alumni Award and Rising Star Award.

Nominations must be received by June 1 to be considered for an award in the current year – please nominate those special alumni by visiting https://www.mccn.edu/alumni and clicking in the column on the left "Distinguished Mount Carmel Alumnus Awards."

Nominations received after the deadline will be considered the following year. All nominees and their nominators will be notified by July 15 of the outcome.

CRITERIA FOR DISTINGUISHED ALUMNI AWARD

The following criteria should be used as a guide for describing a nominee's qualifications for the award. The contributions may include, but are not limited to, exceptional achievement and significant contribution in the following areas:

- **Professional Achievement** Nominee has demonstrated professional recognition, professional accomplishments, and/or significant contributions to the nursing profession; nominee has demonstrated outstanding leadership in the field of nursing. The nominee reflects honor to the College of Nursing in pursuing their professional activities.
- **Sphere of Influence** (local, state, national, or international) Contributions made by the nominee have had a broad influence beyond the scope of that person's place of employment.
- **Community Service** (local, state, national, or international) The nominee has made significant humanitarian contributions to the community, greatly impacted the community through their actions, and/or is involved in a variety of service initiatives.

Selection is also based on alumni who have shown continued interest in and support for the College, and who exemplify the Core Values of Mount Carmel College of Nursing: academic excellence, respect, compassion, social responsibility, and diversity. In summary, the nominee possesses such integrity and stature that the faculty, staff, students, and alumni of the College of Nursing can take pride in, and are inspired by their recognition.

CRITERIA FOR RISING STAR ALUMNI AWARD

This award is presented to a member of the Mount Carmel College of Nursing alumni who has graduated with an undergraduate degree within the last 10 years. The following criteria should be used as a guide for describing a nominee's qualifications for the award. The contributions may include, but are not limited to, exceptional achievement and significant contribution in the following areas:

- **Professional Achievement** Nominee has demonstrated professional recognition, professional accomplishments, and/or significant contributions to the nursing profession; nominee has demonstrated outstanding leadership in the field of nursing. The nominee reflects honor to the College of Nursing in pursuing their professional activities.
- **Sphere of Influence** (local, state, national, or international) Contributions made by the nominee have had a broad influence beyond the scope of that person's place of employment.
- **Community Service** (local, state, national, or international) The nominee has made significant humanitarian contributions to the community, greatly impacted the community through their actions, and/or is involved in a variety of service initiatives. Selection is also based on alumni who have shown continued interest in and support for the College, and who exemplify the Core Values of Mount Carmel College of Nursing: academic excellence, respect, compassion, social responsibility, and diversity.

Winter 2022 21



Meet 50-year class member Michele Whaley '71, MS, BSN, RN, CNP, CNS

Professional highlights: I've been fortunate to continue working as a nurse practitioner. I realized early on that I wanted to work with the underserved. I work part time in an acute psychiatric hospital and part time in an outpatient private practice. My nursing experiences have varied a lot beginning on 2 North at Mount Carmel. I spent many years working in an outpatient drug treatment with HIV+ patients during the AIDS epidemic. I also worked in a men's medium security prison. After I returned to school for my MS and CNP, I did my prescriptive internship in the mental health center where I was also the administrator of the FOHC integrated care clinic. I was clinical faculty in the psych nurse practitioner program at OSU and saw patients in the outpatient clinic there. I left OSU to work in a private practice in Gahanna and am now back working in the hospital. I sometimes reflect that my career has come full circle starting and returning to work at the hospital.

Original and current hometown: Columbus, Ohio



When did you first feel the call to be a nurse? I can't remember wanting to be anything other than a nurse. I come from a family of nurses, including my mother and several aunts and cousins. My older sister started nurses training the year before me and always regaled me with stories of her first year nurses training at St. Francis.

What television show do you have to DVR? Trevor Noah.

What is your favorite memory of Mount Carmel? I remember that I once wore a long, split skirt to anatomy class and Miss Sexton asked if I was wearing trousers to class and dispatched me to change. I probably felt wronged at the time but 17 years later when I returned to work on my BSN I was able to proficiency out of anatomy and physiology. I attribute that to the great preparation in Miss Sexton's class.

What book is currently on your nightstand (or at the top of your e-reader favorites)? Call the Midwife

How has your Mount Carmel network helped you in your life, personally or professionally, or both? The long-term friendships established at Mount Carmel, as well as strong education preparation, have provided me with an excellent foundation on which to build my nursing career. I have always felt prepared even in the face of new challenges and opportunities.

What advice would you like to share with other nurses as they move from student to alumni of Mount Carmel? As you start your nursing career, never be afraid to ask for help from your colleagues. Someone told me once, "Never suffer alone."

Find a mentor and don't be afraid to admit that you don't know something or haven't done a procedure before. I have really enjoyed working with students as an instructor and preceptor and will often get a question via text or a LinkedIn message from one of my former students.

Celebrating the 50-year class!

The cancellation of last fall's Homecoming, due to concerns over the health and well-being of our alumni during the pandemic, prevented a traditional recognition of the amazing milestone for the Class of 1971. The entire MCCN campus salutes these stellar grads who paved the way for our current students, shaped the nursing profession and advanced care for all.

Next year's Homecoming celebration is scheduled for September 24, 2022. Save the date. Event details will be shared in the Spring.

CLASS OF 1971 CELEBRATES 50-YEAR ANNIVERSARY

Winter 2022 23



A LOOK BACK AT THE CLASS OF 1971







Professional highlights: I began my career working in the hospital. After leaving, I had a full-time massage therapy practice, then an acupuncture practice. I became a Licensed Acupuncturist, completing courses at the American Institute of Alternative Medicine in 2004. I am still practicing, although with COVID-19 and three grandchildren I am barely finding time to work more than one day a week!

The highlight of the acupuncture training was the five and a half weeks I spent in a hospital in Beijing doing some treating, but also "rounding" with the doctors there and seeing literally hundreds of cases treated. It was one thing to hear and learn in school about how acupuncture worked, but the experience of seeing it for so many varied conditions was invaluable!

Original and current hometown: Zanesville, and now Columbus, Ohio

What is your favorite memory of Mount Carmel? I loved everything about Mount Carmel! I have fond memories of moving into the dorm as a freshman and outfitting the dorm room with things to move out into a new



apartment as a senior! I loved all of the time I worked there and all of the people I worked with.

When did you first feel the call to be a nurse? When I was eight or nine years old. I didn't know anyone who was a nurse. I was one of the first women in my family to be educated beyond high school. Don't know where I got the idea!

What television show do you have to DVR? I surf Netflix and Amazon.

What book is currently on your night-stand (or at the top of your e-reader favorites)? I just finished a book with possibly the worst title in the world, but the first one I read in a long time that I couldn't put down, The Ride of Her Life by Elizabeth Letts.

How has your Mount Carmel network helped you in your life, personally or professionally, or both? I love everything about MCCN. I've always been grateful that I chose it for the base of my future!

What advice would you like to share with other nurses as they move from student to alumni of Mount Carmel?

Never stop learning new things!

GREETINGS FROM YOUR ALUMNI ASSOCIATION

Alumni

Alumni Vision

The vision of the Mount Carmel Alumni Association is to support Mount Carmel College of Nursing through philanthropic, networking, and mentoring initiatives.

Follow us on Facebook

by visiting www.facebook.com/mcalumniassoc

Send Us Your Email Address

MCCN and the Mount Carmel Alumni Association are sending information via email. Send your email address to alumniaffairs@mccn.edu or visit our website to stay connected.



Has your name changed since graduation?

If so, please don't forget to notify us so we can amend your educational record and your contact information. Please contact Maggie Miller-Rea, coordinator, Records & Registration, at 614.234.3959 or by email at registrar@mccn.edu.

Alumni Association Dues Payment Instructions

We have two ways to pay your 2022 membership dues: You may mail us a check in the enclosed envelope or, if you prefer the convenience of a credit card, simply use your mobile phone camera to scan the appropriate Square (QR code) below and follow instructions there.

Annual Membership plus fee \$41.50 total

Lifetime Membership plus fee \$257.75 total





Get Involved!

dates

Please stay in touch with the Alumni Affairs office about any changes in your contact information as soon as you can so you don't miss any news! Also, please let us know your career path since graduation so we can include it in an upcoming issue of *the Lamp* or our online newsletter AlumNews.

Note Our NEW Email address! alumniaffairs@mccn.edu

Your College Email Address

Please note: All College email addresses will now be deactivated six months after a student graduates.

Meet your MCAA Board members!

President: Pat Skunda '72, '10, '14, MS, RN

Vice-President: Matt Edgington '14, BSN, RN

Treasurer: Suzanne Martin '66, JD, RN

Secretary: Jami Nininger '87, DNP, RN

Frieda Gill '90, '97, '09, MS, RN, CCRN

Jody Gill Rocha '08, '10, MS, RN

Iris Freisner '66, '07, MSN, RN

Angela Snider '10, '14, MS, RN, APRN-BC

Ex-officio: Senior Development Officer

Alyssa Fry



Lori Hill, MSN, RN, CNP, awarded the Distinguished Faculty Award at the May 2021 Commencement

Margaret Stinner, MS, RN, granted Emeritus status

The MCCN Nutrition Team published Nutrition integration across the nursing curriculum: A novel teaching model with a pre-licensure program in the October 28, 2021, Journal of Professional Nursing. Aimee Shea, MPH, RDN, LD; Larissa Brophy, MS, RDN, LD; Jami Nininger, DNP, RN; Lauren Wilson, MPH, RDN, LD and Miriam Abbott, MA, authored and/or contributed to the article, which focused providing evidence-based nutrition education for nurses to support optimal patient care and health outcomes.

AWARDS & ACCOMPLIS

46th Biennial Sigma Convention for Nursing Presentations:

Miriam Bowers-Abbott, MA

Associate Professor

"The Meaning Behind Faculty Help Desk Requests"

Thomas Liwosz, MA

Instructional Designer

Cora Arledge, MS, B.S.Ed., BSN, RN

Assistant Dean, Regional Campuses

DNP student - Rising Star Campaign

"Impacting Incivility in BSN Students"

Miranda Knapp, DNP, APRN, AGCNS-BC,

CNE, EBP-C

Assistant Professor

Dorcas Lewe, MS, BSN, RN, CPPS, EBP(CH)

DNP student - Rising Star Campaign

"The Effect of a Simulation Experience on Medication

Errors in Pediatric Intensive Care"

Lou Ann Hartley, PhD., RN, NEA-BC,

PAHM, EBP-C

Associate Professor

Kathleen Williamson, PhD., MSN, RN

President and Academic Dean

"Opportunities in Chaos: Leveraging the Current

State to Create a New Reality in Nursing Education"

Scott Dolan, PhD., RN

Associate Dean, Educational Innovation, Programs,

and Partnerships

Jami Nininger, DNP, RN

Associate Dean, Academic Affairs

Lindsey Luther, DNP, APRN, FNP-C

Assistant Professor

"Tracking Interventions and Efficacy of Faculty Fellowship"

Missy Mohler, MS, RN

Associate Professor

"Faculty Fellows as Role Models for Success"

lov Voorhees, DVM, BS

Associate Professor

"Building Consistency and Collaboration in Couse Design"

Kathleen Williamson, PhD., MSN, RN

President and Academic Dean

"Transforming Education through a Faculty Fellow Program"

Miriam Bowers-Abbott, MA

Associate Professor

WE ARE SO PROUD OF ALL THE ACCOMPLISHMENTS OF OUR FACULTY AND STAFF AT MOUNT CARMEL COLLEGE OF NURSING

HMENTS

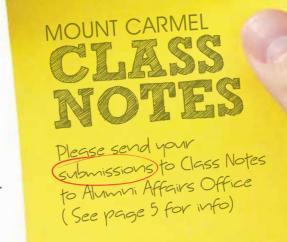
During the week of October 11, the students may have been on a break, but faculty and staff were hard at work. The MCCN Professional Development Committee hosted a full week of learning opportunities for College employees. The week featured themed days including Methodical Monday, Tech Tuesday, Wellness Wednesday, Interactive Thursday, and Apple Professional Learning Friday. Sessions included discussion on Quality Matters Standards, the MCCN Care Team, course design, organization of professional documents, Franklinton Farms, aromatherapy, test question writing, Apple iPads, and much more.



FEWS FROM MCCN

The Keynote Speech was delivered by Lee Cordell, DNP, NP, CEO/Founder of the Institute for Trauma and Psychological Safety. She presented "Reducing Burnout and Fostering Resiliency: A Trauma-Informed Approach." This served as the kick-off to the fantastic week of learning. The Professional Development Committee extends its thanks to all presenters and sponsors that made this week possible. We look forward to bringing this event back next year.





We love hearing your newsl

Nancy Jo Coleman Null ('56) divides her time between Wooster, Ohio, and Bradenton, Florida. She has three children and four grandchildren. She earned her BSN from Kent State University. She is retired after working 30 years at Wayne County Career Center.

Patricia Search Hoyt ('60) lives in Bluffton, South Carolina. She retired in 2013 after 53 years in med-surg nursing.

Clare M. Missig Jordan ('61) now lives in Port Clinton, Ohio, after 34 years in Terre Haute, Indiana.

Barbara J. Zeller LaMarche ('61) "winters" in Florida and spends the rest of the year in Galion, Ohio.

Mary Ann Croco ('70) lives in Columbus, Ohio. She retired from Mount Carmel in 2000 and from St. Mary Magdalene School in 2019. She keeps busy with sewing projects and has made over 600 masks for family, friends, and school children. She is active in her church and her garden, as well as other projects.

Julia Benner Perry ('70) lives in Morehead, Kentucky. In her retirement she travels and enjoys her two grandsons.

Blanche Campbell Foster ('75) lives in Reynoldsburg, Ohio, and retired in December of 2020.

Patricia Tinnerello Palmer ('81) lives in Chalfont, Pennsylvania. She is a Doctor of Nursing Practice and is an Assistant Professor of Nursing Practice at Holy Family University School of Nursing in Philadelphia, Pennsylvania.

Michelle Woodruff ('85) lives in Enon, Ohio. She writes "I have been working for the Air Force as a civilian for the last few years. Most importantly I have two grand daughters that are now living nearby." She has been married 37 years and enjoys camping and traveling.

Amy Spalding Young ('87) lives in Zanesville, Ohio. She is a nursing instructor at Central Ohio Technical College.

Michelle Davidson Detrick ('89) lives in Ashville, Ohio, has been married 25 years, and has two grown daughters. She works at Cleveland Clinic in endoscopy.

Mary Ellinger Woodyard ('97) lives in Columbus, Ohio. She works for the Ohio Department of Health in the Bureau of Survey and Certification. She has three children and one grandchild.

Erin Harris ('99) lives in Plain City, Ohio. She is Director of Case Management and Social Services at Mount Carmel St. Ann's.

Patricia Maramba Harris ('07) lives in Columbus, Ohio. She writes "I obtained my master's degree in 2014 and completed my doctorate in nursing education in 2020. I am the Program Administrator for the Columbus School of Practical Nursing.

Patricia Ayeni Odetola ('08) lives in Laurel, Maryland. She recently graduated from Walden University. She earned her MSN with a concentration in public health. She hopes to work in community health in her local area.

Monica Limbard Dunbar ('10) lives in Monroeville, Ohio. She has three children. She has worked in ICU and OB. She now works in education at a diploma program in Sandusky, Ohio.

Annette Daniel Albers ('ll) lives in Fort Laramie, Ohio. She earned a master's in education with a focus on career and technical education.

Lyndi Buckley ('17) lives in Columbus, Ohio. She is a Nurse Home Visitor with Nationwide Children's Hospital.

IN MEMORIAM

Sister M. Louisita, CSC (Mary Louise Welsh) July 10, 1932 — August 19, 2021

Entered the Sisters of the Holy Cross from Winchester, Illinois on September 7, 1955. Initial Profession of Vows on August 15, 1958

Had Sister Louisita been in better health the last several years, she would have been socializing with faculty and students returning to the Saint Mary's College campus to begin a new academic year. Fondly remembered as "Sister Lou," she was a vivacious presence who had inspired young women throughout her 63 years of vowed life in community as a Sister of the Holy Cross. Sister died at Saint Mary's Convent, Notre Dame, Indiana on August 19, 2021.

Mary Louise Welsh was born July 10, 1932 in Winchester in central Illinois where she grew up on the farm of her parents, William P. Welsh and M. Edith (Dunnagan) Welsh. Mary Louise was the youngest girl, Rita and Doris being her older sisters. The parents spent their lives farming and sacrificed much for them during the years of the Great Depression.

Mary Louise became Sister M. Louisita, receiving the holy habit of a Sister of the Holy Cross and a new name on August 15, 1956, three years after completing studies at Holy Cross Central School of Nursing, South Bend, Indiana. The sisters, she said, "probably recognized my vocation even before I did." Sister Louisita later earned a BSN from Saint Mary's College, Notre Dame, Indiana, in 1958. Sister's MS in nursing was from Ohio State University, Columbus, Ohio in 1972.



Sister M. Louisita, CSC

Sister Louisita was involved in many different facets of ministry throughout her community life, especially healthcare, beginning in 1958. Three different times she was on the faculty of Mount Carmel School of Nursing in Columbus, Ohio as a nurse instructor and years later, as a campus minister for the student nurses. Mount Carmel was her first and favorite mission. Sister served as well on Mount Carmel's board of trustees from 1977-1983. She also worked in medical-surgical nursing at Holy Cross Hospital, Silver Spring, Maryland, and later, was the director of staff development at St. John's Hospital, Anderson, Indiana.

In 2015 Sister Lou appeared on campus banners promoting the core values of Saint Mary's College, founded by the Sisters of the Holy Cross. The banners portrayed her surrounded by Belles in a group hug. Her smile was radiant and welcoming. What better way to express Community as a core value of the college and the Congregation than to see this image. In May 2019 Sister Lou was inducted into the Saint Mary's College Athletic Hall of Fame, the first team chaplain to receive the honor. At 89 years old, Sister Louisita died mid-day when the sun was at its zenith. She now joins the Communion of the Saints and cheers on all friends of God who hope for life eternal.

IN MEMORIAM

Mount Carmel College of Nursing and its alumni honor the following graduates who have passed away and extend our sympathy to their family and friends.

Sister Anne Miriam Hunt, CSC — Class of 1947

Ruth Marie Turk — Class of 1947

Ruth Moliski Goth — Class of 1948

Katie Stewart Jones — Class of 1950

Helen P. Kowalski — Class of 1960

Katherine Hern Byerly — Class of 1955

Lenoir Gillen Frick — Class of 1956

Joan Messenger Garber — Class of 1957

Shirley Johnson Callahan — Class of 1960

Patty Moskus Whitmer — Class of 1962

Suzanne Schultz Barnhouse — Class of 1966

Mary Jean Shanks Vickers — Class of 1976

Cindy Folio — Class of 1978

Brenda Schimmoller Ruth — Class of 1981, daughter of Sharon

Schimmoller; sister of Sallie Schimmoller Markham — Class of 2017;

sister-in-law of Jayne Hartings Schimmoller — Class of 1993

Susan Brown Brookins — Class of 1996, 2006

Beverly Clensey — Class of 2014

We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

Husband of Nancy Jo Coleman Null '56

Husband of Pat Steele Skunda '72, '10, '14

Father of Jenifer Elchisco Bayer '76

Mother of Sandra Vesco Groom '77

Son of Ann Hoffman '16 and Kenny Hoffman '15

Marge Devers

Stephanie Kettendorf, MSN

Pete McClernon

Sister M Louisita Welsh, CSC

William Teachnor Paul, MD

John Stanko, MD

Father of Deborah Hoehn Warniment '72

Dr. Joseph Cunningham

Tell us what you're up to!

NAME		
ADDRESS		

TELEPHONE (___)____

E-MAIL _____

GRAD YEAR _____

WHAT'S NEW WITH YOU? NEW BABY? NEW JOB OR PROMOTION?

EARN ANOTHER DEGREE?_____

Send to: Alumni Affairs Office Mount Carmel College of Nursing 127 South Davis Avenue Columbus, Ohio 43222 alumniaffairs@mccn.edu

***Are you firmly planted in the digital age? Then fill out our online form to let us know what's new with you. Log on to the college website at www.mccn.edu and click on Alumni.

Send your email and postal address updates to the Office of Alumni Affairs (contact information on page 5). Your personal information will be used for Mount Carmel College of Nursing business only. Mount Carmel Health 6150 E. Broad St. Columbus, Ohlo 43213

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