# the LAMP

**WINTER** 2020-21

mount carmel college of nursing magazine

PANDEMIC NOT PANDEMONIUM:

MCCN ADEPTLY ADAPTS
TO NEW REALITY



WHEN LIFE IS YOUR LIFE'S CALLING.



# "A WISE PERSON ADAPTS THEMSELVES TO CIRCUMSTANCES AS WATER SHAPES ITSELF TO THE VESSEL THAT CONTAINS IT." — ANONYMOUS

The shifting of gears seemed nearly audible as face-to-face classes at Mount Carmel College of Nursing were abruptly suspended in March in response to the coronavirus pandemic. Fortunately, MCCN already had a robust online learning environment in place for the RN-BSN Completion program and other programs, which made for a smooth transition.

Kathleen Williamson, PhD, MSN, RN, President and Academic Dean, MCCN, recalls the day the Ohio Department of Health's director, Amy Acton, MD, and Ohio Governor Mike DeWine ordered institutions of higher education to shut down.

"We suspended classes for only three days to provide faculty development so that faculty members who needed to move to remote learning had the resources and skills to deliver their classes seamlessly. During this time, we partnered our faculty members who teach online with those who teach in the traditional classroom setting, and everyone began to assist in this new way of delivering course content while maintaining academic excellence," she recalls. "In less than a week, on March 16, MCCN students were back in class – this time with everyone in front of computer screens in their homes, continuing to learn in a remote environment."

Dr. Williamson points out that the faculty and staff managed to keep the curriculum synchronous – where a student had a 9 a.m. class in a particular classroom, the same class, taught by the same faculty member, met instead online, but at the same time with the same fellow students.





Patricia Severt, MSN, RN, (left) and Barbara Rettig, MSN, RN, CPN.

# INNOVATIVE "PAPER PATIENTS" RECEIVE "CARE"

In early March 2020, as the coronavirus pandemic began wreaking havoc seemingly everywhere, MCCN professors calmly set about restoring order by employing a familiar nursing tool in an unfamiliar environment.

Patricia Severt, MSN, RN, assistant professor, and Barbara Rettig, MSN, RN, CPN, assistant instructor, put their heads together to come up with a way to give their students a sense of hands-on patient care in a virtual learning environment. They turned to the SBAR Tool (Situation-Background-Assessment-Recommendation), a best practice mechanism for framing critical communication about a patient's condition, which was developed by rapid response teams at Kaiser Permanente in Colorado in 2002.

Severt and Rettig adapted the SBAR form to simulate clinical situations in the senior-level course, Care of the Child and Family (Pediatrics). Each day they created highly detailed clinical scenarios, based on specific disease states and patients they had cared for themselves. Students then researched pathophysiology, signs and symptoms, and interventions, including procedures and medications. They were required to consider the age and development of their patient and determine how to communicate with them based on that information. A plan for educating the patient and family was also required.

"We encouraged our students to be creative and to also focus on teaching their peers. They were really good at this and included quizzes, videos, and diagrams," Severt notes.

Rettig explains that at one point, scenarios were flipped: "Instead of giving them the patient information such as age, signs and symptoms, etc., we gave them only the disease process and they had to create the patient scenario instead. Our students became adept at accessing online tools and enhancing learning for the entire class."

"When we turned our students loose to create their own patient scenarios, their creativity was astounding," Severt says. "They did excellent work and really seemed to enjoy this activity."

# WHAT MATTERS MOST

It is important to understand that what matters most in modern nursing is the ability to think critically, and that's the focus of MCCN's curriculum. Kathleen Williamson, PhD, MSN, RN, President and Academic Dean, explains that a nurse must be able to quickly assess a patient situation, master judgment parameters, and make good decisions that not only provide quality care but ensure patient safety.

"It is the accrual of critical thinking skills our students acquire as they learn to think like a nurse – taking in data points, making observations, and drawing on knowledge to develop a deeper understanding," Dr. Williamson notes. "In addition, all our teaching has a foundation that is based on the best evidence that is current, as well as implemented, to engage students in learning. All of these factors brought us – our administration, our faculty, and our Board of Trustees – a high degree of confidence that our students would finish the 2019—2020 academic year in good stead."

Dr. Williamson adds that confidence was further bolstered thanks to MCCN's history with online learning and industry recognition of its excellence. MCCN's highly respected RN-BSN Completion program was among the first offered online in 2004 thorough what then was referred to as "distance learning." The value of online learning is long-recognized and MCCN follows best practices for delivery of online education, as evidenced by having repeatedly achieved Quality Matters® certification (see Accomplishments page 26-27).

"Frankly, I anticipated a Herculean heavy lift to move our traditional, face-to-face faculty to the online environment," Dr. Williamson admits. "However, it was phenomenal to

see their ability to be flexible, gathering what they needed to help students transition to this environment. Our robust online teaching faculty really stepped up to provide peer-to-peer support, and everyone had a 'we're in this together and we'll get through this together' attitude that makes me so proud – then and today as we continue indefinitely.

The MCCN Nightingale Faculty Fellows program was created as a catalyst to drive the adoption of new and emerging technology and impact the faculty's pedagogy and student success. Faculty members selected to serve are: Miriam Abbot, MA; Lindsay Luther, DNP, APRN, FNP-C, EBP-C; Missy Mohler, MS, RN; Tracey Riley, PhD, APRN-CNS, CNE; and Joy Vorhees, BS, DVM. They will assist in continuing MCCN's legacy of academic excellence in the face of rapidly changing times.

"Of course, students missed being with one another and not traveling to area hospitals for clinical instruction. They were also worried about if they would be hired upon graduation, which was right around the corner. We assured them that the Ohio Board of Nursing was well aware of the high-quality education we deliver and that the outcomes of our programs would allow them to successfully pass the NCLEX-RN exam to earn their RN license, well-prepared to move into the workforce and provide the compassionate, excellent care for which Mount Carmel nurses are known." (See Virtual Commencement page 10).

# LEARNING AS USUAL IN UNUSUAL WAYS

Today's college students are digital natives – they grew up plugged into electronic teaching devices, including everything from mom's smartphone to playing preschool-themed computer games at a keyboard – and today are savvy users of social media and online classes. Dubbed "Generation Z," they were born after 1996 and, according to a 2020 Pew Research Center study, are also more racially and ethnically diverse than previous generations.

"Our new academic year got off to a great start, beginning with our first-ever virtual Convocation," says Dr. Williamson. "With our commitment to following CDC recommendations for avoiding transmission of the coronavirus, we got started right after our Spring graduation figuring out how we could safely – and warmly – welcome the Class of 2024 in the Fall. Our amazing faculty and staff stepped up to create a video, which is viewable today on our website, to introduce new students to the College and to one another," she explains.



MCCN President and Academic Dean, Kathleen Williamson, PhD, MSN, RN, greets new students in virtual Convocation 2020, which can be viewed at https://www.mccn.edu/news/events/convocation.

#### "SKILLSNASIUM" IS SITE FOR HANDS-ON LEARNING



Temmy Ladipo, DNP, MSN, BSN, RN, (left) and Aubrey Shivers, MSN, BSN, RN, HNB-BC.

"Six months into the pandemic, we had to figure out how our undergraduate and graduate students could get the hands-on clinical experience that is an essential part of the nursing curricula," says Dr. Williamson. "After missing several weeks of clinicals we needed a 'bootcamp' experience. Again, innovative thinking came to the fore and we created a 'Bootcamp Skillsnasium' in the College gym."

A faculty team, led by Folorunso (Temmy) Ladipo, DNP, MSN, BSN, RN, director of Accelerated Programs, and Aubrey Shivers, MSN, BSN, RN, HNB-BC, instructor and Skills Lab coordinator, was assisted by Mitch Joseph-Kemplin, director of Compliance and Safety, to develop the bootcamp for nursing skills, competency, education and remediation for matriculating students prior to their return for clinical experience.





"The College's existing Skills Lab held several patient beds in a room too small to accommodate the six-foot distancing recommended by the CDC," explains Shivers. "We moved beds and patient care equipment into the College gymnasium with each assessment area well-separated from one another." PPE (Personal Protective Equipment) was provided for all faculty and students as they practiced skills. Faculty and staff members sanitized between student groups as they moved from one station to the next.

"It was wonderful to see the joy on the faces of the SDAP (Second Degree Accelerated Program) students when they saw what we had created," notes Dr. Ladipo. "They were like dry sponges, ready to soak everything in!"



# SKILLSNASIUM











## A Message from the Mount



Dear Friends,

To say that 2020 has been a challenging year is an understatement. Unrest caused by societal injustices; heartache caused by natural disasters; and loss of relationships caused by differences of opinion about the recent election are all difficult enough, but the challenges of this global pandemic and the ravages of the novel coronavirus are truly unprecedented.

However, I always try to find the good in situations, and out of these trials I find gratitude. I am grateful for the support of our Board of Trustees who entrust me with leadership of the College. I am grateful for our faculty and staff who rally to sustain our educational mission in the face of seemingly unsurmountable barriers. I am very grateful to our students who persevere despite personal pressures and financial fears. I'm grateful for our alumni who are literally putting their lives on the line to care for Covid-19 patients. I am grateful for our donors who are stalwart in their financial support.

And now, we look to a new year with a new attitude – one forged in the crucible of these difficulties and one that will

propel us forward. We are bolstered by our legacy as we stand on the shoulders of those who precede us: alumna Dr. Jeri Milstead who continues to distinguish the College, President and Dean Emeritus Dr. Ann Schiele who never ceases to toil for the College's future; and Board of Trustees member Sister Barbara Hahl – a servant leader like no other – who leaves us for her well-deserved retirement.

I hope you enjoy this issue of *the Lamp* that illuminates all those mentioned above and hopefully inspires a forward-facing attitude to meet our future with courage and compassion.

Kathleen Williamson, PhD, MSN, RN President and Academic Dean,

Mount Carmel College of Nursing

fathlew Williamson

#### CALENDAR OF EVENTS

# the LAMP

**WINTER** 2020-21

#### COLLEGE CALENDAR 2021

Due to the uncertainty of living and working during a global pandemic, the College has either reimagined or rescheduled the usual calendar. Please see our website at mccn.edu for the most up-to-date information.

#### CONTACTS:

Alexandra Reese, MBA Marketing and Communications Strategist 614.234.5198 areese@mccn.edu

Alyssa Fry Senior Development Officer 614.234.4760 afry@mchs.com

Office of Alumni Relations 614.234.5681 alumnioffice@mccn.edu

#### COLLEGE ADDRESS:

127 South Davis Avenue Columbus, Ohio 43222-1504

Visit our website at www. mccn.edu

For mailing list updates contact: collegerelations@mccn.edu

#### TABLE OF CONTENT

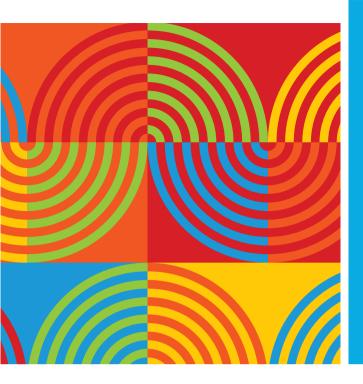
- 1 MCCN ADEPTLY ADAPTS TO NEW REALITY
- 8 COMMUNITY IN CRISIS: MCCN RESPONDS
- 10 275 DEGREES CONFERRED COMMENCEMENT
- 12 A HEARTY FAREWELL...WITH HEARTFELT GRATITUDE
- 18 SCHOLARSHIP RECOGNITION
- 21 QUICK READ
- 22 MOUNT CARMEL NURSES SERVE ON THE FRONT LINES OF THE CORONAVIRUS
- 24 RECENT MASTER OF SCIENCE ALUMNUS CARES FOR COVID PATIENTS
- 26 ACCOMPLISHMENTS
- 28 ALUMNI UPDATES
- 30 HOMECOMING 2020
- 35 CLASS NOTES
- 36 IN MEMORIUM

#### THE LAMP

WRITER/EDITOR: JARON TERRY, MS, APR,
JARON TERRY COMMUNICATIONS, LTD.

DESIGNER: SHEILA COONEY, COONEY DESIGN
PHOTOGRAPHER: MONTY SOUNGPRADITH,
OPEN IMAGE STUDIO





# COMMUNITY IN CRISIS: MCCN RESPONDS



Diversity, Equity and Inclusion Council members include (left to right) Kim Campbell, PhD, Mary Gregg, MS, RN, CNM, and Folorunso (Temmy) Ladipo, DNP, MSN, BSN, RN.

#### **Mission:**

In the spirit of the Catholic tradition, we welcome a diverse population of students from all faiths, to prepare them academically and professionally as competent and compassionate nurse leaders, who are lifelong learners, and who possess the moral courage to continuously promote the health of individuals and communities.

#### **Core Values:**

Academic Excellence, Respect, Compassion, Social Responsibility, Diversity

MCCN's freshman class of 114 students, as well as those matriculating, experienced a difficult summer: With high school graduations cancelled and the evaporation of summer jobs and vacations, unknowns about the future were rampant. Then, with the May 25 murder of George Floyd and subsequent Black Lives Matter demonstrations, sorrow and doubt seemingly permeated the greater Columbus community, and indeed the country.

"We wanted to try to alleviate anxiety and sadness as much as we could by letting our College community know unequivocally where we stand on important issues and that we will ensure continuing excellence in nursing education, despite unrest and uncertainty," explains Kathleen Williamson, PhD, MSN, RN, President and Academic Dean, MCCN. "In addition, I wanted to make certain that going forward students, faculty and staff know that we continue to address these issues."



In June, Dr. Williamson wrote the MCCN community about the College's antiracism stance (see text box) and over the summer created a new Diversity, Equity and Inclusion Council to ensure ongoing attention and action.

"My idea was to take the existing diversity committee and multicultural committee and join them into a Council with the authority to ensure that the mission and core values of the College are embedded across the enterprise," explains Dr. Williamson. "For example, rather than one class or seminar on diversity, equity and inclusion, the council will help us determine how to build these issues into the DNA of our curriculum."

More than a committee, the Council also will serve in an advisory role, observing and identifying areas where diversity, equity and inclusion may be better realized. The council will be co-led, along with Dr. Williamson, by Kim Campbell, PhD, director of Enrollment Management; Mary Gregg, MS, RN, CNM, assistant professor; Folorunso (Temmy) Ladipo, DNP, MSN, BSN, RN, director of Accelerated Programs; and Mitch Joseph-Kemplin, director of Compliance and Safety.

#### Letter to the MCCN Community

Our hearts are broken over the senseless and tragic death of George Floyd and so many other persons of color. These injustices are a result of many complex issues we are committed to addressing as a community. Together, we must rally against racism and move forward with empathy, inclusivity, respect and compassion.

As nurses — and future nurses — we know that discrimination in any form is harmful. The ethical code of the nursing profession directs nurses to "... respect the inherent dignity, worth, unique attributes, and human rights of all individuals." The American Nurses Association Position Statement says that all nurses must recognize the potential impact of unconscious bias and practices contributing to discrimination. We strongly believe in and practice these principles as we teach and care for others.

The Core Values of Mount Carmel College of Nursing are the backbone of who we are as a college community. We will continue to lead with our values of Academic Excellence, Respect, Compassion, Social Responsibility and Diversity – and we promise to place increased emphasis on Diversity and Social Responsibility. For example, we will work to maximize learning opportunities and experiences for students and faculty that promote learning from individuals with diverse life experiences, perspectives and backgrounds while addressing inequities in health care. By doing so we nurture a culture and climate of inclusion that values and respects the contributions of all stakeholders as we create a safe, active, inviting and vibrant campus for everyone.

We recognize that these tragedies can be traumatizing for all of us, but especially difficult for persons of color. We are here for you.

I echo Mount Carmel Health System President and CEO Lorraine Lutton in saying that our strength comes from the diversity of perspectives and opinions. I'm hopeful that the public outcry about racism in our society leads to real change and a better future.

"Hope is the belief that our tomorrows can be better than our todays." — DeRay McKesson, educator, author and Black Lives Matter activist.

Sincerely,

Kathlew Williamson



Although the "circumstances" of our 2020 Commencement were very different, the "pomp" was no less pronounced. The coronavirus pandemic prevented our usual Commencement gathering of students, family, friends, faculty and staff, but new beginnings were realized nonetheless.



Broadcast via the College's YouTube channel, and covered on all three television networks in Columbus, 211 Bachelor of Science (BSN) degree candidates, including those graduating from both the Columbus and Lancaster campuses, as well as from our Online RN-BSN Completion program, were celebrated on May 19, 2020.

# 275 degrees conferred

Also joining the ranks of our more than 8,600 living alumni across the nation and around the world, were 62 who received their Master's Degrees and two upon whom the Doctor of Nursing Practice (DNP) was bestowed. They are now counted among the nearly 500 alumni of the Graduate Program, which was started in 2003, thanks to the visionary leadership of Ann Schiele, PhD, RN, President and Dean Emeritus who served from inception of the College in 1990 to her retirement in 2014.

# FAREWELL... WITH HEARTY FAREWELL... WITH CRATITUDE

SISTER BARBARA HAHL, CSC, RETIRES



Since second grade, Sister Barbara Hahl, CSC, has known she wanted to live her life in service to others. At age 18, she dedicated herself to Christ, entering the Congregation of the Sisters of the Holy Cross in South Bend, Indiana.

#### SISTER BARBARA HAHL, CSC: IN THE HABIT OF SERVING

Because her family moved around a great deal – her father was an engineer and moved his family 10 times before she was 14-years-old – Sister Barbara Hahl, CSC, was familiar with more than one congregation of women religious, but chose Holy Cross because of their mission and kindness. And, although nothing could deter her choice, one interest delayed it for a time.

"I always knew I was called to be a Sister, but baseball kept me from entering the convent sooner," she recalls with a chuckle. Sister had been an avid follower of the South Bend Blue Sox all through high school. The Blue Sox were part of the All-American Girls Professional Baseball League, which existed from 1943 to 1954, and was featured in the 1992 movie "A League of Their Own," starring Rosie O'Donnell, Geena Davis and Tom Hanks.

"I covered second base and couldn't let my teammates down by not finishing the season, so following high school graduation in 1956, I delayed entry into the order until the season ended," she says.

Sister Barbara entered on September 15, the Feast Day of Our Lady of Sorrows. Sister's delay until this date was prophetic because that's the same date upon which the Sisters of the Holy Cross chose in 1903 to found the Mount Carmel School of Nursing. She has served on the Board of Trustees since 1994, when MCCN graduated its first class after having transitioned from the School of Nursing in 1990.

In 1956, the majority of Sisters in the United States were afforded only two career choices: nursing or teaching. Sister Barbara started as a math major at Saint Mary's College – across from the University of Notre Dame – but quickly chose to follow her love of music, art and culture by switching her major to history.

"I wore the postulant habit to class and didn't really care for it. A three-quarter length skirt with waist-length cape and veil was quite an encumbrance, but I wore it for one year until I made my first vows in 1959 and took the full habit with white veil," she recalls.

After first vows, postulants began learning more about theology, church history and philosophy, while finishing their degrees in secular subjects.

Sister Barbara took the black veil upon making her Final Profession of Vows in 1962, at which time she was given the heart-shaped medallion she faithfully wears to this day.

"Before too long, many who had taken vows at the same time I did began leaving religious life and today there are only a few from my cohort left," she says. According to Georgetown University's Center for Applied Research in the Apostolate study, the number of women religious in the United States declined from 180,000 in 1965 to fewer than 50,000 by 2014. The Second Vatican Council (1962—1965) accounted for most of the losses; societal changes leading to expanding career opportunities for women accounted for the rest.

#### TEACHING AND HEALTH CARE

After earning her 1966 undergraduate degree in history, Sister's baseball experience came into play. Having been in a fielding position, she was well-equipped to juggle the myriad of students for whom she would be responsible over the next 15 years. She taught everywhere from the upper-class community of Valparaiso, Indiana, to the inner city of Chicago and places in between, alternately serving as elementary or high school classroom teacher, and principal.

By the time she earned her graduate degree in history from Indiana University in 1972, Sister Barbara – along with women religious from most U.S. congregations – had left her habit behind and begun thinking about the next play.

Her experience on a baseball diamond again came in handy, as she was able to quickly pivot to respond to her interest in – and aptitude for – health care. Holy Cross Hospital in Salt Lake City was her first health care assignment. While there, she took engineering classes at the University of Utah to help in her work with management engineers at the hospital.

"While I was at Holy Cross, they asked me to take over the medical records department, which was in disarray to say the least," she recalls. "With computer equipment and the electronic medical record just coming on the scene, I was able to clean that up in about two years and was recruited back to South Bend as a planner at St. Joseph's Hospital.

"In 1981, I received a call from Sister Carolita (Sister M. Carolita Hart, CSC, administrator from 1979—1982) who was heading up Mount Carmel East, which at that time had only been open about 10 years. She was looking for an assistant administrator, and that is how I came to be in Columbus, Ohio," she notes.

# MISSION AND COMMUNITY AT THE FOREFRONT

Sister Barbara's ability to take the long view, anticipate actions and react quickly were welcome attributes in modernizing systems at the new hospital, which drew upon her experience in computers and engineering management.

"The buzzword in health care then was 'data driven,' as I recall. I spent two summers back at Notre Dame to earn my MBA (Master of Business Administration), which I think helped me do a better job in overseeing administrative areas and later, some clinical areas," she says.



In 1983, Sister Gladys Marie Martin, CSC, arrived from California as CEO of the then soon-to-be incorporated Mount Carmel Health System and, recognizing Sister Barbara's business acumen as well as team-player attitude, Sister Gladys put her in charge of all new building projects.

"I had already overseen construction of the new wing at Mount Carmel East and was asked to oversee construction of the new patient tower at Mount Carmel West. At that time, the convent – which was quite old and in need of drastic maintenance, was demolished on the Franklinton campus. I really felt I didn't know much about the building trades, but I learned quickly," she chuckles, adding, "from that time it seemed any new business that came on board, I was put in charge."

Mount Carmel Health System took shape during this period, and Sister Barbara helped to create community businesses such as Hospice, Homecare, several Outreach programs, and a host of other endeavors that are now part of Mount Carmel. Sister remained in business development roles until 1996, when she moved into overseeing Mission, a

role she fulfilled for more than two decades until 2018, when she was named senior vice president, Community Services. In 2019 she continued in that role as emeritus, and in December 2020 returned to the Motherhouse of the Congregation of the Sisters of the Holy Cross in South Bend, Indiana.

"Of course, reaching out to serve in the spirit of the Gospel has always been key in whatever activity I've been part of," Sister Barbara asserts, explaining that Mount Carmel has long had a good batting average with the community, starting more than 130 years ago with the Sisters of the Holy Cross coming to Columbus in 1886 to administer the hospital, to present-day care provided through the Mobile Coach and street medicine team.

"These concerns will always remain 'home base' for me – seeing that the lost, the poor, and the underserved are treated with reverence, dignity and respect. And, I will continue to pray for them and for Mount Carmel," she adds.

Well played, Sister, well played!

# SISTER BARBARA HAHL, CSC, RECEIVES HONORARY DEGREE

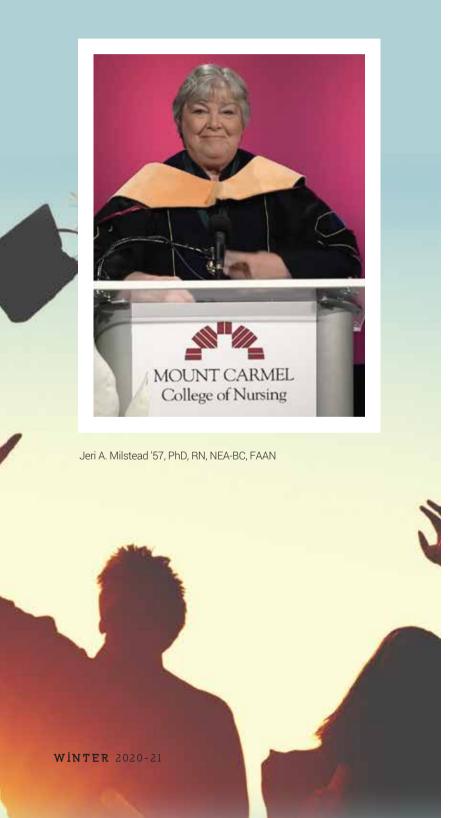


Sister Barbara Hahl, CSC, senior vice president emeritus, Community Health and Well-Being, Mount Carmel Health System, was lauded with the MCCN Honorary Doctorate, Doctor of Laws, in recognition of her long service on the College's

Board of Trustees and her commitment to keeping the Mission, Vision and Core Values of the College at the forefront of its decisions and deliberations. "We are delighted to honor Sister Barbara, who has served on the College's Board of Trustees for many years," said Tanya Hahn, chair of MCCN's Board of Trustees. "We also honor Sister in her retirement from Mount Carmel, and for representing our founders, the Sisters of the Holy Cross."

In November 2020, Sister Barbara was honored by the Ohio Hospital Association with the James R. Castle Distinguished Service Award. Congratulations to Sister for these honors, her long service, and well-deserved retirement.

## ALUMNA IS COMMENCEMENT SPEAKER



"Education is the instrument that will help you attain success," Jeri A. Milstead, PhD, RN, NEA-BC, FAAN, a member of the Mount Carmel School of Nursing Class of 1957, said in her Commencement address.

"For some, your degree is the economic ticket out of poverty or hardship. For some, your degree is the gateway to a life dream. For some, your degree is the affirmation of a promise made to yourself or someone you love. And this year is special because the World Health Organization declared 2020 as the Year of the Nurse! So, let's declare this as the year of the Mount Carmel Nurse!"

Dr. Milstead, who was inducted into the American Nurses Association Hall of Fame in June, also was awarded the MCCN Honorary Doctorate, Doctor of Laws, in recognition for her having distinguished herself – and the College – through her professional career.

An honorary degree from an American college or university is tangible recognition of distinguished service, professional achievement, or outstanding creative work. In 1998, MCCN first conferred the honorary doctorate, the Doctor of Laws, the highest recognition the College can bestow on individuals for having exemplified the values of the College's Mission and Core Values and for having made strong contributions to society through the professions, education, business, industry, government, or public office.



# OUR LEGACY OF LEARNING

#### **Legacy of Learning**

On September 15, President and Dean Emeritus, Ann E. Schiele, PhD, RN, kicked-off MCCN's Our Legacy of Learning Campaign by inviting friends of Mount Carmel to strengthen, support and sustain the College, its students and its legacy.

"I'm thrilled to chair the Our Legacy of Learning Campaign," says Dr. Schiele. "For this highly important fund-raising effort to begin on our Founders' Day, which commemorates the founding of Mount Carmel School of Nursing by the Sisters of the Holy Cross in 1903, makes it even more special to me," she adds.

"The outpouring of generosity from our donors has been amazing to witness and it's a testament to how well-loved the School of Nursing and the College of Nursing have been for many years," Dr. Schiele continues.

"I'm very grateful to all our donors and thank them on behalf of students, faculty, staff and the Board of Trustees of the College. And, I'm also grateful for the tireless efforts of Alyssa Fry, our senior development officer, and Deanna Stewart, president of the Mount Carmel Foundation, who have gone to such lengths to let everyone know how vital their participation is in continuing the highly important excellence in nursing education the College provides," she adds.

"If you've not already participated in the Our Legacy of Learning Campaign, it's my pleasure to invite you to please do so now and please accept my deepest gratitude."

#### Learn More

On September 22, a virtual Our Legacy of Learning Campaign Kick-off Town Hall was held that features Mount Carmel Foundation President Deanna Stewart moderating a lively panel discussion. MCCN President and Academic Dean, Kathleen Williamson, PhD, MSN, RN, was joined by assistant professor Lindsey Luther, DNP, APRN, FNP-C, EBP-C; alumna Pat Steele Skunda '72, '10, '14, MS, RN; and student Trey Hale. The panel detailed how MCCN is adapting to maintain excellence in nursing education during the coronavirus pandemic, making advances in innovative teaching, helping our students stay engaged, and renewing its commitment to the mission of our founders, the Sisters of the Holy Cross. Please visit our website at www.mccn.edu/giving to view the recorded Town Hall program and to learn more by reading our case for support of the campaign.







# SCHOLARSHIP RECOGNITION

A highlight of the academic year at MCCN is the annual Scholarship Dinner, where our generous donors and scholarship recipients come together to break bread and hear about the importance of the Gift of Education.

Although this year the coronavirus pandemic prevented the dinner, it cannot stymie the gratitude we – and our students – express to our generous donors, and it can never dull the pride we take in every recipient.

We thank our generous donors who funded scholarships for more than 200 MCCN nursing students and congratulate these scholarship recipients:

#### Anderson Family Scholarship Endowment

Christina Hope Kaley Hunt Christine Joyce Sonia Pattisam

#### Michael A. Anthony, MD, Scholarship Endowment

Avery Bednarski

#### Brenda Binkley Memorial Scholarship

Ibrahim Bah

#### Beth Ann Bishop Memorial Scholarship

Megan Lawless

#### Lori Burleson Caldwell Scholarship Endowment

Ilyas Nur Sumeya Sharif

#### **Cardinal Health Scholarship**

Brittany Bennett Darrin Miller
Lexi Bussert Jalynn Phillips
Ella Johnson Carlee Pieratt
Maya Knox Dakota Stevens
Yasmin Kraf Ashley Yost

#### Josephine Walters CareStar Scholarship Endowment

Kowsar Aden Kaley Hunt

#### A. Jean Huck Clark Scholarship Endowment

Chloe Troyer

#### Class of 1963 Scholarship

Xochitl Cajigal Vanessa Straley

#### **Dorothy Gorenflo Cluff Memorial Scholarship**

Adina Birnhack

#### Mother M. Constantine Community Service Scholarship

Adrian Hekking Chloe Troyer Adrian Hekking Chloe Troyer

#### Margaret F. Cordle Memorial Scholarship Endowment

Abbey Kunkler

#### George N. Corey Memorial Scholarship

Maya Knox

#### The Charles and Barbara Dolan Memorial Scholarship

Christina Hope

#### The Dolan Family Scholarship

Makayla Sollars

#### Kathy Donnelly Memorial Scholarship

Iisha Mohamed

#### The Irene M. Firmender Memorial Scholarship

Yvonne Spencer

#### Five Faculty Lend a Helping Hand

Shonna Buck

#### Carla Fry Memorial Scholarship

Hanan Abdi Jennifer Stoneburner

#### Phil and JoAnn Hall Scholarship Endowment

Kennedy Toth

#### Joseph William Hines Memorial Scholarship

Ay'Sha Ba

#### Holy Cross Heritage Scholarship Endowment

Catherine Briggs Jill Dyer Ahmed Issack Zachary Jones Langley Krutko

#### David Hunt, MD, Scholarship

Kharmaine Jamar Marissa Sheets Kennedy Toth

#### Magdalene Chaffin Jeffrey Memorial Scholarship Endowment

Christine Joyce Sage Rogers

#### Ed "Pete" and Barbara Kelley Scholarship Endowment

Kowsar Aden

#### Marjorie Bolte Kelly Scholarship Endowment

Vanessa Straley

#### Joseph J. Laihr and Adeline Pax Laihr Scholarship Endowment

Amber Knapp Hannah Madder Srijana Odari Sumeya Sharif Sheila Siwakoti Kennedy Wade

#### Mary Linard Memorial Scholarship Endowment

Nasteho Abdulahi

#### Patricia A. McKnight, MS, RND, LD, Scholarship Endowment

Hayat Fatah

#### Monsignor John J. McMahon Scholarship

Kendra Arnett Avery Bednarski

#### Thomas and Mary Ellen Miller Scholarship Endowment

Nuna Abdallah

#### Dr. Jeri A. Milstead Scholarship Endowment

Sage Rogers

#### Mount Carmel Alumni Association Scholarship Endowment

Katelyn Burkley Ahmed Issack Megan Kirsop Farhiya Munye Tamar Sarpong Kristopher Smedes Jennifer Stoneburner Morgan Tierney

#### Mount Carmel College of Nursing Board of Trustees Scholarship

Sarah Boston Krystal Brown Morgan Davis Haley Vollmer

#### MCCN Golf Invitational Lead Sponsor Scholarship

Joycelyn Agyeman Laura Burgess Tabita Darkwah Selena Elliott Adrian Hekking Kaley Hunt Caitlyn Kish Kaitlin McCarty Srijana Odari Georgina Yeboah

#### Mount Carmel Foundation Board of Trustees Scholarship

Nasteho Abdulahi Mya Biswa Ashlin Bullock Laura Burgess Katelyn Burkley Jaidee Collins Caitlynn Davis Andrea Daum Hadiatu Diallo Jessica Eberle Natalie Fanell Tytianna Graham Sheila Gyamfi Ja'lonn Harris Alexa Heller Natalia Iannarino Shankaroon Isse

Fatoumata Keita Amber Knapp Yasmin Kraf Iisha Mohamed Lavla Mohamed Farhiya Munye Srijana Odari Elfreda Osam-Duodu Bibi Osman Sarah Ouedraogo Sonia Pattisam Yasmin Robleh Sage Rogers Muna Said Makayla Sollars Vanessa Straley

#### Patricia B. Mullins Scholarship

Sumeya Sharif Madina Hassan

#### John & Genie Rataiczak Memorial Scholarship

Haley Caudill

#### Jill Marie Trego Rill Scholarship

Nina Baird Anna Mohler

#### Martha Rodenfels Memorial Scholarship

Sheila Siwakoti

#### Dr. Ann E. Schiele Presidential Endowment

Saynab Ahmed Ibrahim Bah Adina Birnhack Tabara Dieng Meredith Douds Hayat Fatah Marie Faye Caitlyn Kish Fardosa Odowa Kimar Whyte-Starks

#### Robert G. and Kathryn R. Schwemley Foundation Scholarship Kasey Becker

Makala Byrd Xochitl Cajigal Whitney Davis Noel Ingram Abbey Kunkler Erika Marchi Kaitlin McCarty Bailee Poston Alexis Powell Marissa Sheets Wesley Williams Tabita Darkwah Hawa Elmi Lauren Fields Nicole Schneider Susie Winters Kasie Ziegler

#### Adrienne M. Petersen Stapanian Scholarship Endowment for Pediatric Nursing Abigail Hill

Deloris Street - Ohio Contractors Scholarship

Erika Marchi

### Ruth Ann Thomas & Paul Murphy Scholarship

Abbey Kunkler

#### Hope Tickle Memorial Scholarship

Megan Lawless

#### Monica and Stephen Walter Scholarship

Avery Bednarski Ashlin Bullock Tytianna Graham Zachary Jones Bailee Poston

#### Mary C. Wanner Memorial Scholarship

Tytianna Graham

#### Tammy Weidner Memorial Scholarship Endowment

Alyssa Bolin

#### Mary Susan Wheat Memorial Scholarship

Avery Bednarski Morgan Davis

#### Dr. Robert Whetstone Scholarship

Ashlin Bullock Haley Vollmer

#### Frank and Lillian Will Scholarship

Ilhan Ali Paige Babin Abigail Bentley Cassidy Brewer Lauren Cline Maria Crocco Inna Grigoryans Trey Hale Lydia Hornyak Jessalvn Hovt Walaa Hussein Mikaela June Lauren Lewis Abram Martin Mackenzie Moore Payton Nebraska Brittanie Neff-Mosack Sophia Nold Jaydan O'Dowd-Rhodes Jephte Poinvil Kayleigh Repeta Alexis Schroeder Ann Semler Kameron Simmons Tiarah Vermillion Aimee Williams Samantha Wood Alyicia Young

#### Regina Sallee Williams and Robert M. Williams Scholarship Endowment Tabara Dieng

#### Rachel Zook Memorial Scholarship

Zeinab Mohamed

#### Martha Dillon Zunich, RN, JD, and the Grim Family Endowment Fund

Madalyn Burley



Kathleen Williamson, PhD, MSN, RN, was named President and Dean on August 31, 2020.

She has served at MCCN as Academic Dean since January 2019 and as interim President and Dean since May 2020. Dr. Williamson brings a wealth of expertise, knowledge and leadership to her new role. (Her full bio is on our website at mccn.edu).

#### 30th Anniversary - 2020 is Milestone Year

Exactly 30 years ago Mount Carmel School of Nursing, founded in 1903 by the Sisters of the Holy Cross, transitioned into Mount Carmel College of Nursing. In July 1990, the Ohio Board of Regents granted the College a charter, and that September 38 students began their educational journey toward becoming the first class to earn a Bachelor of Science in Nursing (BSN) degree as the Class of 1994.

#### **Teaching the Teachers**

MCCN was invited to share expertise with other educators by detailing the move to an online teaching environment in videos produced by Outbound Medicine. Kathleen Williamson, PhD, MSN, RN, and Scott Dolan, PhD, RN, were honored to discuss the College's experience and share their personal and professional insights with colleagues.



**Convocation – Our newest Nightingales embarked on their nursing education journey in an unprecedented way.** Instead of gathering closely for the traditional group photo, Freshmen of the Class of 2024, along with transfer students, turned to their computers and smart phone screens to hear and view messages of welcome. Also, Dr. Williamson, members of the faculty and staff and members of the alumni warmly greeted new students with words of encouragement and confidence. Please visit https://www.mccn.edu/news/events/convocation to view the Convocation video.





Emilie Vassar, BSN, RN, and Kyle Stagg, BSN, RN

When Mount Carmel East RNs Emilie Vassar and Kyle Stagg graduated from Mount Carmel College of Nursing (MCCN) in 2019, they never could have predicted what the day-to-day of their jobs would look like in 2020.

"The surgical trauma step down unit we work in was totally transformed into a COVID-19 patient unit," Stagg said. "It's been a huge undertaking. I'm glad I had at least one year of working under my belt." Vassar agrees, adding that the added precautions and protocols of the pandemic have sped up her learning about safety and risks.

"All my nursing experience up to this point took a complete right turn when this pandemic happened and we had to start caring for COVID-19 patients," Vassar said. "It was totally unchartered waters for everyone, but I work with some amazing nurses who provided great leadership. I could not have made it this far without them."

Vassar and Stagg both started working in the surgical step-down unit at Mount Carmel East within a month of their graduations. "Our professors taught us to always be prepared for the unexpected," Vassar said. "With my patients, you never know what the next couple of hours will hold for them. They could do great and hold stable, or something could completely flip and suddenly you're

calling for rapid response—there's no way to predict what any shift will hold, so you have to be ready and willing to learn and adjust every day."

"You always know in the back of your mind that *something* big like this could happen, but you never actually expect it," Stagg added, "So when it happens, your true reasons and passions for being a nurse come out. I feel like I've grown so much as a person because I know this is exactly what I want to do and that I've chosen the right profession." But as passionate as these nurses are about their job, they both agreed that it's important to lean on other people to get through this time, whether it's asking questions on the job, or having someone outside of work to talk to at the end of the day.

"I have definitely leaned on the knowledge and confidence of the more experienced nurses," said Vassar. "I can't be afraid to ask questions, because it's the only way to learn and help my patients. That was lesson number one for me on the job." Stagg agreed, saying that he's grateful to benefit from the leadership team, his unit, and his fellow nurses. Additionally, because his fiancé also is a nurse, he has a strong support system at home.

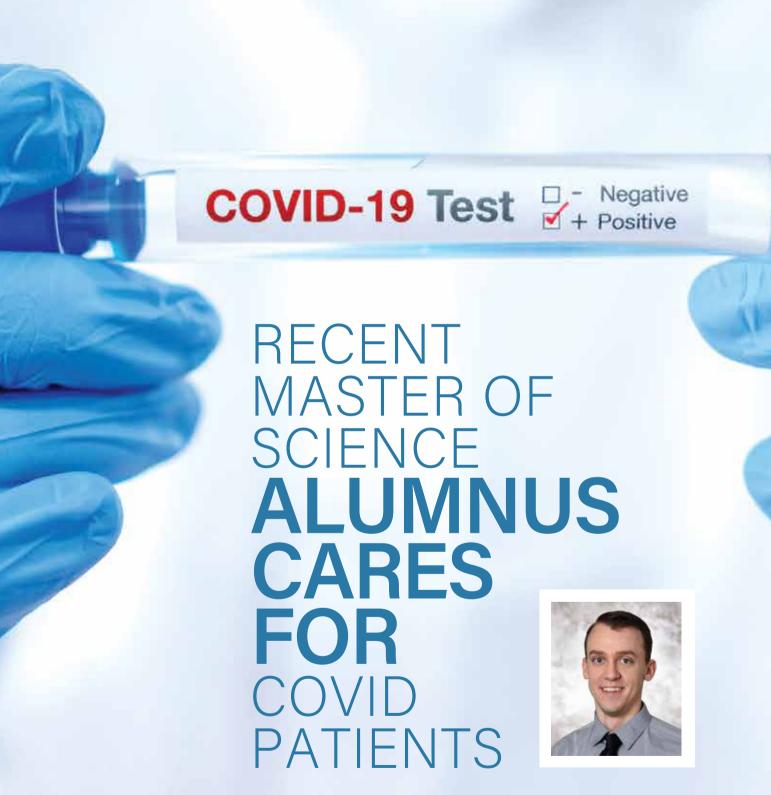
"The sense of teamwork, and also being motivated by our patients getting better is what's getting us through," he said.

"I'm so thankful for the preparation I had at MCCN. This is never something we could have practiced for, but I felt so prepared because the program is so well-rounded. The college does a really great job."

— Kyle Stagg, BSN, RN

Vassar added that every day she remembers her professors telling her to be ready for the unexpected. "I was always ready for the worst, but I'm always hoping for the best."

Reprinted from Mount Carmel Health System employee publication.



"I am the first in my family to become a nurse," said Alex Kolesar, MSN, AGACNP-BC, who earned his Master of Science in Adult Gerontology Acute Care Nurse Practitioner at MCCN in May 2020. A native of Pittsburgh, Pennsylvania, Alex pursued nursing for two reasons: to have a career where he could experience a positive exchange of mutual good feelings and to have a good job with a steady income. Nursing met those criteria, and more.

After earning a Bachelor of Science in Nursing from Indiana University of Pennsylvania in 2015, he spent two rewarding years on the main campus of the Mayo Clinic in Rochester, Minnesota, working and learning in the Thoracic Vascular ICU, but soon realized he was ready to take his career to a higher level.

"I seemed to have reached a ceiling of knowledge and knew that I was ready to learn more and apply more. One of the things that frustrated me in my role was wanting to do more for my patients, and that's what led me to Mount Carmel," he recalls. "I knew that the Adult Gerontology Acute Care Nurse Practitioner program would provide both the knowledge and autonomy I was looking for," he added.



Alex Kolesar, MSN, AGACNP-BC

He worked as a travel nurse to accumulate funds before transitioning to Columbus. While pursuing his advanced studies at Mount Carmel, Kolesar worked full time in a critical care float pool at The Ohio State University Wexner Medical Center, where this spring, he cared for numerous COVID-19 patients in the medical ICU.

"Taking care of patients suffering the debilitating symptoms of COVID-19 was very challenging work, but as a young, single person with no underlying health conditions, I was grateful to be able to be on the front lines, sparing older nurses or those with families who could be exposed. I'm thankful that MCCN prepared me to think fast and make good decisions for my patients, even in a situation about which little was known," he said.

Soon after his graduation from MCCN, Kolesar began his practice as a critical care house officer at the Cleveland Clinic where he is in the ICU as well as an on-call provider for rapid response for stroke alert, central line placement, endotracheal intubation, difficult ultrasound-assisted IV sticks, violent patients, and rounding on at-risk patients.

"It was very satisfying to know that I was providing the most essential care someone has ever needed. I'm extremely grateful to have had this experience – it's a privilege and a gift."

MCCN was awarded the 2020 "Making a Difference for Students - Outstanding Impact by a Higher Education Organization" award by Quality Matters (QM) presented on Oct. 27, during the virtual QM annual conference. This global quality award recognizes MCCN for developing innovative hybrid and online learning options for students during the coronavirus pandemic. QM is a global organization leading quality assurance in online and innovative digital teaching and learning environments. Each year, the organization recognizes individuals and groups that exemplify QM's focus on student success through the implementation of QM Standards, practices and processes. According to the award selection committee, "Mount Carmel College of Nursing was recognized for implementing Quality Assurance for their online programs, establishing faculty training, and creating a cross-team approach for collaborative course design. The initiative has changed their culture by placing a higher emphasis on student success."



# ACCOMPLISH





Jamie Nininger, DNP, RN, and Miriam Abbott, MA, co-authored a refereed paper presentation, "Igniting Team Vision for Quality Assurance in Online Education," at the 2020 National League for Nursing Education Summit: Master of Teaching – Art of Leadership conference, held virtually in September.

Tracy Riley, PhD, APRN-CNS, CNE, presented two refereed poster presentations, "Semester-Long Online Course Modification to an Intensive Delivery Format – Best Practice Review" and "Facilitating Student Development via Collaborative Learning Projects and Student Self- and Peer-Assessment" at the 2020 National League for Nursing Education Summit: Master of Teaching – Art of Leadership, which was held virtually in September.

# HMENTS

WE ARE SO PROUD OF
ALL THE ACCOMPLISHMENTS
OF OUR FACULTY AND STAFF
AT MOUNT CARMEL COLLEGE
OF NURSING

# GREETINGS FROM YOUR ALUMNI ASSOCIATION



#### **Alumni Vision**

The vision of the Mount Carmel Alumni Association is to support Mount Carmel College of Nursing through philanthropic, networking and mentoring initiatives.

#### Follow us on Facebook

by visiting www.facebook.com/mcalumniassoc

#### **Send Us Your Email Address**

MCCN and the Mount Carmel Alumni Association are sending information via email. Send your email address to alumnioffice@mccn.edu or visit our website. Please stay in touch with the Alumni Relations office about any changes in your contact information as soon as you can so you don't miss any news! Also, please let us know your career path since graduation so we can include it in an upcoming issue of *the Lamp*.

#### **Alumni Association Dues Payment Instructions**

We have two ways to pay your 2021 membership dues: You may mail us a check in the enclosed envelope or, if you prefer the convenience of a credit card, simply use your mobile phone camera to scan the appropriate Square (QR code) below and follow instructions there. Please complete payment by February 28, 2021.

Annual Membership plus fee \$41.50 total



Lifetime Membership plus fee \$257.75 total



## **Get Involved!**

# ates



#### Has your name changed since graduation?

If so, please don't forget to notify us so we can amend your educational record and your contact information. Please contact Maggie Miller-Rea, coordinator, Records & Registration, at 614.234.3959 or by email at mmillerrea@mccn.edu.





Just as MCCN students are attending classes virtually, your Alumni Association Board members are also meeting virtually, via Zoom. Pictured in an online meeting are: (top row, left to right): Iris Feisner '66, '07, MS, RN; Vice-President Matt Edgington '14, BSN, RN; and Secretary Jami Nininger '87, DNP, RN; (second row) Jody Gill Rocha '08, '10, MS, RN; ex-officio Senior Development Officer Alyssa Fry; and Treasurer Suzanne Martin '66, JD, RN; (third row) President Pat Skunda '72, '10, '14, MS, RN; Angela Snider '10, '14, MS, RN, APRN-BC, and Frieda Gill '90, '97 and '09, MS, RN, CCRN. Not Pictured: Cathy Lapp '93, '10, BSN, RN.



### Nominations Open for Distinguished Alumnus & Rising Star Awards

You're invited to nominate a member of the Mount Carmel Alumni for one of two awards to be presented this fall (hopefully in person) at the 2021 Mount Carmel Alumni Association Annual Meeting and Homecoming. Winners' names will also be engraved on a permanent display in the Health Sciences Library to honor their exceptional professional achievements and significant contributions in their community. Nominations are accepted at any time, but must be received by June 1, 2021, to be considered for an award in 2021. For full criteria and nomination rules, please visit mccn.edu/alumni.

#### **Your College Email Address**

Please note that to maintain your College email address, you must sign into a web browser and access your email account at least once a year. Annually in August, MCCN's IT department completes a "purge," deactivating any email whose owner has not signed into a web browser to access their mccn.edu account within the preceeding 12 month period.

Winter 2020-21 29



This year's Homecoming Weekend was like no other. Because of the coronavirus pandemic, alumni were unable to gather this year. The tradition of recognizing Honor Classes – those celebrating milestone anniversaries of their graduation – continues with recognition of 2020's 50th Year Honor Class – the Class of 1970.

The first 10-year Anniversary of the School of Nursing was held in 1913, thanks to Bertha Liston, who was in the first class to graduate from Mount Carmel School of Nursing in 1906, and served as first president of the Mount Carmel Alumni Association. It was not until 1926 that the first Nurses Homecoming Banquet – forerunner of what is now the Homecoming Weekend – was held, attended by 140 alumnae – all women.

And, exactly 90 years ago, in 1930, the first yearbook, "Consolartri," was published. Its name, Latin for "comfort" or "help," seems fitting for 2020 and the forward notes "It has been an attempt to mirror pictures of golden memories forever associated with days of joy and glorious hope. May it constantly inspire us with fidelity to the principles of our Alma Mater crowning us in our Battle of Life with the laurel of Victory."

## Class of 1970 Alumna Shares Fond Memories

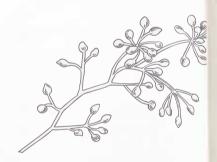
"When I recall my days at Mount Carmel School of Nursing, my happiest memories are about the friends I made, many of whom are still lifelong friends," said Nancy Gilroy DeVore '70, BSN, RN, CCRN.

"We had so much fun together, hurrying to meet the 7:30 p.m. curfew that was in effect when we started as freshmen in 1967," she chuckled. "I also loved the jukebox in the basement, because we had so much fun listening to music and dancing together. And, can you believe there was only one telephone per floor in the dormitory? I don't know how today's students would deal with that," she said.

When asked about a particular faculty or staff member she fondly recalls, Nancy mentioned Mrs. Walker, the Med-Surg instructor whom she says was "so down-to-earth," Sister Blanche who "really understood 18-year-olds," and Ann Schiele, PhD, RN, who was assistant director of the School of Nursing then and who went on to become the longest-serving president of Mount Carmel College of Nursing. Today Dr. Schiele is President and Dean Emeritus and is chair of MCCN's Our Legacy of Learning campaign (see pages, 16-17).



Nancy Gilroy DeVore in 1970.





Commencement Class of 1970



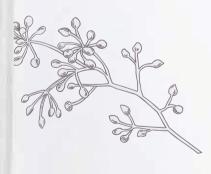
Ann Schiele PhD, RN, in 1970



Nancy Gilroy DeVore today.

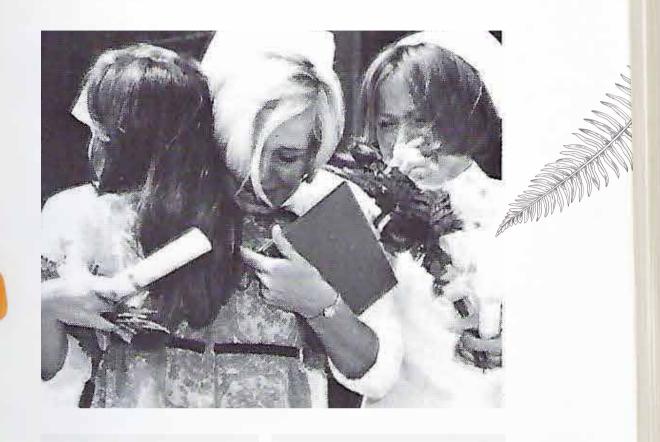
"The high standard that was expected at Mount Carmel really impacted me because I knew I always had to do my best. I'll never forget how proud we all were at graduation we had learned so much and knew each member of the Class of 1970 was committed to continuing to learn." Nancy went on to earn her Bachelor of Science in Nursing degree in 2004 from the University of Detroit, where she was the first diploma student admitted to that institution's online RN to BSN completion program, due to the depth of science classes she had at Mount Carmel (MCCN's RN to BSN Completion program, which began in 1996, went online in 2011). She also holds certifications and retired seven years ago after 43 years in nursing, mostly in ICU at Beaumont Royal Oak in Michigan.

"It will be so hard to miss our 50th reunion, but at least we have our shared memories. Hopefully, we'll see one another face-to-face next year," she notes. Nancy and her husband, David, have been married 49 years, have two children and three grandchildren. Nancy had moved from New York to Columbus with her parents the year before she enrolled at Mount Carmel at the suggestion of her classmate, Chris Baker, whose mother was a Mount Carmel alumna. After graduation, Nancy moved in with a girlfriend who lived in downtown Detroit, which is where she met David. Since retirement, she has been teaching yoga classes in her home and she and David are looking forward to returning to their favorite pursuit – travel, once the pandemic has ended. High on her list of places to visit is Columbus, Ohio, when she and her classmates can hopefully reunite during Homecoming 2021.









#### 2020 Homecoming Raffle

Please see the enclosed envelope for your 2020 raffle tickets. Simply write your name on the ticket, indicate how many you want, then stamp and return the envelope to us by Feb. 28, 2021. See AlumNews for winner.

#### 2021 Homecoming Weekend

Although we are hopeful a coronavirus vaccine will make it safe for us to gather, we will follow public health guidance. Watch for details on the website or in AlumNews.



## Our Journey to Transformation

Recent campus improvements and enhancements include returning the School of Nursing chapel – which had been converted to the Eleanor Wilson Conference Room in 1994 to accommodate the rapid growth of the Mount Carmel College of Nursing - to its original purpose. The School of Nursing chapel had been created in 1959 when Marian Hall was built. As enrollment burgeoned after the School transitioned to the College in 1990, students used the hospital chapel instead, and the new meeting space was named in honor of the last director of the Mount Carmel



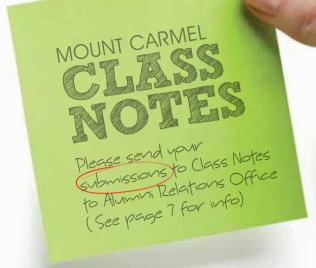
Mount Carmel College of Nursing Chapel

School of Nursing (1964—1990), the late Eleanor Wilson, MSN, RN. When Mount Carmel West was closed last year, restoration plans began and the newly restored chapel is available for use by students, faculty and staff of all faiths.

## New Graduate Program Offer

Master of Science in Nursing Leadership Clinical Operations (NLCO) is the newest offer from MCCN's Graduate Program. This dynamic program is built on the strong foundation of the former Nursing Administration program. "When our students – who are seeking to take a leadership role in their practices – said they wanted to study online, we took the opportunity to enhance and improve the evidence-based program. Now, they can complete the integrated clinical practicum hours at their places of employment, with mentorship," explains associate professor Lou Ann Hartley, PhD, RN, NEA-BC, PAHM. Dr. Hartley, who took a lead role in developing the NLCO program, says it is designed for career-minded nurses who are ready to expand their knowledge and expertise in nursing leadership. "Graduates are prepared to improve policies, lead organizations, engage in clinical operations management, and advocate for employees at all levels of practice – community, hospital, or public health," she adds. In addition, based on individual professional experience, graduates may be eligible to sit for the American Nurses Credentialing Center (ANCC) certifications NE-BC (Nurse Executive Board Certified) or NEA-BC (Nurse Executive Advanced - Board Certified). Applications are due June 30, 2021, for the Fall 2021 start. See mccn.edu/academic/master-of-science for more information.





Joan Boyer Cressinger ('49) worked at "the Mount" for two years after graduation. After getting married, she worked in physicians' offices and as a stay-at-home mom. After 25 years ofbeing away from hospital nursing, she wondered if she could do it again and recalls, "So, I did! That was when I realized how great my training had been. As I read the *Lamp*, I am proud of the nurses who accomplish so much and I'm proud to be a 1949 grad."

Dodie Hutton Shields ('54) lives in Arlington, Illinois. She is married and has five children and multiple grandchildren. She worked 25 years on a mother-baby unit and retired in 1998. She writes, "I have not had a slow day since." She is involved in the medical supply closet operated by the Arlington Heights Nurses Club over 50 years ago. She volunteers at her church. She and her husband are active travelers, having been to five continents, all 50 states and 39 National Parks.

Barbara Burns Lach ('59) is widowed and has eight children and five grandchildren. She has been a real estate counselor for nearly 40 years. The last 20 years have been in partnership with her youngest son. She has held many offices in the real estate world, both locally and nationally. Barbara is the only female in Ohio to be awarded the Distinguished Service Award from the National Association of Realtors. She shares, "My success is founded on the principles of discipline and compassion, which originated during my days of nursing school at Mount Carmel." She writes, "I was fortunate to work with Dr. Ann Schiele during the formation of the Board of Trustees of the School of Nursing. This group worked very hard to obtain not only the funding, but also the accreditation of the program to become Mount Carmel College of Nursing. Following this work, you can only imagine my pride and surprise at being granted an Honorary Doctor of Laws degree from our beloved school." The mantra she follows was told to her by Sister Helen Marie, CSC: "Work hard, do your duty, say your prayers and leave the rest to God."

Bernice Uhl Wilson O'Roark ('59) lives in Sparta, Tennessee. She is retired and her volunteer activities include fund-raising and visiting seriously ill patients. She has both a BS and MS in Nursing from The Ohio State University. She was previously executive director of Trailview Development, the developer of the first elder co-housing in the country. She was executive director of the Ohio Hospice Organization for 15 years. As the founding director, she began with five hospices. It grew to 88 hospices serving approximately 20,000 patients. She has been a nurse consultant for various agencies and was an assistant professor at The Ohio State University and Capital University College of Nursing.

Mary Ellen Thomas ('65) lives in Columbus, Ohio. She has a BSN and a master's in Pastoral Studies. She is retired and shares, "My last 12 years were in hospice nursing and it was the very best of my almost 55 years in nursing."

Susan McGuire Stewart ('69) lives in Columbus, Ohio, and seasonally on Mill Cove in Boothbay Harbor, Maine. Post-graduation she discovered a love of exercise. She writes, "Since my favorite subject at MC was nutrition (thank you, Patricia McKnight, MS, RDN), I earned a bachelors in exercise science and a masters in education nutrition at The Ohio State University." She is a certified Laughter Leader and Master Trainer with The World Laughter Tour, teaching workshops across the United States about the positive benefits of mirth and attitudinal healing. She is a volunteer educator with a nutrigenomic physician who has pioneered a groundbreaking approach to the health/nutrition continuum. She is an avid kayaker, gardener/foodie, walker and meditator. She is learning mahjong and enjoys being with family and friends.

Grace Engle Brehm ('74) is married and has three sons and eight grandchildren. Her nursing career has included staff nurse in OB, med-surg, ER and coronary care, nurse educator, infection control nurse, surgery supervisor, outpatient clinic work and director of nursing. In retirement, she and her husband travel as much as life on their farm allows. She is an elder in her church, treasurer of the Bean Creek Valley Historical Society and enjoys genealogy research, scrapbooking, sewing, and reading. She sums things up by saying, "Life is good."

Catherine Post Wolters ('74) is married and lives south of Celina, Ohio, on her husband's family's livestock and grain farm. They have two children, one of whom is deceased, and "two beautiful grandchildren." She shares, "My Mount Carmel family was there for me with prayer and support. We had a class of very special people." She worked 44 years as an occupational health nurse before retiring and all but two of those years she worked full time.

Regina Ghiloni Hinterscheid ('77) began her career at Mount Carmel East on a med-surg unit. She earned her BSN at Capital University before Mount Carmel had an RN-to-BSN program. She has been a school nurse for over 20 years.

Diane Phipps Barringer (79) is now retired after working 15 years as a school nurse for grades preschool and K-12.

Kimberly Miller Hostetler ('79) is married and retired after 34 years. The last 22 years were in orthopedics. She has been a Longaberger Basket consultant and branch advisor.

Carol Nelson Terry ('79) is married and lives in Wilmington, North Carolina. After working several years in the Gastroenterology field, she is "now on hiatus to care for our first grandchild."

#### IN MEMORIAM

Mount Carmel College of Nursing and its alumni honor the following graduates who have passed away and extend our sympathy to their family and friends.

Ann G. Fox — Class of 1942

Dolores Streng Telerski — Class of 1944

Gertrude "Trudy" Ilene Wilkins Roush — Class of 1945

Martha Snyder Deibel — Class of 1946

Beverly Phillips Weiss — Class of 1947

Sr. Thomasine Hardesty aka Sr. Agnes Ann, OP — Class of 1948

Martha Weider Laughlin — Class of 1953

Constance Allen Gordon — Class of 1954

Lynn Jane Boggs Brown — Class of 1956

Margaret Agnes "Sue" Gingher Hutchinson — Class of 1956

Rose "Rosie" Marie Clark McCabe — Class of 1957

(sister of Mary Ann Clark Nethers — Class of 1946)

Barbara Munjas, PhD, MSN, RN — Class of 1957

Janice Ann Wade Rhyan — Class of 1957

Patricia Ann Posey Carroll — Class of 1958

Patricia Gilgannon Kenny — Class of 1958

Lola Euman Golden — Class of 1958

Mary Lou DiLoreto Walker — Class of 1958

Bessie "Bess" Eckard Whittington — Class of 1958

Julia Brofford — Class of 1959

Mary L. Ross Brenneman — Class of 1960

Ruth "Evelyn" Caldwell — Class of 1960

Winifred "Winnie" Sue Jones Hancock — Class of 1961

Nancy Powell Jordan — Class of 1961

Margaret Ann O'Leary Bennett — Class of 1962

Joanne Traband Hall — Class of 1963

Mary Ann Cunningham Smith — Class of 1963

Jacquelyn Wagner Williams — Class of 1968

Mary Sue Nicol — Class of 1969

Lorraine Haban — Class of 1982

Barbara Evans — Class of 1984

Linda Dimon — Class of 1989

Nancy Ann Breece Hardin—Class of 1989

#### IN MEMORIAM continued

We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

Son of Ruth Laughlin Strickler '52

Husband of Joan Messenger Garber '57 and '20

Son-in-law of Barbara Burns Lach '59

Sister of Mary Jo Kiener Leonard '59

Husband of Winifred "Winnie" Sue Jones Hancock '61

Husband of Marilyn Butterfield Holloway '63

Brother of Peggy Horvath '63

Husband of Sondra Young Abernathy '64 and father of Stacey Abernathy '87

Father of Jane Vannicelli Fox '72

Mother of Theresa Yerardi Heitzenrater '72

Husband of Mary Jo Moon Stidman '72

Daughter of Catherine Post Wolters '74

Son of Kathy Fox Jasper '75

Valerie Burton, MCCN instructor, retired 1998

Karl Kumler, MD

Claus von Zychlin, MBA, former President and CEO, Mount Carmel Health System



#### Tell us what you're up to!

NAME	
ADDRESS	
TELEPHONE ()	
E-MAIL	
GRAD YEAR	

WHAT'S NEW WITH YOU? NEW BABY? NEW JOB OR PROMOTION?

EARN ANOTHER DEGREE?\_\_\_

Send to: Alumni Relations Office Mount Carmel College of Nursing 127 South Davis Avenue Columbus, Ohio 43222 alumnioffice@mccn.edu

\*\*\*Are you firmly planted in the digital age? Then fill out our online form to let us know what's new with you. Log on to the college website at www.mccn.edu and click on Alumni.

Send your email and postal address updates to the office of College Relations (contact information on page 7). Your personal information will be used for Mount Carmel College of Nursing business only



Visit Us on Facebook and You Tube







Mount Carmel Health 6150 E. Broad St. Columbus, Ohio 43213

Address Service Requested

Non-Profit Org US Postage PAID Columbus, OH Permit No. 913



