

# THE LAMP



## One Smart Cookie Phylis Crook

pg.  
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*Visionary Leader for Girl Scouts and Mount Carmel Alumni*

News and Information about  
Mount Carmel College of Nursing Alumni, Students and Faculty



MOUNT CARMEL  
College of Nursing



## TABLE OF CONTENTS

- 2 PRESIDENT'S MESSAGE
- 3 DISTINGUISHED ALUMNUS
- 6 ALUMNI BANQUET 2009
- 8 ALUMNA DISCOVERS IMPACT OF PROFESSION
- 9 CONVOCATION 2009
- 11 ALUMNI ASSOCIATION UPDATE
- 13 MCCN ANNUAL GIVING SOCIETIES



- 18 EVIDENCE-BASED PRACTICE
- 21 CLASS NOTES
- 26 IN MEMORIAM

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## COLLEGE QUICK READ:

### *Mount Carmel College of Nursing*

- ◎ This year's MCCN master's program enrollment of more than 50 students is a record number for the program. The College offers three master's tracks—Adult Health, Nursing Education, and Nursing Administration—for nursing professionals interested in taking their career to a higher level. All three tracks are 30-33 credit hours and no graduate record examination (GRE) is required. Many individual courses are offered on-line. For students employed by Mount Carmel Health, financial reimbursement in the form of tuition waivers is available.
- ◎ The total number of men on campus is also at an all-time high, with 75 male students enrolled this year. This is nearly 10% of the College's total enrollment. It has been estimated that approximately 6% of the nurses working in the U.S. are males.
- ◎ MCCN's Online RN Refresher Course has been approved for renewal by the Maryland Board of Nursing for an additional five years. The College attributes this renewal to the hard work of Sherry Hull, MS, RN, Assistant Professor and Coordinator, Online RN Refresher Course.
- ◎ MCCN hosted the president of Sigma Theta Tau International (STTI), who came to campus in October to speak to a sold out audience at the 2009 STTI Founder's Day Celebration, co-sponsored by the Central Ohio STTI Consortium. Carol Huston, MSN, MPA, DPA, FAAN, addressed "Nursing Image: Advocacy, Voice, and Change."
- ◎ MCCN began a new outreach to nearby Avondale Elementary, funded by a \$20,000 Healthy Community Grant from Cardinal Health. MCCN initiated partnerships with Nationwide Children's Hospital, Columbus City Schools, and COSI Columbus to implement a fitness and nutrition club for students and nutrition education programs for parents. 





## PRESIDENT'S MESSAGE

Dear Alumni, Students and Friends,

We opened our College year welcoming 790 students to our campus, our largest enrollment ever. At Convocation, we welcomed donors whose generosity funded 131 scholarships to 90 students (some receiving more than one award) totaling \$276,250. Our alumni awarded six of those scholarships for a total of \$12,000. New this year were seven scholarships funded by the MCCN Board of Trustees. Every trustee donated a minimum of \$1,000.

In October, we were thrilled to welcome many of you here for the Alumni Banquet. It is always a joy to have alumni and friends visit our campus, and you are welcome to visit anytime. We love sharing our new programs, our new buildings and state of the art facilities, and introducing you to our faculty, staff, and amazing student community.

In this season of thanksgiving, we want to recognize devoted alumni and friends of the College by welcoming

you to our newly established Mount Carmel College of Nursing Annual Giving Societies. Please access our College website at [www.mccn.edu/making-a-gift](http://www.mccn.edu/making-a-gift) to obtain additional information. We hope you will join, support our students, and enjoy increased opportunities for members to attend College programs and events.

We appreciate you and the many ways you support Mount Carmel College of Nursing. It is with a thankful heart that I wish all the blessings of the season to you and yours.

Sincerely,

Ann E. Schiele, PhD, RN  
President/Dean  
Mount Carmel College of Nursing



Phylis Motz Crook, Coordinator, Alumni Relations, in the Mount Carmel alumni archives room she helped to organize and maintains at the College.

## MCCN DISTINGUISHED ALUMNUS 2009

*Phylis Motz Crook '63*

*I seldom say, "I am a nurse." I say, "I am a Mount Carmel nurse." There IS a difference. Being a Mount Carmel nurse is a great blessing, as is receiving this honor. Thank you.*

For **Phylis Motz Crook, RN**, it's all about family—three families actually. Her own encompassing husband Ray, their four children and five grandchildren, as well as two much larger, but no less beloved families: the family of Mount Carmel School and College of Nursing and the worldwide family of Girl Scouts and Girl Guides.

"Forty-nine years ago, we met Phylis Motz; 90 of us strong. Three years later we graduated; 60 of us, even stronger. Phylis had emerged as the leader who knew

how to get things done, and how to get us to get things done. She is still doing that," writes nominator and classmate, **Pat Bernhard '63**.

"Phylis has a gift for pulling people in; she never uses pressure, she does it in such a neat way. When I think of Mount Carmel alumni, I think of Phylis," says **Jean Wills Pritsel '64**, chair of the Distinguished Alumnus Selection Committee.

"It's a family at Mount Carmel. We care about all of you and want to help you with your needs," says Crook. "Think of Mount Carmel as your roots and your home base that made you who you are and will always be here for you to return to."

Crook is dedicated to all things Mount Carmel: a tireless consultant for the annual banquet planning and execution; an "in-the-know" member of *The Lamp* production team; and a long-time coordinator for the annual phone-a-thon. Crook makes phone-a-thon volunteering fun by organizing a special class of '63 night for her classmates, which includes snacking on Josie's pizza.





Phylis Motz Crook surrounded by her proud family at the 2009 Alumni Banquet (l-r): Rachell Bernhardt, Leslee Isern, Jaime Isern, Phylis, Ray Crook, Elaine Crook

Recently, she assumed yet another leadership role to preserve and promote the excellence of Mount Carmel education by volunteering as a point person for the newly launched Annual Campaign. Crook, along with **Marjorie Bolte Kelly '44**, **Cheryl Creamer Mace '75**, and **Cassi Long Baker '95**, is one of four dedicated alumni serving as Annual Campaign volunteer co-chairs. The chairs will assist in acknowledging and thanking Mount Carmel's generous alumni and friends.

Crook is also the expediter. "As Coordinator of Alumni Relations, I can be helpful to alumni as the person everyone knows they can come to regardless of their need. Then I can be the one who will figure out who can help with the request."

And there can be a wide range of requests, ranging from finding lost alumni to tracking down a new pin, a former instructor, or even a pen pal misplaced for 45 years. "Whenever alumni need anything related to the School or College, Phylis is the go-to person," Pritsel says.

"I first met Mount Carmel when I was 17 years old. I've known Mount Carmel and Mount Carmel has known me for 49 years, longer than I've known my husband and our children," says Crook. "I do feel as if I'm coming home every day when I walk into Marian Hall. I know that Mount Carmel alumni share that feeling with me and that life-long bond feels really good."

Another strong bond for Crook is her commitment to the well-being and success of girls worldwide through her service to Girl Scouts, nationally and internationally. "I was a Girl Scout as a girl, but my involvement really began with my daughters' troops. All three earned their Gold Award. I, my husband Ray, and our daughters are Lifetime Members of the local Girl Scout Council and served on board."

Crook's commitment runs deep and wide, as a leader, a service team member, a board member at the Council

level, an Area Association Delegate, a National Delegate, chair of the Council Wider Opportunity Committee, now destinations, since 1979. And her dedication doesn't stop at our nation's borders. Crook's commitment is worldwide, beginning with a volunteer position at the 1984 World Conference hosted by Girl Scouts of the United States of America (GSUSA) in New York.

"Through connections at the World Conference I was introduced to Our Cabana and became a donor. Over time I became a member and was Chairman of Friends of Our Cabana from 1999 to 2005."

Our Cabana, located in Mexico, provides an empowerment experience for young women from all over the world who come for friendship sessions emphasizing world citizenship, as well as seminars to develop leadership and spirituality for young adult women. So many girls face serious challenges, particularly girls from undeveloped or repressed areas. At Our Cabana, her abilities are used, her opinions are valued.

Crook attended two other World Conferences: 2002 in the Philippines and the 2008 World Conference in South Africa. "It's inspiring—all of those Girl Guides and Girl Scouts in one room working together to make decisions. Sometimes women sitting side-by-side are from two countries in conflict. You wouldn't know it, because at the World Conference they are sisters. I like to say we are building world peace one girl at a time, and it starts with the sisterhood of Girl Scouts."

Crook mentioned in her remarks at the banquet that the mission of the Mount Carmel Alumni Association—the mission she fervently supports—is to "foster and strengthen lifelong relationships among alumni and students and to support and promote the future of nursing."

"Fostering lifelong relationships..." sounds a lot like Crook's own life mission, in all she gives to her alma mater and to the wider world. Our congratulations to the 2009 Mount Carmel Distinguished Alumna—**Phylis Motz Crook '63!** 🇺🇸

## ALUMNI PROFILE

*David Morrison '93*

### Graduate Shares Travel Nursing Tips in New Book

A graduate of the last Mount Carmel School of Nursing class in 1993, **David Morrison, RN**, is the author of a book published in 2009 titled the *Travel Nurse's Bible*. A how-to about the process of becoming a travel nurse, Morrison's book is a compilation of all he learned in a wide variety of travel nurse assignments in Fort Lauderdale, San Diego, Phoenix, San Francisco, Los Angeles, and Maui (just to name a few).


"Even before I graduated, I knew that after becoming a nurse, I also wanted to become a travel nurse," says Morrison. "Mount Carmel St. Ann's ICU is where I feel I really became a nurse. I started traveling in 1995 when I secured my dream location in Hawaii as my first contract—not a bad introduction to the world of travel nursing."

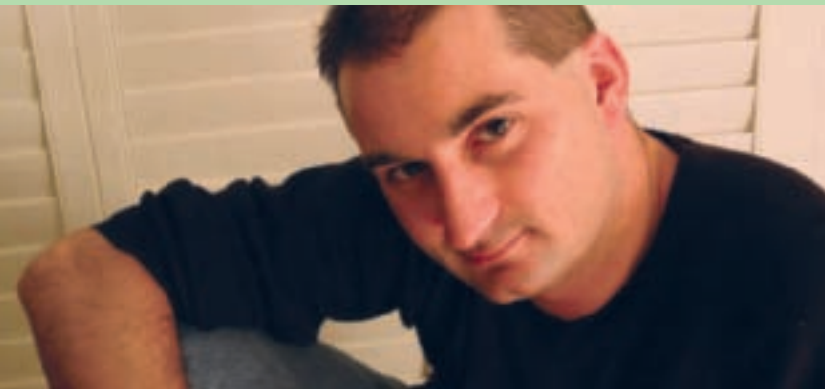
Morrison enjoys hearing from readers of the book who have used his tips in their travel nursing career. "It's exciting to know that the *Travel Nurse's Bible* has helped people attain their goal of travel nursing."

One of the biggest concerns that Morrison hears from nurses who want to launch a travel nursing career is how to choose the best travel company. "My experience is that there is no best travel company, just a best travel company for each person."

Morrison recommends that nurses talk to the travel company recruiters to get a feel for the company—a free, no obligation step—and then join at least three of them. This approach could be helpful at any time, but particularly in today's economic climate.

"With more states adopting mandated nurse/patient ratios and the imminent retirement of baby boomers, the outlook for travel nursing is positive," Morrison says.

In addition to his book, Morrison writes a monthly column for *Healthcare Traveler Magazine* and a blog on [travelnursingblogs.com](http://travelnursingblogs.com). The *Travel Nurse's Bible* can be found on the web at [travelnursesbible.com](http://travelnursesbible.com). 



David Morrison '93



## ALUMNI BANQUET 2009

### *Celebrating at Home at Mount Carmel*

The Mount Carmel campus was rocking when nearly 150 alumni reunited on a sunny Saturday in October. Beginning with the welcome by Cheryl Creamer Mace '75, through the College update by Dr. Ann Schiele, to the presentation by Jean Wills Pritsel '64 of the Distinguished Alumna award to Phylis Motz Crook '63, and concluding with the traditional singing of the alma mater, it was a grand time.

Once again it was the 50-year honor class that was tops in attendance with 36 members. The 45-year class of 1964 boasted 17 classmates, including two all the way from California. The 55-year class of 1954 had 11 at the event from as far away as California, Delaware, and Illinois. There were nine classmates from the 60-year class of 1949, including one from New Mexico. The classes of 1944, 1974, and 1979 each had five in attendance. Four from the 25-year class of 1984 and one from the 40-year class of 1969 attended.

Representing the classes of the 21st century were Kimberly Dillon '04, five-year honor class, and newest grad, Danielle Spradlin '09, granddaughter of Pat Ward Graham '82.

For two of the classes, the fun continued on after the event. The 14 members of the class of '63 who came to celebrate with the 2009 Distinguished Alumna, Phylis Motz Crook '63, were hosted at a party in her honor at a classmate's home.

The class of 1959 proceeded on to the Florentine. And even a son's wedding on the same day as the banquet couldn't keep one member of that 50-year class, Mary Jo Kiener Leonard, away. It was an early evening wedding, so Mary Jo came to the pre-luncheon festivities at the College, stayed until her class photo was taken, and then left to be mother of the groom.



36 members of the class of 1959, the 50-year honor class, attended the banquet.



The 65-year honor class of 1944 had five members in attendance (one not pictured)



Together again—the 60-year honor class of 1949.



The College's mascot, "Mighty Night," extended a special welcome to returning alumni.

## ALUMNI BANQUET CONTINUED

The Mount Carmel Alumni Association extends deepest gratitude to **Susie Loik Parsons '76**, who chaired the event for the second year. The Alumni Association is also grateful to **Dorothy Gorenflo Cluff '42**, who, for the fourth year, handmade and donated a quilt for the raffle supporting the Alumni Association Scholarship and Loan Fund. 📧



Members of the 55-year honor class of 1954 came from all over the U.S. to attend.



Members of the class of 1963 with the 2009 Distinguished Alumna, their classmate Phylis Motz Crook, "around the piano, as always!"

### Help us find our lost ALUMNI...

2007	Steven Press	1995	Christina Johnson
2007	Brittany Zurek	1995	Jacquelyn Learn
2006	Jessica Allen	1995	Megan Morrison
2006	Kilene Flowers	1995	Jamye Parks
2005	Erica Foster	1994	Lisa Eberts
2005	Erin Ryle	1994	Kimberly Lewis
2005	Lauren Venn	1994	Jodi Sollars
2004	Renee Artman	1994	Molly Thompson
2004	Michael Burke	1993	Tammie Bennett
2004	Elizabeth Cordell	1993	Anne Dehmlow
2004	Jason Grant	1993	Cheryl Foley
2004	Amy Jacobs	1993	Mary Mahoney
2004	Naureen Quraishi	1993	Lara Payton
2004	Kathleen Stern	1993	Colette Wolf
2003	Miranda Knowles	1992	Lori Agriesti
2002	Wanda Everetts	1992	Fina Coleman
2002	Angela Giamarco	1991	Sondra Chesshir
2002	Kendra Henson	1991	Teresa Hicks
2002	Jessica Leonard	1991	Danna Meade
2002	Zankhna (Julie) Patel	1991	Donna Piar
2001	Melinda Carroll	1990	Emily Baur
2001	Sara Kemp	1990	Florence Bragg
2001	Sherry Nunes	1990	Bobbie Johnson
2000	Jennifer Houseman	1990	Jill Zimmer
2000	Matthew Salter	1989	Rose Calloway
1999	Jessica Caniff	1989	Margaret Goett
1999	Wanda Mullins	1989	Tricia Gross
1999	Lee Reichart	1989	Kim Hastings
1999	Heather Ries	1989	Anita Roese
1999	Michelle Solter	1989	Michele Sambor
1999	Kristin Stein	1989	Jaydeen Stump
1998	Karla Ashlock	1989	Pamela Zahler
1998	Lisa Cantrell	1988	Julia Althoff
1998	Jennifer Dean	1988	Lisa Bishop-Rosa
1998	Karen Muncy	1988	Robin Dewalt
1998	Ralanda Vincent	1988	Denise Dewalt
1997	Lon Jenkins	1988	Megan Ellsworth
1996	Troy Aldridge	1988	Charlotte Seagraves
1996	Heather Arnold	1988	Michele Thomas
1996	Becky Bissett	1988	Bonnie Ward
1996	Christine Little	1987	Victoria Carpenter
1996	Melinda Ponthier	1987	Steven Haghiri
1995	Keely Austin	1987	Laura Klecha
1995	Briana Banks	1987	Therese Leach
1995	Jamye Barwick	1987	Susan Mastel
1995	Heather Campbell		

Please send contact information to Theresa Williams

614-234-1718 or [twilliams@mchs.com](mailto:twilliams@mchs.com)







A happy reunion for (left to right): Kathy Steger Walters '78, senior Terri Payne, and Terri's daughter Avari.

## ALUMNA AND NURSE EDUCATOR DISCOVERS THE IMPACT OF HER PROFESSION

It began like every other academic year for Assistant Professor **Kathy Steger Walters '78, MS, RNC, NNP-BC**. But that first night of this year's Advanced Practice Seminar class held a sweet surprise for Walters, when she asked her standard question, "Why are you taking my class?"

"Because you saved my baby's life five years ago," was the amazing response from senior Terri Payne. "That is why I came to MCCN—so that I could become a nurse and someday might have a positive impact on someone else's life," Payne added.

"Wow! I cried right there in class," said Walters. "It was all part of my job as a Neonatal Nurse Practitioner. But to know that because of me doing

my job of saving that baby's life, her momma decided to come to MCCN to become a nurse just blew me away."

Walters explained that she resuscitated Payne's baby at delivery. "I still remember that delivery like it happened yesterday, as it was probably one of the worst codes I have been involved in during my entire career. I also remembered that Payne's three older children and the baby's grandma gave me a wonderful thank you card that I still treasure today," Walters said.

"Our lives would not have been the same without Avari. She is definitely a miracle, and it is even more of a miracle that she has no deficits from that early trauma," said Payne. "My family is so grateful to Kathy. She never quit on our daughter—she saved her life."

Walters still can't quite get over the surprise reunion with the Payne family. "This is an emotional reminder that we never know the impact we will have when taking care of patients as a nurse. Nursing is so much more than 'just a job.' Being a nurse gives us the awesome opportunity to impact a life forever." 🌱

## CONVOCATION 2009

### *Celebrating our Commitment to Nursing Excellence*

Mount Carmel's traditional kick-off to the academic year—Convocation—was an inspiring beginning and a salute to student effort and scholarship. Congratulations to the scholarship recipients and many thanks to the donors, so many of whom are alumni, who funded 131 scholarships totaling \$276,250.

#### **Mount Carmel Alumni Association Scholarships**

The Mount Carmel Alumni Association annually makes a significant contribution of scholarship monies awarded to students, and this year was no exception. On behalf of Mount Carmel Alumni Association, **Jill Young Wallace '73**, president of the association, awarded six \$2,000 scholarships at Convocation 2009.

**Dr. Ann Schiele Award:** Established to honor Dr. Ann Schiele, President/Dean, whose vision and dedication transitioned Mount Carmel from a diploma program to a fully accredited College. Her efforts have earned Mount Carmel the reputation as one of the best nursing education programs in the country. The recipient is Stephanie Keane, a single mother who carries a high grade point average.

**The Clara Bahre Geer Award:** A 1919 graduate, Clara was active at the School and in the community. The recipient, Crystal Goods, is active in Student Government Association, Campus Ministry, and as a Student Ambassador. She tutored at Avondale Elementary School, volunteered at the soup kitchen, and works part time on the Mount Carmel West Oncology and Palliative Care unit.

**The Mary Grady Award:** Mary Grady, a patient at Mount Carmel, wanted to recognize student nurses for scholarship and caring. The recipient is Christine Fenstermaker, who was raised by her grandparents and strives to "...maintain an honorable study ethic which compliments the academic level of Mount Carmel." She volunteers monthly for her church food pantry.



Scholarship recipient Stephanie Keane and Dr. Ann Schiele

**The Irma French Award:** Irma French '37 made a contribution of an annuity that funds this scholarship annually. The recipient is Abbey Grieshop, who works as a nursing assistant and is independently funding her nursing education.

**The Betty Willis Baker Award:** Established by family and friends in memory of the 1940 graduate who returned to her alma mater as student health nurse and clinical instructor, this scholarship was awarded to Paige Jones, who has had two surgeries in her three years at MCCN, and continues her "dream to work in the hospital and to make a difference."

**The Sharon Schimmoller Award:** Sharon retired after 30 years of service as the Director of Student Activities and Residence. This scholarship was awarded to Tracy Reyes, charter member and executive officer for the Oncology Nursing Student Interest Group at MCCN, who is drawn to hospice and palliative care nursing because "...it encompasses all that nursing is about."

In addition to the Mount Carmel Alumni Association scholarships, several other scholarships are due to the generosity of alumni and those who donate to scholarships in memory of alumni or their family members.

#### **Nhung Son Beck Memorial Book Grant**

**Scholarship:** The family and friends of MCCN Instructor **Joey Beck '05** contributed \$2,000 in memory of Joey's loving mom. The funds are awarded as book grants for students in the Second Degree Accelerated Program.

**The Mary C. Wanner Memorial Scholarship:** This scholarship is given in memory of **Mary Catherine "Katie" Breen Wanner '47** by her family and friends. Mary's two daughters **Sally Wanner Martin '83** and **Molly Wanner Taylor '80**, are also Mount Carmel graduates.  
**\$2,000 award - Sarah Eichhorn**





Scholarship recipient Huzianatu Bundu and scholarship donor, Dr. Regina M. Williams '52

The Robert G. and Kathryn R. Schwemley Foundation Scholarship: Kathryn Callahan Schwemley '55 remembered the College in her will, and The Schwemley Foundation has awarded over \$200,000 to MCCN students. These 10 awards of \$3,000 each are presented for high academic achievement, leadership experience and potential, and community service: **Emily Berry, Safae Bouchenafa, Brittney Bradshaw, Tiffany Daniels, Rebecca Headley, Stephanie Keane, Heidi Mudge, Kaleigh Peters, Regina Sa, Alaina Swett.**

The Francis and Lois Eikenbary Ryan Memorial Scholarship: Lois "Ikey" Eikenbary Ryan '41 hoped to attend college, but this dream eluded her till a bonus for her father's World War I service made it possible. Francis Ryan met and fell in love with Lois while he was hospitalized at Mount Carmel. This scholarship is dedicated to the Ryans' spirit of giving and serving by their six children. **\$1,000 award - Mary Baker**

The Marjorie Kelly Endowed Scholarship: Marjorie Bolte Kelly '44, former faculty member and loyal supporter of the College, established this scholarship in appreciation of her time at Mount Carmel and to support an academically strong student who reflects the tradition of a "Mount Carmel Nurse." **\$1,000 awards - Theresa Reyes, Jamie York**

The Frank and Lillian Will Scholarship Fund: Lillian Singer Will '54, a dedicated supporter of Mount Carmel and strong advocate for excellence in nursing education, established this scholarship in honor of her late husband, Frank. **\$2,000 award - Brittney Bradshaw**

Lori Caldwell Family Scholarship Fund: Established by Mr. Thomas Caldwell in honor of his wife, Lori Burleson Caldwell '82, in appreciation for her excellent nursing education at Mount Carmel School of Nursing. **\$8,000 award - Tara Burleson**

Dr. Regina M. Williams Scholarship: Regina M. Williams, PhD, MSN, RN, FAAN, graduated in 1952, the first year African American students graduated from Mount Carmel. She joined the Army Nurse Corps as one of the first African Americans in that program. She served as the first African American president of the Michigan Nurses Association and as president of the Michigan Association of Colleges of Nursing. She retired as Dean of Nursing at Eastern Michigan University. This award is given by Dr. Williams to an African American senior student who has a 3.0 or higher GPA. **\$1,000 award - Huzianatu Bundu**

The Mary Linard Memorial Scholarship: Given in memory of Mary Brady Linard '46 by her family to honor this mother of eight, who shared her caring personality with her family and Mount Carmel West Hospital, where she worked for 42 years as an ER nurse, head nurse, neuro nurse, and Director of Nursing. **\$1,500 award - Alaina Swett**  
**\$1,000 awards - Jessica Farrell, Tiffany Rice**

### MCCN Board of Trustees Establishes Scholarship Fund

In support of our students and the nursing profession, the College Board of Trustees initiated a MCCN Board Scholarship Fund to which they generously contributed personal donations. Every board member donated a minimum of \$1,000 to the fund, which has already benefited students. At Convocation in August, seven students received \$2,000 each in scholarships from the board's new fund: **Patrick Hammons, Laura Koch, Michael Lim, Kaleigh Peters, Loretta Raiford, Regina Sa, Jessica Wymer.** 🇺🇸



## MOUNT CARMEL THROW

### *A Warm Memento*

Custom-designed throw depicts scenes and symbols of Mount Carmel. 100% pre-washed, full-color cotton, 50x65 inches. Order yours today!

\$50 + \$10 s/h - Send \$60 check or money order (made payable to Mount Carmel Alumni Association) and shipping address to:

Mount Carmel Alumni Association  
Mount Carmel College of Nursing  
127 South Davis Avenue, Columbus, Ohio 43222-1504  
614-234-5925 (Alumni Association voicemail)



There are a limited number of commemorative throws still available (pictured on the cookbook above), and they will not be re-ordered.

Don't miss out on the chance to own or give this unique memento.

## ALUMNI ASSOCIATION UPDATE

The vision of the Mount Carmel Alumni Association is to make Mount Carmel College of Nursing the best it can be through the philanthropic, networking and enrichment initiatives provided by the Alumni Association.

Our mission is to foster and strengthen lifelong relationships among alumni and students and to support and promote the future of nursing.

We encourage you to become an active part of the Mount Carmel Alumni Association. Our board meetings are open to all graduates. Please visit our web site for more information: [www.mccn.edu/alumni/officers](http://www.mccn.edu/alumni/officers) or call **Jill Young Wallace @ 614-296-1471**.

### Alumni Boutique

We invite everyone to browse and buy in the "Alumni Boutique." Sales of these items benefit the Alumni Association scholarship and loan program.

### The Alumni Association Cookbook

This cookbook contains nearly 150 recipes of great variety, everything from "Desperate Cobb Salad" to "Homemade Dog Treat No Flea Dog Biscuits." Some of the 45 contributors sent in several recipes, including longtime, fondly remembered favorites from Mount Carmel Dietetic Services, such as broccoli soup, brownies, and "Flapper Pudding."

### Commemorative Ornaments

The Alumni Association Cookbook, as well as the beautiful Mount Carmel commemorative ornaments are available at all three Mount Carmel hospitals' gift shops, as well as directly through **Jill Young Wallace '73** (614-296-1471 or [jwallac8@columbus.rr.com](mailto:jwallac8@columbus.rr.com)).

**Ornaments \$15.00 (\$18.00 if shipped)**

**Cookbooks \$10.00 (\$13.00 if shipped)**





MCCN students showing off the new Mount Carmel spiritwear

### We're Looking for Your Stories

Do you have an inspiring story to share about the practice of nursing? Or maybe you have fun or poignant anecdote about your time as a nursing student.

The Alumni Association invites all Mount Carmel alumni to submit heartwarming, inspirational or funny stories from their years as nursing students or in the nursing profession. The stories will be compiled into a book to raise funds for future Mount Carmel nursing students' scholarships. Help us support nursing's future!

#### **How to Submit Your Stories**

Stories (no limit on length or number) can be sent via U.S. mail or email to:

**Stephanie Rae Adams Piquero '97**

Mount Carmel College of Nursing  
127 South Davis Avenue, Columbus, Ohio 43222-1504  
spiquero@mchs.com

Whether you graduated this year or several decades ago, everyone has a story. We look forward to hearing yours.

### Coming Soon to the MCCN website: a New High-Tech Service for Alumni

The College's new information management system called "Jenzabar" is a totally integrated system that will manage admissions, financial aid, business office, student life and student health, registration and advising, and development. In addition, the use of password protected portals will be accessed through "CARMELink" and will benefit students, faculty and staff, alumni, and board members.

For example, alumni can use the new system to search for classmates, find out about alumni events, change their contact information, and make donations to their alma mater. Alumni will be notified in the coming months about this exciting new information/communication tool for the College.

### New Online Shopping Opportunity Just in Time for the Holidays

Show your Mount Carmel spirit! Alumni can now shop for a wide variety of Mount Carmel merchandise via our new online MCCN campus web store. Just go to the web address, [www.spiritshop.mccn.edu](http://www.spiritshop.mccn.edu) and start shopping for holiday and anytime gifts, and for your own Mount Carmel logo-wear.

You'll find a multitude of styles and colors, plus a choice of logos ranging from "Mount Carmel Alumni" to our new "Mighty Night" logo.



### You are Invited!

We welcome our alumni to attend Alumni Association meetings. Please call the alumni voicemail at 614-234-5925 for dates, times and location.

### Seventh Annual Florida Alumni Luncheon

Tuesday, February 16, 2010 at Red Lobster\*  
2604 W. Brandon Blvd. Brandon, Florida 33511

If you are interested in attending next year's Florida luncheon, mark February 16, 2010 on your calendar. Also, please make sure that we know where to send your invitation. Please contact Theresa Williams at the College (see page 1) with your name and the address where you will be in early January when the invitations are mailed. \*Please note that this is a change of venue from past years.

### Alumni Board Positions Open

Would you like to spend some time with fellow alumni? Reconnect with your alma mater? Call the Alumni Association voicemail at 614-234-5925. 📞




Serving as Campaign co-chairs are Mount Carmel alumni (front row, l-r) Cassi Long Baker '95 and Cheryl Creamer Mace '75, (back row, l-r) Phylis Motz Crook '63 and Marjorie Bolte Kelly '44, who will serve as honorary chairman.

## ALUMNI PROVIDES LEADERSHIP FOR FIRST ANNUAL CAMPAIGN

As Mount Carmel College of Nursing launches its Annual Campaign and the first College Annual Giving Societies, we are privileged to have the assistance of four co-chairs who are generous and committed alumni. Working closely with the Director of Development for the College, they are strong advocates for the College and nursing education and will encourage others to provide financial and volunteer support. They will assist in acknowledging and thanking our generous alumni and friends.

You are cordially invited to join The Mount Carmel College of Nursing Annual Giving Societies. As a member, you join a very select group of caring alumni and friends, dedicated to Mount Carmel College of Nursing and continued excellence in nursing education.

Members of the Mount Carmel College of Nursing Societies contribute an annual gift that goes above and beyond the ordinary. Your ongoing commitment signifies that you support academic excellence and want to help prepare the next generation of nurses, as well as the faculty to educate them.

The Mount Carmel College of Nursing Societies are a powerful and exciting way for members to support our programs and allow the College to acknowledge your generosity through special benefits and recognition. 



*"I always felt I had the potential to do something worthwhile and was inspired to pursue nursing. I was so happy to go to Mount Carmel College of Nursing because I believe that I can do anything when surrounded by people who care. If it hadn't been for my scholarship and financial aid, I would not have been able to go to school."*

Chinwe McKind, RN, BSN  
Graduate, Mount Carmel College of Nursing



# ANNUAL GIVING SOCIETIES



Sara George, RN, BSN, Mount Carmel College of Nursing Graduate (quoted below)

## CORNERSTONE SOCIETY \$10,000+

### Benefits:

- Name on donor recognition plaques
- Listing in Foundation Annual Report
- Invitations to President's Circle luncheon, special events, lectures & tours
- Complimentary invitation to Foundation Red, White & Boom event.
- Insider's Email Newsletter
- College Gift Shop Discount
- Lifetime Membership in Alumni Association and/or Crystal Engraved Gift

## NIGHTINGALE SOCIETY \$5,000 - \$9,999

### Benefits:

- Name on donor recognition plaques
- Listing in Foundation Annual Report
- Invitations to President's Circle luncheon, special events, lectures & tours
- Complimentary invitation to Foundation Red, White & Boom event.
- Insider's Email Newsletter
- College Gift Shop Discount
- Lifetime Membership in Alumni Association or Crystal Engraved Gift

## LAMP SOCIETY \$2,500 - \$4,999

### Benefits:

- Name on donor recognition plaques
- Listing in Foundation Annual Report
- Invitations to President's Circle luncheon, special events, lectures & tours
- Complimentary invitation to Foundation Red, White & Boom event.
- Insider's Email Newsletter
- College Gift Shop Discount

## PRESIDENT'S CIRCLE \$1,000 - \$2,499

### Benefits:

- Name on donor recognition plaques
- Listing in Foundation Annual Report
- Invitations to President's Circle luncheon, special events, lectures & tours
- Complimentary invitation to Foundation Red, White & Boom event.
- Insider's Email Newsletter

## ELEANOR WILSON SOCIETY \$500 - \$999

### Benefits:

- Name on donor recognition plaques
- Listing in Foundation Annual Report
- Invitations to special events, lectures & tours
- Complimentary invitation to Foundation Red, White & Boom event.

## AMBASSADOR CLUB \$250 - \$499

### Benefits:

- Name on donor recognition plaques
- Listing in Foundation Annual Report
- Invitations to special events, lectures & tours
- Complimentary invitation to Foundation Red, White & Boom event.

## CENTENNIAL CLUB \$100 - \$249

### Benefits:

- Name on donor recognition plaques
- Listing in Foundation Annual Report

*"Ever since I was a little girl I've wanted to be a nurse. When I received a scholarship that enabled me to attend Mount Carmel College of Nursing, I felt so blessed – it came right when needed, too."*

Sara George, RN, BSN  
Graduate, Mount Carmel  
College of Nursing

# GREETINGS FROM YOUR ALUMNI ASSOCIATION



Jill Young Wallace '73

Dear Alumni,

This is my last letter as your president. During the past four years much has been accomplished, due to the dedication and energy of many alumni as well as assistance from MCCN personnel.

It has been especially gratifying to see a significant increase in participation by alumni from both the School and the College—alumni who recognize that their contribution benefits not only their alma mater, but also their profession of nursing. I feel honored to have worked with all of you.

Representing the alumni on the MCCN Board of Trustees and at Convocation and Commencement has been a tremendous privilege. Reconnecting with the College staff and students, as well as many of you has been a wonderful and fulfilling experience for me.

I am grateful to Dr. Ann Schiele for her support and direction. **Phylis Motz Crook '63**, Alumni Relations Coordinator and historian, answered endless questions and provided important insight.

And thank you to all the alumni who give their time and talent as they serve our Association and alma mater, and to those who join now to serve our future. New officers will be elected at the November 11 meeting.

Sincerely,

A handwritten signature in cursive that reads "Jill Wallace, RN".

Jill Young Wallace '73  
President  
Mount Carmel Alumni Association

## Mount Carmel Alumni Association achievements over the past four years

- Researched other alumni organizations, specifically schools/colleges of nursing (thanks to President/Dean Ann Schiele)
- Created and sold an alumni cookbook and ornaments to raise money for loans and scholarships (thanks to **Betty Coffelt '81** and Director, College Relations, Robin Hutchinson Bell)
- Implemented new ideas to connect alumni and current students – Finals Breakfast, mentoring opportunities, new student welcome gifts (thanks to **Jill Trego Rill '77** and her volunteers)
- Initiated development of a strategic plan (thanks to **Susie Loik Parsons '76** and Dr. Schiele)
- Established a checks and balance system for our treasury with oversight from the College financial office (thanks to **Mary Jean Destefani Botos '68** and Director, Business Affairs, Kathy Smith)
- Revised the student loan process to increase loan repayments (thanks to **Mary Jean Destefani Botos '68** and Director, Business Affairs, Kathy Smith)
- Hosted wonderful, well-attended annual banquets (thanks to **Susie Loik Parsons '76** and **Cheryl Creamer Mace '75**)
- Supported student mission and cultural immersion trips and Camp Mount Carmel (thanks to Director, Diversity and Community Initiatives, Kathy Espy, and Director, College Relations, Robin Hutchinson Bell)
- Provided thousands of dollars in loans and scholarships for students (thanks to **Jill Trego Rill '77**, **Mary Jean Destefani Botos '68**, and all of our alumni donors)
- Updated the association by-laws
- Created dual giving opportunities to the College through both the Alumni Association and the Foundation (thanks to Director of Development, Jan Burkey)
- Attracted many new “College” alums to serve on the board







David Small '08

## RECENT MCCN GRAD LEARNS THAT A NEW NURSE CAN MAKE A DIFFERENCE

“Just the fact that this little incident was noticed is extraordinary and a testament to the philosophy of the institution I work for—Mount Carmel West (MCW) — and the College I graduated from,” says Second Degree Accelerated Program graduate, **David Small '08**.

When Small arrived that evening at the MCW Oncology and Palliative Care Unit, his co-workers were already talking about the patient and the family's request. “I was still precepted, but just starting to operate on my own,” Small remembers.

Small quickly realized that the family they were talking about was Jewish and that he could explain their needs to his co-workers. “This was a unique situation in my new life as a professional nurse when I knew more about something than everyone else.”

The patient was brain dead, indeed had met all the criteria for a pronouncement of death. Yet, the heart was still beating; and in the Orthodox Jewish faith, death is determined by the stopping of the heartbeat. Therefore, the family wanted to let the process continue to that end, occupying the room for an additional and undetermined amount of time.

To complicate matters further, the accident that precipitated the condition meant that the body must stop at the coroner's office directly after leaving the hospital and before going to the funeral home. Orthodox Jews do not permit autopsy, so there would be forms to sign and exceptions to be obtained. Another Orthodox Jewish belief is prompt burial, which, given the lateness of the hour and the coroner's office hours, would present another hurdle.

Another request was that once death occurred, the family wished to honor their belief that the body not be left alone. A member of the family or the congregation stays with the body every moment, passing the time by reading Psalms. This necessitated longer use of the patient

room, since the body could not stop at the coroner's office until morning.

Small was asked if he would take on a central role with the patient and the family. "My knowledge of the circumstances was not extraordinary. I just happen to be Jewish," Small says. "What was extraordinary was the staff being open that a new nurse would be able to help somehow."


"What else was extraordinary was management's attitude throughout all of the hurdles and requests that, no matter the cost or inconvenience, the hospital would do right by this family," Small adds. "The hospital, in effect, said that the patient's body and the person staying with it were welcome to stay on in the room and we'll take care of your needs."

The room was equipped with a couch. The night chaplain, Ron Willmann, even procured a much-needed snack for the person in attendance.

"My involvement was only a piece of this puzzle," says Small. "The story does not begin or end with me: Trust was initially established when MCW honored the patient's and family's religious practices." Then the chaplain's thoughtful gesture of offering a midnight snack to the mourner in attendance (in itself a Jewish custom in which the community takes responsibility in caring for mourners) required that the MCW staff opened a closed kitchen to find foods that would honor the family's dietary restrictions.

"And it was the Mount Carmel administration that empowered staff to make all of these accommodations," Small says.

Small explains how the whole unit made the accommodations work. "The team met the needs of 40 patients that night, while not forgetting the human needs of a family in mourning."

Small concludes, "Reflecting on this story gave me a heightened appreciation for the values of the profession I have joined and the institution for which I work. I love watching good nursing in action. I love being a nurse!" 

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## MCCN-FMC BEGINS FIRST SEMESTER ON-SITE

Brand new labs and classrooms welcomed 21 sophomores to fall semester 2009 at the MCCN satellite campus at Fairfield Medical Center (FMC). The students completed their first year affiliated courses at the Ohio University Lancaster (OU-L) campus last year.

A collaboration among MCCN, Fairfield Medical Center, and OU-L, MCCN-FMC, as the program is called, features MCCN's first satellite campus and offers a Mount Carmel BSN close to home for students in the Lancaster, Ohio, area.

Although the location is different, the nursing education offered at the Fairfield campus is the same program offered at the Columbus campus. The two campuses also share instructors. Teaching at MCCN-FMC are Margaret Stinner, MS, RN; Theresa Skybo, PhD, RN, CPNP '86; and new faculty member, Missy Mount Mohler '97, MS, RN.

Cheryl Creamer Mace '75, MSN, MALM, RN, Coordinator Academic Success Services/Student Development Specialist at MCCN, taught her College and Career Success Seminar to the new freshmen at OU-L. Rachel Choudhury, MSN, RN, OCN, is the coordinator for the MCCN-FMC satellite campus.

And enrollment continues to grow, as 22 MCCN-FMC freshmen in the satellite program began their affiliated courses at OU-L this September. 



## EVIDENCE-BASED PRACTICE



MCCN Professor, Joanne Stevenson, PhD, RN, FAAN

*It's the latest catch phrase in healthcare, as well as a very real and effective clinical method. But what does evidence-based practice really mean and why is it so important to members of the nursing profession?*

Recently, The Lamp asked MCCN graduate program professor, Joanne Stevenson, PhD, RN, FAAN, a leader and published author in healthcare and nursing research, to share her expertise in this area with our readers.

**Lamp:** *Why is the advent of evidence-based practice so exciting and advantageous for the nursing profession?*

**Dr. Stevenson:** The evidence-based process is very exciting for the nursing profession. We finally have the potential to change practice based on evidence. For years, practice was based on tradition and role modeling, with no concrete evidence to support it. Now, nursing practice can be established on the basis of evidence derived from groups of studies that point to a single protocol to achieve best practice.

**Lamp:** *What is a working definition of evidence-based practice?*

**Dr. Stevenson:** Evidence-based practice (EBP) is the clinical use of consistent findings from multiple research studies on one practice problem in healthcare to create a recommendation for practice.

**Lamp:** *How many studies are required?*

**Dr. Stevenson:** The results of one study do not qualify for the designation of evidence-based. In order to be recommended as EBP, an accumulation of several studies must be re-analyzed together, using what is called meta-analysis [defined by Merriam-Webster as “a quantitative statistical analysis of several separate but similar experiments or studies in order to test the pooled data for statistical significance.”] How many studies it takes depends on how congruent or conflicting the study findings turn out to be.

**Lamp:** *What happens after the meta-analysis?*

**Dr. Stevenson:** The next step in defining EBP is consideration of the meta-analysis by a panel of experts knowledgeable about both the research and the clinical issues, for example, a professional or volunteer organization or government agency. This group is charged with determining the best practice based on available findings and developing a national practice guideline. Such a guideline is usually then published and widely disseminated to the nursing and/or medical community.

**Lamp:** *Describe a published guideline for evidence-based practice.*

**Dr. Stevenson:** The guidelines frequently run long, due to sub-topics and sub-group recommendations. Practitioners may be interested in just one phase, like assessment, or one sub-population, like adolescents. A guideline will start out with an evidence summary, strength of the evidence, then a section on diagnosis, a section on general treatment, then break down into variations in the symptoms or illness; and often including separate sections on treatment for children, teens, adults, the elderly, and the genders—so the guidelines can get long.

**Lamp:** *Where are guidelines for evidence-based practice found?*

**Dr. Stevenson:** There are 3,000-4,000 guidelines currently available for nursing and medicine. Most are retrievable from the internet. A public resource for evidence-based clinical practice guidelines, the National Guideline Clearinghouse (NGC) is an initiative of the Agency for Healthcare Research and Quality (AHRQ), U.S. Department of Health and Human Services. Congress gave this organization the responsibility for organizing the guidelines, and it can be found at <http://www.guideline.gov>.

**Lamp:** *Who is responsible for bringing current evidence-based practice to the attention of nursing professionals?*

**Dr. Stevenson:** This is the responsibility of continuing education specialists, master's prepared clinical specialists and nurse practitioners, and mid-level nursing administrators. Staff nurses can certainly raise issues and problems in need of a change in practices, by asking if there are better procedures or by pointing out that a practice currently in use is not working.

**Lamp:** *How can nurses learn about new practices?*

**Dr. Stevenson:** All nurses must take responsibility to stay current. Continuing education is a must; library searches are necessary; and electronic access of information from home is helpful. For those who need additional knowledge and training to use today's electronic innovations, the Mount Carmel Health Sciences Library frequently offers workshops for students and healthcare providers.

Fear of seeming awkward or unable to use current technology can be a huge drawback for those who have been out of school for awhile. I recommend perseverance and finding a coach, usually a helpful librarian, who will be patient and work with you, one-on-one.

For today's students, it is important to realize that at the same moment you accept your diploma, some of what you have learned is already out-of-date, so plan to spend the rest of your professional career getting and keeping up to date.

**Lamp:** *What is the responsibility of individual nursing professionals?*

**Dr. Stevenson:** Doctorally prepared nurses are educated to the greatest extent about conducting research, and therefore most responsible for producing research findings for EBP to determine evidence-based practice.

Master's prepared nurses in leadership roles are most likely to be the change agents who must know how to interpret new practice guidelines, enable the healthcare

team to implement them, and then evaluate the results.

Both staff nurses and master's prepared nurses have the responsibility to recognize practice problems that need solutions and communicate that to managers and to researchers.

**Lamp:** *What training has the MCCN faculty received to assist them in instructing their students in evidence-based practice?*

**Dr. Stevenson:** During the 2007-08 academic year, Dr. Darrell Spurlock and I led three workshops instructing College faculty about EBP. Faculty integrated the information into their individual courses and levels, adding instruction, activities, and changes to adapt their courses to EBP.

MCCN students are taught where and how to find new EBP guidelines, how to evaluate guidelines based on the strength of the evidence and credentials of the guideline team, and how to interpret and implement guidelines.

At the undergraduate level, students are not expected to conduct their own original research. Students learn that multiple studies are needed to qualify as EBP, as well as how to comprehend the levels of evidence, and where to find practice guidelines. 📖

### Alumni Welcome to Use MCHSL Resources

Access to Mount Carmel Health Sciences Library (MCHSL) resources, through [www.mccn.edu/library](http://www.mccn.edu/library), is granted to all alumni. Library registration forms are accepted from all members of the Mount Carmel community. Registration is free, and access to information (databases, borrowing materials, library services, etc.) is determined by the registrant's association with the Mount Carmel community (student, faculty, nurse, physician, alumni, public).



## MOUNT CARMEL EXCELLENCE IN NURSING HONOREES 2009

On September 23, 2009, the sixth annual Excellence in Nursing Event, co-sponsored by Mount Carmel College of Nursing and Mount Carmel Patient Care Services, honored exceptional Mount Carmel nurses and nurse educators.

The honorees represented Mount Carmel East, West, New Albany Surgical and St. Ann's Hospitals, Mount



The four MCCN faculty Excellence in Nursing 2009 honorees are (l-r) Nancy Rowe, PhD, RN, CNS; Margaret Stinner, MS, RN; Pat McKnight, MS, RD, LD, FADA; and (not pictured) Vic Campbell, PhD, RN.

Carmel College of Nursing, and Mount Carmel's Care Continuum Business as excelling in compassion, leadership, patient care, and mentoring. They were nominated by peers, supervisors, and colleagues, with several Mount Carmel alumni among those honored. Congratulations to all of our alumni and faculty honorees on this recognition of your achievements in the nursing profession. 🇺🇸

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## ROBERT WOOD JOHNSON FOUNDATION GRANT

The prestigious Robert Wood Johnson Foundation (RWJF), the nation's largest philanthropy devoted exclusively to improving the health and healthcare of all Americans, awarded \$160,000 in scholarship funds to MCCN through its New Careers in Nursing Scholarship program.

The grant is divided into sixteen \$10,000 scholarships to increase enrollment and recruit underrepresented students into MCCN's Second Degree Accelerated Program (SDAP). The SDAP is a fast-track program providing talented graduates from other disciplines the opportunity to enter the nursing profession by earning a bachelor of science in nursing (BSN) in just 13 months.

Although enrollment in accelerated programs has steadily increased, many potential students cannot enroll since their college degree disqualifies them from most federal financial aid for entry-level students. The RWJF scholarships address this problem, and the overall nursing shortage, by enabling students to launch nursing careers through accelerated education.

RWJF funds scholarships for students seeking accelerated nursing degrees as an efficient way to increase the number of new nurses, while also increasing

diversity in the nursing profession by providing scholarships to students from underrepresented groups or disadvantaged backgrounds.

The RWJF grant provides MCCN the continued opportunity to recruit and enroll students from groups underrepresented in nursing due to ethnicity, culture and gender; examples include African Americans, Hispanics, Asians, Native Americans, Alaskans, and men.

The program also benefits qualified applicants from disadvantaged backgrounds without the personal financial resources to pursue a second bachelor's degree. Individuals who have lost jobs and savings in the economic downturn are searching for second careers, and nursing offers a unique opportunity to enter one of today's fastest-growing, highest-opportunity career fields.

MCCN's SDAP is open to men and women who can attend college full time, have earned a baccalaureate degree with a cumulative minimum 3.0 grade point average, and meet other admission criteria. The SDAP includes, in a compressed time frame, the same classroom and clinical nursing classes offered in MCCN's four-year BSN program.

If you or someone you know could benefit from MCCN's Second Degree Accelerated Program, visit [www.mccn.edu](http://www.mccn.edu) or call 614-234-4CON. 🇺🇸



## CLASS NOTES

Nancy Dwyer Beathard ('49) lives in London, Ohio, is a widow and has seven sons. She taught at Mount Carmel School of Nursing for a short time after graduation. She volunteered with the Cancer, Heart and TB Associations and served on the boards of Blue Cross and the America Lung Association. She worked at Madison County Hospital and has been active on her local library board for 14 years. She has several RNs in her family, including **Mary Beathard Weisman ('84)** and **Hallie Beathard Donovan ('09)**. Ashley Beathard Winebrenner is a freshman student at Mount Carmel College of Nursing.

Gertrude Wright Betts ('49) lives in Dayton, Ohio, and is a widow. She has five children. Her work included the emergency room, Red Cross bloodmobile, medical needs of delinquent boys and girls, nursing home care, and the care of neighbors and family. She says that at age 82 she is being a “goof off,” taking care of her own health and walking daily. She credits her education at Mount Carmel with “making me who I am today and who I have been through the years. Being there helped me to become very confident, disciplined, and motivated to do whatever I chose.”

Mary Kohls Yetzer ('49) lives in Shelby, Ohio, and has been married for 58 years. She has ten children, 20 grandchildren and four great-grandchildren. She is currently crocheting an afghan for the next great-grandchild, expected in January 2010. Her memories of “the Mount” include sitting at the “Senior Table” with Sr. Nicholas, CSC, learning to play tennis on the tennis courts on Town Street, going to picnics at “the farm” (now the site of Mount Carmel East), sunbathing on the roof and coming off night duty and sleeping through 8 a.m. ward class. Her work experience was mostly obstetrics. She was also a substitute school nurse at Pioneer Vocational School and a licensed realtor®. She retired at age 70. Her oldest niece, **Alexia Beach**, graduated from Mount Carmel College of Nursing in 2008.



Catherine "Kay" Droke Martin ('51) lives in Westerville, Ohio. She has three sons, six grandchildren and 12 great-grandchildren. She returned to school in 1977 and received a BSN from Saint Mary of the Woods in Indiana. She worked at several hospitals (mainly in surgery) and two doctor's offices. She retired from Madison County Hospital, London, Ohio. She has worked 11 years at JoAnn Fabrics. Several of her classmates get together annually and reminisce about their years of "fun, caring and learning."

Shirley Richmer Balding ('54) lives in Leesburg, Virginia. She worked in hospice care for 15 years and is a charter member of Hospice of Northern Virginia. She graduated from the Shenandoah University Parish Nursing Program in 1998 and has been a parish nurse ever since.

Marjorie Thornton Hadder ('54) is a widow and has lived in California since 1960. She has two children and five grandchildren. She taught and worked in the OR in Johnson City, Tennessee, while her husband completed his surgical training. She also worked in his practice before retiring. She attended the 55th reunion of her class at the Alumni Association Banquet this fall, her very first year to do so!

Carol Assman Lee ('54) lives in Aiken, South Carolina. She has been married 54 years and "met him on Saint John's when he came to visit a patient." She remembers her capping ceremony as being very special to her. Relatives came from out of town. Her grandfather was especially touched as he was a "country doctor and had privileges at Mount Carmel." She also recalls that when "we passed our boards the paycheck went from \$220 to a big \$225, monthly!"

Catherine Vaughn Maroni ('54) lives in Ravenna, Ohio, is married with nine children and 23 grandchildren. Her great-grandchild count is four with four more on the way. She was Director of Maternal

and Child Health at Robinson Memorial Hospital for 24 years. She enjoys needlework, reading and taking bus trips with friends.

Delores "Dodie" Hutton Shields ('54) lives in Arlington Heights, Illinois. She is married and has five children and 11 grandchildren. In 1955 she and her husband were married in Alaska where she worked at Alaskan Native Service Hospital serving Eskimos and Indians. She retired in 1998 after 25 years of OB nursing in Illinois. She now volunteers through her church with a group that "houses the homeless."

Most of Flo's Fabulous Fifteen (an affiliation group from the class of 1958) celebrated the 50th wedding anniversary of Ann Curtice McCreery and her husband at their summer home in Deer Creek Lake, Maryland. Pat Gillgannon Kenny, Mary Lou DeLoredo Walker, Mary Lou Pace Brown, Lela Euman Golden, Judy McElroy Dick, Beverly McFadden Nein, Joann Carmel Welch, Janet McKee McCleery, Nancy Edwards Kesselring, Carolyn Kulp Souders and Mary Alice Alexander Swank were all in attendance.

Virginia "Ginny" Lynch Bache ('59) lives in Akron, Ohio. She has four children and eight grandchildren. Her professional experiences include the emergency room, pediatrics, U.S. Air Force, surgery, med surg, recovery room, home health administration, and long-term care administration. She is presently doing prn nursing administration and is a MonaVie distributor. She has published two books under the pen name, V.K. Lynch. She writes, "I will always be grateful for my nursing education, especially the basic foundation at Mount Carmel."

Dorothy Heurich Carter ('59) lives in Groveport, Ohio. She retired ten years ago after working 40 years in surgery departments. She has worked in Hawaii, San Diego, at Mount Carmel West, and Ohio State Medical Center East. She writes, "I can thank my excellent training at Mount Carmel for my successful years in surgery."

**Barbara Burns Lach ('59)** lives in Columbus, has been married for 50 years, and has eight children and five grandchildren. She has been a member of Mount Carmel College of Nursing Board of Trustees for 13 years and involved in numerous committees. In 1999, her alma mater awarded her an Honorary Doctor of Laws degree. She is a 29-year sales associate of Coldwell Banker King Thompson, where her numerous accomplishments range from her company's most recent top national award, the President's Premier Award (top 1% in nation) for the past six years, to extensive city and state board involvement, as well as national associations.

**Suzanne Begien Lewandowski ('59)** lives in Dearborn, Michigan. She is married and has three children, five grandchildren and one great-grandchild. She is retired after 44 years with the American Red Cross, but still works per diem one to two days a week. She and her husband enjoy traveling to see family in Boston and California, as well as international travel. She enjoys golfing and reading.

**Ann Wilkinson Sexton ('59)** lives in South Bend, Indiana. She is married and has six children and 18 grandchildren. After graduation she worked at Mount Carmel West on a med-surg floor. She retired in 1998 after working at Saint Joseph's Medical Center in South Bend for 20 years. She enjoys exercising, gardening, and tennis. She has been totally involved with the University of Notre Dame since her husband joined the faculty in 1966.

**Bea Mart Sink ('59)** lives in Columbus, is married, and has six grandchildren "from fifth grade to Notre Dame." She volunteered for four years as an EMT on the Minerva Park Squad. She is retired after 24 years in an allergist's office. She "met so many girls when I entered Mount Carmel who are dear friends to this day."

**Bernice Wilson O'Roark ('59)** lives in Sparta, Texas. She graduated from The Ohio State University in 1973 (BSN) and 1975 (MSN), both summa cum laude. She was an assistant professor of nursing for six years at both The Ohio State University and Capital University. She designed, implemented, and taught three new courses in health and nursing. In 2006 she was certified as a Housing Development and Finance Professional. Pre-retirement she was Executive Director of Trailview Development, developer of the first elder co-housing in the United States. Named ElderSpirit, it is a planned unit development community with 29 homes and a common building that is focused on mutual care and late life spirituality for elders.

**Pat Brown Gates ('63)** and her husband divide their time between Baltimore, Ohio, and Phoenix, Arizona. They enjoy their garden while in Ohio. Their blended family now numbers 28 in three generations. A recent celebration was the wedding of Pat's son. She is currently planning a get-together for Phoenix area alumni, to take place in early 2010. She will be sending invitations by mail and email.

**Beth Buchholz Opatrny ('64)** lives in Wooster, Ohio. She and her husband were in Israel in January and actually on Mount Carmel. She writes, "It was quite an experience, and I was thinking of Our Lady of Mount Carmel then."

**Rosemary Feka ('64)** lives in Columbus. She retired at the end of 2008 from the Ohio Department of Health, Bureau for Children with Medical Handicaps. During her 25 years there, she was a case manager, nurse educator, and a nurse case manager supervisor. She also worked 18 years at Mount Carmel West, on Saint Anthony's and in in-service education. She now is enjoying classes with the Life Long Learning Institute, water aerobics, teaching English as a second language, church activities and activities with the Ladies Ancient Order of Hibernians. She is also on the board of South Side Learning and Development Center.







**Margaret Finan Haggerty ('63)** lives in Washington, D.C., is married and has three children and nine grandchildren. Her varied career includes helping to found Mary's Center, a clinic for low income, uninsured, third-world pregnant women and their children. This clinic has become a national model neighborhood clinic, visited by Hilary Clinton and Michelle Obama. She is now working at Holy Cross Hospital in Silver Spring, Maryland (a Trinity Health facility). She writes, "Being a Mount Carmel graduate is an enormous blessing and a source of great gratitude. I have often seen, as Miss Ruthie advised, the face of Christ in the struggling Hispanic immigrant, the parents of micro preemies, the woman struggling with breast cancer, and the drug addicted homeless. Nursing and massage therapy have both been a vehicle that has allowed me to see, feel, touch and respond to Christ. Thank you Mount Carmel, for planting this seed so early in my career."

**Mary Lou Ogle Rauch ('63 and '99)** lives in Newark, Ohio. She is the recipient of the 2009 Ohio Association of Occupational Health Nurses (OAOHN) Mariester Johnson Nurse of the Year award that recognizes an OAOHN member who is outstanding in clinical practice of Occupational Health Nursing.

**Janet McAndrews King ('64)** lives in Lancaster, Ohio. She is married to a man she met on the Mount Carmel Hospital psychiatric wing. "He was an orderly on Saint Elizabeth's unit and I was a nurse on Saint Catherine's." They have 11 grandchildren. She retired in 1990. She has a home bookkeeping job for Saint Mary's Elementary School. Her mother, 100 years of age, lives with them and is the only surviving member of her 1929 class of graduates of Grant Hospital School of Nursing.

**Marilyn Graf Kurtzman ('64)** lives in Mansfield, Ohio. She is married and has three sons and two

grandchildren. Last August she took a family cruise to Alaska with her parents.

**Carol Mikusa L'Esperance ('64)** lives in Albuquerque, New Mexico. She is married and has three children and five grandchildren. She received her BSN in 1967 from Catholic University of America, Washington, D.C., and her MSN from Frances Payne Bolton School of Nursing, Case Western Reserve University, Cleveland, Ohio. She has worked in maternal/child nursing most of her career and is a certified lactation consultant. She is a founding member of the New Mexico Breastfeeding Task Force and treasurer of that organization since 1989. She was named the 2004 March of Dimes Nurse of the Year in New Mexico. She is a published author. She enjoys her role as leader of a women's bible study group at her church.

**Lois Etter Roach ('64)** lives in Encinitas, California, with her husband. They have two children. She retired in 2008 after working 30 years at Scripps Memorial Hospital in La Jolla, California. She received the Scripps Lifetime Achievement Award in 2005. She worked on the medical oncology ward and was the floor-based nurse educator for that unit. She enjoys reading, counted cross stitch, sewing, and their new puppy.

**Kathy Weaver Voltz ('64)** lives in Pinehurst, North Carolina. She is married and has two children and one grandchild. She retired in 2007 from Holy Cross Hospital in Silver Spring, Maryland. Various positions held were in medicine, in-service education, maternity, ambulatory surgery and pre-surgical testing. She is busy with choir, swimming, and volunteering at Moore Regional Hospital. She frequently travels to Upper Sandusky, Ohio, to visit her 91-year-old mother.

**Susan Carter White ('64)** lives in Santa Cruz, California, with her husband and has eight grandchildren. She works part time as a skills evaluator for potential CNAs. Prior to attending her class' 45th reunion on October 3, she and her husband took a cross country road

trip that came to Columbus, visiting friends and family along the way. Her memories of her student nurse days are many. “After we were required to pay for our meals we lived on peppermint patties, bologna, strawberries, skim milk, and the heavenly cinnamon rolls Mrs. Anderson sent back with Linda. The encouragement, care, guidance and discipline (at Mount Carmel) shaped a shy 17-year-old into a confident young woman. I am profoundly grateful to everyone who touched my life during those wonderful years.”

**Kathy Quinn Matto ('67)** lives in Galena, Ohio, is married and has two grandchildren. She works three days per week at Mid-Ohio Pediatrics.


**Marlene Blanchard Yeldell ('79)** lives in Columbus. She works at Mount Carmel West in cardiovascular ICU.

**Sarah Byrnes Jones ('80)** lives in Saint Paris, Ohio, received her BSN from Franklin University in 1998, and her MS in Adult Health CNS Track from Wright State in 2008. She is currently an oncology nurse specialist and the infusion service coordinator at Upper Valley Medical Center in Troy, Ohio.

**Kimberly Swingle Lilley ('84)** lives in Pataskala, Ohio, and is married and has a daughter. She has worked for 18 years for Home Reach Home Care. She is certified in infusion nursing.

**Stephanie Adams Piquero ('97)** lives in Columbus and is a faculty member at Mount Carmel College of Nursing. She and her husband have a brand new baby girl.

**Mary Ellinger Woodyard ('97)** lives in Bexley, Ohio. She and her husband have “six children between us.” She graduated from Capital Law School’s Legal Nurse Consultant Program in 2006. She is now working toward a MSN with a concentration in legal studies from Capital University College of Nursing. She is employed by the Ohio Department of Health as a Health Care Facilities Surveyor. She inspects nursing homes and assisted living facilities in Ohio to ensure compliance with state and federal regulations.

**Mica McCord ('09)** lives in Columbus. She is a student in The Ohio State University woman’s health nurse practitioner program. She is working at Mount Carmel East ED while completing her graduate education. 

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### SDAP Scholarship Committee Update

It has come to our attention that one of the members of the volunteer Second Degree Accelerated Program Scholarship Committee, **Kate Wallace '08**, was inadvertently missed in the article about this unique alumni endeavor (*The Lamp*, spring 2009). Our sincere apologies to Ms. Wallace.



## IN MEMORIAM



Mount Carmel College of Nursing and alumni honor the following graduates who have passed away and extend our sympathy to their family and friends.

Lucille Weiler Duncan — Class of 1938

Sara "Katie" Moore Rettemnier — Class of 1939

Mary Vollmer Garrity — Class of 1942

Ruth Marie Bennett Berry — Class of 1944

Barbara Van Doorn Finnicum — Class of 1952

Margaret Gray Quillin — Class of 1955, grandmother of Kelly Quillin Summers ('04)

Mary Coultrap Johnson — Class of 1956

Judy Anson Gerhardt — Class of 1959

We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

Husband of Gertrude Wright Betts ('49)

Sister of Mary Pulsinelli Dorrian ('49)

Brother of Mary Jo Kiener Leonard ('59)

Nephew of Mary Jo Kiener Leonard ('59)

Mother of Geri Richardson Stewart ('63)

Husband of Diane "Dutch" Zurmehly McDonald ('64)

Mother of Mary Jean Destefani Botos ('78)

Mother of Michele Miller Ross ('79)

Brothers-in-law of Andrea Tufts Bell ('81)

Father of Lisa Sexton Burgin ('83)

Grandfather of Danielle Spradlin ('09)

## THE LAMP

*Managing Editor: Robin Hutchinson Bell*

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Send your e-mail and postal address updates to Theresa Williams (contact information on page 1). Your personal information will be used for Mount Carmel College of Nursing business only.

Pictured on front cover: Phylis Motz Crook '63 surrounded by members of her granddaughter's (Ileana Isern, directly behind her) Girl Scout troop

## CALENDAR OF EVENTS

### COLLEGE CALENDAR

- | Jan 4  
Spring semester begins  
Second Degree Accelerated Program IV begins
- | Jan 29  
Second Degree Accelerated Program III ends
- | Mar 2-5  
Spring break
- | Mar 14-17  
Phone-a-thon

### ALUMNI ASSOCIATION HAPPENINGS

- | Feb 16 2010  
Florida Alumni Luncheon *(details on page 12)*