

THE LAMP



The Nursing Center for Family Health

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Opening the Door to a New Approach to Nursing Care

News and Information about
Mount Carmel College of Nursing Alumni, Students and Faculty



MOUNT CARMEL
College of Nursing



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COLLEGE QUICK READ:

Mount Carmel College of Nursing

- ◎ The MCCN master's program offers a new Family Nurse Practitioner track beginning in the 2011, joining the other three master's tracks—Adult Health, Nursing Education, and Nursing Administration—for nursing professionals interested in taking their career to a higher level.
- ◎ MCCN master's enrollment is at record levels again this fall, with 65 students. Another 24 master's students will be added when the new FNP track begins. Response to the FNP track was strong and immediate, with applications far exceeding program slots.
- ◎ A record number of students began the first day of the 2010-11 academic year. The College's total enrollment of approximately 827 includes nearly 60 students receiving the same Mount Carmel nursing education on the satellite campus at Fairfield Medical Center in Lancaster, Ohio.
- ◎ MCCN made history this fall by opening the first college-based nurse-managed health center in central Ohio. The Nursing Center for Family Health is designed to provide health and wellness services to the community and will significantly impact the College, local residents, and healthcare in the surrounding area.
- ◎ Already acclaimed by students for its convenience, MCCN's RN-BSN Completion Program will soon be more convenient than ever. The program will be offered online in 2011. More information available at www.mccn.edu.



PRESIDENT'S MESSAGE

Dear Alumni, Students and Friends,

The atmosphere here at Mount Carmel College of Nursing is charged with excitement as visions become reality. On the 107th anniversary of the founding of Mount Carmel nursing education, another historic milestone was achieved: we opened the first college-based nurse-managed health center in central Ohio! The Nursing Center for Family Health provides needed wellness services to our community, significantly impacting our students, local residents, and healthcare in the area.

The Alumni Banquet was also an exciting time, with so many alumni on-campus. Please know that our alumni and friends are welcome to visit campus anytime. We also welcome you to join our Mount Carmel College of Nursing Annual Giving Societies, offering opportunities for members to participate in College programs and events (www.mccn.edu/making-a-gift for additional information).

In this issue, please take the time to read about our new Nursing Center, as well as our other recent initiatives: the Family Nurse Practitioner track addition to our master's program and the new online RN-BSN Completion Program.

In this season of thanksgiving, we are thinking of you and the many ways you help our visions of nursing excellence come to fruition. It is with a thankful heart that I wish all the blessings of the season to you and yours.

Sincerely,



Ann E. Schiele, PhD, RN
President/Dean
Mount Carmel College of Nursing



Celebrating the opening of The Nursing Center for Family Health (l-r): Ann Schiele, PhD, RN, President/Dean; Dana Vallangeon, MD, founder, Lower Lights Christian Health Center; and FNP faculty: Kim Greene, MS, FNP-BC; Catherine Johnson, PhD, FNP-BC, PNP-BC; and Penny Marzalik, PhD, CNM (seated in front).

MCCN's NEW NURSING CENTER FOR FAMILY HEALTH OPENS ITS DOORS

First of its kind in central Ohio is our college-based nurse-managed center, a partnership of Mount Carmel College of Nursing and Lower Lights Christian Health Center

It was fitting that Mount Carmel College of Nursing's newest initiative opened September 15, 2010, the 107th anniversary of the founding of Mount Carmel nursing education in 1903. The Nursing Center for Family Health is the only college-based nurse-managed health center in central Ohio. Designed to provide health and wellness services to the community, the Center will significantly impact the College, local residents, and healthcare in the area.

What?

A nurse-managed health center is defined as a health center where the majority of services are provided by advanced practice nurses, where service is available to the underserved in rural or urban communities, and is affiliated with nursing schools, universities, and/or independent non-profit organizations.

Where?

The College converted 4,000 square feet of leased office space across from MCCN on the Mount Carmel West campus into the Nursing Center. It has six exam rooms, a laboratory, a student workroom and a health library for patients and the public. A conference room will be used for classes to teach patients and the public about such topics as diabetes and wellness.

Who?

The Nursing Center operates in partnership with Dr. Dana



Vallangeon, physician and founder of Lower Lights Christian Health Center, who has worked within the Franklinton community for several years. New and existing patients of the Lower Lights Christian Health Center and Mount Carmel College of Nursing students with a referral from the student health nurse are seen at the Center. Additional relationships with MCHS providers are being established.

Why?

Dr. Vallangeon's practice, which primarily serves an underserved population base in the Franklinton community surrounding MCCN, has a large patient waiting list and the Nursing Center can assist in meeting patient demand. It will mean increased access to comprehensive health services for patients. It is anticipated that 20-25 patients/day of all ages will receive healthcare at the Center.

The Nursing Center will also benefit the College, offering an excellent platform for qualified faculty members, graduate students, and undergraduates to participate in the care and the development of health education programs for patients in the community.

What will happen at the Nursing Center?

At the Nursing Center, advanced practice nurses will provide primary care: preventive health services, patient education and disease management. These services include routine physicals, health screenings, immunizations, management of chronic disease conditions, acute care of non-emergency conditions, and health education in a variety of areas such as obesity and diabetes management. Family Nurse Practitioners can serve as the patients' primary health care provider.

The Nursing Center will be staffed by three advanced practice nurses, one clinical nurse specialist, support

staff and a collaborating relationship with a physician from Lower Lights Christian Health Center. Dr. Vallangeon will be available for the consultation for the Nursing Center. Pat Ecklar, MD, will serve as the collaborating physician for student health services. Dr. Ecklar will also begin to develop the collaborative process between the medical residency program and the Family Nurse Practitioner program (FNP).

How is the Nursing Center Funded?

Mount Carmel College of Nursing, in keeping with the mission and its core value of social responsibility, supports the Nursing Center as a learning environment for students. The College received a \$25,000 Cardinal Health grant, which was used to purchase equipment. Additional grant funding is pending and grants will continue to be sought.

In the meantime, the College completed the renovations and supplies the facility and the faculty nurse practitioners for the practice. Lower Lights Christian Health Center provides the support staff and billing services to generate the revenue to help offset these costs.

It started with a Vision...

"The concept of a College health center is something I've wanted to pursue for a long time," says President/Dean Ann Schiele, PhD, RN. "But how would it be funded? I wanted to care for underserved clients. That means uncertainty for reimbursement. I didn't want to have to close with clients depending on us."

An introduction to Dr. Vallangeon and the resulting partnership with Lower Lights Christian Health Center, as well as receiving grant funding resolved that obstacle.

"Dr. Dana is passionate about caring for vulnerable populations. She founded Lower Lights as a federally-qualified health center, and can bill Medicare and Medicaid for services provided," Dr. Schiele says.

A second vision...

Dr. Schiele also had another vision: a fourth master's track. The Family Nurse Practitioner (FNP) track, set to begin in January 2011, will prepare advanced practice nurses to care for families from birth through their entire life. With the implementation of healthcare reforms and the shortage of primary care physicians, the need for FNPs is expected to steadily increase.

Those FNP students would need clinical sites, where they would be mentored by physicians and FNPs: the Nursing Center is a perfect fit. The FNP faculty work at the Center, as well as the College.

And there's more—the Nursing Center also functions as a healthcare center for MCCN students. “We have approximately 830 students, who are bound to need healthcare from time to time. After triage by the student health nurse at the College, they can be referred to the Nursing Center,” says Dr. Schiele. “This is another tremendously positive benefit for our students.”

Benefitting our students, benefitting the nursing profession, benefitting health services, benefitting the community: It's a perfect circle—each component complementing the others.

“We are blessed that the College and the hospital are in a location where we are able to make a difference. That's what nursing is all about,” Dr. Schiele says with a faraway smile. “I'm thinking about what other things we at MCCN can do to have a positive impact.”

The vision includes you...

Mount Carmel alumni are needed to assist in this exciting endeavor by volunteering in the Nursing Center's wellness education resource center. Dr. Schiele envisions a resource area of wellness materials, along with a play area for children of the clients.

“We need volunteers to direct patients to the materials, to assist in their wellness education, to keep the area functioning and organized, and to make our visitors feel welcome,” says Dr. Schiele. “With their compassion and nursing knowledge, our Mount Carmel alumni would be perfect!”

Dr. Schiele invites interested alumni to contact her at 614-234-5213. “So many people don't have access to care, to information about prevention or treatment, to a physician of their own. We are keeping such patients out of the ER and giving them the quality healthcare they need and deserve. We all need to work together.” ✚

NEW FAMILY NURSE PRACTITIONER PROGRAM

With an exciting new master's track available at Mount Carmel College of Nursing (MCCN), there's never been a better time for baccalaureate nurses to take their careers and knowledge to a higher level.

MCCN's Family Nurse Practitioner (FNP) program is

the fourth and newest master's degree-track program offered by the College, joining graduate program tracks in Adult Health (leading to clinical nurse specialist certification), Nursing Education and Nursing Administration that prepare nursing professionals for important careers in today's healthcare environment.

“More graduate nurses enhances the stature of the nursing profession by bringing nurses more in line with the





Master's program faculty includes (l-r) Assistant Professor Kathleen Sommers, EdD, RN; Professor Victor Campbell, PhD, RN; and Associate Dean, Graduate Nursing Program, Angela Phillips-Lowe, EdD, RN.

educational levels of the other professionals that nurses work with in healthcare,” said **Angela Phillips-Lowe, EdD, RN**, Associate Dean, MCCN Graduate Nursing Program.

Exciting New Track

MCCN’s FNP track is designed for RNs who are ready to pursue graduate education leading to a primary care focused advanced practice nursing role.

The FNP provides comprehensive primary healthcare services to individuals from infancy through adulthood. FNPs provide care to individuals with acute illnesses, such as bronchitis, or minor infections and chronic illnesses, such as diabetes, high blood pressure, and obesity. FNPs also provide preventive health services, patient education, disease management and other health initiatives to heal the body, mind and spirit.

Upon completion of the FNP track, graduates will have the knowledge and skills to:

- Ⓢ Assume advanced nursing roles in clinical practice
- Ⓢ Design health promotion and disease prevention clinical programs for individuals and families in primary care settings
- Ⓢ Demonstrate leadership in clinical practice
- Ⓢ Collaborate with intra and interdisciplinary professionals to achieve quality outcomes in nursing practice
- Ⓢ Facilitate the use of evidence-based practice in nursing
- Ⓢ Promote nursing as a profession and a discipline

Why Nurse Practitioners Now

With the current national shortage of primary care physicians, FNPs are sought to fill that void. With the assistance of the FNP, physicians are able to see patients who require medical expertise for complex conditions and refer those who need preventive exams, follow-up visits and same day visits for common problems to the FNP. Patients get the care they need in a timely manner, and physicians are better able to manage their practices.

Career Advancement

There is a recognized national shortage of advanced practice nurses. Career opportunities are consistently expanding across Franklin county and the state of Ohio.

User Friendly Program

No graduate record examination (GRE) required for the MCCN master’s. Course offerings are available all three semesters, with many courses online. Classes meet on Wednesdays.

Convenient Scheduling

“Mount Carmel’s scheduling of all master’s classes on Wednesdays allows graduate students to maintain employment and stay organized in their personal lives. Students frequently comment on how easily our schedule fits,” Dr. Phillips-Lowe said. Clinical experiences are scheduled by the students in their chosen specialty.

For More Information

There will be 24 students in the first cohort of the Family Nurse Practitioner program slated to begin in January 2011. For more information about the graduate program at MCCN, visit www.mccn.edu or contact Dr. Angela Phillips-Lowe at 614-234-5717 or aphillips-lowem@mchs.com.

“ It wasn’t until I began working as a nurse with new graduates from other states and schools that I realized just how much my Mount Carmel education prepared me and became very appreciative of my education. Mount Carmel has a superior reputation in Columbus for their graduates’ knowledge, and that was evident outside of Columbus as well.”

– Stephanie Rae Adams Piquero '97



Stephanie Rae Adams Piquero '97

ALUMNI PROFILE

Stephanie Rae Adams Piquero '97

Advocate for Mount Carmel Students and Alumni

For Stephanie Rae Adams Piquero '97, nursing and Mount Carmel are forever linked. “The reason I am a nurse is because of the intimate size and caring atmosphere I saw when I visited during high school—it suited me. I chose nursing because of MCCN.”

Nursing is a good fit for Piquero, who earned her MSN with a specialization as a Pediatric Nurse Practitioner from Wright State University in 2006. While pursuing her master’s, Piquero took the Nursing Educator course series, and discovered nursing education.

At Nationwide Children’s, she taught clinicals for MCCN. “MCCN instructor Hannah O’Handley was key in recruiting me to come home! I did a guest lecture for the peds course, and Hannah encouraged me to pursue teaching full time,” Piquero recalls. “I decided teaching was for me, and because of my experience as a Mount Carmel nurse, I can’t imagine teaching anywhere else.”

Piquero is now Coordinator of Sophomore Nursing at MCCN. “Each student is a future alumnus, a future colleague with a shared history. That helps me to connect with students on a different level.”

Piquero, currently serving as Alumni Association Vice President, is proud of graduating from Mount Carmel and enjoys the connections with fellow Mount Carmel nurses that involvement with the Alumni Association offers.

Nurse, alumnus, educator—what’s next for Piquero? “My” decision to be a nurse was a gut decision made, without doubt, on a whim. Every other career decision has also been made with intuition. It has worked for me so far, so I will continue to go with the flow and see where my nursing career takes me.”

Stephanie and her husband Javier happily celebrated their daughter Viviana’s first birthday in October.





Mother-daughter Mount Carmel alumni, Mary Kay Brandt Sturbois '69 and her daughter Krista Kuhner '04

DISTINGUISHED ALUMNUS

Mary Kay Brandt Sturbois '69

Mary Kay Brandt Sturbois, RN, MHA, has the particular distinction of being nominated for the award by a fellow alum who is also her daughter, **Krista Kuhner '04**. “For years, I thought about nominating my mother. Looking through *The Lamp*, I saw the request for Distinguished Alumnus nominations. I finally put all my thoughts together and wrote the nomination. It wasn’t nearly as hard as I thought it would be,” Kuhner said.

In her nomination, Kuhner describes her mother’s devotion to nursing and Mount Carmel. “Whatever position and wherever she worked, my brother and I grew up knowing Mom was proud her foundation in nursing came from Mount Carmel.”

Once she became a Mount Carmel alum herself, Kuhner understood even more. “I can’t explain it, but I get it now. It is a big deal and honor to be associated with Mount Carmel. I am a very proud graduate and daughter. Thanks Mom,” wrote Kuhner.

“Krista nominating me for this honor makes it very special for me,” said Sturbois, who recently shared her thoughts with *The Lamp* about her beloved alma mater and the nursing profession.

The Lamp: *When did you know you would become a nurse?*

Sturbois: My “favorite” aunt was a nurse. I was in grade school when I decided to be a nurse, just like she was. She celebrated her 50th anniversary the same year I celebrated my 25th as a nurse.

The Lamp: *In what ways has Mount Carmel influenced your practice of nursing?*

Sturbois: I never forget I represent Mount Carmel: a source of pride as well as the responsibility to do the best I can. Not losing sight of the “art and science” of nursing has, I believe, served me well.

The Lamp: *Describe your favorite Mount Carmel memory.*

Sturbois: I remember Nancy Rowe, my first clinical



Mary Kay Sturbois and her Mount Carmel room mate, Diane Dye Helferich, who traveled from Clayton, Ohio to celebrate with her.

instructor, and her patience with us as we tried not to act terrified of the folks called “patients.” She didn’t laugh at our questions or concerns, but assured us we were going to be just fine. She was very convincing; we believed her; and I am grateful to her to this day.

The Lamp: *Your daughter is also a Mount Carmel nurse?*

Sturbois: My daughter deciding to attend Mount Carmel meant the world to me. Krista received a degree in another field, and then decided nursing was the path she wanted. For her to choose my alma mater was icing on the cake! I knew she would start her nursing career well educated and prepared to deal with today’s healthcare environment.

The Lamp: *In your career, you practiced nursing in several different areas.*

Sturbois: I have had the opportunity to practice acute, home health, hospice and long term care nursing. As the first nurse hired as Coordinator for Adult Protective Services in Athens County, I gained experience with the court system. Although a somewhat nontraditional position for a nurse, I enjoyed it and value the experience to this day.

The Lamp: *When you look back over your career, what gives you the most satisfaction?*

Sturbois: My appointment to the Ohio Board of Nursing has been the most satisfying part of my career. Following in the footsteps of Mount Carmel’s most loyal advocate, Ann Schiele, PhD, RN (current Present/Dean) was in itself an honor. While I served on the Board, the Nursing Reward website was launched, The Momentum quarterly magazine became a reality, and efforts were initiated to address the impending nursing shortage. I served on the Governor’s Nursing

Shortage Taskforce and was a member of the National Association of State Boards of Nursing, which also addressed shortage concerns. Working with other members was a great experience. Understanding the Laws and Rules of the Ohio Nurse Practice Act is a responsibility all licensed nurses share in order to be safe practitioners and protect Ohio citizens.

The Lamp: *Tell us about your role in the change of a law.*

Sturbois: When I served on the Ohio Board of Nursing, the penalty for impersonating a nurse was a misdemeanor conviction. A misdemeanor charge did not rise to the level of seriousness I felt was warranted. I made a motion that the Board pursue a change in law to make the violation a felony. The motion was seconded and passed. I then testified before the House Judicial Committee, regarding the interest of the board in having a change to the law. The process went forward and the penalty is now a felony conviction for nurse impersonation.

The Lamp: *What advice do you have for nursing students and members of the nursing profession?*

Sturbois: I can only repeat how wonderful nursing has been for me. I believe nurses have a responsibility to stay current in their area of practice, mentor and coach new licensees, always welcome students, and one of us really needs to write that book with all the stories of our profession that no one but a nurse would believe! *

* *Your nursing stories can be part of the book that the Mount Carmel Alumni Association is compiling (see page 15). Send your stories (especially those “unbelievable” ones) to Phylis Crook, Mount Carmel College of Nursing, 127 South Davis Avenue, Columbus, Ohio 43222-1504 or e-mail to pcrook@mchs.com.* 📧





It still fits! Linda Loeffert-Jones '70 shows off her Mount Carmel School of Nursing uniform.

ALUMNI BANQUET 2010

Sharing memories from years gone by

Mount Carmel recently welcomed home nearly 120 of her own for the Annual Alumni Banquet. Thanks to the superb work of banquet chair, **Susie Loik Parsons '76**, it was a fine time for all, filled with stories, laughter, and memorable moments.

The most recent alum in attendance was **Danielle Graham Spradlin '09**. The oldest class present at the event was the class of 1942, represented by **Dorothy Gorenflo Cluff '42**, who donated a hand-made quilt for the fifth year. The Alumni Association extends appreciation to Cluff, whose exquisite quilt raised \$905 for the quilt raffle this year. All proceeds benefit the Alumni Association scholarship and loan program.

The winner of the quilt raffle was **Irma Competti Biancamano '45**. She was at the banquet and thrilled with her win. Fortunately for everyone else who wished they were the winner, Cluff is already hard at work on one of her fabulous creations for next year's quilt raffle.

A highlight of the event was the introduction of the 2010 Distinguished Alumnus, **Mary Kay Brandt Sturbois '69** by **Phylis Motz Crook '63**, Coordinator of Alumni Relations and last year's Distinguished Alumnus. "Within two years of her work in Adult Protective Services for Athens County (Ohio), Mary Kay was one of five individuals in Ohio to be awarded Adult Protective Service Director of the year," said Crook.

"Mary Kay realized that southeastern Ohio had not been represented on the Ohio Board of Nursing for over 10 years. She sought nomination through the governor's office, secured recommendations from the nursing community, elected officials business leaders and friends. She was appointed to begin a five-year term in January 1998. Ann Schiele had been a member and then president of the board. Mary Kay was honored to follow in those footsteps."

Sturbois' nominator, her daughter and fellow alum, **Krista Kuhner '04**, was in Kansas for a wedding on the day of the banquet. She sent this message: "Mom, I wish I could be there to enjoy this wonderful day with you.

ALUMNI BANQUET CONTINUED

Congratulations on this very honorable award. You are very deserving of it. Enjoy your day and know that I love you very much.”

The morning program ended with the alumni singing the Alma Mater. Student Ambassadors from the College assisted at the event and sat at the tables with the alumni, where many stories of the present day and days past were shared. Following the meal, the Student Ambassadors conducted tours of Marian Hall, the Center for Learning and Education, and the on-campus apartments.

Don't miss the fun! **Mark Saturday, October 8**, on your 2011 calendar for next year's Alumni Banquet Luncheon. 📅



Banquet 2010 Attendance by Honor Class

- 65 year class of 1945: 3
- 60 year class of 1950: 8
- 55 year class of 1955: 5
- 50 year class of 1960: 19
- 45 year class of 1965: 19
- 40 year class of 1970: 16
- 35 year class of 1975: 8

Save the Date!
Annual Alumni Association
Banquet Luncheon
Saturday, October 8, 2011





Class of 1960



Kay Droke Martin '51 and Jill Trego Rill '77



Class of 1945: Mary Anne Harnetty Hannigan, Betty Noblick Ohler, and Irma Competti Biancamano



Class of 1950



Class of 1965

Students, faculty, staff, alumni!

Be intrigued, be educated, be entertained ...And learn how nursing is practiced in **Ireland!**



A PASSPORT IS MANDATORY

Tentative Dates: May 11 – 21, 2011

Join Mount Carmel College of Nursing on a memorable and exciting journey to Dublin, Ireland. Experience nursing in a typical hospital in Ireland, learn about government healthcare programs, nursing in a homeless shelter, and public health nursing.



Visit Our Lady's Children's Hospital's burn unit and University College of Dublin School of Nursing. Learn about nursing education and clinical experiences and talk with nurse's at St. James Hospital about medical research for childhood illnesses.

Please contact Kathy Espy (614-234-5276 or kespy@mchs.com) if you are interested in this trip.

CONVOCATION 2010

Mount Carmel Alumni Association Scholarships Awarded

Convocation 2010 celebrated excellence in nursing education and the generosity of donors whose scholarships help our students' dreams of entering the profession of nursing come true.

Mount Carmel alumni annually make a significant contribution toward scholarship monies awarded to students at Convocation. The Association donated seven \$2,000 scholarships to "outstanding students who exemplify individual commitment through participation in college activities and/or to individual responsibilities, while maintaining a quality (2.8 or above GPA) academic standing."

We thank our donors for recognizing the need for scholarship assistance in promoting the high standards maintained by Mount Carmel College of Nursing.

MOUNT CARMEL ALUMNI ASSOCIATION SCHOLARSHIPS

Dr. Ann E. Schiele Scholarship: President/Dean of Mount Carmel College of Nursing, Dr. Schiele was the driving force in transitioning from a diploma program to a fully accredited College in 1990.

Recipient: Joe Derr serves MCCN as President of the Student Government Association, Senior Class President and student representative on the Academic Misconduct Board. He completed his sophomore year in the Advanced Placement Program, works at Nationwide Children's Hospital, and volunteers with several organizations. Career goals include Pediatric Nurse Practitioner or work in pediatric oncology.

Clara Bahre Geer ('19) Scholarship: Clara was active in numerous activities in the community and at the School.

Recipient: Sarah Robinson is an active volunteer in the community as a member of the Downtowners Campus Ministry, working at soup kitchens and The Methodist

Free Store. She provides meals to families in her church and volunteers at Nationwide Children's Hospital. To help pay her tuition, she works three jobs: as a patient care assistant/unit coordinator at Mount Carmel, a nanny to twins, and selling Avon. She "loves the neonatal intensive care unit" and would like to be a Neonatal Nurse Practitioner.

Mary Grady Scholarship: Established to recognize Mount Carmel student nurses for scholarship and caring in appreciation for the high quality of care Mary received at Mount Carmel Hospital.

Recipient: Leslie Jordan "wants to make a difference in the world through being a nurse." She volunteers at the Vineyard Free Health Clinic, which provides "healthcare access to the poor and underserved." Leslie would like to work in neurology. She plans to continue her volunteer activities at the Vineyard Clinic after graduation.

Irma French ('37) Scholarship: Irma established an annuity to the Mount Carmel Alumni Association.

Recipient: Tony Shifflet completed his sophomore year in the Advanced Placement Program. He balances a part-time job as a cook and the responsibilities of a single parent. He would like to be a Pediatric Nurse Practitioner or a CRNA.

Betty Willis Baker ('40) Scholarship: Betty was devoted to Mount Carmel and its students, serving as Student Health Nurse and assistant clinical instructor in OB.

Recipient: Bethany Myers works 16 hours a week in the Radiology Department at Mount Carmel West. She also assists her parents in the care and raising of her niece and nephew, ages four and ten. "I love, love, love the ER!" she writes. She would like to earn her CNP and teach in a college of nursing. She is fluent in American Sign Language, and has signed the national anthem at several OSU sporting events.

Sharon Schimmoller Scholarship: Remembered as an onsite parent by hundreds of Mount Carmel alumni, Sharon was Director of Student Activities and Residence, 1975–2005.

Recipient: Amanda Hershberger organized a presentation at



the College to raise awareness of human trafficking in Ohio and the role of healthcare providers. She tutors fellow students and has worked for eight years at The Dutch Kitchen. Amanda plans to work in a medical/ surgical setting and to pursue a master's degree.

Holy Cross Scholarship in Honor of Sister M.

Rose Thomas: Sister M. Rose Thomas established the Mother Constantine Scholarship Fund for the needy students at Mount Carmel School of Nursing. She collected Green Stamps, redeeming them for cash, and returned flower vases to florists for money to be used for the needy. Her eulogy stated, "Her love for God overflowed in love for all his people."

Recipient: Amanda Mitchell is active at the College as a Camp Mount Carmel counselor, a Resident Assistant, and a Student Ambassador. She is involved with Campus Ministry, and gives tours for the Admissions Office, answering questions and promoting the College. Her interests are emergency, trauma and ICU nursing. Amanda is the daughter of Julie Frasher Mitchell '81.

In addition to the Mount Carmel Alumni Association scholarships, several other scholarships are due to the generosity of alumni and those who donate to scholarships in memory of alumni.

The Francis and Lois Eikenbary Ryan '41 Memorial Scholarship to Emily Forgrave

The Marjorie Bolte Kelly '44 Endowed Scholarships to Emily Berry, Stephanie Binkley, Annette Daniel, and Patrick Smith

Helen Elaine Bangert Lauer '44 Memorial Scholarships to Chyna Dolman and Samantha Gillogly

The Mary Brady Linard '46 Memorial Scholarship to Tracey Buskirk and Kayla Munk

The Mary C. Wanner Memorial Scholarship to Cassie Bradford

Phil and Joann Spitler Hall '51 Scholarship Endowment to Nicole McCrackin

Dr. Regina M. Williams '52 Scholarships to Rochelle Burton and Lori Lindsey

The Frank and Lillian Singer Will '54 Scholarship Fund to Allison Lardner

The Robert G. and Kathryn R. Callahan Schwemley '55 Foundation Scholarships to Joshua Aronosky, Safae Bouchenafa, Cassie Bradford, Tracey Buskirk, Chelsi Cummings, Courtney Hamilton, Heather Harvyasi, Kelsey Horton, Leah Howlett, and Sara Robinson

Lori Burleson Caldwell '82 Family Scholarship Fund to Tara Burleson 🇺🇸

Coming soon to Mount Carmel College of Nursing

This spring, as a testament to our alumni and friends, the College of Nursing lobby will proudly honor the individuals and organizations whose outstanding generosity demonstrates a commitment to the tradition of yesterday and the vision of tomorrow.

A new donor recognition display will acknowledge our contributors, whose spirit of giving helps our students realize their dream to become professional nurses. We thank you for your commitment to excellence in nursing education and for ensuring the healthcare needs of our communities are met into the future.

"To have made even one person's life a little better, that is to succeed." – Thoreau



MOUNT CARMEL THROW

A Warm Memento

Custom-designed throw depicts scenes and symbols of Mount Carmel. 100% pre-washed, full-color cotton, 50x65 inches. Order yours today!

\$50 + \$10 s/h - Send \$60 check or money order (made payable to Mount Carmel Alumni Association) and shipping address to: Mount Carmel Alumni Association

Mount Carmel College of Nursing
127 South Davis Avenue, Columbus, Ohio 43222-1504
c/o Jill Wallace
614-296-1471 or jwallac8@columbus.rr.com

There are a limited number of commemorative throws still available (pictured on the cookbook below), and they will not be re-ordered.



Alumni Keeping in Touch on FACEBOOK

Keep in touch with fellow alums on Facebook by visiting the Mount Carmel Health Science Library site at www.mccn.edu/library and click on the Facebook link. While on the Library site, remember to register for an alumni library account so you will have 24/7 access to news and information. Being a Mount Carmel alum has its privileges!

Questions about your alumni library account or your Mount Carmel Facebook connection?

Contact **Stephanie Rae Adams Piquero '97** at spiquero@mchs.com.

ALUMNI ASSOCIATION UPDATE

Your Mount Carmel Alumni Association Mission and Vision

The vision of the Mount Carmel Alumni Association is to make Mount Carmel College of Nursing the best it can be through the philanthropic, networking, and enrichment initiatives provided by the Alumni Association.

Our mission is to foster and strengthen lifelong relationships among alumni and students and to support and promote the future of nursing.

We encourage you to become an active part of the Mount Carmel Alumni Association. Our board meetings are open to all graduates. Please visit our web site for more information: www.mccn.edu/alumni/officers or call the alumni voicemail at 614-234-5925.

We're Looking for Your Stories

Do you have an inspiring story about the practice of nursing you would like to share? Or maybe you have fun or poignant anecdote about your time as a nursing student.

Think about your stories concerning clinical experience, dorm life, instructors, classroom experiences, how the Mount formed you as a nurse, as a person. Feel free to add your own category.

The Alumni Association invites all Mount Carmel alumni to submit heartwarming, inspirational or funny stories from their years as nursing students or in the nursing profession. The stories will be compiled into a book (similar to the recipe book) to raise funds for future Mount Carmel nursing students' scholarships. Help us support nursing's future!

How to Submit Your Stories

Stories (no limit on length or number) can be sent via U.S. mail or email (Word document if possible) to **Phylis Motz Crook '63**, Coordinator, Alumni Relations (see page 1).

To be included, stories must be sent by February 1, 2011. Whether you graduated this year or several decades ago,





MCCN students showing off the new Mount Carmel spiritwear

everyone has a story. We look forward to hearing yours.

More Fun in Florida – Mark Your Calendar!

Next year there will be two Florida Alumni Luncheons.

Eighth Annual Tampa, Florida, Alumni Luncheon
Tuesday, February 15, 2011
Brandon, Florida

First Annual Fort Myers/Naples, Florida,
Alumni Luncheon

Tuesday, February 22, 2011

Please make sure that we know where to send your Florida luncheon invitation. Contact Theresa Williams at the College (see page 1) with your name and the address where you will be in early January when invitations are mailed.

Second Arizona Alumni Gathering

The first Mount Carmel alumni luncheon in Arizona was so much fun, alumni are planning another reunion in Arizona next year. Contact Theresa Williams at the College (see page 1) with your name and the address where you will be in early January when invitations are mailed.

Attention Alumni in Any State

Alumni living anywhere are encouraged to get together to renew their Mount Carmel connection. Alumni are invited to contact Theresa Williams at MCCN (see pg 1) and ask about alumni living in or near their zipcode. Theresa can supply a list and even mailing labels.

Alumni Boutique

We invite everyone to browse and buy in the “Alumni Boutique.” Sales of these items benefit the Alumni Association scholarship and loan program.

The Alumni Association Cookbook contains nearly 150 recipes of great variety, everything from “Desperate Cobb Salad” to “Homemade Dog Treat No Flea Dog Biscuits,” including longtime, fondly remembered favorites from Mount Carmel Dietetic Services, such as broccoli soup, brownies, and “Flapper Pudding.”

The Alumni Association Cookbook and the beautiful Mount Carmel commemorative ornaments are available directly through **Jill Young Wallace ’73** (614-296-1471 or jwallac8@columbus.rr.com).

Ornaments cost \$15 (\$18 if shipped)

Cookbooks \$10 (\$13 if shipped)

MCCN Spirit Shop

Alumni can shop for a wide variety of Mount Carmel merchandise via our online MCCN campus web store. Just go to www.spiritshop.mccn.edu and start shopping for gifts, and for your own Mount Carmel logo-wear. You’ll find a multitude of styles and colors, plus a choice of logos ranging from “Mount Carmel Alumni” to our “Mighty Night” logo.

The MCCN Online Campus Store can also be accessed through the www.mccn.edu home page. For those who want to do on-site shopping, you are welcome to stop by the Campus Store located on the 4th floor in Marian Hall across from the Student Life office. ➡



YOU CAN MAKE A DIFFERENCE

annual
giving
society 

*"Growing up with a brother diagnosed with cancer, I learned at an early age that care and empathy can go a long way. My goal is to be a nurse practitioner in pediatric oncology." -- Joe Derr '11,
Student Government President*

I would like to introduce you to Joe Derr, one of Mount Carmel's soon-to-be graduates. Joe is a dedicated, hardworking student, just like so many of the students who attend Mount Carmel College of Nursing. They have high hopes and dreams, but many struggle because of financial constraints, especially in today's economic climate.

Your gift can help students like Joe succeed. You should know that your gift helps ensure that students like Joe are at the bedside, in the home, teaching the next generation, and caring for patients to make life better. People who support our students' dream of a fulfilling and dynamic life as a nursing professional are part of a continuum of commitment to the nursing profession and to each succeeding generation of "Mount Carmel nurses."

Giving before year-end packs a double punch. **First**, you will be supporting the mission of Mount Carmel College of Nursing and the dreams of our students – a career as a professional nurse. **Second**, tax incentives may enable you to do more than you realized possible, even improving your own financial position in the process. The availability of the income tax deduction helps a charitable person be even more charitable.

The Benefits Possible with Year-End Giving

- ◎ Save on this year's income tax
- ◎ Save on capital gains tax
- ◎ Save on future estate tax*
- ◎ Increase your support for charity

What Should You Give?

Gifts of Cash: Nothing is as simple and direct as giving cash. A gift of cash may be deductible up to 50 percent of your adjusted gross income, and gifts in excess of 50 percent may be carried over as deductions into the next five years.

Gifts of Securities: Stocks or other investments that have grown in value and that you have owned longer than one year can become a substantial gift with a low net cost to you. You receive a charitable deduction for the donation, which is based on the stocks' fair market value on the date of the gift. And, there is a bonus – you avoid all federal capital gains tax that would otherwise be owed on a sale of the assets.

Let us help you plan and implement a year-end charitable gift that takes advantage of valuable tax benefits and reflects your generous spirit. For more information, contact Jan Burkey, Director of Development, Mount Carmel College of Nursing, at 614-234-3837.

**Federal estate taxes are currently repealed for all deaths that occur in the calendar year 2010. In 2011, estate taxes are scheduled to be reinstated for estates worth more than \$1 million at rates up to 55 percent. Congress, however, is likely to address reinstating estate taxes sooner than 2011. What the final legislation will look like and when it might become effective is unknown at this point. ✚*



ANNUAL GIVING SOCIETIES



Sara George, RN, BSN, Mount Carmel College of Nursing Graduate (quoted below)

<p>CORNERSTONE SOCIETY \$10,000+</p>	<p>NIGHTINGALE SOCIETY \$5,000 - \$9,999</p>	<p>LAMP SOCIETY \$2,500 - \$4,999</p>	<p>PRESIDENT'S CIRCLE \$1,000 - \$2,499</p>
<p>Benefits:</p>	<p>Benefits:</p>	<p>Benefits:</p>	<p>Benefits:</p>
<ul style="list-style-type: none"> - Name on donor recognition plaques - Listing in Foundation Annual Report - Invitations to President's Circle event, lectures & tours - Invitation to Foundation Red, White & Boom event. - Insider's Email Newsletter - College Gift Shop Discount - Lifetime Membership in Alumni Association and/or Crystal Engraved Gift 	<ul style="list-style-type: none"> - Name on donor recognition plaques - Listing in Foundation Annual Report - Invitations to President's Circle event, lectures & tours - Invitation to Foundation Red, White & Boom event. - Insider's Email Newsletter - College Gift Shop Discount - Lifetime Membership in Alumni Association or Crystal Engraved Gift 	<ul style="list-style-type: none"> - Name on donor recognition plaques - Listing in Foundation Annual Report - Invitations to President's Circle event, lectures & tours - Invitation to Foundation Red, White & Boom event. - Insider's Email Newsletter - College Gift Shop Discount 	<ul style="list-style-type: none"> - Name on donor recognition plaques - Listing in Foundation Annual Report - Invitations to President's Circle event, lectures & tours - Invitation to Foundation Red, White & Boom event. - Insider's Email Newsletter
<p>ELEANOR WILSON SOCIETY \$500 - \$999</p>	<p>AMBASSADOR CLUB \$250 - \$499</p>	<p>CENTENNIAL CLUB \$100 - \$249</p>	<p><i>"Ever since I was a little girl I've wanted to be a nurse. When I received a scholarship that enabled me to attend Mount Carmel College of Nursing, I felt so blessed – it came right when needed, too."</i> Sara George, RN, BSN Graduate, Mount Carmel College of Nursing</p>
<p>Benefits:</p>	<p>Benefits:</p>	<p>Benefits:</p>	
<ul style="list-style-type: none"> - Name on donor recognition plaques - Listing in Foundation Annual Report - Invitations to special events, lectures & tours - Invitation to Foundation Red, White & Boom event. 	<ul style="list-style-type: none"> - Name on donor recognition plaques - Listing in Foundation Annual Report - Invitations to special events, lectures & tours - Gifts of \$400+ will receive an invitation to the Foundation's Red, White & Boom event 	<ul style="list-style-type: none"> - Name on donor recognition plaques - Listing in Foundation Annual Report 	

SURPRISE SUBMISSION MAKES ALUMNA A NATIONALLY PUBLISHED AUTHOR

Fran Parzinger McEwan ('51) went to the mailbox one day, little knowing that she would receive the surprise of her life when she received a letter that her story had been accepted for publication in the November 2009 issue of *Reminisce Extra* (published by *Reader's Digest*).

"It really is a thrill to have something like that happen to you. I received more than 30 phone calls or emails from people who saw the article—some of whom I hadn't heard from in years. It was a wonderful experience," says McEwan, whose husband, Phil, surprised her by secretly sending in her article.

Originally composed in response to a request from her classmate, **Kay Droke Martin** '51, for stories to share at the class' 50th reunion at the Alumni Banquet in 2001, McEwan's story was mounted by her classmates on a poster along with photos. McEwan's classmates presented her with the poster at the reunion.

"I never wrote anything before," McEwan admits. "But when I received that request, I decided to write something." McEwan said she sat down, started thinking about what had happened, and once the first sentence was down, the rest just flowed.

McEwan encourages her fellow Mount Carmel alumni to write their own stories and submit them to the collection the Alumni Association is compiling.* "Just write like you are writing a letter," McEwan suggests. "It may help to make a list of what you want to include."

McEwan is looking forward to her class' 60th reunion in 2011. Her husband will accompany her. Meantime, she is writing the story of her life for her five children, 15 grandchildren, and ten great-grandchildren.

*To submit your story to the Mount Carmel Alumni Association book of nursing stories, send to Phylis Crook (contact information on page 1).

The Lamp is grateful to *Reminisce Magazine* and *Reminisce EXTRA* (www.reminisce.com) for granting permission to reprint **Fran Parzinger McEwan's** charming story. We invite you to read and enjoy.



Fran Parzinger McEwan ('51) and her husband Phil admiring Fran's article published in *Reminisce Extra*



ONE SCHOOL, TWO LOVES

Mount Carmel School of Nursing leads student to her heart's content

I have many wonderful memories of my time at Mount Carmel School of Nursing in Columbus, Ohio. Like many of the 37 girls in my class, I was 18 and still wet behind the ears when I started there as a freshman in 1948.

Fortunately for all of us, the housemother, Miss Lynch, and director of nursing services, Sister Nicholas, took good care of the students. Miss Lynch kept track of when we left and returned to the nursing dormitory, making sure we were signed in and out. And they both were wonderful in making us feel that we could go to them anytime.

The nursing school was connected to the Mount Carmel Hospital, a small Catholic hospital with about 400 patients. Students could walk from the dorm to the hospital through an enclosed area, feeling safe even at night when working odd hours.

During my first year there, I met a young man named Phil, who later joined the Navy and went away to boot camp. On Phil's first leave, he came to visit me while I was in class on the second floor. Miss Lynch refused to call me down to the front desk, so to get my attention, he and his buddy threw small pebbles at the windows of my classroom while yelling my name.

This caused great embarrassment to me and dismay to the instructor, who finally said, "Miss Parzinger, please leave this class immediately and get rid of those two sailors out on the street who are disrupting this class!"

I scurried out, and I promised I would meet them at 5 p.m. for a movie or just to talk in the lounge. Phil said, "I did not come 2,000 miles to be told by some housemother that I cannot see you." Surprisingly, he and Miss Lynch became good friends after that.



*Fran Parzinger
Class Photo (top)*

Fran passing the flame



In my junior year, a fire broke out in the basement of the dormitory, causing a lot of smoke. So Miss Lynch called the fire department. We all looked out the windows to find out what the commotion was, then went down—in our pajamas—and talked the firemen into taking us around the block in the fire engine.

Just about that time, Sister Nicholas came out and ruined the fun by making us get off the fire engine and return to our rooms. Still, we had a great time while it lasted.

During my senior year, when Phil and I were first engaged, we went for a walk around the block one night. It was one of the first times he kissed me, and I didn't realize we were under the lights in front of the emergency room.

I returned to the dormitory a few moments later only to hear Miss Lynch say, "Aha! You were kissing your boyfriend in front of the emergency room!"

"That was just five minutes ago! How did you know?" I asked in amazement. Apparently one of the girls who was getting off duty had seen us and shared the news on her way into the dorm.

That school year, Phil, who had been on leave, was about to ship out to Pearl Harbor. Students were not permitted to leave campus after a certain time at night, so I wasn't going to be able to say goodbye to Phil at the airport.

Father Culliton, a pastor at one of the large churches in the area, was a hospital patient on my floor at the time and convinced me to sneak out through the emergency entrance to see Phil off.

Since it was winter and I did not have a coat with me, one of the graduates said I could use hers. She told me it was blue and hanging in the back room. I took the first blue coat I saw, rushed down to meet the taxi and hurried off to the airport.

It was wonderful to have the chance to say our good-byes, and I returned to thank Father Culliton for talking me into it. He roared with laughter as I entered his room. He then explained that I had taken a kitchen girl's coat by mistake, and she thought that someone had stolen it.

He had to smooth out everything and find her another

coat to wear temporarily. He told me later that he used the incident in many of his sermons. How, I don't know, but I'm sure it caused a good laugh.

I graduated in August 1951, and Phil and I were married that November while he was still in the Navy. We've been married 58 years now and have five wonderful children, 15 equally wonderful grandchildren and 10 fabulous great-grandchildren.

I worked in the nursing field on and off for many years while raising our children. It has been such a rewarding vocation for me, and my interest in it has never diminished.

I feel so much of my life was blessed by the education and associations that I had during my time at Mount Carmel. But as that 18-year-old girl, I never would have guessed it would lead me to the two great loves in my life—my husband and nursing. 🙏



Congratulations to Stevo Roksandic

Congratulations to Stevo Roksandic, MBA, MLIS, Director, Mount Carmel Health Sciences Library, who was recently selected to serve a three-year term as a trustee on the Board of OHIONET. OHIONET is a library membership organization of academic, public, school and special libraries in Ohio, West Virginia, and western Pennsylvania. OHIONET offers an array of services to meet the needs of its members, exploring opportunities for pooling resources to address the library and information needs of all Ohio citizens.

Front Desk Lady Retiring

One of Mount Carmel's long-time front desk ladies, Anita Smith, retired recently after 20 years of exceptional service to Mount Carmel College and School of Nursing. We will miss Anita and wish her the best of luck as she begins this new chapter in her life.





MCCN's award-winning nutrition integration team (l-r): Doug Maier, Kathy Blanchard, Colleen Dreifke and Pat McKnight. (unavailable for photo: Greg Avellana)

NUTRITION INTEGRATION AT MCCN WINS NATIONAL AWARD

Program Called Innovative and Unique

The American Dietetic Association Nutrition Educators of Health Professionals (NEHP) Dietetic Practice Group honored MCCN with the 2010 NEHP Excellence in Nutrition Education of Health Professionals Award. Five registered dietitians serve as faculty for MCCN's award-winning nutrition integration program: Pat McKnight, MS, RD, LD, FADA; Kathy Blanchard, MS, RD, LD; Colleen Dreifke, MS, RD, LD; Doug Maier, MS, RD, LD; and Greg Avellana, RD, LD, CDE. Maier recently accepted the award on behalf of the team and MCCN at the American Dietetic Association Annual Conference in Boston.

"Your program for BSN students is innovative. I hope the students realize how fortunate they are!" wrote the

award chairman for this American Dietetic Association practice group.

"The nutrition integration program here at MCCN is unique. I don't know of any other nursing programs that do what we do," said McKnight. "The clinical integration has been ongoing here for more than 40 years, and the classroom integration began before that. We frequently added innovations during that time."

A look at MCCN's course list shows that the term "nutrition" regularly appears throughout course titles and descriptions. A few examples are human nutrition, nutrition assessment, nutrition screening, meeting client's nutrition needs, drug-nutrient interactions, nutrition in pregnancy, for newborns, for adolescents, children, and the older adult; nutrition and diabetes, cancer, heart disease, celiac disease, etc.

Congratulations to MCCN on this national recognition! 🎉

GREETINGS FROM YOUR ALUMNI ASSOCIATION

Dear Alumni,

Listening to the wonderful stories at the banquet, I felt a sense of celebration of our shared bond as Mount Carmel alumni, and as nurses with a common profession and experiences. Nursing truly makes our Alumni Association unique and our connection stronger.

And what a banquet it was! Banquet chair, **Susie Loik Parsons '76**, truly works wonders, managing to provide so much more than a delicious meal—a festive event with countless details, such as procuring tables, chairs, tablecloths, utensils, nametags, food service, photos, tours, printed programs, etc. She does all that and more with just the banquet ticket proceeds, since all other Alumni Association funds are committed to scholarships, loans, and other benefits for our future alumni.

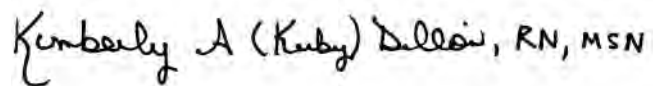
The Mount Carmel Alumni Association extends its sincere gratitude to Parsons and the banquet committee, and to the College for hosting the event. It is special each fall to come home to the Mount.

We invite you to explore the many ways to keep in touch with our alma mater and fellow alums: Facebook, the alumni page at www.mccn.edu, and through your Mount Carmel email.

The Alumni Association is proud to announce the completion of our strategic plan for 2010-12. We will continue to support MCCN students with free finals breakfasts, welcome goodie bags to new students, and mentoring/shadowing opportunities.

On behalf of the Mount Carmel Alumni Association board, heartfelt holiday wishes to you and yours.

Sincerely,



Kimberly Dillon '04
President
Mount Carmel Alumni Association



Kimberly Dillon '04, Mount Carmel Alumni Association president



THE 2010 EXCELLENCE IN NURSING AWARDS

Awardees exceed expectations, exemplify excellence

Congratulations to our five MCCN Excellence in Nursing honorees, among the 90 Mount Carmel nurses and five physicians honored this year. The honorees' collaboration and commitment to nursing has earned them the respect and recognition of their peers and the



Five MCCN faculty were honored this year with an Excellence in Nursing Award (l-r): Kathleen Lennon, PhD, RN, CNS; Tricia Whitney, MSN, RN; Beverly Gish, MS, RN, CNE; Brenda Beyer, MSN, RN; and Ann Waterman, PhD, RN.

distinction of being selected for the sixth annual Excellence in Nursing Awards.

Honorees were chosen from Mount Carmel hospitals, services and Mount Carmel College of Nursing— all excelling in the spirit of care, compassion, leadership and teamwork. ✈

ALUMNA IS NEW MCCN-FMC COORDINATOR

Cheryl Creamer Mace, MSN, MALM, RN, '75 was recently appointed as Coordinator of the College's satellite nursing education program in Lancaster, Ohio: Mount Carmel College of Nursing at Fairfield Medical Center (MCCN-FMC).

Established in fall 2008 as a collaboration among MCCN, FMC, and Ohio University-Lancaster, MCCN-FMC is a four-year baccalaureate program based on the FMC campus, affording students in the area the opportunity to obtain a Mount Carmel nursing education close to home.

"The area is well-served by the MCCN-FMC program. Many of our students plan to stay and practice nursing in the area," says Mace. "I have high hopes for the program, planning to add a maximum of 24 new students per year." The MCCN-FMC program enrollment of freshmen, sophomores, and juniors currently stands at 59.

"Cheryl brings a wealth of nursing education experience and knowledge to our program," says Cynthia Pearsall MSN, RN, Fairfield Medical Center Chief Nursing Officer. "She taught and counseled students here since

the program's inception, plus developed and implemented the college's academic success program. Her energy and dynamic spirit are remarkable assets to the MCCN-FMC program."



"The MCCN-FMC program brings the same Mount Carmel nursing education as offered in our Columbus location to the Lancaster, Ohio, area. The program is in good hands under the leadership of Cheryl Mace, who has served Mount Carmel and our students for many years," says Ann Schiele, PhD, RN, President/Dean.

Mace previously held the position of Coordinator Academic Success Services/Student Development Specialist at MCCN. In addition to her duties as Program Coordinator, Mace continues to teach. The faculty team at MCCN-FMC also includes Mount Carmel alumni: Lee Ann Hanaway Bowers '81, Missy Mohler '97, and Teresa Fuller '97.

For more information about MCCN-FMC, visit www.mccn.edu or call 1-800-225-0581 or 614-234-LIFE. ✈

Past Distinguished Alumnus Recipients

1993	Loretta Ford '39
1994	Margaret Finan Haggerty '64
1995	Carol Solomon Dalglish '62
1996	Regina Sallee Williams '52
1997	Margaret Gray Quillin '55
1998	Kathy Giessler Haley '75
1999	Janet McKee McCleery '58
2000	Jeri Ann Boylan Milstead '57
2002	Gabrielle "Gabi" Lauer Karpowicz '78
2003	Sister Carol Hassey, MM '51 Peg Seelig '74
2004	Mary Ann Pietrangelo Gill '64
2005	Mary Ann Ohler Capulong '75
2006	Juanita Retterer Theile '46 Brenda Schimmoller Ruth '81
2007	Janet Keane Schrinier '62



2008	Barbara Jones Warren '65
2009	Phylis Motz Crook '63
2010	Mary Kay Brandt Sturbois '69

DISTINGUISHED ALUMNUS NOMINATIONS

At each Annual Alumni Banquet, Mount Carmel College of Nursing honors an alumnus for professional and personal excellence, in keeping with the Mount Carmel tradition. There are many graduates of Mount Carmel College of Nursing, School of Nursing, Master's Program, Second Degree Accelerated Program, or the RN-BSN Completion Program, who accomplish great things. Please tell us about the special alumnus you know.

Criteria

- ⊙ Demonstration of exemplary excellence in nursing practice
- ⊙ Ongoing contributions to the nursing profession
- ⊙ Acknowledgment by peers as an advocate
- ⊙ Contributions to the quality of community life
- ⊙ Demonstration of accountability for personal growth
- ⊙ Other outstanding attributes/accomplishments

Procedure

Anyone may nominate by submitting a letter of not more than two pages listing the nominee's educational, professional, and personal accomplishments, explaining why the alumnus deserves to be recognized. Age and year of graduation are not as important as the person's accomplishments. All nominees are notified of nomination and by whom they were nominated. ✉

Deadline

Nominations may be submitted and accepted at any time. For consideration for 2011, the nomination must be received by August 1, 2011. Please send or email nominations to:

Mount Carmel College of Nursing

Attn: Phylis Crook

127 S. Davis Avenue

Columbus, Ohio 43222-1504

pcrook@mchs.com



GOLF EVENT BENEFITS MCCN STUDENTS



Student volunteers make an important contribution to the Golf Invitational

The Mount Carmel Foundation hosted the 16th annual Golf Invitational on July 12, at The Lakes Golf and Country Club in Westerville, Ohio. Funds raised benefit MCCN students, men and women pursuing their dreams of becoming professional registered nurses.

This year's invitational brought in 132 players representing 43 central Ohio business and community organizations and raised \$98,000. The presenting sponsors were AEP, HHA Services, and PNC. Students assisted at the outing and shared their nursing

experience with donors. The proceeds will promote educational opportunities and fund scholarships at MCCN.

"This event generates awareness throughout our community of the College's significant impact on the nursing profession and central Ohio healthcare," said Jan Burkey, MCCN Director of Development.

The invitational will be held again next year at The Lakes Golf and Country Club on July 11. If your business or company is interested in participating, contact Jan Burkey at 614-234-3837 or jburkey@mchs.com. 📧

ALUMNI INVITED TO JOIN RECRUITMENT EFFORT

By Jonathan Francis, Admissions Counselor

Mount Carmel College of Nursing's Office of Admissions instituted the Volunteer Alumni Admissions Program (VAAP) to support the College's effort to expand recruitment initiatives beyond central Ohio.

We recognize that our alumni have a great deal to offer. To give alumni the opportunity to give back to a place they called home not so long ago, alumni are invited to serve as an extension of the Office of Admissions through attendance at college fairs and high school visitations in their area.

Alumni are prepared in advance of attending any event on behalf of MCCN. The Office of Admissions provides training materials: an overview of each BSN program track, admissions deadlines, how prospective students can schedule a college visit, answers to the most frequently asked admissions questions, and procedures for handling a college fair or high school visit.

The Office of Admissions has a complete listing of college fairs in Ohio. Alumni are welcome to contact us to learn of any event(s) in their area. We are happy to make the necessary arrangements for their attendance. Our office can also schedule a high school visit, should alumni wish



to visit a nearby school. Prior to an event, recruitment materials are shipped to alumni at MCCN's expense.

With your insider perspective to the education students receive here, there is no better spokesperson to share with prospective students the advantages and opportunities of earning a Mount Carmel BSN. We truly believe that alumni involvement in the admissions process will have a positive impact on the students they meet, themselves, and most certainly the enrollment here at the College.

Interested in learning about opportunities to attend an event in your area? Please contact the Director of Admissions, Kim Campbell (kcampbell@mchs.com; 614-234-5144), or Admissions Counselor, Jonathan Francis (jdfrancis@mchs.com; 614-234-5419). We look forward to working with you! 📧

MOUNT CARMEL CLASS NOTES

Irma Competti Biancamano ('45) lives in Dover, Ohio, and is widowed. She has four sons, eight grandchildren, and a great-grandson. She served as a cadet nurse in an army hospital during World War II, where she met her husband. She worked in Pittsburgh, Pennsylvania, and Dennison, Ohio. She retired, after 40 years, at age 70 in 1993 from Union Hospital, Dover, Ohio. She is active in Saint Joseph's Traditional Choir, Secular Franciscans, Regina Study Club and Union Hospital Retirees. She is the first Mount Carmel graduate in her family, followed by her sister, **Norma Competti Gurklis ('49)**, and three nieces: **Carol Dalpaiz Hanket ('67)**, **Jan Dalpaiz Burkhart ('70)** and **Karen Dalpaiz Pacht ('74)**. She recalls, as a senior student, "sitting at Sister Hilary's table where, if warranted, she corrected our table manners. Her frequent saying was 'Remember girls, you are from Mount Carmel!'"

Catherine "Kay" Droke Martin ('51) attended OSU's nursing program for one year before transferring to Mount Carmel School of Nursing. She lives in Westerville, Ohio, and has three sons, six grandchildren, and 13 great-grandchildren. She earned her Bachelor of Science in 1979 from Saint Mary of the Woods College in Terre Haute, Indiana. She worked for 40 years in various hospital operating rooms. She was head nurse at Grant Hospital, Columbus, and Director of the Operating Room in Lakewood, Ohio. She ended her nursing career as Director of the Operating Room at Madison County Hospital in London, Ohio, and retired in 1991. She enjoys traveling and has worked at Jo-Ann Fabrics and Crafts™ for 11 years.

Joan Gallagher Hutchison ('55) has been married for 53 years and has two children and two grandchildren. She earned her BA degree from Metro State University in Minneapolis, Minnesota, in 1974. She resided in Denver, Colorado; Columbus, Ohio; Dayton, Ohio; and Indianapolis, Indiana, before moving to Bloomington, Minnesota, 39 years ago. Beyond the USA, her travels include Europe and Canada. She enjoys biking and





swimming. She writes, “Some of the happiest days of my life were as a student at Mount Carmel...also, the best training for life. The devotion of the sisters guiding and preparing us for the future, I’m still grateful for that.”

Barbara Burns Lach ('59) and her husband, Ralph, are long time supporters of Columbus Association of the Performing Arts (CAPA). It was announced at the CAPA Gala in April that the box office at the Ohio Theatre in Columbus be named in their honor for their leadership and philanthropic roles in the community.

Linda Seigwald Behrendt ('60) lives in Worthington, Ohio. She is married and has three children and six grandchildren. Directly after graduating, she lived and worked in Washington, DC. She worked at Tampa General Hospital, Tampa, Florida, before joining the U.S. Air Force Nurse Corps. She was stationed in Minot, North Dakota, and Tachikawa, Japan. She was a school nurse in Stuttgart American High School in Germany. She taught first aid, communicable diseases, and child abuse prevention for the state of Ohio. Before retiring in 2005, she was an acquisitions associate for the Worthington Public Library for nine years.

Shirley Johnson Callahan ('60) lives in Pickerington, Ohio, is married and has six children and 11 grandchildren. Her nursing years were spent in hospital, nursing home, and medical office settings. She is retired and keeps busy helping in the family business, spending time with friends, and attending her grandchildren’s activities.

Mary Frances Silvidi Hamrock ('60) lives in Pittsburgh, Pennsylvania, and is married. She has four children and six grandsons. She worked as a staff nurse in Steubenville and Dayton, Ohio, until 1964. She then worked at home raising her family until 1980, when she took a refresher course and became certified in oncology. She returned to hospital nursing on several

different units, including oncology, radiation oncology, and surgical and medical outpatient care. She retired in 2006. She enjoys traveling, reading, aquatic exercising, and cooking.

Pat Search Hoyt ('60) has lived in Bluffton, South Carolina, since 1988. She is a widow and has three children. She lives with one of her sons and his family that includes three of her grandchildren. She works at Hilton Head Hospital on a combination med-surg and orthopedic unit. Her colleagues celebrated her half-century of nursing on the fiftieth anniversary of her graduation date, August 6, 1960, with a luncheon in her honor. Theresa Williams, Learning Resource Center Assistant at Mount Carmel College of Nursing, sent Pat’s colleagues some photos and news clippings from her student days. A comment was, “I love that her class composite photo includes the school pin. I recognized it right away as Pat wears it every day!” Pat grew up in Kingston, Ohio. She remembers looking up to the nurse who lived next door. Pat says, “She would leave home in her white uniform and her white hose and her white shoes and she looked so spiffy. I thought, ‘Gee that looks neat, I’m going to do that someday.’ And I think I just geared my whole self toward being a nurse.”

Jane Pittenger Miller ('60) lives in Huron, Ohio. She was widowed in 2009 and has a daughter and three stepchildren. In 1963 she earned a BSN from The Ohio State University and in 1984, a Master’s in Science and Education with a focus on Public Health. She worked mainly in the Sandusky, Ohio, area as an instructor of adult med-surg nursing for 23 years in diploma, practical, and AD nursing programs. She also worked in hospice care. She retired in 2001 and enjoys community and church volunteer activities, music, and gardening.

Yvonne Culberson Shaffer ('60) lives in Powell, Ohio. She is married and has five children and eight grandchildren. In 1963 she earned her BSN from The

CLASS NOTES CONTINUED



Ohio State University College of Nursing; her certification in School Nursing from The Ohio State University College of Education in 1984, and in 1991 her MSN from The Ohio State University College of Nursing. Her nursing practice has been largely community based. It took her to Portland, Oregon, City Bureau of Health; Cambridge, Massachusetts, Visiting Nurse Association; and Ohio and Indiana as a Traumatic Injury Rehabilitation Consultant for ConservCo. She was a Clinical Nurse Instructor at Columbus State in Columbus, Ohio, and Central Ohio Technical School in Newark, Ohio. She was also a school nurse for Worthington (Ohio) Public Schools.

Maggie Berger Thiel ('60) lives in Gahanna, Ohio. She retired from Mount Carmel Saint Ann's in 2008. Her seven grandchildren keep her busy. She volunteers one day a week at Nationwide Children's Hospital in the PACU. She writes, "Get this....the volunteer offices are where we lived (Timken Hall) as students on peds affiliation. The rest of the hospital is like a maze—huge. I will always be grateful for my friends and education at The Mount."

Ann Mackin Keelen ('65) lives in Lucas, Texas. She is married and has three children and five grandchildren. She retired in 2006 from Methodist Health System, Dallas Methodist Medical Center, Dallas, Texas, where she worked since 1990. She was Coordinator for Policies and Guidelines, working with doctors, nurses, administrators, and the legal staff to update and maintain the Policy Manuals for the institution, even computerizing them. In 2004 she was a recipient of the "100 Great Nurses" award given annually by the Dallas-Fort Worth Hospital Council to 100 nurses nominated and selected by their peers to receive the award. She teaches and plays bridge. She also loves to sew. She has many Mount Carmel memories and

mentioned working "student service" on weekends with Mrs. (**Juanita Stuckey '25**) Mog on 8 south (Saint Mary's) where "I found out what it meant to have eight or nine patients and 'get it all done.' She was a wonderful teacher and a great head nurse."

Carol Laucher Crum ('65) has been married for 47 years and lives in Marion, Ohio. She has three daughters, seven grandchildren, and two great-grandchildren. She plans to retire at the end of this year. She worked in home health and nursing homes and taught LPN, NA, and RN classes. She writes, "Who would have thought a school would have to give a couple permission to get married? I was scared they wouldn't okay it, but thankfully they did! I loved the whole Mount Carmel experience and am thankful for all those I met as a result of it."

Nancy Payne Anders ('70) lives in Lancaster, Ohio. She currently works in the case management department of Fairfield Medical Center. She worked in several different nursing capacities the 38 years she has been there.

Nancy Gilroy DeVore ('70) lives in Shelby Township, Michigan, is married and has two children and two grandsons. She completed her BSN at University of Detroit. She has a post baccalaureate certificate in nursing education and CCRN and CNRN certifications. She works as an educator for critical care at Beaumont Hospital in Royal Oak, Michigan.

Barb Riedy Weaver ('70) lives in Huntington Beach, California. Since 2002 she has worked full time at Fountain Valley Hospital on a medical telemetry floor. She writes, "I had not worked as a RN for 15 years so as you can imagine it was very challenging in the beginning, but I am so glad I did it. It has been so rewarding for me."

Lynn Kifer Weisman ('70) lives in Powell, Ohio, and is married. She retired from Mount Carmel Health System in 2004, after 30 years, primarily in the ED. She still teaches ACLS and BLS for the system. She is currently employed by





Central Ohio Trauma System as a Process Improvement Coordinator.

Lois Pojman Welch ('70) lives in Toledo, Ohio, and is married. She has six children and nine grandchildren. She worked in a psychiatric unit in Cleveland, Ohio; med surg in Detroit, Michigan; ER in Toledo, Ohio; a doctor's office and in home healthcare. She has been retired for 15 years. She is dedicated to volunteering for Heartbeat of Toledo, a pregnancy support center. She is soon to be trained in limited ultrasound for this organization. Her many memories of Mount Carmel include "exploring roof tops, leaving 'gifts' in the hand of the Mary statue, basketball games (with only three dribbles allowed!), and the nightly senior ceremony of crossing off another day, among many others." She adds, "We left Mount Carmel as capable, confident and compassionate nurses and women. You have all left a handprint on my heart."

Janis Tipton Ames ('71) lives in Paducah, Kentucky, is married and has three children and four grandchildren. She has been a public health nurse for 21 years. Prior to that, she did mainly psychiatric nursing.

Michele Uhl Born ('75) lives in Cincinnati and is married. Her blended family includes four children and her grandchild count will soon number four. She received her BSN from Northern Kentucky University. She is a Licensed Massage Therapist. Her nursing practice includes being an integrative practitioner of Craniosacral Therapy and Healing Touch in a private holistic nursing practice, as well as hospice nursing. She is a certified hospice palliative care nurse and has done this work for 20 years. For the past three years she has been a parish nurse. She hopes to devote more time to that endeavor when she retires from hospice nursing. She serves as a member at large on the Mount Carmel Alumni Association Board. Her hobbies are

flower and vegetable gardening; bike riding and walking; and studying holistic health and nutrition. One of her memories from the Mount is roller skating up and down the fifth floor of the dorm in Mount Carmel Hall late one night. "We were stressed and needed an outlet, and we met Father O'Rourke as the elevator door opened. There he stood in his pajamas, glaring at me with my skates on and said in his deep voice, 'Stop making the incessant noise.' He was a man of few words, but what he said was powerful."

Beth (Blanche E.) Campbell Foster ('75) lives in Reynoldsburg, Ohio, and is married. She has a son, two stepdaughters and two granddaughters. She began her home health career in 1989. For the last three years she's been the regulatory specialist for the Ohio Council for Home Care and Hospice, working with over 500 home health and hospice agencies throughout the state. She keeps the agencies updated on state and federal rules and regulations and advocates for the agencies at both levels. She has shared her advocacy experiences with health policy classes at Mount Carmel College of Nursing. In 2001 she graduated from Ohio Dominican College with a BA in Health Care Administration and received the Outstanding Senior Award in her major. She is Six Sigma Black Belt and a certified professional in Health Care Quality.

Alyson Camfield Evans ('07 and '10) lives in Gahanna, Ohio. She has successfully completed her Adult Health CN exam.

Ashley Moore Turner ('07) lives in Pataskala, Ohio, is married and has a brand new baby daughter. Ashley is a member of the Mount Carmel Alumni Association Board.

*We love hearing your news! Please send your submission to Class Notes to Alumni Coordinator, **Phylis Motz Crook '63** (contact info on page 1).* ✉

THANK YOU FOR GIVING THE GIFT OF NURSING EDUCATION



Every year, many devoted individuals and organizations make a valued contribution to the mission of Mount Carmel College of Nursing. In many cases, those contributions are financial and help fund scholarships and educational resources for the College. To honor these contributors, the following Annual Giving Societies have been created. Each recognizes individuals and organizations that have given \$100 or more to the College during the fiscal year. The following gifts were contributed between July 1, 2009 and June 30, 2010.

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WE REMEMBER

Sister M. Jean Louise (Molly) Forkin, CSC

Sister Jean Louise died on October 5, 2010, in Anne Arundel Medical Center in Annapolis, Maryland. She served for seven years on the Mount Carmel College of Nursing Board of Trustees. Her commitment included traveling from out of town to the College for meetings.

Comments from CSC about Sister Jean Louise describe her as gregarious and fun-loving, enjoying life while spreading joy to those around her. Her 45 years of service in hospital and elder care ministries were spent at an administrative level and she adapted well to the various challenges leadership demanded of her. She had a remarkable ability to see the “whole picture” and plan for its implementation. Her faith sustained her in the goals she set and gave her inner strength.

The young military personnel at Annapolis benefited from her catechetical skills, her openness to be asked the “difficult” questions, and her calm reassurance in the face of their hesitancy and doubt. Her humor and obvious joy in her own religious commitment were more powerful than any lesson she taught.

For a lovely tribute to our fellow alum, Sister Jean Louise, please visit the CSC website at www.cscsisters.org and click on “Sisters’ Mementos.” ✨



IN MEMORIAM



Mount Carmel College of Nursing and alumni honor the following graduates who have passed away and extend our sympathy to their family and friends.

Elaine Bangert Lauer — Class of 1944

Ella Botkin Briggs — Class of 1946

Mary Elizabeth Scallan Cannon — Class of 1947

Sister Anne Miriam, CSC — Class of 1947

Ruth Kreuz McCoy — Class of 1950

Marilyn Nester — Class of 1954
(Aunt of Mary Hinterschied Sorenson '74,
Kathleen Hinterschied Skubak '76,
Regina Ghiloni Hinterschied '76, and
Theresa Hinterschied Kasson '85)

Dian Warren Partlow — Class of 1954

Shirley Midgley Richardson — Class of 1956

Jane Connolly — Class of 1958

Sister Jean Louise (Molly) Forkin, CSC —
Class of 1959

Susan Young Strohbach — Class of 1965

Monica Harrison Carfrey — Class of 1999

We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

Husband of Margie Morgan Stump ('57)

Sister of Mary Jo Kiener Leonard ('59)

Mother of Mary Ann Filicia Ahl ('62)

Husband of Roberta Charleton Dickover ('62)

Father of Peg Smeltzer Gulker ('80, '01 and '06)

Father of Pam Hockenbery ('98)

Son of Marianne Rehkop ('10)

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Pictured on front cover: (left to right): Kim Greene, MS, FNP-BC; Catherine Johnson, PhD, FNP-BC, PNP-BC (with patient in the background); and Ann Schiele, PhD, RN, President/Dean

CALENDAR OF EVENTS

COLLEGE CALENDAR

- | Jan 3
Spring semester begins
Second Degree Accelerated Program V begins
- | Jan 28
Second Degree Accelerated Program IV completion
- | Mar 1-6
Spring break
- | Mar 20-22
Phone-a-thon

ALUMNI ASSOCIATION HAPPENINGS

- | Feb 15 2011
Tampa, Florida Alumni Luncheon
- | Feb 22 2011
Fort Myers/Naples, Florida Luncheon
- | Oct 8 2011
Alumni Association Banquet Luncheon