



**THE STUDENT NURSE'S ASSOCIATION
AT MOUNT CARMEL SUPPORTS YOU**

WE ARE ALL IN THIS TOGETHER

We understand that you may be feeling overwhelmed during this difficult time. Remember that your classmates and professors are going through the same thing. Rely on each other and help each other while maintaining social distancing. Together we can get through this.

**IF YOU ARE FEELING DOWN OR
SIMPLY WANT TO TALK TO
SOMEONE**

MCCN has made Mental Health
Counseling available to you
remotely. Call 614-234-4752
or counselor@mccn.edu



MOUNT CARMEL

College of Nursing

STAY SAFE

Follow CDC guidelines to protect yourself. Remember to wash your hands with soap and water. The World Health Organization recommends maintain at least 3 ft distance between you and others.

STAY INFORMED

For more information on COVID-19, visit [CDC.gov](https://www.cdc.gov) or [WHO.int](https://www.who.int)