

# carmel the Rapper

OCTOBER 24 2011

MCCN news & information



MOUNT CARMEL  
College of Nursing

## MCCN Master of Science in Nursing Administration: Preparing Nurses as Equal Partners in Healthcare



Jane Dickson MS, RN  
Director of Emergency Services, MCW

**Forward looking and committed to meeting client needs**, as well as to enhancing the stature of the nursing profession, MCCN's Master of Science in Nursing Administration produces nurses prepared to understand and analyze healthcare industry practices and advocate for patients, families, communities and nurses within the context of industry practices.

"If nursing is going to be heard at the table, we need nurses proficient in analyzing the external healthcare environment, identifying gaps in healthcare and market opportunities, and prepared to provide leadership in an organization's response to these challenges," said **Kathy Sommers, EdD, MBA, RN**, Assistant Professor in the program.

"I don't think we can allow other professions to make decisions for the nursing practice. Nursing needs to be represented at the table. Nursing needs to present our profession as an equal partner in healthcare, through a well-prepared nursing administrator," said Dr. Sommers.

The Master's in Nursing Administration track is a blend of leadership, the unique decision making in nursing, and business practices. The curriculum includes Organizational Behavior, Leadership, Economics of Health Care, Finance in Health Care, and Health Care

*continued on page 2...*

## Dates to Remember

October 24	SNAM meeting
	SP-12 registration information available
	Free flu shot clinic
October 31	<b>October Fest</b>
	SP-12 registration begins
	Free flu shot clinic
November 7	Community Service Club meeting
November 10	Rho Omicron Induction
November 11	Last day to drop a FA-11 semester course
November 23	Last day to drop a FA-11 Term 2 course
November 24-25	<b>Thanksgiving (holiday)</b>
November 28	SNAM meeting
December 9	Term 2 and semester classes end
December 12	Term 2 nursing clinical final exams
December 12-16	Final exams
December 17-January 3	<b>Holiday break</b>

## Graduation Applications Now Past Due!

Graduation applications were distributed the week of September 5 to student mailboxes on the main campus and emailed to MCCN-FMC students. Applications are also available on CARMELink (Student tab → Student Forms or Student tab → Records & Registration).

The deadline to submit graduation applications was **Friday, September 23**. Applications must be on file in order to begin the graduation process. If you expect to complete degree requirements during the 2011-2012 academic year, please submit your application NOW. The graduation fee will be charged to your student account in the semester you graduate.

Pre-licensure students who wish to verify completion of degree requirements may schedule an appointment to update their degree audits. Contact **Karen Greene** (614-234-5685) to schedule an appointment. RN-BSN and MS students may contact **Kip Sexton** (614-234-5169) for verification of degree completion requirements.

## MCCN Master of Science in Nursing Administration: Preparing Nurses as Equal Partners in Healthcare *cont'd*



**Tara Williams, RN, MS**  
Director Medical/Surgical Division  
Mount Carmel East Hospital

Environments. It culminates with a six-month/150-hour administrative internship to be completed with a master's prepared healthcare administrator.

Examples of internships completed by graduates: the development of a "hub and spoke" stroke care system for central Ohio; disaster planning for long-term care facilities; reorganization of a breast milk bank center; implementing relationship-based care in a community hospital; and instituting electronic record-keeping in a community health care center. The internship includes the preparation of a business plan and an Executive Summary of the Project Outcomes.

The program is aligned with the American Organization of Nurse Executives (AONE) competencies, allowing students upon the completion of our 34-hour program to sit for the Nurse Executive Certification Exam.

The first five students graduated from the Nurse Administration track in May and all are currently holding a management or administrative position in healthcare. Currently, there are 28 actively enrolled students in the Nursing Administration track.

***Three May 2011 grads reflect on the program and its significant impact on their professional lives.***

### **Jane Dickson MS, RN, Director of Emergency Services, MCW**

Commencement last May marked Jane Dickson's third graduation from a Mount Carmel nursing education program. She graduated from the School of Nursing in 1973 and from the RN-BSN Completion program in 2008. After Dickson completed the BSN, she applied for the director position in the Mount Carmel West Emergency Department, where she had worked as trauma nurse clinician, clinical manager, and unit director.

"The expectation from the CNO at that time was to have your master's, so I enrolled and graduated in May 2011. My goal was to absorb as much knowledge as I could to enhance my profession and to be a continual learner and leader," said Dickson.

"The program helps you explore the external factors of the environment that contribute to healthcare. You get reintroduced to nursing theory, finance, and additional concepts in leadership and management pertaining to the business aspect of the profession," she added.

Dickson's experience in the master's program was more of a collegial learning relationship with the professors and peers. She developed new friends from other healthcare organizations in Central Ohio and they all learned from each other.

# MCCN Master of Science in Nursing Administration: Preparing Nurses as Equal Partners in Healthcare *cont'd*

"My internship was very inspirational to me. I worked with the Central Ohio Trauma System to develop Shelter in Place and evacuation plans for long-term care facilities," Dickson said, citing the film, "Surviving the Storm"(aftermaths of Katrina), as eye-opening in its portrayal of how these facilities were not prepared.

"As we worked with long-term care communities, it was evident that this fast-growing population is very vulnerable and unprepared. As we finished working with these centers, it was gratifying to know that we had given them the tools to prepare for potential disasters."

## **Tara Williams, RN, MS, Director Medical/Surgical Division Mount Carmel East Hospital**

Tara Williams earned her baccalaureate degree at MCCN. "At the time I entered the Nursing Administration track, I was a nurse manager of a busy unit at Mount Carmel East. I made the decision to return to school because I loved what I did and I wanted to gain more skills and knowledge to make me a better leader," said Williams.

Williams commented that the program is based on the AONE (American Organization of Nurse Executives) Nurse Executive Competencies, which include Leadership, Business Skills and Principles, Knowledge of the Health Care Environment, Professionalism, and Communication and Relationship Management.

"Mastery of these skills is an essential part of being a successful leader. The program built upon my prior knowledge of leadership, while teaching me new skills. The program taught me to think strategically about my role as a nursing leader. I use the AONE skills I learned daily. In November of 2009 I moved into my new role as Director Medical/Surgical Division."

Williams' project at the Grant Hospital Breast Milk Bank was a challenge because she had always practiced nursing in acute care and always in the Mount Carmel Health System. She was assigned to create a strategic business plan for a program that she knew nothing about in an organization where she didn't know anyone but her preceptor.

"This was a blessing in disguise for me. It forced me to come out of my comfort zone and use the skills and knowledge that I had gained in the program to create change. It also helped me form networking relationships," Williams said.

"I was able to use all of the AONE Nurse Executive Competencies to create a three phase business proposal that was approved by the organization. The next challenge was to build relationships so the plan would progress. I am happy to share that the plan was being implemented when I left my experience."

## **Kim Kinney, MS, RN, Director of Radiology and Endoscopy Riverside Methodist Hospital**

Kim Kinney's goal in entering the program was to advance professionally in nursing administration within the Ohio Health System, increase of her knowledge base, and promotion to a director role.

"I was promoted just before graduation to Director of Radiology and Endoscopy at Riverside Methodist Hospital, where I was previously in a Nurse Manager role," said Kinney. "This program allowed me the opportunity to network with others and build relationships with administrators in healthcare systems across the city."

*continued on page 4...*

# Are You Taking a Course Elsewhere?

Any student taking a class at one of our affiliated institutions (Columbus State Community College or The Ohio State University) is required to submit a copy of his/her Quarter course schedule to the MCCN Records and Registration Office (Marian Hall, Room 2C01). **The deadline for Fall was Friday, August 19; the deadline for Winter is January 6.**

**Students must also notify MCCN Records and Registration when they drop or withdraw from an affiliated course. We have found this notification to MCCN frequently is not happening. Remember ... you need to keep MCCN updated on your affiliated status!**

All students must submit their CSCC or OSU course schedules to MCCN Records and Registration every quarter they take classes. Students who neglect to fulfill this responsibility will find that their credit hours at CSCC or OSU may not count toward calculation of total credit hour load.

Financial aid awards are based on total registered credit hours. Delinquent students may find themselves at less than full-time hours for financial aid calculation.

**IF YOU ARE TAKING AN AFFILIATED COURSE OR HAVE WITHDRAWN FROM AN AFFILIATED COURSE AND HAVE NOT ALREADY NOTIFIED RECORDS AND REGISTRATION, PLEASE DO SO IMMEDIATELY.**

## Students at Ohio University Lancaster

Students enrolled as freshmen in the MCCN-FMC program and taking classes at Ohio University Lancaster (OU-L) are also required to submit a copy of their Quarter course schedules to the MCCN Records and Registration Office (Marian Hall, Room 2C01.) **The deadline for Fall was Friday, September 9; the deadline for Winter is January 6.**

All MCCN-FMC students must submit OU-L course schedules to MCCN Records and Registration every quarter they take classes at OU-L.

**FMC program students must also notify MCCN Records and Registration when they drop or withdraw from an affiliated course. We have found this notification to MCCN frequently is not happening. Remember ... you need to keep MCCN updated on your affiliated status!**

The Master of Science in Nursing Administration track is designed for the RN who wishes to assume administrative and managerial roles. The curriculum offers 34 semester credits of education in preparation for the role of administrator.

Applications for the Nursing Administration track are accepted all three semesters per year and admission takes place in Spring (January), Summer (May), or Fall (August). All application materials must be submitted at least six weeks prior to the beginning of classes.

Requirements for admission into the Nursing Administration track: BSN from an NLNAC or CCNE accredited nursing program and a 3.0 cumulative GPA is recommended. The applicant must have an unconditional Ohio RN license.

For additional information, contact **Kip Sexton** at [ksexton@mccn.edu](mailto:ksexton@mccn.edu) or check [www.mccn.edu](http://www.mccn.edu), click on Academics and follow the links to the various Masters tracks.

## ATI Comprehensive Review for NCLEX Preparation

Beginning with the 2011-2012 academic year, students graduating from the traditional pre-licensure nursing program are required to attend an ATI Comprehensive Review for NCLEX Preparation. Students on track to graduate from the traditional pre-licensure program are assessed a \$250 senior year fee that enrolls them in the ATI Comprehensive NCLEX Review arranged by the College.

The onsite review is offered in May the week following graduation for May and July graduates. The onsite format consists of a three-day comprehensive in-class review.

October, December, and March graduates are offered an onsite review session if there is a minimum of 25 students in attendance. If there are fewer than 25 students, graduates will enroll in the comprehensive review in a self-paced online format with an individually assigned ATI course instructor. Second Degree Accelerated students will receive information from their Program Coordinators about the ATI review session.

## Library Hours

<b>Monday - Thursday</b>	8 a.m. – 9 p.m.
<b>Friday</b>	8 a.m. – 5 p.m.
<b>Saturday</b>	8:30 a.m. – 12:30 p.m.
<b>Sunday</b>	Closed

Professional reference staff is available Monday – Friday, 8 a. m. – 5 p. m. If you need professional help or assistance during late evening and Saturday opening hours, librarians will be available upon your request, primarily through scheduling time using the *Signing for Instruction* form on the library website at least 48 hours in advance, or by contacting a librarian in person.

## Catholic Mass Schedule at Mount Carmel West Chapel

Sunday at 4 p.m.  
Monday and Wednesday at noon

## New Community Service Club at MCCN

From **Paige Myers**



Officers of the newly organized Community Service Club (l-r): **Paige Myers**, Secretary of Public Relations; **Anne Turville**, Recording Secretary; **Maura Logan**, Vice President; and **Mandy Osa-Attah**, President.

photo courtesy of Colleen Cipriani

**The Community Service Club** was established because students at Mount Carmel have a passion to serve our community. On September 26, Mount Carmel's new Community Service Club elected officers to get the ball rolling. The club is currently running with 64 members and growing.

We are planning to volunteer at the Holy Family Soup Kitchen on October 18 and 20 and at the Mid-Ohio Food Bank on October 28. Our next meeting will be November 7 at noon in CLE 310. New members are always welcome! We are looking forward to the many events to come. If you would like to share your ideas, please email **Maura Logan** at [mlogan@mccn.edu](mailto:mlogan@mccn.edu).

**Next Meeting on November 7, Noon, CLE 310**

### OFFICERS FOR THE 2011-2012 SCHOOL YEAR

*President:* **Mandy Osa-Attah**

*Vice President:* **Maura Logan**

*Recording Secretary:* **Anne Turville**

*Secretary of Public Relations:* **Paige Myers**

*Advisor:* **Colleen Cipriani**

## MCCN Master of Science in Nursing Administration: Preparing Nurses as Equal Partners in Healthcare *cont'd*

Kinney believes that the curriculum increased her knowledge about finance, research, healthcare environments, healthcare reform, safety and quality, as well as assisted in her preparation to take the certification exam for Nurse Executive (AACN) in winter 2012.

Kinney's Nursing Administration internship project was to develop the "Hub and Spoke" system at Ohio Health for stroke care within the region. "The internship was the most beneficial component of the program for me as I was able to work alongside a nurse who is a senior leader with more than 30 years experience in healthcare administration."

Kinney was also able to build relationships with other senior leaders and administrators within her organization which proved beneficial in her professional growth, and allowed them to get to know her, which would not have occurred otherwise. "This opportunity allowed me to increase my knowledge of the inner workings of the organization and improve my understanding of accountabilities, culture, strategic planning, etc. for the organization as well as my current role."

"MCCN is fortunate to have Dr. Sommers — she is the glue that holds the Nursing Administration track together," concluded Kinney.

# MCCN-FMC Senior's Heartfelt Story Demonstrates the Value of Patient Education



photos courtesy of Anita Mitchell.

**Anita Mitchell**, MCCN-FMC senior and a child survivor of congenital heart disease, participated in the October 2 Congenital Heart Walk, which raised funds to meet the needs of both the newly diagnosed and long-term survivors of congenital heart defects.

**Anita Mitchell**, senior at MCCN-FMC and born with a congenital heart defect, Tetralogy of Fallot (TOF), had open heart surgery at Children's Hospital at age six. At that time and throughout childhood, doctors told Mitchell's parents she was "fixed" and would have a normal life. Mitchell saw a pediatric cardiologist at Children's every year until she was 18 and then consulted with an adult cardiologist. At 23 and five months pregnant with her second child, Mitchell was told by her adult cardiologist that no additional follow-up was needed.

Nearly two million children and adults in the United States live with a congenital heart defect (CHD). Each year approximately 40,000 babies are born with a CHD, the country's number one birth defect. At least 10% of all congenital heart defects are first found in adulthood. Thanks to increases in survival rates, the number of adults living with a CHD rises by 5% a year and adults with CHDs are living longer, fuller lives than ever before.

In 2005 when Mitchell was 42 years old, it was her son's sports physical revealing he had some extra heartbeats that led to her own surprising diagnosis. When her son saw a cardiologist at Children's Hospital, a nurse practitioner asked if anyone in the family had heart problems.

"The focus of the family history now shifted to me and questions about my last exam, symptoms, or problems," said Mitchell. "I was informed of new research that showed patients with this type of CHD were experiencing an increase of sudden death about 20 years after their initial procedures. I was now 36 years post-op."

Mitchell and her son were immediately scheduled for cardiac MRIs at OSU. "I remember getting the call just two days before Christmas that Ryan's MRI was fine. I was so relieved and I wished them a 'Happy Holiday.' They responded that my MRI was not and I needed to have valve replacement surgery!"

**Nearly two million children and adults in the United States live with a congenital heart defect (CHD).**

## Community Service

*Social Responsibility* is one of the "Core Values" contained in the mission of Mount Carmel College of Nursing. In accordance with the College's *Mission and Catholic Identity*, the Community Service requirement for nursing students includes the application of one's skills and time to meet identified community needs of vulnerable and at-risk populations.

This activity leads to learning and development through active participation in thoughtfully organized service that:

- is conducted in and meets the needs of the community
- involves reflection and analysis of the experience
- promotes the development of leadership skills, citizen skills, and social responsibility

Pre-licensure students are required to complete 20 clock hours of community service prior to the beginning of the last semester of enrollment (RNs enrolled in the BSN Completion Program and SDAP students must satisfactorily complete 10 clock hours).

Pre-licensure students who do not meet the deadline will be required to complete an additional 10 clock hours (for a total of 30 hours) in order to meet the graduation requirement. RN-BSN and SDAP students who do not meet the deadline will be required to complete an additional 5 clock hours (for a total of 15 hours) in order to meet the graduation requirement.

Any student who does not meet the requirement by the policy deadline may participate in Commencement activities but will not receive a diploma or be eligible for NCLEX-RN testing until this requirement is met.

Additional details regarding the Community Service Learning Program can be found in the *Student Handbook*.

## Degree Audits

Pre-licensure students who want to verify current completion of program requirements may schedule an appointment to review their degree audits. Contact Records and Registration (614-234-3870) or **Karen Greene** (614-234-5685) to schedule an appointment.

Students finishing the **onsite** RN-BSN Completion Program and Master's students should contact **Kip Sexton** (614-234-5169) with questions about degree audits.

## Withdrawal Policy Reminder

Please be aware of the MCCN course withdrawal Policy (2011-2012 Student Handbook, p. 48).

For the purposes of this policy, there are two types of courses: non-nursing courses and nursing courses. Nursing courses include all courses with a prefix of NURS (with the exception of nursing seminars). Non-nursing courses include all other courses taken in the academic program (including nursing seminars).

After the course start date, a student must first notify the course instructor and obtain his/her signature prior to submitting an Add/Drop Form to the Office of Records and Registration. Submission of the form to Records and Registration is required for official withdrawal from a course. Non-attendance in a course after the withdrawal deadline is considered being absent from the course. Failure to submit a faculty-signed Add/Drop Form will result in a grade being assigned at the conclusion of the course. All course withdrawals are subject to the "Refund Policy" section of the *Student Handbook*.

- A student may withdraw from any course by the end of week 1 and the course will not appear on the transcript.
- A student may withdraw, without academic penalty, from a 16-week semester course by the end of week 12 of the course. A grade of "W" will be posted to the student's academic transcript.
- A student may withdraw, without academic penalty, from an 8-week term course by the end of week 6 of the course. A grade of "W" will be posted to the student's academic transcript.
- A student may not withdraw from any course after week 12 of a 16-week semester course or week 6 of an 8-week term course.
- Summer courses operating on a modified schedule will follow deadlines equivalent to the proportional requirements stated above.
- A student may withdraw from only one nursing course during the program of study.
- A student may withdraw from a total of two different non-nursing courses during the program of study.
- A student who is retaking a course from which he/she has previously withdrawn may not withdraw from that course a second time; a course grade will be assigned at the conclusion of the retake.
- Withdrawing from a course does not force the student to also withdraw from a co-requisite course.

## MCCN-FMC Senior's Heartfelt Story Demonstrates the Value of Patient Education *cont'd*



**Anita Mitchell and the Saf-T-Saurus from Children's Hospital.**

In March 2006 Mitchell's pulmonary valve was replaced, and Mitchell has been active in helping get the word out ever since. The experience also affected Mitchell's decision to enter the nursing profession.

"As an adult patient I was terrified. I felt I knew so little about my condition, because my parents made all the decisions the first time around. I encountered many nurses — some were amazing and really helped to ease the stress of the ordeal," recalled Mitchell.

"I know there are no guarantees in life. But when all your life you hear that 'you're fixed' and then suddenly 'you're broken,' it's a huge emotional blow. The nurses were compassionate and patient in helping me work through those issues."

With her own personal experience in mind, Mitchell now provides support to patients who are dealing with the life changing news that they aren't "fixed" and are in need of additional surgery. "I also recently became an accredited visitor of The Mended Hearts of Central Ohio, Chapter #371 to visit cardiac patients and listen."

Mitchell is interested in rehab nursing for cardiac and stroke patients, because "being a positive force in someone's life so they can get back to living is so rewarding," Mitchell said. "I've met really great people on this journey. My commitment to the CHD cause is to provide support to those dealing with a similar situation, to listen, and be available to them on their journey."

To read more about Mitchell's story, go to the Nationwide Children's Hospital website at <http://www.nationwidechildrens.org/congenital-heart-patient-stories>.



**From l-r: Staci James, ACHD survivor and nurse at Nationwide Children's Hospital and co-chair of the 2011 walk, Anita Mitchell, Susan Canale, walker, and Gina Baljak, walker and nursing student at Columbus State.**

# MCCN Spirit Shop Online!

Campus Store tees and fleece jackets are now available through [www.spiritshop.mccn.edu](http://www.spiritshop.mccn.edu). Look under the Special Sale tab.

Our online campus web store offers a multitude of styles and colors to pair with your choice of logos. Shop online for your own MCCN logo-wear or send the link to friends and family for holiday gift shopping!



## Student Volunteers Needed

### Mount Carmel Disaster Drill Full Scale Exercise

- When:** November 3, 2011, from 7 or 8 a.m. (you may choose either) to 1:30 p.m.
- Where:** Mount Carmel West and Mount Carmel New Albany
- Who:** Student nurses needed to play victims
- Why:** This is a great opportunity to see the Emergency Room and other areas of the hospital respond to a disaster. Volunteer "actors" are important players in this exercise and are needed to portray accident victims and worried family members. Many of you will need to be moulaged (made to look as if you have serious injuries) and will need to act as though you are experiencing those injuries.
- How:** Sign up, indicating which hospital you would prefer, by contacting Robin Martin, Preparedness Program Manager, Paratus Solutions, [rmartin@paratussolutions.org](mailto:rmartin@paratussolutions.org), 614-360-2426 ext. 108.

## October Fest

Monday, October 31  
11:30 a.m. – 2:30 p.m.  
in the gym

FREE Burrito Bar!  
Costume Contest\* - prizes!  
Games!  
Much More!

\*Costumes can not be worn near or in the hospital!



Show  
Your *Spirit!*

The *Carmel Rapper* is provided bi-weekly by Mount Carmel College of Nursing with the assistance of Mount Carmel's Creative Services and Printing Departments.

Managing Editor:  
**Robin Hutchinson Bell**

Editor:  
**Elaine Kehoe**

Photographer:  
**Chris Steel**

Layout:  
**Carol Stokes**

Deadline for information is every other Monday at noon.

For information or to comment, contact Robin Hutchinson Bell at 614-234-1372 or [rhutchinsonbell@mccn.edu](mailto:rhutchinsonbell@mccn.edu).

# Student Health *News*

By **Kathy Walters MS, RNC, NNP-BC**, Assistant Professor/  
Student Health Nurse

Flu season will soon be here. Let's keep our campus healthy! Mount Carmel College of Nursing students can receive a **FREE** flu shot here at the college. Flu shot clinics will be held on October 24 and October 31, noon – 2 p.m. in the Wilson Room. Dr. Ann Schiele has made it **mandatory** for all MCCN students to receive a flu shot. If you choose to get a flu shot somewhere else, please make a copy of your documentation and submit it to **Kathy Walters**, Student Health Nurse.



## Remember:

### October 24, 2011

Noon – 2 p.m., free flu shots in the Wilson Room

### October 31, 2011

Noon – 2 p.m., free flu shots in the Wilson Room

### **Kathy Walters MS, RNC, NNP-BC**

Assistant Professor/Student Health Nurse  
Mount Carmel College of Nursing  
614-234-5408  
kwalters@mccn.edu

## Mount Carmel Alumni Hold Annual Homecoming Reunion

The Mount Carmel Alumni Association recently held the Annual Homecoming Reunion here at the College. The reunion brought alumni from all over the country back home to “the mount” for a luncheon, tours, networking, and recognition of Distinguished Alumnus, **Suzanne Belknap Martin, JD, RN**, from the class of 1966.

There were more than 100 alumni in attendance, as well as additional guests. MCCN student ambassadors helped with registration, welcoming, sales of memorabilia, conducting tours, and selling raffle tickets. Three of the eleven senior students who received Alumni Association scholarships spoke briefly to the group.

The Mount Carmel Alumni Association is committed to benefitting future alumni — current Mount Carmel nursing students. The association's projects reflect that goal:

- Providing welcome bags to incoming students during orientation
- Offering free breakfasts to students during finals
- Providing funds for the Senior 50 Day Countdown Dinner
- Helping to stock the student food pantry
- Providing scholarships and loans to assist students with their education

At Convocation 2011, the Alumni Association awarded a total of \$22,000 in scholarships (eleven senior students received scholarships of \$2,000 each)

The mission of the Mount Carmel Alumni Association is to foster and strengthen lifelong relationships among alumni and students, and to support and promote the future of nursing.

FIRST ALERTED.  
FIRST INFORMED.

CRISIS PULL

STORMY WEATHER AHEAD

THE MCCN COMMUNICATIONS ALERT SYSTEM

## SIGN-UP TODAY!

By signing up for our Mount Carmel Communications Alert System you can be alerted and informed in times of crisis, disaster and weather situations.

Faculty, staff and students may self-register for the system by using an on-site MCCN computer. Launch Internet Explorer and enter URL <http://mccnalert.mccn.int> and simply follow the prompts. Be sure to do the self-test that is part of the self-register process to confirm that the registration has taken place.

The alert system messages are TEXT ONLY and can be sent to cell phones, pagers, personal computers or other electronic message devices. There are no limits to the number of devices that can be listed.

You must register in order to be contacted and check the box to agree to assume any charges for alert system messages. Once registered you must update any changes to listed devices, such as new phone numbers.

If you have questions about the new system, please contact Robin Hutchinson-Bell in College Relations at 234-1372 or [rhutchinsonbell@mccn.edu](mailto:rhutchinsonbell@mccn.edu)





# SNAM\* News

\*Student Nurses Association  
at Mount Carmel

## SNAM Meeting

Today at noon in the lounge      Speaker: Neuro ICU Nurse

## SNAM Calendar of Events

October 27-30	NSNA Midyear Conference in Memphis, TN	
November 21	Books & Buckeyes Sale	8 a.m.-12 noon in the college lobby
November 28	SNAM Meeting	12 noon in the lounge
January 23	SNAM Meeting	12 noon
March 26	SNAM Meeting	12 noon
April 23	SNAM Meeting	12 noon

## Volunteer at the Mid-Ohio Food Bank

SNAM has linked with the Mid-Ohio food bank to get students involved and help out the local community. The easiest way for students to get involved is to see what shifts work best for their schedule by checking out the Food Bank registration website at [www.mofb.volunteerhub.com](http://www.mofb.volunteerhub.com). The website will only show available shifts. If you don't see a certain day or time, it's because it's already been filled.

The first, second, and third Thursdays of the month are "student nights," for any high school or college student volunteers. The shifts are 4-6 p.m. The Food Bank tracks community service hours throughout the entire school year and create a document that you can turn in. If anyone would prefer to register over the phone or through email, contact the Food Bank at [volunteers@midohiofoodbank.org](mailto:volunteers@midohiofoodbank.org) or 614-317-9703.

## SNAM Officers 2011-12

President:  
Kayla Munk

Vice President:  
Brooke Waddell

Secretary:  
Stephanie Binkley

Treasurer:  
Renee Dicke

Membership Director:  
Stephanie Reinschild

BTN Director:  
Cody Toney

Community Health Director:  
Katie Baker

## Central Ohio Clinical Nurse Specialist Association (COCNSA) Meeting

Wednesday, October 26, 6 – 7 p.m.,  
in the lounge

**Tales from the Pager Chronicles:  
Readings from the Bedside**

**Speaker and author:** Patrice Rancour, MS, RN, PMHCNS-BC, a mental health clinical nurse specialist with 38 years of experience in the mental health field as a clinician, educator, and consultant. Her clinical interests include loss and grief, healing and spirituality, complementary and alternative therapies, psychoneuroimmunology, working with people facing life-threatening illnesses and those who take care of them. She is an author and conference presenter, and maintains a private practice while currently working at Ohio State University in the provision of wellness services to faculty and staff.

### Objectives:

1. Recognize creative non-fiction as a credible method for nurses to mine their professional experiences for their own self-awareness and healing
  2. Identify how the power of story can evoke healing in patients.
  3. List implications of nursing narrative for nursing practice, education and research.
- All are invited to attend. CEU will be provided.

## Rho Omicron Induction Ceremony with Silent Auction

November 10, 2011

**Guest Speaker:** Donna Curry, Region 9 Coordinator

**Silent Auction:** 5:30 - 6:30 p.m.

**Medical Staff Building**

**Mount Carmel West Campus**

## MCCN Faculty & Staff Campaign

By **Jan Burkey**, MCCN Director of Development

EXCELLENCE *begins with you!* You demonstrate your commitment to Mount Carmel College of Nursing in many ways — every day! The Faculty and Staff Annual Campaign is another opportunity for our College family to show their commitment to our students, alumni, parents and friends and send a strong message to other sources of private support that MCCN is an investment in the health of central Ohio, our communities, and beyond.

Strengthening our internal culture of philanthropy is vital to ensure the quality and prestige associated with a Mount Carmel College of Nursing education and our workplace. Remember...it is your participation, rather than the amount of your donation, that counts. **YOU CAN MAKE A DIFFERENCE.** Any questions, contact **Jan Burkey** at 234-3837.

# Money Matter\$

## Notes from Alyncia:

Many accounts will be placed on hold simply because you did not complete the financial aid process. Check the billing statement on CARMELink to make certain your financial aid has been applied. IF it has NOT been applied, check the financial aid tab in CARMELink to see if we have received everything that we need from you. If something is missing – complete it.

**Registration for Spring Semester:** A business office hold will be placed on your account if you have a balance over \$1,000. Please check to make certain you have completed the financial aid process. If you notice under the documents section that we have not received your award letter, print a copy from CARMELink and note which awards you will accept and/or decline, sign the form and turn it in to **Theresa** in Financial Aid.

**PLUS Loans:** In order to receive the PLUS loan, your parents must apply for it. This process must be completed every year. Signing your award letter does not mean you will get the PLUS loan. Your parents need to complete the application and promissory note for the PLUS loan at [studentloans.gov](http://studentloans.gov)

**Private Loans:** The arena of financial aid has been impacted by the current lending climate. This means that some of the lenders that you may have used in the past are no longer providing private loans. This also means that it will take two-three weeks to process a private loan. If you apply for a private loan, you will need to follow up with the lender's requests for you to sign their disclosure statements. Loans are not forwarded to the school for certification until you have signed all of the necessary paperwork.

If you would like to apply for a private loan, please go to [mccn.edu](http://mccn.edu), tuition and financial aid, links, FAST ALT Solutions. You will find a list of lenders other students have used. You can also go to the bank or lender of your choice to secure a private loan.

**Schedule Changes:** Please check to see how dropping a class will affect your financial aid before you drop your class. Failure to do so may result in a reduction in your financial aid.

If you are registered for a class at OSU, CSCC or OUL, you need to complete the course. Failure to do so will result in an adjustment to your financial aid.

**Alyncia M. Bowen, PhD**

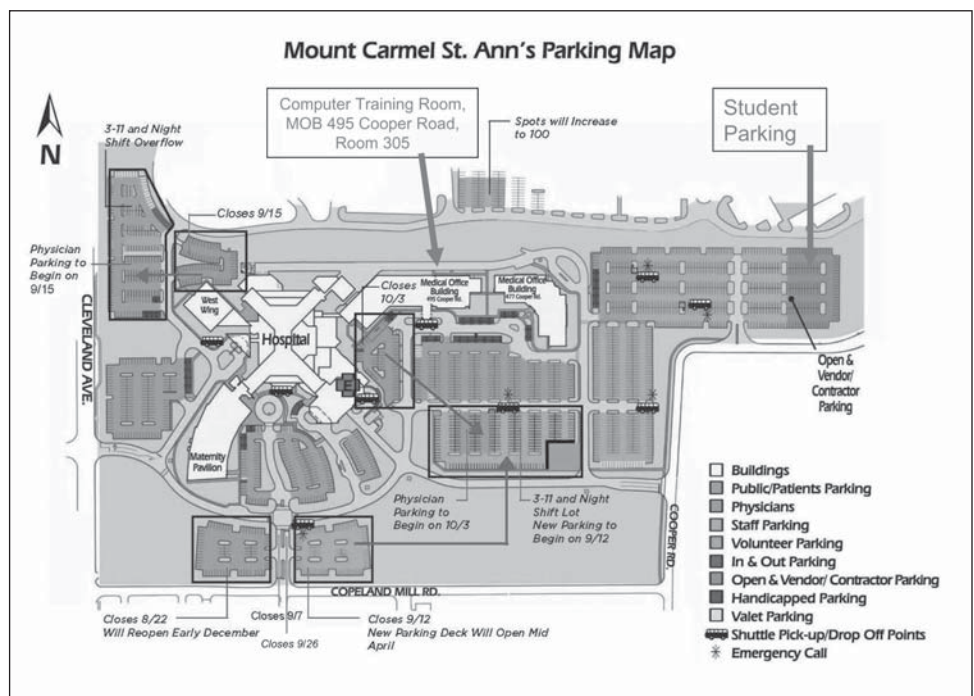
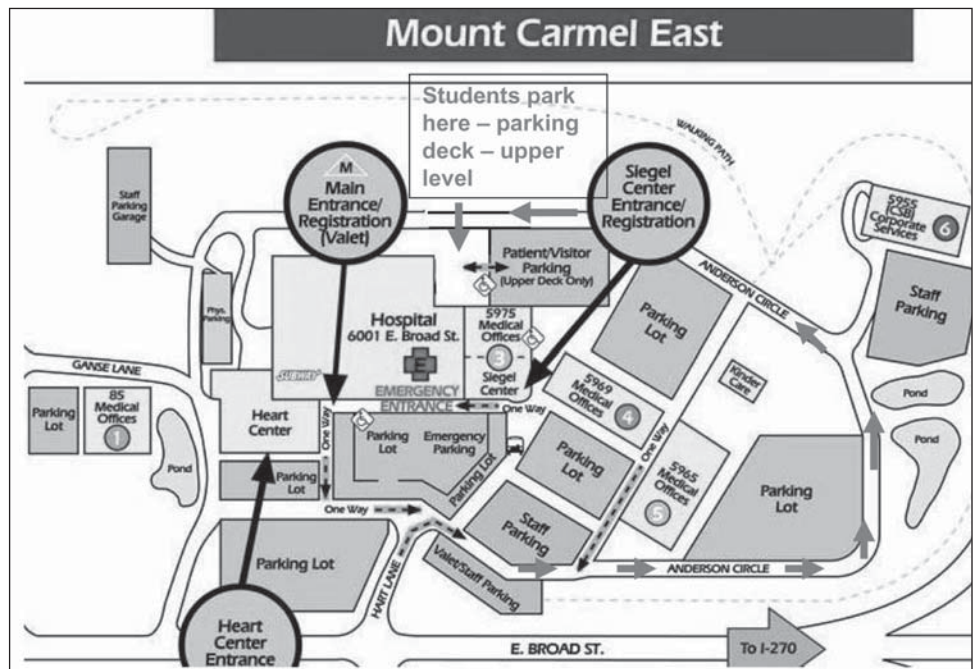
Director, Financial Aid  
[abowen@mccn.edu](mailto:abowen@mccn.edu)

# Attention Faculty and Students with Clinical Assignments at Mount Carmel East and St. Ann's

The parking location for students and faculty with clinical experiences at MCE has changed **effective immediately**. Students and faculty are to park on the parking deck, in the spaces toward the back wall. Faculty, please announce this in classes beginning term 2 with clinical orientation.

The parking location for MCSA remains the same. Students will park in the same area at MCSA. The faculty will also need to park in the same areas as the students.

There are no changes at MCW.



## Assistant Professor Fatma Al-Lamki Shares Her Life Journey from Abu Dhabi to Columbus

A native of Oman and daughter of an ambassador, **Fatma Al-Lamki** was born in Abu Dhabi (United Arab Emirates), grew up in Europe and Oman, and earned her BSN and MSN from Villanova University in Philadelphia. Her very interesting presentation chronicled her wide variety of life experiences on her way to life here in Columbus, Ohio.



## Student Activities

### Flag Football Schedule

Our two Mount Carmel College of Nursing teams will play against each other on October 30. The "MCCN" team is comprised of SDAP students. The "Mount Carmel College" team is comprised of undergrads. Don't miss it! All games are played at Berliner Park, field #5. Come out and cheer on our *Mighty Night* flag football teams!

Date	Day	Time	Location	Home	Visitor
Oct 30, 2011	Sun	11 a.m.	Field 5	Mount Carmel College	MCCN
Nov 06, 2011	Sun	10 a.m.	Field 5	Pediatrons	Mount Carmel College
Nov 06, 2011	Sun	11 a.m.	Field 5	MCCN	Hellfish

### COSI

Four student (Center of Science and Industry) COSI Columbus memberships and two family COSI memberships are purchased annually for MCCN students. Individual students and students with families (up to 4 children and significant other) can be admitted to COSI for free!

COSI memberships may be signed out on a daily basis. Memberships must be returned the next business day to ensure availability for other students. Memberships signed out on Fridays are to be returned the following Monday. Enjoy!

### Ohio Dominican University's Bishop A. Griffin Center

MCCN students are cordially invited to attend activities and events at Ohio Dominican University's Bishop A Griffin Student Center. For up-to-date listings of activities visit [www.ohiodominican.edu](http://www.ohiodominican.edu), type in Griffin Student Center and calendar of events.

## Student Government Association (SGA) Officers and Representatives for 2011-12

*President*

**Brooke Waddell**

*Vice President*

**Jena Verbance**

*Treasurer*

**Ashli Temple**

*Secretary of Records*

**Stephanie Binkley**

*Secretary of Public Relations 1*

**Kayla Munk**

*Secretary of Public Relations 2*

**Annie Hahn**

*Senior Class Representatives*

**Ashley Degoey\***

**Stephanie Harris**

**Brittany Richards**

**Dani Smith**

\*Fairfield Medical Center SGA representative

*Junior Class Representatives*

**Benjamin Moore**

**Symphony Voelkel**

**Molly Wake**

**Ashley Winebrenner**

*Sophomore Class Representatives*

**Devon Baldwin**

**Ebonee Caldwell**

**Stephanie Rienschild**

**Brett Teiga**

*Freshman Class Representatives*

TBD

*Advisor*

**Colleen Cipriani**



## Attention Freshmen!

by **Colleen Cipriani**, Director of Student Life

At New Student Orientation you were assigned a campus mailbox. Faculty and administration use the campus mailbox system to inform you about what is happening in your classes, about campus activities, and other important information about the College you need to know.

If you have not yet visited your mailbox; have lost your mailbox number or the combination to open your mailbox; or if you visited your mailbox but were unable to open it, please visit the Front Desk staff who will happily assist you with any of these issues.

Also, if you are having difficulty in any way here on campus and don't know where to go or who to talk to for help, **Colleen Cipriani**, the Director of Student Life, is a great place to start. Colleen will either supply you with the information you need or direct you to the person who can help you. Please contact Colleen at 234-5828, ccipriani@mccn.edu, or stop by her office on the fourth floor of Marian Hall, office 404.

Our goal is to help you have a truly exceptional experience at MCCN!

## Holiday Tree Project

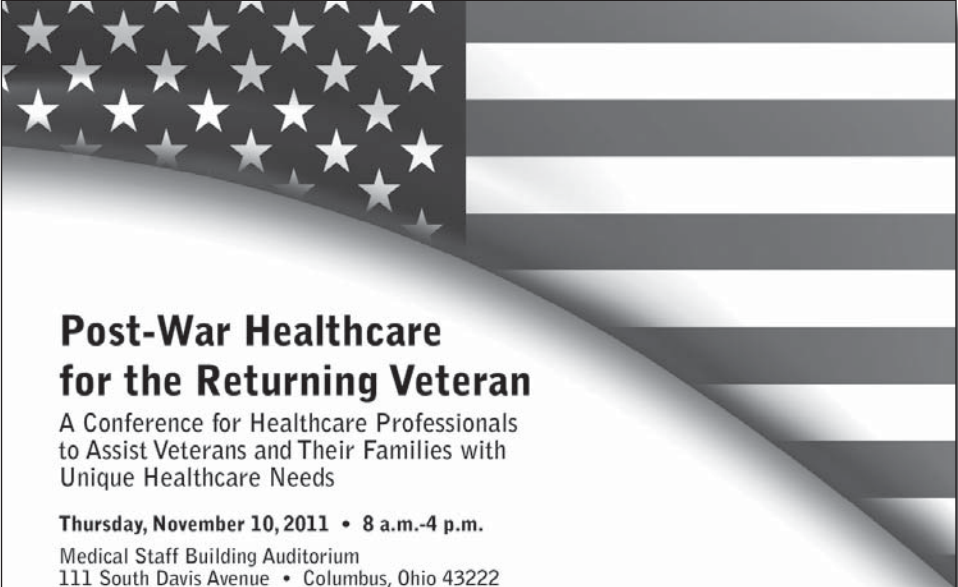
**Monday, November 14, noon -2 p.m.**  
**Mount Carmel College of Nursing lounge**

Join us in decorating holiday trees for hospice patients. All supplies are provided. No fee required.

*Sponsored by:* Rho Omicron Chapter  
Sigma Theta Tau International  
Nursing Honor Society

## MCCN to Host Healthcare Nursing Conference Regarding Post-War Care of Returning Veterans and their Families

To honor our veterans, Mount Carmel College of Nursing will host a one-day conference for Central Ohio primary care nurses and other healthcare providers to address the unique needs of returning war-zone veterans and their families. Master Sergeant Sean Clifton of the U.S. Army Special Forces will share his story of a war-zone injury sustained during his deployment to Afghanistan. Other presenters include Dr. Edgardo Padin-Rivera, Chief of Psychology at the Louis Stokes Veterans Affairs Medical Center in Brecksville, Ohio. Dr. Padin-Rivera is nationally recognized for his work in Post Traumatic Stress Disease.



### Post-War Healthcare for the Returning Veteran

A Conference for Healthcare Professionals to Assist Veterans and Their Families with Unique Healthcare Needs

**Thursday, November 10, 2011 • 8 a.m.-4 p.m.**  
Medical Staff Building Auditorium  
111 South Davis Avenue • Columbus, Ohio 43222  
Parking available in P1 parking garage (\$3.75/day)

**Conference Objectives**

This conference is designed to assist healthcare professionals in working with military war zone veterans and their families when they are seen by the civilian primary healthcare providers.

- Identify potential problems and needs of military personnel returning from war zones and their families.
- Learn strategies to address healthcare needs of military personnel returning from war zones.
- Identify local resources available to veterans and their families.


**Topics Include:**

- Post Traumatic Stress Syndrome
- Traumatic Brain Injury
- Blast Injuries
- Suicide
- Sexual Health

**Application made for CEUs**

**Fee, including lunch:**  
\$50 for Mount Carmel Associates  
\$75 for All Others  
Free for All Nursing Students — lunch on your own

**To register, call 614-234-LIFE by November 4, 2011**  
For additional information, please contact Dr. Kathy Sommers at ksommers@mccn.edu or Vicki Warschauer at vwarschauer@mccn.edu.



**MOUNT CARMEL**  
College of Nursing