AEDs Donated to Local Law Enforcement

On July 31, the Fairfield Medical Center Foundation, TWIGs and FMC volunteers presented 30 new automated external defibrillators (AEDs) to local law enforcement. “Our hope is that more lives are saved as a result of having the AEDs handy in the police cruisers,” said Ricki Chenault, FMC Foundation executive director. “The Foundation and the Center are committed to making a difference in the health of our community and that includes doing everything we can to help even before they reach our doors at FMC.” The devices were provided at no cost to the Fairfield County Sheriff’s Office, Lancaster, Millersport, Baltimore, Lithopolis, Carroll and Sugar Grove Police Departments; and the FMC Police Department pictured with Fairfield Medical Center staff and TWIG members.

Vintage Ohio Wine Tour Event a Hit

The Employee Activities Committee hosted a Vintage Ohio Wine Tour on Aug. 3. Participants tasted 25 wine samples and delicious food throughout the day while enjoying shopping and live entertainment in a beautiful park setting. Other free activities enjoyed included horse-drawn carriage rides, horse stable tours, ice cream making demonstrations and more. A special thanks to tour organizer and host for the day, Jennifer Dicken. Pictured above (from left): Lisa Lanning, Mary Clark, Patty Vannoy and Mary Sahr enjoying the festivities.

1916 Campaign Winner

The lucky winner of the $100 cash prize from the Garden Party Kick Off was Nikki Getz from Laboratory. Congratulations! You can still join the 1916 Club by making a donation or pledge today. Please stop by the Foundation office located in the Administration suite or call ext. 8107.

Wells Nominated for EHAC Person of the Year

Rhonda Wells was recently nominated as EHAC Person of the Year. Wells has served as Fairfield Medical Center’s Chest Pain Center Coordinator for the past three years. In this time, she has personally improved the heart attack care awareness within the organization and the community. In 2011, EHAC became part of FMC’s annual hospital education which encompasses approximately 2,500 people. This education is

Continued on p. 3
Message from Mina

Social media is all around us today. Whether we use it personally or not, we still can be affected by its contents. The purpose of this message is to ask those of you who Tweet or use Facebook, for example, to think about the possible unintended consequences of your posts or tweets. Please remember that these messages are not necessarily as private as you might think.

Recently, I have received several concerns about posts from members of our staff. One believes that the comments could violate HIPAA. Certainly the description depicted could help identify and might well embarrass a patient. Another resulted in a student not being invited back for an additional clinical rotation based on her profane and derogatory comments about her experience here. Another described how much one of our employees hated her job. The reaction from the reader of that one was that she would never come to FMC because of how poorly we treat our staff.

Everyone has the right to express themselves on social media. That's freedom of speech. However, I am not sure that all comments and photos are meant for those who eventually see them and can be hurt by them. Some of the venting that goes on is in the moment and you might intend it to be funny and those close to you might recognize that, but it can make an impression that you don’t really want to make. Some employers check out Facebook and other social media outlets when considering a job candidate. It’s really a small world. Who knows when or how something you have said can come back to cause you harm or embarrassment? Please keep that in mind. Thanks!

Can You Help Us SEE?

Reminder! The Workforce (Employee) Safety Committee needs your assistance. Please complete the Eye Protection Survey by Aug. 19. We really want to see everyone’s thoughts on this so we can address the problem and create a safer workplace. Thank you for your input.

From the Chief’s Desk

Over the past six months, I have been given a gift. I have experienced the healthcare industry through the eyes of a patient with a serious illness. Along my unexpected journey, I have received care in our Emergency Department, Observation Unit, Inpatient Unit, Infusion Clinic, Surgery, Radiology, Lab, Outpatient Cardiology and Outpatient Therapy areas. As I progressed through my journey, labs and radiology exams were ordered, tests and procedures were performed and medications were prescribed. Most of my experiences were positive, but I found it interesting that my experiences could differ widely from one area to another, even within the same facility. No matter who I was interacting with or in what area, communication stood out as one of the most influential factors. More importantly, the way a person listened and conveyed non-verbal body language was essential to my patient experience. What mattered the most to me, was genuine caring and kindness, especially when I was scared or hurting. I didn’t always know the right questions to ask or how to advocate for myself (despite being a physician). So those moments when someone reached out to me, spent an extra minute listening or made me feel like they weren’t in a hurry, were the moments that made the difference. Thank you to everyone who makes that difference for our patients every day!

Chief Medical Information Officer

Telephone System Downtime

On Friday, Aug. 16 we will be doing an upgrade to our telephone system. This downtime will begin at 10 p.m. and will continue through 6 a.m., Saturday, Aug. 17. There will be service interruptions to all phones and faxes during this time. Please use emergency “brown” phones or cell phones during outages. Contact Ken Carter at ext. 8461 with questions or more information.

HR Corner

New HRIS Payroll System: We are getting closer to the new HRIS Payroll System, coming in Oct., 2013! We are excited and want to get all of you excited as well. This new system will have employee self-service. This self-service will allow an employee to view or edit details regarding their demographics, address, phone number, emergency contacts, etc.

Employees will also be able to view announcements, their pay stubs and other important information. Human Resources continues to work with multiple departments and with our vendor, API, to get the new HRIS Payroll System up and running. Continue to watch for updates as we progress with getting this new system ready for implementation in October.

Open Enrollment: Open enrollment for 2014 benefits is Nov. 4 - 22. Employees will be enrolling on the new HRIS Payroll System.

Please continue to watch for information regarding Open Enrollment through Monday Mornings and emails.
Donation from Aladdin Shriners

On Aug. 1, Fairfield Medical Center received a donation of $47,697 from the Aladdin Shriners for the purchase of various pediatric equipment in the Emergency Department, Sports Medicine and Outpatient Therapy Services. Mr. Hank Kauffman, Jr., Tarhe Shrine Club President and Past Potentate of Aladdin Shriners, III, Sir D. Dee Mowry, presented the check to President and CEO Mina Ubbing, Chief Nursing Officer Cynthia Pearsall, Development Officer Laticia Johnston, Registered Nurse Jennifer Mitchell and Outpatient Therapy Services Manager Carolyn Gilliam on behalf of FMC. “Fairfield Medical Center wishes to extend many heartfelt thanks to the Aladdin Shriners for their recent gift,” Johnston said. “This gift will be used to purchase an AccuVein handheld vein illumination device for pediatric patients in the Emergency Department and throughout the Center.” Johnston also noted that triaging Emergency Department patients and preparing them for transport to Nationwide Children’s Hospital when indicated, often requires the need of an IV. “In children and infants, finding an accessible vein can be very difficult and can add to the trauma.” Approximately 47 percent of pediatric patients require multiple sticks and the AccuVein can reduce this by up to 30 percent. Funds will also be used for an anti-gravity treadmill and numerous pediatric equipment for outpatient therapy and speech therapy patients. “All of the equipment will benefit children and adolescents with orthopedic, musculoskeletal and burn diagnoses,” Gilliam said. “This equipment will assist with fine-motor and gross-motor coordination, sensory processing, strengthening and endurance, which are all necessary skills for continued development and growth. We are so very fortunate to have been chosen to receive such a kind gift.” The Aladdin Shriners Hospital Association for Children (ASHAC) is located in Columbus, OH and is part of the Aladdin Shriners organization. ASHAC is designed to take care of children in Aladdin Land and the local clinic operates from Nationwide Children’s Hospital. The program provides medical attention, evaluation and equipment at no cost to patients or families in need. For further information about the Shriners program, contact the Aladdin Shriners at 1-800-475-3850.

EHAC Person of the Year Nomination

provided to all employees upon hire and annually as part of our heart attack care awareness. She also created and distributed EHAC materials at all surrounding EMS stations for the education in their community rooms. Rhonda works with EMS regularly and, as the chest pain coordinator, created a STEMI Emmy program which is recognition to the EMS providers for the fastest times for first medical. “She has made it part of Fairfield Medical Center’s annual hospital education, distributed it to all EMS providers and provided training to them,” said Kelly Marion, cardiovascular business development manager. “She has ensured that the message has gone out in FMC’s organizational magazine called the Monitor that is sent to more than 60,000 households. This material has been utilized at health fairs in three counties as well as distributed to several physicians’ offices from a variety of specialties. Rhonda goes above and beyond to help people know what to do with early heart attack care every day.”

Pint/Jelly Size Canning Jars Needed

The FMC Foundation is in need of pint and jelly size canning jars. The Foundation is working on a project and is currently collecting canning jars - regular or wide mouth lid. Approximately 75 are needed. If you recycle, or are no longer canning and are wondering how to pass on your jars, please consider donating. Don’t pitch – recycle! Drop off in the Foundation office Monday - Friday, 8 a.m. - 4 p.m. until further notice. For more information, please call ext. 8348 or email latriciaj@fmchealth.org.
You Can Make a Difference in Healthcare Cost

Tina Williams, from Fairfield Healthcare Professionals Ophthalmology, is the winner of a $25 gift card. Congratulations! Her guess was $85. The cost of the displayed items totalled $93.07. The average guessed amounts were from $150 - $5,000. Remember this was collected randomly for one week, by two housekeepers from two different units from three discharges or transfers. Let’s take this one step further. One discharge at $31 per patient experience (averaging from the above collection process) x 365 days = potential financial loss to the organization of $11,315, and this does not include the expense of disposing of wasted supplies! So, the next time you are taking supplies to the room, please determine what the patient needs are first. Materials Management and the Value Analysis Committee want to thank you for participating in our awareness campaign, “You Can Make a Difference in Healthcare Cost.”

Financial Peace University

Fairfield Medical Center will again be offering Financial Peace University this fall. You will now hear it referred to as “CORE Financial Wellness.” It has undergone a facelift and redesign in the last several months. The format of the program has changed and the series can be completed in more than one way. Participants can complete the course totally online or complete learning exercises on the Internet and attending a 45-minute discussion group weekly. The series is now eight sessions long. FMC has established a time weekly for those who do not have computer or Internet access the opportunity to complete their coursework online. The class schedule is provided below. Learners are required to complete a minimum of seven of the eight class sessions. This is true of those completing the series using the online only method. The cost to learners is $84.50. The fee can be paid by cash, check or payroll deduction.

Payroll deduction of fees: Learners will have $8.45 deducted per pay period for 10 pay periods. Either payment (cash or check) or completion of the Payroll Deduction form is to be completed on the pickup of the course materials.

If you have questions, call ext. 8491 or 6942 or email Katie Hannahs at katieha@fmchealth.org.

Are You Having Trouble Controlling Your ‘Waste’ Line?

Join the Patient Experience Team in the ‘Waste’ Loss Challenge. In efforts to clean up the clutter at FMC and reflect the ‘BRIGHT’ concept, the Patient Experience Team would like to challenge every department to clean up their areas. There are three different challenge categories: Clutter to Clean Photo Contest, Lose the Weight Contest and the Lean, Clean and BRIGHT – Reusable Items Contest. The Challenge kicks off Monday, Aug. 26 and wraps up Friday, Sept. 6. An application with rules for each category will be available the week of Aug. 19. Winners will be announced at the Patient Experience Event on Thursday, Sept. 12. Winning departments will not only receive bragging rights and a certificate of accomplishment but Subway for everyone in your department. Be watching for Mr. Clean as he will be making surprise rounds to multiple departments. Stay tuned for additional information in the coming weeks.

WELLNESS Corner

FMC Health Incentive Program - Wellness Screenings - Wellness screenings will resume Aug. 19. The screenings will take place in the Health & Wellness Exercise Room (located in the Kroger Plaza). If you are unsure of your appointment date or time, please contact Bravo Wellness at 1-877-662-7286. As a reminder, the screenings are for those FMC insured employees/spouses who have elected to participate in a health screening with the opportunity to reduce health insurance premiums for meeting FMC’s biometric goals. If you have any questions, please call Health & Wellness Services at ext. 6822.

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Join us for Community Care Day on Sept. 10

Community Care Day serves as United Way’s one-day volunteer event where community members come together to participate in hands-on projects throughout Fairfield County. Community Care Day strengthens our community and our United Way campaign by giving employees an opportunity to see first-hand the needs in our community. Past Community Care Day activities include:

- Painting rooms or playground equipment.
- Assisting clients with daily activities.
- Delivering meals to the homebound.
- Repairing or building a home or facility.
- Outdoor clean-up.
- Assisting with activities or events.

This year’s United Way Campaign Kickoff will be held in conjunction with our Community Care Day breakfast. Breakfast will be held at Crossroads, 2095 W. Fair Ave. Attendees will hear from Rick Szabrak, 2013 campaign chairman, and be the first to see our campaign video produced by Varga Communications.

Itinerary for the day:
- 7:45 a.m. - Breakfast and Campaign Kickoff
- 9 a.m. - Leave for project sites
- 9:30 a.m. - Welcome, orientation/tour, project presentation
- 9:30 a.m. - 3:30 p.m. - Volunteers work at project site
- 3:30 - 4:30 p.m. - Volunteer work complete

For more information or to volunteer, call John Belin at ext. 8127 or email johnb@fmchealth.org.

The 6th Annual Heart & Lung 5-Mile Run will be held at Fairfield Medical Center on Saturday, Aug. 24 at 9 a.m. Join us for a 5-mile run/walk, 1-mile walk and kids race. The 5-mile run features chip timing.

Last Chance to Register

Last chance to register for the Heart and Lung 5 Mile Run. Come sign up in the café on Friday, Aug. 16 from 11 a.m. - 1 p.m. Payroll deduction is available. You must register by the 16th to guarantee a t-shirt and the pre-registration fee of $25. You may also register the day of the race for $30. If you have any questions please contact Lindsey Kincaid at ext. 8128 if you are interested in volunteering for this event.

We are the Difference!

Called to say you guys rock. Fairfield Medical Center must have hand selected the best people you could find. Great job. I have never been anywhere else that I have had this kind of service, not even a restaurant. It takes a special person to show the compassion that your staff has. Everyone from the cafeteria, housekeeping, nurses, doctors, volunteers - EVERYONE you come in contact with. Thank you very much and God bless you all! ~Anonymous Patient

The Coumadin Clinic here is wonderful. I live in Columbus and went to Mt. Carmel East and I had to wait almost three hours. We asked our doctor if they could come to FMC and an appointment was made. Everyone was so nice from the moment we walked in the door. We even lost our car because we parked on a different level in the garage and two gentlemen were kind enough to help us find our car.

~Thankful Patient

I just wanted to thank Fairfield Medical Center for all their help with my finances this past year. It is such a relief to know a company cares.

~Anonymous Patient

As many of you may know, my son Christian, was in last week and had to have an emergency appendectomy. We were very scared but right away knew we were in the right hands. Dr. Yenchar was consulted to be his surgeon. This man is truly a gift. He showed compassion and concern and treated Christian how he would have probably treated his own son.

Thank you to the surgery department: Stephanie, Star, Jackie, Wendy and Dr. Armen (Christian thought it was pretty cool he got to pick out the music during surgery even though he was out). And last but definitely not least, thank you to the Pediatric Department. You all are so special and right where you need to be. Chris, you anticipated our needs before we had them. Thank you. Kellie, you made us feel at home. Thank you.

We received the kind of care you don’t get at other hospitals. FMC is a gift filled with people who care. I am one lucky Mom.

~Abby Hammack, M.S.N., R.N.-B.C., C.N.L.
Hospital Happenings

Fairfield Healthcare Professionals
Family Medicine of Bremen Open House
Tuesday • Aug. 13 • 5 - 7 p.m. • Bremen
Area Historical Society • 161 Carter Street
Come meet the providers of Fairfield Healthcare Professionals Family Medicine of Bremen and Fairfield Healthcare Professionals Occupational Health and learn about the services they are offering the Bremen community. Refreshments provided!

Imlay’s Uniform Sale • Thursday • Aug. 15 7 a.m. - 4 p.m. • Assembly Room 2 • Payroll deduction is available.

Free Kona Ice • Monday • Aug. 19 • River View Parking Lot - 11 a.m. - 12:30 p.m. and Fairfield Diagnostic Imaging Parking Lot - 12:45 - 1:15 p.m. • Free small shaved ice for Fairfield Medical Center staff, volunteers and physicians with a badge, compli-
ments of the Employee Activities Committee. Additional sizes are available for purchase.

Snider Heart & Lung 5-mile Run (and walk) • Saturday • Aug. 24 • 9 a.m. • Fairfield Medical Center • Join us to support FMC’s cardiovascular rehabilitation services. There is a $25 entry fee if you register before the day of the race or $30 the day of. Registration begins at 8 a.m. and the race begins at 9 a.m. For more information on how to register, contact Kelly Marion at ext. 8951 or kellym@fmchealth.org.

Certified Nurses Day Recognition Dinner Wednesday • Sept. 4 • 5 - 7 p.m. • Assembly Rooms • All certified nurses are invited to attend this celebration in honor of their achieving and maintaining national board certification in their nursing specialty. Please contact Debbie Tinto at ext. 6832 if you would like more information.

New Screening Guidelines for Prostate Cancer—the Good, the Bad and the Ugly! Thursday • Sept. 5 • 6 - 7 p.m. • Cancer Resource Center • Featuring Bill Stevens, Ph.D. • Recent prostate cancer screening guidelines released are confusing and con-
tradictory. Will lives be saved? Will the PSA test continue to be covered by insurance? Should you be screened? These questions will be addressed from a patient’s perspective. For questions, call the Cancer Resource Center at (740) 277-6941.

Weight Watchers at FMC • Next 10-week Session Begins on Sept. 9 • Mondays - noon - 12:45 p.m. in Classroom Gamma Mid-Level and Tuesdays - 5:15 - 6 p.m. in Classroom B • Join on Sept. 9 and get 11 weeks for the price of 10. The only sign up dates for this session will be Sept. 9, 10, 16 and 17. Cost per member is $100 for current members and $110 for new members. Meetings last approximately 45 minutes. If you are interested, notify Colleen Yarbrough at colleen@fmchealth.org. At least 20 members per class are needed in order to hold both classes. We will cancel if we do not have at least 20 members who pre-register with Colleen.

3rd Annual Nursing Research Expo: “Preventing Patient Care Nightmares with Evidence-based Practice” • Friday • Sept. 13 • If you would like to submit an evidence-based poster, contact Marilyn Hargett at marilynha@fmchealth.org or Teresa Ryan at teresar@fmchealth.org. Put “2013 Research Expo Call for Posters” in the email subject line. Posters are open to all disciplines.

Rotary Health Check • Saturday
Oct. 5 • 7 - 11 a.m. • Fairfield Medical Center Health & Wellness Services • 1145 East Main Street • The Lancaster-Sherman Rotary Club has teamed up with FMC to provide residents of Fairfield County low-cost blood testing two times per year. Health Check pricing is $40 Blood Profile, $42 Vitamin D, $25 Prostate Cancer Screening (PSA) and $20 Hemoglobin A1C. Only cash, check or money orders will be accepted. We recommend 10-12 hours of fasting. For questions, call ext. 8139, email at lsrotary@yahoo.com or go to http://shermanrotary.com/.

Fairfield Medical Center’s Mission:
FMC delivers outstanding healthcare for our patients, their families and our communities.

Fairfield Medical Center’s Vision:
FMC will be recognized as the leader in patient/family-centered care for those we serve both in our facilities and in our communities.

Oxygen for the Soul
Hope is like a road in the country; there wasn’t ever a road, but when many people walk on it, the road comes into existence.
~Lin Yutang

(The Chaplains’ Oxygen for the Soul is not intended to be an endorsement of any particular religion, but rather serves as an inspiration for our FMC chaplains to provide weekly inspiration.)

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Project BRIGHT Updates

Ground Breaking News:
The first shovel of dirt (or pound of pavement) will be moved to officially launch Project BRIGHT on Thursday, Sept. 12 at 2 p.m. in the parking lot to the south of the Human Resources entrance. The groundbreaking celebration will run from 1:30 - 3:30 p.m. and marks the beginning of FMC’s 14-month facility expansion project. There will be refreshments served and displays with Project BRIGHT information. Video footage will be posted on the FMC Intranet and Internet so those who are unable to attend this historical event can virtually participate.

Last week:
Oncology Services moved to 214 Harmon Ave., which is located between the main hospital and Pavilion. Three spaces to the west side of the medical building have been dedicated to oncology patient parking. Additional spaces have been designated in the back of the building as well. The relocation will be effective throughout Project BRIGHT, which is estimated to be 12-14 months. Radiation Oncology will remain in its current location.

Painting of the FMC helipad began last week and should be finished sometime this week.

This week:
Overhead utility poles will be relocated beginning this week in preparation for construction. The process will take about two weeks. There will be no disruption to service during this time. Approximately 10 parking spaces will be temporarily affected by the relocation.

Upcoming Changes:
Valet parking is still scheduled to begin Sept. 9. Construction fencing is tentatively planned to be put in place the week of Sept. 16.