a program for adolescent girls

A girl's life is an exciting one — full of many emotional, physical, and environmental changes. Mount Carmel College of Nursing is offering a program designed just for girls and their moms — or favorite grown-up — to explore issues related to puberty and adolescence.

We will provide head-to-toe advice to help promote healthy dialogue and understanding.

it's a girl's life - live it and love it!

Monday, March 2, 2020
5:30 p.m. – 7:30 p.m.
Mount Carmel Grove City Room 1201
5300 N Meadows Drive
Grove City, OH 431231

$20 per girl
Each girl will receive a t-shirt, tote bag and a copy of The Care and Keeping of You: The Body Book for Girls, from the American Girl library.

Call 234-LIFE to register.

registration form

O Monday, March 2, 2020

Paying by Credit Card
Please check one: VISA ☑ Master Card ☐

Name (as it appears on card)
_____________________________ ________________________________
Card Number Expiration Date
_____________________________ ________________________________
Signature Security Code

Please make check payable to Mount Carmel College of Nursing.

Girl's Name: ___________________________ Date of Birth: __________
Mother or Favorite Grown-up: ______________________________________
Address: _______________________________ City: _______________________
Zip: ______________________ Phone: ___________________________
T-Shirt Size (Adult sizes): ☑ small ☑ medium ☑ large ☑ x-large

Mount Carmel HealthCALL
5955 East Broad Street
Columbus OH 43213