a program for adolescent girls

A girl's life is an exciting one — full of many emotional, physical, and environmental changes. Mount Carmel College of Nursing is offering a program designed just for girls and their moms — or favorite grown-up — to explore issues related to puberty and adolescence.

Growth and development professor and registered nurse, Dr. Angie Phillips, will provide head-to-toe advice to help promote healthy dialogue and understanding.

it's a girl's life - live it and love it!

Tuesday, April 7, 2015
6:00 pm
Mount Carmel East Siegel Center

$25 per girl
Each girl will receive a t-shirt, tote bag and a copy of *The Care and Keeping of You: The Body Book for Girls*, from the American Girl library.

Call 234-LIFE to register.

Paying by Credit Card
Please check one: VISA ○ Master Card ○
Name (as it appears on card)
Card Number ___________________________ Expiration Date
Signature ___________________________ Security Code

Tuesday, April 7, 2015
6:00 pm
Mount Carmel East
Siegel Center

registration form

Please complete the information below and mail with payment to:

Mount Carmel HealthCALL,
Mount Carmel West / 4 East
793 West State Street,
Columbus, Ohio 43222

Please make check payable to Mount Carmel College of Nursing.

Girl's Name: ___________________________ Date of Birth: ______________
Mother or Favorite Grown-up: ___________________________
Address: ___________________________ City: ___________________________
Zip: ___________________________ Phone: ___________________________
T-Shirt Size (Adult sizes): ○ small ○ medium ○ large ○ x-large