spring 2010

# THE LAMP

College Alums Step Up

pg.

 $A lumni\,Association\,Leadership$ 

News and Information about Mount Carmel College of Nursing Alumni, Students and Faculty



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# COLLEGE QUICK READ:

Mount Carmel College of Nursing

- Mount Carmel College of Nursing has the second largest undergraduate baccalaureate nursing enrollment in the state of Ohio. The only college of nursing in Ohio with a larger undergraduate enrollment is at Kent State University.
- A record number of MCCN sophomores participated in the traditional Sophomore Pinning Ceremony, the first to include students attending MCCN's Fairfield Medical Center campus in Lancaster, Ohio.
- MCCN's Second Degree Accelerated Program (SDAP) ended its third session with a record number of graduates. The class of 2010, numbering 62, earned a Mount Carmel BSN in 13 months. The fourth SDAP class is now underway with 70 students.
- Once again this May, MCCN graduates are poised to become Mount Carmel nurses. BSN graduates total nearly 160. A record number of master's degrees—ten will also be awarded at Commencement.
- The Higher Learning Commission (HLC) granted accreditation to the MCCN satellite program at Fairfield Medical Center (MCCN-FMC). Granting membership in the Commission and in the North Central Association to degree-granting educational institutions in the North Central region, the HLC is recognized by the U.S. Department of Education and the Council on Higher Education Accreditation.
- Sigma Theta Tau Rho Omicron Chapter membership at MCCN grew following the induction of 79 new members—the highest number ever. Students who have completed half the nursing curriculum, have a minimum GPA of 3.0, and rank in the upper 35th percentile are invited to join. New inductees included nurse leaders demonstrating leadership or achievement in nursing, including research, publication, administration, consulting, practice, or education.



#### Dear Alumni, Students and Friends,

As we enthusiastically welcome the coming of spring after this winter's record snowfall, here at Mount Carmel College of Nursing we welcome exciting opportunities in nursing education.

Our College is filled with the energy of committed, talented students in our various programs pursuing their dreams of a fulfilling nursing career. Our Second Degree Accelerated Program is at record enrollment. Our master's program is poised to offer a fourth track, the Family Nurse Practitioner, in addition to three existing tracks in Adult Health, Nursing Education, and Nursing Administration. Our first MCCN satellite site, at Fairfield Medical Center in Lancaster, Ohio, is progressing. We also plan to place our RN/BSN Completion Program on-line by late summer.

These initiatives support our mission to bring as many qualified candidates as possible into the nursing profession, a mission made possible by your support. We are particularly grateful for your generous donations to our Annual Campaign and enjoyed speaking to so many of you during our 2010 Phone-a-thon.

I encourage you to consider joining our Mount Carmel College of Nursing Annual Giving Societies (see p.18), an exciting opportunity not only for giving, but also for attending events at the College that connect our valued donors in a regular, meaningful way with our mission.

Your support, whether it is monetary, as a volunteer with the Alumni Association, or with your prayers and good will, is more appreciated than we can possibly express.

Sincerely,

ann E. Schele

Ann E. Schiele, PhD, RN President/Dean Mount Carmel College of Nursing



Fun, friends, and the Florentine...Mount Carmel Alumni Association meetings combine commitment and celebration.

# MOUNT CARMEL ALUMNI ASSOCIATION COMMITTED TO THE FUTURE, CELEBRATING THE PAST

If there's one place where the past and the future meet regularly, it is alumni associations—that preserve of precious memories and achievement that motivates members' determination to see the process continually and successfully repeat for each succeeding generation of students.

Kimberly Dillon '04 wanted to give back to Mount Carmel and is doing so in a big way, as the new Alumni Association president. "When I decided to get my BSN and looked at all available programs, Mount Carmel was the winner hands down. I am proud of the education I received at MCCN and want to preserve that honor for future generations of nurses."

Dillon believes that the Mount Carmel Alumni Association

is "a group as passionate about nursing and the next generation of nurses as I am. My experience on the board has been positive, especially because of the support we give to the current nursing students."

David Small '08 is a graduate of the College's Second Degree Accelerated Program (SDAP). "In the spirit of paying it forward, the first SDAP class created a scholarship for future SDAP students. Joining the alumni board seemed like a great way to broaden the concept of personally paying it forward and a great way to grow and secure the SDAP scholarship as a permanent MCCN program."

Small was impressed from his very first board meeting. "It was actually something to sit among the range of nurses, from retirees to accomplished contemporaries, who populated the room." In addition to championing the SDAP scholarship, Small's focus is mentoring. "New nurses can really benefit from role models and professional support outside the work structure."





MCCN Director of Development Jan Burkey (far right) addresses the alumni at a meeting.

Matthew Lake '07 serves as treasurer, a good fit due to his previous career (BA in finance and accounting). "This is my first experience on a professional board. I believe it will keep me in touch with Mount Carmel College of Nursing. I also believe it is a way to 'network.' There are members who work at companies other than Mount Carmel. It provides a way to gather information about these companies."

When Lake joined the board, "I felt I could utilize my free time better. Since I average three workdays a week, I have four days off to do something. I thought I might as well use my time constructively and for a good cause."

Ashley Turner '07 feels proud to be a nurse and graduate of a very well known program and wanted to give back. "MCCN prepared me for every aspect of nursing and opened doorways that allowed me to be where I am today as a neonatal ICU nurse at Ohio State."

"As a new face on the board this year, I feel that the other members have welcomed me and ideas that I may have," says Turner. "Becoming part of our alumni board has enhanced my personal life by allowing me to give back to the College and future nurses; as those before me have done. I also believe it will enhance my professional life by allowing me to network with current and future nurses."

Tara Lancione '06 believes that MCCN has a personal touch to it that contributes to students' success. "As Mount Carmel alumni, we keep our connections to each other and MCCN through supporting the College and the Alumni Association. The Alumni Association has a lot to offer."

Lancione enjoys the meetings, where ways to help the College, fellow alumni, and today's nursing students are discussed.

"Anytime we help one another is always time wellspent," says Lancione, who also gives her time to a cause she initiated, "Nurturing the Nursing Profession," which sponsors an annual event and encourages the community to value the nursing profession.

Donna Maloney '85 and '06 joined "to help keep the Alumni Association active in the lives of those who have graduated and also for those currently attending, just as those before us had done. We need to continue working to maintain the scholarships for seniors and the assistance of loans for other students."

Maloney served as treasurer for several years, then as president for several years. She took a break and came back last summer to serve as the membership chair. "I have seen the Alumni Association from many different perspectives – involvement keeps you in touch with the past and the future of nursing and the time commitment depends on how much you want to do."

Stephanie Rae Adams Piquero '97 is the new vice president of the association, and she is enthusiastic about the alumni stories project (see p. 13). "A compilation of stories from alumni would allow students to see the similarities and differences between what nursing education is and has been. We have alumni in so many different aspects of nursing in many different settings. It would be beneficial to capture that in a compilation, and fun for alumni to reminisce about their careers."

Piquero enjoys reconnecting with fellow alumni, the honor of choosing the annual scholarship recipients, and interacting with students a few times a year. "I feel it is important to pass down what it means to be a Mount Carmel nurse. There is no one better to do that than Mount Carmel alumni," says Piquero.

The new president of the Alumni Association invites more of her fellow alumni to join the group, to commit to a couple of hours a month. "It's a very small amount of time in the grand scheme of things," says Dillon. "I think that I am a better person/nurse when I give something back to nursing. I want to support others who are called to take this journey."

# NEW GRADS CARRY ON THE MOUNT CARMEL TRADITION

The past few years have produced one record-breaking MCCN graduate total after another, with new Mount Carmel nurses taking their places in a lineage more than a century old. The Lamp caught up with three recently launched grads of the College.

**Cherie Whittington Campbell '06** served as the first president of the Student Government Association (SGA) when it was established at the College, and always recommends MCCN when asked about her education.

"I learned all my skills at MCCN. It is amazing how everything I learned there just comes together when I am working," says Campbell, who began her career on the medical telemetry floor and now works in the ICU at Clinton Memorial Hospital in her hometown of Wilmington, Ohio.

Del Enderle '08 was also active at the College and SGA, serving as vice president. "I learned how to prioritize at MCCN, and that is key to being a nurse," Enderle says. He works nights at Mount Carmel St. Ann's in the cardiac intermediate care unit.

"I help a current student with nursing studies, and I can't believe how I remember every single detail. I am so glad I received my nursing education at MCCN. This memory of my nursing classes helps me better explain things to patients." Enderle would like to make MCCN his choice for graduate studies. He plans to organize a ski club for students and alumni next winter.

Dani Newell '09 personifies dedication to MCCN, literally, as she donned the persona of the College mascot—The Mighty Night—while a student at the College. And Newell is still dedicated. Along with her alumni aunts, Molly Wanner Taylor '80 and Sally Wanner Martin '83, Newell raised \$2,000 at a family reunion to fund a second scholarship in memory of her aunt and their mother, Mary Catherine "Katie" Breen Wanner '47.

Newell works as a pediatric nurse at the Franklin County Juvenile Detention Center, where she functions in a supervisory role as the baccalaureate trained RN among LPNs. "Here I am, just 22 and brand new, but MCCN really prepared me. I wasn't aware of how prepared I was to be in a supervisory role," says Newell. "My education makes me feel really confident."

Newell looks forward to returning to Mount Carmel nursing education next month. In May she begins the master's track in Nursing Education, along with friend and fellow alumna, **Chelsea Ball '09**. "I hope someday to teach at MCCN," says Newell, who will attend graduate school full-time while working. "I want to be the next Deloris Bills (current MCCN instructor)."

# ANNOUNCING THE NEW MCCN NURSING CENTER

The new MCCN Nursing Center will provide a means for people in the Franklinton community surrounding the College to access healthcare, as well as a means for undergraduate and graduate nursing students to implement the knowledge and skills they are learning at the College. Because the center will be located on campus, clients will have access to the resources at MCW, such as lab, X-ray, and other healthcare provider specialties. The center is projected to open in mid-summer 2010.



# MCCN AT FAIRFIELD MEDICAL CENTER

#### MCCN-FMC Program Earns Accreditation

In December 2009, the Higher Learning Commission granted accreditation to Mount Carmel College of Nursing's first nursing education satellite site at Fairfield Medical Center (MCCN-FMC) in Lancaster, Ohio.

A collaboration among MCCN, Fairfield Medical Center (FMC), and Ohio University-Lancaster, the new MCCN-FMC program delivers the same nursing education in the Mount Carmel tradition of excellence, at a location convenient to the Lancaster, Ohio, area.

Then in January 2010, another first occurred when the class of 2012 celebrated the College's traditional Sophomore Pinning Ceremony, which included the first sophomores from MCCN-FMC. There are 20 sophomores in this new program.

"This ceremony is symbolic as the recognition of our students' hard work and perseverance; as the celebration of a significant turning point in nursing education, and as the presentation of the 'lamp pin,' which heralds this new adventure for our sophomore nursing students," says MCCN President/Dean, Ann E. Schiele, PhD, RN.

"This is also a milestone event because we celebrated the very first pinning ceremony with our students in the



MCCN-FMC student/cookie bakers (seated I-r): Brittany Watterson, Emily Blake, and Ashley DeGoey; (standing I-r): Jeremiah Ignaszewski, Anita Mitchell, Diana Lape, Emily Forgrave, and Cora Arledge.

MCCN program at Fairfield Medical Center," adds Dr. Schiele.

#### MCCN-FMC Students Initiate Unique Pre-Clinicals Tradition

Every nurse remembers the first clinical experiences as a student. Students at MCCN's new satellite site at Fairfield Medical Center (MCCN-FMC) decided to make the very first clinicals there memorable for the FMC nurses as well as the students.

Students baked cookies to be distributed among the nurses' break rooms throughout the Fairfield Medical Center (FMC) hospital.

"The cookies were a way of introducing ourselves and showing our appreciation and excitement for the program partnership between MCCN and FMC," says student and organizer, Cora Arledge. "It was a thank you in advance to the nurses who guide the MCCN-FMC students as we rotate through clinicals."

The Fairfield and Columbus MCCN locations offer the same baccelaureate nursing program and share instructors, including Mount Carmel alumni: Missy Mohler '97, Theresa Skybo '86, Teresa Fuller '97, and Cheryl Creamer Mace '75.

# MCCN HONORED FOR COMMUNITY SERVICE

Mount Carmel College of Nursing was recently named to the President's Higher Education Community Service Honor Roll by the Corporation for National and Community Service.

The mission of the Corporation for National and Community Service is to improve lives, strengthen communities, and foster civic engagement through service and volunteering.

The Corporation for National and Community Service supports citizenship, service, and responsibility, promoting the ideal that every American has skills and talents to give. It is the nation's largest grantmaker supporting service and volunteering.

Congratulations to all of our College volunteers who made this recognition possible!

# 62 SDAP III STUDENTS NOW MOUNT CARMEL ALUMNI

The Second Degree Accelerated Program (SDAP) completion ceremony was held on January, 29, 2010, marking the third and largest SDAP class to complete the rigorous 13-month program.

The ceremony included the *Nurse's Prayer*; and reflections on service and caring, learning and leadership, and support and friendship. The happy new grads celebrated with family and friends at a reception following the event.

At the ceremony, the Lamp Award was given to Shannon Murphy '10; the Inspiration Award to Abby Willis '10; and the Clinical Excellence award to Robin Konrad '10. The SDAP Alumni Caring Leadership Awards, including a \$500 grant each, were presented by the first two classes of SDAP alumni to Shannon Candio'10 and Cristin Durbin '10.

Two members of the class were awarded commissions as officers in active military service: **Cassandra Wilkin '10** in the United States Army and **Derek Harris '10** in the United States Air Force.

"It's truly amazing how 13 months just flies by. As these students leave to start their careers, there's no break in the SDAP world, with 70 new students already well into their 13-month process," says Barbi Potts, SDAP Coordinator. "Working with the SDAP students is a wonderful journey that is like a merry-go-round. There is always another class to keep the cycle moving, no stopping in SDAP!"

#### Congratulations to our newest alumni!

# The SDAP Alumni Caring Leadership Award Given by the First and Second SDAP Classes

The SDAP Alumni Award is a "pay it back/ pay it forward" program initiated by SDAP graduates to recognize their alma mater for providing a life-changing educational experience by directly supporting students currently enrolled in the program.



Congratulations to the SDAP Class of 2010 on earning a Mount Carmel BSN in just 13 months!

"The award gives back to the College in thanks for providing this innovative, life-changing program and pays forward by providing support in recognition of the financial and personal sacrifices the SDAP students make to join the nursing profession," said **David Small '08**.

The idea was generated five days before the 2008 class graduated. The SDAP I class felt grateful for the program and wanted to give back to it and honor the SDAP faculty. One grant of \$500 was awarded to SDAP class of 2009 graduate, **Nicole Leotta '09**.

The SDAP I class contributes \$20/person for five years and invited SDAP II to consider the same donation, so the legacy can grow with each class. "A majority of the 2009 class agreed to join this project, so we were able increase the amount of award money given to the class of 2010," said Small.

And they did, with two awards of \$500 each given to members of the class of 2010: Shannon Candio '10 and Cristin Durbin '10.

The basis for the award is caring leadership. "There are many awards based on scholarship. We wanted our award to be based on a commitment and ability to perform in a manner consistent with the caring and compassionate components of our nursing education at MCCN," said Small.

Shannon Candio stated that, if accepted to the SDAP, she would "use her nursing degree to support mission trips to foreign countries such as Haiti, where many children do not have so much as a warm bed to sleep in or even a roof over their head." Little did she know how prescient her words would be. While a student, Candio was also a patient, when she experienced a trans-ischemic attack (mini-stroke). Candio will use the grant to pay medical bills and to travel to Haiti to "give back the wonderful gifts that she has been given: grace, knowledge and health."





Shannon Candio '10, (right) recipient, SDAP Alumni Caring Leadership Award, with Barbi Potts, SDAP Coordinator

**Cristin Durbin** stated in her application that she had "a desire to make a difference in the world" and entered the SDAP program "in a quest to bring positive energy into peoples' daily lives." She defines caring leadership as "a desire to be of service to others in a manner that encompasses authenticity, acceptance and being truly present in each situation, thereby offering her best self while creating full human connections with her patients as well as with those with whom she works."

Participating in this year's selection committee were Sara Shaffer '08, David Small '08, and Laurie Miller '09. There are no requirements for use of the grant; it is intended to offset the debt many of the SDAP students typically have after completing the program.



Cristin Durbin '10, (right) recipient, SDAP Alumni Caring Leadership Award, with Barbi Potts, SDAP Coordinator

# RECORD NUMBER ENROLLED IN FOURTH SDAP CLASS

With 70 students, SDAP IV began the 13-month odyssey to the BSN on January 4, 2010, and will conclude on January 28, 2011. "Receiving the Robert Wood Johnson Foundation grant helped the College to increase the SDAP class size. There were sixteen \$10,000 scholarships awarded to increase diversity in nursing," said Barbi Potts, M.Ed, BSN, RN, CCRN, SDAP Coordinator.

Applicants qualifying for one of these new scholarships came from groups underrepresented in nursing; for example, racial or ethnic minorities, as well as males. Also qualifying were applicants from disadvantaged backgrounds, such as incomes below poverty level, unable to obtain educational loans, or first generation college students.

Those accepting the scholarships agreed to certain obligations, including participation in mentoring and

leadership development programs provided by MCCN, passing the NCLEX, and providing follow up information to MCCN about employment status 6-12 months post graduation.

As in the first three SDAP classes, the previous degrees earned by the SDAP IV participants cover a widely diverse range, including physiology, biology, dental hygiene, law, marketing, sociology, psychology, business, chemistry, zoology, speech communications, kinesiology, education, design, nutrition, English, and more.

New this year is the high number of students, and a new modified program flow with students moving through the program in two tracks.

"The SDAP faculty appreciates the adult learner and, like all educators, find ourselves learning from our students, who represent many different professional backgrounds and diverse cultures," said Potts. "SDAP students come in knowing that the program is accelerated for them; and that means the pace is accelerated for the faculty as well."

# SDAP IV CONTINUED

An EMT-Basic since1998 and firefighter since 1999, SDAP student Brad Marsh is a U.S. Army officer assigned to the Air Defense Artillery and previously stationed in Korea; Tacoma, Washington; and Iraq.

"My path in the Army took me away from healthcare, but I found a way to be active in that area as a volunteer firefighter and first responder. Through these experiences, I knew I wanted to find a path back to medicine."

His father's bone marrow transplant showed him nursing was the path. "I saw nurses working day in and day out to help my father meet their objectives of treatment and get back on his feet. I wanted to join this noble profession," Marsh says.

"SDAP is not for the weary. We push ourselves and each other to ensure success. I look around and see the most professional people I have ever met. SDAP was the best choice for me, and I thank MCCN for the opportunity to follow my path!"

For more information about the SDAP or our other undergraduate and graduate programs in nursing education, visit www.mccn.edu or contact us at 614-234-4CON or (toll free) 800-556-6942.



SDAP IV student Brad Marsh



# MCCN GRAD AT THE FORFFRONT OF THE FLU FIGHT

#### Volunteerism Given Local Media Recognition

In a Columbus Dispatch (11-12-09) article about the volunteers who made the community vaccination clinics last fall possible, a Mount Carmel graduate, Nicole Nutter McGarity '08, was featured. McGarity is a MCCN RN-BSN graduate and currently a manager in the Mount Carmel West Emergency Department.

McGarity administered vaccine at an H1N1 vaccine clinic recently as an Ohio Medical Reserve Corp volunteer, along with several other MCHS/MCCN nurses and nursing students.

The mission of the Ohio Medical Reserve Corps (OMRC) is to establish teams of local volunteer medical and public health professionals who can contribute their skills and expertise throughout the year as well as during times of community need.

"Many of Franklin County's most vulnerable residents receive their vaccines because of the service that volunteers like Nicole provide at each of these clinics," said Assistant Professor, Darrell Spurlock, Jr., PhD, RN. "I'm always pleased to see a MCCN graduate make the news for the good work they are doing in our community!"

## MOUNT CARMEL COLLEGE OF NURSING **BOARD OF TRUSTEES 2009-10**

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#### It's Gold for The Lamp!

We are happy to report that the 2010 Educational Advertising Awards Competition, through the Higher Ed Marketing Report, recently honored The Lamp with a Gold Award.

Our thanks to all, especially our readers who contribute their unique stories, who have helped make The Lamp an award-winning publication!

# ALUMNI PROFILE

Kimberly Dillon '04

#### Our New Alumni Association President

Kimberly Dillon, RN, CNOR, BSN, RNFA, is "really passionate about nursing," and it shows. Dillon serves as president of the Mount Carmel Alumni Association and the AORN (Association periOperative Registered Nurses), and achieves her master of science in nursing with a legal concentrate from Capital University in May.

Dillon's 25-year career as a nursing professional began with a diploma from Massillon Community Hospital School of Nursing, included a first job in the OR, ten years in labor and delivery, and then a return to her first love—the OR.

Dillon's newest position is the clinical nursing liaison for the implementation at Mount Carmel Health of the Genesis program, Trinity Health's initiative to unite state- of-the-art computer information systems with evidence-based and best-practice processes in clinical patient management and other management aspects of the system. Dillon's responsibility on the leadership team is to orient, teach, and serve as a resource for the nursing staff.



Kimberly Dillon '04

"Genesis is an exciting concept. Although I will miss the OR, I will now work to ensure patient safety for many throughout the Mount Carmel Health system, instead of for one patient at a time as I did in surgery," says Dillon.

Growing up, Dillon was torn between teaching and nursing. But as a nursing professional, she finds that she has had several teaching opportunities—as a surgical technology instructor, training new staff and student nurses, and educating patients.

As president of the Alumni Association, Dillon encourages her fellow alumni to help today's nursing students. "Whether we are assisting them with scholarship funds, by serving a free breakfast during finals, or treating senior students to a 50-day dinner as they count down to graduation, we contribute to the future of our profession and preserve the heritage, dedication, and traditions that connect us," Dillon says.

"I encourage every alumnus to get involved, even in a small way. Some of these commitments take only an hour or two. Join us. I promise you, we are going to have fun!"

Kimberly invites anyone interested in Alumni Association activities to contact her at Kadrn85@yahoo.com.

# NEW OPPORTUNITY FOR MOUNT CARMEL ALUMNI!

Staying in touch makes us feel good; staying in touch with our Mount Carmel roots and classmates makes us feel even better. Here's an easy way to receive reunion notices, class updates, Alumni Association and MCCN announcements, etc., and to find and communicate with your fellow alumni!

MCCN now offers Nightingmail — an @mccn.edu account — to any alum who requests it. The account can be requested any of three ways:

- By Email: AccountRequests@mccn.edu please include your full current name and full name used when attending Mount Carmel School or College of Nursing, current contact information, and class year
- ◎ By Phone: 614-234-1718 (Theresa) or 614-234-2682 (Tim)
- By Web: Visit CARMELink.mccn.edu/ics and complete the request via a link from the Home Page

Nightingmail will make it easier to find fellow alumni, and for them to find you. Sign up today!





# SEVENTH ANNUAL FLORIDA LUNCHEON

Fun at the Florida Alumni Luncheon 2010 (see below for names of attendees)

The tradition continued in February when an even dozen alumni gathered in Brandon, Florida, to celebrate their shared love for Mount Carmel and nursing. The luncheon is so well-loved that attendees generally return year after year. MCCN President/ Dean, Dr. Ann Schiele, regretfully missed the luncheon due to a snowstorm in Columbus that cancelled flights and even closed the College, a rare occurrence.

Bess Eckard Whittington '58, the originator of the luncheon, was unable to attend but her two classmates and fellow organizers, Mary Lou Jones Yaufman '58 and M. Carolyn Kulp Souders '58, were there.

It was Whittington, who, at the 2003 Centennial celebration, mentioned to Dr. Schiele that there were many Mount Carmel alumni living in Florida, as well as many "snowbirds" in the winter months. Whittington suggested a reunion get-together and Dr. Schiele said, "Let's do it."

"On behalf of the College, the Alumni Association, and the luncheon attendees, we extend a big thank you to the planners," said **Phylis Motz Crook '63**, Coordinator of Alumni Relations.

Enjoying the luncheon and the Florida sunshine were two alumni from the class of 1958, two from the class of 1959, two from the class of 1961, one from the class of 1963, one from the class of 1965, two from the class of 1967, one from the class of 1968, and one from the class of 1989.

#### Even More Fun in Florida

Next year there will be two Florida Alumni Luncheons. The next Tampa area reunion luncheon will be Tuesday, February 15, 2011, in Brandon, Florida. For the several alumni who live in or are February visitors to the Fort Myers/Naples area, there will be a reunion near them in 2011, on Tuesday, February 22, 2011.

#### Arizona Alumni Gather

Other alumni living in Florida (or anywhere!) are encouraged to get together to renew their Mount Carmel connection. **Pat Brown Gates '63** spends the winters in Arizona and planned a March reunion there.

Alumni can contact Theresa Williams at MCCN (see pg 1) and ask about alumni living in or near their own zipcode. Theresa can supply a list and even mailing labels.

#### MARK YOUR CALENDAR!

Don't Miss the Fun Next Year! Mark Your Calendar! Eighth Annual Tampa, Florida, Alumni Luncheon Tuesday, February 15, 2011 Brandon, Florida

First Annual Fort Myers/Naples, Florida, Alumni Luncheon Tuesday, February 22, 2011

Please make sure that we know where to send your Florida luncheon invitation. Please contact Theresa Williams at the College (see page 1) with your name and the address where you will be in early January when the invitations are mailed.

**Caption for Florida Luncheon photo:** Fun in Florida for Mount Carmel alumni and luncheon attendees (seated l-r): Bonnie Simonin Snider '67, Juanita Thoma Gonzalez '61, Mary Lou Jones Yaufman '58, Linda Dimon '89; (back l-r): Elaine Deibel Flege '67, Janis Tucci '68, Susan Strohbach '65, Judy Kauderer Neikirk '59, Elsie Mitsh Benson '61, Phylis Motz Crook '63, Mary Kay Recinella '59, M. Carolyn Kulp Souders '58

### 🔄 MOUNT CARMEL THROW

A Warm Memento

Custom-designed throw depicts scenes and symbols of Mount Carmel. 100% pre-washed, full-color cotton, 50x65 inches. Order yours today! \$50 + \$10 s/h - Send \$60 check or money order (made payable to Mount Carmel Alumni Association) and shipping address to: Mount Carmel Alumni Association Mount Carmel College of Nursing 127 South Davis Avenue, Columbus, Ohio 43222-1504 614-234-5925 (Alumni Association voicemail)

There are a limited number of commemorative throws still available (pictured on the cookbook below), and they will not be re-ordered.



#### Your Support of Phone-a-thon 2010 is Greatly Appreciated

Whether you pledged or were a volunteer caller (or both), your support means so much to our students, who truly need the assistance. A heartfelt thank you from Mount Carmel College of Nursing for your generosity and dedication to the nursing profession and today's nursing students. You are making countless dreams come true.

# ALUMNI ASSOCIATION UPDATE

#### Alumni Association Banquet

Saturday, October 2, 2010

#### Brunch at Mount Carmel College of Nursing

Festivities will begin mid-morning and include tours of the College's updated academic and residence facilities. Join us for all the fun and relive your memories right here at your alma mater! If you graduated in a year ending in "5" or "0" you are an honor class. Gather your classmates and your memories and come to the banquet!

The College will be happy to provide you with a class list and even mailing labels, if you want to do a mailing to your class. Contact Theresa Williams (see page 1).

Make plans now to attend. The summer '10 issue of *The Lamp* will provide Banquet details and reservation form.

#### Your Mount Carmel Alumni Association Mission and Vision

The vision of the Mount Carmel Alumni Association is to make Mount Carmel College of Nursing the best it can be through the philanthropic, networking and enrichment initiatives provided by the Alumni Association. Our mission is to foster and strengthen lifelong relationships among alumni and students and to support and promote the future of nursing. We encourage you to become an active part of the Mount Carmel Alumni Association. Our board meetings are open to all graduates. Please visit our web site for more information: www.mccn.edu/alumni/officers or call the alumni voicemail at 614-234-5925.

#### We're Looking for Your Stories

Do you have an inspiring story about the practice of nursing you would like to share? Or maybe you have a fun or poignant anecdote about your time as a nursing student.

The Alumni Association invites all Mount Carmel alumni to submit heartwarming, inspirational or funny stories from their years as nursing students or in the nursing profession. The



stories will be compiled into a book (similar to the recipe book) to raise funds for future Mount Carmel nursing students' scholarships. Help us support nursing's future!

#### How to Submit Your Stories

Stories (no limit on length or number) can be sent via U.S. mail or email to:

Stephanie Rae Adams Piquero '97 Mount Carmel College of Nursing 127 South Davis Avenue, Columbus, Ohio 43222-1504 spiquero@mchs.com

Whether you graduated this year or several decades ago, everyone has a story. We look forward to hearing yours.

#### Alumni Board Positions Open

Would you like to spend some time with fellow alumni? Call the alumni voicemail at 614-234-5925.

#### You are Invited!

We welcome our alumni to attend Alumni Association meetings. Please call the alumni voicemail at 614-234-5925 for dates, times and location.

#### Alumni Boutique

We invite everyone to browse and buy in the "Alumni Boutique." Sales of these items benefit the Alumni Association scholarship and loan program.

#### Special Feature: The Alumni Association Cookbook

This new cookbook, organized by **Betty Coffelt '81**, contains nearly 150 recipes of great variety, everything from "Desperate Cobb Salad" to "Homemade Dog Treat No Flea Dog Biscuits."

Some of the 45 contributors sent in several recipes, including longtime, fondly remembered favorites from Mount Carmel Dietetic Services, such as broccoli soup, brownies, and flapper pudding. Our thanks to all! The Alumni Association Cookbook, as well as the beautiful Mount Carmel commemorative ornaments and are available at all three Mount Carmel hospitals' gift shops, as well as directly through Jill Young Wallace '73 (614-296-1471 or jwallac8@columbus.rr.com).

Ornaments cost \$15 (including shipping) Cookbooks \$10 (\$12 if shipped)



#### MCCN Spirit Shop

Show your Mount Carmel spirit! Alumni can now shop for a wide variety of Mount Carmel merchandise via our new online MCCN campus web store. Just go to <u>www.spiritshop.mccn.edu</u> and start shopping for gifts, and for your own Mount Carmel logo-wear. You'll find a multitude of styles and colors, plus a choice of logos ranging from "Mount Carmel Alumni" to our new "Mighty Night" logo.

The MCCN Online Campus Store can also be accessed through www.mccn.edu. For those who want to do on-site shopping, you are welcome to stop by the Campus Store located on the 4th floor in Marian Hall across from the Student Life office.

#### Past Distinguished Alumnus Recipients

1993	Loretta Ford '39
1994	Margaret Finan Haggerty '64
1995	Carol Solomon Dalglish '62
1996	Regina Sallee Williams '52
1997	Margaret Gray Quillin '55
1998	Kathy Giessler Haley '75
1999	Janet McKee McCleery '58
2000	Jeri Ann Boylan Milstead '57
2002	Gabrielle "Gabi" Lauer Karpowicz '78
2003	Sister Carol Hassey, MM '51
	Peg Seelig '74
2004	Mary Ann Pietrangelo Gill '64
2005	Mary Ann Ohler Capulong '75
2006	Juanita Retterer Theile '46
	Brenda Schimmoller Ruth '81
2007	Janet Keane Schriner '62



2008 Barbara Jones Warren '65 2009 Phylis Motz Crook '63

# DISTINGUISHED ALUMNUS **NOMINATIONS**

At each Annual Alumni Banquet, Mount Carmel College of Nursing honors an alumnus for professional and personal excellence, in keeping with the Mount Carmel tradition. There are many graduates of Mount Carmel College of Nursing, School of Nursing, Master's Program, Second Degree Accelerated Program, or the RN-BSN Completion Program, who accomplish great things. Please tell us about the special alumnus you know.

#### Criteria

- 0 Demonstration of exemplary excellence in nursing practice
- Ongoing contributions to the nursing profession 0
- Acknowledgment by peers as an advocate 0
- Contributions to the quality of community life 0
- Demonstration of accountability for personal growth 0
- Other outstanding attributes/accomplishments 0

#### Procedure

Anyone may nominate by submitting a letter of not more than two pages listing the nominee's educational, professional, and personal accomplishments, explaining why the alumnus deserves to be recognized. Age and year of graduation are not as important as the person's accomplishments. All nominees are notified of nomination and by whom they were nominated.

#### Deadline

Nominations may be submitted and accepted at any time. For consideration for the current year, the nomination must be received by August 1, 2010. Please send or e-mail nominations to: Mount Carmel College of Nursing Attn: Phylis Crook 127 S. Davis Avenue Columbus, Ohio 43222-1504 pcrook@mchs.com

## MOUNT CARMEL ALUMNI ASSOCIATION BOARD 2010



President: Kimberly Dillon '04 Vice President: Stephanie Rae Adams Piquero '97 Treasurer: Matthew Lake '07 Secretary: Margo Malaska Medwid '74 Membership Chair: Donna Maloney '85 and '06 Scholarship Chair: Jill Trego Rill '77 Banquet Chair: Susie Loik Parsons '76

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#### HELP! THESE ALUMNI ARE LOST

Andrea Wappelhorst ('83) Tammy Warren ('83) Susan Wells ('83) Judith Wessels ('83) Patricia Westminster ('83) Karen Bell Ogg ('84) Carol Boham ('84) Patricia Bourke ('84) Maryellen Brougher ('84) Patricia Burnett ('84) Dawn Eastman Hess ('84) Jill Ebright ('84) Kathleen Egnor McKay ('84) Sue Ann Folkmann ('84) Paula Goodman ('84) Lynn Gray ('84) Deborah Buccilla Greene ('84) Jennifer Heilman ('84) Judith Herman ('84) Jean Kelley Kenney ('84) Donna King ('84) Linda Lindsey Clover('84) Lida Kopp ('84) Lynn Gray ('84) Mary Obergfell ('84) Mary Wolf ('84) Maryellen Brougher ('84) Patricia Bourke ('84) Patricia Burnett ('84) Paula Goodman ('84) Richard Stahl ('84) Sarah Urling ('84) Sharon Cooney ('84)

Sonya Terry Burnett ('84) Susan McIntyre ('84) Teresa Miller ('84) Ann Wheaton ('85) Beth Jordan ('85) Carrie Lenhan ('85) Catherine Hanf ('85) Evelyn Suchman ('85) Jane Gudakunat Blankemeier ('85) Jeannette Miller Eiterman ('85) Jennifer Meyer ('85) Jennifer Taylor ('85) Jill Anastasio ('85) Jo Anne Greene ('85) Kathy Arledge ('85) Kathy Hoffman ('85) Kathy Rider ('85) Kelly Hammond ('85) Kim Carlson-Lovering ('85) Nancy Currey Burbrink ('85) Roger Waser ('85) Shawn Mudgett Hostettler ('85) Sheila Dauterman ('85) Sheila Seynour ('85) Sheri Tschiegg ('85) Shirley Warner ('85) Stephanie Compton LeBrie ('85) Theresa Mick ('85) Trisha Dennewitz ('85) Amy Ludwig ('86) Brad McGloin ('86) Deborah King ('86) Debra Schillig ('86)

Deidre Carpenter ('86) Jennifer Barrett Shriver ('86) Jo Ann Hannon ('86) Jodi Welsh ('86) John Purinton ('86) Karen Lawrence ('86) Kimberly Henthorn ('86) Krista Burton ('86) Linda Henry ('86) Lisa Dubos ('86) Lisa Murdoch ('86) Lisa Smith Melchiorre ('86) Meita Tambi ('86) Michelle Caudill ('86) Patricia Saltsman ('86) Satya Kaur Khalsa ('86) Sharon Koch ('86) Siri Khalsa ('86) Elizabeth Garcia ('87) Julie Benham ('87) Kelly Wilkinson Shockey ('87) Laura Klecha ('87) Leslee Bates ('87) Marla Handley ('87) Michele Saffen ('87) Nancy Devore ('87) Steven Haghiri ('87)

Please help us find these very important persons. If you have any contact information for anyone on this list, please forward it to Theresa Williams at 614-234-1718 or twilliams@mchs.com.



# GREETINGS FROM YOUR ALUMNI ASSOCIATION

#### Dear Alumni,

This is my first letter to you as the new president of the Mount Carmel Alumni Association. I am honored to lead this group dedicated to our beloved alma mater and to the profession of nursing.

The Mount Carmel Alumni Association extends deepest appreciation to Jill Young Wallace '73, whose leadership spanned four years of remarkable accomplishments for our association, and to the Alumni Association board members who served.

To those board members who remain and the new board members who have joined us, I am thankful for your time and commitment. I look forward to working with all of our loyal Mount Carmel alumni in the year ahead.

There is always room for more of you to join us on the board, as committee members and/or attending our meetings. Your input is valuable and welcome. We'd love to have you join us. I invite you to contact me at kadrn85@yahoo.com.

And, of course, hope to see all of you here at the College on October 2 at the annual Alumni Association Banquet!

Sincerely,

llos, RN

Kimberly Dillon '04 President Mount Carmel Alumni Association

Kimberly Dillon '04, new Mount Carmel Alumni Association president

# CAMP MOUNT CARMEL: HEALTHCARE ADVENTURES



Camp Mount Carmel Counselors

An exciting and educational summer experience, Camp Mount Carmel: Adventures in Healthcare, will be held June 14 -17, 2010. MCCN again hosts and MCCN students serve as counselors for this popular summer day camp exploring healthcare careers. This year's new format: one week for high school students entering grades 9, 10, 11 and 12.

Camp activities enlighten and inspire, increasing awareness and interest regarding healthcare career opportunities:

- Video conference of live surgical procedures performed at Mount Carmel East
- Behind-the-scenes hospital tours
- Community outreach visits
- Surgical Insights session at Mount Carmel St. Ann's or Mount Carmel New Albany Hospital

Shadowing healthcare professionals (in the camper's choice of a healthcare specialty track: dietetics/nutrition, nursing, pharmacy, physician practice, physical therapy/speech therapy/ occupational therapy, radiology, respiratory therapy)

Discounted Tuition for Children and Grandchildren of Mount Carmel Alumni



Cost is \$200 for Mount Carmel children; \$225 for community at large. Contact Health Call at 614-234-LIFE. Early registration is highly recommended.

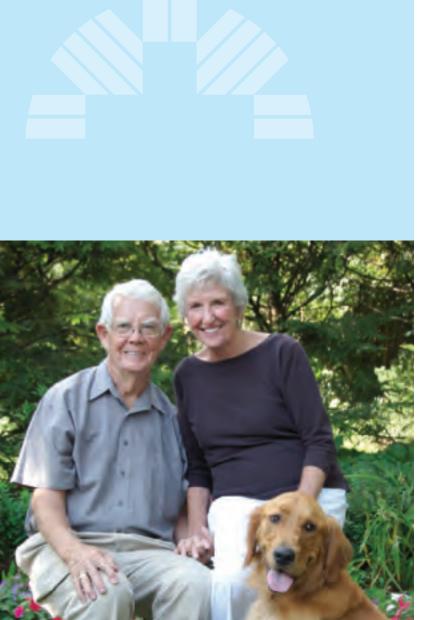
# ANNUAL GIVING SOCIETIES

The College's continued vitality and strength results in large measure from the support received from our alumni, friends, corporations, parents, faculty and staff. By working together, we have the opportunity to focus on building long-term investments that will impact healthcare and nursing education for years to come. Please consider joining the Mount Carmel College of Nursing Annual Giving Societies. Members contribute an annual gift that goes above and beyond the ordinary and allows the College to acknowledge your generosity through special benefits and recognition.

Additional Giving Society information available at http://www.mccn.edu/making-a-gift/making-a-gift.html or by contacting Director of Development Jan Burkey at 614-234-3837 or jburkey@mchs.com

 Centennial Club: Name on donor recognition plaques; listing in Foundation Annual Report \$100 - \$249

- Ambassador Club: All the above plus complimentary invitation to Foundation Red, White & Boom event and invitations to special events, lectures and tours \$250 - \$499
- Eleanor Wilson Society: All the above plus complimentary invitation to Foundation Red, White & Boom event and invitations to special events, lectures and tours \$500 - \$999
- President's Circle: All the above plus invitations to President's Circle luncheons \$1,000 - \$2,499
- Lamp Society: All the above plus Insider's Email Newsletter \$2,500 - \$4,999
- Nightingale Society: All the above plus College Gift Shop discount \$5,000 - \$9,999
- Cornerstone Society: All the above plus lifetime membership in Alumni Association and/or crystal engraved gift \$10,000 +



G. Philip and JoAnn Hall

# IT'S ALL ABOUT GIVING BACK

#### The Phil and JoAnn Hall Scholarship Endowment

**JoAnn Spitler Hall '51** and her husband, G. Philip Hall, recently established a scholarship endowment at Mount Carmel College of Nursing. "We feel we've been blessed and wanted to give back," says JoAnn.

"We know how difficult it is for some students to have the opportunity financially to obtain an education, and we wanted to help in those situations," JoAnn says. "Establishing the endowment enables us to give without financial penalty and it spares our children from having to take care of this later."

JoAnn has happy memories of her time at Mount Carmel, especially of her "great class—just 41 of us, mostly from central Ohio." The half dozen classmates who remain in the area still get together, particularly when their classmate, Sister Carol Hassey, MM '51, who composed the alma mater, comes into town. JoAnn recalls that the first male to graduate from Mount Carmel School of Nursing, Charles Boys '51, was also a member of her class.

"I fondly remember my 'little sister' at the school, **Regina** Sallee Williams, who graduated the year after me in 1952," says JoAnn. Her "little sister" endowed the Dr. Regina M. Williams scholarship, which is awarded to an African American senior student each year.

"I have very loving memories of Mount Carmel, of the training, of the camaraderie. The doctors always requested the Mount Carmel nurses; our skills were a step above the others," JoAnn says. "That excellence in nursing education has been retained and is in evidence at the College today. It is gratifying for us to know that Mount Carmel nursing students will benefit from our endowment for years to come."

If you are interested in giving back, contact Director of Development Jan Burkey, who will help find the most meaningful way for you. Jan can be reached at 614-234-3837.



# MOUNT CARMEL CLASS NOTES

Fran Parzinger McEwan ('51) has been married for 58 years and lives in Garland, Texas. She has five children, 15 grandchildren and ten great-grandchildren. And now she can add "published in a national magazine" to her accomplishments. The November 2009 issue of *Reminisce Extra* featured a story by Fran, including some great photos of her days at 127 South Davis Avenue. She shares how she met there the two great loves of her lifeher husband and nursing.

Jan Messenger Garber ('57 and '00) lives in Galloway, Ohio. She and her husband celebrated their 50th wedding anniversary in September. The festivities began with a Mass and the celebrant was a high school classmate of hers. A reception, hosted by her three daughters, completed the celebration.

Judy McElroy Dick ('58) lives in Columbus and has been married 50 years. She retired in 1985. She is the mother of six children and grandmother of nine.

Marilyn Butterfield Holloway ('63) and Kathleen McGovern Hojanacki ('64) had a long lunch and "lovely chat" with Sr. Kathryn Callahan CSC ('57) in December. They all live in or near South Bend, Indiana.

Susan Hyland Sievert ('65) lives in Redmond, Washington. She moved there to be near her son and family after her husband died four years ago. She retired from nursing in the 80s and then worked as an interior designer for 16 years.

Janet Colbow Niosi ('67) lives in Pembroke Pines, Florida. She is married and has a son and a granddaughter. She worked in a hospital setting doing bedside nursing from 1967 to 1990. She then changed to a Utilization Review/Case Manager position. She retired in 2008 and works "relief" in case management when others go on vacation.

John Marshall ('74) lives in Stow, Ohio. He received his BSN in 1984. He recently retired from 25 years of

psychiatric nursing. He is now spending time volunteering at the Humane Society and a Rottweiler Rescue group. He summers in the Lake Erie islands.

Kathy Huntoon ('84) is married and lives in Reynoldsburg, Ohio. She works at Mount Carmel East. She and her hobby of designing and making historically correct rag dolls were featured in *The Columbus Dispatch* newspaper in December. She has made 81 dolls and typically spends 40-50 hours on each doll, not including the research. She researches each character so that her depiction is historically accurate. Her creations include Michelle Obama, Amelia Earhart, Annie Oakley, and Queen Elizabeth.

Cheryl Holmes White ('98) lives in Dublin, Ohio. She has been a NICU nurse for nine years. She works casual at Mount Carmel West in the Special Care Nursery. She also works full time in the NICU at Riverside Hospital. She writes, "One of my favorite parts of the job is developing relationships with the families I care for, not always easy to do in today's world of adult medicine. I truly feel I make a difference in the lives of those I am privileged to serve."

Shawn Young ('98) lives in Lancaster, Ohio. He resigned his position as the Unit Director for 3 Tower at Mount Carmel West and transitioned to the Hospice Program for the Mount Carmel Health System, where he serves as Clinical Manager.

**Carolyn Carle ('00)** lives in Galloway, Ohio, and is married. She received her MSN at The Ohio State University and is currently a doctoral candidate there.

Tara Lancione ('06) lives in Hilliard, Ohio. She owns a company called Enlighten Senses Organic that produces and sells organic body essentials made with organic ingredients. The company sponsors an annual event, "Nurturing the Nursing Profession." The mission of this event is "to bring the national nursing shortage to everyone's attention; show appreciation to our past,

# CLASS NOTES CONTINUED

present and future nurses and raise money to fund scholarships and endowments." She is a member at large on the Mount Carmel Alumni Association Board.

Alyson Camfield Evans ('07) lives in Gahanna, Ohio. She is a student in the master's program at Mount Carmel College of Nursing

Linus Mubuifor ('09) lives in Baltimore, Maryland. He works at Johns Hopkins Medical Center in the Cardiac Progressive Care Unit.

Danielle Spradlin ('09) lives in Pickerington, Ohio. She is married and has a son. She works at Select Specialty Hospital at Mount Carmel West. **Cassie Wilkin ('10)** lives in Columbus. Prior to entering the Second Degree Accelerated Program at Mount Carmel College of Nursing she was the administrator of a local pediatric practice. She has been accepted as a second lieutenant in the United States Army. In May, she will travel to San Antonio, Texas, for a nine-week Officer Training Course, and then move to Landstuhl, Germany for three years. Landstuhl is the first treatment center for wounded soldiers coming out of Afghanistan, Iraq, etc. She says, "This is the entire reason I decided to join the U.S. Army RN Corps. I cannot do what these soldiers do, but I can serve and care for them."

# IN MEMORIAM

Mount Carmel College of Nursing and its alumni honor the following graduates who have passed away and extend our sympathy to their family and friends.

Emma Hawkins May — Class of 1934 Julia Jentzen Reimer — Class of 1934 Mary Louise O'Dea Sander — Class of 1936, aunt of Mary Ann O'Dea Bowers ('62) Margaret Frueh Blust — Class of 1942 Ruth Myers Thompson — Class of 1945 Marilyn Groeszinger Haslam — Class of 1951 Marilyn Coleman Botkin — Class of 1952 Patricia Nee Sanderell — Class of 1954 Marie Carter — Class of 1956 Pat Ward Graham — Class of 1982 We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

Husband of Marion Uncapher Kellner (February '49)

Mother-in-law of Deanna Burns Soldner ('63)

Father of Anita Rotunda Sanford ('63)

Father of Barbara Hoffman Doyle ('65)

Aunt of Mary Downey Sroga ('67)

Mother and Brother-in-law of Janis Tucci ('68)

Mother of Pam Hockenbery ('98)

John Cooper

P. Timothy McGhee, MD

Dr. Joanne Stevenson

Daughter of Betty Marioth





# THANK YOU FOR GIVING THE GIFT OF NURSING EDUCATION

Between January 1, 2009 and December 31, 2009, the following donors contributed gifts to support the mission of Mount Carmel College of Nursing. Thank you for your generosity and continued support.

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In Honor of William and Joan Garber's 50th wedding anniversary Kirk and Andrea Adler Mary Amidan Judy Beidenharn Donna Judd McClure Patricia Sarosi

In Honor of the Class of 1952 Jessie Cooperrider Meckley

In Honor of Reynold E. Klages Pete and Corinne Reiber

In Honor of Dr. Ralph D. Lach Barbara Burns Lach

**In Honor of Barbara Randolph** Lt. Colonel William H. Randolph

In Honor of Dr. Ann Schiele Elaine and Michael Kehoe

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In Memory of Kathy Donnelly Alpha Sigma Omega Chapter Columbus Medical Association Foundation Barbara L. Donnelly Jack and Jill of America, Inc. Olivia B. Johnson, JD Bernice Vance Maddox Charles and Barbara Rudolph

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In Memory of Margaret H. Franckhauser Jessie Cooperrider Meckley

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In Memory of Harry J. Haney Suzanne Grimes Haney

In Memory of Doris Honigfort Jim and Sharon Schimmoller

In Memory of Nevada C. Jones Conny Bakker Marilyn Bateman Dora M. Jansen and Family Martha A. Jones Nigda M. Alvarado Knies Becki and Don Kollar

#### In Memory of Jule A. Junk

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In Memory of Eleanor S. Wilson Rose Walker

In Memory of my parents Mary Evans Gapstur

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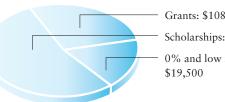
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Pictured on front cover (l-r): David Small '08, Tara Lancione '06, Kimberly Dillon '04, Matthew Lake '07, Donna Maloney '85 and '06, Stephanie Rae Adams Piquero '97, Ashley Turner '07 (in front)

# CALENDAR OF EVENTS

#### COLLEGE CALENDAR

May	7 & 8 Pinning and Commencement
May	10 MCCN Summer Session begins
Jun	14-17 Camp Mount Carmel
Aug	13 New Student Orientation
Aug	16 MCCN Fall Semester begins
Aug	23 Convocation Alumni Association scholarships awarded

#### ALUMNI ASSOCIATION HAPPENINGS

| Oct 2 Annual Alumni Association Banquet (See page 13 for more information)

- | Feb 15 2011 Tampa, FL Alumni Luncheon
- | Feb 22 2011 Fort Myers/Naples, FL Alumni Luncheon