GO THE DISTANCE

Get on track with MCCN’S New Online RN-BSN Completion Program
You are “in it to win it,” and know that achieving your Bachelor of Science in Nursing will feel like flying across a finish line! The runner’s high you’ll experience as you reach the goal you’ve dreamed of for years will continue as your new BSN propels you to higher levels of career opportunities.

That’s the message from Mount Carmel College of Nursing to registered nurses interested in completing their education and advancing their careers. The College now makes it easier than ever for dedicated RNs — whose knowledge and experience already make a difference for patients — to reach their goals through an exciting and flexible initiative featuring Mount Carmel excellence tailored to fit your schedule and your life. MCCN’s well established, student-focused RN-BSN Completion Program is now entirely online, making it simple and convenient for nurses to integrate career advancement with the rest of their hectic lives.

The fully accredited, comprehensive Online RN-BSN Completion Program makes the expert-designed, evidence-based curriculum accessible to licensed registered nurses ready to take the next step.

"Based on evidence and best practice, our program is designed with the working RN in mind," explains Tara Spalla, MSN, RN, Assistant Dean for Online Learning. "We created a supportive, quality program enabling nursing professionals to achieve their goals — on their schedules."

The highly flexible program schedule allows busy students to choose among three completion timelines. In just four semesters, full-time students may complete the program; part-time students may choose between schedules of five or seven semesters. A total of 128 semester credits — 84 of which can be transferred from prior successfully completed nursing coursework — are needed to earn the BSN.
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MCCN’s Distance Learning Venture on Track with New Online RN-BSN Completion Program

O the distance!

a program tailored to fit your life!

CHECK OUT OUR NEW WEBSITE AT www.MCCN.EDU
No nursing proficiency or placement exams are required for admission, but candidates must have a current, unencumbered state license.

MCCN RN-BSN student Boyce Isabel, RN, earned an Associate Degree in Nursing from Columbus State Community College in 2006.

"I plan to complete the RN-BSN program in spring 2012," he notes. One of nearly 60 RN-BSN students currently enrolled at MCCN, Isabel chose to further his education so that he would be positioned to accept expanded future opportunities. Advancement, as well as the prospect of possible relocation, appeals to Isabel, who works at Mount Carmel East on a med/surg floor.

**Why the Bachelor of Science in Nursing**

Confident and competent RNs, already making valuable contributions to the nursing profession, find that today's healthcare environment requires further professional preparation. Those who wish to expand their career opportunities and widen their horizons know that a BSN will put them on the right track.

Last fall (10/2010), the Institute of Medicine (IOM) recommended in their seminal report, The Future of Nursing — Leading Change, Advancing Health, that academic nurse leaders across all schools of nursing should work together to increase the proportion of nurses with a baccalaureate degree from 50 to 80 percent by 2020. The IOM report states, "Rapidly expanding clinical knowledge and mounting complexities in healthcare mandate that professional nurses possess educational preparation commensurate with the diversified responsibilities required of them."

In addition, the American Society of Registered Nurses recently released new data that shows "...65 percent of new BSN graduates had job offers at the time of graduation, which is substantially higher than the national average across all professions (24.4 percent)."

MCCN recognizes that nursing is a dynamic, constantly growing profession and is prepared to help nurses with a commitment to life-long learning stay current with today's technology, techniques and knowledge. In addition, the
College is committed to preparing nurses who are well-qualified to meet the as-yet-unforeseen healthcare needs of patients in the future.

On Track to Meeting the Need
Educating nurses for 108 years, Mount Carmel has a well-known track record when it comes to providing educational excellence, which will advance the nursing profession while preparing nurses to meet the critical demands of today's healthcare environment.

For example, after working nearly 28 years as a staff nurse, assistant unit director, clinical coordinator and nursing supervisor administrator at Mount Carmel West, Judi Brown, RN, is enrolled in MCCN's RN-BSN Completion Program. A 1974 graduate of Mount Carmel School of Nursing and daughter of an alumna, Brown says that she chose Mount Carmel for her BSN because MCCN shares her philosophy.

“I really enjoy the program,” Brown notes. “All the instructors are helpful, and you just get the feeling they want you to succeed.” Currently working as a case manager for worker compensation patients, Brown is an outstanding example of a seasoned, experienced nurse who understands the challenges of the future.

MCCN’s exciting new Online RN-BSN Completion Program allows RNs who have dreamed of achieving a BSN to go the distance with ease — to place their feet firmly in the starting blocks, run like the wind and cross the finish line!

For more information, contact Therese Snively, PhD, RN, Online Academic Advisor, (614) 234-3362, tsnively@mccn.edu or Tara Spalla, MSN, RN Assistant Dean for Online Learning, (614) 234-5950, tspalla@mccn.edu. www.MyRN2BSN.com

Yes, the Stamp Room at the Holy Cross Motherhouse in South Bend is still going strong. Many have inquired about the Stamp Room and all will be pleased to know your donations of canceled stamps to the Stamp Room will support the Ministry with the Poor fund.

It’s easy to donate stamps. All stamps are welcome, although commemorative, foreign and larger denomination stamps are the most saleable. Simply cut the canceled stamps from your incoming mail, leaving a ¼ to ½-inch margin around the stamp.

SEND TO: Stamp Room
Sisters of the Holy Cross
100 Augusta Hall – Saint Mary’s Notre Dame, IN 46556-5002
Welcome to our Mount Carmel College of Nursing magazine, highlighting the healthcare needs met in our state and around the world by our accomplished alumni, as well as the achievements, honors, and contributions of Mount Carmel nursing students and faculty.

As we welcome our Lamp magazine’s exciting new look, we also welcome our new readers. We hope you enjoy this colorful glimpse into the nursing profession and Mount Carmel nurses’ roles in providing competent and compassionate healthcare in a wide variety of venues and populations.

It’s exciting to announce our newest endeavor in support of nursing professionals and excellence in nursing—the Mount Carmel College of Nursing Online RN-BSN Completion Program! Our student-centered, academically rigorous program now offers the flexibility of online instruction to fit the busy schedules of registered nurses ready to enhance their knowledge and careers. This initiative means MCCN will be able to educate even more baccalaureate-prepared nurses to meet healthcare needs in our community and beyond.

Our newest master’s program track—Family Nurse Practitioner (FNP)—also meets critical needs in today’s healthcare environment and received a most exciting response, with enrollment reaching capacity before the application deadline! Opportunities are now available to enroll in new classes in the FNP track, as well as our other master’s tracks in Adult Health (CNS), Nursing Education, and Nursing Administration.

As we celebrate our 108th anniversary of Mount Carmel nursing education, the Homecoming Reunion in October was also exciting, with so many alumni here at the Mount. We welcome all alumni and visitors to our campus anytime.

We also invite you to experience the exciting opportunities offered by our Mount Carmel College of Nursing Annual Giving Societies (www.mccn.edu/giving). We are excited about our new donor wall in the College Lobby, honoring our generous and much-appreciated partners in continuing the legacy of excellence in nursing education here at Mount Carmel.
CALENDAR OF EVENTS

COLLEGE CALENDAR 2012

Jan 3
Spring semester begins
Second Degree Accelerated Program VI begins

Jan 27
Second Degree Accelerated Program V completion

Feb 27 – Mar 4
Spring break

Mar 18 – 20
Phone-a-thon

May 4-5
Commencement Weekend

ALUMNI ASSOCIATION HAPPENINGS

Feb 22 2012
Florida Alumni Lunch (Fort Myers, FL)

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Visit our website at
www.mccn.edu
Graduation 2011: MCCN celebrated its largest class of Master’s students — a total of 13 — including the first graduate of the nursing administration track.

In January, 69 students graduated from the Second Degree Accelerated Program (SDAP) with Bachelor of Science in nursing (BSN) degrees and a new SDAP class of 63 students were welcomed during the same month. The 13 month program is designed for students who already have bachelor’s degree or higher and wish to pursue a BSN.

The College’s new Master’s Family Nurse Practitioner track was launched in January with 27 enrolled students.

The MCCN Rho Omicron chapter of Sigma Theta Tau International (STTI) hosted the Spring Scholarship Evening sponsored by the Central Ohio STTI Consortium. The Central Ohio Consortium consists of STTI chapters from The Ohio State University, Otterbein College, Capital University and MCCN.

MCCN Trustee Recognized for Philanthropy

Congratulations to Dr. G. Patrick Ecklar, member of the Mount Carmel College of Nursing board of trustees, who was awarded the 2011 Dr. Tom F. Lewis Spirit of Philanthropy Award at the Mount Carmel Foundation’s Champagne & Diamonds Gala in February. Board certified in Internal Medicine, Dr. Ecklar has served Mount Carmel for more than 30 years, helping thousands of patients through what he calls “their journeys.”

The Dr. Tom Lewis Award recognizes outstanding Mount Carmel physicians who not only demonstrate exemplary leadership and patient care, but also generously give of their time, talent, and financial resources to support patients and the community.

“I am very humbled to be recognized in this way and to have my name associated with Tom Lewis,” said Dr. Ecklar. “Being a physician is such an amazing experience. It’s a privilege for people to trust in you, and I’m honored that my patients trust in me to help them.”

Passionate about education, Dr. Ecklar has taught and trained more than 200 residents and medical students at Mount Carmel as Program Director of Internal Medicine and now as a Senior Faculty member.
SNAM Awarded National Grant
Chosen Over All Other Nursing Programs Nationwide

SNAM (Student Nurses' Association of Mount Carmel) recently received The Marilyn Bagwell Leadership Development Grant Program administered by the Foundation of the National Student Nurses' Association. This grant was established to provide funds to assist official NSNA chapters support student participation in state and national NSNA meetings or conventions, and for school clubs wishing to create an official NSNA chapter.

The $1,000 grant is usually awarded to one nursing program annually. After review of Mount Carmel's application, the NSNA generously gave SNAM a $1,500 grant for use during the 2011-2012 school year.

SNAM will use $1,000 toward students' expenses to attend state and national conventions. Attendance at these events affords students professional involvement with the NSNA; networking opportunities; possible elected positions and committee appointments on the local, state, and national levels.

The SNAM Board of Directors agreed to use the additional $500 to establish an official NSNA chapter at the MCCN-FMC (Fairfield Medical Center) branch campus. This will offer MCCN-FMC students the many opportunities for leadership development that students at the main campus receive through SNAM. The funds will be divided into $250 for scholarships to cover membership costs and $250 to fund MCCN-FMC students' attendance at state and national conventions.

Funding for the grant program was made available by a generous donation from Marilyn Bagwell, Schools of Nursing, nursing organizations sales from the NSNA Barnes & Noble website, and others to create or enhance involvement of nursing students in the National Student Nurses' Association.
Congratulations to our BSN graduates, RN-BSN completion graduates, and master’s graduates who celebrated with friends and family at Pinning on May 6 and Commencement on May 7, 2011.

Carrying the symbolic mace and leading the pomp and circumstance was this year’s Faculty Marshal, Brenda Beyer, MSN, RN, Assistant Professor. Our thanks to C. Todd Jones, LLM, President and General Counsel, Association of Independent Colleges and Universities of Ohio, who delivered the Commencement address.

PINNING AND RECOGNITION CEREMONY FEATURES ACCOMPLISHMENTS

GRADUATE AWARDS
presented at the Pinning & Recognition Ceremony

CLINICAL EXCELLENCE AWARD
The Clinical Excellence Award was presented to Clare Severns, voted by the faculty, as most consistent in outstanding achievement of clinical objectives throughout the program.

LEADERSHIP AWARD
The Leadership Awards were presented to Tara Williams (master’s) and Amanda Mitchell (undergraduate). This award is bestowed on the student, voted by the faculty, who demonstrates high scholastic achievement, leadership, creative contributions beyond degree requirements, commitment to diversity, and outstanding service to the community.

LAMP AWARD
The Lamp Award was presented to Patrick Smith. This award is bestowed on the student, voted by peers, who has demonstrated behavior most reflective of caring in the nursing profession as described in the overall philosophy of Mount Carmel College of Nursing.

HUMANITARIAN AWARD
The Humanitarian Award was presented to Erin McKernan. This award is bestowed on the student, voted by peers, who has demonstrated outstanding participation and leadership in promoting community service and a commitment to equity and diversity within the College and the community.

INSPIRATION AWARD
The Inspiration Award was presented to Kylene Stanley. This award is bestowed on the student, voted by peers, who served as a consistent role model for motivation, positive influence, and encouragement and who inspired others to achieve at their highest potential.
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165 Grads Celebrate Commencement 2011

“It was motivating to be students at the same time. The topic of many of our dinner conversations was nursing, unfortunately for the rest of the family,” laughed Christa.

Due to class schedules, mother and daughter didn’t see each other much at school. However, they both participated in the cultural immersion seminar to a Remote Area Medical free clinic in Kentucky last summer. “It was great to experience that together,” said Erin.

It was another mission trip — one during high school to a Honduras orphanage for children with HIV/AIDS that brought Erin to nursing. “The trip was incredible. It inspired me. The kids were sick, yet so full of life. I wanted to continue mission work and realized that nursing is a skill I could offer to people all over the world.”

Christa really loved the sciences and originally started at The Ohio State University with a medical technology focus. When she missed the human interaction part, she sought and found that in nursing.

“It is so special to be graduating with my daughter. I love that she also found what she was looking for in the profession of nursing,” said Christa. Erin echoes her mother, “I’m so glad we had this experience together and share a passion for nursing.”

Christa Griesenbrock McKernan ’84 and ‘11 and her daughter Erin McKernan ‘11 have a lot in common, and the past few years sharing their pursuit of a BSN at MCCN enhanced their bond.

MOTHER-DAUGHTER DUO GRADUATES Together

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Christa Griesenbrock McKernan ’84 and ‘11 and her daughter Erin McKernan ‘11 have a lot in common, and the past few years sharing their pursuit of a BSN at MCCN enhanced their bond.
Our congratulations to Baldwin for bringing one of those scholarships to MCCN!

Students Awarded NSNA Scholarships
MCCN students received three of 109 scholarships awarded across the U.S. and its territories, as well as half of all those awarded to Ohio students. The recipients, all members of SNAM, were recognized recently at the national NSNA (National Student Nurses Association) convention.

Student Wins Dr. Pepper Scholarship
Devon Baldwin won a $2,500 Dr. Pepper scholarship with original lyrics adapted to the tune of a vintage Dr. Pepper jingle she found on YouTube. Baldwin described in her own words her need for the scholarship and performed her composition for the on-campus Dr. Pepper camera last November.

Representatives of Dr. Pepper toured nationwide, taping 60-second videos of students requesting scholarships and rewarding three students nationwide per week with scholarships, until $1 million in scholarships were awarded. Our congratulations to Baldwin for bringing one of those scholarships to MCCN!
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Scholarships

Students Awarded NSNA

10                    THE 1903 & LAMP

1886 Mount Carmel HEALTH SYSTEM

Mount Carmel Celebrating 125 Years of Compassionate Healthcare

July marked the 125th anniversary of the founding of Mount Carmel healthcare in Columbus. Dedicated on the feast of Our Lady of Mount Carmel in 1886, the hospital was founded by Doctors Hawkes and Hamilton. Originally called Hawkes Hospital of Mount Carmel, Mount Carmel West is the birthplace of Mount Carmel Health System, now including four hospitals and numerous medical facilities in central Ohio.

Sisters of the Holy Cross from Notre Dame, Indiana, brought the red brick structure of two wards, 18 private rooms, an operating room, and an amphitheater to life. By 1891 the hospital quadrupled in size. Additions continued throughout the early 1900s.

In 1908, the Sisters purchased farmland on the east side of Columbus, used for the recreation of the Sisters, picnics for employees, and for growing and raising meat and vegetables for the hospital.

One memorable aspect of Mount Carmel’s history was rescuing the community during the 1913 flood of the Olentangy and Scioto rivers. On higher ground than the surrounding community, the 200-bed hospital sheltered and fed 700 residents displaced by the flood. Because of this act of charity, Mount Carmel was called the “Ark” by the neighborhood for many years.

During the Depression, the Sisters and the hospital fed some of these same neighbors. Food lines formed outside the hospital kitchen.

As Columbus grew, so did its need for healthcare. Mount Carmel answered that need in 1972 with a 233-bed hospital, Mount Carmel East, located on the Sisters’ farmland.

Hawkes Hospital of Mount Carmel changed to Mount Carmel Medical Center in 1975, and in 1984 the Mount Carmel Community Service Corporation was established to meet community needs in outreach, hospice, wellness, home care, etc.

Mount Carmel Health System was created in 1984, incorporating Mount Carmel Medical Center (West), Mount Carmel East, and Mount Carmel Community Service Corporation. Saint Ann’s Hospital became part of Mount Carmel in 1995. In 2000, Mount Carmel joined Trinity Health, the third largest Catholic healthcare system in the United States.

In 2007, Mount Carmel New Albany Surgical Hospital became the fourth Mount Carmel hospital in the system.

1903 Mount Carmel SCHOOL OF NURSING

Mount Carmel Nursing Education: 108th Anniversary in September

Not far behind the opening of the hospital, Mount Carmel nursing education began in 1903, when the Sisters of the Holy Cross opened the doors of the Mount Carmel Training School for Nurses to 13 female students: five lay women and eight Sisters.

It was the first school of nursing in the United States to be nationally accredited, transitioning to Mount Carmel College of Nursing in 1990 with the offering of a bachelor’s degree in nursing. This significant accomplishment was spearheaded by our President/Dean, Ann Schiele, PhD, RN.

“We asked the Ohio Board of Regents about transitioning the School of Nursing to a College of Nursing. They replied that no one had created a new educational entity in Ohio for 100 years and we wouldn’t be able to do it,” Dr. Schiele recalls. “But with the support of Mount Carmel Health System, we met the criteria and Mount Carmel College of Nursing was established.”

The Center for Learning and Education, housing state-of-the-art library, clinical and classroom facilities, opened in 2004. The MCCN Master of Science program was launched that same year. The College’s first free-standing on-campus student apartments opened in 2007. Mount Carmel’s first satellite program, at Fairfield Medical Center (FMC) in Lancaster, Ohio, began accepting students in 2008.

To make a Mount Carmel nursing education available to even more students, MCCN collaborates with several area colleges, including Ohio Dominican University, University of Findlay, Wilmington College, and Lake Erie College.

In addition to the pre-licensure baccalaureate nursing program, the College offers four Master of Science tracks: Family Nurse Practitioner, Adult Health, Nursing Administration, and Nursing Education; the new Online RN-BSN Completion program; the Second Degree Accelerated Program; the Online Master’s Certification program and Online Nurse Refresher program.

“Since our founding, more than 6,000 men and women have passed through these doors, graduates of a program rooted in academic excellence, compassion, and unparalleled care for others.” said Dr. Schiele.

Mount Carmel Nursing Education:
108th Anniversary in September

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108th Anniversary in September
Lahrmer and her fiancé, Dan, met in Pensacola and will be married at the United States Naval Academy in Annapolis, Maryland, next spring.

Our thanks to Lisa Lahrmer '09 for a personal glimpse into today’s military nursing. While at MCCN, Lahrmer served as president of SNAM (Student Nurses’ Association at Mount Carmel). She was commissioned into the United States Navy at graduation. Lahrmer’s firsthand account was written to SNAM advisor, Dawn Hughes, MS, RN.

A photo taken of me at officer development school in our khaki uniform. This is the uniform our CO prefers us to wear daily.
Our thanks to Lisa Lahrmer ’09 for a personal glimpse into today’s military nursing. While at MCCN, Lahrmer served as president of SNAM (Student Nurses’ Association at Mount Carmel). She was commissioned into the United States Navy at graduation. Lahrmer’s firsthand account was written to SNAM advisor, Dawn Hughes, MS, RN.

Life of a Navy Nurse
Dear Dawn,

Life has been busy, but I am unable to fall asleep (due to a night shift schedule). Lying in bed, I thought about MCCN and you.

I love being a Navy nurse! The military definitely makes sure you don’t just go with the flow, so I have grown much in my skills as a nurse and as a leader. I never knew I would have so much responsibility so quickly!

Our orientation was very sufficient—eight weeks on the floor with a preceptor, plus orientations to the hospital and computer systems. Right out of orientation we are expected to not only be great nurses, but also be responsible for educating our corpsmen as well.

The concept of a corpsman was completely new to me. A corpsman is generally a young sailor fresh from bootcamp and corpschool, taught how to do everything an LPN does. Corpsmen start out in the hospital, because the nurses train them for deployment readiness. So directly off orientation, I immediately felt like a mentor. By teaching the corpsmen, I recall the anatomy/physiology and pathophysiology I learned at MCCN.

I really felt prepared for this huge responsibility after graduating from Mount Carmel! It’s amazing to realize how much I learned at MCCN and how I am able to take that information and share it with the young sailors.

Not only do I educate and prepare the corpsmen, but two months after orientation they chose me to become a preceptor for nursing students. Not yet graduated a year and I am already training senior nursing students! I was very nervous about this responsibility, but it has been so rewarding.

I still remember exactly how I felt as a nursing student and strive to be the most approachable, friendly, and confident preceptor I can be. I am also the night shift charge nurse and fill-in day shift charge nurse. Every day, I am in awe of what two years means as a nurse!

I vividly remember my first few months of nursing here at Naval Hospital Pensacola (Florida), working on the medical-surgical ward. I was nervous. I remember asking people, “How long does it take to feel confident in my abilities?” Most people responded, “Six months to one year.” They
Dear Dawn,

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We had to practice different ways of lifting completely helpless victims from the field. I do not know exactly when I began to feel confident, but one day I realized I did. It is also an awesome feeling when interns ask you what you think is wrong with your patients and what you would recommend.

On top of working, we have extra assigned jobs called “collateral duties.” I write the schedule for all the nurses (GS, contract, and military), am in charge of glucometer testing and access for our unit, am lead member of the nurses week committee, and a member of the dining-in committee. We work on collateral duties on off days and during work if our patient census is on the low side.

Navy nursing has been really rewarding to say the least, and the Navy offers many opportunities. So far, I am ACLS, PALS, and TNCC certified. I attended a combat casualty care course run by the Army in San Antonio, Texas, preparing us for field medical treatment of patients and protocols.

We carried equipment in 100+ degree weather, learned about convoy IED attacks, transported wounded patients on a litter through a forest with obstacles, and simulated med evacs with a mass casualty scenario.

We also have the opportunity to take Navy-approved classes part time toward a master’s degree that furthers your career as a nurse, with the Navy financing a portion of the cost. Another program, available at the end of your first signed obligation, pays for your master’s degree education and pays you to attend school full time. You owe the Navy more years of service, but it is a great way to further your education.

So far I have not had the opportunity to be deployed, but every nurse I have spoken to about deployments said it was great experience and they didn’t regret it!

I wanted to let you know about my career, because you watched me grow up from a new freshman all the way to graduation. Remember when I first told you I was considering Navy nursing? It’s surreal to think about how fast life happens and where your career can take you!

Warmest Regards,

Lisa

Lisa Lahrmer, ENS, NC, USN
Wow—these two significant events occur exactly 30 years apart?

Julie:
I’m reeling over the fact that 30 years have passed since I graduated from “The Mount,” let alone that my daughter graduated from there as well! What a privilege and pride it is to not only call Amanda my daughter, but now to call her a colleague as well.

Amanda:
I always love hearing the stories about Mount Carmel School of Nursing: the friendships, the memories. I was excited to make my own college memories. We often talk about the staff and faculty; it’s wonderful to have had several of the same instructors. We laugh about the old pictures in her yearbooks and all the mischief that occurred.

Why is nursing your chosen profession?

Julie:
For as long as I can remember, I was happiest when I was caring for someone or something, whether it was baby dolls or stray cats. When I was almost 16, my little brother Steven was born with special needs, and my nursing spirit really kicked in. Once I locked into a career path to accomplish my goals, it all came together - and I’m still working full time in this ministry called nursing.

Amanda:
I never wanted to be a writer, or a teacher, and I wasn’t much of an easy-bake oven artist. I do, however, remember my first stethoscope. It was the plastic kind, with the foam diaphragm…and I’m sure I heard S1/S2 on my brother just fine! Science was my favorite subject. And in high school, I realized my path had been nursing all along; my life had prepared me for it.

Tell us about your nursing career.

Julie:
What a journey. I had an opportunity to begin my official first job as an RN in the Emergency Department at The Ohio State University Medical Center. My plan was to stay a year and learn a little about a lot, and then Labor and Delivery would be a great place to work. Well, 15 years passed and I was still enchanted by the challenges of emergency nursing at a Level 1 Trauma Center. Due to life circumstances, my career then took other paths, including home health, liaison...
for the Oral and Maxillofacial Clinic at OSU. Recently, I returned to the ED at OSU as a staff RN in the Clinical Observation Unit and enjoy it very much.

Tell us about your career aspirations.

Amanda:
Following in my mother’s footsteps again, I would love to work in a critical care setting. Up until this year, I wondered if it was because of my Mom that I wanted to follow emergency medicine. I took Acute Nursing — the dreaded course — during the first term of fall semester. I can honestly say that it was my favorite and most rewarding class. I clicked with the information, had excellent instructors, and was so excited to learn everything that I could. After that, I can’t imagine working anywhere else. The pace, the patients, the critical assessments and changes…it’s everything I want! I also really liked my leadership rotation in the Medical Cardiac Intensive Care Unit. We’ll see where these roads take me!

A special message

Julie:
To the Class of 2011:
I vividly remember standing where you are standing now. Wide-eyed, excited, scared, thrilled to be out of school, ready to start, overwhelmed, and tired, all at the same time. Thirty years from now, you’ll realize that this solid foundation you’ve received has also prepared you to be an advocate, cheerleader, magician, comic, pastor, inspirational speaker, best friend, author, teacher, referee, confidant, poet, leader, follower, inquirer, traveler, scientist, researcher, clown, artist, mentor, beautician, and mechanic. This is why nursing is an art form; it is multifaceted. As a representative of the class of 1981, I encourage you to proceed and do us all proud. You have what it takes and have been given what you need.

Amanda:
For our Pinning, along with my whites, I wore my mom’s nurse’s cap. It is an honor to share this accomplishment with my mom, to be recognized as a colleague. And following her footsteps once again, I’ll trek into this journey of nursing.

It is our collective efforts and enthusiasm for excellence in nursing education that has helped Mount Carmel College of Nursing grow and prosper. “To thank those whose generosity and foresight demonstrate a commitment to the future of nursing, we now have a wonderful donor recognition display in the main lobby of the College of Nursing,” says Ann Schiele, PhD, RN, President and Dean.

The donor wall features the Mount Carmel College of Nursing Annual Giving Societies and Lifetime Giving, along with Endowments and Planned Gifts. “We deeply appreciate the generosity of our donors. The recently established Giving Societies and the new donor display give us the opportunity to honor and acknowledge this distinguished group of alumni, friends, and corporations through special benefits and recognition,” says Jan Burkey, Director of Development.
To explore how nursing is taught and practiced abroad, a group of 24, including faculty, staff, students, alumni and a physician, traveled to Ireland May 10-19. During the educational program, the MCCN entourage compared methods of nursing education and curriculum requirements and learned about clinical practice in Ireland. There was also plenty of time to tour the beautiful sights of Ireland.

Trip leader: Hannah O’Handley, MSN, RN, PNP

Faculty: Theresa Draher, BSN, RN, CCRN; Anna Waterman, PhD, RN

Alumni: Linda Siegwald Behrendt ’60, Sue Grimes Haney ’60, Kim Dillon ’04 (President, Alumni Association)

Mount Carmel Physician: Dr. Jack O’Handley

Students: Erin Burke, Michelle Curran, Heather Deitering, Molly Draher, Audrey Fisher, Kelsey Horton, Katie Hostetler, Leeann Junk, Lacey Lauer, Meghan MacIntyre, Lyndsay Melvin, Raejeanne Powers, Meghan Randolph, Lauren Sandell, Kathryn Simon, Lindsay Thomas, Brooke Waddell
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Dear Alumni,

The Mount Carmel Alumni Association warmly welcomes the class of 2011! We are honored to have you as fellow "Mount Carmel nurses" and promise to mentor you through this publication, the MCCN website, activities we plan, and in person, should our professional paths cross.

Every graduate contributes to the Mount Carmel legacy. Nursing makes our bond unique and our connection strong. Through the Alumni Association, all alumni—from new graduates to lifetime members—recapture those feelings by staying connected.

We offer many ways to keep in touch: our Mount Carmel alumni Facebook account at www.facebook.com/mcalumniassoc, the alumni page at www.mccn.edu, your Mount Carmel email, and attendance at our Homecoming Reunion.

The October Reunion was a great celebration, bringing together alumni from all over the country. Our thanks to chair Susie Loik Parsons ’76, who managed to provide a delicious meal, flowers, decorations, door prizes, tours, programs, nametags, networking and more for just the price of admission. No Alumni Association funds were used, as these are committed to benefitting future alumni.

All are invited to attend Alumni Association meetings or volunteer for a committee administering scholarships, planning student outreach, enrichment activities, or homecoming. Contact me at kadrn85@yahoo.com.

Looking forward to seeing all of you at upcoming events.

Sincerely,

Kimberly Dillon ’04, RN, CNOR, RNFA, MSN
President
Mount Carmel Alumni Association
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Looking forward to seeing all of you at upcoming events.

Sincerely,

Kimberly Dillon ’04, RN, CNOR, RNFA, MSN
President
Mount Carmel Alumni Association

Kathy Espy Honored with YWCA Lifetime Achievement Award

Kathy Espy, Director of Diversity and Community Initiatives at MCCN, recently received a YWCA Lifetime Achievement Award. This new honor was presented to three outstanding community leaders as part of the YWCA’s 125th anniversary celebration. Espy was recognized in 1998 as a YWCA Woman of Achievement, considered the most prestigious award for women in central Ohio.

Over the past 26 years, a select group of 215 women, who have made extraordinary contributions to their families, workplaces, and communities, have been honored as YWCA Women of Achievement. MCCN President/Dean, Dr. Ann Schiele, was honored as a YWCA Woman of Achievement in 2000.

“YWCA Columbus is proud to present Kathy Espy with the Lifetime Achievement Award for her bold vision of bringing diversity to every table where she is invited and for the lasting impact her gentle wisdom and unwavering support of women has had on Columbus.”

Photo courtesy of YWCA Columbus
Visit us on Facebook
by visiting www.facebook.com/
mcaumniassoc

Register for an Alumni Library Account
Visit the Mount Carmel Health Sciences Library site at www.mccn.edu/library to register for an alumni library account. You will have 24/7 access to news and information. Being a Mount Carmel alum has its privileges!

Alumni Association Update

Your Mount Carmel Alumni Association Mission and Vision

The vision of the Mount Carmel Alumni Association is to make Mount Carmel College of Nursing the best it can be through the philanthropic, networking, and enrichment initiatives provided by the Alumni Association.

Our mission is to foster and strengthen lifelong relationships among alumni and students and to support and promote the future of nursing.

We encourage you to become an active part of the Mount Carmel Alumni Association. Board meetings are open to all graduates. Please visit www.mccn.edu/alumni/officers or call the alumni voicemail at 614-234-5925.

Alumni Association Homecoming Reunion

Held on October 8th at Mount Carmel College of Nursing

Festivities included a luncheon, honor class photos, door prizes, raffle, networking, tours of the College and more. Many MCCN alumni gathered for all the fun and relived their memories right here at the old alma mater! “A great time was had by all,” said Phylis Motz Crook, Alumni Coordinator.

Help us find our Missing Mount Carmel Alumni

Do you know any of the missing alumni on page 31? Please help us find these very important persons. If you have any contact information for anyone on this list, please forward it to Theresa Williams at 614-234-1718 or twilliams@mccn.edu.
More Fun in Florida

Mark your calendar for the 2012 Florida Alumni Luncheon on Wednesday, February 22, 2012, at the Olive Garden (on Cleveland Avenue across from Page Field Airport) in Fort Myers, Florida.

To ensure we know where to send your Florida luncheon invitation, contact Theresa Williams at the College (see page 5) with your name and the address where you will be in early January 2012 when the invitations are mailed.

Enjoying a sunny reunion last February:

1-2 Phylis Motz Crook ’63, Elise Benson ’61; Nerina Beverly Stepansky ’61 and Joyce Good Henderson ’70.

1-2 Judy McElroy Dick ’58, Natalie Lougeman Hanners ’58, Pat Gilgannon Kenny ’58, Joan Carmel Welch ’58, Carolyn Kulp Souders ’58, Marianne Ellis Beck ’61, Mary Lou Jones Yautman ’58, seated; 1-2 Bess Eckard Whittington ’58 and Mary Ellen Jeffers Barkeloo ’56.

Arizona Alumni Gathering

“The four of us spent a pleasant afternoon reflecting on our years at the Mount and all those which have followed. It was as if we all graduated together, with a few extra-interesting memories thrown in,” said organizer Pat Brown Gates ’63.

Arizona alumni plan another reunion in Arizona next year. Please contact Theresa Williams at the College (see page 5) with your name and the address where you will be in early January 2012 when the invitations are mailed.

Arizona Alumni (l-r) Pat Brown Gates ’63, Beverly Phillips Weiss ’47, and Janet Henery Martin ’59 smile for the camera at Janet’s home in Paradise Valley, Arizona. Also present, but not pictured, was Nola Althouse Garverick ’58.

Students Say Thanks to Alumni for Free Finals Breakfasts

Once again this spring, the Alumni Association treated grateful students to free continental breakfasts during finals week.

Student/Alumni Mentorship Opportunities

Plans are in process for student/alumni mentorship opportunities for the 2011-2012 academic year. Your participation is welcome and needed! Please leave a message on the alumni voicemail (614-234-5925) or email Alumni Association President Kimberly Dillon (kadm85@yahoo.com).
Alumni Boutique

We invite everyone to browse and buy in the “Alumni Boutique” at www.mccn.edu/alumni. Sales of these items benefit the Alumni Association scholarship and loan program.

Online MCCN Spirit Shop

Alumni can shop for a wide variety of Mount Carmel merchandise via our online MCCN campus web store at www.spiritshop.mccn.edu. You’ll find a multitude of styles and colors, plus a choice of logos ranging from “Mount Carmel Alumni” to our “Mighty Night” logo.

Consumer Health Library at MCW Offers Free Health Information to the Community

Mount Carmel Health Sciences Library (MCHSL) recently inaugurated a beautiful, brand new Consumer Health Library (CHL). The CHL is a free, comprehensive medical library open to all members of the community as a “source of truth” in the volumes of health information currently available. The CHL’s resources emphasize understanding and treatment of disease as well as prevention, health, and wellness.

The CHL offers:

• Professional staff to assist consumers.
• Consumer health books plus an extensive consumer health DVD collection.
• Consumer health journals, health magazines and newsletters.
• Access to bilingual (English/Spanish, and other languages), professionally selected and recommended Consumer Health Links and information covering different health topics.
• Information on local and national professional health agencies, organizations and support groups.

Located at 777 West State Street, Suite 201B on the Mount Carmel West campus, the CHL professional staff provides in-person and virtual services Monday through Friday, 8:30 a.m. - 4:30 p.m.
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Pat McKnight, MS, RD, LD, FADA

Pat McKnight, MS, RD, LD, FADA, came to Mount Carmel in 1961 when her OSU master’s program director told her the School of Nursing needed someone to teach diet therapy and she should apply. “I don’t remember actually applying for the position, but Sister Marie Virgine (‘52) accepted me.”

McKnight’s first position was Nutrition Instructor, later Coordinator of Nutrition Education. With the transition to College of Nursing, her title changed to Assistant Professor, Nutrition.

“Nursing and dietetics are science-based professions, so over the half-century I have seen significant changes in what we teach,” said McKnight.

McKnight attributes the success of the nutrition program to support from Eleanor Wilson, Director of Mount Carmel School of Nursing, and Dr. Ann Schiele, President/Dean of the College, as well as from faculty who recognized the value of nutrition integration into nursing education.

What means most to McKnight is that Mount Carmel has a unique and nationally recognized nutrition education program: the basic nutrition course and nutrition integrated in theory and clinical in nearly every course.

“I am delighted when nurses tell me they remember something I said in class long ago, such as ‘read the label and set a better table.’”

McKnight fondly remembers colleagues from the past 50 years: Eleanor Wilson and the Holy Cross Sisters — Sister Louisita, Sister Nancy, Sister Kathryn (‘57), Sister Clare Anne (‘40), and Sister Kathy — as well as those who have also served the School/College a long time — Ann Schiele, Kip Sexton, Barb Barta, and Margaret Stinner.

“I love working here and in Public Policy for the Dietetic Association. If my brain and body keep working satisfactorily, I’ll continue a while longer.”

When asked her secret for maintaining health and stamina, McKnight replies, “Yes, I do practice what I preach! Along with good genes, nutrition has made a difference in my life.”

Pat McKnight, MS, RD, LD, FADA

50 Years of Service to Mount Carmel Nursing Education

MCCN President/Dean Ann Schiele, PhD, RN, and Stevo Roksandic, MBA, MLIS, Director, Mount Carmel Health Sciences Library, celebrate the opening of the CHL.

Children’s section in the new CHL
Central Ohio Community Supports Mount Carmel College of Nursing Students in Annual Golf Invitational

It was another successful year for the Mount Carmel Foundation Golf Invitational, which generated $89,000 for Mount Carmel College of Nursing (MCCN). Held on July 11 at The Lakes Golf and Country Club and supported by central Ohio businesses, the 17th annual golf outing raised funds for student scholarships and teaching tools.

“This is a great venue for business and community leaders to come together and generously support students as they pursue their dreams of careers in nursing,” according to Jan Burkey, Mount Carmel College of Nursing Director of Development. “Our sponsors and players recognize the critical importance of nursing in our community and they are there to meet the need.”

This year’s presenting event sponsors were American Electric Power (AEP), HHA Services, and PNC Bank. A total of 49 corporate sponsors participated.

The 2012 Mount Carmel Foundation Golf Invitational benefitting Mount Carmel College of Nursing will be held on July 9th at the Lakes Golf and Country Club located in Westerville, Ohio. For more information about next year’s tournament, please contact Jan Burkey at jburkey@mchs.com or 614-234-3837.
Annual Phone-a-thon Helps Students Realize their Dreams

Thank you to our alumni who generously donated to this year’s Phone-a-thon. As a Mount Carmel alumnus, you understand what it means to be a Mount Carmel nurse and that is why your response to our appeal is so important. You are supporting the education of succeeding generations of Mount Carmel nurses, and for that we are truly grateful.

Our student callers, most of them scholarship recipients, along with alumni, faculty and staff, enjoy reaching out to alumni and letting them know how much their support means to current students. With your help, we will continue the legacy of Mount Carmel nurses – keeping them forefront in our communities, caring for you, your loved ones, their families and friends.

Your Support of Phone-a-thon 2011 is Greatly Appreciated
Whether you pledged or were a volunteer caller (or both), your support means so much to our students, who truly need the assistance. A heartfelt thank you from Mount Carmel College of Nursing for your generosity and dedication to the nursing profession and today’s nursing students. You are making countless dreams come true.

Volunteer callers (l-r): senior Kelsea Simons, Admissions Counselor Jonathan Francis, Director of Development Jan Burkey, and Assistant Dean, Online Learning Tara Spalla.
Dortmund enlisted into the Ohio Air National Guard in 2007, serving as an Aerospace Medical Service Journeyman assigned to the 121st Air Refueling Wing (ARW), Columbus, Ohio. Dortmund voluntarily deployed as a Squadron Medical Element medic in support of Operation Enduring Freedom in 2010, establishing 24/7 medical support operations to 200+ airmen; maintaining 100% accountability of prescription medications and controlled substances while deployed; and saving $37,000 in bottled water costs by ensuring a local potable source was available to deployed airmen. Locally, Dortmund served 700+ needy Ohioans with medical needs as part of the Joint Guard Care Community Outreach Program.

Dortmund received several awards: the Air Force Achievement Medal, Army Achievement Medal, Ohio Commendation Medal, and an Inspector General coin for her superior performance in the 2010 Health Services Inspection. Dortmund was selected to represent the 121st ARW at the Ohio Women’s Book Conference, which celebrates women’s contributions in leadership and community service.

“SrA Lauren Dortmund is the epitome of what I expect an airman to be. She is an exceptional person with a perfect attitude, as well as being a modest and humble young woman,” said Command Chief Eric Wallace.

“Lauren stepped up and volunteered for the Homeland Response Force initiative — a joint Air/Army National Guards mission of military personnel ready to provide treatment in case of a terror attack or widespread illness,” Wallace added.

“My father is a member of the Air National Guard. Growing up, I always wanted to serve in the military and pursue a profession in medicine. I love both equally,” said Dortmund. “I am grateful for this honor.”

Why did you decide to become a nurse?

Derr: Growing up watching my brother battle cancer at a young age, I knew I wanted to work in healthcare — to help people during their time of need. I became a nurse to impact lives in any way I can, whether giving medication or trying to put a smile on a patient’s face. I just want to be there for people.

Why did you choose MCCN?

Derr: I transferred from Ohio State to MCCN. I really liked the clinical experiences that Mount Carmel had to offer.

Activities you were involved with at the College?

Derr: Student Government, Soccer, Coffee Shop Loitering

Activities and commitments outside of class and clinicals?

Derr: Working at the Children’s Hospital Rehab unit and volunteering for ‘A Kid Again’ foundation.

Plans after graduation?

Derr: I plan to work in the Children’s Hospital ER/Trauma unit. I’ve also signed up with the Red Cross to travel to Haiti for disaster relief. I hope to return to school next year to begin a master’s program and specialize in pediatrics and trauma.

One piece of advice for future MCCN students?

Derr: Lean on the people surrounding you. I’ve met the most entertaining, funny, and best friends during my college experience here, and I can’t imagine going through nursing school...especially OB...without them.
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Sister Kathryn Callahan CSC, also known as Sister Blanche (‘57), lives at the Holy Cross motherhouse in South Bend, Indiana. She will celebrate her Diamond Jubilee this year. She took her first profession 60 years ago, in 1951. Check out www/cscsisters.org to keep current with our Sisters of the Holy Cross.

Su Holland Zerwin (’63) lives in Westminster, Colorado. She is married and has two children and three grandchildren. She works part time in care management and has been with the same company for 20 years.

Mary Elizabeth Lechner Gatchell (’68) lives in Chillicothe and is married and has two children. She worked 25 years as a nurse with the U.S. Department of Veterans Affairs, including five with a program for people who returned from Vietnam with post-traumatic stress disorder and drug and alcohol addictions. She was featured in the January 1, 2011 edition of The Columbus Dispatch. By virtue of her birthday date, hour and minute, she is central Ohio’s first baby boomer, part of a wave of Americans hitting the traditional retirement age. One of her quotes in the Dispatch stated, "I feel pretty typical. We’ve been able to live the American dream."

Joyce Good Henderson (’70) lives in Palm Bay, Florida, and is married. She has five children and 12 grandchildren. She works per diem as an admissions nurse for a hospital-based homecare agency. She is also a writer and photographer with five books and many magazine articles published. She leads medical mission teams to Ecuador every fall. Because of that work, she was named a Space Coast Humanitarian in 2010. She writes, "I'd love to be in touch with my classmates and can be found on Facebook."

Noreen Prostko Allen (’74) has been licensed and worked in Tennessee, Virginia, California and Georgia. She is married with three children and three grandchildren. She has worked as an RN for 37 years. She recently graduated from the Excelsior College BSN program and is a certified rehabilitation nurse. She is currently the shift manager on a brain injury rehab unit at Emory University Hospital in Atlanta, Georgia.

Tammy Mickley Joseph (’81 and ’99) lives in Gambier, Ohio. She is currently finishing her CTPe at the Knox Community Hospital Department of Specialty and Primary Care in Mount Vernon, Ohio. Tammy and classmates LeeAnn Hanaway Bowers (’81) and Sharon Olenik Black (’81) “merged career paths once again as we all graduated from Otterbein University in the Family NP program in June 2010.”

Katy Shaffer DeRyder (’96) lives in Suffolk, Virginia. She was married last May. She works for the Otolaryngology Department at Eastern Virginia Medical School in Norfolk, Virginia. She is expecting her first baby.

Stephanie Adams Piquero (’97) lives in Dublin, Ohio, is married and has two daughters. She is an instructor at Mount Carmel College of Nursing.
IN MEMORIAM

Mount Carmel College of Nursing and its alumni honor the following graduates who have passed away and extend our sympathy to their family and friends.

Lois Jean Douglass Conrad — Class of 1934
Madge L. Kirby Dunham Borsch — Class of 1940
Rita Wannemaker Eickholt — Class of 1942
Jane Fox Pultz — Class of 1942
Carolyn Kandel Jernigan — Class of 1944
Marjorie Bolte Kelly — Class of 1944
Rita Herderick McCann — Class of 1947
Charlotte Rinehart Chamberlain — Class of February 1949
Margaret Callinan Rowe — Class of 1949
Mary Catherine Clark Flanagan — Class of 1951
Margaret “Margie” Lucille Schoppelrei — Class of 1951
Lucille Stambaugh Turner — Class of 1951
Carolyn Silk Gallagher — Class of 1954
Carolyn Wells Hagedorn — Class of 1956
Sally Dalgarn McGrath — Class of 1961
Dorothy Conway Loughran — Class of 1971
Catherine Flowers Lineberger — Class of 1975
Tammy Snyder Weidner — Class of 1981

We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

The son of Barbara Haley Watt (’62)
The son-in-law of Edie Kay Hallam (’63)
The mother of Joanne Traband Hall (’63) and Joy Traband Parillo (’63)
The mother of Mary Ann Cunningham Smith (’63)
The mother of Mary Ann Pietrangelo Gill (’64)
The husband of Kathleen Traband Hall (’64)
The father of Anita Cook Motil (’67)
The father of Ashley Moore Turner (’07)
Betty Marioth

(Missing Alums)

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<td>Margot Baida Lewis</td>
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