FROM CENTRAL OHIO TO FAR-FLUNG SPOTS AROUND THE GLOBE, from the needs of families, friends, and patients to the underserved at home and abroad, Mount Carmel students, faculty, alumni, and donors reach out with compassionate care.

Many of our alumni lend their nursing expertise world-wide through service in the military, the Peace Corps, as members of disaster response teams and medical mission teams, and in providing healthcare to the underserved in cities and rural areas. Our donors and alumni reach out to our current students challenged by economic circumstances, helping them to achieve their dreams of fulfilling careers in the nursing profession.

Our faculty are renowned for their dedication and outreach to meet the academic needs of each and every student. Our students embrace this tradition of paying it forward, by participating in outreach through medical missions abroad and activities enriching the central Ohio community. Here are just a few examples of MCCN outreach.

Medical Mission to the Dominican Republic

MCCN’s satellite location, Mount Carmel College of Nursing-Fairfield Medical Center (MCCN-FMC), not only features the same excellence in nursing education as the main campus, but also has the same compassionate spirit. It was not surprising that MCCN-FMC staff and students felt the need to plan a medical mission.
We taught female ‘healers’ from the villages how to give immunizations, as well as basic first aid for wound care. Once the instruction was complete, we accompanied the healers to the surrounding villages, previously without access to vaccinations, to set up vaccination clinics,” said MCCN-FMC Assistant Professor and Mount Carmel class of 1997, Missy Mount Mohler, MS, RN.”
“We are so excited about how many lives we saved through the vaccinations!” Mohler says. “Over 200 immunizations were given by the healers and our students! Rightly so, the students were proud of the tasks accomplished on the mission, as well as the life-long bonds they formed with the healers.”

Focused on education and immunization, the mission was an adventure: sleeping in hammocks in an open air shelter, with no electricity or running water, and eating authentic Dominican meals.

The team of two faculty members and eight students truly experienced the cultural, environmental, and healthcare system of an impoverished area in the Dominican Republic.

“The medical mission was life-changing for the participants. We feel very blessed by this opportunity and hope it becomes a tradition for MCCN-FMC students.”

— MCCN-FMC Assistant Professor and Mount Carmel alumna, Missy Mohler, MS, RN
Medical Mission to Nicaragua

Life-changing, rewarding, invaluable—these are some of the descriptions offered by MCCN participants describing the spring break Amigos for Christ Mission Trip to Nicaragua. Assistant Professor Denise Ferrell, MSN, RN, a veteran mission leader, accompanied the six student volunteers: Stephanie Carl, Meredith Conine, Andrea Corcoran, Elizabeth Ellis, Allison Jacobs, and Elizabeth Needham.

The volunteers’ activities encompassed peri-operative care in a medical/surgical hospital; visiting a maternal/child hospital and an orphanage; assisting with a community development program; spending time with school age students; visiting the open markets in town; spiritual reflection programs; and an excursion to a private Pacific Ocean beach.

Trip participant Meredith Conine believes a medical mission is a great way to utilize nursing skills for those who truly need help the most. “Because of this trip, as a future nurse I will have much more appreciation for my patients and will remember to take time with them.”

Liz Ellis wanted to see a different side of nursing, in an atmosphere completely different from what she was used to. “I wanted to help where they really need you. I will always remember the visits to the orphanage and the dump site.”

Clearly the mission trip resonated with the students. There was a waiting list for participation in the next trip.

“There may be differences in the supplies you have to work with, but nursing is the same no matter where you are in the world. People want to be taken care of and a friendly face next to them when they wake up from a procedure.”

— Allison Jacobs, MCCN student and mission trip volunteer
Greetings from Mount Carmel College of Nursing, where last May we celebrated a record number of graduates who are well-prepared to provide competent and compassionate care to our community and beyond. Classes continued throughout the summer for about 50% of our undergraduate students, our Second Degree Accelerated and Advanced Placement Program students, as well as our master’s students. The launch of additional innovations here at the College. The number of Master of Science tracks increased to five with the addition of Adult-Gerontology Acute Care Nurse Practitioner and the Graduate Certificate in Adult Gerontology Acute Care Nurse Practitioner. Opportunities are available to enroll in any of the master’s tracks. We welcome your interest and are happy to answer your questions at www.mccn.edu or 614-234-5800.

The new state-of-the-art Mount Carmel Clinical Skills and Simulation Center, a collaborative project initiated by MCCN and Mount Carmel Medical Education, was also launched in August to benefit our students, medical residents, and all Mount Carmel associates, as well as community healthcare professionals, with a significantly improved skills/simulation experience in a larger and enhanced learning environment. These initiatives embody our College mission to reach out to improve the healthcare, and accordingly the lives, of all those we touch and care for locally and around the world. Look for amazing examples of our extensive student and alumni outreach in this issue’s cover story.

We welcomed all of our Mount Carmel alumni back to campus for the Homecoming Reunion on September 29. We welcome alumni and visitors to our campus anytime.

We also welcome you to the exciting opportunities offered by our Mount Carmel College of Nursing Annual Giving Societies (www.mccn.edu/making-a-gift). Our donor wall in the College Lobby, honoring our generous and much-appreciated partners, has already been expanded—thanks to your generosity and commitment to continuing the legacy of excellence in nursing education at Mount Carmel.
CALENDAR OF EVENTS

COLLEGE CALENDAR 2013

Jan 7  2013
Spring semester begins

Apr 14-17  2013
Annual Phone-a-thon

May 10-11  2013
Pinning and Commencement

ALUMNI ASSOCIATION HAPPENINGS

Feb 19  2013
Florida Alumni Lunch (Fort Myers, FL)

Oct 5  2013
Annual Alumni Association Homecoming

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The Community Service Club was established in September 2011 because students at Mount Carmel have a passion to serve. The club’s goal is to create activities to touch people in the community who really need our help, as well as people who don’t always get the attention they need.

A resource for students to build relationships as well as community service hours, the Community Service Club is off to a great start with over 60 members and a variety of activities. One of the activities the club took on in the Franklinton community immediately surrounding the College is serving at the Holy Family Soup Kitchen once a month. To kick off the beginning of that service, the club partnered with the Social Committee to host a lunch with Francis Carr, the Director of the Soup Kitchen and Outreach at Holy Family Parish. At the lunch, faculty, staff, and students participated in a soup and chili cook-off that benefited the Holy Family Soup Kitchen. Carr, recently retired as director, spoke about the history of the soup kitchen and upcoming volunteer opportunities.

Other outreach by the club included sorting and inspecting donated items at the Mid-Ohio Food Bank in Grove City. The club also conducted a clothing collection for needy students at nearby Avondale Elementary.

The Community Service Club
Students Reach Out to the Local International Community by Volunteering at Health Fair for the Seventh Year

In response to the request to participate in the Columbus International Festival’s Health Fair “Celebration of Wellness and Healthful Living,” MCCN students reached out to our community for the seventh year in a row.

This support—health screening resources and educational materials—provided avenues of hope, ensuring possibilities in restoring a future of living healthier lives the recipients might have otherwise missed. Approximately 100 free flu shots were given by the students under the supervision of their nursing instructors Vickie Warscauer, MS, RN, and Kim Greene, PhD, RN, FNP. **MCCN Student Volunteers:** Janelle Smith, Amy Vanarsdalen, Morgan Zumberger, Christina Oldham

MCCN Supports and Attends Nurses Day at the Statehouse

Mount Carmel College of Nursing annually sponsors students and faculty to attend Nurses Day at the Statehouse (NDASH). Hundreds of nurses and nursing students from all over the state attend the event—a day where nurses, nursing students, and state legislators meet to discuss issues in the profession of nursing.

NDASH is beneficial in letting state legislators know the value and importance of the nursing profession, an opportunity for nurses to advocate for their profession and for their patients by educating legislators on needed improvements.

“There is definitely a benefit as a student to attend Nurses Day at the Statehouse. The experience shows how much hard work goes into making positive changes for nurses in the workforce. Persistence and patience are definitely needed to be a nurse advocate—skills that nursing students have been taught to develop.”—MCCN student and participant Jim Martineau

Reaching Out to Returning Veterans and their Families: MCCN Hosts Conference Regarding Post-War Care

Mount Carmel College of Nursing hosted a one-day conference for Central Ohio primary care nurses and other healthcare providers to address the unique needs of returning war-zone veterans and their families. Members of the armed forces and experts in the field spoke.

Nearly 100, including nurses, nursing students, and social workers, attended the conference. “Wonderful job of covering holistic care ranging from the physical person in blast injuries to the vet with post-traumatic stress disorder,” wrote a conference attendee.

Mount Carmel College of Nursing is frequently described as a caring family. That feeling of caring is not bound by the borders of the campus—rather the caring defies borders of any kind and reaches out to give and serve.

Our community’s concerns of uncertainty regarding their healthcare needs, with or without health insurance, were minimized by the services the students and Mount Carmel Health offered.

—Deborah Jacobson, R. EEG T., Mount Carmel Health System CIF Health Fair Coordinator

FALL / WINTER 2012-13
“MCCN is proud to be in Franklinton and, as good neighbors and good stewards of our community, plans ongoing community service projects.”

— Director of Student Life, Colleen Cipriani.

Chyna Dolman, MCCN student, said, “Even though I just did lawn work and picked up trash, it was good to know that I made a difference and it was appreciated.”

Resident Hall Community Service Day

Students kicked off the beginning of the academic year with the Resident Hall Community Service Day, when 29 students volunteered to clean up and beautify the Franklinton area. They picked up trash and weeded flower beds in two Franklinton parks and cleaned up and weeded at Gladden Community House and the surrounding neighborhood.

Student Marissa Gerdes commented, “The Resident Hall Community Service Day allowed me to get closer to the people I am living with, as well as help those in the community. I went to Gladden House and learned how they help children. Helping them felt great and I am so happy I was a part of it!”
Avondale Elementary Christmas Project

During several holiday seasons, MCCN has helped Santa remember deserving students at nearby Avondale Elementary, with what may be their only holiday gift. Volunteers collect the children’s gift wishes, purchase, wrap, and deliver the hundreds of gifts, plus some extras, such as warm gloves and hats—a huge project and labor of love from the College to the children of the community.

MCCN Volunteer Tutors: Impacting Children’s Lives and the Community

For years, MCCN volunteers have reached out to local children by improving their reading skills. Our reading tutors head to nearby elementary schools during lunchtime once a week, where they spend 45 minutes with an individual student.

Tutoring gives Tori Fox a sense of really helping, since improving reading will improve education. “It’s so adorable to see my little girl so happy to see me every week, excited to learn and read. In just the first month, I saw improvement,” said Fox. “It’s really rewarding. I’m not even doing it for the community service hours. I’m doing other stuff for that; I just enjoy helping.”

Samantha Kotlarek enjoyed tutoring so much that she signed on for a second year. “I decided I couldn’t say no after remembering how much of an impact we had on the children. All the kids are so anxious when they see us sitting in the hallway for them because they know they will be getting one-on-one attention.”

Kotlarek sees parallels between the tutoring and nursing. “I decided to become a nurse because I enjoy helping others. I think it’s such a great feeling to know you have helped someone because you care, whether that means assisting a child reading or helping someone back to better health and to their family.”

“The program helped me understand the importance of giving back to our community. It is the only way our community will survive. Plus, it is very rewarding. My student grew not only in reading, but also in nutrition. Before we read, we talk about what healthy food choices to make during lunch.”—Jessica Yvonne Parham, student and reading tutor

Community Outreach: Helping Children Learn About Nursing

How can children in underserved communities learn about the different roles of the nurse?

This question and more was addressed when a group of MCCN students, under the direction of Professor Toni Chops, MS, RN, visited Linden Elementary School in northeastern Columbus.

Students Kristi Kowalski, Sarah Hanson, and Hailey Ropp worked with Chops to present a dynamic program about the many roles in nursing and “what it takes to be a nurse. They shared their personal experiences in elementary and high school that contributed to their current success at MCCN.

“I wanted to teach the students about nursing to help them realize that with hard work and determination, they are capable of going to college and finding a career they can be successful in even if the circumstances may not seem great,” Hanson said.

“Teaching the students about nursing, I realized that nursing is not only about providing excellent health care, but also about being a professional and a role model,” said Ropp.
> The MCCN master’s program offered a new track beginning this fall, Adult-Gerontology Acute Care Nurse Practitioner and the Graduate Certificate in Adult Gerontology Acute Care Nurse Practitioner, joining the other four master’s tracks—Adult Health, Family Nurse Practitioner, Nursing Education, and Nursing Administration—for nursing professionals interested in taking their career to a higher level.

> The new 1.1 million dollar state-of-the-art Clinical Skills and Simulation Center opened in August. Located on the Mount Carmel West (MCW) campus and open to everyone in the Mount Carmel Health System, as well as to community healthcare professionals, the center enhances patient care instruction for the College, Mount Carmel Health, and the community.

> MCCN’s Second Degree Accelerated Program (SDAP) completed its first five classes, and more than 225 students have now realized their dreams of working as nursing professionals. The SDAP has a student retention rate of 96%-100%, NCLEX-RN first time pass rate of 92-100%, and employment rate of 100% for all SDAP graduates.

> Enrollment for the 2012-13 academic year at MCCN is once again at record level, numbering over 1,000 students. MCCN is the third largest college of nursing in the state and interest in the College and nursing remains high. Online and graduate programs are growing even faster, as more students can be accommodated in those programs.

> The MCCN Rho Omicron chapter of Sigma Theta Tau celebrated its tenth anniversary this year, commemorating many accomplishments and awards achieved since its founding in 2002.

Mount Carmel Bonds Start New Tradition

Were you the mystery Mount Carmel alum who provided a magical moment for one of our students?

From Annie Hahn, MCCN student

After the 2012 sophomore pinning ceremony, my family took me out to dinner. Waiting for a table, I felt a tap on my shoulder and heard, “Go Mount Carmel.” I turned and standing there was a woman who told me she graduated from Mount Carmel years ago.

As I finished my meal, the waiter came to our table with a dessert. He said it was from the lady who graduated from Mount Carmel. Unfortunately, I was unable to find out who she was. I was very touched by the act of kindness and one day hope to see a nursing student in a white uniform at dinner. Then I can buy her/him a dessert.
Leasure assisted the code blue team. He offered to rotate with a nurse and two respiratory therapists in performing cardiac compressions. The patient regained a pulse and Leasure jumped right in to take a manual BP and communicated professionally with both the code blue team and the physicians. He stayed by his patient’s side until the transfer to ICU took place.

“This experience definitely gave me more confidence and showed me ways to best help patients. I feel much better prepared now for future similar situations,” said Leasure, who hopes to ultimately pursue a career in emergency care or MedFlight.

“It’s only because of the great instructors at MCCN-FMC that I was able to help the patient. Our instructors give us what we need to know and encourage us to be confident in our knowledge and skills,” Leasure said. “I learned from the best.”

“I watched Josh with amazement and pride. He was awesome and handled the code with ease and professionalism. The floor manager, clinical coordinators, and nurses were all talking about him afterward.

Joshua even gave tips to the two respiratory therapists regarding cardiac compressions that would save their energy while delivering effective CPR. Everyone involved was impressed with his performance, quick thinking and ability to remain calm during this serious situation.”

—Beth Medaugh, MCCN/FMC Instructor

CODE BLUE!
MCCN-FMC Junior’s Life-Saving Effort during Clinicals

Joshua Leasure, Mount Carmel College of Nursing (MCCN) student at Fairfield Medical Center (FMC) didn’t have the average day in clinicals at FMC last semester.

Leasure’s patient, diagnosed with new onset atrial fibrillation, was receiving an IV heparin infusion. Leasure partnered up with the patient’s nurse to work on a leaking IV when the patient suddenly went unresponsive with respiratory distress, then into full cardiac arrest.
"THE STATE-OF-THE-ART CENTER THAT OPENED IN AUGUST is a collaborative project initiated by MCCN and Mount Carmel Medical Education to benefit our students, medical residents, and all Mount Carmel associates with a significantly improved skills and simulation experience in a larger and enhanced learning environment."

—Ann Schiele, PhD, RN
Mount Carmel College of Nursing President/Dean
New at MCCN.

Mount Carmel Clinical Skills and Simulation Center

Thanks to the generosity of physicians, corporate partners, community leaders and every Champagne & Diamonds donor, the Mount Carmel Foundation’s 13th annual Champagne & Diamonds gala raised $600,000 to help establish the new Mount Carmel Clinical Skills and Simulation Center (CSSC).

Developed to achieve the best patient care outcomes by offering enhanced instruction for healthcare professionals, the new 1.1 million dollar CSSC is located on the Mount Carmel West (MCW) campus and open to everyone in the Mount Carmel Health System, as well as to community healthcare professionals, such as EMTs.

The project features four large bays, each with a control center, as well as stations for specialties, such as orthopedics, obstetrics, etc. Also included are a skills lab for practicing sutures, chest tube insertion, etc. The College’s currently owned simulators and Mount Carmel Medical Education’s equipment have been consolidated and joined new equipment at the new facility.

“The new Center, with additional space and equipment, provides our students with a greatly improved learning experience,” said Dr. Schiele. “Our students have the same access to all the equipment we have now, plus new, additional resources.”

The new CSSC occupies the renovated fourth floor of the Medical Office Building at 777 State Street, across from the MCW ER that also houses the recently opened Nursing Center for Family Health on the second floor.

A committee of MCCN faculty and Mount Carmel physicians worked together in planning and executing the development of the 11,000-square-foot Center. With everyone’s generous support, we were able to meet our goal of making the Mount Carmel Clinical Skills and Simulation Center a reality.

FIFTH SDAP CLASS ACHIEVES BSN

The Second Degree Accelerated Program (SDAP) celebrated the fifth SDAP Completion Ceremony last January, with the 61 members of the 2011-2012 class receiving nursing pins and degrees.

At the ceremony, the Lamp Award was given to Danielle Poonosamy; the Inspiration Award to Martha Miricho; and the Clinical Excellence award to Andy Harner. The SDAP Alumni Caring Leadership Award and a $500 scholarship were presented by the previous classes of SDAP alumni to Joel Phoenix.

“Since its inception, MCCN’s SDAP has helped more than 225 students realize their dreams of working as nursing professionals and has maintained excellence in nursing education with a student retention rate of 96%-100%, NCLEX-RN first time pass rate of 92-100%, and employment rate of 100% for all SDAP graduates,” says SDAP Co-coordinator Joey Beck, BS, MHA, MSN, RN.

“Men and women are interested in enrolling in the MCCN SDAP program because of the reputation the program and MCCN have in the community. The SDAP program allows nursing students to become totally immersed in nursing education and nursing culture for 13 months, then emerge as competent entry level practitioners,” adds Tanika Cherry, MSN/ED, RN-BC, SDAP Co-coordinator.

As MCCN celebrates these new nursing professionals, members of the College’s current SDAP class (SDAP VI) are now in their senior year of their 13-month odyssey to the BSN. Those interested in information about MCCN’s innovative Second Degree Accelerated Program, are invited to visit www.mccn.edu or call 614-234-5800.
Congratulations to our BSN graduates, RN-BSN completion graduates, and master’s graduates who celebrated with friends and family at Pinning on May 4 and Commencement on May 5, 2012.

“May 2012 marked the largest number of students we have had walking at Commencement,” said Karen Greene, BS, Director, Records and Registration.

Carrying the symbolic mace and leading the pomp and circumstance was this year’s Faculty Marshal, Catherine Maurer Baack, MS, RN-BC, CNS, Assistant Professor and senior class advisor. Our thanks to Dr. Gene Harris, Superintendent of Columbus City Schools, who delivered the Commencement address.
Pinning and Recognition Ceremony
Features Accomplishments

GRADUATE AWARDS presented at the Pinning & Recognition Ceremony

Clinical Excellence Award
The Clinical Excellence Awards were presented to Katharine Hostetler and Cora Arledge, voted by the faculty, as most consistent in outstanding achievement of clinical objectives throughout the program.

Leadership Award
The Leadership Awards were presented to Colleen Brigit Duggan (master’s), Judith Brown (RN-BSN), and Lauryn Brooke Dawley (undergraduate). These awards are bestowed on the students, voted by the faculty, who demonstrate high scholastic achievement, leadership, creative contributions beyond degree requirements, commitment to diversity, and outstanding service to the community.

Lamp Award
The Lamp Award was presented to Nicole Ward. This award is bestowed on the student, voted by peers, who has demonstrated behavior most reflective of caring in the nursing profession as described in the overall philosophy of Mount Carmel College of Nursing.

Humanitarian Award
The Humanitarian Award was presented to Brooke Waddell. This award is bestowed on the student, voted by peers, who has demonstrated outstanding participation and leadership in promoting community service and a commitment to equity and diversity within the College and the community.

Inspiration Award
The Inspiration Award was presented to Katharine Hostetler. This award is bestowed on the student, voted by peers, who served as a consistent role model for motivation, positive influence, and encouragement and who inspired others to achieve at their highest potential.

Graduation on May 5 was a significant event for the 15 members of the MCCN-FMC (Mount Carmel College of Nursing at Fairfield Medical Center) class of 2012 and for the College—they are the first to graduate from MCCN’s satellite location, where they received the same excellence in nursing education as the students at the Mount Carmel West campus. They leave behind 85 MCCN-FMC students still pursuing their dreams of nursing education.

“As for being among the first graduates from this campus, I feel that we have done a lot to improve the campus,” said Allie Barnhart ’12. “When you spend time with the same people five days a week, you have so many memories and new traditions that it would take all 15 of us to recall them all.”

“I believe nursing has made me more patient and more aware of people around me. I am grateful to be able to help those in need and make a difference in their lives,” said Diana Lape ’12. “I want to thank all those who took part in molding me into a nurse. I can honestly call them friends and will miss them greatly.”

“I will miss my fellow students. We have grown very close, we lifted each other up, encouraged each other, tutored and cheered for each success,” said Cora Arledge ’12.

“The MCCN-FMC graduates have completed a strenuous curriculum and have an excellent Mount Carmel College of Nursing foundation on which to build a nursing practice,” said Cheryl Creamer Mace, MSN, MALM, RN, ’75 (former) Coordinator, MCCN/FMC. “I will always remember the first graduating class of Mount Carmel College of Nursing Fairfield Medical Center with love. Never stop learning and don’t ever forget you are a Mount Carmel nurse!”
Dear Alumni,

Greetings from the halls of Mount Carmel! I had the privilege of celebrating the 50 days to graduation dinner with the traditional nursing students. The Alumni Association provided funding, and I was asked to say a few words. What a great way to promote the Alumni Association, eat pasta, and spend time with young nurses. I’m recharged whenever I’m with young nurses—so full of the promise of what it means to be a nurse.

The evening turned my thoughts to my MCCN graduation in 2004. The following Monday when I returned to work, I knew I was a different nurse—a Mount Carmel nurse.

The Homecoming Luncheon on September 29 at the College was a grand reunion of Mount Carmel nurses of all ages. Our sincere thanks to chair Susie Loik Parsons ’76 and committee for making this homecoming as wonderful as always.

The Alumni Association has also been busy assisting current nursing students: sponsoring the 50 days to graduation dinner, supporting the Fall and Spring festivals, planning the scholarship event, and providing exam week breakfasts for students.

I invite every one of you to become involved with the Association. Whether you are the class of 2012 (and I do know many of you personally) or the class of 1972, involvement in the Alumni Association is a great way to pay back or pay it forward! We meet the first Tuesday of the month (except June and July) at 5 p.m. in the Eleanor Wilson Room at the College. If meetings aren’t your cup of tea, you can give a few hours to the exam week breakfast or to stuffing goodie bags for new students. This is your invitation—please join us. We really do have a great time.

In closing, please let the Alumni Association know if there is anything we can do for you. Take care and God bless each of you.

Sincerely,

Kimberly Dillon ’04, RN, CNOR, RNFA, MSN
President, Mount Carmel Alumni Association

MOUNT CARMEL ALUMNI ASSOCIATION BOARD 2012

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Stay in touch with fellow Alums through the Alumni Association.
Giving Back: Values for a Lifetime

Kathleen Gels Bowers ’77 recently pledged a portion of her estate to Mount Carmel College of Nursing. The generous gift Bowers pledged to the College will be used for student scholarships. “Mount Carmel has been a key part of my life, providing the education which prepared me for my professional nursing career. I’ve developed many meaningful long term relationships at the College and in the hospital system.”

Bowers recently retired from her 15-year position as the Trauma Coordinator at Mount Carmel West. She worked for the hospital for 36 years.

Bowers enjoyed her professional life at Mount Carmel, citing its family-oriented values. “We feel like a big family (here at Mount Carmel).”

Bowers also appreciates the Mount Carmel core values of serving people and the community.

“Many trauma patients are underserved and we help them. Mount Carmel taught me to be tolerant of all lifestyles, decisions and cultures, and to accept individuals as they are.” Working as the Trauma Coordinator, she was able to demonstrate these values on a daily basis.

Beginning with her Mount Carmel nursing education and continuing throughout her 36-year professional career at Mount Carmel Health, Bowers made memories that she will remember fondly in her retirement years. Through her gift of student scholarships, Bowers will ensure that today’s nursing students will have the opportunity for a lifetime of meaningful and rewarding work.

Due to the generosity of my parents, I was given the opportunity for nursing education. I feel it is important to give back, as others may not be as fortunate, I appreciate the knowledge that my Mount Carmel instructors provided. They molded my critical thinking skills.”

MCCN Master of Science
NEW TRACK added in 2012!

Mount Carmel College of Nursing is accredited by the Higher Learning Commission: North Central Association of Colleges and Schools and the Commission on Collegiate Nursing Education.

• Adult-Gerontology Acute Care Nurse Practitioner
• The Graduate Certificate in Adult Gerontology Acute Care Nurse Practitioner

The MCCN Master of Science (MS) Program in Adult Health, Nursing Education, Nursing Administration, Family Nurse Practitioner, or Adult-Gerontology Acute Care Nurse Practitioner is designed for career-minded baccalaureate-prepared registered nurses who are ready to assume even greater responsibility and reap the benefits of expanded career opportunities.

Five MCCN Master of Science tracks are offered:
• Adult-Gerontology Acute Care Nurse Practitioner
• Adult Health
• Family Nurse Practitioner
• Nursing Administration
• Nursing Education
For more information, please contact aphillipslowe@mccn.edu.
We Salute You...

A new feature highlighting the many accomplishments of our faculty, staff, and students

Joey Beck, BS, MHA, MSN, RN, Instructor of the Second Degree Accelerated Program, worked on a grant proposal that resulted in a grant of $100,000 which was awarded to ten SDAP students. MCCN was one of just 52 nursing programs nationwide to receive this funding from the Robert Wood Johnson Foundation (RWJF) and the American Association of Colleges of Nursing (AACN) through the RWJF New Careers in Nursing Scholarship Program (NCIN).

Faculty members, Brenda Beyer, MSN, RN, and Toni Chops, MS, RN, were chosen as 2011 Excellence in Nursing honorees. MCCN faculty members who received 2012 Mount Carmel Excellence in Nursing awards were Kerry Dawley, MSN, RN; Katheryn Fernandez, PhD, RN; Catherine M. Maurer Baack, MS, RN-BC, CNS; Theresa Skybo, PhD, RN, CPNP; Kathleen Sommers, EdD, RN; Ann Waterman, PhD, RN; Tricia Whitney, MSN, RN.

President/Dean Ann Schiele, PhD, RN, was recognized as a Nurse Leader.

Alyncia M. Bowen, PhD, Director of Financial Aid, obtained a first-time grant for MCCN from the Health Resources and Services Administration of the U.S. Department of Health and Human Services to provide funds to disadvantaged nursing students.

Kim M. Campbell, MEd, Director of Admissions and Recruitment, graduated from the Trinity Health Strategic Leadership Program, the only person from MCCN thus far selected for this program.

Kathy Espy, Director of Diversity and Community Initiatives, is featured in a new book, "Columbus' Black Heritage – The Bicentennial Celebration Edition," showcasing the trailblazers, leaders and achievers who helped shape Columbus, Ohio, into the world-class city it is today.

Bev Gish, CNS, faculty member and NP student, is the author of an article, “Interstitial Cystitis/Bladder Pain Syndrome,” which was published in Nursing for Women’s Health (December 2011—January 2012).

Angela Phillips-Lowe EdD, RN, Associate Dean of the Graduate Program, was selected to serve on the Program Planning Committee of the American Association of Colleges of Nursing Organizational Leadership Network, bringing national recognition to MCCN.

Theresa Skybo, PhD, RN, CPNP, Associate Professor, wrote an article, “An Evaluation of Mother-Centered Anticipatory Guidance to Reduce Obesogenic Infant Feeding Behaviors,” which was published in the Pediatrics Journal.

Kathy Smith, BS, MBA, Director, Business Affairs, achieved the recent successful audit of the College financials. There were no findings.

Kathleen Sommers, EdD, RN, Assistant Professor, and Linda Rutan, CNS, were published in AORN. The article, “Hyperglycemia as a Risk Factor in the Perioperative Patient,” was from Rutan’s scholarly manuscript. Rutan is a graduate from our CNS track and Dr. Sommers was her faculty advisor.

The Office of College Relations received the bronze for the College website and the merit award for The Lamp magazine in the Higher Ed Marketing category of the 27th Annual Educational Advertising Awards. Also, the Central Ohio Chapter of the PublicRelations Society of America (PRSA) recently awarded the PRism award and first place honors to MCCN for our mccn.edu website.

MCCN clinical students received a compliment from a Mount Carmel West patient in a recent Guardian Angel Patient Testimonial: “The nursing students impressed me with their intelligence and sensitivity—bright, hard-working young women. They represent the Mount Carmel system and their profession with all the qualities a patient appreciates.”

Student Richard Canestraro was recognized with a GEM (Going the Extra Mile) note from a patient’s family for his care of a patient during clinicals at Mount Carmel St. Ann’s.

May graduate Mike Mastriana, a veteran of the war in Iraq, presented the College with a commemorative U.S. flag flown during a high profile mission in appreciation of MCCN and the support Mastriana and his family received during his deployment and return to the College to complete his nursing education. “The support my family and I received from MCCN was phenomenal,” said Mastriana.

Advanced Placement Program student Tonya Rogers was honored with a GEM note from the grateful son of a cancer patient Rogers cared for during her very first clinical experience.
It was another outstanding year for the Mount Carmel Foundation Golf Invitational benefiting Mount Carmel College of Nursing (MCCN). Over $123,000 was raised for much-needed student scholarships and new technologies. The 18th annual golf outing was held at the Lakes Golf and Country Club in Westerville, Ohio, on Monday, July 9.

The funds raised from this event will help many students realize their dreams of becoming professional registered nurses. More than 85 percent of MCCN students receive financial aid.

“This is an excellent venue for our business and community leaders to enjoy a great day of golf and make a substantial difference in the lives of our nursing students at Mount Carmel,” said Jan Burkey, Director of Development at MCCN. “We are deeply grateful to our sponsors for investing in nursing education and the future of healthcare in our community.”

This year’s presenting and title sponsors included American Electric Power (AEP), HHA Services, PNC Bank, Bailey Cavalieri, Central Ohio Newborn Medicine, Inc., Columbus Cardiology Consultants, Inc., Deloitte Center for Health Solutions and Messer Construction. A total of 39 corporate sponsors participated.

Nancy Lehr, RN, BSN, one of the student golfers representing MCCN at the outing, said she was very impressed with the generosity of the sponsors. “It was amazing to see the depth of support from the corporate community for our college,” Lehr said. “I had the privilege of meeting many of the sponsors and found them to be very engaged and interested in my experiences at Mount Carmel.”

The 19th annual Mount Carmel Foundation Golf Invitational benefiting Mount Carmel College of Nursing will take place July 15, 2013, at the Lakes Golf and Country Club. For more information, please contact Director of Development Jan Burkey at 614-234-3837 or jburkey@mchs.com.
What have you gained personally from your leadership and service?

Munk: A benefit of SNAM is sharing the latest in nursing with classmates. During freshman year, I learned about the area of nursing I plan to pursue from a speaker at the ONSA Convention. I loved the SNAM focus on giving back to the community through events, such as the March of Dimes, volunteering at the Mid Ohio Food Bank, and helping underserved populations.

Being involved at the state level of the Nursing Students Association offered networking. I worked closely with nurse leaders and students from all over the country and traveled to places I never dreamed I would see at my age, including Salt Lake City, Nashville, and Orlando.

Sounds as if you feel strongly about the benefits of involvement. . .

Munk: Involvement taught me about professionalism, to be passionate about nursing, as the future of nursing is in our hands. I learned about the latest issues facing nurses and to advocate for the future of nursing. I will join the Ohio Nurses Association and continue to advocate for patients and the nursing profession.

I encourage everyone, even if you don’t have the time for conventions or leadership, to join the National Student Nurses Association (NSNA). You don’t have to commit a large amount of time, and membership benefits include discounts on NCLEX review materials, nursing journals, medical supplies, scrubs, textbooks, health insurance, convention registrations, and much more.

What is the potential impact of SNAM and ONSA involvement on a member’s future in the nursing profession?

Munk: SNAM and ONSA offer students tools to become successful nurses: career planning guidelines, resume critiquing, hearing from speakers in various areas of nursing, and much more. At conventions, you meet hospital and graduate school nurse recruiters, learn about issues facing nurses and what to be aware of when you enter the floor as a nurse. I appreciate that MCCN faculty are flexible when students enhance their nursing education by attending conventions.

What are the highlights of your years of involvement with SNAM?

Munk: Most recently, the Marilyn Bagwell Leadership Development Grant of $1,500 awarded by the Foundation of the NSNA to SNAM for developing the leadership potential of MCCN students. These funds sent students to conventions, sponsored student memberships, and established a national chapter at the College’s Fairfield Medical Center branch (MCCN-FMC).

What I’ve enjoyed most is seeing how SNAM has grown in the past few years!
2012 Phone-a-thon Benefits Students

Thanks to the generosity of our alumni this year, our 2012 Phone-a-thon raised more than $27,000 for student scholarships! Our student callers, most of them scholarship recipients, along with alumni, faculty and staff, enjoyed reaching out and letting you know how much your support means to current students. Next year’s event is scheduled for April 14-17.

Mount Carmel nurses are here, there, and everywhere, making a difference in the lives of their patients. We welcome your engagement in Mount Carmel College of Nursing, whether through philanthropic donations or volunteering. To discuss opportunities, contact Jan Burkey at 614-234-3837.

New Traditions Forming from Mount Carmel Alumni

Alumni Homecoming - Honor Class of 1962

Janet Keane Schriner and Cathy Adamescu started the ball rolling earlier this year when they emailed their classmates engaging them in funding the Class of 1962 Scholarship. “With tuition so different than when we began our career, a scholarship is a wonderful way of letting future students know that we care and value what Mount Carmel means to us,” said Janet Schriner.

Classmates rallied around the cause and raised $4,000 and awarded four $1,000 scholarships to students. Many of the Class of ’62 stayed for the entire Homecoming weekend and enjoyed sharing dinner, memories and fellowship.

Last year the Class of 1961 awarded a $1,000 scholarship for their Honor year and continued the tradition again this year. “We are deeply grateful to our alumni for their commitment to Mount Carmel and their generous spirits,” stated Ann Schiele, President and Dean of the College.

Now that the last two 50 year honor classes have donated scholarships, the challenge is made to future 50 year honor classes to keep the tradition going. Honor your past and donate to the future of Mount Carmel student nurses!
On April 22, 2002, Rho Omicron became the officially chartered chapter of Sigma Theta Tau International (STTI) at Mount Carmel College of Nursing. Approximately 400 attended the Chartering Ceremony and 171 candidates were inducted. The silent auction raised $500 to establish the Rho Omicron Scholarship Fund.

“To become a chapter, an organization must pass a rigorous assessment at all levels from curriculum and faculty expertise to proven academic leadership,” explained Barb Barta, PhD, RN, the chapter’s first president.

“The chartering of our new chapter ten years ago was a magical event. The Medical Staff Building never looked more festive with lavender and pink flowers, helium-filled balloons, and beautifully arranged hors d’oeuvres. It was a great celebration of the enormous effort and personal commitments directed toward achieving chapter status since the idea was conceived in 1996,” Barta said.

Central Ohio Consortium
Rho Omicron is a member of the Central Ohio Consortium, a collaborative effort by five STTI chapters: Rho Omicron, MCCN; Epsilon, The Ohio State University; Theta Theta, Capital University; Kappa Lambda, Otterbein University; and Phi Pi, Chamberlain College of Nursing.
The Consortium sponsors Founder’s Day in the fall and the Spring Scholarship Evening—events featuring presentations relating to the STTI values of leadership, scholarship, and service. The scholarship evening also showcases graduate studies research or scholarly projects.

**Rho Omicron 2002-2012: a Decade of Distinction**

In just ten years, the Rho Omicron chapter of Sigma Theta Tau International (STTI) at MCCN has achieved significant growth and international recognition.

**Achieved International Recognition**

In a major milestone in the development of the chapter, Rho Omicron was recognized by STTI in 2008 for outstanding achievement in nursing and innovative representation in the honor society’s three strategic directions: knowledge, service, and leadership.

- An award for the Let’s Stay in Touch Campaign that addressed the issue of member retention and communication with new inductees.
- Also in 2008, Rho Omicron received two awards as part of the Central Ohio Consortium.
  - In 2010, Rho Omicron received the STTI Community Service Star Award for partnering with the Susan G. Komen Foundation Race for the Cure, where Rho Omicron members approach race participants prior to the race to offer instructions and guidance about breast health.

**Hosted the First Region Nine Conference**

The first Sigma Theta Tau International (STTI) Region Nine Conference was held at Mount Carmel College of Nursing on April 18, 2009, attended by STTI members from Region Nine (chapters from Ohio, Kentucky, and Indiana). The speaker was Karen Morin, DSN, RN, then president-elect of STTI.

**Enhanced Nursing Knowledge**

To enhance nursing knowledge, Rho Omicron participated with the Central Ohio Consortium and offered educational programs featuring nationally known nurse leaders.

**Promoted Professional Development**

To promote professional development, the chapter devoted sections of the newsletter to articles focused on members holding leadership positions and offered a program on leadership strategies. Rho Omicron sponsored members to attend the Chapter Leader Academy, an opportunity for interaction with nurse leaders from around the world.

**Initiated Community Service Programs**

Rho Omicron initiated community service programs in collaboration with Mount Carmel Hospice.

- Honoring our Veterans—members make special stars and recognition boxes for men and women who served in the military and were receiving hospice care.
- Hospice Christmas Tree Program—members decorate tabletop Christmas trees with ornaments for clients in hospice and palliative care.
- Breast health education—provided by members to participants in the Susan G. Komen Global Race for the Cure.

**Hosted Central Ohio Consortium Events**

- Spring Scholarship Evening (April 20, 2011)
- Founder’s Day Event (October 5, 2009)

**Awarded Scholarships**

The chapter raises funds, primarily through an annual silent auction prior to the Induction Ceremony in November, and awards scholarships to deserving members each year. Congratulations to Rho Omicron!
All of us who attended Mount Carmel have fond memories of our days there, with friendships enduring even if we don’t see each other. I remember my first day on duty in clinical. I was in the men’s ward when someone called out, “Nurse, Nurse.” I ran out to look for one. And . . . there I was.

Following graduation, I worked in Mount Carmel Labor/Delivery and then on the newly opened ninth floor, where I met my future husband, Luis, who roamed on that floor while the residents’ quarters were redone.

After dating awhile we stopped because of the language barrier. His English wasn’t good and my Spanish was zero. Later we resumed dating. He went to work at Children’s Hospital and I began working at the Red Cross. We became engaged in May 1953.

In December 1953 at the end of his year at Children’s, Luis returned to Colombia. He went to Barranquilla in the state of Atlántico to begin his practice and find a place for us to live. Meantime, I looked in the public library for information about Colombia and found practically nothing written.

In April 1954, I arrived in Barranquilla. I still remember the horrible heat as we descended from the plane. Natives watched us through the fence surrounding the airport. I saw a donkey on the road. Today you still see donkeys pulling carts on some main streets. The street from the airport to town is called “Calle de las Vacas” (street of the cows), because it wasn’t unusual for cows to block your way.

There were no supermarkets here in 1954. Street vendors walked the neighborhoods calling out their wares: live chickens, eggs, fruits, etc. If you shopped at the central market, you needed to bring a big basket and have someone carry it while you went from stall to stall to buy your vegetables, fruit or meat. I was so glad when they opened the first supermarket and never again went to the other one. Now we have several supermarkets and even shopping malls with theaters, food courts, etc., though not as big as those in the U.S.

When Luis presented his credentials in Barranquilla, he was accepted on the staff of the Baptist Clinic (run by American Missionary doctors) and at the Clínica Del Prado where he attended all the orthopedic cases.

Later Luis served at the naval base as the civilian doctor for orthopedic cases. He joined the Hospital del Terminal staff, where he was in charge of orthopedics for the workers at the Port of Barranquilla. He was well
known throughout this area as a well trained and capable orthopedic surgeon. I joined The American Women’s Club, which sponsored activities to build friendships and raise money for charitable disbursements. Often we visited Asilo San Antonio (for older women) and Asilo San José (for older men) and supplied them with needed items. I was president of the club twice, and my greatest pleasure was helping those in need.

Our first son, Rodolfo (Rudy), was born in March 1955 at the Baptist Clinic. It was a difficult birth and I almost went into post-partum eclampsia. After the delivery, I told the doctor I had a terrific headache and that saved me.

Our twins, Michael and Mark, were born in August 1956. Knowing my history, the staff took special care with me. Mark was born with a heart murmur so serious that I was resigned to the fact that he might not live long. We had to have oxygen at home. But the mask scared him. I tried to keep him from crying, so he wouldn’t need it. As soon as he let out whimper he was in my arms while I rocked or walked him. I was with him constantly.

My husband bought “Time” magazine weekly. One issue ran an article about heart surgery that mentioned Dr. Effler at the Cleveland Clinic.

Mark was diagnosed with Tetralogy of Fallot. Dr. Effler did the Blalock procedure to help him survive until the defects could be corrected in June 1968, also by Dr. Effler. Mark did well until 2004 when he experienced arrhythmia and shortness of breath. This was corrected in 2005 by changing the pulmonary valve at the Hospital Fundación Cardio-infantil in Bogota, Colombia (surgeon trained in Birmingham, Alabama).

Because of Mark’s delicate condition, I began teaching the Pre-K class at the American bi-lingual school where Mark was in second grade. I wanted to be near him if he needed my help. I wasn’t a trained teacher, so I read everything I could about early childhood education. I had an advantage over the Colombian teacher I replaced; I remembered many songs and games from my early years. Not to brag, but the children, parents, and directors of the school were pleased with my performance. Over my 14 years of teaching I took more than a dozen education courses.

In 1980 I began selling UNICEF products and continued with UNICEF until 2000. Beginning in 1997 we were asked to organize concerts performed by elementary children. This was quite a task. I arranged for use of the municipal theater and visited the schools to discuss participation. Each school sang several selections and for the finale all sang onstage together.

Another experience was visiting the women’s jail from 1974-1980. I was told by a friend about a young lady there, daughter of a famous baseball manager, who would appreciate visits. I arrived there with “The Miami Herald,”

continued on page 26
“Time” magazines, and brownies. I was met by a Sister (the jail was run then by the Good Shepherd Sisters) who looked me over. She let me in and we visited for awhile. On my second visit, the nuns invited me to tour the jail, which had dormitories instead of cells for the women. There was a chapel for daily services. I noticed other Americans there. I asked to see all the American girls when I made my visits. I took lots of English reading material, also ingredients to make salads or French toast. At one time there were about 17 American girls there because of carrying drugs. With some of my American friends, we organized a Christmas party for all the women. Everyone enjoyed singing carols and the gifts and goodies we brought. I became a good friend of the Sisters and took them things also.

My husband had a slight stroke in 1990. He stopped doing surgeries, but still did consultations and casting. Gradually since 2000 his mental abilities have decreased, so I’ve been his caregiver.

In December 2002 I had emergency heart surgery. Putting my trust in God’s hands, I pulled through. My husband was cared for by my domestic help, which I really appreciated.

Life hasn’t always been easy here, but I’ve managed to accept the ups and downs. There have been times of shortages, such as water, electricity, garbage collection, or tanks of gas for cooking. Today, we have gas piped into the homes—such a blessing.

I’m 81, nearing the end of my days, and glad to be living here. People are friendly and my former students remember me with affection when we meet. To some people I’m still the “lady from UNICEF.”

When I read “The Lamp” about the degrees and accomplishments many graduates have acquired, it makes me think. I don’t have all those degrees or further education, but I have been of service to my family and many other people here in Barranquilla.
All MCHS associates and MCCN students were invited to see the Army DRASH Unit on October 1 in the Mount Carmel College of Nursing gymnasium. The new DRASH was unveiled for the first time at MCCN and will be used as a health career recruitment tool on college/university campuses. It is sponsored by The Ohio State University ROTC (MCCN participates in the OSU ROTC program) and Army Medical Recruiting.

In an actual situation, DRASH would be comprised of several healthcare providers, including three surgeons, one orthopedic surgeon, two CRNAs, one ICU nurse, one ER nurse, one OR nurse, three surgical techs, three LPNs, three combat medics, one senior detachment sergeant, and one senior non-commissioned officer.
A Visit to Remember*
Class of ’63 group reconnects with the Sisters of the Holy Cross in South Bend

Last year, a group of ten from the class of 1963 journeyed to South Bend, Indiana—a road trip that covered not only miles of highway, but also years of memories.

It all began with an exhibit, Women and Spirit, Catholic Sisters in America (www.womenandspirit.org), that made a stop in South Bend on its two–year national tour.

“We were interested in the exhibit and also wanted to visit our own Holy Cross sisters who taught us at the Mount,” said Phylis Motz Crook ’63, Alumni Coordinator. “The nuns helped arrange things, as did a classmate who lives there. The visit was beyond special, and we (and the Sisters) are so happy we went.”

The group toured the Holy Cross archives. “Sr. Kathryn (Callahan, CSC, formerly Sr. Blanche) explained about the archives and it was as if it was 50 years ago. She was teaching us in a strong voice and we hung on to her every word!” Crook recalled.

Sr. Louisita (Welsh, CSC) told Crook that the other nuns wondered who those “young and beautiful women” were. “The sisters were so touched with our visit. Even nuns we didn’t know! I only wish we’d gone sooner. We are blessed to know them,” Crook added.

Impressions from trip participants:

“Sisters Blanche and Louisita were every bit as inspiring as they were as our teachers and mentors at Mount Carmel School of Nursing. Being with them revived memories from 51 years ago. I always appreciated them: their wisdom, nursing knowledge, and patience with us. I had never been taught by nuns and had no idea what to expect, but those two were inspiring beyond their vocations. Both of them expected us to treat our patients as if we were caring for a member of our own family, so, of course, we did.”
—Pat Brown Gates ’63

“Ten of our Mount Carmel class of 1963 decided to visit our teachers, mentors and friends—Sr. Blanche (Kathryn Callahan) and Sr. Louisita. The members of our class were named the “rare and beauteous flowers” by Sr. Kathryn - it was the early 1960s, after all. The visit was unforgettable—a spiritual experience and a pilgrimage really. The “Women and Spirit Exhibit” was compelling, relating the history and impact of women religious in the United States, and we all felt we had shared in that story.”
—Beth Buchholz Opatrny ’63
“Our trip was like a step back in time with all the reminiscing about our days at Mount Carmel School of Nursing and visiting with Sr. Kathryn and Sr. Louisita. We were amazed by the historical archives that Sr. Kathryn and the others had gathered and displayed. The nuns were such an important part of our training and seeing where they now live and are being taken care of was very comforting. This trip ranks high on my list of favorite things I’ve done.” —Mary Ann Cunningham Smith ’63

“I shared with Sr. Blanche how much she meant to me as a freshman. Sr. Blanche was our anatomy instructor and we studied about cirrhosis of the liver. My dad’s doctor had just called to tell me that my dad had cirrhosis caused by drinking. I talked to Sr. Blanche about it. She was so loving and reassuring. I will never forget that love. She gave me a rosary that I still have. I took it to South Bend to show her and to thank her. My dad lived another 25 years after he became an active member of AA and quit drinking.

“I also want to acknowledge Phylis Motz Crook for planning this road trip and keeping our class of 1963 together. I am really glad that I decided to go. Looking back, I wouldn’t have missed it for the world.” —Nancy Johnson McNichols ’63

*editor’s note: Sadly, Sr. Kathryn Callahan passed away this past spring. As evident in this article, her impact was significant and she is greatly missed.

**DISTINGUISHED ALUMNUS NOMINATIONS**

Mount Carmel College of Nursing annually honors an alumnus for professional and personal excellence. Many graduates of Mount Carmel College of Nursing, School of Nursing, Master’s Program, Second Degree Accelerated Program, or the RN-BSN Completion Program accomplish great things. Please tell us about the special alumnus you know.

**Criteria**

- Demonstration of exemplary excellence in nursing practice
- Ongoing contributions to the nursing profession
- Acknowledgment by peers as an advocate
- Contributions to the quality of community life
- Demonstration of accountability for personal growth
- Other outstanding attributes/accomplishments

**Procedure**

Nominate by submitting a letter of not more than two pages listing the nominee’s educational, professional, and personal accomplishments, explaining why the alumnus deserves recognition. Nominees are notified of nomination and by whom they were nominated.

**Deadline**

Nominations may be submitted at any time. For consideration for the current year, the nomination deadline is August 1, of that year.

**Please send nominations to:**

Mount Carmel College of Nursing
Attn: Phylis Crook
127 S. Davis Avenue
Columbus, Ohio 43222
pcrook@mccn.edu
Although many in the nursing profession feel called from a very young age to care for others, Suzanne Belknap Martin ’66 unofficially began her nurse’s training at age 13 when chosen by her family to remain by her grandmother’s side following a complicated gynecologic procedure.

As the “unofficial home health nurse,” Martin learned about following orders, giving medications, and changing dressings. Martin also remembers learning even more important lessons: comforting, patience, communication, and the joy of making a positive difference. Just as Martin did for her grandmother during that significant summer, over the course of her varied and distinguished 40-year career Martin has given her all. A nursing diploma from Mount Carmel, a BA in sociology, and graduation cum laude from Capital University Law School established the foundation and allowed me to contribute and serve. I am very proud to be a Mount Carmel nurse.

At a recent presentation Martin expressed her feelings about her experiences in the nursing profession. “As I reflect on my nearly four decades as a nurse, it is impossible for me to distinguish one enriching experience from another. What I can distinguish is how grateful I am to have been a part of the lives of hundreds of individuals and for them to have been a part of mine. As my career has taken me in many directions, I have been blessed with tremendous opportunities to make a difference.”

Martin also spoke about caring for her grandmother. “Those who know me would say that what I stand for, encourage, and expect as a nurse leader is keeping the patient at the center of everything we do and being the presence that makes a difference to each patient that we serve. The Lord has blessed me in so many ways as a nurse. Sharing those blessings comes easy and helps me to be the kind of nurse that my grandmother had in the summer of 1959.”

As a nursing student at Mount Carmel, I was supported, encouraged, and well educated. When I began my nursing career at Mount Carmel, many guardian angel nurses helped me get started on the right foot. Being a nurse leader made it possible to give back and show my appreciation through lending my support and encouragement and providing learning opportunities for nursing students and new graduate nurses.

My family provided me with a foundation of service. Mount Carmel School of Nursing and working in the hospital strengthened that foundation and allowed me to contribute and serve. I am very proud to be a Mount Carmel nurse.”

“Suzanne Belknap Martin ’66 is a modest, quiet person who doesn’t blow her own horn. That’s the interesting thing about achievement. When you’ve accomplished a lot in your life, you don’t have to. She truly deserves the title of Mount Carmel Distinguished Alumnus.”

—NOMINATOR, MARY CATALANO WATERFIELD ’66

Sister Kathryn Callahan Sister M. Blanchel, CSC
Mount Carmel School of Nursing Class of 1957
November 25, 1930 – May 10, 2012

A Blessing to Mount Carmel

Members of the Mount Carmel family mourn the passing of Sister Kathryn Callahan, Sister M. Blanchel, CSC, who had a profound impact on Mount Carmel nursing education as an institution and personally on everyone blessed to know her.

“Sr. Kathryn was one of the most gracious women I ever met—so kind and so caring,” said MCCN President/Dean Ann Schiele, PhD, RN. “Everyone has only the most wonderful things to say about her.”

Sr. Kathryn’s long history with Mount Carmel began as a nursing student and continued as an instructor teaching nursing fundamentals and nurturing students. Fun and poignant stories about Sr. Kathryn come up frequently when alumni reminisce. Sr. Kathryn then served as Associate Director of the School of Nursing under Director Eleanor Wilson. When Sr. Kathryn received another assignment, she was replaced by Dr. Schiele who still treasures items Sr. Kathryn left behind in the office she inherited from her.

Sr. Kathryn’s most significant influence on Mount Carmel nursing education may have been while she was serving as Mother General for the Sisters of the Holy Cross in South Bend. Dr. Schiele remembers how supportive Sr. Kathryn was of the transition to the College and how instrumental she was in obtaining the necessary approval. “We owe the existence of MCCN to Sr. Kathryn,” Dr. Schiele said.

Sr. Kathryn’s support continued over the next several years, as she contributed her wisdom and counsel during four terms on the MCCN Board of Trustees. Sister Kathryn, aka Sr. Blanchel, greatly missed and fondly remembered by all.

Memorial contributions may be made to the Sisters of the Holy Cross, Ministry with the Poor, Saint Mary’s, Notre Dame, IN 46556, or online at www.cscsisters.org.
Although many in the nursing profession feel called from a very young age to care for others, Suzanne Belknap Martin ’66 unofficially began her nurse’s training at age 13 when chosen by her family to remain by her grandmother’s side following a complicated gynecologic procedure.

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At Deloitte & Touche she was the Manager of Health Care Consulting Practice and at Santa Rosa Health Care System in San Antonio, Texas, the Vice President of Patient Care Services.

For 11 years, Martin worked at the Arthur G. James Cancer Hospital and Research Institute. As the Chief Nursing Officer, she wrote the monthly cover story, “Nursing Notes from the Administrator,” for the “James Center Nursing News.” These articles express the breadth of her guidance with an emphasis on providing emotional support to patients and families. At the James, Martin influenced the professional development of hundreds of nurses, provided student nurses with opportunities to acquire clinical skills, and cultivated clinical nurse leaders from frontline staff. During her tenure at the James, Martin was an adjunct professor at The Ohio State University College of Nursing.

Martin is currently the Interim Director of Health Care for the School Employees Retirement Systems of Ohio. Martin’s dedication means serving on multiple committees and steering councils to better the fields of nursing and oncology research, as well as on several community service boards. A sought-after speaker, Martin has been invited to present at least twice each year over the past 25 years.

At a recent presentation Martin expressed her feelings about her experiences in the nursing profession. “As I reflect on my nearly four decades as a nurse, it is impossible for me to distinguish one enriching experience from another. What I can distinguish is how grateful I am to have been a part of the lives of hundreds of individuals and for them to have been a part of mine. As my career has taken me in many directions, I have been blessed with tremendous opportunities to make a difference.”

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—NOMINATOR, MARY CATALANO WATERFIELD ’66
Students taking a welcome break at the alumni-sponsored free finals breakfast.

**Students Thank Alumni for Free Finals Breaks**

The Alumni Association again treated grateful students to free continental breakfasts during finals week.

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**Vintage School of Nursing Yearbooks at No Charge**

We have a supply of school of nursing yearbooks from many different years. If any one from those classes would like one, please contact Alumni Coordinator Phylis Motz Crook (see page 5).

**Florida Alumni Luncheon 2013**

February 19, 2013

Olive Garden on Cleveland Avenue in Ft. Myers

Attention snowbirds: Where do you want your invitation sent in January? Please send that address to Theresa Williams at the College (see page 5).

**Remembering Mount Carmel**

Bound 44-page book with photos and great stories: some funny, some sad, all heartwarming.

$20 includes shipping and handling. Send a check (payable to Mount Carmel Alumni Association) along with your name and shipping address to:

Brenda Wheeler
103 Chatham Rd.
Columbus, OH 43214
614-262-2615
wheeler.b@att.net

All proceeds benefit the Association’s scholarship and loan program.

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**Homecoming Reunion 2011**

The honor classes were well represented with the class of 1961 leading the way with 41 present. Four from the class of 1951 attended; eight from the class of 1966; seven from the class of 1971; nine from the class of 1976; 11 from the class of 1981. The most recent graduation year represented was 2007.

Dorothy Gorenflo Cluff ’42 attended as the guest of the Alumni Association, in appreciation for the exquisite quilts she creates and donates annually for the raffle, which this year raised over $1,000 for scholarships and loans.

Three senior students who received Alumni Association scholarships spoke. Mount Carmel student ambassadors assisted at the event and had the opportunity to chat with alumni, which everyone enjoyed.

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Visit us on Facebook by visiting www.facebook.com/mcalumniassoc

Register for an Alumni Library Account

Visit the Mount Carmel Health Sciences Library site at www.mccn.edu/library to register for an alumni library account. You will have 24/7 access to news and information. Being a Mount Carmel alum has its privileges!

Your E-mail Address Needed!

MCCN and the Mount Carmel Alumni Association will be sending more and more information via email. You can help us stay connected to one another by sending your email address to pcrook@mccn.edu
Homecoming Reunion 2012

More than 150 alumni from all over the country attended. The honor classes were led by the 50-year class of 1962 with 38 present. Dorothy Gorenflo Cluff ’42 represented the 70-year honor class and for the sixth year created and donated a beautiful handmade quilt for the raffle, which raised nearly $1,000 for scholarships and loans. Two Distinguished Alumnae from the class of 1962 were honored: Kathleen Sikora Himes ’62 and Martha Dillon Zunich ’62. Watch for their stories in the next issue of The Lamp.

Remembering Mount Carmel, a collection of special alumni memories, made its debut at the event, with many copies sold at $15 each. The book was produced by the Alumni Association, primarily by the memoir’s editors, Michelle Uhl Born ’77 and Phylis Motz Crook ’63. Thank you to all alumni and faculty who shared memories of their time at Mount Carmel. To receive your very own copy please see ordering information on page 32.

Once again, a grand time was had by all. Don’t miss the fun-plan to attend the 2013 reunion luncheon at the College on October 5, 2013!

Mary Ann Clark Nethers (’46) lives in Haines City, Florida. She is married and has five children, six grandchildren, and two great grandsons. Her last nursing position was as a Home Care Coordinator at Winter Haven Florida Hospital. She retired in 1993.

Donna Altman Keller (’51) lives in German Village in Columbus. She is a widow. She lives with her stepdaughter and her daughter lives next door. She describes this as “assisted living at its best.” She retired after nine years on orthopedics at Mount Carmel West and 32 years doing medical social work for the Ohio Department of Human Services. She writes, “I can never think of Mount Carmel without remembering a fantastic dessert from the cafeteria called Flapper Pudding. Two servings could cure any problem!”

Catherine “Kay” Droke Martin (’51) lives in Westerville, Ohio. She has three sons, six grandchildren and 13 great grandchildren. She retired from nursing in 1991 after 40 years in various ORs. She retired again this year from Jo-Ann Fabrics, where she worked for 13 years.

Rosemary Thorpe Schmelzer (’51) lives in Hilliard, Ohio, and is a widow. She has six children and nine grandchildren.

Dorothy Heurich Carter (’59) lives in Groveport, Ohio. She and her husband celebrated their 50th wedding anniversary in January. They met on a dance floor in Waikiki. They have three sons and four grandchildren. She is a retired surgical nurse.

Barbara Davis Baumgartner (’61) is a widow and has two children and three grandchildren. She has worked in various nursing capacities over the years. She currently works part time for the federal government as an Occupational Health nurse.
Sr. Judith Anne Beattie, CSC (61) lives in South Bend, Indiana. After two years of hospital work in Akron and Cleveland, Ohio, she entered the Congregation of the Sisters of the Holy Cross at Saint Mary’s, Notre Dame, Indiana. She professed her final vows in 1970. She earned her BSN and her master’s in Pastoral Studies at Loyola University and her master’s in Theology at Notre Dame. In 1971 she left nursing to co-found the Pastoral Care department at Saint Joseph’s Hospital. She was the first director of the program that was the first of its kind in Holy Cross hospitals. Having a woman religious as a chaplain was also a new concept. In 1976 she left healthcare and began working with students doing community service. In 1980 she co-founded the Center for Social Concerns. She has been on the staff of Moreau Seminary. She currently works with women and men in spiritual companioning, retreats, and spiritual book groups. She writes, “...my life speaks of deep gratitude for the many opportunities I have had to live with other Holy Cross sisters who have enriched my life as we have studied, served, traveled, and prayed together.”

Marie Sutter Blain (61) lives in Burke, Virginia. She is married and has three children. She became a National Registry Paramedic in 1999 and now rides as a medic volunteer with Fairfax County Fire and Rescue and works in ER part time as a paramedic. Her class was the first in Marian Hall classrooms and dorm rooms in 1959.

Leanne Gasser Brannock (61) lives in Hilliard, Ohio, is married and has three children and six grandsons. Her nursing career has included psych, offices, industrial, public health and assistant to a general surgeon.

Peggy Spearman Cline (61) lives in Westerville, Ohio, is married and has two children and three grandchildren. After graduation she returned to her hometown of Mount Vernon, Ohio. She worked at Mercy Hospital there with her mother and sister, Shirley Spearman Vannatta (60). She also worked at the Cleveland Clinic and a local chiropractor’s office. She retired in 2000.

Carolyn Gillivan Collins (61) lives in Columbus. She is a widow and has seven children and ten grandchildren. After graduation she worked on several units at Mount Carmel West. She became a school nurse at her children’s school and was there until all seven were no longer students there. After being away from bedside nursing for nearly 25 years, she took a refresher course and was employed at Saint Anthony Hospital and Mount Carmel West before her retirement in 2000. She enjoys travel and is a member of West Columbus Civitan, Amvets Ladies Auxiliary, and VFW Ladies Auxiliary.

Diane Spachner Cordial (61) lives in Powell, Ohio, and is a staff nurse on the Neuroscience Unit in the Wexner Medical Center at The Ohio State University.

Juanita Thoma Gonzalez (61) lives in Tavares, Florida. She is married and celebrated her 50th wedding anniversary in 2011. She has four children and four grandchildren. She earned her BS in Health Arts from the University of Saint Francis, Joliet, Illinois. She has worked in different areas of nursing in Ohio, Georgia, and Florida, from newborn nursery to Director of Nursing of small geriatric units. She was a paramedic with the volunteer Fire Department in West Carrollton, Ohio. She retired in 2010 from hospice nursing. Now she plays bridge, sells Mary Kay skin care products, and volunteers in her community and with her church. She is chairperson of a program that sends care packages to troops overseas.

Joyce Goodman Greene (61) lives in Circleville, Ohio. She celebrated her class’ 50th reunion and her 50th wedding anniversary on the same weekend last October. She has three children, three grandchildren, and five great grandchildren.

Lynn Mercer Hargreave (61) lives in Kalamazoo, Michigan. She is married and has two sons and two granddaughters. Her varied career includes being a flight attendant for TWA shortly after graduation. At that time you had to be an RN to have that job. She retired her full time position in 1997 after 20 years as Director of Ambulatory Care in a medical center in Kalamazoo. She then worked part time in public relations and took her final retirement in 2002.

Maureen DeLuca Harper (61) lives in Dayton, Ohio. Right after graduation she worked in L/D and the preemie nursery at Mount Carmel West. She earned her BA in Communications and MA in Health Communications from University of Dayton. She has an identical twin sister who was in the same class at the Mount with her. They followed one another on different floors during clinical experience as students. Most patients thought they were the same nurse!

Sue Ann Loverich Hoepe (61) lives in Upper Sandusky, Ohio, is married and has eight children. After a year and a half working at Mount Carmel West following graduation, she became a TWA flight attendant. She had
to leave that job when she married, as flight attendants at the time had to be single. She has worked in med/surg, home health, and physicians’ offices. She continues now to work contingent at Wayne County Home Health.

Sue Maddox King (’61) lives in Boerne, Texas, and has three children (one deceased). Her first job as a nurse was at Nationwide Children’s Hospital in OR and ER. She earned her BSN from the College of the Holy Names in Oakland, California. She is retired from doing drug studies at the University of Texas Health Science Center and also at a physician’s office. She enjoys church activities, golfing, and traveling.

Mary Neal Blalock Miller (’61) lives in West Liberty, Ohio, is married (50 years in 2011) and has two daughters, five grandchildren and two great grandchildren. For 32 years she worked at Mercy Memorial Hospital, Urbana, Ohio. Her career there encompassed med/surg, PACU, ER, and ICU. She also taught ACLS, was house supervisor and Director of Nursing. She earned her BSN from Franklin University in Columbus. She also worked at Ohio Reformatory for Women, Heartland of Bellefontaine, and taught in the LPN program at a local high school. Now she and a friend have a consulting company providing long term and assisted living facilities with their program for Alzheimer patients called “Rhythm of the Day.” She writes, “I keep failing at retirement. Right now I am 90% retired and working toward 100%.”

Clare Jordan Missig (’61) lives in Terre Haute, Indiana, is married and has two children and three grandchildren. She has worked in Boston, Vermont, Denver, San Antonio, Ohio, and Indiana. She was in the U.S. Nurse Air Corps for two years. She and a classmate, Barbara Zeller Lamarche, also an Air Force nurse, were stationed in San Antonio at the same time. She is now retired from Indiana State University, where she worked in the Student Health Center. She works part time in a home health agency and also teaches ESL. She continues to love travel, and if she ever gets to Hawaii will have visited all 50 states.

Grace Evans Neal (’61) lives in Maryland Heights, Missouri. She is the mother of three sons and has three grandchildren. She retired in 1997, after working at Veterans Administration Medical centers her entire career.

Barbara Berle Neff (’61) is married and lives in Prescott Valley, Arizona. She has one son, three grandchildren and two great grandchildren. She received her BS and master’s degree in Prevention and Health Promotion from Loma Linda University in California. She worked in that field for over 15 years. While living in Guam she had her “dream job,” scuba diving and cleaning up the reefs after Typhoon Paka devastated the island. She enjoys hiking, biking, and camping at all the nearby national parks. In 2003 she returned to clinical bedside nursing. She was hesitant about her interview, as she had not worked in the clinical area for over 30 years. The interviewers were from central Ohio. They told her “We know you Mount Carmel grads and what you are capable of doing.” She got that job. She currently works full time nights in ICU and CVPCU.

Barbara Schneiker Schroeder (’61) was married 50 years on August 19, 2011. She has four children and 12 grandchildren. She worked a short time at Mount Carmel West and Saint Ann’s hospital before becoming a school nurse. She is enjoying retirement and “counting my blessings.”

Judith Minshall Smith (’61) lives in Waterford, Michigan. She is a widow and has three stepchildren, five grandchildren and four great grandchildren. She earned her BS in 1973 from University of Detroit. She has been a school nurse, worked in the ER, and flew with Air Ambulance, Inc. transporting critically ill patients in and out of the country. She is retired from “an exciting 50-year career.”

Beverly Schoeppler Annibaldi (’71) is married and has two children and one granddaughter. She lives in Dublin, Ohio, and has worked for Dublin City Schools for 27 years, currently in human resources.

Rita McGrath Bolender (’71) lives in Circleville, Ohio, is married and has three children and two granddaughters. She continues to work part time in her husband’s family practice office.

Jan Hamilton Hayes (’71) lives in Marion, Ohio, and works at Marion Area Health Center Endoscopy Unit. In the past forty years she has worked in every area except surgery. She writes, “I will forever value my friendships and the pride that all graduates share as ‘Mounties.’”
Christine Sidwell Hunt ('71) lives in Lewis Center, Ohio. She is married and has three daughters, two sons-in-law, and two grandchildren. She works at Mount Carmel West in Surgical Services, Preadmission Testing.

Christine Morosco Kolopajlo ('71) lives in Zanesville, Ohio, in a 110-year-old Victorian home. She is married and has two daughters and four grandchildren. She retired 14 years ago from hospital nursing and now works casual part time in a seven-bed inpatient hospice facility. She feels she has “found her niche in nursing.”

Melody Cunningham Crader ('76) lives in Thornville, Ohio, is married and has two children and one granddaughter. She retired from Doctor’s Hospital after 30 years. She is currently employed at Licking Memorial Hospital in the GI Lab three days a week. She spends her free time volunteering at church and other civic organizations and, of course, with her granddaughter.

Wendy Neff Hinzey ('76) lives in Lewis Center, Ohio. She is a widow and has two children. She works in the ICU at Riverside Methodist Hospital.

Sharon Olenik Black ('81 and '07) lives in Reynoldsburg, Ohio, and has seven children and three grandchildren. She works at the Nursing Center on the campus of Mount Carmel College of Nursing and Mount Carmel West Hospital. It is a collaborative effort between the College and Lower Lights Christian Health Center. The site has been awarded the status of Federally Qualified Health Center.

Andrea Tufts Bell ('81) earned her BSN from Franklin University in 1985. She is presently enrolled at Cedarville University in their Global Nursing and Family Nurse Practitioner Program. She lives in Hilliard, Ohio, has been married for 30 years, and has three children. She has been employed at OhioHealth since 1982 and for the past eight years has been working as a Breast Health Specialist.

Vikki Hildreth Cameron ('81) works in the Republic of the Marshall Islands as a Certified Occupational Health RN Specialist.

Betty Brinng Cofflet ('81) lives in Worthington, Ohio, has been married 57 years and has three children, six grandchildren, and six great grandchildren. She earned her BSN from Capital University in 1988.

Lisa Siemer Evans ('81) lives in Columbus and has eight children. Her employment at Mount Carmel West began in 1979. She worked after graduation in Med Surg/Oncology until 1986. She then transferred to the Mother Infant Unit and continues to work there part time.

Tamara Mckey Joseph ('81 and '99) lives in Gambier, Ohio, has been married 30 years and has three children. She is currently working as a Family Nurse Practitioner at Knox Community Hospital in primary care.

Brenda Schimmoller Ruth ('81) is married, lives in Grove City, Ohio, and has one son. She works at Nationwide Children’s Hospital as the Wound/Ostomy nurse. She has worked there since graduation and “it feels like my second home.”

Mary Ellinger Woodyard ('97) lives in Bexley, Ohio, and works for the Ohio Department of Health as the Nurse Aide Training and Competency Evaluation Coordinator. She continues to work on completing her master’s degree in Nursing with a concentration in Legal Studies at Capital University. In her spare time she enjoys reading, crafts, church activities, and spending time with her husband and family.
THANK YOU FOR GIVING THE GIFT OF NURSING EDUCATION

Between September 1, 2010 and March 31, 2012, the following donors contributed gifts to support the mission of Mount Carmel College of Nursing. Thank you for your generosity and support.

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WHERE MOUNT CARMEL COLLEGE OF NURSING IS NOW

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IN MEMORIAM

Mount Carmel College of Nursing and its alumni honor the following graduates who have passed away and extend our sympathy to their family and friends.

Becky Ganey Marker — Class of 1936
Irma French — Class of 1937
Margaret Page Reeder — Class of 1943
Mary Boeshart Parrish — Class of 1945
Catherine “Mary” Contosta Goodall — Class of 1946
Janet Seidel Davy — Class of 1947
Virginia Billman Dietz — Class of 1948
Mary “Molly” McMillen Ulrich — Class of 1949
Mary Cooke Dinovo — Class of 1951
Wandianne Frank Neutzling — Class of 1951
Rosemary Zuccheriro Irwin — Class of 1952
Ladonna Miller Metzger — Class of 1952
Janice Mumpher Barnes — Class of 1955
Joann Fox Ludwig — Class of 1956
Sr. Kathryn Callahan, CSC
(formerly Sr. M. Blanche, CSC) — Class of 1957
Mary Jeanette “Jan” Ventola LeValley — Class of 1959
Delaurice Wojtowich Carle — Class of 1960
Fran Hampton Powell — Class of 1961
Diane “Dutch” Zurmeyeh McDonald — Class of 1964
Evelyn Fischer Palmer — Class of 1967
Mary L. Bosart — Class of 2009

We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

Husband of Ruth Baldauf Tyack ('50)
Brother of Suzanne Grimes Haney ('60)
Husband of Connie Cathers DeMate ('62)
Brother of Debby Michaelis Smith ('62)
Brother of Barbara Hughes Lafreniere ('63)
Husband of Nan Shoup McConnaughey ('63)
Granddaughter of Denise Rish Sever ('63)
Father of Marilyn Graf Kurtzman ('64)
Husband of Judy Sudak McCloud ('64)
Sister of Diane “Dutch” Zurmeyeh McDonald ('64)
Mother and sister of Elaine Deibel Flege ('67)
Mother of Anne Stoffel Schaumleffel ('70) and grandmother of Carrie Schaumleffel ('02)
Mother of Jane Finch Dickson ('73, ’08, ’11)
Husband of Debbie Payne Faust ('74)
Father of Cindy Folio (Raabe) ('78) and Judy Folio Beattie ('83)
Husband of Jen Krause Casey ('95)
Brother and uncle of Robin Colburn Ricker ('98)
Son of Pete McClernon
Richard Lamprecht, MD

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Every year many devoted individuals and organizations make a valued contribution to the mission of Mount Carmel College of Nursing. To honor these contributors, the following Annual Giving Societies have been created, recognizing cumulative annual gifts of $100 or more to the College through March 31, 2012.

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